National Health and Nutrition Examination Survey

2015-2016 Data Documentation, Codebook, and Frequencies

Dietary Interview - Total Nutrient Intakes, First Day (DR1TOT_I)

Data File: DR1TOT_I.xpt

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Component Description

The objective of the dietary interview component is to obtain detailed dietary intake information from NHANES participants. The dietary intake data are used to estimate the types and amounts of foods and beverages (including all types of water) consumed during the 24-hour period prior to the interview (midnight to midnight), and to estimate intakes of energy, nutrients, and other food components from those foods and beverages. Following the dietary recall, participants are asked questions on salt use, whether the person's overall intake on the previous day was much more than usual, usual or much less than usual, and whether the participant is on any type of special diet. Questions on frequency of fish and shellfish consumed during the past 30 days are asked of participants 1 year or older, with the use of proxies for young children (see the MEC In-Person Dietary Interviewers Procedures Manual for more information on the proxy interview).

The dietary interview component, called What We Eat in America (WWEIA), is conducted as a partnership between the U.S. Department of Agriculture (USDA) and the U.S. Department of Health and Human Services (DHHS). Under this partnership, DHHS' National Center for Health Statistics (NCHS), Division of Health and Nutrition Examination Surveys is responsible for the survey sample design and all aspects of data collection and USDA's Food Surveys Research Group (FSRG) is responsible for the dietary data collection methodology, maintenance of the databases used to code and process the data, and data review and processing.

All NHANES participants are eligible for two 24-hour dietary recall interviews. The first dietary recall interview is collected in-person in the Mobile Examination Center (MEC) and the second interview is collected by telephone 3 to 10 days later.

As in previous years, two types of dietary intake data are available for the 2015-2016 survey cycle: Individual Foods files and Total Nutrient Intakes files.

What's New with the 2015-2016 WWEIA Release:

In the Total Nutrient files, the variables DR1MNRSP, DR2MNRSP, which indicate the main respondent, and the variables DR1HELPD and DR2HELPD, which indicate the person whom helped with the interview, were deleted. The new variables DR1MRESP, DR2MRESP, DR1HELP, and DR2HELP were added to indicate the main respondent and the person whom helped with the interview. **Appendix 1** provides a summary of changes among the 5 latest cycles of data collection.

Dietary Interview Data Files: Four data files were produced from the information collected in the dietary interviews: two Individual Foods files and two Total Nutrient Intakes files. Each file includes one day of intake data. The number "1" or "2" in the file name identifies the day (and mode) of the interview: 1 =first day (in-person), 2 =second day (phone). File names are as follows:

File Names for Dietary Interview Data:

| File | Day 1 | Day 2 | |
|-----------------------------|----------|----------|--|
| Individual Foods File | DR1IFF_I | DR2IFF_I | |
| Total Nutrient Intakes File | DR1TOT_I | DR2TOT_I | |

The amounts in these files reflect only nutrients obtained from foods, beverages, and water, including tap and bottled water. They do not include nutrients obtained from dietary supplement intakes, antacids, or medications. Data on intake of dietary supplement use are available on the NHANES 2015-2016 Dietary Data page.

Individual Foods Files (DR1IFF_I and DR2IFF_I): Detailed information about each food/beverage item (including the description, amount of, and nutrient content) reported by each participant is included in the Individual Foods files. The names for both Day 1 and Day 2 variables are listed in Appendix 2.

The Individual Foods files include, for each interview day, one record for each food/beverage consumed by a participant. Each record is uniquely numbered within a participant's set of records and contains the information listed below:

- Number of days of complete intake obtained from participant
- Day of the week of the intake
- Whether the food/beverage was eaten in combination with other foods, such as in a sandwich
- Time of eating occasion when the food was eaten
- Eating occasion name
- Where the food/beverage was obtained
- Whether the meal/snack was eaten at home or not
- A USDA FNDDS code identifying the food/beverage
- Amount of food/beverage consumed, in grams
- Food energy and 64 nutrients/food components (listed in Appendix 3) from each food/beverage as calculated using USDA's Food and Nutrient Database for Dietary Studies 2015-2016 (FNDDS 2015-2016)

Descriptions for the USDA FNDDS food codes are provided in the Food Code Description file (DRXFCD_I). The DRXFCD_I file includes abbreviated descriptions (up to 60 characters) and complete descriptions (up to 200 characters) associated with each USDA food code in the FNDDS 2015-2016. **Appendix 4** provides SAS code examples that may be used to link the food code description to the Individual Foods file.

Total Nutrient Intakes Files (DR1TOT_I and DR2TOT_I): For each participant, daily total energy and nutrient intakes from foods and beverages, and whether the amount of food consumed was usual, much more than usual, or much less than usual, are included in the Total Nutrient Intakes files. The Day 1 file also includes information on salt use in cooking and at the table; whether the participant is currently on any kind of diet to lose weight or for another health-related reason and, if so, the type of diet; and information on frequency of fish and shellfish consumption for participants aged 1 or older. The names for both Day 1 and Day 2 variables are listed in **Appendix 5**.

The Total Nutrient Intakes files provide a summary record of total nutrient intakes for each individual. Each total intake record contains the following information:

- Number of days of complete intake obtained from participant
- Day of the week of the intake
- Type of salt used and how often added at the table and in food preparation (Day 1 file only)
- Use of salt at the table yesterday and the type of salt used

- Whether the participant is currently on any kind of diet to lose weight or for other healthrelated reason and, if so, the type of diet (Day 1 file only)
- Total number of foods and beverages including water reported for that participant for that day's intake
- Daily aggregates of food energy and 64 nutrients/food components (listed in Appendix 3) from all foods/beverages as calculated using USDA's Food and Nutrient Database for Dietary Studies 2015-2016 (FNDDS 2015-2016)
- Whether the amount of food consumed was usual, much more than usual, or much less than usual
- Total amount of tap and bottled water consumed (calculated as the sum of reports of water drunk by itself in the 24-hour recall) and the usual source of tap water (e.g., community supply, well or rain cistern, spring, etc.)
- Frequency of fish and shellfish consumption in the past 30 days (participants one year or older, Day 1 file only)

Eligible Sample

All NHANES participants are eligible for the dietary interview component. However, only participants one year or older are eligible for the frequency of fish and shellfish consumption questions following the 24-hour recall.

Protocol and Procedure

The examination protocol and data collection methods are fully documented in the NHANES dietary interviewer procedures manuals (In-person interview and phone follow-up interview).

Interviews were conducted for participants less than six years of age with a proxy (who was generally the person most knowledgeable about the participant's intake). Interviews of children ages 6 to 8 were conducted with a proxy and the child present to assist in reporting intake information. Interviews of children ages 9-11, were conducted with the child and the assistance of a proxy familiar with the child's intake. Participants 12 years or older answered for themselves. Dietary interviewers conducted in-person interviews in English and Spanish. Translators were used to conduct interviews in other languages.

The in-person interview was conducted in a private room in the NHANES MEC. A set of measuring guides (various glasses, bowls, mugs, bottles, household spoons, measuring cups and spoons, a ruler, thickness sticks, bean bags, and circles) was available in the MEC dietary interview room for the participant to use for reporting amounts of foods (NHANES Measuring Guides for the Dietary Recall Interview). Upon completion of the in-person interview, participants were given measuring cups, spoons, a ruler, and a food model booklet, which contained two-dimensional drawings of the various measuring guides available in the MEC, to use for reporting food amounts during the telephone interview. Telephone dietary interviews were collected 3 to 10 days following the MEC dietary interview and were generally scheduled on a different day of the week as the MEC interview. Only a small number of participants (n=120) were interviewed on the same day of the week for both day 1 and day 2 interviews due to their scheduling availability. Any participant who did not have a telephone was given a toll-free number to call so that the recall could be conducted.

What We Eat in America data were collected using USDA's dietary data collection instrument, the Automated Multiple Pass Method (AMPM) (http://www.ars.usda.gov/nea/bhnrc /fsrg). The AMPM was designed to provide an efficient and accurate means of collecting intakes for large-scale national surveys. The AMPM is a fully computerized recall method that uses a 5-step interview outlined below:

- 1. **Quick List** Participant recalls all foods and beverages consumed the day before the interview (midnight to midnight).
- 2. **Forgotten Foods** Participant is asked about consumption of foods commonly forgotten during the Quick List step.

- 3. Time and Occasion Time and eating occasion are collected for each food.
- 4. Detail Cycle For each food, a detailed description, amount eaten, and additions to the food are collected. Eating occasions and times between eating occasions are reviewed to elicit forgotten foods.
- 5. Final Probe Additional foods not remembered earlier are collected.

The AMPM includes an extensive compilation of standardized food-specific questions and possible response options. Routing of questions is based on previous responses. The AMPM is updated for each 2-year collection of WWEIA to reflect the changing food supply and to address research needs from the data user community. Additional information about the AMPM is provided in Raper et al. (Raper et al., 2004).

The AMPM was validated in a large study and shown to be an effective method for collecting accurate group energy intake of adults. Completed in 2004, this extensive research project included 524 healthy, weight-stable volunteers, aged 30-69 years. The accuracy of the AMPM was evaluated by comparing reported energy intake (EI) to total energy expenditure (TEE) using the doubly labeled water technique (Moshfegh et al., 2008). Among the findings were that EI compared to TEE was under-reported by 11% overall, by less than 3% for normal weight subjects with body mass index (BMI) < 25 and 16% for overweight subjects with BMI \geq 25.

Additional studies provide evidence that the AMPM accurately measures group energy intake. Blanton (Blanton et al., 2006) reported that EI was not significantly different from TEE for a sample of 20 adult females. Rumpler and colleagues found that mean EIs were accurately reported for a sample of 12 adult males (Rumpler et al., 2008).

Additional evidence for the accuracy of AMPM has been provided by analysis of the 24-hour urinary sodium data collected in the AMPM Validation Study, which suggest the AMPM is a valid measure for estimating mean sodium intake in adults. Dietary sodium intake calculated from 24-hour recall data of 465 subjects collected via AMPM was compared with sodium values from 24-hour urine collections measured during the same 24-hour period. The AMPM-derived mean dietary sodium estimates reflected over 90% of the biomarker-based estimates (Rhodes et al., 2013).

For additional information about the dietary interview component and related survey protocols, please go to the Survey Operations Manuals site.

Quality Assurance & Quality Control

All dietary interviewers were required to complete an intensive one-week training course and to conduct supervised practice interviews before working independently in the field. Retraining sessions were conducted annually to reinforce the proper protocols and technique.

Interviewers were monitored throughout the data collection period. Monitoring consisted of the following:

- Reviews of audio recorded interviews or in-person observations were conducted for approximately 5% of each interviewer's work.
- Interviews were checked for completeness of the recalls, missing information, inconsistent reports, and unclear notes. Written notification and feedback were provided to the interviewers.

Data Processing and Editing

Interview data files were sent electronically from the field and were imported into Survey Net, a computer-assisted food coding and data management system developed by USDA (Raper et al., 2004).

USDA's Food and Nutrient Database for Dietary Studies (FNDDS) 2015-2016 was used for

processing the 2015-2016 intakes (http://www.ars.usda.gov/nea/bhnrc/fsrg). The FNDDS includes comprehensive information that can be used to code individual foods/beverages and portion sizes reported by participants and also includes nutrient values for calculating nutrient intakes. FNDDS nutrient values are updated for every 2-year WWEIA, NHANES release cycle. The basis for the nutrient values in FNDDS are detailed in the documentation for FNDDS 2015-2016 available at http://www.ars.usda.gov/nea/bhnrc/fsrg.

Coders were required to pass a certification test after the initial training. They were routinely monitored to ensure the quality and completeness of their work. Approximately 10 percent of the coder's work was randomly selected to be independently coded by another coder. Results from the two codings were compared and adjudicated, if necessary.

After intake data were coded, various types of reviews and quality assurance procedures were conducted by FSRG scientists to ensure the quality of the data. Examples of reviews include the following:

- Interviewers' and coders' questions and comments were reviewed to ensure that they have been addressed.
- Decisions made by coders about how to code new or unusual foods/beverages or quantities reported by participants were reviewed by FSRG scientists. Items of question were resolved by FSRG scientists.
- Specific data integrity checks for reasonableness, consistency, and logic were conducted.

Analytic Notes

Each Individual Foods file (Day 1 and Day 2) is comprised of food records. For most participants, there are multiple records in each file. For each Total Nutrient Intakes file (Day 1 and Day 2) there is one record for each participant. These files can be linked with other NHANES files by the respondent sequence number (SEQN).

Variable names: For data collected on both Day 1 and Day 2, variable names are differentiated by having the number "1" or "2" in the third position of the variable name to identify the collection day. For example, the USDA food code variable (in the Individual Foods File), which identifies the food reported by the participant, is named DR1IFDCD in the Day 1 file and DR2IFDCD in the Day 2 file. Appendices 2 and 5 list the Day 1 and Day 2 variable names for the Individual Foods file and the Total Nutrient Intakes file, respectively.

