

Each Breath a Smile



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Reviews

It is one of the best books. Indeed, it really is play, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Sofia Yundt)

EACH BREATH A SMILE

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Plum Blossom Books. Paperback. Book Condition: New. Nguyen Thi Hop (illustrator). Paperback. 32 pages. Dimensions: 10.8in. x 8.3in. x 0.2in. Each Breath a Smile introduces preschool-aged children to mindful breathing. Through beautiful color illustrations, children learn to connect with their breathing to help them experience calmness and enjoy a deeper relationship with their friends and family. Illustrations of trees, frogs, crickets, and birds remind them of the many simple joys available in the world around them. With twenty-eight full-page color illustrations by artists Nguyen Thi Hop and Nguyen Dong, this book will delight children while serving as a valuable resource for parents and teachers. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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