



Crazy Free: An Epic Spiritual Journey

By Melissa Wyld

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****. Crazy Free - An Epic Spiritual Journey is the true story of one woman's solo adventures, over 15,000 miles by road, 2,660 miles on foot and 444 miles by kayak, with a side trip to the Indian Himalayas. A journey of exploration, transformation and awakening. Melissa Wyld once lived an irreproachably normal and comfortable life - successful career, loving husband, large suburban house: the full conventional happiness package. Her life was perfect . except for the restlessness clawing at her heart and her obsessive need for fresh air. Crazy free is the vivid and intimate story of the author's leap of faith to unplug and awaken. Her quest for ultimate freedom leads her to walk the entire length of the Pacific Crest Trail from Mexico to Canada, kayak the Yukon River, explore the path of yoga in the foothills of the Indian Himalayas, survive her greatest love, and embrace a full-time off-the-grid life in the back of her beloved Toyota truck. And, at each step, she must choose: surrender to the path...



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Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- **Romaine Rippin**

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lyda Davis II**