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HOW TO DEAL WITH BACK PAIN



Global Health Solutions, U.S., United States, 2000. Paperback. Book Condition: New. 2nd Revised edition. 224 x 150 mm. Language: English. Brand New Book. This educational and preventive treatment manual gives you easy-to-use techniques for relieving chronic back pain and rheumatoid joint pain. This new approach to prevention and treatment of back pain is simpler, inexpensive, less dangerous and more effective. -- Learn the vital information on the mechanics behind your spinal column, the role of the disc and its needs...

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- Authored by F. Batmanghelidj
- Released at 2000



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