A Consumer s Dictionary of Food Additives: 7th Edition: Descriptions in Plain English of More Than 12,000 Ingredients Both Harmful and Desirable Found in Foods

By Ruth Winter

Random House USA Inc, United States, 2009. Paperback. Book Condition: New. 7th Revised edition. 198 x 130 mm. Language: English . Brand New Book. An Essential Household Reference.Revised and Updated With our culture s growing interest in organic foods and healthy eating, it is important to understand what food labels mean and to learn how to read between the lines. This completely revised and updated edition of A Consumer s Dictionary of Food Additives gives you the facts about the safety and side effects of more than 12,000 ingredients-such as preservatives, food-tainting pesticides, and animal drugs-that end up in food as a result of processing and curing. It tells you what s safe and what you should leave on the grocery-store shelves. In addition to updated entries that cover the latest medical and scientific research on substances such as food enhancers and preservatives, this must-have guide includes more than 650 new chemicals now commonly used in food. You ll also find information on modern food-production technologies such as bovine growth hormone and genetically engineered vegetables. Alphabetically organized, cross-referenced, and written in everyday language, this is a precise tool for understanding food labels and knowing which products are best to bring...

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Reviews

Extremely helpful for all class of people. We have read through and that i am confident that i am going to going to read through again again down the road. Its been designed in an exceedingly basic way in fact it is simply following i finished reading this pdf in which in fact altered me, alter the way i think.
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