

# TOWN OF SOUTH WINDSOR PARKS AND REC

FALL & WINTER 2023 / 2024



SOUTH WINDSOR  
Parks & Recreation

## NEW & UPCOMING

- Resident Registration 8/16
- Non-Resident Registration 8/23
- Basketball Registration 9/28
- **NEW!** Preschool Classes
- Haunted Torch Walk is BACK!



SOUTH WINDSOR  
Parks & Recreation



## FALL & WINTER 2023 / 2024

### Our Staff

Molly Keays, Director of Parks and Recreation

### Parks Division

John Caldwell, Superintendent of Parks

Dave Turkington, Parks Manager

Jake Burnham, Parks Maintainer III

Ben Conway, Parks Maintainer I

Mike Driscoll, Parks Maintainer II

Matthew Gwozdz, Parks Maintainer I

Mike Hanrahan, Parks Maintainer II

Nicholas Heine, Parks Maintainer I

Mark Hilton, Parks Maintainer II

Rob Hunt, Parks Maintainer III

Steve Linton, Parks Maintainer II

Bryan McTeague, Parks Maintainer II

Michael Samsel, Parks Maintainer II

Jeff Smallidge, Groundskeeper

Brian Sullivan, Parks Maintainer II

### Recreation Division

Jen Filer, CPRP, Assistant Director

Shauna Damon, CPRP, Recreation Supervisor

Nate Foley, Recreation Supervisor

Jordan Giroux, Recreation Supervisor

Sofia Kopp, Customer Service Clerk

Shelby Kosa, Recreation Supervisor

Jennie Tetreault, Administrative Secretary

Stephanie Tostarelli-Parker,  
Administrative Operations Manager

### Your Satisfaction Guaranteed!

The South Windsor Parks & Recreation Department continuously strives to provide the residents of South Windsor with high-quality recreation programs, activities, and special events. We are confident you will be happy with our services and we guarantee your satisfaction. If you are not satisfied, we would appreciate your comments, ideas or suggestions for improvement.

### Employment Opportunities

For information with employment & volunteer opportunities and an application, please visit [recreation.southwindsor.org](http://recreation.southwindsor.org)

### Americans with Disabilities Act

South Windsor Parks & Recreation complies with the Americans with Disabilities Act (ADA) prohibiting discrimination on the basis of disability. ADA requires that recreation programs must be implemented in the most integrated setting possible, appropriate for each individual. Persons with disabilities are encouraged to contact the South Windsor Parks & Recreation Department in advance regarding any accommodations needed to assist with participation in and enjoyment of any program or special event. If you have questions, please call 860-648-6355.

### Weather Cancellation Policy

Prior to the start of the program, call the cancellation hotline number (860-648-6349) for the most recently updated information. Make-up classes will be scheduled if the schedule, facility, and instructor have availability to do so.

The South Windsor Parks & Recreation Department reserves the right to change schedules as necessary and cancel programs that do not meet minimum enrollment levels.

# Table of Contents

• Registration Info .....	4	• Inclusion .....	26
• Director's Message .....	6	• Adult Programs.....	28
• Preschool Programs .....	8	• Wellness .....	32
• Vacation Day Programs.....	13	• Special Events.....	34
• Youth & Teen Programs .....	14	• Biking & Hiking.....	46
• Youth Sports Link.....	21	• Rental Facilities.....	49
• Winter Fun .....	24	• Park Map.....	50

**"The South Windsor Parks & Recreation Department is committed to enhancing our community through quality recreation programs and parks that provide exceptional experiences"**

## The South Windsor Parks & Recreation Department is a member of:

- Connecticut Recreation & Parks Association
- National Recreation & Parks Association
- New England Parks Association
- American Camp Association
- NAEYC (National Association for Education of Young Children)
- South Windsor Chamber of Commerce
- Connecticut Forest & Park Association
- Connecticut Tree Protection Association
- Tree Warden Association
- Connecticut Parks Association
- New England Sports Turf Managers Association

## For Your Information

The following organizations/programs run independently of South Windsor Parks & Recreation. Please contact the individuals listed for information.

### **Central CT Co-Ed Soccer Club:**

Cara Riley ..... 860-543-4670  
cara.riley@gmail.com

### **Community Band:**

swcommunityband@hotmail.com  
swband.org

### **Community Chorus:**

Lee Mann, Sr., President ..... 860-875-2589  
www.swchorus.org, lehmanmann@comcast.net

### **Men's Golf League:**

Dave Brower ..... 860-758-5072  
dave.brower@lazydogct.com

**Ice Skating:** South Windsor Arena ..... 860-289-3401  
www.hockey1.com

**South Windsor Chamber of Commerce** .. 860-644-9442  
www.southwindsor chamber.com

**Topstone Golf Course** ..... 860-648-4653  
www.topstonegc.com

**Wapping Fair:** Paul Petrillo ..... 860-573-6780  
www.wappingfair.org

### **Accredited Day Care Centers**

www.naeyc.org

## **Behavior of Participants**

Participants and guests of participants are expected to exhibit appropriate behavior at all times. Participants and their guests shall behave in a safe and responsible manner, show courtesy and respect to other participants, volunteers, and staff, and treat equipment and facilities with care. We use a positive approach to behavior management. However, we reserve the right to take appropriate action based upon an evaluation of each situation on its own merits.

## **Public Safety**

If you appear impaired or under the influence of drugs or alcohol, we will suggest that you allow us to help find someone to drive you and your child home. We will notify proper authorities if deemed appropriate.

## **Contact Us:**

Do you have any ideas or suggestions for the Parks & Recreation Department? Please call 860-648-6355 or email us at [rec@southwindsor-ct.gov](mailto:rec@southwindsor-ct.gov). We would love to hear from you.

**Call us:** Phone: 860-648-6355  
Fax: 860-648-5048  
Hotline: 860-648-6349

**Email us:** [rec@southwindsor-ct.gov](mailto:rec@southwindsor-ct.gov)

**Facebook:** [Facebook.com/swprd](https://www.facebook.com/swprd)

**Office:** Parks & Recreation Facility  
350 Foster St., South Windsor 06074  
Monday, Tuesday, Thursday - 8:00 a.m.- 4:30 p.m.  
Wednesday- 8:00 a.m.- 7:00 p.m.  
Friday- 8:00 a.m.- 1:00 p.m.

**Holiday Closings:** Monday, September 4, 2023;  
Monday, October 9, 2023; Friday, November 10, 2023;  
Thursday, November 23, 2023; Friday, November 24, 2023;  
Monday, December 25, 2023; Monday, January 1, 2024;  
Monday, January 15, 2024; Monday, February 12, 2024;  
Monday, February 19, 2024; Friday, March 29, 2024

On the Web: [recreation.southwindsor.org](http://recreation.southwindsor.org)



INDICATES RESIDENTS ONLY

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# **HOW TO REGISTER**

**IN PERSON** Parks and Recreation Facility  
350 Foster Street, South Windsor, CT 06074

**MAIL** – Mail in a registration form. Mailed or faxed registrations are processed at end of business day.

**FAX** – 860-648-5048

**ONLINE** – [recreation.southwindsor.org](http://recreation.southwindsor.org)

**Telephone registrations will NOT be accepted.**

Registrations will not be accepted without FULL payment and a completed registration form.

## **When to Register**

South Windsor residents may register on **Wednesday, August 16, 2023** for all programs. Non-resident registration begins **Wednesday, August 23, 2023**.

## **I Forgot My Username or Password**

Visit [recreation.southwindsor.org](http://recreation.southwindsor.org)

- Click the “Log in” button
- Follow the instructions for forgotten name or password.

For further assistance signing into your account, contact the office at (860) 648-6355. Our office hours are: Monday, Tuesday, Thursday - 8:00 a.m.- 4:30 p.m., Wednesday- 8:00 a.m.- 7:00 p.m., Friday- 8:00 a.m.- 1:00 p.m.

## **Non-Resident Fees**

There will be an additional charge for each non-resident program registration of \$5 for programs under \$50 and \$10 for programs over \$50.

## **How to Pay**

The Parks & Recreation Department accepts cash, checks, or credit cards. (American Express is not accepted). Please make checks payable to the “Town of South Windsor”. Checks must have a driver’s license number and expiration date written on them. Memberships, rentals, and program registrations will not be accepted without FULL payment.

## **Fee Assistance**

The South Windsor Parks and Recreation Department’s programs, classes, and special events are available to all residents regardless of economic status. The Human Services Department determines all fee assistance for qualified residents. For more information on how to apply, contact the Human Services Department by calling 860-648-6361 or by visiting their office located at 150 Nevers Road, South Windsor, CT 06074.

## **Refund Policy**

Many programs are very popular and fill quickly, so quickly that we often have waiting lists for them. All requests for cancellations, refunds, or transfers must be made in writing via email to [rec@southwindsor-ct.gov](mailto:rec@southwindsor-ct.gov) or in person in our office located at the Parks and Recreation Facility. In order to allow us time to process your request and fill spots from the waitlist, all requests must be received by 4:30 p.m. on the Wednesday prior to the start of the session. All refund requests are considered on a case-by-case basis and subject to the discretion of the Parks and Recreation Department, and as such, full and/or pro-rated refunds are not guaranteed. For 4th “R” and Preschool cancellation/refund policies, please see the department info on our website.

# Register Online!



RecDesk is a 100% web based solution for Recreation Departments, Schools, Churches, Civic and Non-Profit Organizations that helps manage facilities, programs, memberships, leagues, and registrations. RecDesk is a new, intuitive program that will allow customers an easier and more efficient way to manage their family's registrations, memberships and reservations. The Family Portal feature will allow customers to track family balances and registrations and will also provide a new calendar view of your family's activity schedule.

Unless otherwise noted, you can register for all of our programs from the convenience of your home computer. Online program registration begins simultaneously to in-house registration. Online registration can be accessed 24 hours a day.

**Create your RecDesk account now before registration begins on August 16th!**

## STEP ONE

- Go to **recreation.southwindsor.org** and click the “Log In” button.
- This will link you to the Parks & Recreation registration page.

## STEP TWO

- Create an account.
- Fill in your family household information and create a login name (must be an email address) and password.

## STEP THREE

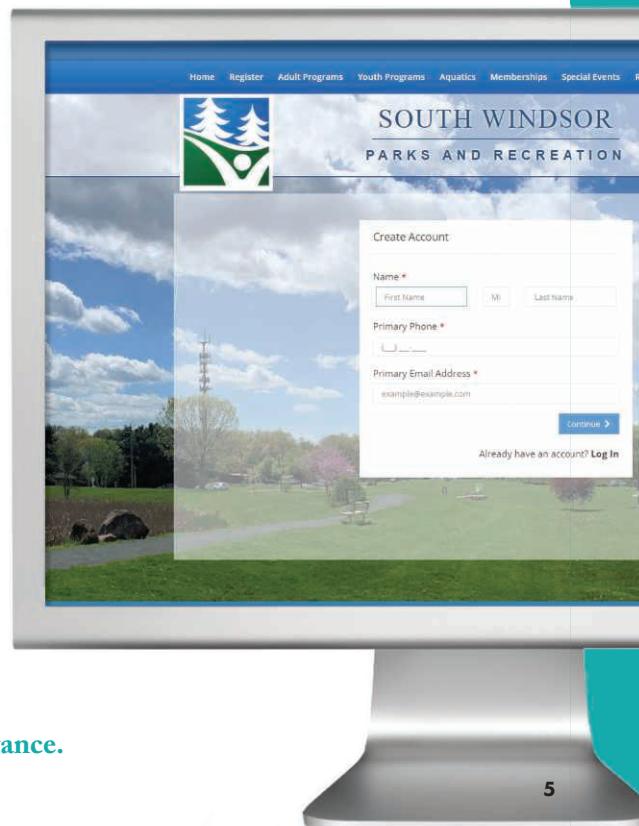
- Access your account and review program information, register for available programs, pay on account, view account history, and more!

Our activity numbers are a thing of the past!

Registration for programs is similar to most internet shopping.

Simply just search by program name or keyword.

**As always, please feel free to call the office at 860-648-6355 for assistance.**





# DIRECTOR'S MESSAGE

Molly Keays  
Director of Parks & Recreation

I hope everyone has been enjoying the beautiful weather in our parks and the variety of recreational opportunities we offered the community this year. Summer is one of our favorite seasons as a department, as it allows us to connect with you all in our community while you are attending our camps, swimming at VMP, participating in our adult leagues, and enjoying the variety of events around Town! We thank you all for coming out and recreating with us over the last few months.

As summer winds down and with the changing of the weather, we have a lot more fun programs and events coming up to enjoy in South Windsor! As you are perusing the magazine, you will notice we have a plethora of new and traditional offerings for everyone to recreate. Some of our new offerings include Teen CrossFit classes, Coding and Esports programs, and the return of the Haunted Torch Walk event this fall.

## Updates on 350 Foster Street:

In the last issue of the Parks and Recreation Magazine, I wrote about the department's move to 350 Foster Street. We appreciate the community's patience and understanding over the last few months as we have been adjusting and continuing to remodel our new location. In the short few months that we have been here, we have continued to make improvements to our classrooms, administrative offices, and outside space so our current programs can function. In the last issue, I noted that we can maintain our current level of programming, but this space will affect the growth of programs and the ability to host meeting space. As the community needs continue to grow and expand, so do the programs and services offered by your park and recreation agency. We want a facility space that will meet the needs of our community and enhance the quality of life for our residents. We ask that you, our community members, come and talk to the Park and Recreation Commission at 7:30 p.m. at Town Hall on the second Wednesday of each month to tell them what South Windsor wants and needs for a recreation department! Your voice is vital in shaping the future home of our department. We appreciate the community support and look forward to hearing from you all.



NATHAN FOLEY

## New Team Members:

We are thrilled to welcome the newest additions to our Parks and Recreation Team! In March, Nathan Foley joined our team as the Aquatics Recreation Supervisor. Nathan obtained his degree in Recreation and has over ten years of experience in the field, including work in aquatics, youth programs, and management positions. He enthusiastically jumped right into the position and brought a new level of energy and leadership to the Veteran's Memorial Park Pool Facility. We are happy to have his dedication and look forward to him elevating our aquatics facility and other recreation offerings.



JENNIE TETREAULT



SOFIA KOPP

In April, we had two Rockstars join our Front office staff! Jennie Tetreault is our new Administrative Secretary, and Sofia Kopp is our new Customer Service Clerk! Jennie is a friendly familiar face within the town, as she has been one of our loved preschool teachers for seven years and our Farmers Market manager for the last two years. Sofia joined our team already possessing a passion for recreation and is an avid Pickleball player herself! Both of these team members jumped right into providing high-quality customer service to our residents as the busy summer season ramped up. We are lucky to have such positive and enthusiastic individuals working in our office!

We have such a talented group of individuals that work for South Windsor Parks and Recreation. It takes every one of our staff team members to produce and deliver all of our programs and events, keep our athletic fields playable, and successfully maintain and enhance our vast park system.

We are excited to share an abundance of fun, engaging ways to recreate this upcoming fall and winter with the community. Whether you plan to enjoy some of our traditional activities or try a new offering, the South Windsor Parks and Recreation has something for everyone!

## Notable highlights in the 06074!

- Our Farmers Market has a new Gazebo added to the space! This amenity will provide a permanent shade structure for the market and additional events.
- We have had some nice updates in our parks to replace worn-out amenities. We installed new LED lights at Rye Street Park over the softball field and replaced the fence around Kevin's Court at the Boundless Playground with vinyl-coated fencing.
- Our wonderful staff has hosted a new initiative called "Meet Me at the Park" over the last few months! These pop-up programs were created as an opportunity to bring community members together healthily and productively and connect the gap between Parks and Recreation and other town entities by offering outreach together.
- Our Pickleball courts have become a popular spot in Town! We offered introductory lessons during the spring and summer and ran our first-ever Pickleball league! We plan to host a tournament this fall, so look out for the details and join the fun!

# PRESCHOOL

## Welcome To Preschool!

### Preschool Open House

Join us Thursday, September 14, 2023

from 9:30 a.m. to 11:00 a.m. in rooms 1, 2, 7 and 8.

Come and meet the preschool teachers, check out our classrooms in our NEW location, and find out more about specific classes!

