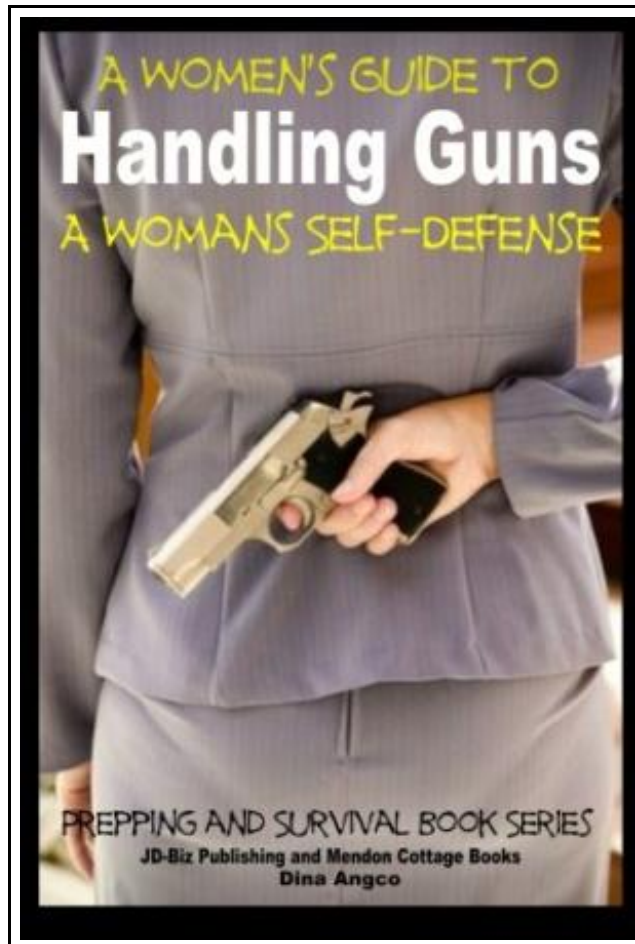


## A Women s Guide to Handling Guns - A Woman s Self-Defense



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## A WOMEN S GUIDE TO HANDLING GUNS - A WOMAN S SELF-DEFENSE



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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A Women s Guide to Handling Guns - A Woman s Self-Defense Table of Contents Introduction Chapter 1 Does a Woman Need a Gun for Self-defense? Chapter 2 What type of gun is for me? Chapter 3 How to get started Chapter 4 The Cardinal Rules of Gun Safety Chapter 5 Parts of a Gun Chapter 6 Learning to Fire your Gun Chapter 7 Practical Shooting - the sport Chapter 8 When you are under attack Chapter 9 Additional Safety Precautions Conclusion Author Bio Bonus Content Introduction Mental Attitude Towards Violence How to Stop from Panicking? Facing Your Attacker Rules to Protect Yourself Going Out to a Party? When You Are Walking What If You Are Being Followed? Traveling on Your Own Traveling in Your Car Relationships Going Wrong No Means No To drink Or Not to Drink; That Is the Question Learning How to Fight Back How to Protect Yourself Against Grabs Conclusion Author Bio Publisher Introduction I wrote this book to share what I have learned in gun handling and to give some idea, not only to women but also to men, of how a woman perceives this man-dominated gadget or equipment. I would say that 99 of women who know how to handle a gun or who are engaged in practical shooting as a sport, were influenced by a male in their lives whether it is the father, husband, brother, boyfriend, uncle or a male friend. Gun ownership, inarguably, is a man s world. But, it did not say that women cannot dip their fingers to it, if it is necessary, or even if she was just plain interested. In my case, the guilty party...



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