Names for the following variables are the same for both days in the Individual Foods file and the Total Nutrient Intakes file:

| Variables with the | Day 1 and Day 2 variable name | Label |
|----------------------|-------------------------------|--------------------------------|
| Same | SEQN | Respondent sequence number |
| Name for Both | WTDRD1 | Dietary day one sample weight |
| Days in the | WTDR2D | Dietary two-day sample weight |
| Dietary Interview | DRABF | Breast-fed infant (either day) |
| Files | DRDINT | Number of days of intake |

Number of days of intake: A variable has been included to indicate the number of days of intake collected from each participant. The variable name is DRDINT. In 2015-2016, 8,506 participants provided complete dietary intakes for Day 1. Of those providing the Day 1 data, 7,027 provided complete dietary intakes for Day 2.

Dietary recall status code: A status code (DR1DRSTZ or DR2DRSTZ) is used in both the Individual Foods and Total Nutrient Intakes files to indicate the quality and completeness of a survey participant's response to the dietary recall section. The codes are the following:

1 = Reliable and met the following minimum criteria:

- The first 4 steps of the 5-step AMPM completed.
- Food/beverages consumed for each reported eating occasion identified.

For individuals with a code 1, all relevant variables associated with the 24-hour dietary recall contain a value.

2 = Not reliable or did not meet the minimum criteria

Individuals with a code 2 have incomplete records. No data on total nutrient intakes and the total number of foods reported are provided for these cases. These individuals have no records in the Individual Foods files.

- 3 [Code 3 is not included in the current datasets. It was only used for data from the 1999-2000 survey cycle.]
- 4 = Reported consuming breast milk

For infants and children who consumed human milk, there is a record in the Individual Foods files for each report of human milk. However, because amounts of human milk intake are not quantified, these records contain missing values for the amount consumed and for the amounts of energy and nutrients from human milk. Also, records of human milk have a missing value for the food source variable (DR1FS, DR2FS) and the eaten at home variable (DR1_040Z, DR2_040Z) in the Individual Foods files. Records for any other foods and beverages consumed by breast-fed infants and children are included in the Individual Foods files along with their amounts and nutrient information. Because of the missing amount or quantity information for human milk, no total nutrient intakes (contained in the Total Nutrient Intakes files) were computed for participants with a code 4.

A variable that identifies breast-fed children, DRABF, is included. This variable has a code of 1 if a child consumed human milk in either intake day.

5 = Not done

This code is assigned when the dietary recall section of the interview did not take place due to various reasons (such as arrived late/left early, refusal, illness, emergency, or equipment failure). These individuals have no records in the Individual Foods files. These individuals have a record in the Total Nutrients file with values only for the following variables: the respondent sequence number (SEQN), the dietary recall status code (DR1DRSTZ or DR2DRSTZ) and for participants one year or older, the fish and shellfish questions in the DR1TOT_I file (DRD340, DRD350A-K, DRD350AQ-JQ, DRD360, DRD370A-V, and DRD370AQ-UQ).

Only codes 1 and 4 appear in the Individual Foods file.

Distinguishing Between Foods/Beverages and Dietary Supplements in NHANES

The 24-hour dietary supplement use component is administered after the 24-hour dietary recall. All NHANES participants responding to the 24-hour dietary recall interview are eligible for the dietary supplement and non-prescription antacid use questions. Information is obtained on all vitamins, minerals, herbals, and other dietary supplements as well as non-prescription antacids that were consumed during a 24-hour time period (midnight to midnight), including the name and the amount of supplement or antacid taken.

Distinguishing between foods/beverages and supplements can be challenging. NCHS and FSRG review questionable items reported in the dietary supplement and dietary recall components to resolve disposition of these items into the appropriate component. Products that are labeled as a dietary supplement, that have a supplement facts panel on the label, and are in tablets, capsules, softgels, gelcaps, or other pill forms, are considered dietary supplements. Items that are powders or liquids can be hard to distinguish. General guidelines used state that if powders and liquid concentrates have product directions stating that they be added to a liquid, they are classified as beverages. Examples are teas and protein powders. An exception is made for fiber products, which are classified as dietary supplements. Along this same guideline, energy drinks are considered beverages, but "energy shot" type products are considered dietary supplements.

It is best to refer to the two databases that detail every food/beverage and dietary supplement reported in NHANES to identify exact determination used. The databases are:

- 2015-2016 Food and Nutrient Database for Dietary
- NHANES Dietary Supplement Database

Participants who reported consuming only water, no food or other beverages: Records are included in the Individual Foods file for participants who consumed only water. There are 5 such individuals in the 2015-2016 datasets, none in the Day 1 data and 5 in the Day 2 data. Their dietary recall status variable for the day is coded as "1" (complete and reliable) in the Total Nutrients file and the total number of items is the number of times water was reported. Individuals with just water intake and no food intake will have zero energy intake for the day.

Participants who reported consuming no water, food or other beverages: There can be participants whose intakes are determined to be complete even though they reported no water, food, or other beverage records for the day. For such participants there are no records in the Individual Foods file but their dietary recall status is coded as complete and reliable and the Total Nutrients file will include records with zero values for all nutrients. In the 2015-2016 datasets, there is 1 individual in the day 1 data that reported no water, food, or other beverage records for the day.

Number of days between the intake day and the day of family interview: Each of the four intake files includes a variable (DR1DBIH for Day 1 files and DR2DBIH for Day 2 files) to indicate the number of days between the intake day (i.e., the period covered by the 24-hour recall) and the day that the family questionnaire was administered in the household. A positive value in DR1BHIH or DR2BHIH indicates the family interview occurred prior to the intake day. In the survey, most of the family interviews were done before the participant came to the MEC and participated in the dietary interview. A value of "0" in DR1BHIH or DR2BHIH indicates the family interview occurred on the same date as the intake day. A negative value (i.e., DR1BHIH<0 or DR2BHIH<0) means that the family interview occurred after the intake day.

Food source: The source from which each food/beverage was obtained (e.g., from a store, fast food restaurant, cafeteria) is identified by the variables DR1FS (day 1) and DR2FS (day 2) in the Individual Foods files.

The code descriptions for this variable are:

Code
Descriptions
for Source
of Food
Variable

| Code | Description | |
|------|--|--|
| 1 | Store grocery/supermarket | |
| 2 | Restaurant with waiter/waitress | |
| 3 | Restaurant fast food/Pizza | |
| 4 | Bar/Tavern/Lounge | |
| 5 | Restaurant, no additional information | |
| 6 | Cafeteria NOT in a K-12 school | |
| 7 | Cafeteria in a K-12 school | |
| 8 | Child/Adult care center | |
| 9 | Child/Adult home care | |
| 10 | Soup kitchen/shelter/food pantry facility | |
| 11 | Meals on Wheels Program | |
| 12 | Community food program – other | |
| 13 | Community program, no additional info | |
| 14 | Vending machine | |
| 15 | Common coffee pot or snack tray | |
| 16 | From someone else/gift | |
| 17 | Mail order purchase | |
| 18 | Residential dining facility | |
| 19 | Grown or caught by you or someone you know | |
| 20 | Fish caught by you or someone you know | |
| 24 | Sport, recreation, or entertainment | |
| 25 | Street vendor, vending truck | |
| 26 | Fundraiser sales | |
| 27 | Store - convenience type | |
| 28 | Store - no additional information | |
| 91 | Other, specify | |

Eating occasion: The variables DR1_030Z and DR2_030Z are located in the Individual Foods file. The code descriptions for the eating occasion variables are shown in the table below.

| Code |
|---------------------|
| Descriptions |
| for Eating |
| Occasion |
| Variable |

| Code | Description | | |
|------|----------------------|--|--|
| 1 | Breakfast | | |
| 2 | Lunch | | |
| 3 | Dinner | | |
| 4 | Supper | | |
| 5 | Brunch | | |
| 6 | Snack | | |
| 7 | Beverage/Drink | | |
| 8 | Feeding-infant only | | |
| 9 | Extended consumption | | |
| 10 | Desayuno | | |
| 11 | Almuerzo | | |
| 12 | Comida | | |
| 13 | Merienda | | |
| 14 | Cena | | |
| 15 | Entre comida | | |
| 16 | Botana | | |
| 17 | Bocadillo | | |
| 18 | Tentempie | | |
| 19 | Bebida | | |
| 91 | Other | | |

Eating occasion was designated by the respondent. During the interview, a list of eating occasion names was available to the respondent for selection. However, eating occasion names were not defined for the respondent.

Foods and beverages coded as part of a combination: 39 percent of foods and beverages reported in WWEIA, NHANES 2015-2016 were identified as items consumed together as combinations. Items consumed as a combination were identified by one of fifteen unique "combination food types." Foods and beverages not coded in combination have the code "0" for the combination food type variable.

The combination types provide a linkage for:

- Foods or beverages with additions, such as cereal with milk, coffee with cream;
- Multi-component foods that have specific protocol for collection such as some salads and sandwiches (primarily those that are not from fast food establishments); and
- Other combinations that do not have a unique code in the FNDDS.

| Combination |
|------------------|
| Type, Code, |
| Examples, |
| and Percent |
| of Food and |
| Beverages |
| Reported by |
| Type, |
| 2015-2016, |
| Day 1 |
| _ |

| Combination Type | Code | Examples of Combination Type | % Items |
|---|--|--|------------|
| Not in combination | 0 | NA | 61 |
| Beverage w/ additions | 1 | Coffee, tea with: milk, cream, sugar. Infant formula with: baby cereal. | 8 |
| Cereal w/ additions | 2 | Cereals (ready-to-eat, cooked, baby) with: milk, sugar, fruit, butter. | 4 |
| Bread/baked product w/additions | | | 4 |
| Salad | 4 | Components of salads that do not have a single code in FNDDS. It may also designate additional items to single code salads. | 4 |
| Sandwiches | 5 | Components of sandwiches that do not have a single code in FNDDS. It may also designate additional items added to single code sandwiches. | 7 |
| Soup | 6 | Soup with: crackers, croutons, cheese. | |
| Frozen meals | additions to the meal. eam/ frozen 8 Ice cream with: syrup, nuts, toppings. | | <1 |
| Ice cream/ frozen yogurt w/ additions | | | <1 |
| Dried beans or Vegetable w/ additions | 9 | French fries, potatoes with: catsup, gravy, butter, toppings. Beans with: sauce, butter. | 3 |
| Fruit w/ additions | 10 | Fruit with: toppings, milk, honey. Components of fruit mixtures or salads that do not have a single code in FNDDS. | 1 |
| Tortilla products | 11 | Components of tacos and tortilla products that do not have a single code in FNDDS. It may also designate additional items to single code tacos or tortilla products. | 2 |
| Meat, Poultry, Fish | 12 | Meat, poultry, fish with: gravy, sauce, and condiments. | 2 |
| Lunchables® | 13 | Components of pre-packaged lunch kits. | <1 |
| Chips w/ additions | 14 | Potato chips, corn chips with: dip, cheese, salsa. | 1 |
| Other mixtures | 90 | Rice, pasta, spaghetti, eggs, other mixtures with: butter, gravy, sauce, condiments. | 4 |

All items given a combination food type are given an additional variable to identify each of the items within the combination. This variable is the "combination food number" that is unique to the combination food type within the individual intake.

| Variable Labels and | Combination Coding | Variable Name, Day 1 | Variable Name, Day 2 |
|------------------------|-------------------------|----------------------|----------------------|
| Names for | Combination food type | DR1CCMTX | DR2CCMTX |
| Combination Coding | Combination food number | DR1CCMNM | DR2CCMNM |

The What We Eat in America Food Categories, available on the FSRG website (http://www.ars.usda.gov/nea/bhnrc/fsrg), is a grouping scheme that combines foods and beverages together that have similar usage and nutrient content with the emphasis on how they are commonly consumed in the American diet. There are approximately 150 unique

categories and each is assigned a 4-digit number and description. The WWEIA Food Categories contain discrete food items and are not disaggregated (e.g., pizza vs. grain, cheese, tomatoes, etc.). Designed to be flexible, the categories can be combined as needed to address specific research questions. A new version of the WWEIA Food Categories is produced for each 2-year release cycle of WWEIA, NHANES.

Special diet: Information on whether the participant is currently on any kind of diet to lose weight or for other health-related reason and, if so, the type of diet, was provided. The variable DRQSDIET identifies whether a participant was on a special diet. The variables DRQSDT1 through DRQSDT12 and DRQSDT91 identify the type of diet or diets that the participant was following. These variables can be found in the Total Nutrient Intakes file.

Sample weights for dietary intake data: The NHANES participants were selected on the basis of a national probability design. In order to increase the number of participants for specific demographic groups, a multi-stage, unequal probability of selection design was implemented. Beginning with the 2011-2012 data collection the NHANES sample design includes an oversample of Asian Americans.

Sample weights are constructed that encompass the unequal probabilities of selection, as well as adjustments for non-participation by selected sample persons. In order to produce national, representative estimates, the appropriate sample weights must be used.

For NHANES 2015-2016, there were 15,327 persons selected; of these 9,544 were considered participants to the MEC examination and data collection. A total of 8,506 MEC participants provided complete dietary intakes for Day 1, and of those providing the Day 1 data, 7,027 provided complete dietary intakes for Day 2.

Most analyses of NHANES data use data collected in the MEC and the variable WTMEC2YR should be used for the sample weights. However, for the WWEIA dietary data, different sample weights are recommended for analysis. Although attempts are made to schedule MEC exams uniformly throughout the week, proportionally more exams occur on weekend days than on weekdays. Because food intake can vary by weekdays and weekends, use of the MEC weights disproportionately represents intakes on weekends.

