



## Think Success: Essays on Self-Help

By Jayaram V

Pure Life Vision, United States, 2014. Paperback. Book Condition: New. 2nd. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In 44 well written articles the author, a spiritual teacher, introduces you to a treasure trove of transformational wisdom for a life of abundance, peace and happiness. The book covers the following main topics. How you can benefit from self-help knowledge. Improving your listening skills. Cultivating reading skills for better comprehension and study. How to negotiate successfully in tough situations. How to take control of your life. How to understand and manage your fears. Lessons you can learn from successful people. How to strengthen your memory. Success principles that can transform your life. Practicing positive appreciation in all wakes of life. Long term strategies for relaxation. How to cultivate self-awareness to become a master of your own destiny. Understanding the factors that build your success. Strategies for long term Career planning. How to respond to failure and learn from it. Planning and prioritizing tasks in daily life. How to manage your emotions. Understanding and overcoming loneliness. Improving your health and physical fitness. How to use your thoughts to empower yourself. Creating your life with the...



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