



Madhumeh: Kaise Jiyan Masti Se?

By Ashok Dameer

D.K. Printworld (P) Ltd., New Delhi, India, 2009. Softcover. Book Condition: New. First Edition. India is under the grip of a malady called Diabetes. According to WHO and International Diabetes Federation (IDF), India is all set to become the diabetic capital of the world. Of the 31 crore estimated diabetic patients all over the world, India has more than six crore people affected with this disease. This book addresses many an issue faced by the diabetic patients, both type 1 and type 2. It thus provides detailed information on the genesis, restraints and cure, short- and long-term effects of diabetes. It also addresses a number of challenges associated with diabetes. In a wide spectrum, the book talks about this silent killer and its symptoms, diagnosis, monitoring of blood glucose, its treatment, desired exercises to keep diabetes under control, changes needed in lifestyle to combat diabetes, diet on special occasions, sugar tablets, herbal medicines, insulin therapy, how to face emergency situations in diabetes, complications due to diabetes, relationship between diabetes and (1) heart disease, (2) eyesight problems, and (3) kidney disorders. It also delves deep into the implications of diabetic foot, fluctuations in body weight due to this disease, other common...



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Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

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The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lyda Davis II**