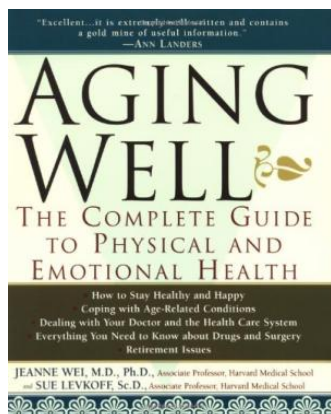


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AGING WELL: THE COMPLETE GUIDE TO PHYSICAL AND EMOTIONAL HEALTH



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