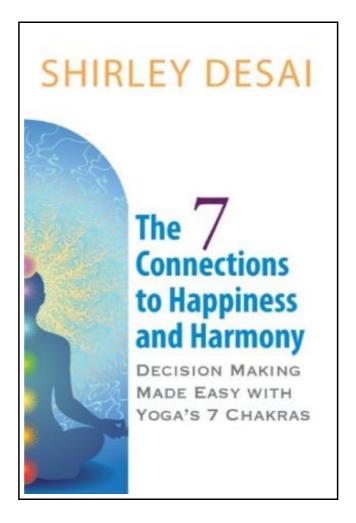
# The 7 Connections to Happiness and Harmony - Decision Making Made Easy with Yoga s 7 Chakras



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### Reviews

A must buy book if you need to adding benefit. It is actually rally fascinating through studying time. Your way of life span will likely be transform as soon as you complete looking over this publication. (Ms. Bernice Rolfson)

# THE 7 CONNECTIONS TO HAPPINESS AND HARMONY - DECISION MAKING MADE EASY WITH YOGA S 7 CHAKRAS



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Shared Step, United States, 2009. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In our daily lives, we are continually confronted with difficult choices at work and at home. Therefore, there is a need for a simple and effective model to help navigate the winding paths of decision-making. The 7 Connections to Happiness and Harmony introduces the ancient 5,000 year-old chakra system from India for adaptive use in facing modern-life challenges. The 7 Chakras is a spiritually based energy system that is an integral aspect of yoga teachings. Readers will gain a new model for understanding themselves and others for fundamentally smarter and more practical decisions.

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