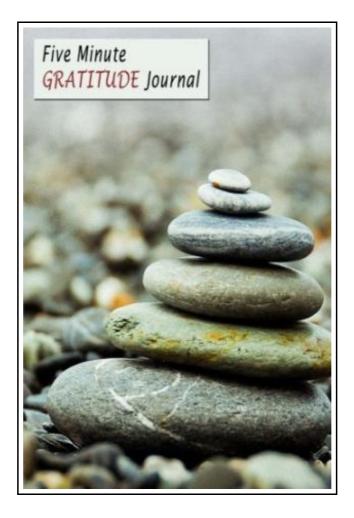
Five Minute Gratitude Journal: 5 Short Minutes a Day to Develop an Attitude of Gratitude



Filesize: 5.66 MB

Reviews

Complete information for book fanatics. It normally does not cost excessive. I am very easily can get a satisfaction of reading a created publication.

(Mrs. Winifred Fritsch)

FIVE MINUTE GRATITUDE JOURNAL: 5 SHORT MINUTES A DAY TO DEVELOP AN ATTITUDE OF GRATITUDE



Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ****** Print on Demand ******. This Five Minute Gratitude Journal requires that you only spend 5 minutes a day (or even less) filling out one simple sentence about GRATITUDE. It has been proven that in doing so, you will experience a more abundant and happy life because you will start to focus on what is GOOD in your life instead of focusing on what is BAD. Thousands of Five Minute Journals have been sold which proves that more and more people are connecting with their inner happiness to find peace and tranquility in their lives. The book is beautifully designed with a peaceful and calming front cover, it measures 6 x 9 so it is perfect for keeping at the side of your bed or on your desk so you have it to hand at all times. Inside the book there is room for over 200 entries with a useful quote on each page by a range of authors and scholars who have each experienced the power of gratitude. The book forces you to develop an attitude of gratitude in order to reap the rich benefits that life has to offer. It makes the perfect gift for pessimists and optimists alike (pessimists will be forced to be more optimistic) as they move throughout the year with a different attitude. Experience the most positive period in your life yet, get your Five Minute Gratitude Journal today.

- Read Five Minute Gratitude Journal: 5 Short Minutes a Day to Develop an Attitude of Gratitude Online
- Download PDF Five Minute Gratitude Journal: 5 Short Minutes a Day to Develop an Attitude of Gratitude

Related eBooks



Chicken Licken - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd, United Kingdom, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. In this classic fairy tale, a nut falls on Chicken Licken s head and he...

Read eBook »



The Voyagers Series - Europe: A New Multi-Media Adventure Book 1

Strength Through Communications, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. The Voyagers Series is a new multi-media, multi-disciplinary approach to teaching...

Read eBook »



31 Moralistic Motivational Bedtime Short Stories for Kids: 1 Story Daily on Bedtime for 30 Days Which Are Full of Morals, Motivations Inspirations

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Reading to children is a wonderful activity and past time that both parents...

Read eBook »



Loom Knitting for Mommy Me: Cute Designs for the Perfect Gift!

LEISURE ARTS INC, United States, 2013. Pamphlet. Book Condition: New. 269 x 216 mm. Language: English . Brand New Book. 5942 Loom Knitting for Mommy and Me Make loom-knit gifts for all the mothers, babies,...

Read eBook »



The Sunday Kindergarten Game Gift and Story: A Manual for Use in the Sunday, Schools and in the Home (Classic Reprint)

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from The Sunday Kindergarten Game Gift and Story: A Manual for...

Read eBook »