A set of weights (WTDRD1) is provided that should be used when an analysis uses the Day 1 dietary recall data (either alone or when Day 1 nutrient data are used in conjunction with MEC data). The set of weights (WTDRD1) is applicable to the 8,506 participants with Day 1 data. Day 1 weights were constructed by taking the MEC sample weights (WTMEC2YR) and further adjusting for (a) the additional non-response and (b) the differential allocation by weekdays (Monday through Thursday), Fridays, Saturdays and Sundays for the dietary intake data collection. These Day 1 weights are more variable than the MEC weights, and the sample size is smaller, so estimated standard errors using Day 1 data and Day 1 weights might be larger than standard errors for similar estimates based on MEC weights.

When analysis is based on both days of dietary intake, only 7,027 sample participants have complete data. The NHANES protocol requires an attempt to collect the second day of dietary data at least 3 days after the first day, but the actual number of days between the two interviews is variable. A set of adjusted weights, WTDR2D, is to be used when an analysis uses the smaller sample with completed Day 1 and Day 2 dietary data. This two-day weight was constructed for the 7,027 participants by taking the Day 1 weights (WTDRD1) and further adjusting for (a) the additional non-response for the second recall and (b) for the proportion of weekend (Friday through Sunday) and weekday (Monday through Thursday) combinations of Day 1 and Day 2 recalls.

Note that all sample weights are person-level weights and each set of dietary weights should sum to the same overall population control total as the MEC weights (WTMEC2YR). In addition, the MEC weights (WTMEC2YR) are appropriate for use in the analysis of the fish and shellfish consumption data (i.e., variables DRD340, DRD350A-K, DRD350AQ-JQ DRD360, DRD370A-V, and DRD370AQ-UQ) located in the Day 1 Total Nutrient Intake File (DR1TOT_H), if no other dietary data are included in the analysis. Additional explanation of sample weights and appropriate uses are included in the NHANES Analytic Guidelines. Please also refer to the on-line NHANES Tutorial for further details on other analytic issues.

References

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Codebook and Frequencies

SEQN - Respondent sequence number

Variable Name: SEQN

SAS Label: Respondent sequence number

English Text: Respondent sequence number.

Target: Both males and females 0 YEARS - 150 YEARS

WTDRD1 - Dietary day one sample weight

Variable Name: WTDRD1

SAS Label: Dietary day one sample weight

English Text: Dietary day one sample weight

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|--------------------------------|--|-------|------------|------------------|
| 1974.178694 to 454277.71731 | Range of Values | 8506 | 8506 | |
| 0/ | Day 1 dietary recall not done/incomplete | 1038 | 9544 | |
| <u>/</u> | Missing | 0 | 9544 | |

| remove |
|--------|
| |
| |
| |
| |
| |
| |
| |

WTDR2D - Dietary two-day sample weight

Variable Name: WTDR2D

SAS Label: Dietary two-day sample weight

English Text: Dietary two-day sample weight

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|--------------------------------|--|-------|------------|-----------------|
| 1663.514111 to 579148.95623 | Range of Values | 7027 | 7027 | |
| 0 | Day 2 dietary recall not done/incomplete | 1479 | 8506 | |
| , | Missing | 1038 | 9544 | |

DR1DRSTZ - Dietary recall status

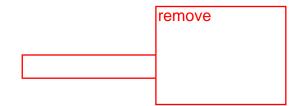
Variable Name: DR1DRSTZ

SAS Label: Dietary recall status

English Text: Dietary recall status

Target: Both males and females 0 YEARS - 150 YEARS

| | Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---|------------------|--|-------|------------|-----------------|
| 7 | 1 | Reliable and met the minimum criteria | 8327 | 8327 | |
| | 12 | Not reliable or not met the minimum criteria | 110 | 8437 | |
| | 4 | Reported consuming breast-milk | 179 | 8616 | |
| | 5/ | Not done | 928 | 9544 | |
| | | Missing | 0 | 9544 | |



DR1EXMER - Interviewer ID code

Variable Name: DR1EXMER

SAS Label: Interviewer ID code

English Text: Interviewer ID code

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 14 to 91 | Range of Values | 8616 | 8616 | |
| | Missing | 928 | 9544 | |

DRABF - Breast-fed infant (either day)

DRABF Variable Name:

SAS Label: Breast-fed infant (either day)

Indicates whether the sample person was an infant who was breasted on either of the two recall days. **English Text:**

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Descri | iption | Count | Cumulative | Skip to I tem |
|---------------|--------------|--------|-------|------------|---------------|
| 1 | Yes | | 180 | 180 | |
| 2 | No | | 8326 | 8506 | |
| | Missing | | 1038 | 9544 | |

DRDINT - Number of days of intake

Variable Name: DRDINT

SAS Label: Number of days of intake

English Text: Indicates whether the sample person has intake data for one or two

days.

Target: Both males and females 0 YEARS - 150 YEARS

| | Code or Value | Value Description | Count | Cumulative | Skip to Item |
|-----|---------------|-------------------|-------|------------|--------------|
| 1 | 1 | Day 1 only | 1479 | 1479 | |
| (- | 2 | Day 1 and day 2 | 7027 | 8506 | |
| | | Missing | 1038 | 9544 | |

| remove | | |
|--------|--|--|
| | | |
| | | |

DR1DBIH - # of days b/w intake and HH interview

Variable Name: DR1DBIH

SAS Label: # of days b/w intake and HH interview

Number of days between intake day and the day of family questionnaire administered in the household. **English Text:**

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| -32 to 70 | Range of Values | 8413 | 8413 | |
| | Missing | 1131 | 9544 | |

DR1DAY - Intake day of the week

Variable Name: DR1DAY

SAS Label: Intake day of the week

English Text: Intake day of the week

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Sunday | 1477 | 1477 | |
| 2 | Monday | 602 | 2079 | |
| 3 | Tuesday | 814 | 2893 | |
| 4 | Wednesday | 705 | 3598 | |
| 5 | Thursday | 664 | 4262 | |
| 6 | Friday | 2340 | 6602 | |
| 7 | Saturday | 2014 | 8616 | |
| | Missing | 928 | 9544 | |

DR1LANG Language respondent used mostly

Variable Name: DR1LANG

SAS Label: Language respondent used mostly

English Text: The respondent spoke mostly:

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-----------------------------|-------|------------|---------------|
| 1 | English | 7401 | 7401 | |
| 2 | Spanish | 1007 | 8408 | |
| 3 | English and Spanish | 76 | 8484 | |
| 4 | Other | 47 | 8531 | |
| 5 | Asian Languages | 54 | 8585 | |
| 6 | Asian Languages and English | 43 | 8628 | |
| | Missing | 916 | 9544 | |

DR1MRESP - Main respondent for this interview

Variable Name: DR1MRESP

SAS Label: Main respondent for this interview

English Text: Who was the main respondent for this interview?

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|--------------------------------|-------|------------|---------------|
| 1 | SP | 6575 | 6875 | |
| 2 | Mother of SP | 1575 | 8150 | |
| 3 | Father of SP | 21/3 | 8363 | |
| 5 | Spouse of SP | 14 | 8377 | |
| 6 | Child of SP | 19 | 8396 | |
| 7 | Grandparent of SP | 50 | 8446 | |
| 8 | Friend, Partner, Non Relative | 2 | 8448 | |
| 9 | Translator, not a HH member | 3 | 8451 | |
| 10 | Child care provider, Caretaker | 12 | 8463 | |
| 11 | Other Relative | 40 | 8503 | |
| 77 | Refused | 0 | 8503 | |
| 99 | Don't know | 0 | 8503 | |
| | Missing | 1041 | 9544 | |

DR1HELP - Helped in responding for this interview

Variable Name: DR1HELP

SAS Label: Helped in responding for this interview

English Text: Who helped in responding for this interview

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|--------------------------------|-------|------------|---------------|
| 1 | SP | 627 | 627 | |
| 4 | Parent of SP | 482 | 1109 | |
| 5 | Spouse of SP | 16 | 1125 | |
| 6 | Child of SP | 13 | 1138 | |
| 7 | Grandparent of SP | 20 | 1158 | |
| 8 | Friend, Partner, Non Relative | 3 | 1161 | |
| 9 | Translator, not a HH member | 71 | 1232 | |
| 10 | Child care provider, Caretaker | 1 | 1233 | |
| 11 | Other Relative | 48 | 1281 | |
| 12 | No One | 7212 | 8493 | |
| 77 | Refused | 0 | 8493 | |
| 99 | Don't know | 0 | 8493 | |
| | Missing | 1051 | 9544 | |

DBQ095Z - Type of table salt used

Variable Name: DBQ095Z binary

SAS Label: Type of table salt used

What type of salt {do you/does SP} usually add to {your/his /her/SP's} food at the table? Would you say . . . **English Text:**

English Instructions: CAPI INSTRUCTION: IF SP AGE <= 5, DISPLAY "DO YOU" FOR FIRST

DISPLAY AND {SP'S} FOR SECOND DISPLAY.

Both males and females 0 YEARS - 150 YEARS Target:

| | Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---|------------------|--|-------|------------|-----------------|
| (| 1 | Ordinary salt [includes regular iodized salt, sea salt and seasoning salts made with regular salt] | 5138 | 5138 | |
| | 7 | Lite salt | 258 | 5396 | |
| ĺ | 3/ | Salt substitute | 85 | 5481 | |
| (| 4 | Doesn't use or add salt products at the table | 2970 | 8451 | DRQSPREP |
| | 91 | Other | 0 | 8451 | |
| | 99 | Don't know | 165 | 8616 | DRQSPREP |
| | / | Missing | 928 | 9544 | |

DBD100 - How often add salt to food at table

Variable Name: DBD100

SAS Label: How often add salt to food at table

English Text: How often {do you/does SP} add ordinary salt to {your/his

/her/SP's} food at the table? Would you say . . .

English Instructions: CAPI INSTRUCTION: IF SP AGE <= 5, DISPLAY "DO YOU" FOR FIRST

DISPLAY AND {SP'S} FOR SECOND DISPLAY.

Target: Both males and females 0 YEARS - 150 YEARS

| | Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---|---------------|-------------------|-------|------------|--------------|
| / | 1 | Rarely | 2974 | 2974 | |
| | 2 | Occasionally | 1571 | 4545 | |
| / | 3 | Very often | 922 | 5467 | |
| | 7 / | Refused | 0 | 5467 | |
| _ | ø | Don't know | 14 | 5481 | |
| | <u>/</u> | Missing | 4063 | 9544 | |

DRQSPREP - Salt used in preparation?

Variable Name: DRQSPREP

SAS Label: Salt used in preparation?

English Text: How often is ordinary salt or seasoned salt added in cooking or

preparing foods in your household? Is it never, rarely, occasionally,

or very often?

Target: Both males and females 0 YEARS - 150 YEARS

| | | Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---|---|---------------|-------------------|-------|------------|---------------|
| | 1 | | Never | 523 | 523 | |
| (| 2 | | Rarely | 1493 | 2016 | |
| | 3 | | Occasionally | 2875 | 4891 | |
| l | 4 | | Very Often | 3567 | 8458 | |
| • | Ø | | Don't know | 158 | 8616 | |
| , | / | | Missing | 928 | 9544 | |

DR1STY - Salt used at table yesterday?

Variable Name: DR1STY

SAS Label: Salt used at table yesterday?

English Text:

Did $\{you/SP\}$ add any salt to $\{your/her/his\}$ food at the table yesterday? Salt includes ordinary or seasoned salt, lite salt, or a salt

substitute.

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1) | Yes | 1422 | 1422 | |
| A | No | 7131 | 8553 | DRQSDIET |
| 9/ | Don't know | 63 | 8616 | DRQSDIET |
| b | Missing | 928 | 9544 | |
| / c/ v/ | | | | |

DR1SKY - Type of salt used yesterday

Variable Name: DR1SKY

SAS Label: Type of salt used yesterday

English Text:

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|------------------|---|-------|------------|-----------------|
| 1 | Ordinary, sea, seasoned, or other flavored salt | 1335 | 1335 | |
| 2 | Lite salt | 47 | 1382 | |
| 3 | Salt substitute | 23 | 1405 | |
| 91 | Other | 0 | 1405 | |
| 99 | Don't know | 17 | 1422 | |
| | Missing | 8122 | 9544 | |

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DRQSDIET - On special diet?

DRQSDIET Variable Name:

SAS Label: On special diet?

