

## Zen in Plain English: Experience the Essence of Zen

ZEN  
IN PLAIN ENGLISH



EXPERIENCE THE ESSENCE OF ZEN  
*"To welcome return to the fundamental Dharma...  
and the... precious moment of our lives."*  
*Peter Matthiessen author of The Snow Leopard*  
STEPHAN SCHUHMACHER



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### Book Review

Complete guide for publication enthusiasts. I have read and i am sure that i will going to study again once again in the future. Your way of life period will be transform once you total looking over this publication.  
(Shayne O'Conner)

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