### Preschool Registration

#### ATTENTION PARENTS:

There will be two registrations for the Preschool Program – one for Sessions A & B and one for Sessions C & D. Please note that all classes for the Preschool Program from September through June are listed in this brochure.

#### Sessions A & B Registration:

- Registration for these sessions begins on August 16 at 8:00 a.m. for residents on a first-come, first-served basis. Registration can be done online or at the Parks and Recreation Facility (350 Foster Street). Please note, mailed-in and faxed-in registrations will be processed after initial registration on 8/16/23.
- Non-resident registration will begin on August 23 at 8:00 a.m. online or at the Parks and Recreation Facility (350 Foster Street).

#### Sessions C & D Registration:

- Registration for these sessions begins on Thursday, 1/11/24 at 8:00 a.m. for residents on a first-come, first-served basis. Registration can be done online or at the Parks and Recreation Facility (350 Foster Street). Please note, mailed-in and faxed-in registrations will be processed after initial registration on 1/11/24.
- Non-resident registrations will begin on 1/18/24 at 8:00 a.m. on a first-come, first-served basis, online or at the Parks and Recreation Facility (350 Foster Street).

### Inclement Weather Policy

If the South Windsor schools are canceled, preschool classes will also be canceled. If South Windsor schools have a delayed opening, preschool classes will also be canceled. Always call the Cancellation Hotline Number (860-648-6349) for the most up to date information. We have planned extra time between sessions, and will do our best to offer a make-up class for any canceled classes as the schedule allows! Partial refunds will be given if two or more of the same class cannot be rescheduled.

## Preschool Program A.B.C.'S

A.

**Save yourself the trip!** When there is no school for South Windsor Public Schools, there is no Preschool. This includes holidays and days off. When SWPS cancels or delays due to weather, preschool classes are also canceled. We will do our best to offer a make-up for canceled classes as the schedule allows.

B.

**SWPRD is a nut-free zone!** When packing lunch/snack for your child, please make sure all sandwiches, snacks, and other components are nut-free (including nut-spreads and products).

C.

**No potty-training necessary to attend our classes!** Please note, teachers do not change any students. Parents will be called to come change their child if the need arises during class.

D.

**All 2023/2024 Sessions are unique!** Classes in each session will have all new activities. Please note, all classes listed in the brochure are offered in each session. Prices are per child, per session.

E.

**SWPRD Preschool is fun for everyone!** Each day the children will play, do art projects, sing songs, listen to stories, engage in interesting and age-appropriate learning experiences, and of course have lots of fun with friends!

## Parent & Child Classes

Parents or Caregivers and children will join these classes together! These classes are recommended for children not yet comfortable being away from a parent/caregiver or are new to our preschool programs. These programs will help acclimate your child(ren) to our program and familiarize them with the staff members. As a result, transitions to independent classes will be easier for them and you!

### Let's Play! (All Ages Welcome)

A great place to meet other toddlers and parents! Watch your child(ren) at play and build a foundation for learning and socializing. Enjoy a cup of coffee while your little one plays with ride-ons, climb-ons and developmental toys. You will both love a weekly story time as well. Coffee for the adults and a nut-free snack for the children will be provided.

Tuesdays, 10:00 a.m. – 11:15 a.m., \$85

Location: Gymnasium, Instructor: Mrs. Gerber

### **NEW** Little Sprouts (All Ages Welcome)

Little ones and their caregivers are invited to play and socialize! Meant as an introduction to the preschool experience, the little ones will have all kinds of play opportunities to explore at their own pace. We will also have a short story time each week. A nut free snack will be provided for the children and coffee is included for the adults.

Wednesdays, 9:30 a.m. – 10:45 a.m., \$85

Location: Room 7, Instructor: Mrs. Hathorn

### Stepping Stones (All Ages Welcome)

Here's a chance to share some structured movement and motor skills with your children! They will be introduced to many activities using balls, scarves, bean bags, ribbons, hoops, a parachute and more! The fun continues with climb-ons, ride-ons, slides, stories and songs. A nut-free snack and a drink are included for the children, and coffee is included for the adults!

Thursdays, 9:30 a.m. – 10:45 a.m., \$85

Location: Room 8, Instructor: Mrs. Aparo



## Independent Programming

### 2-3 YEAR OLDS

(Must be 2 before the start of the session)

#### Miles of Smiles (Ages 2-3)

Preschool is so much fun! Each week we will read stories, sing songs, make art projects, and play with friends! A nut-free snack will be provided.

Mondays, 9:30 a.m. – 11:00 a.m., \$92

Location: Room 7, Instructors: Mrs. Hathorn and Mrs. Bolduc

#### Wee Wigglers (Ages 2-3)

Preschool for our youngest friends is tons of fun! We will focus on getting the wiggles out through large motor activities, free play, sensory activities, art and more. Each week we will read a new story, too. A nut-free snack will be provided.

Mondays, 11:15 a.m. – 12:45 p.m., \$92

Location: Room 7, Instructors: Mrs. Hathorn and Mrs. Bolduc

#### Busy Little Bees (Ages 2-3)

Busy little bees is what we'll be as we introduce your child to letters, numbers, colors and shapes. Our focus is to learn through play, but we will also work with your child on becoming more independent by practicing basic life skills such as thorough hand washing, cleaning up toys, sharing, making new friends, and being kind to one another. Story-time and art projects are also included. A nut-free snack will be provided.

Tuesdays, 9:30 a.m. – 11:00 a.m., \$105

Location: Room 1, Instructors: Mrs. Sivo and Mrs. Verzella

# PRESCHOOL



## **NEW** Terrific Tuesdays (Ages 2-3)

Hello friends! Come on in and have a ball, we provide the fun for one and all. In this class we will create a fun-filled environment which will include free play, art, music, story-time and snack time. We will also focus on building social skills and making new friends, but the most important of all will be to have FUN! A nut-free snack will be provided.

Tuesdays, 11:15 a.m. – 12:45 p.m., \$105

Location: Room 1, Instructors: Mrs. Sivo and Mrs. Verzella

## **NEW** Adventures in Art (Ages 2-3)

Come and see just how many wonderful ways there are to make masterpieces. We will use new materials and techniques to make process art each week. We will read stories, do fun activities, and have plenty of time for free play too. A nut free snack will be provided.

Wednesdays, 11:00 a.m. – 12:30 p.m., \$105

Location: Room 7, Instructors: Mrs. Hathorn & Mrs. Verzella

## TOTally Kids (Ages 2-3)

Have some fun with friends! We will sing silly songs, read engaging stories, and have fun with organized play! A nut-free snack will be provided.

Thursdays, 11:00 a.m. – 12:30 p.m., \$105

Location: Room 8, Instructors: Mrs. Aparo & Mrs. Verzella

## Steps To Grow (Ages 2-3)

Come step into class each week for some learning and fun! Each week your child will grow with us through circle time, stories, crafts, and play time with friends. A nut-free snack will be provided.

Fridays, 9:30 a.m. – 11:00 a.m., \$105 (\$92 for Session C)

Location: Room 8, Instructors: Mrs. Verzella and Mrs. Wilson

## Incredible Kiddos (Ages 2-3)

So many incredible things to explore! Join us each week as we paint, color, and do all sorts of fun activities with your little kiddos. A nut-free snack will be provided.

Fridays, 11:15 a.m. – 12:45 p.m., \$105 (\$92 for Session C)

Location: Room 8, Instructors: Mrs. Verzella and Mrs. Wilson

## 3-5 YEAR OLDS

(Must be 3 before the start of the session)

## ABC's & 123's (Ages 3-5)

In this class we will introduce simple letter and math activities for preschool children with a focus on FUN, play-based learning. We will also read stories, sing songs, and make dazzling works of art. Please bring a nut-free lunch.

Mondays, 9:30 a.m. – 12:30 p.m., \$131

Location: Room 1, Instructor: Mrs. Sivo

# PRESCHOOL

## Razzle Dazzle (Ages 3–5)

What a fun way to start the week! This independent lunch class will focus on indoor/outdoor play, socialization, circle time songs and activities, and crafts that will stimulate your child's growing mind and body. Please bring a nut-free lunch.

**Mondays, 9:30 a.m. – 12:30 p.m., \$131**

**Location:** Room 2, **Instructors:** Ms. Mahryeah and Ms. Alexis

## Imagination Station (Ages 3–5)

Art, music and stories will get our imaginations working. During our three hours together, children will also participate in gross and fine motor activities, sensory activities, and free play. Please bring a nut-free lunch.

**Tuesdays, 9:30 a.m. – 12:30 p.m., \$149**

**Location:** Room 7, **Instructors:** Mrs. Hathorn & Mrs. Aparo

## Laugh and Learn (Ages 3–5)

To quote Diane Ackerman, "Play is our brain's favorite way of learning." Join us Tuesday mornings where learning is engaging, active and fun! Please bring a nut-free lunch.

**Tuesdays, 9:30 a.m. – 12:30 p.m., \$149**

**Location:** Room 2, **Instructors:** Mrs. Rounce and Mrs. Bolduc

## Animal Explorers (Ages 3–5)

Do you want to learn about animals and their habitat, the food they eat, the way they move and more? Then you've come to the right place. In this class we will EXPLORE a different animal each week, from the farm to the jungle to the prehistoric. We will encourage your child to use their imagination as they discover new and interesting things. Story time and our project will reflect our class theme. It's going to be a ROARING good time. Please bring a nut-free lunch.

**Wednesdays, 9:30 a.m. – 12:30 p.m., \$149**

**Location:** Room 1, **Instructors:** Mrs. Sivo & Mrs. Aparo

## Memory Makers (Ages 3–5)

Let's make memories together! Come to school to play, sing, read and create crafts with friends. Fun times for all! Please bring a nut-free lunch to class.

**Wednesdays, 9:30 a.m. – 12:30 p.m., \$149**

**Location:** Room 2, **Instructors:** Mrs. Rounce & Mrs. Gerber

## And Away We Go (Ages 3–5)

Hop on in and go for a ride, lots of fun is what we provide! Take a bus or take a train, take a boat or take a plane. Take a truck or take a car, places to go near and far. In this class we will learn about the many different types of transportation that are used every day along with stories, songs, art and new friends, which are all aboard this fun-filled ride. Please bring a nut-free lunch.

**Thursdays, 9:30 a.m. – 12:30 p.m., \$149**

**Location:** Room 1, **Instructor:** Mrs. Sivo

## Share A Story (Ages 3–5)

Each week we will read stories to open our imaginations. We will play games, do art projects, sing songs and have free play time. Please bring a nut-free lunch.

**Thursdays, 9:30 a.m. – 12:30 p.m., \$149**

**Location:** Room 7, **Instructors:** Mrs. Hathorn & Mrs. Wilson

## Fun Bunch Fridays (Ages 3–5)

Hello friends! Come on in and have a ball, we provide the fun for one and all. In this class we will create a fun-filled environment which will include free play, art, music, story-time and snack time. We will also focus on building social skills and making new friends, but the most important of all will be to have FUN! Please bring a nut-free lunch.

**Fridays, 9:30 a.m. – 12:30 p.m., \$149 (\$131 for Session C)**

**Location:** Room 1, **Instructors:** Mrs. Sivo and Ms. Alexis

## Messy Play (Ages 3–5)

Shaving cream, play dough, and finger paint are just a few of the things we will be getting our hands into during this class. Each week we will dive into a new mess, have circle time with a story, sing songs, and of course have time for free play. Please bring a nut-free lunch.

**Fridays, 9:30 a.m. – 12:30 p.m., \$149 (\$131 for Session C)**

**Location:** Room 7, **Instructors:** Mrs. Hathorn & Ms. Mahryeah

### \*PLEASE NOTE!

Due to the calendar for the 2023-2024 school year and the number of holidays that fall on a Monday, all Monday classes in each session will be seven weeks long. This will help keep our sessions on schedule, and ensure that we can transition smoothly from one session to the next. Similarly, Friday classes in Session C only will also be seven weeks. All other classes will continue to be our traditional eight weeks long. The prices for all Monday classes and Friday classes in Session C have been adjusted accordingly to reflect this change.

# PRESCHOOL

## Preschool Planning Guide

Below is an easy guide to help you choose the session(s) and weekday(s) that works for you and your schedule. Teachers will escort those students wishing to stay for back-to-back classes to their appropriate classes.

Session A	Session B	Session C	Session D
September - November	November - January	January - March	April - June
MON. 9/18 - 11/13 (NC 9/25, 10/9) TUES. 9/19 - 11/14 (NC 11/7) WED. 9/20 - 11/8 THURS. 9/21 - 11/9 FRI. 9/22 - 11/10	MON. 11/20 - 1/22 (NC 12/25, 1/1, 1/15) TUES. 11/21 - 1/16 (NC 12/26) WED. 11/15 - 1/17 (NC 11/22, 12/27) THURS. 11/16 - 1/18 (NC 11/23, 12/28) FRI. 11/17 - 1/19 (NC 11/24, 12/29)	MON. 2/5 - 3/25 (NC 2/19) TUES. 1/30 - 3/26 (NC 3/12) WED. 1/31 - 3/20 THURS. 2/1 - 3/21 FRI. 2/2 - 3/22 (NC 2/16)	MON. 4/15 - 6/3 (NC 5/27) TUES. 4/16 - 6/4 WED. 4/17 - 6/5 THURS. 4/18 - 6/6 FRI. 4/19 - 6/7

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Room 1	<b>ABC's &amp; 123s</b> 3-5 Year Olds 9:30 a.m. - 12:30 p.m.	<b>Busy Little Bees</b> 2-3 Year Olds 9:30 a.m. - 11:00 a.m. --- <b>NEW! Terrific Tuesdays</b> 2-3 Year Olds 11:15 a.m. - 12:45 p.m.	<b>Animal Explorers</b> 3-5 Year Olds 9:30 a.m. - 12:30 p.m.	<b>And Away We Go</b> 3-5 Year Olds 9:30 a.m. - 12:30 p.m.	<b>Fun Bunch Fridays</b> 3-5 Year Olds 9:30 a.m. - 12:30 p.m.
Room 2	<b>Razzle Dazzle</b> 3-5 Year Olds 9:30 a.m. - 12:30 p.m.	<b>Laugh and Learn</b> 3-5 Year Olds 9:30 a.m. - 12:30 p.m.	<b>Memory Makers</b> 3-5 Year Olds 9:30 a.m. - 12:30 p.m.		
Room 7	<b>Miles of Smiles</b> 2-3 Year Olds 9:30 a.m. - 11:00 a.m. --- <b>Wee Wigglers</b> 2-3 Year Olds 11:15 a.m. - 12:45 p.m.	<b>Imagination Station</b> 3-5 Year Olds 9:30 a.m. - 12:30 p.m.	<b>NEW! Little Sprouts</b> Parent/Child 9:30 a.m. - 10:45 a.m. --- <b>NEW! Adventures in Art</b> 2-3 Year Olds 11:00 a.m. - 12:30 p.m.	<b>Share A Story</b> 3-5 Year Olds 9:30 a.m. - 12:30 p.m.	<b>Messy Play</b> 3-5 Year Olds 9:30 a.m. - 12:30 p.m.
Room 8				<b>Stepping Stones</b> Parent/Child 9:30 a.m. - 10:45 a.m. --- <b>TOTally Kids</b> 2-3 Year Olds 11:00 a.m. - 12:30 p.m.	<b>Steps To Grow</b> 2-3 Year Olds 9:30 a.m. - 11:00 a.m. --- <b>Incredible Kiddos</b> 2-3 Year Olds 11:15 a.m. - 12:45 p.m.
GYM		<b>Let's Play!</b> Parent/Child 10:00 a.m. - 11:15 a.m.			

# VACATION DAY PROGRAMS



## No School? No Problem!

Join us for a full day of FUN!

Grades K-5 R

7:00 a.m. – 6:00 p.m., \$60/day  
Parks and Recreation Facility

Please note, each program requires a minimum of 20 participants.

DAY	DATE
Monday	September 25
Monday	October 9
Tuesday	November 7
Tuesday	December 26
Wednesday	December 27
Thursday	December 28
Friday	December 29
Monday	January 15
Friday	February 16
Monday	February 19
Tuesday	March 12
Monday	April 8
Tuesday	April 9
Wednesday	April 10
Thursday	April 11
Friday	April 12

# YOUTH & TEEN

**Please enroll early.** Whether or not a class runs is determined within 24 hours prior to the start of the class/activity. All classes/activities have minimum and maximum enrollment limits.

