



Mindful Analysis: Methodiek Voor Begeleiding Via Internet

By M Windrich

Bohn Stafleu van Loghum, United States, 2011. Paperback. Book Condition: New. 2012 ed.. 244 x 170 mm. Language: Dutch . Brand New Book ***** Print on Demand *****.Mindful Analysis staat voor online coaching, counseling en therapie. De communicatie verloopt uitsluitend via internet (e-mail, webcam of chat) en de coach en de cliënt kennen elkaar niet persoonlijk. Dat online hulpverlening werkt, heeft onderzoek intussen ruimschoots aangetoond, maar hoe werkt het? En wat moet de professional die online wil coachen en begeleiden weten en kunnen om dit optimaal te kunnen doen? Die vragen worden in het boek Mindful Analysis beantwoord. Het boek beschrijft een heldere methodiek voortkomend uit de psychologie, taalwetenschap, filosofie en oosterse inzichten. Maar vooral een methodiek die gebaseerd is op de jarenlange ervaring van de auteur met online coaching, waaruit blijkt dat alles wat je doet, volstrekt verandert als je het via internet doet. Aan de hand van theorie, praktijkvoorbeelden en oefeningen laat dit boek je zien hoe dat werkt. Mindful Analysis is bestemd voor professionals in coaching, counseling, therapie, maatschappelijk werk, maar ook in het onderwijs en mediation.



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