



New Mind

By Y V Chawla

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Human mind is programmed. It seeks complacency in respect of possessions, relations, situations, ideas. It seeks to actualize the: Comfort of choosing good-bad; Comfort of not committing errors; Comfort of results, future now; Comfort of relations behaving on your pattern; Comfort of your ideas not being challenged. This comfort is illusory. Just being aware of this comfort charges the brain to a new high, gives a touch of the unknown. Mind becomes fluid, tentative, vulnerable. Your will has a meaning now. Whatever is written in these pages is not to be implemented as a result oriented technique. Just read it and it is enough. When the point is understood, it will take root. It is to speed brake the momentum of thought with wonder. The change is fundamental, a mutation in the brain.



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