



Raw Food Recipes - 50 Unique and Delicious Raw Food Recipes: Vegan and Vegetarian Approved!

By Dexter Poin

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.THESE 50+ DELICIOUS UNIQUE RAW FOOD RECIPES ARE SURE TO PROMOTE A HEALTHY WAY OF LIFE ALL WHILE LEAVING YOU WITH SOME HAPPY TASTE BUDS! It is recipes that you asked for, and it is recipes that you shall receive. Just take a look at some of the over 50 most delicious and healthiest raw food recipes that you will ever find: *Drink Recipes *Avocado-Kefir Smoothie with Mint Ginger *Coconut-Orange Juice *Mango Lassi *Creamy Raw Egg Nog *Raw Hot Chocolate *Whipped Strawberry-Coconut Smoothie *Coconut Mint-Chip Shake *Breakfast Recipes *Lemon Scones with Blackberry and Sage Jam *Stuffed Apricots with Cashew Chevre *Chia Seed Oatmeal with Cinnamon Mixed Berries *Coconut Yogurt with Walnuts Grapes *Berry Breakfast Crepes with Banana Cream Filling *Orange-Ginger Glazed Raw Donuts *Raw Seeds Buckwheat Cereal *Breakfast Tropical Fruit Bowl *Lunch/Dinner Recipes *Spring Rolls with Chile Sauce *Parsnip Rice with Hemp Seed and Basil *Coconut Wild Rice *Spaghetti alla Puttanesca *Zucchini Pasta with Spicy Lemon Pepper Salad *Classic Raw Lasagna *Cheesy Enchiladas *Burritos with Spicy Zucchini Sauce *Raw Ravioli with Red Pesto *Veggie-Almond Nori...



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Reviews

Extensive guideline! Its this sort of excellent read. it had been writtern quite properly and helpful. You can expect to like just how the writer create this book.

-- Mr. Gustave Gerhold

This book will never be straightforward to start on reading through but quite enjoyable to learn. Better then never, though i am quite late in start reading this one. Your lifestyle span will probably be convert once you complete reading this publication.

-- Dr. Kadin Hane DVM