(N/C) = No class • **R** = residents only • We require all youth participants to be escorted into their programs by an adult.

## Futsal Program (Ages 2–6)

Interested in getting your little ones involved in Street Soccer skills? Come join us for the perfect fall recreational skills program. Futsal and Street Soccer aim to increase the player's individual skills. It allows players to touch the ball up to 600% more than traditional soccer leading to increased decision making skills and comfort with the ball.

### Ages 2 - 3

Players should bring a size 3 inflated soccer ball, shin guards, plenty of fluids and wear athletic gear.

**Saturdays, 9/16 – 10/21, 2:00 p.m. – 2:45 p.m., \$120**

**Location:** Parks and Recreation Facility, 350 Foster Street, Gym

### Ages 4 - 6

Players should bring a size 3 inflated soccer ball, shin guards, plenty of fluids and wear athletic gear.

**Saturdays, 9/16 – 10/21, 3:00 p.m. – 3:50 p.m., \$120**

**Location:** Parks and Recreation Facility, 350 Foster Street, Gym

## Futsal Program (Ages 7–15)

Futsal (Soccer in a room) aims to bring a player's skills to the next level. It allows players to touch the ball up to 600% more than traditional soccer, increasing decision-making skills and comfort with the ball. The Futsal ball is smaller and heavier, which allows players to easily command the ball and gain confidence that seamlessly transitions to traditional soccer. Participants should wear active clothing, sneakers, shin guards, and bring a water bottle. Participants are asked to bring their own ball or balls will be available for purchase for \$20 the first day of class.

### Ages 7 - 9

**Mondays, 12/4 – 2/5, 5:15 p.m. – 6:15 p.m., \$160**

**Location:** Parks and Recreation Facility, 350 Foster Street, Gym

### Ages 10 - 12

**Mondays, 12/4 – 2/5, 6:15 p.m. – 7:15 p.m., \$160**

**Location:** Parks and Recreation Facility, 350 Foster Street, Gym

### Ages 13 - 15

**Mondays, 12/4 – 2/5, 7:15 p.m. – 8:15 p.m., \$160**

**Location:** Parks and Recreation Facility, 350 Foster Street, Gym



## Boys and Girls Youth Wrestling (Grades 1-8)

"Once you've wrestled, everything else in life is easy." Dan Gable  
Come and try the great sport of wrestling. Throughout the season you will get the first two tournament entries covered, USA Wrestling Cards, and uniforms.

### Program Regular Season

**Mondays, Tuesdays, and Thursdays, 11/28 – 3/12, 6:00 p.m. – 8:00 p.m.  
\$180 includes uniform, two tournament entries, USA Wrestling Card (insurance and participation)**

**Locations:** South Windsor High School Rubber Room

**Instructor:** Mike Cunningham (you may contact the instructor at 860-830-7497 or amadeus159@gmail.com)

## Pickleball (Ages 12 – 22)

### Boys and Girls Grades 6 – 12

Combining tennis, ping pong and badminton – Pickleball is a great sport to learn how to play for all. With shorter racquets, smaller courts and a slower ball, this is a great sport that can be adapted for any ability and skill level.

**Tuesdays, 9/12 – 10/3, 4:00 p.m. – 5:15 p.m. , \$79**

**Location:** Rye Street Park, Pickleball courts

**Instructor:** Scott Eliasson

# YOUTH & TEEN



## Fitness Club - Fall (Grades 6 – 8, TE Students Only)

This indoor program is aimed at helping middle school students enhance their physical fitness and expand upon exercise and strength training knowledge. Students will be encouraged to create realistic fitness goals and then work with the instructor to create an individual workout.

Mondays & Thursdays, 9/18 - 11/2 (NC 9/25, 10/9),

2:45 p.m. – 4:05 p.m., \$70

Location: TEMS Weight Room/Fitness Center

Instructor: Val Giaccone, TEMS Health & PE Teacher

## Fitness Club - Winter (Grades 6 – 8, TE Students Only)

This indoor program is aimed at helping middle school students enhance their physical fitness and expand upon exercise and strength training knowledge. Students will be encouraged to create realistic fitness goals and then work with the instructor to create an individual workout.

Mondays & Thursdays, 1/18 – 2/29 (NC 2/19),

2:45 p.m. – 4:05 p.m., \$70

Location: TEMS Weight Room/Fitness Center,

Instructor: Val Giaccone & Gary Swierczynski, TEMS Health & PE Teachers

## Jukido Jujitsu (Ages 6+)

Jukido is a traditional Japanese Jujitsu class teaching realistic self-defense. The techniques that a student will learn includes throws, takedowns, arm locks, pressure points and strikes. Jukido stresses the seven codes of bushido: justice, courage, benevolence, politeness, truth, honor and loyalty. Safety and doing one's best are always emphasized in class. Trial classes are available and uniforms are not mandatory. For more information, please visit the IKA website [www.kokondo.org](http://www.kokondo.org)

Tuesdays, 5:30 p.m. – 6:30 p.m. & 6:30 – 7:30 p.m., \$30/month

Thursdays, 5:30 p.m. – 6:30 p.m. & 6:30 – 7:30 p.m., \$30/month

(Tuesday & Thursday, \$60/month)

Location: Parks and Recreation Facility, 350 Foster Street, Gym

Instructor: Master Paul Ward, 5th Degree Black Belt

## NEW Timberhead CrossFit Fall Teens Strength and Conditioning Program (Grades 9-12)

Our 8 week teens program is a strength and conditioning class developed specifically for the high school age range. This constantly varied training program will help your teen excel by building both physical and mental strength, while also introducing them to healthy habits that will last a lifetime.

We teach our young athletes to move correctly as they gain strength and fitness, which drives their performance in sports and safeguards them from injury. Healthy, strong teens are far less likely to fall prey to the overuse injuries that plague common training routines and year-round sports.

The program can help any high school athlete improve his or her speed, coordination, strength, and endurance while also developing teamwork and leadership by training side by side with their peers in our class environment. Our teens program is fun, effective, and will greatly aid in sports specific or general fitness training!

Tuesday-Thursday, 9/19 – 11/9, 4:30 p.m. – 5:15 p.m., \$250

Location: Timberhead CrossFit, 1257 John Fitch Blvd, South Windsor

## Family Open Gym Basketball R

Spend time with friends, make new ones, or just enjoy playing basketball with your family. Open to South Windsor residents only.

Wednesdays, 11/1 – 12/20, 5:00 p.m. – 6:15 p.m., FREE!

Location: Ellsworth Gym

Please check our cancellation hotline for inclement weather closures.

## NEW iSports League - Rocket League

(Ages 8–12 league and Ages 13–18 league)

Join us for a 9-week gaming league like no other! iSports is a one-of-a-kind competitive and educational iSports curriculum and league for elementary to high school students. iSports is a safe community for kids to come together and learn how to compete, work together, and develop the soft skills common in competitive athletic sports. Kids form teams of 3-4 peers and throughout the season, participants learn the fundamentals of the selected game (Rocket League) at iCode's state of the art gaming hub, with an emphasis on the importance of good sportsmanship and team coordination. On the very last day all teams will battle it out in an exciting tournament to determine the ultimate team champion! Tournament prizes are sponsored by MIS, iCode and SWPRD. No additional tournament fees.

Fridays, 1/5 – 3/1, 6:00 p.m. – 7:00 p.m. or 7:00 p.m. – 8:00 p.m.,

\$250 per player. Request teammates or become a Free Agent.

Location: iCode Manchester, 1131 Tolland Turnpike, Manchester, CT 06042

Tournament date: 3/10, starting at 10:00 a.m.

Tournament Location: South Windsor Parks and Recreation Facility, Gym

# YOUTH & TEEN

## Food Explorers: Brunch Club (Grades 2 – 5)

Join Food Explorers for our brand new Brunch Club! Each week you will make a new brunch recipe, with a mixture of sweet and savory flavors. You'll be making: Avocado Pancakes, 4 Fold Quesadillas, Pumpkin Ricotta Toasts, Zucchini Fritters. All recipes are nut free.

Fridays, 9/15 – 10/6, 4:30 p.m. – 5:30 p.m., \$94

Location: Parks and Recreation Facility, 350 Foster Street, Kitchen

Instructor: Katie Shepard, Registered Dietitian

## Food Explorers: Fall Desserts (Grades 2 – 5)

Join Food Explorers for some delicious fall desserts! Each week you will make a brand new recipes focused on fall flavors and ingredients. You'll be making: Vanilla Chai Cake Pops, Apple Cinnamon Pancakes, Pumpkin Lasagna, Chocolate Orange Energy Bites. All recipes are nut free.

Fridays, 9/15 – 10/6, 6:00 p.m. – 7:00 p.m., \$94

Location: Parks and Recreation Facility, 350 Foster Street, Kitchen

Instructor: Katie Shepard, Registered Dietitian

## Food Explorers: Holiday Desserts (Grades 2 – 5)

Join Food Explorers for some delicious holiday desserts! Each week you will make your own dessert and explore new foods and flavors. You'll be making: Mini Gingerbread Cheesecakes, Hot Chocolate Croissant Bites, Cinnamon Sugar Skewers, Chocolate Peppermint Energy Bites, Apple Pie Parfaits. All recipes are nut free.

Mondays, 11/27 – 12/18, 4:30 p.m. – 5:30 p.m., \$94

Location: Parks and Recreation Facility, 350 Foster Street, Kitchen

Instructor: Katie Shepard, Registered Dietitian

## Food Explorers: Brunch Club II (Ages 16+)

Join Food Explorers for our brand new Brunch Club! Each week you will make a new brunch recipe, with a mixture of sweet and savory flavors. You'll be making: Blueberry Cream Cheese Quesadillas, Avocado Toast, Cheese & Chive Pancakes, Sweet Grilled Cheese. All recipes are nut free.

Thursdays, 2/8 – 2/29, 4:30 p.m. – 5:30 p.m., \$94

Location: Parks and Recreation Facility, 350 Foster Street, Kitchen

Instructor: Katie Shepard, Registered Dietitian

## Food Explorers: The Basics (Ages 16+)

Gain independence in the kitchen with this adaptive cooking class. Learn the basics to healthy and easy habits. Caregivers are highly encouraged to attend. You'll be making: Sweet Spring Rolls, Ricotta Gnocchi, Chocolate Banana Cream Pie, Taco Pizzas. All recipes are nut free.

Thursdays, 2/8 – 2/29, 6:00 p.m. – 7:00 p.m., \$94

Location: Parks and Recreation Facility, 350 Foster Street, Kitchen

Instructor: Katie Shepard, Registered Dietitian

## Preschool Performing Arts Club (Ages 3 – 5)

The Performing Arts Club is fun and active learning for preschoolers that develop social skills and talents at a young age. This fun and exciting class will be held at the CT Performing Arts Center. Help your little one be prepared for Kindergarten in this unique class.

Each 2 hour class your child will enjoy a dance lesson, music lesson, art project, and drama story to act out. The goal of this class is to enhance your child's artistic development and introduce them to the wonderful world of the performing arts as well as prepare them for Kindergarten.

\*Children must be potty-trained to attend this class

Tuesdays, 9/12 – 12/19, 10:00 a.m. – 12:00 p.m., \$232

Location: CT Performing Arts Center (869 Sullivan Ave, Suite 9)

Instructor: CT Performing Arts Staff

**NEW**

## Discover Dance – Parent & Tot Dance Class (Ages Walking – 2)

Explore the joy of dance with your little one and discover the many benefits of early childhood dance classes. We will dance, sing, and play in both one-on-one activities and group activities. Through circle songs, open exploration, and gross motor development exercises, children will blossom with each passing class as they grow and have fun with their caregiver during this precious time together!

Saturdays, 9/16 – 12/9 (NC 11/25), 10:00 a.m. – 10:30 a.m., \$75 (\$70 for each additional sibling)

Location: CT Performing Arts Center (869 Sullivan Ave, Suite 9)

Instructor: CT Performing Arts Staff

**NEW**

## Back to School Game Night at iCode R (Ages 8 – 18)

Join SWPRD and iCode for an ultra-fabulous "Back to School" Game Night! iCode's super cool gaming hub is decked out and ready for you and your friends! Their Virtual Reality hub is ready to entertain and we have lots of other activities, not to mention the snacks and drinks! Parents drop the kids off and go have a date night!

Friday, 9/8, 6:00 p.m. – 8:00 p.m., \$40

iCode Manchester, 1131 Tolland Turnpike Manchester, CT 06042

Instructor: iCode Staff

# YOUTH & TEEN

## After School iCode Program –

**Tuesday & Thursday** (Grades K-5)

iCode is a leading provider of STEAM-focused Education for kids and teens K-12 in the rapidly expanding Computer Science Education industry. Students will gain hands-on insight into iCode's STEAM curriculum learning foundational concepts in computer skills, programming, game development, and robotics with extra exposure to patterns, sequencing and logical thinking that results in an improved ability to solve problems. We are pleased to bring some of the classes that are normally taught in our modern state of the art facility to the South Windsor Elementary Schools. Children must attend the program located at their current registered elementary school. This program is for Tuesdays and Thursdays only.

### GRADES K-2

#### Digital Logic

9/5 – 11/30, \$274  
(N/C 11/7)

#### Drones, Robotics, Stop Motion Animation, and Art and Design with Minecraft

12/5 – 2/29, \$274  
(N/C 12/26 + 12/28)

Location: Eli Terry & Orchard Hill, 3:30 p.m. – 5:00 p.m.

Location: Philip R. Smith & Pleasant Valley, 4:00 p.m. – 5:30 p.m.

### GRADES 3-5

#### Game Development with Construct 3

9/5–11/30, \$274  
(N/C 11/7)

#### Web Development and Design

12/5 – 2/29, \$274  
(N/C 12/26 + 12/28)

Location: Eli Terry & Orchard Hill, 3:30 p.m. – 5:00 p.m.

Location: Philip R. Smith & Pleasant Valley, 4:00 p.m. – 5:30 p.m.  
Instructor: iCode Staff

## iCode After School Program -

**Early Release Wednesday** (Grades K-5)

iCode is a leading provider of STEAM-focused Education for kids and teens K-12 in the rapidly expanding Computer Science Education industry. Students will gain hands-on insight into iCode's STEAM curriculum learning foundational concepts in computer skills, programming, game development, and robotics with extra exposure to patterns, sequencing and logical thinking that results in an improved ability to solve problems. We are pleased to bring some of the classes that are normally taught in our modern state of the art facility to the South Windsor Public Schools. Children must attend the program located at their current registered elementary school. This program is for Early Release Wednesdays only.

### GRADES K-2

#### Foundational Classes and Digital Arts

9/13 – 10/25, \$274

#### Programming in Scratch and Computational Thinking

11/1 – 12/20, \$274

#### Drones and Robotics

3/13 – 4/24, \$274  
(N/C 4/10)

#### Stop Motion Animation and Art Design with Minecraft

5/1 – 6/5, \$274

### GRADES 3-5

#### World Building with Roblox, Python Programming and Digital Arts

9/13 – 10/25, \$274

#### Web Development and Design

11/1 – 12/20, \$274

#### Game Development with Construct 3

3/13 – 4/24, \$274  
(N/C 4/10)

#### Drones, Robotics and Javascript

5/1 – 6/5, \$274

Location: Eli Terry & Orchard Hill, 1:00 p.m. – 4:00 p.m.

Location: Pleasant Valley & Philip R. Smith, 1:30 p.m. – 4:30 p.m.

Instructor: iCode Staff

## Forever Young Before and After School Club

(Grades K-5)

This before and after school club will offer a variety of fun enrichment activities and homework help for our youth in a safe and structured environment. This morning and afterschool club will be offered at both Phillip R. Smith and Pleasant Valley in the fall. For more information on this program, please visit our website at [recreation.southwindsor.org](http://recreation.southwindsor.org)

Monday - Friday, 2023-2024 School Year

Instructor: Forever Young Childcare

## Recreational Jim Snow Youth Basketball League

(Grades K–12)

Proudly named for former long-time Recreation Director, Jim Snow, this fun, recreational league emphasizes the importance of a team, while developing skills. We offer a progression of divisions beginning with kindergartners in our Mighty Mites hoop division all the way through senior year of high school. Since the goal of this league is to provide fun, recreational play for youth, we require participants to play within their designated grade level division.

