

By Gerd Thissen, Klaus Rollgen

Reedswain Incorporated. Paperback. Book Condition: new. BRAND NEW, Goalkeeping Drills, Volume Two: Drills for Improving Technique, Tactics and Conditioning, Gerd Thissen, Klaus Rollgen, This is the most practical collection of beginner to intermediate goalkeeping skills and drills available. From the basics to more advanced techniques, this book covers it all. Diving, Ball Handling, Shot Stopping, Footwork and Fitness. It is like having your own goalkeeper coach right at home!.

Goalkeeping Drills, Volume Two: Drills for Improving Technique, Tactics and Conditioning





## Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

-- Andres Bashirian

Comprehensive guide for publication fanatics. This really is for all who statte there had not been a well worth reading through. I discovered this ebook from my dad and i encouraged this book to find out.

-- Lacy Goldner