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LET THE RAIN FALL DOWN: QI GONG SONG AND BOOK FOR CHILDREN



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand ******.Qi Gong comes alive for children ages 2 to 9 through this original song and book with accompanying video. Basic moves are combined with catchy lyrics for easy learning in Let the Rain Fall Down. Children as young as two years old and even adults love this song. A moving meditation, Qi Gong emphasizes deep breathing with coordinated,...

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- Authored by Donna Henderson
- Released at 2015



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