



The Desire Map Daily: A Guide to Feeling Your Power Every Day

By Danielle Laporte

Sounds True. No binding. Book Condition: New. Audio CD. Dimensions: 5.7in. x 4.8in. x 0.7in.Are Your Goals Aligned with Your Soul Many of us unconsciously pick up ambitions from our parents, celebrities, or the imaginary they were trying to impress. We crank hard trying to meet the right goals instead of the ones that match the shape of our heart. Its Achievement Autopilot . . . and itll burn you out. So come close, I have something to tell you: Knowing how you actually want to feel is the most potent form of clarity that you can have. Generating those feelings is the most powerfully creative thing you can do. What if your core desired feelings consciously informed how you planned your day Your career Your holidays Your life Thats the heart of the Desire Map process. In The Desire Map Daily, I share the essentials of this holistic life-planning approach. Heres how well do it: . Hone in on your core desired feelingsthose will be the compass for everything you do . Learn to make daily, weekly, and monthly action plans to bring those feelings into your life. Work directly with gratitude, fear, trust, sadness, love, and a...



Reviews

Basically no terms to clarify. It is actually writter in basic terms rather than confusing. I found out this ebook from my dad and i suggested this book to find out.

-- Elinore Vandervort

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