Are you currently on any kind of diet, either to lose weight or for some other health-related reason? **English Text:**

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | e Value Description | Count | Cumulative | Skip to I tem |
|---------------|---------------------|-------|------------|---------------|
| 1 | Yes | 906 | 906 | |
| 2 | No | 7655 | 8561 | DR1TNUMF |
| 9 | Don't know | 55 | 8616 | DR1TNUMF |
| | Missing | 928 | 9544 | |

remove subj if yes

DRQSDT1 - Weight loss/Low calorie diet

Variable Name: DRQSDT1

SAS Label: Weight loss/Low calorie diet

English Text:

What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Both males and females 0 YEARS - 150 YEARS Target:

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|----------------------------------|-------|--------------|---------------|
| 1 | Weight loss or low calorie diets | 469 | 469 | |
| | Missing | 9075 | 9 544 | |

DRQSDT2 - Low fat/Low cholesterol diet

Variable Name: DRQSDT2

SAS Label: Low fat/Low cholesterol diet

English Text:

What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Both males and females 0 YEARS - 150 YEARS Target:

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|---------------------------------|-------|------------|---------------|
| 2 | Low fat or low cholesterol diet | 116 | 116 | |
| | Missing | 9428 | 9544 | |

DRQSDT3 - Low salt/Low sodium diet

Variable Name: DRQSDT3

SAS Label: Low salt/Low sodium diet

English Text: What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low

sugar diet; low fiber diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|------------------|--|-------|------------|------------------|
| 3 | Low salt or low sodium diet (including diet to lower blood pressure or hypertension) | 122 | 122 | |
| | Missing | 9422 | 9544 | |

DRQSDT4 - Sugar free/Low sugar diet

Variable Name: DRQSDT4

SAS Label: Sugar free/Low sugar diet

English Text:

What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Both males and females 0 YEARS - 150 YEARS Target:

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|------------------------------|-------|------------|---------------|
| 4 | Sugar free or low sugar diet | 46 | 46 | |
| | Missing | 9498 | 9544 | |

DRQSDT5 - Low fiber diet

DRQSDT5 Variable Name:

SAS Label: Low fiber diet

English Text:

What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------------------|-------|------------|---------------|
| 5 | Low fiber or low residue diet | 2 | 2 | |
| | Missing | 9542 | 9544 | |

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DRQSDT6 - High fiber diet

Variable Name: DRQSDT6

SAS Label: High fiber diet

English Text: What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low

sugar diet; low fiber diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet, or another

type of diet?)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|---------------------------------|-------|------------|---------------|
| 6 | High fiber or high residue diet | 7 | 7 | |
| | Missing | 9537 | 9544 | |

DRQSDT7 - Diabetic diet

DRQSDT7 Variable Name:

SAS Label: Diabetic diet

English Text:

What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | | Count | Cumulative | Skip to Item |
|------------------|--|--------------|-------|------------|-----------------|
| 7 | Diabetic diet (including gestatio diets) | nal diabetic | 148 | 148 | |
| | Missing | | 9396 | 9544 | |

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DRQSDT8 - Weight gain/Muscle building diet

Variable Name: DRQSDT8

SAS Label: Weight gain/Muscle building diet

English Text:

What kind of diet are you on? (Is it a weight loss of low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Both males and females 0 YEARS - 150 YEARS Target:

| Code or Value | Value Description | Cou | unt | Cumulative | Skip to I tem |
|---------------|----------------------------------|-----|-----|------------|---------------|
| 8 | Weight gain/Muscle building diet | 28 | | 29 | |
| | Missing | 951 | 5 | 9544 | |

DRQSDT9 - Low carbohydrate diet

Variable Name: DRQSDT9

SAS Label: Low carbohydrate diet

English Text:

What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Both males and females 0 YEARS - 150 YEARS Target:

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-----------------------|-------|------------|---------------|
| 9 | Low carbohydrate diet | 65 | 65 | |
| | Missing | 9479 | 9544 | |

DRQSDT10 - High protein diet

Variable Name: DRQSDT10

SAS Label: High protein diet

English Text:

What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet, sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Both males and females 0 YEARS - 150 YEARS Target:

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 10 | High protein diet | 18 | 18 | |
| | Missing | 9526 | 9544 | |

DRQSDT11 - Gluten-free/Celiac diet

Variable Name: DRQSDT11

SAS Label: Gluten-free/Celiac diet

English Text:

What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------------|-------|------------|--------------|
| 11 | Gluten-free/Celiac diet | 14 | 14 | |
| | Missing | 9530 | 9544 | |

DRQSDT12 - Renal/Kidney diet

Variable Name: DRQSDT12

SAS Label: Renal/Kidney diet

English Text:

What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 12 | Renal/Kidney diet | 5 | 5 | |
| | Missing | 9539 | 9544 | |

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DRQSDT91 - Other special diet

Variable Name: DRQSDT91

SAS Label: Other special diet

English Text:

What kind of diet are you on? (Is it a weight loss or low calorie diet: low fat or cholesterol diet; low salt or sodium diet; sugar free or low sugar diet; low fiber diet; high fiber diet; diabetic diet; or another

type of diet?)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|--------------------|-------|------------|---------------|
| 91 | Other special diet | 25 | 25 | |
| | Missing | 9519 | 9544 | |

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DR1TNUMF - Number of foods/beverages reported

Variable Name: DR1TNUMF

SAS Label: Number of foods/beverages reported

English Text: Total number of foods/beverages reported in the individual foods file

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 45 | Range of Values | 8506 | 8506 | |
| . / | Missing | 1038 | 9544 | |

NEN

DR1TKCAL - Energy (kcal)

Variable Name: DR1TKCAL

SAS Label: Energy (kcal)

English Text: Energy (kcal)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 10126 | Range of Values | 8327 | 8327 | |
| . 🔨 | Missing | 1217 | 9544 | |

DR1TPROT - Protein (gm)

Variable Name: DR1TPROT

SAS Label: Protein (gm)

English Text: Protein (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 499.62 | Range of Values | 8327 | 8327 | |
| . 🔨 | Missing | 1217 | 9544 | |

DR1TCARB - Carbohydrate (gm)

Variable Name: DR1TCARB

SAS Label: Carbohydrate (gm)

English Text: Carbohydrate (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 1222.34 | Range of Values | 8327 | 8327 | |
| . M | Missing | 1217 | 9544 | |

DR1TSUGR - Total sugars (gm)

Variable Name: DR1TSUGR

SAS Label: Total sugars (gm)

English Text: Total sugars (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 980.92 | Range of Values | 8327 | 8327 | |
| . \ | Missing | 1217 | 9544 | |

DR1TFIBE - Dietary fiber (gm)

Variable Name: DR1TFIBE

SAS Label: Dietary fiber (gm)

English Text: Dietary fiber (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 107.6 | Range of Values | 8327 | 8327 | |
| . 🕥 | Missing | 1217 | 9544 | |

DR1TTFAT - Total fat (gm)

Variable Name: DR1TTFAT

SAS Label: Total fat (gm)

English Text: Total fat (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 498.63 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TSFAT - Total saturated fatty acids (gm)

Variable Name: DR1TSFAT

SAS Label: Total saturated fatty acids (gm)

English Text: Total saturated fatty acids (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 223.759 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TMFAT - Total monounsaturated fatty acids (gm)

Variable Name: DR1TMFAT

SAS Label: Total monounsaturated fatty acids (gm)

English Text: Total monounsaturated fatty acids (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 169.376 | Range of Values | 8327 | 8327 | |
| . 🔨 | Missing | 1217 | 9544 | |

DR1TPFAT - Total polyunsaturated fatty acids (gm)

Variable Name: DR1TPFAT

SAS Label: Total polyunsaturated fatty acids (gm)

English Text: Total polyunsaturated fatty acids (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 164.425 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TCHOL - Cholesterol (mg)

Variable Name: DR1TCHOL

SAS Label: Cholesterol (mg)

English Text: Cholesterol (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 2968 | Range of Values | 8327 | 8327 | |
| . 🕥 | Missing | 1217 | 9544 | |

DR1TATOC - Vitamin E as alpha-tocopherol (mg)

Variable Name: DR1TATOC

SAS Label: Vitamin E as alpha-tocopherol (mg)

English Text: Vitamin E as alpha-tocopherol (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 112.33 | Range of Values | 8327 | 8327 | |
| . 🗸 | Missing | 1217 | 9544 | |

DR1TATOA - Added alpha-tocopherol (Vitamin E) (mg)

Variable Name: DR1TATOA

SAS Label: Added alpha-tocopherol (Vitamin E) (mg)

English Text: Added alpha-tocopherol (Vitamin E) (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 62.7 | Range of Values | 8327 | 8327 | |
| . 1 | Missing | 1217 | 9544 | |

DR1TRET - Retinol (mcg)

Variable Name: DR1TRET

SAS Label: Retinol (mcg)

English Text: Retinol (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 12335 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TVARA - Vitamin A, RAE (mcg)

Variable Name: DR1TVARA

SAS Label: Vitamin A, RAE (mcg)

English Text: Vitamin A as retinol activity equivalents (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 13024 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TACAR - Alpha-carotene (mcg)

Variable Name: DR1TACAR

SAS Label: Alpha-carotene (mcg)

English Text: Alpha-carotene (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 48964 | Range of Values | 8327 | 8327 | |
| . 🕥 | Missing | 1217 | 9544 | |

DR1TBCAR - Beta-carotene (mcg)

Variable Name: DR1TBCAR

SAS Label: Beta-carotene (mcg)

English Text: Beta-carotene (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 116313 | Range of Values | 8327 | 8327 | |
| · v) | Missing | 1217 | 9544 | |

DR1TCRYP - Beta-cryptoxanthin (mcg)

Variable Name: DR1TCRYP

SAS Label: Beta-cryptoxanthin (mcg)

English Text: Beta-cryptoxanthin (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 7331 | Range of Values | 8327 | 8327 | |
| . , | Missing | 1217 | 9544 | |

DR1TLYCO - Lycopene (mcg)

Variable Name: DR1TLYCO

SAS Label: Lycopene (mcg)

English Text: Lycopene (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 112942 | Range of Values | 8327 | 8327 | |
| . 🕥 | Missing | 1217 | 9544 | |

DR1TLZ - Lutein + zeaxanthin (mcg)

Variable Name: DR1TLZ

SAS Label: Lutein + zeaxanthin (mcg)

English Text: Lutein + zeaxanthin (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 90057 | Range of Values | 8327 | 8327 | |
| . , | Missing | 1217 | 9544 | |

DR1TVB1 - Thiamin (Vitamin B1) (mg)

Variable Name: DR1TVB1

SAS Label: Thiamin (Vitamin B1) (mg)

English Text: Thiamin (Vitamin B1) (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 10.404 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TVB2 - Riboflavin (Vitamin B2) (mg)

Variable Name: DR1TVB2

SAS Label: Riboflavin (Vitamin B2) (mg)

English Text: Riboflavin (Vitamin B2) (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 15.019 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TNIAC - Niacin (mg)

Variable Name: DR1TNIAC

SAS Label: Niacin (mg)

English Text: Niacin (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 191.967 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TVB6 - Vitamin B6 (mg)

Variable Name: DR1TVB6

SAS Label: Vitamin B6 (mg)

English Text: Vitamin B6 (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 40.357 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TFOLA - Total folate (mcg)

Variable Name: DR1TFOLA

SAS Label: Total folate (mcg)

English Text: Total folate (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 3122 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TFA - Folic acid (mcg)

Variable Name: DR1TFA

SAS Label: Folic acid (mcg)

English Text: Folic acid (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 2852 | Range of Values | 8327 | 8327 | |
| . 🕥 | Missing | 1217 | 9544 | |

DR1TFF - Food folate (mcg)

Variable Name: DR1TFF

SAS Label: Food folate (mcg)

English Text: Food folate (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 2505 | Range of Values | 8327 | 8327 | |
| . 7 | Missing | 1217 | 9544 | |

DR1TFDFE - Folate, DFE (mcg)

Variable Name: DR1TFDFE

SAS Label: Folate, DFE (mcg)

English Text: Folate as dietary folate equivalents (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 5118 | Range of Values | 8327 | 8327 | |
| . ^ | Missing | 1217 | 9544 | |

DR1TCHL - Total choline (mg)

Variable Name: DR1TCHL

SAS Label: Total choline (mg)

English Text: Total choline (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 1997.9 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TVB12 - Vitamin B12 (mcg)

Variable Name: DR1TVB12

SAS Label: Vitamin B12 (mcg)

English Text: Vitamin B12 (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 104.5 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TB12A - Added vitamin B12 (mcg)

Variable Name: DR1TB12A

SAS Label: Added vitamin B12 (mcg)

English Text: Added vitamin B12 (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 49.65 | Range of Values | 8327 | 8327 | |
| . 🔨 | Missing | 1217 | 9544 | |

DR1TVC - Vitamin C (mg)

Variable Name: DR1TVC

SAS Label: Vitamin C (mg)

English Text: Vitamin C (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 1014.5 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TVD - Vitamin D (D2 + D3) (mcg)

Variable Name: DR1TVD

SAS Label: Vitamin D (D2 + D3) (mcg)

English Text: Vitamin D (D2 + D3) (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 78.1 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TVK - Vitamin K (mcg)

Variable Name: DR1TVK

SAS Label: Vitamin K (mcg)

English Text: Vitamin K (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 3959.3 | Range of Values | 8327 | 8327 | |
| . , \ | Missing | 1217 | 9544 | |

DR1TCALC - Calcium (mg)

Variable Name: DR1TCALC

SAS Label: Calcium (mg)

English Text: Calcium (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 8470 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TPHOS - Phosphorus (mg)

Variable Name: DR1TPHOS

SAS Label: Phosphorus (mg)

English Text: Phosphorus (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 7971 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TMAGN - Magnesium (mg)

Variable Name: DR1TMAGN

SAS Label: Magnesium (mg)

English Text: Magnesium (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 1937 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TIRON - Iron (mg)