### Mighty Mites Hoop (Grades K & 1)

Introduce your child to basketball with this instructional, co-ed program that teaches the fundamentals of basketball to young players using a variety of fun drills and activities designed to improve skills!

Saturdays, 1/6 – 3/2 (Snow Day 3/9), \$100

Locations: Eli Terry Gym, Pleasant Valley Gym & Philip R. Smith Gym

Instructors: SWPRD Staff

Program will be extended if weather causes cancellations

Limited space available

9:00 a.m. – 9:50 a.m., Pleasant Valley Gym

10:00 a.m. – 10:50 a.m., Pleasant Valley Gym

11:00 a.m. – 11:50 a.m., Pleasant Valley Gym

9:00 a.m.–9:50 a.m., Eli Terry Gym

10:00 a.m.–10:50 a.m., Eli Terry Gym

11:00 a.m.–11:50 a.m., Eli Terry Gym

9:00 a.m.–9:50 a.m., Philip R. Smith Gym

10:00 a.m.–10:50 a.m., Philip R. Smith Gym

11:00 a.m.–11:50 a.m., Philip R. Smith Gym

### More Mighty Mites (Grades 2 & 3)

#### Girls & Boys Leagues

Full court basketball games are introduced in this modified instructional format! Staff will provide a combination of instructional drills and controlled scrimmages. “Game” times will be hourly from 9:00 a.m. – 3:00 p.m. and will rotate for each team weekly.

All teams will be provided with a schedule prior to the program starting. This non-competitive program is highly recommended for those third graders who are not quite ready for Beginner Division League play. Catch you on the court!

Saturdays, 1/6 – 3/2 (Snow Day 3/9), 9:00 a.m. – 3:00 p.m., \$100

Location: Parks and Recreation Facility, 350 Foster Street,

Pleasant Valley or Phillip R Smith

Instructors: SWPRD Staff

Program will be extended if weather causes cancellations

Space is limited



BASKETBALL  
REGISTRATION  
OPENS

September 28th



### Jim Snow Youth Basketball Philosophy

#### HEALTH AND SAFETY

As a town organization, we believe that the health and safety of the players entrusted to our care is a serious responsibility.

#### RESPONSIBLE LEADERSHIP

We believe we have an obligation to parents to provide responsible leadership possessing good judgment.

#### PLAYER EXPERIENCE

We strive to maintain our program in such a way that all players will have the opportunity to broaden their horizons, to gain knowledge by acquiring new skills and to experience the joy of friendship.

#### EQUAL PLAY OPPORTUNITY

All divisions in the South Windsor Jim Snow Youth Basketball League have very specific playing time rules designed to allow each child the opportunity to play at least one half of every game. Every child will be assigned to a team. There are no cuts from South Windsor Jim Snow Youth Basketball. Please be sure to register before the deadline to ensure your child is placed on a team.

# YOUTH & TEEN



## **Beginner Division (Grades 3 & 4) R**

### **Girls & Boys Leagues**

We created a boys beginner division and a girls beginner division. Practices and games are used as opportunities to learn basic rules of basketball and develop skills in a non-competitive, encouraging environment. Coaches and officials will use teachable moments to help players learn the rules and develop good sportsmanship while gaining skills and making new friends. Participants who do not attend practice regularly may have adjusted playing time in games.

South Windsor Parks and Recreation staff determine a player's team placement based on a number of factors including but not limited to: the school the player attends, the number of registrations received, and basketball experience.

One hour per week practices begin in December and are held weekdays at 6:10 p.m. or 7:10 p.m. at local elementary schools. Practices are determined by our volunteer coaches and based on the space we have available to us.

Games begin the first weekend in January and are hosted on Saturdays at various times between 8:00 a.m. and 5:00 p.m. Each team plays a total of ten games. Each participant receives a game jersey to keep. We do not honor specific requests for teams, practice days, or locations.

**Season runs: December – mid March, \$125**

**Location: Practices and games are held at local elementary schools  
Registration deadline is Friday, 10/27**

## **Junior Girls Intertown Division**

**(Grades 5 & 6)**

## **Intermediate Girls Intertown Division**

**(Grades 7 & 8)**

## **Senior Girls Intertown Division**

**(Grades 9-12)**

These divisions allow players to participate in a basketball environment that promotes good sportsmanship and respect for others. The participating towns collaborate to decide age appropriate recreation game rules for the season.

South Windsor Parks and Recreation volunteer coaches determine a player's team placement based on a number of factors. Please plan to attend all skill assessment gym times scheduled in November to assist our volunteer coaches in building well-balanced teams. We do our best with limited knowledge to create fair teams. The goal of this league is to provide fun, recreational play for youth.

One hour per week practices begin in December and are held weekdays 6:10 p.m., 7:10 p.m., 8:10 p.m., or 9:10 p.m. at local elementary schools. Practices are determined by our volunteer coaches and based on the space we have available to us. We try to keep the practice day/time and location consistent but often have to rearrange schedules due to school availability. Earlier practice times are designated for younger divisions.

Games begin the first weekend in January and are hosted on Saturdays at various times and locations. Each team plays a total of ten games. Scores and standings are kept and the season ends with a single elimination tournament for all teams. Each player receives a game jersey to keep.

We do not honor specific requests for teams, practice days, or locations. Please visit our website for Frequently Asked Questions and other important division information such as skill assessment dates, practice and game schedules, and announcements.

**Season runs: December – Mid March, \$150**

**Location: South Windsor Schools and surrounding participating town's facilities  
Registration deadline is Friday, 10/27**

# YOUTH & TEEN

## Junior Boys Division

(Grades 5 & 6)

## Intermediate Boys Division

(Grades 7 & 8)

## Advanced Boys Division

(Grades 9 & 10)

## Senior Boys Division

(Grades 11 & 12)

These divisions allow players to participate in a basketball environment that promotes good sportsmanship and respect for others. Game rules are developed to accommodate players of varying abilities and to promote equal opportunity for all participants.

South Windsor Parks and Recreation volunteer coaches determine a player's team placement based on a number of factors. Please plan to attend all skill assessment gym times scheduled in November to assist our volunteer coaches in building well-balanced teams. We do our best with limited knowledge to create fair teams. The goal of this league is to provide fun, recreational play for youth.

One hour per week practices begin in December and are held weekdays 6:10 p.m., 7:10 p.m., 8:10 p.m., or 9:10 p.m. at local elementary schools. Practices are determined by our volunteer coaches and based on the space we have available to us. We try to keep the practice day/time and location consistent but often have to rearrange schedules due to school availability. Earlier practice times are designated for younger divisions.

Games begin the first weekend in January and are hosted mostly on Saturdays at various times and locations. Each team plays a total of ten regular season games. Scores and standings are kept and the season ends with a single elimination tournament for all teams. Each player receives a game jersey to keep.

We do not honor specific requests for teams, practice days, or locations. Please visit our website for Frequently Asked Questions and other important division information such as practice and game schedules, and announcements.

**Season runs: December – Mid March, \$150**

**Location: South Windsor Schools**

**Registration deadline is Friday, 10/27**



## Become a Volunteer Youth Basketball Coach!

Our town's vast youth recreation basketball league is produced by over 100 volunteer coaches each season! Coaches are among the most influential adults in the lives of youth athletes and they are essential for a great season. If you or someone you know is interested in leading a team of youth basketball players, visit us online and register to be a coach!

In order to provide quality coaches training, process background checks, and for ample time for coaches to plan their season, the deadline to register as a coach is Friday, October 27th.

## BASKETBALL EVALUATION DAYS:

**DECEMBER 2, 2023 &  
DECEMBER 3, 2023**

There will be two evaluation days for all athletes in our Junior, Intermediate, Advanced, and Senior divisions. These evaluation days help us make teams fairly and equally with input from all those involved in coaching for the season. It is highly recommended that you attend at least 1, but better if you can attend both!

After you register for our basketball programs you will receive an email with further details and instructions.

## Thank you to our 2022-2023 Jim Snow Youth Basketball Sponsors:

Grillo Dental

South Windsor Lions Club

Shea & Company Real Estate

New England Silica, Inc.



## Youth Sports Link

Sports Link is provided as a convenience for residents of South Windsor. The following organizations are operated independently and are not administered by SWPRD. For program details contact the individuals listed below. See FYI for additional contacts of outside organizations.

### **South Windsor American Legion**

#### **Baseball Program**

Contact: Craig Zimmerman  
[craig\\_zimmerman@msn.com](mailto:craig_zimmerman@msn.com)

#### **Boys Lacrosse**

[www.SWBoysLax.org](http://www.SWBoysLax.org)  
Greg McGinn  
[gregoryjmcginn@gmail.com](mailto:gregoryjmcginn@gmail.com)

#### **Girls Lacrosse**

[www.SWGIRLSLAX.org](http://www.SWGIRLSLAX.org)

#### **Little League Baseball & Softball**

[www.SouthWindsorLittleLeague.org](http://www.SouthWindsorLittleLeague.org)  
Contact: Al Maximino  
[amaximino@cox.net](mailto:amaximino@cox.net)

#### **Youth Hockey**

[swhockey.com](http://swhockey.com)  
[gabehathorn3@gmail.com](mailto:gabehathorn3@gmail.com)

### **Panther Football & Cheerleading**

[swpanthers.org](http://swpanthers.org)  
Football Contact: Samantha Petgrave  
860-816-6074  
[swpanthers22@gmail.com](mailto:swpanthers22@gmail.com)

### **South Windsor Soccer Club (SWSC)**

[www.SouthWindsorSoccer.org](http://www.SouthWindsorSoccer.org)  
Programs for children 3 & up.

### **South Windsor Girls Travel Basketball**

[swgirlsbb.com](http://swgirlsbb.com)  
[swgtbb@gmail.com](mailto:swgtbb@gmail.com)

### **South Windsor Boys Travel Basketball**

To be determined- Please call 860-648-6355  
for more information

# WANT TO CONTACT US?

Have a question about our services?  
Want to rent a room?  
Looking to apply for a part-time job?  
Want to share feedback about our programs?

To receive the quickest, most accurate information regarding all questions, inquiries, comments, concerns, program info, and feedback,

Here's how to contact us:



## OUR NEW ADDRESS

Parks & Recreation Facility  
350 Foster St., South Windsor 06074

Monday, Tuesday, Thursday - 8:00 a.m.- 4:30 p.m.  
Wednesday- 8:00 a.m.- 7:00 p.m.  
Friday- 8:00 a.m.- 1:00 p.m.



Rec@southwindsor-ct.gov



860-648-6355



Learn more...

41 Oakland Rd, (RTE 30)  
South Windsor, CT 06074  
Visit us online at [DZEN.COM](http://DZEN.COM)  
Call us today (860) 644-8988



**Marilyn Dzen, CRB**  
Broker/Owner of Dzen Realty, Inc.

Phone: (860) 644-8988  
Email: [mdzen@dzen.com](mailto:mdzen@dzen.com)  
Web: [www.dzen.com/Marilyn](http://www.dzen.com/Marilyn)

With over 30 years of real estate experience in South Windsor, Marilyn knows just what will make your home sell!

Call Marilyn at 860-644-8988

**RED HEAT**  
TAVERN

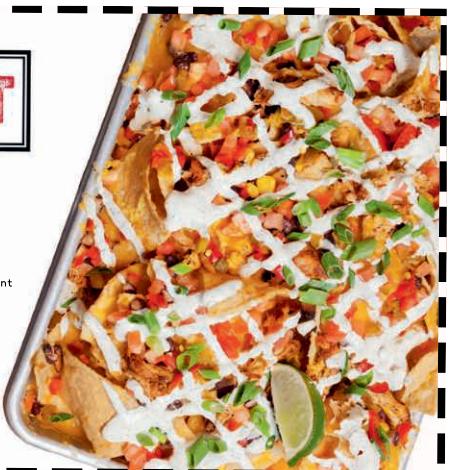
**FREE APPETIZER**  
(UP TO \$14.95 VALUE)

Bring coupon in store. Limit one discount per table. Cannot be combined with any other offer. Dine in only.

Expires: 12/31/2023

VISIT US AT  
The Promenade Shops  
400 Evergreen Way #466  
South Windsor, CT

[www.REDHEATTAVERN.COM](http://www.REDHEATTAVERN.COM)





# IS HIRING!



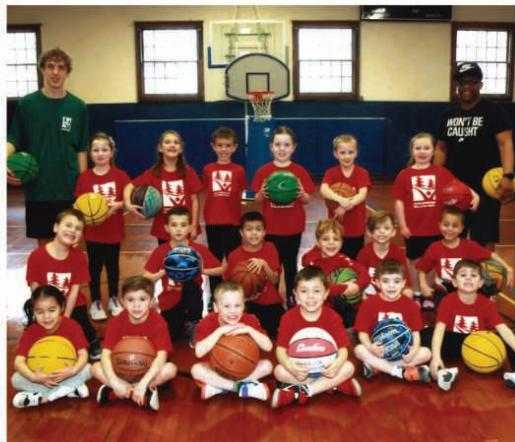
1

## 4TH "R" BEFORE & AFTER SCHOOL PROGRAM 16+

Program Leaders - Before and/or After School Shifts Available!

Hiring on an on-going basis for the 2023/2024 school year!

Contact [shelby.kosa@southwindsor-ct.gov](mailto:shelby.kosa@southwindsor-ct.gov)



2

## MIGHTY MITES & MORE MIGHTY MITES BASKETBALL

Head Coaches (18+) Assistant Coaches (16+)

Hiring for the 2023/2024 Season!

Application Deadline: December 1, 2023

Contact [jordan.giroux@southwindsor-ct.gov](mailto:jordan.giroux@southwindsor-ct.gov)

# APPLY TODAY!

**[WWW.RECREATION.SOUTHWINDSOR.ORG >](http://WWW.RECREATION.SOUTHWINDSOR.ORG)  
[DEPT INFO > EMPLOYMENT OPPORTUNITIES](#)**

06074... THAT'S WHERE YOU COULD WORK!

# WINTER FUN



## Learn to Skate Program (Ages 3+)

*Interested in Learning to Skate? No skating experience necessary!*

South Windsor Arena's Skating 101 program through the South Windsor Rec Dept. is a **beginner ice skating program** that's a fun and rewarding experience. Participation enables beginner skaters of all ages (3 years old and up) & ability levels to learn the fundamentals of skating while teaching them skills necessary for further advancement.

Skate Rentals available for an additional \$3 per night or you can purchase a \$10 discount card for the month-long session. Helmets are required.

**Fridays, 6:40 p.m. – 7:40 p.m., \$95**

Sept 8, 15, 22 and 29th

Oct 6, 13, 20 and 27th

Nov 3, 10, 17 and 24th

Dec 1, 8, 15 and 22nd

Jan 5, 12, 19 and 26th

Feb 2, 9, 16 and 23rd

Mar 1, 8, 15 and 22nd

April 5, 12, 19 and 26th

**Location: South Windsor Arena, 585 John Fitch Blvd.**

**Instructor: South Windsor Arena Staff**



## INTERESTED IN

### LEARNING HOW TO SKATE ?!?

Learn at South Windsor  
Arena this Winter!

Visit Hockey1.com and click on the  
Rink/Ice Info button to learn about  
the different programs offered at  
South Windsor Arena!

South Windsor Arena Located at :  
585 John Fitch Blvd (Rt 5)  
South Windsor, CT 06074  
860-289-3401

## PUBLIC SKATING

Visit Hockey1.com and click on the  
Rink/Ice Info button to see this  
fall/winters Public Skating  
Schedule





## SWHS SKI AND SNOWBOARD CLUB

The South Windsor Ski and Snowboard Club is a social club providing opportunities for students to have fun and practice skills on the slopes. You do not have to know how to ski or ride! New skiers and riders are welcome to join us, but we strongly recommend that students take lessons and have patience while they learn. We encourage beginners to attend the Mount Southington trips and take lessons; this is a great way to get 6 weeks of lessons and practice.

