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Fat Soul: A Philosophy of S-I-Z-E

By Patricia Adams Farmer

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Within these pages lies a creative adventure into soul expansion for the sake of beauty, reconciliation, and planetary well-being. Themes of self-compassion, kindness towards those who are different, and gladness of spirit against the growing tide of narrow, rigid, fearful worldviews weave through the text. Written during her five-year sojourn in Ecuador, the author of *Embracing a Beautiful God* develops her playful-yet-serious philosophy of S-I-Z-E in a series of soul-expanding reflections, inspired by the vast beauty and personal challenges of living in the Andean country. The reader is invited to explore with the author the many dimensions of growing the soul through the four major sections of the book: The Beauty of Inner Immensity, Fat Soul Planet, Fat Soul Luminaries, and The S-I-Z-E of Hope. "Fat Soul is the result of an outlandish feast spread by an extravagant Lover who longs for us to awaken to the spaciousness of our own inner universe. Its so big you almost feel weightless." Tim Carson, author of *Six Doors to the Seventh Dimension*. "In a world constricted into...



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