



When the Heart Breaks: A Journey Through Required and Unrequired Love

By David Whyte

SOUNDS TRUE INC, United States, 2012. CD-Audio. Book Condition: New. 140 x 122 mm. Language: English . Brand New. Living Through Heartbreak and Renewal If you never knew disappointment, would you ever grow? If you had never felt loss, could you have compassion for another? Without real heartache, would you ever know the greatness of love? On When the Heart Breaks, David Whyte invites you to join him in an investigation of a question that rests at the center of human experience. With a poet's insight into the landscape of the soul, he offers a deeply moving exploration of how we experience love and loss, and how with resilience and time we can rise again each time we are broken. No human being has ever lived without knowing heartbreak, David Whyte tells us. And to accept that truth is to give a merciful gift to ourselves. As David reveals, so often our hearts break because the love we offer-whether to a partner, a friend, a child, or a place-is not returned to us in the same way. Yet if we retreat from experience of unrequited love, he says, we miss the opportunity to discover the countless invisible ways that...



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