



Think Smarter in a Digitally Enabled World: A 21st Century Life Manual for Amplifying Your Knowledge, Achieving Your Potential Changing the World

By Jay Kshatri

Kensho Group. Hardcover. Book Condition: New. Hardcover. 296 pages. Dimensions: 9.0in. x 6.0in. x 0.7in. For the first time in human history, each one of us now possesses access to all of the worlds collective knowledge through the Internet. With easy-to-use smartphones, tablets, and apps, we are able to connect with, learn from, and be entertained by people around the globe, at any time and from anywhere. Yet, at the dawn of the 21st century, much of this capability is not being effectively utilized, and the constant stream of digital information and media is beginning to overwhelm our lives and lower our consciousness. Think Smarter in a Digitally Enabled World will show you how to reclaim control of your mind and take fuller advantage of the Web and other electronic innovations. By harnessing the missing ingredients of proactive thinking and leveraging the capability of both sides of our brain-the logical Left and the creative Right-youll learn how to: Use technology and apps to manage information abundance and amplify your knowledge Implement leading decision-analysis tools and models to increase productivity and results Employ techniques such as mindfulness and meditation to lower stress, improve learning, and tap into the creative and intuitive parts...



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