



## Express Yourself: December Daily Journal Abstract Designs by Bereniche Aguiar

By Bereniche Aguiar, Darcy Edgell

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.An adult coloring book and monthly/daily journal. 31 original abstract designs by artist Bereniche Aguiar. Each design is single printed on a large 8.5" W x 11" H high quality white paper. With the Express Yourself Coloring Book and Daily Journal series, let your mind wander while accessing your inner creativity. Express your imagination by writing or doodling on the daily journal pages and by coloring the design templates, while you breathe and unwind from the stress of the day. There are a variety of designs to choose from, some are simple while others intricate. Choose the design that is perfect for you in the moment. Happy Coloring.



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