



## Stepping Out: Using Games and Activities to Help Your Child with Special Needs

By Sarah Newman

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Stepping Out: Using Games and Activities to Help Your Child with Special Needs, Sarah Newman, Parents and carers of children with conditions such as autism, Down's Syndrome or other forms of developmental delay can do much to help encourage their child's development. Stepping Out provides parents and carers with practical advice, and fun games and activities to improve a child's skills in the six areas of development: cognitive; physical; sensory; language; social and emotional. The book also outlines the stages of child development so parents can place their child's progress in context. This book is particularly suitable for primary school children, exploring the standard stages of development in children aged 3 to 11. Sarah Newman tackles many general problems, such as sleep, behaviour and toilet training, which may be encountered by parents of children with any form of disability - physical, learning or sensory. Drawing on her own experience, the author offers advice for parents on coping with the stress of caring for a child with special needs and discusses issues associated with education. This illustrated book offers a wealth of information and imaginative ideas, with a comprehensive resources section.



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