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## Out of the Saddle: 9 Steps to Improve Your Horseback Riding

By Tara E. Nolan

DARC Press, Inc. Paperback. Book Condition: New. Paperback. 176 pages. Dimensions: 8.0in. x 5.3in. x 0.5in. This book translates the academic concepts of learning styles into a how-to guide for the aspiring equestrian. This book is designed to teach you to accomplish the personal work and grasp the basic skills and understanding that will allow you to maximize your riding. With a clear understanding of yourself and how you learn, you will be able to find the best instructor to work with and mesh with your learning preferences. As you are pursuing a passion, you will have control of your learning environment and guidelines on choosing your the teachers. This book will also benefit the riding instructor who has a strong desire to understand communication and cultivate multiple ways to teach their students. Experienced instructors will find some insight into the minds of their often highly educated and accomplished adult students. New instructors will benefit; and learn the questions to ask their students to facilitate success. Instructors never lose face by asking for feedback from your students. People always appreciate being part of the process. It is also okay as an instructor to set some boundaries with your students and establish...



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