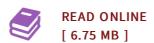




The Second Brain (HarperPerennial ed)

By Michael D. Gershon

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, The Second Brain (HarperPerennial ed), Michael D. Gershon, Dr. Michael Gershon has devoted his career to understanding the human bowel (the stomach, esophagus, small intestine, and colon). His thirty years of research have led to an extraordinary rediscovery: nerve cells in the gut that act as a brain. This "second brain" can control our gut all by itself. Our two brains -- the one in our head and the one in our bowel -must cooperate. If they do not, then there is chaos in the gut and misery in the head -- everything from "butterflies" to cramps, from diarrhea to constipation. Dr. Gershon's work has led to radical new understandings about a wide range of gastrointestinal problems including gastroenteritis, nervous stomach, and irritable bowel syndrome. The Second Brain represents a quantum leap in medical knowledge and is already benefiting patients whose symptoms were previously dismissed as neurotic or "it's all in your head.".



Reviews

This book is great. It is writter in simple words and not difficult to understand. I discovered this pdf from my dad and i suggested this ebook to find out.

-- Prof. Webster Barrows

This ebook is fantastic. We have read and i also am confident that i am going to going to read through again yet again in the future. I am easily can get a pleasure of reading a published ebook.

-- Heloise Dare