Variable Name: DR1TIRON

SAS Label: Iron (mg)

English Text: Iron (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 88.32 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TZINC - Zinc (mg)

Variable Name: DR1TZINC

SAS Label: Zinc (mg)

English Text: Zinc (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 196.92 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TCOPP - Copper (mg)

Variable Name: DR1TCOPP

SAS Label: Copper (mg)

English Text: Copper (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 18.571 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TSODI - Sodium (mg)

Variable Name: DR1TSODI

SAS Label: Sodium (mg)

English Text: Sodium (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 16570 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TPOTA - Potassium (mg)

Variable Name: DR1TPOTA

SAS Label: Potassium (mg)

English Text: Potassium (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 10385 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |
| | | | | |

DR1TSELE - Selenium (mcg)

Variable Name: DR1TSELE

SAS Label: Selenium (mcg)

English Text: Selenium (mcg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 797.6 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TCAFF - Caffeine (mg)

Variable Name: DR1TCAFF

SAS Label: Caffeine (mg)

English Text: Caffeine (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 4530 | Range of Values | 8327 | 8327 | |
| . 🔨 | Missing | 1217 | 9544 | |

DR1TTHEO - Theobromine (mg)

Variable Name: DR1TTHEO

SAS Label: Theobromine (mg)

English Text: Theobromine (mg)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 1372 | Range of Values | 8327 | 8327 | |
| . 🗸 | Missing | 1217 | 9544 | |

DR1TALCO - Alcohol (gm)

Variable Name: DR1TALCO

SAS Label: Alcohol (gm)

English Text: Alcohol (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 831.6 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TMOIS - Moisture (gm)

Variable Name: DR1TMOIS

SAS Label: Moisture (gm)

English Text: Moisture (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 18266.25 | Range of Values | 8327 | 8327 | |
| . 🔨 | Missing | 1217 | 9544 | |

DR1TS040 - SFA 4:0 (Butanoic) (gm)

Variable Name: DR1TS040

SAS Label: SFA 4:0 (Butanoic) (gm)

English Text: SFA 4:0 (Butanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 5.797 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TS060 - SFA 6:0 (Hexanoic) (gm)

Variable Name: DR1TS060

SAS Label: SFA 6:0 (Hexanoic) (gm)

English Text: SFA 6:0 (Hexanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 4.694 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TS080 - SFA 8:0 (Octanoic) (gm)

Variable Name: DR1TS080

SAS Label: SFA 8:0 (Octanoic) (gm)

English Text: SFA 8:0 (Octanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 16.081 | Range of Values | 8327 | 8327 | |
| . 🗸 | Missing | 1217 | 9544 | |

DR1TS100 - SFA 10:0 (Decanoic) (gm)

Variable Name: DR1TS100

SAS Label: SFA 10:0 (Decanoic) (gm)

English Text: SFA 10:0 (Decanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 7.815 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TS120 - SFA 12:0 (Dodecanoic) (gm)

Variable Name: DR1TS120

SAS Label: SFA 12:0 (Dodecanoic) (gm)

English Text: SFA 12:0 (Dodecanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 41.422 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TS140 - SFA 14:0 (Tetradecanoic) (gm)

Variable Name: DR1TS140

SAS Label: SFA 14:0 (Tetradecanoic) (gm)

English Text: SFA 14:0 (Tetradecanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 27.79 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TS160 - SFA 16:0 (Hexadecanoic) (gm)

Variable Name: DR1TS160

SAS Label: SFA 16:0 (Hexadecanoic) (gm)

English Text: SFA 16:0 (Hexadecanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 113.98 | Range of Values | 8327 | 8327 | |
| . • | Missing | 1217 | 9544 | |

DR1TS180 - SFA 18:0 (Octadecanoic) (gm)

Variable Name: DR1TS180

SAS Label: SFA 18:0 (Octadecanoic) (gm)

English Text: SFA 18:0 (Octadecanoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 47.662 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TM161 - MFA 16:1 (Hexadecenoic) (gm)

Variable Name: DR1TM161

SAS Label: MFA 16:1 (Hexadecenoic) (gm)

English Text: MFA 16:1 (Hexadecenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 12.502 | Range of Values | 8327 | 8327 | |
| . 🗸 1 | Missing | 1217 | 9544 | |

DR1TM181 - MFA 18:1 (Octadecenoic) (gm)

Variable Name: DR1TM181

SAS Label: MFA 18:1 (Octadecenoic) (gm)

English Text: MFA 18:1 (Octadecenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 163.226 | Range of Values | 8327 | 8327 | |
| . ~ | Missing | 1217 | 9544 | |

DR1TM201 - MFA 20:1 (Eicosenoic) (gm)

Variable Name: DR1TM201

SAS Label: MFA 20:1 (Eicosenoic) (gm)

English Text: MFA 20:1 (Eicosenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 3.499 | Range of Values | 8327 | 8327 | |
| . 🗸 | Missing | 1217 | 9544 | |

DR1TM221 - MFA 22:1 (Docosenoic) (gm)

Variable Name: DR1TM221

SAS Label: MFA 22:1 (Docosenoic) (gm)

English Text: MFA 22:1 (Docosenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 2.107 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TP182 - PFA 18:2 (Octadecadienoic) (gm)

Variable Name: DR1TP182

SAS Label: PFA 18:2 (Octadecadienoic) (gm)

English Text: PFA 18:2 (Octadecadienoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 142.502 | Range of Values | 8327 | 8327 | |
| | Missing | 1217 | 9544 | |

DR1TP183 - PFA 18:3 (Octadecatrienoic) (gm)

Variable Name: DR1TP183

SAS Label: PFA 18:3 (Octadecatrienoic) (gm)

English Text: PFA 18:3 (Octadecatrienoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 20.847 | Range of Values | 8327 | 8327 | |
| . ^ | Missing | 1217 | 9544 | |

DR1TP184 - PFA 18:4 (Octadecatetraenoic) (gm)

Variable Name: DR1TP184

SAS Label: PFA 18:4 (Octadecatetraenoic) (gm)

English Text: PFA 18:4 (Octadecatetraenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 0.539 | Range of Values | 8327 | 8327 | |
| ^ | Missing | 1217 | 9544 | |

DR1TP204 - PFA 20:4 (Eicosatetraenoic) (gm)

Variable Name: DR1TP204

SAS Label: PFA 20:4 (Eicosatetraenoic) (gm)

English Text: PFA 20:4 (Eicosatetraenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 1.99 | Range of Values | 8327 | 8327 | |
| . 🗸 | Missing | 1217 | 9544 | |

DR1TP205 - PFA 20:5 (Eicosapentaenoic) (gm)

Variable Name: DR1TP205

SAS Label: PFA 20:5 (Eicosapentaenoic) (gm)

English Text: PFA 20:5 (Eicosapentaenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| | Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---|---------------|-------------------|-------|------------|---------------|
| | 0 to 1.775 | Range of Values | 8327 | 8327 | |
| Ī | . ~ | Missing | 1217 | 9544 | |

DR1TP225 - PFA 22:5 (Docosapentaenoic) (gm)

Variable Name: DR1TP225

SAS Label: PFA 22:5 (Docosapentaenoic) (gm)

English Text: PFA 22:5 (Docosapentaenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 1.221 | Range of Values | 8327 | 8327 | |
| . 🗸 | Missing | 1217 | 9544 | |

DR1TP226 - PFA 22:6 (Docosahexaenoic) (gm)

Variable Name: DR1TP226

SAS Label: PFA 22:6 (Docosahexaenoic) (gm)

English Text: PFA 22:6 (Docosahexaenoic) (gm)

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 3.336 | Range of Values | 8327 | 8327 | |
| . 🗸 | Missing | 1217 | 9544 | |

DR1_300 - Compare food consumed yesterday to usual

Variable Name: DR1_300

SAS Label: Compare food consumed yesterday to usual

Was the amount of food that $\{you/NAME\}$ ate yesterday much more than usual, usual, or much less than usual? **English Text:**

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|----------------------|-------|------------|---------------|
| 1 | Much more than usual | 716 | 716 | |
| 2 | Usual | 6383 | 7099 | |
| 3 | Much less than usual | 1422 | 8521 | |
| <i>y</i> | Refused | 1 | 8522 | |
| 9 | Don't know | 94 | 8616 | |
| J | Missing | 928 | 9544 | |

remove others

DR1_320Z - Total plain water drank yesterday (gm)

Variable Name: DR1_320Z

SAS Label: Total plain water drank yesterday (gm)

English Text: Total plain water drank yesterday - including plain tap water, water

from a drinking fountain, water from a water cooler, bottled water,

and spring water.

English Instructions: Calculated from water consumption records reported as part of the

24-hour dietary recall interview.

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 0 to 11520 | Range of Values | 8506 | 8506 | |
| | Missing | 1038 | 9544 | |

DR1_330Z - Total tap water drank yesterday (gm)

Variable Name: DR1_330Z

SAS Label: Total tap water drank yesterday (gm)

English Text: Total tap water drank yesterday - including filtered tap water and

water from a drinking fountain.

English Instructions: Calculated from tap water consumption records reported as part of

the 24-hour dietary recall interview.

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 11520 | Range of Values | 8506 | 8506 | |
| | Missing | 1038 | 9544 | |

DR1BWATZ - Total bottled water drank yesterday (gm)

Variable Name: DR1BWATZ

SAS Label: Total bottled water drank yesterday (gm)

English Text: Total bottled water drank yesterday (gm)

English Instructions: Calculated from bottle water consumption records reported as part

of the 24-hour dietary recall interview.

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 0 to 9630 | Range of Values | 8506 | 8506 | |
| . / | Missing | 1038 | 9544 | |

DR1TWS - Tap water source

DR1TWS Variable Name:

SAS Label: Tap water source

English Text: When you drink tap water, what is the main source of the tap water?

Is the city water supply (community water supply); a well or rain cistern; a spring; or something else?

Target: Both males and females 0 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-----------------------|-------|------------|---------------|
| 1 | Community supply | 5345 | 5345 | |
| 2 | Well or rain cistern | 596 | 5941 | |
| 3 | Spring | 68 | 6009 | |
| 4 | Don't drink tap water | 2093 | 8102 | |
| 91 | Other | 0 | 8102 | |
| 99 | Don't know | 514 | 8616 | |
| | Missing | 928 | 9544 | |

DRD340 - Shellfish eaten during past 30 days

Variable Name: **DRD340**

SAS Label: Shellfish eaten during past 30 days

Please look at this list of shellfish. During the past 30 days did you **English Text:**

eat any types of shellfish listed on this card? Include any foods that had shellfish in them such as sandwiches, soups, or salads.

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 3699 | 3699 | |
| 2 | No | 4485 | 8184 | DRD360 |
| 7/ | Refused | 14 | 8198 | DRD360 |
| 9 | Don't know | 64 | 8262 | DRD360 |
|) . | Missing | 1282 | 9544 | |

DRD350A - Clams eaten during past 30 days

Variable Name: DRD350A

SAS Label. Clams eaten during past 30 days

English Text: Clams eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 365 | 365 | |
| 2 | No | 3334 | 3699 | DRD350B |
| / | Missing | 5845 | 9544 | |

DRD350AQ - # of times clams eaten in past 30 days

Variable Name: DRD350AQ

SAS Label: # of times clams eaten in past 30 days

English Text: Number of times clams were eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 10 | Range of Values | 365 | 365 | |
| | Missing | 9179 | 9544 | |

DRD350B - Crabs eaten during past 30 days

Variable Name: DRD350B

SAS Label: Crabs eaten during past 30 days

English Text: Crabs eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|--------------|--------------|
| 1 | Yes | 722 | 722 | |
| 2 | No | 2977 | 3 699 | DRD350C |
| | Missing | 5845 | 9544 | |

DRD350BQ - # of times crabs eaten in past 30 days

Variable Name: DRD350BQ

SAS Label: # of times crabs eaten in past 30 days

English Text: Number of times crab was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | 8kip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 30 | Range of Values | 722 | 722 | |
| | Missing | 8822 | 9544 | |

DRD350C - Crayfish eaten during past 30 days

Variable Name: DRD350C

SAS Label: Crayfish eaten during past 30 days

English Text: Crayfish eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 143 | 143 | |
| 2 | No | 3556 | 3699 | DRD350D |
| | Missing | 5845 | 9544 | |

DRD350CQ - # of times crayfish eaten past 30 days

Variable Name: DRD350CQ

SAS Label: # of times crayfish eaten past 30 days

English Text: Number of times crayfish was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 to 7 | Range of Values | 143 | 143 | |
| | Missing | 9401 | 9544 | |

DRD350D - Lobsters eaten during past 30 days

Variable Name: DRD350D

SAS Label: Lobsters eaten during past 30 days

English Text: Lobsters eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Yes | 335 | 335 | |
| 2 | No | 3364 | 3699 | DRD350E |
| | Missing | 5845 | 9544 | |

DRD350DQ - # of times lobsters eaten past 30 days

Variable Name: DRD350DQ

SAS Label: # of times lobsters eaten past 30 days

English Text: Number of times lobster was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 10 | Range of Values | 335 | 335 | |
| | Missing | 9209 | 9544 | |

