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## Less is More: Embracing Simplicity for a Healthy Planet, a Caring Economy and Lasting Happiness

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By Cecile Andrews, Wanda Urbanska

New Society Publishers. Paperback. Book Condition: new. BRAND NEW, Less is More: Embracing Simplicity for a Healthy Planet, a Caring Economy and Lasting Happiness, Cecile Andrews, Wanda Urbanska, "it is a series of hard-hitting essays by a diverse collection of writers that wraps its arms around everything from simplicity to climate change to economic metrics to happiness. I approached each chapter (each new writer) with skepticism and a willingness to put the book down, and I found my self delighted time after time. This is a book anyone would be glad to have on their shlf." - Lyle Estill "Here is a book with its roots in the earth that can move you to new places, stimulate ideas and encourage change. Less is More will show you how to divest gradually, to live more in the present moment, while still paying attention to technology, health, politics and the environment. Simplicity is not a turning away. It is a rejoining." Barbara Bamberger Scott "The anthology's true strength comes in the diversity of its voices - which include not only journalists and activists, but also businesspeople and ministers. Less is More will serve as an informative and inspiring primer." - Ryan Williams,...



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