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## Childhood Obesity Prevention Programs: Comparative Effectiveness Review and Meta-Analysis (Main Report): Comparative Effectiveness Review Number 115

By U. S. Department of Health and Human Services

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 214 pages. Dimensions: 11.0in. x 8.5in. x 0.5in. Childhood Obesity Prevention Programs: Comparative Effectiveness Review and Meta-Analysis Main Report (see also Appendices) - The epidemic of childhood obesity is threatening Americas children. Overweight children and adolescents are at greater risk for health problems compared with their normal-weight counterparts and are more likely to become obese adults. Obese children and adolescents are more likely to have serious health conditions, such as cardiovascular, metabolic, and psychosocial illnesses; type 2 diabetes; hypertension; high cholesterol; stroke; heart disease; nonalcoholic fatty liver disease; certain cancers; and arthritis. Other reported health consequences of childhood obesity include eating disorders and mental health issues, such as depression and low self-esteem. Childhood obesity is highly prevalent in the U. S. Obesity is the result of biological, behavioral, social, environmental, and economic factors and the complex interactions among these factors that promote a positive energy balance. At present, the way that these factors contribute to the disparities in obesity prevalence among population groups in the U. S. is poorly understood. Nevertheless, a growing body of research suggests that many factors interact, including individual factors, home influences,

### Reviews

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