### New England Ski & Scuba FUNDRAISER

#### NEED NEW WINTER GEAR?

Mention the South Windsor Ski & Snowboard Club at New England Ski & Scuba to get new equipment and help us to promote outdoor winter adventures! New England Ski & Scuba will give members of the South Windsor community a 10% discount on all items purchased. The South Windsor Ski and Snowboard Club will receive 10% of sales!

Any time you go in for gear, just mention TEMS!

**Location:** New England Ski & Scuba,  
60 Windsor Ave (Rt. 83), Vernon  
**Advisor:** Jennifer Baker, TEMS Health & PE Teacher

### Mount Southington – School's Out Program

This is a 6 week program for skiers and snowboarders of all abilities. Students will take the bus from TEMS or SWHS at 3:00 p.m to Mount Southington and return to TEMS or SWHS at the end of the night. Skiers and riders have the opportunity to rent equipment and/or take a lesson designed to improve skills. Parent chaperones will help students with rental equipment and supervise activities at the mountain. Skis and poles must be secured together on all bus trips. This trip is open to TEMS and SWHS students only. **Only the first 45 registrants from each school are guaranteed a spot. Registration for this program will be from September 28th through November 1, 2023. No refunds after November 1, 2023.**

**HELMETS ARE REQUIRED AND THE USE OF STIMULANT PRODUCTS IS PROHIBITED.  
HEALTH FORMS AND WAIVERS MUST BE COMPLETED.**

**NEW THIS YEAR:** all members will receive a Mount Southington RFID card to wear in a jacket pocket on the first trip. The RFID card will contain lift tickets for all sessions. If the card is lost the participant will need to purchase a new one for \$5 and Mount Southington will transfer the remaining tickets to the new card.

**Wednesdays, 2:40 p.m.–8:45 p.m.  
January 3, 10, 17, 24, 31 and February 7, 2024  
(Feb. 21 is the tentative makeup date if cancellations occur)**  
**Location:** Mt. Southington, CT  
**Advisor:** Jennifer Baker, TEMS Health & PE Teacher

**Please visit our website for pricing details:  
recreation.southwindsor.org**

# INCLUSION

## The Importance of Inclusion in South Windsor Parks & Rec

As South Windsor Parks and Recreation continues to grow with hundreds of programs for active participants, we encourage everyone to take advantage of our various activities and events in order to remain active physically, mentally, and socially.

Our department is proud to offer these programs and services to participants of all abilities. In order to provide opportunities for all participants to engage in leisure pursuits together, SWPRD provides inclusion support services and reasonable accommodations.

**We welcome all families to enjoy all of our activities and embrace all members of the community!**

Please contact Recreation Supervisor Shauna Damon ([shauna.damon@southwindsor-ct.gov](mailto:shauna.damon@southwindsor-ct.gov)) to request information for assistance in programs; we look forward to hearing from you!



### Welcome Terri Smith

We are pleased to introduce Terri Smith as our new Recreation Leader for Inclusion. Among her responsibilities, she will be heading the Monday Night Social Club. She has been a member of our team since July 2022, working in the Navigators Camp and in the 4th "R" program. She is excited about contributing to a valuable service for this population in our community. She has been a resident of South Windsor for the past 20 years and in her spare time she enjoys gardening and spending time with friends and family.

### Monday Night Social Club (Ages 16 and up)

Join the Club! This drop-in style program will enjoy a variety of activities year-round while meeting new friends in an informal, supervised format. Stop by and grab the latest schedule of events as you do not want to miss our birthday celebrations, seasonal crafts, pool, mini golf, games in the park and semi-annual holiday celebrations and dances.

**Mondays (Closed on all Town-Observed holidays),**

**6:00 p.m. – 8:30 p.m., \$3/Night**

**Location: SW Community Center,**

**Teen Center, 150 Nevers Rd**

**Recreation Leader: Terri Smith**



As a dedicated leader for our Monday Night Social Club, we pay homage to wonderful Dan Rezende and his incredible work for the community. Dan was a selfless champion for the South Windsor Parks and Recreation Department. He served on the Parks and Recreation Commission for almost 20 years, and was a key player in many notable improvements and accomplishments for the department. Such highlights include his work within the Boundless Playground Committee to create an inclusive play-space for the community, and as a founding member of the South Windsor Parks and Recreation's Monday Night Social Club (MNSC).

# INCLUSION

## Food Explorers: The Basics (Ages 16 and up)

Gain independence in the kitchen with this adaptive cooking class. Learn the basics to healthy and easy habits. Caregivers are highly encouraged to attend. The menu will include Spring Rolls, Ricotta Gnocci, Chocolate Banana Cream Pie and Taco Pizza.

Thursdays, 2/8 – 2/29, 6:00 p.m. – 7:00 p.m., \$94

Location: South Windsor Parks and Recreation Facility, Kitchen

Instructor: Katie Shepard

## Challenger Basketball R

### Boys and Girls Grades 1-8

A program designed for young athletes from the adaptive community who are looking for an opportunity to learn basic skills and play basketball! Families are encouraged to participate with their athlete. Our goals are to help the athlete to develop their decision-making skills, raise self-esteem and have fun while making new friends!

Saturdays, 1/6 – 2/10, \$35

12:15 p.m. – 1:15 p.m., Eli Terry Elementary School, Gym

1:30 p.m. – 2:30 p.m., Eli Terry Elementary School, Gym

Instructors: SWPRD Staff

## Pickleball (Ages 12 – 22) R

Combining tennis, ping pong and badminton – Pickleball is a great sport to learn how to play for all. With shorter racquets, smaller courts and a slower ball, this is a great sport that can be adapted for any ability and skill level.

Tuesdays, 9/12 – 10/3, 4:00 p.m. – 5:15 p.m., \$79

Location: Rye Street Park, Pickleball courts

Instructor: Scott Eliasson

## NEW iSports League - Rocket League

### (Ages 8–12 League & Ages 13–18 League)

Join us for a 9-week gaming league like no other! iSports is a one-of-a-kind competitive and educational eSports curriculum and league for elementary to high school students. iSports is a safe community for kids to come together and learn how to compete, work together, and develop the soft skills common in competitive athletic sports.

Kids form teams of 3-4 peers and throughout the season, participants learn the fundamentals of the selected game (Rocket League) at iCode's state of the art gaming hub, with an emphasis on the importance of good sportsmanship and team coordination. On the very last day all teams will battle it out in an exciting tournament to determine the ultimate team champion! Tournament prizes are sponsored by MIS, iCode and SWPRD. No additional tournament fees.

Fridays, 1/5 - 3 /1, 6:00 p.m. – 7:00 p.m. or 7:00 p.m. – 8:00 p.m.,

\$250 per player. Request a teammate or become a Free Agent.

Location: iCode Manchester, 1131 Tolland Turnpike Manchester, CT 06042

Tournament date: 3/10, starting at 10:00 a.m.

Tournament Location: South Windsor Parks and Recreation Facility, Gym

## SNOW-MUCH FUN

## Sensory Friendly Winter Storytime and Craft

December 9, 2023

10:00 a.m. - 12:00 p.m.

Pre-registration is required

South Windsor Parks and Recreation Facility, Cafeteria

An inclusive event for children within special populations.



## 51st ANNUAL South Windsor Parks & Recreation EGG HUNT

Sponsored by Imperial Oil & Plumbing



FRIDAY, MARCH 29, 2024 • T.E. SPORTS FIELD  
SENSORY FRIENDLY EGG HUNT 9:00 – 9:30 a.m.

Come enjoy this FREE fun-filled family event! Collect filled plastic eggs, meet the spring bunny and enjoy a snack. Then, step inside the Parks and Recreation Facility for the S.W. Community Women's Club's "Kids' Fair". The Kids' Fair includes games, prizes and fun for the entire family!

SEE PAGE 43 FOR MORE DETAILS.



# ADULT PROGRAMS

## GET FIT!

### Adult Fitness & Wellness

#### Creative Cardio- Aerobics with Body Sculpt (Ages 16+)

A traditional aerobic fitness class providing a challenging total body workout set to energetic music that is sure to get your heart pumping and your body moving. This class provides stretching, cardiovascular endurance, strengthening and toning, with an additional 15 minutes of low weight strength training, focusing on strengthening the arms, back, shoulders and core muscles. Participants are asked to bring a set of hand-held weights between 1-5lbs. Tested to have over 3,500 Fitbit steps per class! A great workout for all fitness levels.

##### Zoom information:

Personal Meeting ID # 407 149 5311

Passcode: 2m4E2f

##### Please visit our website for pricing details!

Classes are offered on a monthly basis on **Tuesdays** from September through April (N/C 12/26)

6:00 p.m. – 7:15 p.m.

Instructor: Linda Hull

Location: Parks & Recreation Facility, 350 Foster Street

Classes are offered on a monthly basis on **Thursdays** from September through April (N/C 11/23, 12/21, 12/28)

6:00 p.m. – 7:15 p.m.

Instructor: Linda Hull

Location: Parks & Recreation Facility, 350 Foster Street

#### Self Defense is Karate (Ages 16+)

What do you want out of martial arts? Self defense, tradition or a discipline that will carry over into every aspect of your life? With Kokondo Karate, you will get all three. Learn to defend yourself safely and with confidence using appropriate response training where good technique works more effectively than brute strength.

All classes are co-ed and geared to individual development with emphasis placed on safety and personalized attention. Students may try their first class for free.

Tuesdays, 7:30p.m. – 8:30p.m., \$30/month

Thursdays, 7:30p.m. – 8:30p.m., \$30/month

\$60/month (Tuesday & Thursday)

September – April

Location: Parks and Recreation Facility, 350 Foster Street, Gym

Instructor: Peter Dylag



#### EMPOWERED YOGA in the PARK (Ages 16+)

What better way to end your day! Enjoy Vinyasa Flow (for all levels) in the fresh air and sunshine. Empowered Yoga uses creative sequences where no two classes are ever alike. You'll get to do yoga outside at the Rotary Pavilion (rain or shine), breathing in the fresh air, and enjoy a more spiritual experience that yogis will love. This class will conclude with Savasana, embracing the beautiful outdoors. Modifications and variations are offered to satisfy beginner and advance yogis. Bring a mat and some props to support your practice.

Mondays, 5:30 p.m. – 6:45 p.m., 3 classes \$27 (N/C 9/4)

Location: Nevers Park Rotary Pavilion

Instructor: Julie Miller LivFree Master Level Yoga Teacher 500H RYT.

#### EMPOWERED YOGA (Ages 16+)

If you enjoyed Empowered Yoga in the Park at the South Windsor Rotary Pavilion, then you will LOVE IT just as much as we bring it indoors for the Fall/Winter months. Empowered Yoga is a Vinyasa Flow practice for all levels. We use creative sequences where no two classes are ever alike. Our music is inspiring everyday songs you may know or get to love. This class will conclude with a relaxing Savasana, to refresh your physical body and restore your mind. Modifications and variations are offered to satisfy beginner and advance yogis. Bring a mat and some props to support your practice.

Classes are offered on a monthly basis from October through April. (N/C 10/9, 12/25, 1/1, 1/15, 2/19)

**Mondays**, 5:30 p.m. – 6:45 p.m., \$36/month

Location: Parks and Recreation Facility, 350 Foster St., Room TBD

Instructor: Julie Miller LivFree Master Level Yoga Teacher 500H RYT.

**Wednesdays**, 5:30 p.m. – 6:45 p.m., \$36/month

Location: Parks and Recreation Facility, 350 Foster St., Room TBD

Instructor: Julie Miller LivFree Master Level Yoga Teacher 500H RYT.

## Kripalu Yoga

Kripalu Yoga is a fun and moderate physical activity that will lift your mood, strengthen your body and help you become fit and flexible. Kripalu yoga is also a mindful practice that will teach you techniques to discover more ease in every area of your life. Sydnie and Paul Coté are Kripalu Certified and have the knowledge and experience to help you realize the profound benefits of Kripalu Yoga.

### We offer both In-person and Virtual Kripalu Yoga classes.

3 Bonus Benefits from the Instructors: First, we give you the flexibility to switch between In-person and Zoom classes when necessary. Second, we give you recordings of the two Zoom classes each week to take as extra classes or makeup classes. Third, we give you a discount if you make a commitment and register for the full Fall and/or Winter Sessions.  
(We also offer the option for students to register by the month.)

If an In-person class has to be canceled, it will be live-streamed via Zoom from the instructors' home studio.

## TUESDAY MORNING

**9:30 a.m. – 10:45 a.m.**

**Parks and Recreation Facility,**

**350 Foster Street, Cafeteria**

Discounted Fall Session 9/5 to 12/19 (N/C 9/19, 11/21, 12/26) -

14 classes \$112

September 9/5, 9/12, 9/26 (N/C 9/19) - 3 classes \$27

October 10/3, 10/10, 10/17, 10/24, 10/31 - 5 classes \$45

November 11/7, 11/14, 11/28 (N/C 11/21)- 3 classes \$27

December 12/5, 12/12, 12/19 (N/C 12/26)- 3 classes \$27

Discounted Winter Session 1/9 to 3/26 (N/C 1/2) -12 classes \$96

January 1/9, 1/16, 1/23, 1/30 (N/C 1/2)- 4 classes \$36

February 2/6, 2/13, 2/20, 2/27 - 4 classes \$36

March 3/5, 3/12, 3/19, 3/26 - 4 classes \$36

## TUESDAY EVENING

**6:00 p.m. – 7:15 p.m.**

**Parks and Recreation Facility,**

**350 Foster Street, Cafeteria**

Discounted Fall Session 9/5 to 12/19 (N/C 9/19, 11/21, 12/26) -

14 classes \$112

September 9/5, 9/12, 9/26 (N/C 9/19) - 3 classes \$27

October 10/3, 10/10, 10/17, 10/24, 10/31 - 5 classes \$45

November 11/7, 11/14, 11/28 (N/C 11/21)- 3 classes \$27

December 12/5, 12/12, 12/19 (N/C 12/26) - 3 classes \$27

Discounted Winter Session 1/9 to 3/26 (N/C 1/2) - 12 classes \$96

January 1/9, 1/16, 1/23, 1/30 (N/C 1/2) - 4 classes \$36

February 2/6, 2/13, 2/20, 2/27 - 4 classes \$36

March 3/5, 3/12, 3/19, 3/26 - 4 classes \$36

## WEDNESDAY MORNING ZOOM

**9:30 a.m. – 10:45 a.m.**

(All registered students can take this class as a free extra class or a make-up class.)

Discounted Fall Session 9/6 to 12/20 (N/C 9/20, 11/22, 12/27) -  
14 classes \$112

September 9/6, 9/13, 9/27 (N/C 9/20) - 3 classes \$27

October 10/4, 10/11, 10/18, 10/25 - 4 classes \$36

November 11/1, 11/8, 11/15, 11/29 (N/C 11/22) - 4 classes \$36

December 12/6, 12/13, 12/20 (N/C 12/27) - 3 classes \$27

Discounted Winter Session 1/10 to 3/27 (N/C 1/2) - 12 classes \$96

January 1/10, 1/17, 1/24, 1/31 (N/C 1/2) - 4 classes \$36

February 2/7, 2/14, 2/21, 2/28 - 4 classes \$36

March 3/6, 3/13, 3/20, 3/27 - 4 classes \$36

## WEDNESDAY EVENING ZOOM

**6:00 p.m. – 7:15 p.m.**

(All registered students can take this class as a free extra class or a make-up class.)

Discounted Fall Session 9/6 to 12/20 (N/C 9/20, 11/22, 12/27) -  
14 classes \$96

September 9/6, 9/13, 9/27 (N/C 9/20) - 3 classes \$27

October 10/4, 10/11, 10/18, 10/25 - 4 classes \$36

November 11/1, 11/8, 11/15, 11/29 (N/C 11/22)- 4 classes \$36

December 12/6, 12/13, 12/20 (N/C 12/27) - 3 classes \$27

Discounted Winter Session 1/10 to 3/27 (N/C 1/2) - 12 classes \$96

January 1/10, 1/17, 1/24, 1/31 (N/C 1/2) - 4 classes \$36

February 2/7, 2/14, 2/21, 2/28 - 4 classes \$36

March 3/6, 3/13, 3/20, 3/27 - 4 classes \$36



# ADULT PROGRAMS

## ADULT LEAGUES

### Volleyball League (Ages 18+)

South Windsor has a very active, full volleyball league. We typically host 20 men's teams and 20 women's teams October through mid March. We organize two divisions, 'A' (more skilled and competitive) and 'B' (more recreational). Each team plays 16 regular season games. We finish the season with a single elimination tournament for the top eight teams in each division. This league is for residents and non-residents 18 years and older. The league does not meet when Timothy Edwards Middle School is closed due to holidays, special events, or weather. Please be advised other dates may follow depending on school function schedule.

