



# The Mountain of Shiva

By Karan Singh

Palimpsest Publishers, New Delhi, 2016. Soft cover. Book Condition: New. 22 cms. 164pp. Through an engaging story of friendship, love and misunderstandings between the three principle characters, Dr Karan Singh takes us on a spiritual journey. Guided by the wise presence of Maharaj, the hero Ashok discovers true wisdom and the path to Lord Shiva. One of the wisest lines in this book reads: 'Outer crises are always the reflection of inner conflicts.' When Ashok moves beyond these conflicts, he awakens his kundalini and finds Lord Shiva. Deep philosophies, intense wisdom and lovely descriptions of Kashmir are combined into this appealing narrative.



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