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TEXTES CLASSIQUES DE LA LITTERATURE FRANCAISE EXTRAITS DES GRANDS ECRIVAINS FRANCAIS AVEC NOTICES BIOGRAPHIQUES ET BIBLIOGRAPHIQUES, APPRECIATIONS LI



RareBooksClub. Paperback. Book Condition: New. This item is printed on demand. Paperback. 48 pages. Original publisher: Washington, DC : Dept. Veterans Affairs, Veterans Health Administration, Health Services Research and Development Service, 2007 OCLC Number: (OCoLC)681564190 Subject: Patient self-monitoring. Excerpt: . . . 19 Wing RR et al. (1986) This study assessed the usefulness of SMBG in improvement of dietary compliance for obese patients with type 2 diabetes. Authors from the University of Pittsburgh School of Medicine enrolled 50 patients (mean weight 98 kg, 78 women) with adult-onset diabetes who were treated with oral hypoglycemic agents and insulin. All patients received weekly behavioral weight control counseling for the first three months, then monthly for six months, and twice more until week 62. Monetary stimulation was used. The intervention group was asked to monitor blood glucose on average 5. 4 times a week to provide feedback of dietary modifications. Patients compliance with the diet and SMBG were monitored. Medication adjustments were made in similar mode in both groups according to study protocol. Five patients were excluded from the analyses with reasons explained by the authors. By week 12 there was a slight improvement of glycemic control in both groups (A1c values: SMBG group: 10. 19 to 9. 68 , control group: 10. 86 to 10). No statistically significant difference between groups was observed in glycosylated hemoglobin measurements by the one-year follow up. Both groups lost a significant amount of weight (6. 1 kg). Patients with a high level of compliance to either SMBG or weight loss lost twice the amount of weight compared to poorly compliant patients. A large and not significantly different number of patients in both groups had their medications or insulin dose decreased during the study. Table 2. Components of each...



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