#### **Men's League:**

Tuesdays, 7:00 p.m. – 10:00 p.m., Team Fee: \$650

Location: Timothy Edwards School Gyms

#### **Women's League:**

Thursdays, 7:00 p.m. – 10:00 p.m., Team Fee: \$650

Location: Timothy Edwards School Gyms

A \$100 deposit will be required at the Captain's meeting to reserve a team entry. This deposit goes towards the total team fee for the season and is nonrefundable after Wednesday, September 13th. Teams from the 2022-2023 season will receive registration priority, and then any open spots will be decided by a lottery. If you are a new team looking to join the league, please register online under the program "New Volleyball Team". If you are an individual looking to get picked up by an established team, please register online under the program "Individual Volleyball Player Registration".

#### **Mandatory Preseason Captain's Meeting:**

Tuesday, September 5th

Men's League 6:00 p.m., Women's League 7:00 p.m.

Parks and Recreation Facility (350 Foster Street)



### Basketball League (Ages 18+)

Spend Sundays with your friends this winter, join our recreational basketball league! We organize two men's divisions, 'A' (more skilled and competitive) and 'B' (more recreational). Each team plays 12 regular season games early December through March. We finish the season with a single elimination tournament for the top eight teams in each division. This league is for residents and non-residents 18 years and older. Please be advised, schedule may change based on school & holiday schedules.

#### **Men's League:**

Sundays, 12:00 p.m. – 6:00 p.m., Team Fee: \$950

Location: South Windsor High School

#### **Mandatory Preseason Captain's Meeting:**

Tuesday, September 5th

Men's League 8:00 p.m.

Parks and Recreation Facility (350 Foster Street)

### USSSA Slow-Pitch Softball League (Ages 18+)

#### **Spring/Summer 2024**

Get a team together and enjoy summer nights at our Rye Street Field! Choose to be a part of a more skilled, competitive division (A) or a more recreational division (B).

League includes: 14 regular season games officiated by our USSSA umpires, double elimination playoffs and best of three championship series, banner on our backstop for one season for regular season champions, trophy and shirt for playoff champions, and trophy for 2nd place playoffs. Non-residents are welcome at no extra fee. Visit our website for more information on deadlines and captain's meeting.

**'A' Division:** Mondays, Tuesdays (Friday Make Up Games)

**'B' Division:** Wednesdays, Thursdays (Friday Make Up Games)

**Game Times:** 6:15 p.m., 7:30 p.m., 8:45 p.m.

**Team Fee:** \$920

**Location:** Rye Street Park

**Registration will open in February!** Be on the look out for more information!

### Open Adult Throwball (Ages 18+) R

Spend time with friends, make new ones, or just enjoy playing Throwball. Open to South Windsor residents only.

**Fridays, 9/8 – 3/22, 7:00p.m. – 9:00p.m.**

**Location:** Parks and Recreation Facility, 350 Foster Street, Gym

## **Adult Open Gym Volleyball (Ages 18+) R**

Spend time with friends, make new ones, or just enjoy playing co-ed volleyball. Residents only.

**Wednesdays, 10/4 – 3/27, 7:00 p.m. – 9:00 p.m., FREE!**

**Location: Parks and Recreation Facility, Gym, 350 Foster Street**

Please check our cancellation hotline for gym closures due to holidays, special events, or inclement weather closures.

## **Pickleball R**

South Windsor is proud to offer a drop in pickleball program for residents that are either new to the game or experienced players!

**Sundays, 11/5 – 3/24, 10:00 a.m. – 12:30 p.m., FREE!**

**Wednesdays, 1/3 – 3/27, 7:00 p.m. – 9:00 p.m.**

**Location: Ellsworth Gym**

## **Pickleball Lessons (Ages 18+) R**

Get started in the fastest growing sport in the US – pickleball! In this introduction to the game, you will learn how to play pickleball, including safety, proper grip, positioning, ground strokes, serves, returns, lobs, dinking, scoring and game strategy. This course is geared to beginners to the sport. Paddles will be available.

**Session A: Mondays, 9/11–10/2, 5:30 p.m. - 6:45 p.m., \$89**

**Session B: Tuesdays, 9/12–10/3, 5:30 p.m. - 6:45 p.m., \$89**

**Location: Rye St Park**

**Instructor: Scott Eliason**



## **GET MUSICAL**

### **South Windsor Community Band (Ages 18+)**

Open to all instrumentalists age 18 and up. No audition is required. For more information, please visit [swband.org](http://swband.org), or contact [swcommunityband@hotmail.com](mailto:swcommunityband@hotmail.com).

Concert on September 21, 2023, from 6:00 p.m. - 7:00 p.m. at Evergreen Walk.

### **South Windsor Community Chorus (Ages 18+)**

The South Windsor Community Chorus is open to interested parties 18 years and up. No auditions required. Registration periods are September and January followed by weekly rehearsals. For additional information, please contact Lee Mann at 860-875-2589 or [lehmanmann@comcast.net](mailto:lehmanmann@comcast.net) or visit [www.swchorus.org](http://www.swchorus.org).

## **Adult fitness at a glance...**

Below is an easy guide to help you choose the class and weekday that works for you and your schedule.

SUNDAY	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
Pickleball 10:00 a.m.-12:30 p.m. Ellsworth Gym		Kripalu Yoga 9:30 a.m.-10:45 a.m. P&R Cafeteria	Kripalu Yoga 9:30 a.m.-10:45 a.m. Zoom			
Men's Basketball 12:00 p.m.-6:00 p.m. SWHS Gym	Empower Yoga 5:30 p.m.-6:45 p.m. P&R Cafeteria	Jukido Jujitsu 5:30 p.m.-6:30 p.m. P&R Gym	Empower Yoga 5:30 p.m.-6:45 p.m. P&R Cafeteria	Jukido Jujitsu 5:30 p.m.-6:30 p.m. P&R Gym		
		Creative Cardio 6:00 p.m.-7:15 p.m. P&R Classroom TBD	Kripalu Yoga 6:00 p.m.-7:15 p.m. Zoom	Creative Cardio 6:00 p.m.-7:15 p.m. P&R Classroom TBD		
		Kripalu Yoga 6:00 p.m.-7:15 p.m. P&R Cafeteria	Volleyball 7:00 p.m.-9:00 p.m. P&R Gym	Jukido Jujitsu 6:30 p.m.-7:30 p.m. P&R Gym	Learn to Skate 6:40 p.m.-7:40 p.m. SW Arena	
		Jukido Jujitsu 6:30 p.m.-7:30 p.m. P&R Gym	Pickleball 7:00 p.m.-9:00 p.m. Ellsworth Gym	Self Defense Karate 7:30 p.m.-8:30 p.m. P&R Gym	Throwball 7:00 p.m.-9:00 p.m. P&R Gym	
		Self Defense Karate 7:30 p.m.-8:30 p.m. P&R Gym		Women's Volleyball 7:00 p.m.-10:00 p.m. TEMS Gym		
		Men's Volleyball 7:00 p.m.-10:00 p.m. TEMS Gym				

# WELLNESS

## Wellness Training Courses

### Heartsaver Pediatric CPR AED and First Aid

For childcare workers that are employed or wish to be employed by a State of CT certified child daycare center.

What is covered?

- Adult/child/infant CPR with AED and choking
- Basic First Aid for children
- State of CT required supplemental materials.  
(Contagious diseases, diapering, child abuse, etc.)

This course is approved by the OEC.

Saturdays, 9/30, 10/21, 11/18, 12/9, 1/20, 2/17, 3/16, or 4/20  
8:30a.m.- Classes are one day and you should plan on spending at least 6 hours of interactive instruction, \$118

Location: Parks and Recreation Facility, 350 Foster St., Room TBD

Instructor: CPR Professionals

### Safesitter Babysitter Program (Ages 11-14)

Safe Sitter® is a program for 11–14-year-olds where you will learn life-saving skills so you can be safe if you're home alone or watching younger children. You'll play fun games and do some role-playing exercises — you even get to use manikins to practice choking rescue! Your mom and dad will feel better knowing you're prepared to handle whatever situation comes up, and you'll be ready to be in charge!

This is a 6 hour course.

What is covered?

- Babysitting as a business
- Infant & Child Choking Rescue
- Injury Prevention & Injury Management
- Behavior Management
- Safety for the Sitter
- Child Care Essentials
- Infant and Child CPR - non certification

Saturday, 9/13, 12/16 or 4/20, 9:00 a.m – 2:00 p.m., \$112

Location: Parks and Recreation Facility, 350 Foster St., Room TBD

Instructor: CPR Professionals



CPR Training Professionals, LLC  
EMS Division  
[www.ctemsclasses.com](http://www.ctemsclasses.com) [www.cprtrainpro.com](http://www.cprtrainpro.com)  
860-474-5525

Looking to help your community?  
How about a new career?  
Online EMT Classes start anytime  
Sunday's Only EMT class starts  
January 9th

Visit [www.ctemsclasses.com](http://www.ctemsclasses.com) for  
more details about taking an EMT  
class one day a week!

### Safe@Home (Grades 4-6)

Safe@Home by Safe Sitter® is a program designed for students in grades 4–6 to prepare them to be safe when they are home alone. Safe@Home is a 90-minute program that teaches students how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter® First Aid Chart and learn a system to help them assess and respond to injuries and illnesses. The program is designed to prepare students for their first steps towards independence.

Tuesday, 9/19, 12/19 or 4/23, 6:00 p.m.–7:30 p.m., \$44

Location: Parks and Recreation Facility, 350 Foster St., Room TBD

Instructor: CPR Professionals

# Summer CONCERT SERIES 2023 SPONSORS



Headliner Sponsor:



Own your tomorrow.

Musicians Circle Sponsors:

Jay's Landscaping,  
Integrated Rehabilitation Services,  
Peoples Bank  
Whole Foods of South Windsor

In cooperation with:



## SOUTH WINDSOR PARKS AND RECREATION Farmers Market

THANK YOU TO OUR SPONSORS



**Environmental  
Services, Inc.**  
**Haz-Mat Team**  
1-800-486-SPIL [www.e-s-i.com](http://www.e-s-i.com)

"Because Our Farmers Need A World To Live In"



# SPECIAL EVENTS



SOUTH WINDSOR PARKS AND RECREATION

# IMPORTANT DATES

## AUGUST

- 8/16 RESIDENT REGISTRATION
- 8/23 NON-RESIDENT REGISTRATION DAY

## SEPTEMBER

- 9/6 DOGGIE DIPS
- 9/8 BACK TO SCHOOL GAME NIGHT R
- 9/9 POKER RYED
- 9/14 PRESCHOOL OPEN HOUSE
- 9/28 BASKETBALL REGISTRATION OPENS R

## OCTOBER

- 10/6 OUTDOOR SEASONAL MOVIE, SCOOB!, PG
- 10/7 LAST FARMERS MARKET
- 10/14 PORTERS HILL PUMPKIN ROLL
- 10/21 HAUNTED TORCH WALK

## NOVEMBER

- 11/11 VETERANS DAY EVENT
- 11/18 TURKEY TROT
- 11/27 LETTERS TO SANTA BEGINS

## DECEMBER

- 12/1 GRINCHMAS
- 12/9 SNOW MUCH FUN
- 12/9 SKATE WITH SANTA
- 12/11 REGISTRATION DEADLINE-  
MERRY & BRIGHT CONTEST R
- 12/14 MERRY & BRIGHT HOLIDAY LIGHTS  
CONTEST JUDGING R
- 12/16 WREATHS ACROSS AMERICA CEREMONY
- 12/18 LAST DAY TO SUBMIT YOUR LETTER TO SANTA

## JANUARY

- 1/11 PRESCHOOL SESSION C & D  
RESIDENT REGISTRATION
- 1/18 PRESCHOOL SESSION C & D  
NON-RESIDENT REGISTRATION
- 1/19 DODGEBALL THROW DOWN R

## FEBRUARY

- 2/9 FAMILY GAME NIGHT R

# Doggy Dips

at Veterans Memorial Park

**Wednesday 9/6**

Registration required beginning on 8/1. Space is limited.

\$5 per dog

Enter at VMP's back gate!

**Lil' Doggy Dip** 45 lbs. and under | 4:00 p.m.-5:30 p.m.

**Big Doggy Dip** Over 45 lbs. | 6:00 p.m.-7:30 p.m.

Bring your pooch for some fun and leash free swimming at the pool! Dogs of all sizes with a current registration are welcome!! Please note times for smaller or bigger dogs. Pups must be 6 months or older. Dog registration tags or proof of registration is required. For everyone's safety, pet owners are responsible for managing their dog's behavior. Aggressive pooches may be asked to leave. All participants attend at their own risk.

Please note: at this event swimming is only for our four legged friends!



Sponsored by



## OUR ANNUAL POKER RYED!

Four trails, four miles, three or four laps, five or seven cards!

# POKER RYED

**September 9, 2023**

Rye Street Park • 10:00 a.m.-1:00 p.m. • \$15

Sponsored by Labyrinth Brewing Company and South Windsor Walk and Wheel Ways

Family Friendly routes also available.

This family-friendly event is not a race! All experience levels welcomed. Come and try your luck to create a winning hand! \$15 event fee includes one beer ticket, and one raffle ticket.

Various trails will offer each rider their preferred trail experience, from green trails to diamond.

Everyone is welcome to explore the hidden treasure that is Rye Street Park. Experience SWPRD Parks Crew's passion for this park with its unmatched elements such as the eight bridges, six downhills and meandering terrain. The route will consist of single-track.

The best poker hand created by pulling cards at various stops along the trails will win top hand and be awarded a CASH prize. Other prizes and raffles will be available, food available on site.

Pre-registration is required. Last rider must start course by 12:30 p.m.



131<sup>st</sup>  
YEAR



Sept. 7 :: 5 p.m.-10 p.m.  
Sept. 8 :: 5 p.m.-11 p.m.  
Sept. 9 :: 10 a.m.-11 p.m.  
Sept. 10 :: 10 a.m.-6 p.m.

---

**SEPTEMBER 7-10, 2023**

---

**John J. Mitchell Fairgrounds at Rye Street Park  
75 Brookfield Street, South Windsor, CT**

Many new attractions and activities for the entire family to enjoy are lined up.



**ATTRACTI0NS · ENTERTAINMENT · FOOD TRUCKS**

Don't forget to "LIKE" Wapping Fair on Facebook to win great prizes, get discounts and more!

For a detailed schedule or information please visit [www.wappingfair.org](http://www.wappingfair.org)

# SPECIAL EVENTS



## PAWS IN THE PARK

Sat., Sept. 30: 9:30 a.m. – 3 p.m.

75 BROOKFIELD ST. – SOUTH WINDSOR, CT

**15 FOOD TRUCKS**

**100+ VENDORS**

Groomers, Supplies, Daycares and More!  
Crafters, Contractors, Direct Sales reps, and More!

Proceeds benefit the  
Fidelco Guide Dog  
Foundation, T.R.A.C.S.  
and the South Windsor  
Bark Park.

Sponsored by



Free

- Dog Contests      Free Admission!
- Kids Activities      Dogs Welcome!
- Music
- Demonstrations

Event Consultant



## PORTERS HILL PUMPKIN ROLL

Can you ROLL with us?

Prove it!

October 14, 2023

3:30 – 6:00 p.m. • Porters Hill • FREE!



