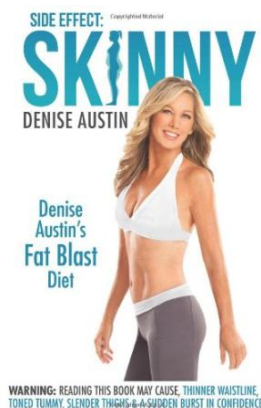


Read Book

SIDE EFFECT: SKINNY: DENISE AUSTINS FAT-BLAST DIET



Bird Street Books, Inc. Hardcover. Book Condition: New. Hardcover. 248 pages. Its a common sentiment among all women: we want to be fit, we want to get healthy, and we want to have more energy to live our busy, beautiful lives! Denise Austin, the internationally-renowned fitness guru, understands womens wants, needs, and the hurdles that they face. A culmination of Austins decades of research and experience she focuses on getting real-life women to look and feel their very best, Side Effect:...

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- Authored by Denise Austin
- Released at -



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Reviews

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-- **Ambrose Thompson II**