



Transcending Divorce Support Group Guide: Meeting Plans for Facilitators

By Alan D. Wolfelt

Companion Press, US. Paperback. Book Condition: new. BRAND NEW, Transcending Divorce Support Group Guide: Meeting Plans for Facilitators, Alan D. Wolfelt, Intended for leaders who want to facilitate an effective divorce group, this guide provides 12 meeting plans based on the book "Transcending Divorce" and its companion journal. Showing that feelings of grief and loss are to be expected during and after a divorce, these sessions are based on the idea that the best healing comes from the support and compassion of fellow human beings. Each week, group members are asked to read a portion of "Transcending Divorce" and write down their thoughts and feelings in the guided journal, providing a basis upon which the support group leader can effectively combine divorce grief education with compassionate support. Goals for the 12 weeks include dispelling misconceptions about divorce, exploring feelings of loss, reaching out for help, seeking integration rather than final answers, and enjoying the process of transformation.

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Reviews

It is an awesome publication which i actually have ever read through. it had been writtern really properly and valuable. I found out this book from my i and dad recommended this pdf to discover.

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