



## Tranquila: Bilingual Anger Management Group Counseling Guide with Spanish/English Activities

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By Stephanie M Lerner MS

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. Bilingual. 279 x 216 mm. Language: English,Spanish . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This eight session counseling guide emphasizes goal work and processed role plays as students use various solution focused strategies to manage their anger. Students will work through real life conflict situations and share successes of their own self-chosen anger management goals! This guide was especially created with bilingual/ESL populations in mind it is the only one of its kind that has Spanish translations of the student materials. In addition, this anger management guide is also an excellent tool for counselors working with English-speaking populations as the guide itself is in English and English student materials accompany the Spanish student materials. With this publication, you will receive: a sessions guide with 8 weekly one hour sessions (ENGLISH), a recommendations guide for running an anger management counseling group (ENGLISH), a parent permission letter (ENGLISH/SPANISH), data templates for analyzing student progress (ENGLISH), templates for session notes (ENGLISH), group rules (ENGLISH/SPANISH), weekly group evaluations (ENGLISH/SPANISH), games (ENGLISH/SPANISH), informational passages (ENGLISH/SPANISH), role plays (ENGLISH/SPANISH), and more! This guide is appropriate for students aged 8-18. The guide is 77 pages.



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### Reviews

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