DRD350E - Mussels eaten during past 30 days

Variable Name: DRD350E

SAS Label: Mussels eaten during past 30 days

English Text: Mussels eaten during past 30 days

Target: Both males and females 1 YEARS 150 YEARS

| Code or Value | Value Desc | cription | Count | Cumulative | Skip to Item |
|---------------|------------|----------|-------|------------|--------------|
| 1 | Yes | | 207 | 207 | |
| 2 | No | | 3492 | 3699 | DRD350F |
| | Missing | | 5845 | 9544 | |

DRD350EQ - # of times mussels eaten in past 30 days

Variable Name: DRD350EQ

SAS Label: # of times mussels eaten in past 30 days

English Text: Number of times mussels were eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 6 | Range of Values | 207 | 207 | |
| | Missing | 9337 | 9544 | |

DRD350F - Oysters eaten during past 30 days

Variable Name: DRD350F

SAS Label: Oysters eaten during past 30 days

English Text: Oysters eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Yes | 318 | 318 | |
| 2 | No | 3381 | 3699 | DRD350G |
| | Missing | 5845 | 9544 | |

DRD350FQ - # of times oysters eaten in past 30 days

Variable Name: DRD350FQ

SAS Label: # of times oysters eaten in past 30 days

English Text: Number of times oysters were eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 12 | Range of Values | 318 | 318 | |
| | Missing | 9226 | 9544 | |

DRD350G - Scallops eaten during past 30 days

Variable Name: DRD350G

SAS Label: Scallops eaten during past 30 days

English Text: Scallops eaten during the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|-------------|---------------|
| 1 | Yes | 276 | 2 76 | |
| 2 | No | 3423 | 3699 | DRD350H |
| | Missing | 5845 | 9544 | |

DRD350GQ - # of times scallops eaten past 30 days

Variable Name: DRD350GQ

SAS Label: # of times scallops eaten past 30 days

English Text: Number of times scallops were eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 6 | Range of Values | 276 | 276 | |
| | Missing | 9268 | 9544 | |

DRD350H - Shrimp eaten during past 30 days

Variable Name: DRD350H

SAS Label: Shrimp eaten during past 30 days

English Text: Shrimp eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 3238 | 3238 | |
| 2 | No | 461 | 3699 | DRD350I |
| | Missing | 5845 | 9544 | |

DRD350HQ - # of times shrimp eaten in past 30 days

Variable Name: DRD350HQ

SAS Label: # of times shrimp eaten in past 30 days

English Text: Number of times shrimp was eaten in the last 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 30 | Range of Values | 3238 | 3238 | |
| | Missing | 6306 | 9544 | |

DRD350I - Other shellfish eaten past 30 days

Variable Name: DRD350I

SAS Label: Other shellfish eaten past 30 days

English Text: Other shellfish (ex. octopus, squid) eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|--------------|------------|---------------|
| 1 | Yes | 235 | 235 | |
| 2 | No | 3464 | 3699 | DRD350J |
| | Missing | 5 845 | 9544 | |

DRD350IQ - # of times other shellfish eaten

Variable Name: DRD350IQ

SAS Label: # of times other shellfish eaten

English Text: Number of times other shellfish (ex. octopus, squid) was eaten in

the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 8 | Range of Values | 235 | 235 | |
| | Missing | 9309 | 9544 | |

DRD350J - Other unknown shellfish eaten past 30 d

Variable Name: DRD350J

SAS Label: Other unknown shellfish eaten past 30 d

English Text: Other unknown shellfish eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Yes | 18 | 18 | |
| 2 | No | 3681 | 3699 | DRD350K |
| | Missing | 5845 | 9544 | |

DRD350JQ - # of times other unknown shellfish eaten

Variable Name: DRD350JQ

SAS Label: # of times other unknown shellfish eaten

English Text: Number of times other unknown shellfish was eaten in the past 30

days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 7 | Range of Values | 18 | 18 | |
| | Missing | 9526 | 9544 | |

DRD350K - Refused on shellfish eaten past 30 days

Variable Name: DRD350K

SAS Label: Refused on shellfish eaten past 30 days

English Text: Refused to give detailed information on shellfish eaten during past

30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 0 | 0 | |
| 2 | No | 3697 | 3697 | |
| | Missing | 5847 | 9544 | |

DRD360 - Fish eaten during past 30 days

Variable Name: DRD360

SAS Label: Fish eaten during past 30 days

English Text: Please look at this list of fish. During the past 30 days did you eat

any types of fish listed on this card? Include any foods that had fish

in them such as sandwiches, soups, or salads.

Target: Both males and females 1 YEARS - 150 YEARS

| | Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---|---------------|-------------------|-------|------------|---------------|
| | 1 | Yes | 4882 | 4882 | |
| ſ | 2 | No | 3280 | 8162 | |
| Ī | 7 | Refused | 16 | 8178 | |
| 1 | 9/ | Don't know | 84 | 8262 | |
| | / / | Missing | 1282 | 9544 | |

DRD370A - Breaded fish products eaten past 30 days

Variable Name: DRD370A

SAS Label: Breaded fish products eaten past 30 days

English Text: Breaded fish products eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 552 | 552 | |
| 2 | No | 4330 | 4882 | DRD370B |
| | Missing | 4662 | 9544 | |

DRD370AQ - # of times breaded fish products eaten

Variable Name: DRD370AQ

SAS Label: # of times breaded fish products eaten

English Text: Number of times breaded fish products were eaten in the past 300

days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 30 | Range of Values | 552 | 552 | |
| | Missing | 8992 | 9544 | |

DRD370B - Tuna eaten during past 30 days

Variable Name: DRD370B

SAS Label: Tuna eaten during past 30 days

English Text: Tuna eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 1702 | 1702 | |
| 2 | No | 3180 | 4882 | DRD370C |
| | Missing | 4662 | 9544 | |

DRD370BQ - # of times tuna eaten in past 30 days

Variable Name: DRD370BQ

SAS Label: # of times tuna eaten in past 30 days

English Text: Number of times tuna was eaten in the past 30 days,

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 30 | Range of Values | 1702 | 1702 | |
| | Missing | 7842 | 9544 | |

DRD370C - Bass eaten during past 30 days

Variable Name: DRD370C

SAS Label: Bass eaten during past 30 days

English Text: Bass eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 127 | 127 | |
| 2 | No | 4755 | 4882 | DRD370D |
| | Missing | 4662 | 9544 | |

DRD370CQ - # of times bass eaten in past 30 days

Variable Name: DRD370CQ

SAS Label: # of times bass eaten in past 30 days

English Text: Number of times bass was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 16 | Range of Values | 127 | 127 | |
| | Missing | 9417 | 9544 | |

DRD370D - Catfish eaten during past 30 days

Variable Name: DRD370D

SAS Label: Catfish eaten during past 30 days

English Text: Catfish eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 817 | 817 | |
| 2 | No | 4065 | 4882 | DRD370E |
| | Missing | 4662 | 9544 | |

DRD370DQ - # of times catfish eaten in past 30 days

Variable Name: DRD370DQ

SAS Label: # of times catfish eaten in past 30 days

English Text: Number of times catfish was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 30 | Range of Values | 817 | 817 | |
| | Missing | 8727 | 9544 | |

DRD370E - Cod eaten during past 30 days

Variable Name: DRD370E

SAS Label: Cod eaten during past 30 days

English Text: Cod eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count/ | Cumulative | Skip to I tem |
|---------------|-------------------|--------------|------------|---------------|
| 1 | Yes | 532 | 532 | |
| 2 | No | <i>4</i> 350 | 4882 | DRD370F |
| | Missing | 4662 | 9544 | |

DRD370EQ - # of times cod eaten in past 30 days

Variable Name: DRD370EQ

SAS Label: # of times cod eaten in past 30 days

English Text: Number of times cod was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 30 | Range of Values | 532 | 532 | |
| | Missing | 9012 | 9544 | |

DRD370F - Flatfish eaten during past 30 days

Variable Name: DRD370F

SAS Label: Flatfish eaten during past 30 days

English Text: Flatfish eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 163 | 163 | |
| 2 | No | 4719 | 4882 | DRD370G |
| | Missing | 4662 | 9544 | |

DRD370FQ - # of times flatfish eaten past 30 days

Variable Name: DRD370FQ

SAS Label: # of times flatfish eaten past 30 days

English Text: Number of times flatfish was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|--------------|---------------|
| 1 to 15 | Range of Values | 163 | 163 | |
| | Missing | 9381 | 9 544 | |

DRD370G - Haddock eaten during past 30 days

Variable Name: DRD370G

SAS Label: Haddock eaten during past 30 days

English Text: Haddock eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 129 | 129 | |
| 2 | No | 4753 | 4882 | DRD370H |
| | Missing | 4662 | 9544 | |

DRD370GQ - # of times haddock eaten in past 30 days

Variable Name: DRD370GQ

SAS Label: # of times haddock eaten in past 30 days

English Text: Number of times haddock was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 6 | Range of Values | 129 | 129 | |
| | Missing | 9415 | 9544 | |

DRD370H - Mackerel eaten during past 30 days

Variable Name: DRD370H

SAS Label: Mackerel eaten during past 30 days

English Text: Mackerel eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Yes | 114 | 114 | |
| 2 | No | 4768 | 4882 | DRD370I |
| | Missing | 4662 | 9544 | |

DRD370HQ - # of times mackerel eaten past 30 days

Variable Name: DRD370HQ

SAS Label: # of times mackerel eaten past 30 days

English Text: Number of times mackerel was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 60 | Range of Values | 114 | 114 | |
| | Missing | 9430 | 9544 | |

DRD370I - Perch eaten during past 30 days

Variable Name: DRD370I

SAS Label: Perch eaten during past 30 days

English Text: Perch eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 93 | 93 | |
| 2 | No | 4789 | 4882 | DRD370J |
| | Missing | 4662 | 9544 | |

DRD370IQ - # of times perch eaten in past 30 days

Variable Name: DRD370IQ

SAS Label: # of times perch eaten in past 30 days

English Text: Number of times perch was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 4 | Range of Values | 93 | 93 | |
| | Missing | 9451 | 9544 | |

DRD370J - Pike eaten during past 30 days

Variable Name: DRD370J

SAS Label: Pike eaten during past 30 days

English Text: Pike eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 6 | 6 | |
| 2 | No | 4876 | 4882 | DRD370K |
| | Missing | 4662 | 9844 | |

DRD370JQ - # of times pike eaten in past 30 days

Variable Name: DRD370JQ

SAS Label: # of times pike eaten in past 30 days

English Text: Number of times pike was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 to 5 | Range of Values | 6 | 6 | |
| | Missing | 9538 | 9544 | |

DRD370K - Pollock eaten during past 30 days

Variable Name: DRD370K

SAS Label: Pollock eaten during past 30 days

English Text: Pollock eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Curnulative | Skip to I tem |
|---------------|-------------------|-------|-------------|---------------|
| 1 | Yes | 128 | 1/28 | |
| 2 | No | 4754 | 4882 | DRD370L |
| | Missing | 4662 | 9544 | |

DRD370KQ - # of times pollock eaten in past 30 days

Variable Name: DRD370KQ

SAS Label: # of times pollock eaten in past 30 days

English Text: Number of times pollock was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 30 | Range of Values | 128 | 128 | |
| | Missing | 9416 | 9544 | |

DRD370L - Porgy eaten during past 30 days

Variable Name: DRD370L

SAS Label: Porgy eaten during past 30 days

English Text: Porgy eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Yes | 30 | 30 | |
| 2 | No | 4852 | 4882 | DRD370M |
| | Missing | 4662 | 9544 | _ |

DRD370LQ - # of times porgy eaten in past 30 days

Variable Name: DRD370LQ

SAS Label: # of times porgy eaten in past 30 days

English Text: Number of times porgy was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 15 | Range of Values | 30 | 30 | |
| | Missing | 9514 | 9544 | |

DRD370M - Salmon eaten during past 30 days

Variable Name: DRD370M

SAS Label: Salmon eaten during past 30 days

English Text: Salmon eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 1652 | 1652 | |
| 2 | No | 3230 | 4882 | DRD370N |
| | Missing | 4662 | 9544 | |

DRD370MQ - # of times salmon eaten in past 30 days

Variable Name: DRD370MQ

SAS Label: # of times salmon eaten in past 30 days

English Text: Number of times salmon was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 30 | Range of Values | 1652 | 1652 | |
| | Missing | 7892 | 9544 | |

DRD370N - Sardines eaten during past 30 days

Variable Name: DRD370N

SAS Label: Sardines eaten during past 30 days

English Text: Sardines eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|-------------|---------------|
| 1 | Yes | 220 | 2 20 | |
| 2 | No | 4662 | 4882 | DRD3700 |
| | Missing | 4662 | 9544 | |

DRD370NQ - # of times sardines eaten past 30 days

Variable Name: DRD370NQ

SAS Label: # of times sardines eaten past 30 days

English Text: Number of times sardines were eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 to 16 | Range of Values | 220 | 220 | |
| | Missing | 9324 | 9544 | |

DRD3700 - Sea bass eaten during past 30 days

Variable Name: DRD3700

SAS Label: Sea bass eaten during past 30 days

English Text: Sea bass eaten during past 30 days

Target: Both males and females 1 EARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|--------------|---------------|
| 1 | Yes | 56 | 56 | |
| 2 | No / | 4826 | 4882 | DRD370P |
| | Missing | 4662 | 9 544 | |

