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# THE 7 EATING HABITS NATURALLY THIN PEOPLE HAVE: (BUT THE DIET INDUSTRY NEVER TALKS ABOUT)

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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The 7 Eating Habits Naturally Thin People Have (but the diet industry never talks about) Discover how to relax around food and free yourself from a lifetime of dieting There s an insidious idea out there that is secretly keeping a lot of people overweight. It s a simple thought, and one that goes unchallenged most of the...

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- Authored by Ingrid Lindberg
- Released at 2015



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