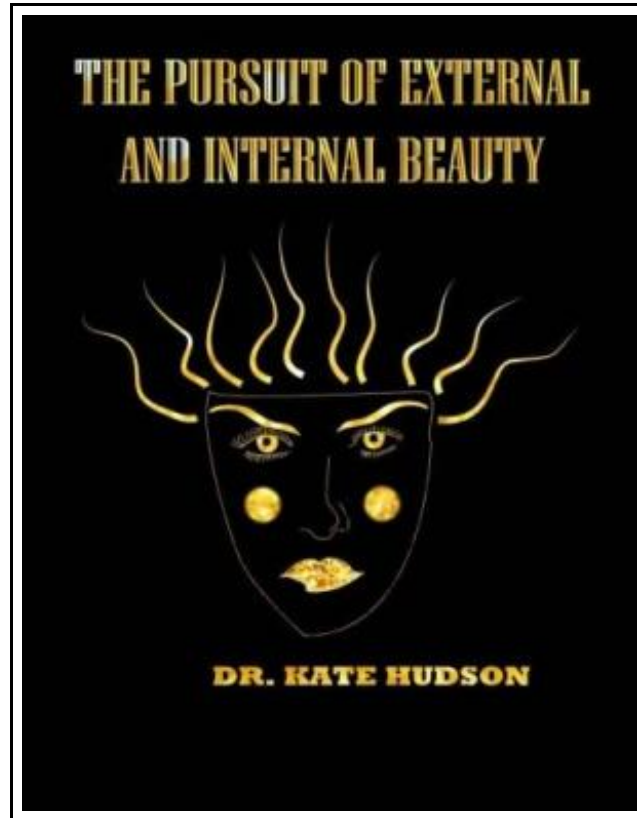


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(Prof. Dario Lang)

THE PURSUIT OF EXTERNAL AND INTERNAL BEAUTY



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Createspace, United States, 2014. Paperback. Book Condition: New. Large Print. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.The Pursuit of Internal and External Beauty: becoming beautiful This book is meant to assist you as much as possible in your pursuit of beauty. It has contains key information relevant to beauty such as: 1. Beauty Tips to Make your skin as Vibrant as can be. 2. Tips for conserving your current beauty. 3. High stress levels impedes your beauty- So I included Meditating to reduce Stress. 4. Your bonus is a couple Beauty recipes that I have used throughout the years to magnify my attractiveness. I truly hope you enjoy and this book provides to you, the great value that its content has provided me. Excerpt from Introduction Hi there, whoever you are, I m sure than you are quite interested in the topic of beauty and the ideal of becoming beautiful. My name is Kate Hudson; I prefer to leave out the Dr. when I introduce myself. Let s pretend throughout this book that I m an ordinary woman, speaking to you about beauty and its acquisition, a normal lady who has once faced issues with my appearance and obviously the self- esteem issues that is inevitable where a detrimental state of attractiveness is involved. I have not always been the intoxicatingly beautiful woman I am today, I chose to leave out my picture as I want you to grasp and feel my words rather than simply lament in the magnitude of my beauty. We should skip all this small talk and move on to the topic at hand. The pursuit of external and internal Beauty , you may wonder why the word external is placed before internal , the reason for this...



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