



Twelve Effective Ways to Help Your ADD/ADHD Child: Drug-Free Alternatives for.

By -

Book Condition: New. Ships From Canada. New. No dust jacket as issued. Glued binding. 264 p. Contains: Illustrations.

Audience: General/trade. Book Info Consumer text of recommendations backed by scientific studies. Discusses diet, allergens, vitamins and minerals, and more. Softcover. About the Author Laura J. Stevens, M.S., is the founder of Nutrition in Action, Inc., the developer of The ADD/ADHD Online Newsletter, and the coauthor of How to Feed Your Hyperactive Child.



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Reviews

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-- **Dr. Everett Dicki DDS**

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