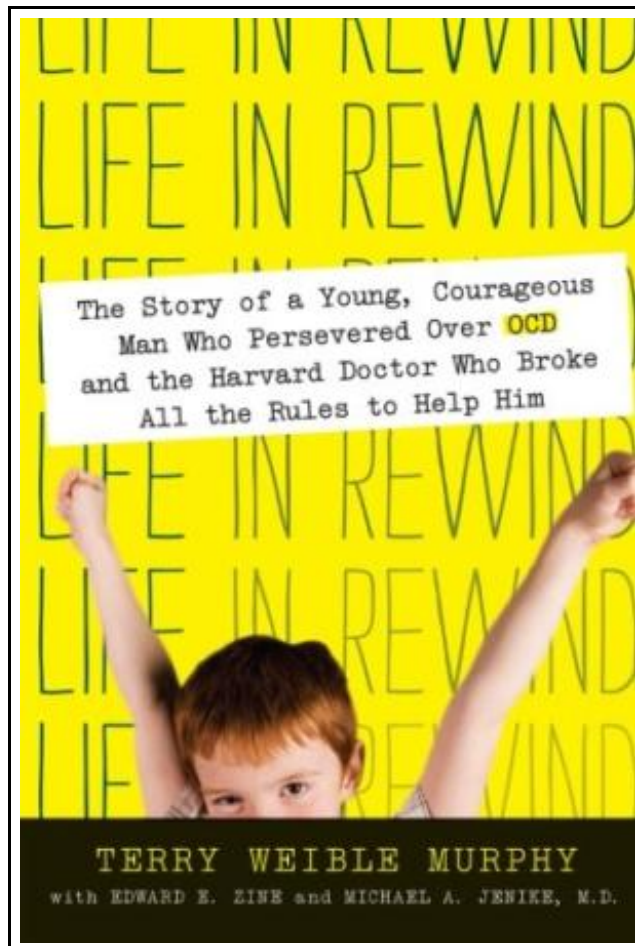


Life in Rewind: The Story of a Young Courageous Man Who Persevered Over OCD and the Harvard Doctor Who Broke All the Rules to Help Him



Filesize: 9.08 MB



Reviews

Thorough information! Its such a good study. Sure, it is perform, still an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Evie Emmerich)

LIFE IN REWIND: THE STORY OF A YOUNG COURAGEOUS MAN WHO PERSEVERED OVER OCD AND THE HARVARD DOCTOR WHO BROKE ALL THE RULES TO HELP HIM



HarperCollins Publishers Inc. Paperback / softback. Book Condition: new. BRAND NEW, Life in Rewind: The Story of a Young Courageous Man Who Persevered Over OCD and the Harvard Doctor Who Broke All the Rules to Help Him, Terry Weible Murphy, Edward E Zine, Michael A Jenike, ""Time equals progression-- progression equals death."" The equation is logical. But few of us think of each moment and each physical movement as comprising a path to our certain end. Surely such torture would drive us mad. But for Ed Zine, who suffers from a debilitating form of obsessive-compulsive disorder (OCD), this statement is a mantra that holds him prisoner--figuratively and literally. Ed's OCD tells him, illogically, that if going forward in time moves him closer to death, reversing the action will carry him away from it, and if he can hold back the progression of time he will not age. If he doesn't age, the people he loves will never die. This obsession, triggered by the horrific experience of having secretly witnessed his mother's death at the age of eleven, keeps him trapped in a nightmare of perpetual rewinding rituals. Walking from his bed to the bathroom takes seven to ten hours and 16,384 precise, but necessary, movements forward and backward, with each step and turn having potentially dire, even fatal, consequences--or so his OCD convinces him. The tens of thousands of exacting rituals stop him from showering altogether for two years, as he lives isolated in the chaos of a basement littered with refuse and human waste. But the filth in which Ed lives and the placement of the things he hoards--from a tiny ball of lint to an unopened bar of soap to an unwashed pair of sweatpants--all represent important placeholders of time in the grand scheme of irrationally keeping his...

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