



Jareeda Cookbook: Recipes from the Middle East and Mediterranean

By Mezdulene Bliss

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 100 pages. Dimensions: 8.5in. x 5.5in. x 0.2in. This cookbook is filled with delicious Middle Eastern and Mediterranean recipes that will make your mouth water in anticipation. You will find the perfect dish for your next belly dance hafla, that special occasion or family dinner. Inside you'll find over 80 recipes for appetizers, main courses, desserts and more, plus a great article about chocolate by Jareeda's food editor, Arzina. The recipes found in this cookbook come from several sources. Some recipes are authentic down to the last ingredient and received first hand from Middle Eastern friends and relatives, while others are adaptations or originals. Happy Cooking and Happy Eating! This item ships from La Vergne, TN. Paperback.



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