BYO Pumpkin or buy On-site (cash only) • Adult & Kid Heats – Prizes! • Food Trucks On Site

## SPECIAL EVENTS

**IT'S BACK!!**

# HAUNTED TORCH WALK

**OCTOBER 21, 2023**  
**6:00 PM - 9:30 PM**

Rain date 10/28/2023

**COME IF YOU DARE, WHERE WITCHES LIVE  
AND GHOSTS AND GOBLINS HIDE...**

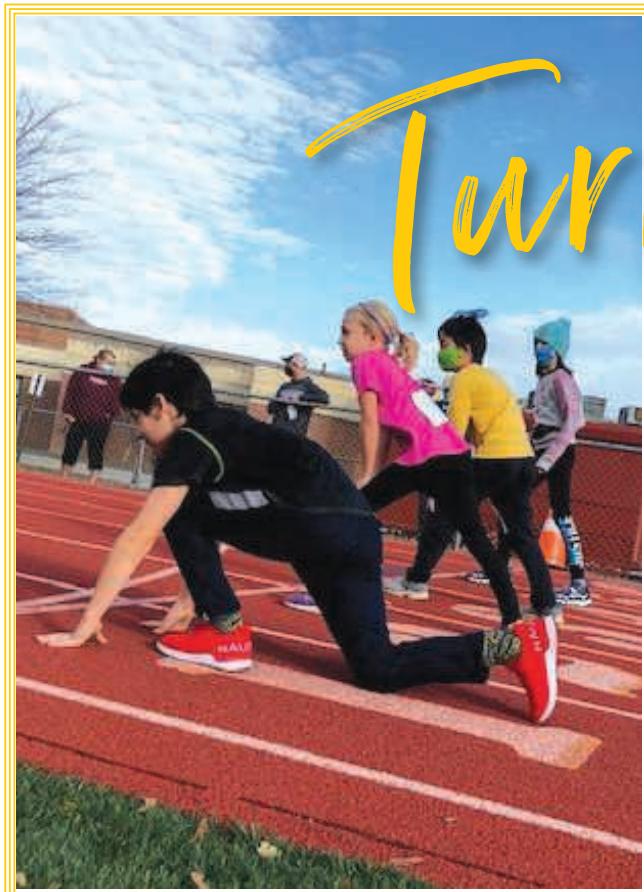
Nevers Park will be transformed into a frightful trail sure to make you scream. Prepare to be scared while venturing through the park into the darkness, where all your fears will be awakened.

The South Windsor Police and Parks and Recreation Departments jointly organize this event. Proceeds will benefit South Windsor Food and Fuel Bank and Community Outreach in South Windsor.

Parking at SWHS, 161 Nevers Road  
Suggested donation: \$5.00

Interested in Setting up a Scene? Contact Sergeant Littell at [ronald.littell@southwindsor-ct.gov](mailto:ronald.littell@southwindsor-ct.gov)  
Interested in Volunteering? Contact Shauna at [shauna.damon@southwindsor-ct.gov](mailto:shauna.damon@southwindsor-ct.gov)

**Warning: This Attraction May Not Be Suitable For All Ages.**  
**Recommended Age 13+**



# Turkey Trot

**SATURDAY, NOVEMBER 18TH**

**South Windsor High School Track**

Gobble, gobble! Calling all little turkeys to our Annual Turkey Trot. Meet us at the South Windsor High School track and race your way for a chance to win a Turkey for your holiday feast. The winner of each age group is awarded with a gift certificate for their turkey and second and third place in each age group will win a turkey themed prize!

Pre-registration is required and space is limited.

Group 1: 3 years old + 4 years old at 11:00 a.m.

Group 2: 5 years old + 6 years old at 11:45 a.m.

Group 3: 7 years old + 8 years old at 12:00 p.m.

Group 4: 9 years old + 10 years old at 12:45 p.m.

Registration is FREE with a non-perishable food item to be donated to the South Windsor Food and Fuel Bank.

Register online or at Parks and Recreation Facility, 350 Foster Street.

# SPECIAL EVENTS



## FRIENDS OF WOOD MEMORIAL LIBRARY & MUSEUM EVENTS



### INDIGENOUS PEOPLES' DAY IN NOWASHE

Monday, October 9, 2023  
11 am - 4 pm



Celebrate Indigenous Peoples' Day in Nowashe Village with a day of family fun!  
Details at [www.Nowashe.org](http://www.Nowashe.org)



### 13TH ANNUAL GINGERBREAD HOUSE FESTIVAL: SHINY & BRITE

November 24 - December 17



Thursdays & Fridays 10 am to 7 pm  
Saturdays & Sundays 10 am to 5 pm



Take a break from the hustle & bustle of the holiday season to stroll past fairy tale houses and fantasy trains all covered with bright, colorful candy.

Don't forget to stop by "Ye Olde Gingerbread Shoppe" for the opportunity to take home a bit of the magic with many holiday themed gifts and treats.

Enter your own gingerbread masterpiece in the show, we welcome all skill levels and there is no entry fee.

Details at [www.WoodMemorialLibrary.org](http://www.WoodMemorialLibrary.org)



**NOWASHE  
VILLAGE**  
An Outdoor Museum of Indigenous Life  
by the Friends of Wood Memorial Library & Museum

**Old Main Street,  
South Windsor**

**THE  
WOOD**  
Friends of Wood Memorial  
Library & Museum



## SPECIAL EVENTS

# GRINCHMAS!

Friday, December 1st

6:30 p.m. – 8:00 p.m. • FREE!

South Windsor Parks and Recreation Facility

Sponsored by



We're throwing a holiday who-bilation and we're inviting all Whos to join the celebration!

Enjoy Grinch-y games, activities and even meet the Grinch himself!





A large, stylized sign that reads "Letters to Santa" in red script. The sign has a yellow background with a green and red striped border. It features a small illustration of a forest and a postage stamp-like graphic with "AEG" and "South Windsor Parks & Recreation". A red and white Santa hat is placed on the left side of the sign.

## Drop off your letters!

**November 27 – December 18**

On the corner of Sand Hill Road and Nevers Road!

Find Santa's special mailbox at the corner of Sand Hill Road and Nevers Road, across from the South Windsor Police Department.

Drop your letters in and Santa will respond with a personalized letter delivered right to your home! (SWPRD elves will be sure your letters get delivered to the North Pole!)

Don't forget to include your return address!



A photograph of a red mailbox mounted on a wooden post. The mailbox has a white plaque that says "Letters to Santa". The background shows a snowy landscape.



**SNOW-MUCH FUN**

Sensory Friendly Winter Storytime and Craft

**December 9, 2023**

10:00 a.m. – 12:00 p.m.

Pre-registration is required

South Windsor Parks and Recreation Facility, Cafeteria

An inclusive event for children within special populations.

## SPECIAL EVENTS

# SKATE WITH SANTA!

Santa and his Elves from the Parks & Recreation Department will be at the South Windsor Arena for an evening of Holiday skating fun!



**FREE**  
**December 9, 2023**

**6:45 p.m. – 8:15 p.m.**

**South Windsor Arena, 585 John Fitch Blvd**

**Please bring a new, unwrapped toy for the  
South Windsor Food and Fuel Bank Adopt a Child Program.**

It is recommended that a parent/guardian skate with their child and MUST remain on the premises with their child(ren) for the length of the event. It is suggested that all participants wear a helmet on the ice.

## Merry and Bright Holiday Lights Contest



**HELP US LIGHT UP SOUTH WINDSOR WITH HOLIDAY CHEER: JOIN US FOR OUR ANNUAL MERRY AND BRIGHT HOLIDAY LIGHTS CONTEST! WE'RE CREATING THE ULTIMATE HOLIDAY LIGHTS TOUR RIGHT IN OUR VERY OWN COMMUNITY!**

**REGISTER YOUR FESTIVELY DECORATED HOME ONLINE FOR FREE BY MONDAY, 12/11  
([RECREATION.SOUTHWINDSOR.ORG](http://RECREATION.SOUTHWINDSOR.ORG))**

**ALL REGISTERED HOMES WILL BE ENTERED TO WIN A \$100 CASH PRIZE IN EACH OF THE FOLLOWING CATEGORIES:**

**The Rudolph's Shiny Nose Award  
(FOR THE DISPLAY  
THAT'S AS BRIGHT AS  
RUDOLPH'S NOSE)**

**The Buddy The Elf Award  
(FOR THE DISPLAY WITH  
THE MOST HOLIDAY  
CHEER)**

**The Clark Griswold Award  
(FOR AN OVER-THE-TOP  
DISPLAY THAT WOULD  
MAKE CLARK PROUD!)**

**MAPS OF ALL REGISTERED SW HOMES WILL BE AVAILABLE ON OUR WEBSITE BEGINNING WEDNESDAY, 12/13  
YOU AND YOUR FAMILY CAN FOLLOW THE SELF-GUIDED ROUTE AT ANY TIME AND ENJOY 06074'S FESTIVE,  
FUN HOLIDAY LIGHTS AND DECORATIONS!**

**SWPRD JUDGING WILL TAKE PLACE ON THURSDAY, 12/14  
(BEGINNING AT 6:00 PM)**

**WINNERS WILL BE ANNOUNCED BY  
MONDAY, 12/18**



## SPECIAL EVENTS



### FAMILY DODGEBALL THROW DOWN

JANUARY 19, 2024

6:30 p.m. - 7:30 p.m. Grades K - 2

8:00 p.m. - 9:00 p.m. Grades 3 - 5

Dare yourselves to an epic night of dodgeball fun and more!  
Register now to join us for a chance to play Dodgeball with friends  
and family! Pre-Registration is required and space is limited!

South Windsor High School, Gym  
\$15 per participant

Youth participant must be a South Windsor resident



### FAMILY GAME NIGHT

FEBRUARY 9, 2024

7:00 P.M. - 9:00 P.M.

Parents bring your children to the Parks and Recreation Facility for a fun night  
of playing classic and current card and board games.

Prizes and light refreshments will be available. Pre-registration is required.



# SPECIAL EVENTS

## 51st ANNUAL South Windsor Parks & Recreation

# E G G H U N T

FRIDAY  
**MARCH  
29**  
2024



**FREE** Fun-filled family event!

**JOIN US AT OUR NEW LOCATION | T.E. Sports Fields**

### HUNT TIMES

**AGE 2 & UNDER**  
10:00 a.m.

**AGE 3**  
10:15 a.m.

**AGE 4**  
10:30 a.m.

**AGE 5 & GRADE K**  
10:45 a.m.

**GRADE 1**  
11:00 a.m.

**GRADE 2**  
11:15 a.m.

**SENSORY FRIENDLY EGG HUNT starts at 9:00am**

Make sure  
to bring  
something  
to collect  
eggs in!!

## KIDS' FAIR

**10:00 a.m. - 12:00 p.m.**

Location: Parks and Recreation Facility

Games, prizes and fun for the entire family! Please bring a non-perishable food item to be donated to the South Windsor Food & Fuel Bank. The Kids' Fair is sponsored by South Windsor Community Women's Club.

Sponsored by



Contact Parks and Recreation for more details at [rec@southwindsor-ct.gov](mailto:rec@southwindsor-ct.gov)

# Charity Alert!



## South Windsor Parks and Recreation



# TRAILS FOR CHARITIES DAY

**We provide support to Charities from start to finish**

SWPRD is dedicated to providing charities an opportunity to host walk/runs within our trail system at Nevers Road Park.

## How it Works

SWPRD Provides:

- Marked 5K Route
- DJ/Entertainment
- Facilities
- Standard Advertising

Charity Provides:

- Own Registration
- Own Timing
- Own Advertising

Groups are responsible for their own registration and timing company if needed. Charities must show proof of 501C-3.

## Contact

South Windsor Parks and Recreation Department

Call to Make an Appointment Today!

860-648-6355 shauna.damon@southwindsor-ct.gov

PLAN YOUR  
FUNDRAISER  
TODAY!

MAY  
19

YOU PICK  
YOUR RACE  
THEME

YOU PICK  
YOUR  
RACE FEE

**LOOKING FOR A FUN JOB THIS SCHOOL YEAR?  
WORK WHERE YOU PLAY! JOIN THE SWPRD TEAM!**



**4TH "R"  
BEFORE & AFTER SCHOOL PROGRAM  
IS HIRING!**

**SITE DIRECTORS,  
PROGRAM LEADERS &  
INCLUSION COUNSELORS**

**STARTING AT  
\$15.50/HOUR  
(NO WEEKEND WORK!)**

**MONDAY - FRIDAY  
AM AND/OR PM  
SHIFTS AVAILABLE!**



**INTERESTED? FILL OUT AN APPLICATION TODAY!  
[RECREATION.SOUTHWINDSOR.ORG](http://RECREATION.SOUTHWINDSOR.ORG) > DEPT INFO >  
EMPLOYMENT OPPORTUNITIES**

**ALL APPLICATIONS AND INQUIRIES CAN BE DIRECTED TO:  
[SHELBY.KOSA@SOUTHWINDSOR-CT.GOV](mailto:SHELBY.KOSA@SOUTHWINDSOR-CT.GOV)**



# BIKING & HIKING EVENTS

# The Great Outdoors

Here are a few special events that will get you out and moving!

## ► Trailblazer Poker Ryed

Sponsored by Labyrinth Brewing Company and South Windsor Walk and Wheel Ways



**Saturday, September 9, 2023**

**Rye St. Park • 10:00 a.m. – 1:00 p.m.**

Our annual Poker Ryed! Five trails, 13 miles, four laps, five or seven cards! Family Friendly routes also available.

This family-friendly event is not a race! All experience levels welcomed. Come and try your luck to create a winning hand! \$15 event fee includes one beer ticket, and one raffle ticket.

Various trails will offer each rider their preferred trail experience, from green trails to diamond. Everyone is welcome to explore the hidden treasure that is Rye Street Park. Experience SWPRD Parks Crew's passion for this park with its unmatched elements such as the eight bridges, six downhills and meandering terrain. The route will consist of single-track.

The best poker hand created by pulling cards at various stops along the trails will win top hand and be awarded a CASH prize. Other prizes and raffles will be available, food available on site.

Pre-registration is required.  
(last rider must start course by 12:30 p.m.)

# BIKING & HIKING EVENTS

## ► South Windsor Walk & Wheel Ways

The South Windsor Walk & Wheel Ways, a subcommittee of Parks & Recreation Commission, is a walking and bicycling volunteer advocacy group. The group is looking for volunteers to promote safe ways to bike, hike, walk and run for recreation or transportation. There are no fees or dues. Monthly meetings are held on the first Wednesday at 7 p.m. of each month at SW Parks & Recreation's new location at 350 Foster Street. Please stop by for a visit to see what they are all about or you can contact them at [swwandww@cox.net](mailto:swwandww@cox.net).

## ► Fall Bike Ride – Adults

**Saturday, September 9, 2023**

**Registration begins at 8:45am**

Ride the East Coast Greenway from South Windsor to Bolton Notch State Park and back. The ride is 26-mile round trip on paved moderately hilly trails. Restrooms are available midway both ways. Bikes must be in good working order, helmets are required, bring water and snacks. The ride departs from the One Church parking lot at 855 Chapel Rd. at 9 a.m. Rain cancels the ride.

## ► Rye Street Park Hike

**Wednesday Morning, September 27, 2023**

Meet us at 10 a.m. at the Rye Street Park parking lot for a 4-mile hike on the mountain bike trail system. There are 8 bridges and six small downhills as the terrain meanders through the hills and valleys hidden in the woods of Rye Street Park. Bring water and snacks. Rain cancels the hike.

## ► Fall Adopt -A- Road Clean-up

**Saturday, October 14, 2023**

**Rain date October 15, 2023**

Join SW Walk & Wheel Ways for a roadside clean-up of Chapel Road. The Adopt-A-Road Program offers groups the opportunity to give back to our community by collecting trash along town owned roads, making them safer and more enjoyable. South Windsor Public Works supplies the trash bags, trash grabbers, safety vests, traffic signs.

Meet us at 1 p.m. at the CREC Academy of International Studies Elementary School parking lot (625 Chapel Rd.) for assignments and equipment. We usually work in groups of two to three people along Chapel Road. Please bring work gloves, water, and wear closed toed shoes. A backpack comes in handy to carry your items and extra trash bags. Children under 12 are not permitted to participate. Youth from ages 12 to 16 **must have a consenting signature of an adult parent or guardian**.

