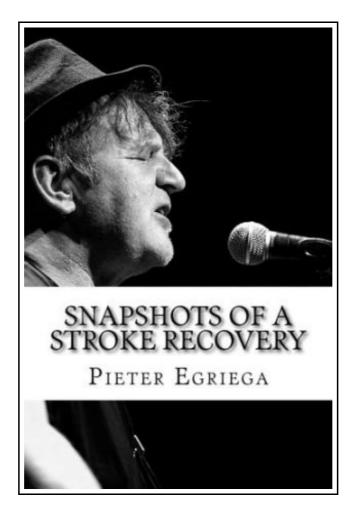
Snapshots of a Stroke Recovery: Stroke Association Creative Arts Award Winner 2014



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Reviews

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(Bell Pacocha)

SNAPSHOTS OF A STROKE RECOVERY: STROKE ASSOCIATION CREATIVE ARTS AWARD WINNER 2014



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Createspace, United States, 2014. Paperback. Book Condition: New. Pieter Egriega (illustrator). 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Each of these Snapshots gazes into the mind of a stroke survivor. There s anger, confusion, warmth, optimism and laughter. If you ve had a stroke, you ll know. If you are in a caring profession, you ll get an insight into what it's really like to be on the other side of the hospital bed linen. If you re neither of the above, it s a bloody good read anyway! In June 2014, Pieter Egriega was presented with the Stroke Association s Creative Arts Award at the charity s annual Life After Stroke awards, during a star-studded ceremony at the London's Dorchester Hotel. In June 2013, without any warning, Pieter had a major stroke as he was getting into bed. He was rushed to hospital and where he received lifesaving treatment and later underwent regular physiotherapy. The stroke had a devastating impact on Pieter. He was paralysed down the right-hand side of his body and, being right-handed, he thought this would spell the end of the things he cherished most in life - music and painting. Says Pieter: Coming to terms with the fact that I might never play the guitar or paint again was terrifying. But in some respects, my stroke was the end of one life and the beginning of another. Facing life after stroke is daunting, but when your life is turned upside down, you ve got to fight to make the best of a difficult situation. You never know, you might just surprise yourself and all the other buggers too! I was determined not to surrender and short stories were the ideal way for me to channel my...

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