



# Out of the Box Coaching with the Enneagram

By Mary Bast, Clarence Thomson

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. When we break out of the box, we see something in a radically new light or behave in a totally different way. We ve all experienced these turning points at work and in our personal lives. We know change is possible. But breaking free of life-long patterns can be difficult. Even when we want to change, sometimes we re stuck and don t know how to get unstuck. Whether you re a professional coach, manager, parent, teacher, counselor, or friend to whom people come for advice, this book is for you. The Enneagram is a brilliant diagnostic tool to help identify nine different ways of viewing the world. You ll see the gifts that people of each worldview bring to work and personal relationships. You ll also see the flip side-nine different inner mindsets that can keep people in a rut. When you know the Enneagram, you know the one underlying master dynamic pattern that created the rut, and where to apply leverage for change. This is the only Enneagram coaching book that offers a chapter on how...



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