## ► Moonlight Walks

**Saturday, November 25, 2023**

**Friday, January 26, 2024**

**Saturday, February 24, 2024**

Meet at the Rotary Pavilion, 55 Chief Ryan Way at 6:45 p.m. for a 1.5-mile walk through Nevers Park. The walk begins at 7 p.m. All ages are welcome. Please bring a flashlight, family, and friends. If there's snow, snowshoeing and cross-country skiing are both welcomed.

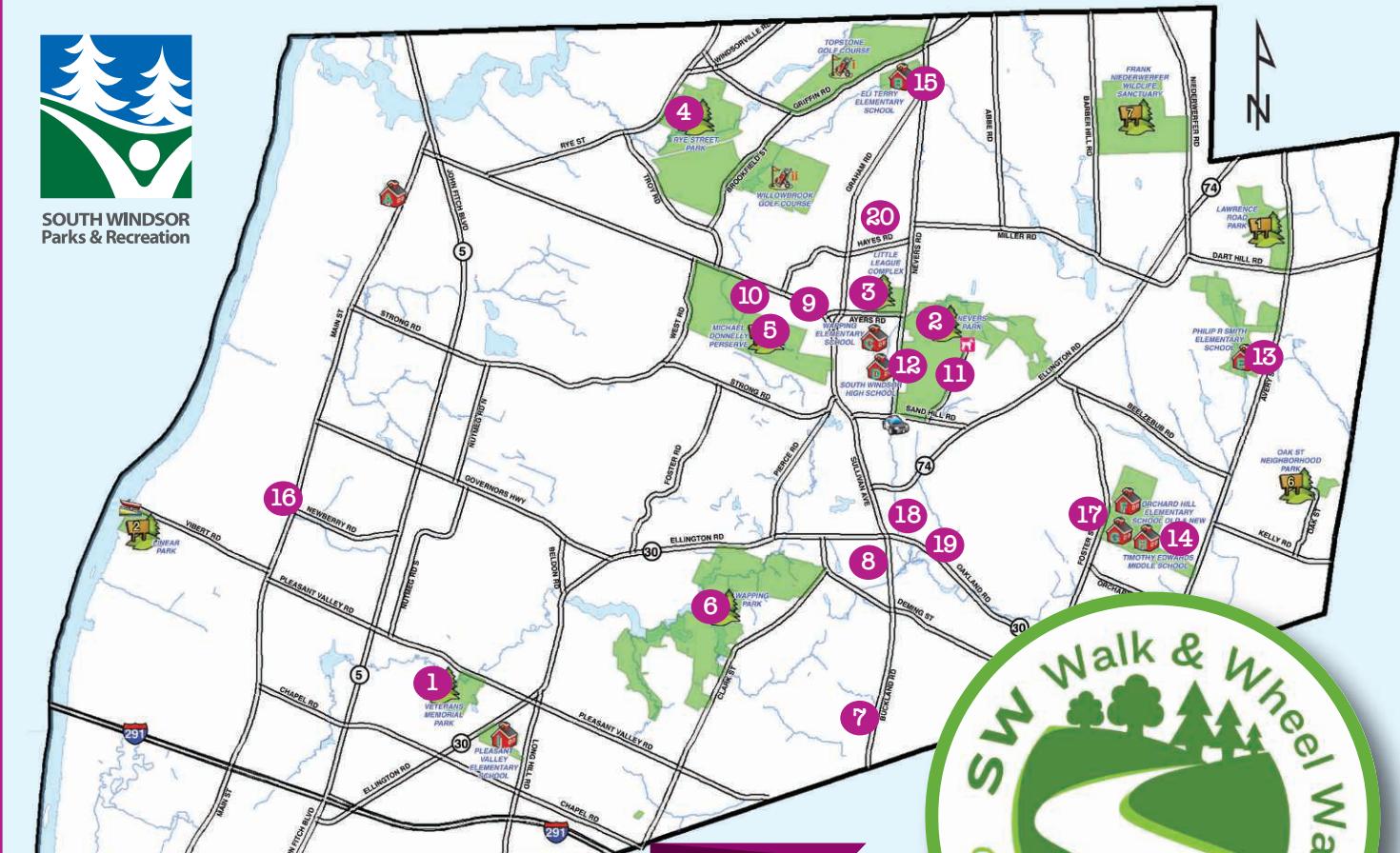
### 4th Grade Bicycle Safety Education Program Seeking Volunteers

Help 4th grade students master bicycle safety skills, hand signals, changing gears, and rules of the road. Volunteers are needed to spot, fit helmets, and assist instructors with the student bike rides in the neighborhood. This program is held in the spring & fall at SW elementary schools. For more information and to volunteer, contact [swwandww@cox.net](mailto:swwandww@cox.net).

Dates for the next classes are during the weeks of September 18th and October 2nd of 2023.



SOUTH WINDSOR  
Parks & Recreation



## Bike Rack Locations



### Parks

#### 1 Veterans Memorial Park

One 3-hoop rack inside pool area.

#### 2 Nevers Park

One 3-hoop rack lower parking lot off Chief Ryan Way.  
One 3-hoop rack at Restroom Facility.

#### 3 Little League Complex

One 3-hoop rack next to Snack Shack.

#### 4 Rye Street Park

One 3-hoop rack near Snack Shack.

#### 5 Michael Donnelly Preserve

One 3-hoop rack.

#### 6 Wapping Park

One 3-hoop rack at parking lot.

### Businesses

#### 7 Evergreen Walk Shops

Three 3-hoop racks. Concert Area, Banana Republic, Clarks.

#### 8 Stop & Shop Grocery Store

One 4-hoop rack.

#### 9 Geisselers Grocery Store

One 4-hoop rack.

#### 10 Dairy Queen

One 4-hoop rack.

### Town Facilities

#### 11 Community Center

Two 3-hoop racks. Boundless Playground

#### 12 South Windsor High School

One 5-hoop rack.

#### 13 Phillip R. Smith Elementary School

One 5-hoop rack.

#### 14 Timothy Edwards Middle School

One 5-hoop rack.

#### 15 Eli Terry Elementary School

One 5-hoop rack.

#### 16 Wood Memorial Library

One rolling rack

#### 17 Parks & Recreation Department

One 5-hoop rack.

#### 18 Town Hall/South Windsor Library

One 5-hoop rack in front of Library

### Churches

#### 19 Wapping Community Church

One 4-hoop rack.

#### 20 St. Margaret Mary Church

One 3-hoop rack.

## Outdoor Options

# Hosting a Party?

Looking for a place to have a  
Birthday Party, Graduation Party,  
Baby or Bridal Shower, or Family Reunion?

Host your party without the hassle of cleaning  
up the house prior to and after the party.

### The Nevers Park Rotary Pavilion

Available from May 1st to Mid-October.  
Available on: Weekdays, 12:00 p.m. to 8:00 p.m.  
Saturdays and Sundays from 9:00 a.m. to 8:00 p.m.

Fees	Resident	Non-resident
Weekday	\$100	\$200
Weekend	\$400	\$600
Non-Profit Weekday	\$100	\$200
Non-Profit Weekend	\$200	\$300

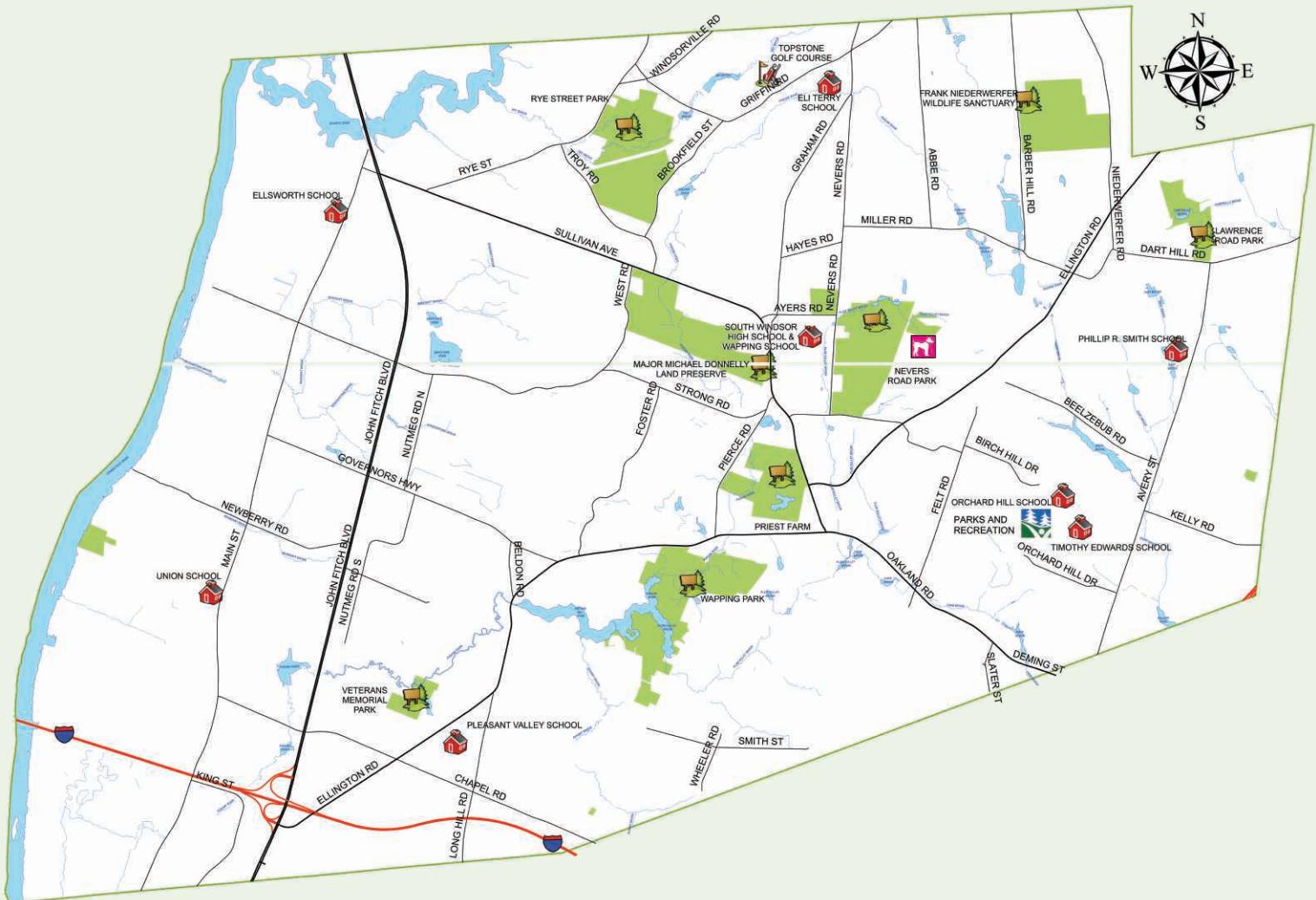
### Veterans Memorial Park Rotary Pavilion

Available from May 1st to Mid-October.  
Available on: Weekdays, 12:00 p.m. to 8:00 p.m.  
Saturdays and Sundays from 9:00 a.m. to 8:00 p.m.  
\* additional fee for access to the pool during normal pool season and hours.

Fees	Resident	Non-resident
Weekday	\$100	\$200
Weekend	\$300	\$500
Non-Profit Weekday	\$100	\$200
Non-Profit Weekend	\$200	\$300



Call us at 860-648-6355 for more  
information and to check availability!



## MAP KEY



**SOUTH WINDSOR**  
Parks & Recreation



### PUBLIC SCHOOLS

Ellsworth, BOE

Eli Terry Elementary

Wapping

South Windsor High School

Philip R. Smith Elementary

New Orchard Hill Elementary

Timothy Edwards Middle School

Pleasant Valley Elementary



### PRIVATE GOLF COURSES

Topstone



### DOG PARK



### PARKS



Parks and Recreation Facility



**SOUTH WINDSOR**  
Parks & Recreation

# Enjoy Our Beautiful Parks

## LAWRENCE ROAD PARK:

Located on Lawrence Road in the northeast corner of town, this 42.84 acre property is a work-in-progress and features passive opportunities for walking & hiking a 1+ mile trail system, bird-watching, and fishing. Future plans include a playground, fishing dock, small open spaces and picnic groves.

## LINEAR PARK:

Located at the end of Vibert Road on the banks of the CT River this 1,500-foot-long section of shoreline was created by the granting of easements by local landowners and adjoins town-owned property with a public boat launch for small craft. Visitors may be lucky enough to observe foxes, great blue herons, kingfishers, rabbits, raccoons or ospreys. Limited public parking available. Please, no littering, hunting, or collecting allowed and remember to take only pictures and leave only footprints!

## MICHAEL DONNELLY PRESERVE:

115.5 acres located on Sullivan Avenue, this conservation area established in 2002 includes two small parking lots, 2.1 miles of trails connecting the main entrance to the east on Sullivan Ave. to a secondary access point to the west side of the property on West Road, an observation/picnic gazebo, fishing pond stocked with blue gill and large mouth bass and lots of wildlife to observe and enjoy from blinds provided on site. Please respect the resident wildlife and habitat and remember to take only pictures, leave only footprints!

## NEVERS PARK:

137 acres located on the corner of Sand Hill and Nevers Road. Facilities include the Community Center with parking for 152 cars; Rotary Pavilion complete with kitchen and restrooms (available for rent); 2+ miles of hiking trails; softball area; 2 baseball fields (1, Rotary Field, with lights and a press box/concession/ restroom facility); 1 Indoor Batting Facility with 2 tunnels; 2 horseshoe pits; sand volleyball court; 3 regulation soccer/lacrosse fields and 1 junior soccer field; the 20,000-square-foot "My Friend's Place" Boundless Playground, Kevin's Court, and the "Chief Gary K. Tyler Memorial Bark Park" – fully enclosed 1.1 acre off-leash exercise area for canines – complete with a 30,000-square-foot area for large dogs and a separate area for small dogs with another 18,000 square feet, water fountains, benches, obstacles and lights allowing evening use up until 9 p.m.

## OAK STREET NEIGHBORHOOD PARK:

4.9 acres located on Oak Street, this neighborhood park features a full-size basketball court. There are no provisions for public parking.

## LITTLE LEAGUE COMPLEX:

14 acre athletic complex at the corner of Ayers and Nevers Roads hosts 1 youth/women softball field; 3 little league baseball fields (one with lights); 1 regulation baseball field; 2 outdoor batting cages; one enclosed batting cage; concession/restroom/storage building; and paved parking for 70 vehicles.

## FRANK NIEDERWERFER WILDLIFE SANCTUARY

(formerly Pudim Property):

117 town-owned acres adjoined by 42 acres of state land with access from Barber Hill and Niederwerfer Roads. Facilities include a hill for sledding, cross country skiing and a wildlife sanctuary with 2.5 miles of marked trails. Please respect the resident wildlife and habitat and remember to take only pictures, leave only footprints! Limited parking on Niederwerfer Road.

## RYE STREET PARK:

161.5 acres located on Rye Street. Facilities include: 2 softball fields (1 with lights), playground; picnic areas; basketball court; 3 intermediate soccer fields; 8 pickleball courts; 1 regulation soccer field; 2 combination lacrosse/football field (1 with lights), a concession/storage/restroom facility, 4 mile mountain bike trail system and parking for 126 vehicles.

## VETERANS MEMORIAL PARK:

16.3 acres located on Pleasant Valley Road, west of the intersection with Ellington Road. This seasonal facility includes: a large recreational pool with zero depth and stair entries, and a diving well; an 8 lane, 25 yard competitive pool with handicap lift; a toddler pool with zero depth entry and a maximum 2.5 foot depth; picnic tables; concession stand providing a variety of beverages and snacks; ample restrooms; drinking fountains; showers; open play field and Rotary Pavilion complete with kitchen and restrooms (available for rent). Ample public parking.

## WAPPING PARK:

180 acres located on Clark Street. A 2.5 mile trail system with bridges, boardwalks and bird blinds takes hikers through open meadows, pine and hardwood forests, shallow marshes, vernal pools and the Podunk River. Public parking available at the lot on Clark Street and our new parking lot on Ellington Road. Please respect the resident wildlife and habitat and remember to take only pictures, leave only footprints!



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Parks & Recreation

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**Register online for activities starting August 16th!**

[recreation.southwindsor.org](http://recreation.southwindsor.org)