DRD3700Q - # of times sea bass eaten past 30 days

Variable Name: DRD3700Q

SAS Label: # of times sea bass eaten past 30 days

English Text: Number of times sea bass was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative / | Skip to I tem |
|---------------|-------------------|-------|--------------|---------------|
| 1 to 6 | Range of Values | 56 | 56 | |
| | Missing | 9488 | 9544 | |

DRD370P - Shark eaten during past 30 days

Variable Name: DRD370P

SAS Label: Shark eaten during past 30 days

English Text: Shark eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Yes | 13 | 13 | |
| 2 | No | 4869 | 4882 | DRD370Q |
| | Missing | 4662 | 9544 | |

DRD370PQ - # of times shark eaten in past 30 days

Variable Name: DRD370PQ

SAS Label: # of times shark eaten in past 30 days

English Text: Number of times shark was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 4 | Range of Values | 13 | 13 | |
| | Missing | 9531 | 9544 | |

DRD370Q - Swordfish eaten during past 30 days

Variable Name: DRD370Q

SAS Label: Swordfish eaten during past 30 days

English Text: Swordfish eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 28 | 28 | |
| 2 | No | 4854 | 4882 | DRD370R |
| | Missing | 4662 | 9544 | |

DRD370QQ - # of times swordfish eaten past 30 days

Variable Name: DRD370QQ

SAS Label: # of times swordfish eaten past 30 days

English Text: Number of times swordfish was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 6 | Range of Values | 28 | 28 | |
| | Missing | 9516 | 9544 | |

DRD370R - Trout eaten during past 30 days

Variable Name: DRD370R

SAS Label: Trout eaten during past 30 days

English Text: Trout eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 163 | 163 | |
| 2 | No | 4719 | 4882 | DRD370S |
| | Missing | 4662 | 9544 | |

DRD370RQ - # of times trout eaten in past 30 days

Variable Name: DRD370RQ

SAS Label: # of times trout eaten in past 30 days

English Text: Number of times trout was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 6 | Range of Values | 163 | 163 | |
| | Missing | 9381 | 9544 | |

DRD370S - Walleye eaten during past 30 days

Variable Name: DRD370S

SAS Label: Walleye eaten during past 30 days

English Text: Walleye eaten during the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Curnulative | Skip to I tem |
|---------------|-------------------|-------|-------------|---------------|
| 1 | Yes | 52 | <i>8</i> 2 | |
| 2 | No | 4830 | 4882 | DRD370T |
| | Missing | 4662 | 9544 | |

DRD370SQ - # of times walleye eaten in past 30 days

Variable Name: DRD370SQ

SAS Label: # of times walleye eaten in past 30 days

English Text: Number of times walleye was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 4 | Range of Values | 52 | 52 | |
| | Missing | 9492 | 9544 | |

DRD370T - Other fish eaten during past 30 days

Variable Name: DRD370T

SAS Label: Other fish eaten during past 30 days

English Text: Other type of fish eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 1333 | 1333 | |
| 2 | No | 3549 | 4882 | DRD370U |
| | Missing | 4662 | 9544 | |

DRD370TQ - # of times other fish eaten past 30 days

Variable Name: DRD370TQ

SAS Label: # of times other fish eaten past 30 days

English Text: Number of times other type of fish was eaten in the past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 31 | Range of Values | 1333 | 1333 | |
| | Missing | 8211 | 9544 | |

DRD370U - Other unknown fish eaten in past 30 days

Variable Name: DRD370U

SAS Label: Other unknown fish eaten in past 30 days

English Text: Other unknown type eaten during past 30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to Item |
|---------------|-------------------|-------|------------|--------------|
| 1 | Yes | 342 | 342 | |
| 2 | No | 4540 | 4882 | DRD370V |
| | Missing | 4662 | 9544 | |

DRD370UQ - # of times other unknown fish eaten

Variable Name: DRD370UQ

SAS Label: # of times other unknown fish eaten

English Text: Number of times other unknown type of fish was eaten in the past

30 days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulative | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 to 24 | Range of Values | 342 | 342 | |
| | Missing | 9202 | 9544 | |

DRD370V - Refused on fish eaten past 30 days

Variable Name: DRD370V

SAS Label: Refused on fish eaten past 30 days

English Text: Refused to give detailed information on fish eaten during past 30

days

Target: Both males and females 1 YEARS - 150 YEARS

| Code or Value | Value Description | Count | Cumulațive | Skip to I tem |
|---------------|-------------------|-------|------------|---------------|
| 1 | Yes | 0 | 0 | |
| 2 | No | 4881 | 4881 | |
| | Missing | 4663 | 9544 | |

Appendix 1. Changes between WWEIA survey cycles 2007-2008 thru 2015-2016

| Variable or feature | WWEIA 2007-2008 | WWEIA 2009-2010 | WWEIA 2011-2012 | WWEIA 2013-2014 | WWEIA 2015-2016 |
|--|---|---|--|---|---|
| Number of days of intake data per respondent | 2 days | 2 days | 2 days | 2 days | 2 days |
| Nutrients included | Food energy and 64 nutrients/food components. Vitamin D added. | Same as 2007-2008 | Same as 2007-2008 | Same as 2007-2008 | Same as 2007-2008 |
| Food source (where food was obtained) | Same as 2005-2006 | Same as 2005-2006 | "Store" (value=1) has been split into three values - 1, 27 and 28. Codes 6 and 7 for cafeterias have revised descriptions. | Codes 8 and 9 revised descriptions. | Same as 2013-2014 |
| Combination food types | Same as 2003-2004 | Same as 2003-2004 | Same as 2003-2004 | Same as 2003-2004 | Same as 2003-2004 |
| Eating occasion names | Same as 2003-2004 | Same as 2003-2004 | Same as 2003-2004 | Same as 2003-2004 | Same as 2003-2004 |
| Special diet variables | Collected and released; 2 new codes: Low carbohydrate diet and High protein diet. | Same as 2007-2008 | Collected and released 2 new codes: Gluten-free/Celiac diet and Renal/Kidney. | Same as 2011-2012 | Same as 2011-2012 |
| Plain drinking water collected in same manner as other foods and beverages | Same as 2005-2006 | Same as 2005-2006 | Same as 2005-2006 | Same as 2005-2006 | Same as 2005-2006 |
| Number of intakes that include only water consumption for the day | 5 intakes (all in Day 2 data), records are included in Individual Foods file. | 4 intakes (all in Day 2 data), records are included in Individual Foods file. | 7 intakes (1 in Day 1, 6 in Day 2), records are included in Individual Foods file. | 6 intakes (all in Day 2 data), records are included in Individual Foods file. | 5 intakes (all in Day 2 data), records are included in Individual Foods file. |
| Number of intakes that include no water or food consumption for the day | 2 intakes (1 intake in Day 1 and 1 intake in Day 2) with no food or water records for the day. Records are not included in the Individual Foods File for these intakes. | 1 intake in Day 2 with no food or water records for the day. Record is not included in the Individual Foods File for this intake. | No such intake reported. | 1 intake in Day 2 with no food or water records for the day. Record is not included in the Individual Foods File for this intake. | 1 intake in Day 1 with no food or water records for the day. Record is not included in the Individual Foods File for this intake. |

| Variable or feature | WWEIA 2007-2008 | WWEIA 2009-2010 | WWEIA 2011-2012 | WWEIA 2013-2014 | WWEIA 2015-2016 |
|--|--|--|---|---|---|
| Eligible sample for questions on fish/ shellfish consumption in the past 30 days | Same as 2005-2006 | Same as 2005-2006 | Same as 2005-2006 | Same as 2005-2006 | Same as 2005-2006 |
| Number of days between the intake day and the day of family interview | Calculated and released; 2 new continuous variables calculated for both Day 1 and Day 2. | Same as 2007-2008 | Same as 2007-2008 | Same as 2007-2008 | Same as 2007-2008 |
| Data processing step on salt adjustment | Applied | No longer applied (Sebastian et al., 2013). | Same as 2009-2010 | Same as 2009-2010 | Same as 2009-2010 |
| Modification codes: DR1MC Day 2 Modification codes: DR2MC Modification Code Description file: DRXMCD | Same as 2005-2006 | Same as 2005-2006 | Some modification codes deleted; new food codes addressing modifications added in FNDDS 2011-2012. | All remaining modification codes deleted; new food codes addressing modifications added in FNDDS 2013-2014. | No modification codes |
| Salt used at the table yesterday and type | Not asked. | Not asked. | Not asked. | Question asked about salt use at the table yesterday and kind of salt to coincide with 24-hour recall. | Same as 2013-2014 |
| Main respondent and person whom helped in responding for the interview | Same as 2003-2004 | Same as 2003-2004 | Same as 2003-2004 | Same as 2003-2004 | There are new variables for the main respondent and whom helped with the interview. |

Appendix 2. Variables in the Individual Foods Files (DR1IFF_I and DR2IFF_I) by Position

| Day1 Name | Day2 Name | Variable Label |
|-----------|-----------|---|
| SEQN | SEQN | Respondent sequence number |
| WTDRD1 | WTDRD1 | Dietary day one sample weight |
| WTDR2D | WTDR2D | Dietary two-day sample weight |
| DR1ILINE | DR2ILINE | Food/Individual component number |
| DR1DRSTZ | DR2DRSTZ | Dietary recall status |
| DR1EXMER | DR2EXMER | Interviewer ID code |
| DRABF | DRABF | Breast-fed infant (either day) |
| DRDINT | DRDINT | Number of days of intake |
| DR1DBIH | DR2DBIH | # of days b/w intake and HH interview |
| DR1DAY | DR2DAY | Intake day of the week |
| DR1LANG | DR2LANG | Language respondent used mostly |
| DR1CCMNM | DR2CCMNM | Combination food number |
| DR1CCMTX | DR2CCMTX | Combination food type |
| DR1_020 | DR2_020 | Time of eating occasion (HH:MM) |
| DR1_030Z | DR2_030Z | Name of eating occasion |
| DR1FS | DR2FS | Source of food |
| DR1_040Z | DR2_040Z | Did you eat this meal at home? |
| DR1IFDCD | DR2IFDCD | USDA food code |
| DR1IGRMS | DR2IGRMS | Grams |
| DR1IKCAL | DR2IKCAL | Energy (kcal) |
| DR1IPROT | DR2IPROT | Protein (gm) |
| DR1ICARB | DR2ICARB | Carbohydrate (gm) |
| DR1ISUGR | DR2ISUGR | Total sugars (gm) |
| DR1IFIBE | DR2IFIBE | Dietary fiber (gm) |
| DR1ITFAT | DR2ITFAT | Total fat (gm) |
| DR1ISFAT | DR2ISFAT | Total saturated fatty acids (gm) |
| DR1IMFAT | DR2IMFAT | Total monounsaturated fatty acids (gm) |
| DR1IPFAT | DR2IPFAT | Total polyunsaturated fatty acids (gm) |
| DR1ICHOL | DR2ICHOL | Cholesterol (mg) |
| DR1IATOC | DR2IATOC | Vitamin E as alpha-tocopherol (mg) |
| DR1IATOA | DR2IATOA | Added alpha-tocopherol (Vitamin E) (mg) |
| DR1IRET | DR2IRET | Retinol (mcg) |
| DR1IVARA | DR2IVARA | Vitamin A, RAE (mcg) |
| DR1IACAR | DR2IACAR | Alpha-carotene (mcg) |
| DR1IBCAR | DR2IBCAR | Beta-carotene (mcg) |
| DR1ICRYP | DR2ICRYP | Beta-cryptoxanthin (mcg) |
| DR1ILYCO | DR2ILYCO | Lycopene (mcg) |

| Day1 Name | Day2 Name | Variable Label |
|-----------|-----------|-------------------------------|
| DR1ILZ | DR2ILZ | Lutein + zeaxanthin (mcg) |
| DR1IVB1 | DR2IVB1 | Thiamin (Vitamin B1) (mg) |
| DR1IVB2 | DR2IVB2 | Riboflavin (Vitamin B2) (mg) |
| DR1INIAC | DR2INIAC | Niacin (mg) |
| DR1IVB6 | DR2IVB6 | Vitamin B6 (mg) |
| DR1IFOLA | DR2IFOLA | Total folate (mcg) |
| DR1IFA | DR2IFA | Folic acid (mcg) |
| DR1IFF | DR2IFF | Food folate (mcg) |
| DR1IFDFE | DR2IFDFE | Folate, DFE (mcg) |
| DR1ICHL | DR2ICHL | Total choline (mg) |
| DR1IVB12 | DR2IVB12 | Vitamin B12 (mcg) |
| DR1IB12A | DR2IB12A | Added vitamin B12 (mcg) |
| DR1IVC | DR2IVC | Vitamin C (mg) |
| DR1IVD | DR2IVD | Vitamin D (D2 + D3) (mcg) |
| DR1IVK | DR2IVK | Vitamin K (mcg) |
| DR1ICALC | DR2ICALC | Calcium (mg) |
| DR1IPHOS | DR2IPHOS | Phosphorus (mg) |
| DR1IMAGN | DR2IMAGN | Magnesium (mg) |
| DR1IIRON | DR2IIRON | Iron (mg) |
| DR1IZINC | DR2IZINC | Zinc (mg) |
| DR1ICOPP | DR2ICOPP | Copper (mg) |
| DR1ISODI | DR2ISODI | Sodium (mg) |
| DR1IPOTA | DR2IPOTA | Potassium (mg) |
| DR1ISELE | DR2ISELE | Selenium (mcg) |
| DR1ICAFF | DR2ICAFF | Caffeine (mg) |
| DR1ITHEO | DR2ITHEO | Theobromine (mg) |
| DR1IALCO | DR2IALCO | Alcohol (gm) |
| DR1IMOIS | DR2IMOIS | Moisture (gm) |
| DR1IS040 | DR2IS040 | SFA 4:0 (Butanoic) (gm) |
| DR1IS060 | DR2IS060 | SFA 6:0 (Hexanoic) (gm) |
| DR1IS080 | DR2IS080 | SFA 8:0 (Octanoic) (gm) |
| DR1IS100 | DR2IS100 | SFA 10:0 (Decanoic) (gm) |
| DR1IS120 | DR2IS120 | SFA 12:0 (Dodecanoic) (gm) |
| DR1IS140 | DR2IS140 | SFA 14:0 (Tetradecanoic) (gm) |
| DR1IS160 | DR2IS160 | SFA 16:0 (Hexadecanoic) (gm) |
| DR1IS180 | DR2IS180 | SFA 18:0 (Octadecanoic) (gm) |
| DR1IM161 | DR2IM161 | MFA 16:1 (Hexadecenoic) (gm) |

