

### Hail Mary and Rhythmic Breathing: A New Way of Praying the Rosary

By Richard Galentino

Paulist Press International, U.S. Paperback. Book Condition: new. BRAND NEW, Hail Mary and Rhythmic Breathing: A New Way of Praying the Rosary, Richard Galentino, Presents the well known Catholic prayer, the Hail Mary, with pranayama - an ancient breathing method practised in yoga.



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