



## You Deserve the Royal Treatment - A Woman's Guide to Living Royally

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By Stacey M Joiner

Royal Treatment, United States, 2009. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Do you deserve the Royal Treatment, or are you exiled to the dungeon of doom? Take an enlightening inner journey to uncover the taboo known as taking care of you and get to the heart of your resistance to treating yourself like a queen. You Deserve The Royal Treatment takes a closer look at why today's busy women habitually choose to put everyone else first in a frantic, technological age of blackberries, cell phones and laptops. The author's witty telling of her own spiritual path to royal living, interwoven with touching real-life anecdotes, will lure you in. Stacey Joiner draws from her challenging experiences of living in New York City in the aftermath of September 11th and subsequently making the transition from corporate citizen to owner of a thriving massage and Yoga practice. She will support you in your own royal odyssey by exposing obstacles such as conditioning and genetics, and giving you action plans-Your Royal Duties-adopted from ancient Yoga techniques. Get ready to live a more peaceful, easeful and royal life.



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