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# MY GRATITUDE JOURNAL: ABSTRACT BLACK BACKGROUND, 6 X 9, 100 DAYS WITH AN ATTITUDE OF GRATITUDE



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Your Gratitude JournalChoosing an attitude of gratitude each day is not an easy feat for some people. It takes practice which is why maintaining a gratitude journal is so important.Our lives are full of challenges which can cause stress, depression and anger issues. We lose sight of what we have to be grateful for when the bills pile...

## Read PDF My Gratitude Journal: Abstract Black Background, 6 X 9, 100 Days with an Attitude of Gratitude

- Authored by My Gratitude Journal
- Released at 2015



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## Reviews

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