| Day1 Name | Day2 Name | Variable Label |
|-----------|-----------|------------------------------------|
| DR1IM181 | DR2IM181 | MFA 18:1 (Octadecenoic) (gm) |
| DR1IM201 | DR2IM201 | MFA 20:1 (Eicosenoic) (gm) |
| DR1IM221 | DR2IM221 | MFA 22:1 (Docosenoic) (gm) |
| DR1IP182 | DR2IP182 | PFA 18:2 (Octadecadienoic) (gm) |
| DR1IP183 | DR2IP183 | PFA 18:3 (Octadecatrienoic) (gm) |
| DR1IP184 | DR2IP184 | PFA 18:4 (Octadecatetraenoic) (gm) |
| DR1IP204 | DR2IP204 | PFA 20:4 (Eicosatetraenoic) (gm) |
| DR1IP205 | DR2IP205 | PFA 20:5 (Eicosapentaenoic) (gm) |
| DR1IP225 | DR2IP225 | PFA 22:5 (Docosapentaenoic) (gm) |
| DR1IP226 | DR2IP226 | PFA 22:6 (Docosahexaenoic) (gm) |

Appendix 3. List of Nutrients/Food Components (Unit)

Energy and Macronutrients

```
Food energy (kcal)
Protein (gm)
Carbohydrate (gm)
Fat, total (gm)
Alcohol (gm)
Sugars, total (gm)
Dietary fiber, total (gm)
Water (moisture) (gm)*
Saturated fatty acids, total (gm)
Monounsaturated fatty acids, total (gm)
Polyunsaturated fatty acids, total (gm)
Cholesterol (mg)
Individual fatty acids:
  4:0 (gm)
  6:0 (gm)
  8:0 (gm)
  10:0 (gm)
  12:0 (gm)
  14:0 (gm)
  16:0 (gm)
  18:0 (gm)
  16:1 (gm)
  18:1 (gm)
  20:1 (gm)
  22:1 (gm)
  18:2 (gm)
  18:3 (gm)
  18:4 (gm)
  20:4 (gm)
  20:5 n-3 (gm)
  22:5 n-3 (gm)
  22:6 n-3 (gm)
```

Vitamins, Minerals, and Other Components

```
Vitamin A as retinol activity equivalents (mcg)
Retinol (mcg)
Carotenoids:
  Carotene, alpha (mcg)
  Carotene, beta (mcg)
  Cryptoxanthin, beta (mcg)
  Lycopene (mcg)
  Lutein + zeaxanthin (mcg)
Vitamin E as alpha-tocopherol (mg)
  Added vitamin E as alpha-tocopherol (mg)
Vitamin D (D2 + D3) (mcg)
Vitamin K as phylloquinone (mcg)
Vitamin C (mg)
Thiamin (mg)
Riboflavin (mg)
Niacin (mg)
Vitamin B-6 (mg)
Folate, total (mcg)
  Folate as dietary folate equivalents (mcg)
```

Folic acid (mcg)
Food folate (mcg)
Choline, total (mg)
Vitamin B-12 (mcg)
Added vitamin B-12 (mcg)

Calcium (mg)
Iron (mg)
Magnesium (mg)
Phosphorus (mg)
Potassium (mg)
Sodium (mg)
Zinc (mg)
Copper (mg)
Selenium (mcg)
Caffeine (mg)
Theobromine (mg)

^{*} Value reflects moisture present in all foods, beverages, and water consumed as a beverage (variables DR1IMOIS, DR2IMOIS, DR1TMOIS, DR2TMOIS)

Appendix 4. Adding Food Code Descriptions to Your Files

One supporting file is included with the Individual Foods files: the Food Code Description file (DRXFCD_I).

The DRXFCD_I file includes abbreviated descriptions (up to 60 characters) and complete descriptions (up to 200 characters) associated with each USDA food code included in the Individual Foods files.

The Food Code Description file (DRXFCD_I) contains three variables:

DRXFDCD a numeric value corresponding to DR1IFDCD in the file DR1IFF_I or DR2IFDCD in the file DR2IFF_I;

DRXFCSD a short description (up to 60 characters) of the food code;

DRXFDLD a long description (up to 200 characters) of the food code.

The following SQL code is an example of appending the shorter food code description (here renamed DR1IFCSD) to one of the Individual Foods files using PROC SQL from SAS®. Other SQL implementations may be different.

```
proc sql;
create table DR1IFF_I_PLUS as
select iff.*, desc.DRXFCSD as DR1IFCSD
from NHANES.DR1IFF_I iff
left join NHANES.DRXFCD_I desc
on iff.DR1IFDCD = desc.DRXFDCD
order by SEQN, DR1ILINE;
quit;
```

SAS® users may wish to use Proc Format to assign labels to the food codes. The following example generates and saves a picture format for food codes and a separate format for each food code that includes both the food code itself and the short food code description. It is assumed that the user has stored the Individual Foods files and the Food Code Description file in a library called NHANES and wishes to store the formats there as well.

```
options fmtsearch = (NHANES);
proc format library = library;
 picture foodcode
 low - high = '000-00000';
quit;
data tmp;
 set NHANES.DRXFCD_I;
 length cfoodcode $9 label $72;
 cfoodcode = put(DRXFDCD, foodcode.);
 label = cfoodcode | | ' ' | | DRXFCSD;
run;
data fmt (keep = fmtname start label);
 set tmp;
 retain fmtname 'DRXFDCD';
 rename DRXFDCD = start;
proc format cntlin = fmt library = library;
run;
```

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Appendix 5. Variables in the Total Nutrients Files (DR1TOT_I and DR2TOT_I) by Position

| Day1 Name | Day2 Name | Variable Label |
|-----------|-----------|---|
| SEQN | SEQN | Respondent sequence number |
| WTDRD1 | WTDRD1 | Dietary day one sample weight |
| WTDR2D | WTDR2D | Dietary two-day sample weight |
| DR1DRSTZ | DR2DRSTZ | Dietary recall status |
| DR1EXMER | DR2EXMER | Interviewer ID code |
| DRABF | DRABF | Breast-fed infant (either day) |
| DRDINT | DRDINT | Number of days of intake |
| DR1DBIH | DR2DBIH | # of days b/w intake and HH interview |
| DR1DAY | DR2DAY | Intake day of the week |
| DR1LANG | DR2LANG | Language respondent used mostly |
| DR1MRESP | DR2MRESP | Main respondent for this interview |
| DR1HELP | DR2HELP | Helped in responding for this interview |
| DBQ095Z | N/A | Type of table salt used |
| DBD100 | N/A | How often add salt to food at table |
| DRQSPREP | N/A | Salt used in preparation? |
| DR1STY | DR2STY | Salt used at table yesterday? |
| DR1SKY | DR2SKY | Type of salt used yesterday |
| DRQSDIET | N/A | On special diet? |
| DRQSDT1 | N/A | Weight loss/Low calorie diet |
| DRQSDT2 | N/A | Low fat/Low cholesterol diet |
| DRQSDT3 | N/A | Low salt/Low sodium diet |
| DRQSDT4 | N/A | Sugar free/Low sugar diet |
| DRQSDT5 | N/A | Low fiber diet |
| DRQSDT6 | N/A | High fiber diet |
| DRQSDT7 | N/A | Diabetic diet |
| DRQSDT8 | N/A | Weight gain/Muscle building diet |
| DRQSDT9 | N/A | Low carbohydrate diet |
| DRQSDT10 | N/A | High protein diet |
| DRQSDT11 | N/A | Gluten-free/Celiac diet |
| DRQSDT12 | N/A | Renal/Kidney diet |
| DRQSDT91 | N/A | Other special diet |
| DR1TNUMF | DR2TNUMF | Number of foods/beverages reported |
| DR1TKCAL | DR2TKCAL | Energy (kcal) |
| DR1TPROT | DR2TPROT | Protein (gm) |
| DR1TCARB | DR2TCARB | Carbohydrate (gm) |
| DR1TSUGR | DR2TSUGR | Total sugars (gm) |
| DR1TFIBE | DR2TFIBE | Dietary fiber (gm) |

| Day1 Name | Day2 Name | Variable Label |
|-----------|-----------|---|
| DR1TTFAT | DR2TTFAT | Total fat (gm) |
| DR1TSFAT | DR2TSFAT | Total saturated fatty acids (gm) |
| DR1TMFAT | DR2TMFAT | Total monounsaturated fatty acids (gm) |
| DR1TPFAT | DR2TPFAT | Total polyunsaturated fatty acids (gm) |
| DR1TCHOL | DR2TCHOL | Cholesterol (mg) |
| DR1TATOC | DR2TATOC | Vitamin E as alpha-tocopherol (mg) |
| DR1TATOA | DR2TATOA | Added alpha-tocopherol (Vitamin E) (mg) |
| DR1TRET | DR2TRET | Retinol (mcg) |
| DR1TVARA | DR2TVARA | Vitamin A, RAE (mcg) |
| DR1TACAR | DR2TACAR | Alpha-carotene (mcg) |
| DR1TBCAR | DR2TBCAR | Beta-carotene (mcg) |
| DR1TCRYP | DR2TCRYP | Beta-cryptoxanthin (mcg) |
| DR1TLYCO | DR2TLYCO | Lycopene (mcg) |
| DR1TLZ | DR2TLZ | Lutein + zeaxanthin (mcg) |
| DR1TVB1 | DR2TVB1 | Thiamin (Vitamin B1) (mg) |
| DR1TVB2 | DR2TVB2 | Riboflavin (Vitamin B2) (mg) |
| DR1TNIAC | DR2TNIAC | Niacin (mg) |
| DR1TVB6 | DR2TVB6 | Vitamin B6 (mg) |
| DR1TFOLA | DR2TFOLA | Total folate (mcg) |
| DR1TFA | DR2TFA | Folic acid (mcg) |
| DR1TFF | DR2TFF | Food folate (mcg) |
| DR1TFDFE | DR2TFDFE | Folate, DFE (mcg) |
| DR1TCHL | DR2TCHL | Total choline (mg) |
| DR1TVB12 | DR2TVB12 | Vitamin B12 (mcg) |
| DR1TB12A | DR2TB12A | Added vitamin B12 (mcg) |
| DR1TVC | DR2TVC | Vitamin C (mg) |
| DR1TVD | DR2TVD | Vitamin D (D2 + D3) (mcg) |
| DR1TVK | DR2TVK | Vitamin K (mcg) |
| DR1TCALC | DR2TCALC | Calcium (mg) |
| DR1TPHOS | DR2TPHOS | Phosphorus (mg) |
| DR1TMAGN | DR2TMAGN | Magnesium (mg) |
| DR1TIRON | DR2TIRON | Iron (mg) |
| DR1TZINC | DR2TZINC | Zinc (mg) |
| DR1TCOPP | DR2TCOPP | Copper (mg) |
| DR1TSODI | DR2TSODI | Sodium (mg) |
| DR1TPOTA | DR2TPOTA | Potassium (mg) |
| DR1TSELE | DR2TSELE | Selenium (mcg) |

| Day1 Name | Day2 Name | Variable Label |
|-----------|-----------|--|
| DR1TCAFF | DR2TCAFF | Caffeine (mg) |
| DR1TTHEO | DR2TTHEO | Theobromine (mg) |
| DR1TALCO | DR2TALCO | Alcohol (gm) |
| DR1TMOIS | DR2TMOIS | Moisture (gm) |
| DR1TS040 | DR2TS040 | SFA 4:0 (Butanoic) (gm) |
| DR1TS060 | DR2TS060 | SFA 6:0 (Hexanoic) (gm) |
| DR1TS080 | DR2TS080 | SFA 8:0 (Octanoic) (gm) |
| DR1TS100 | DR2TS100 | SFA 10:0 (Decanoic) (gm) |
| DR1TS120 | DR2TS120 | SFA 12:0 (Dodecanoic) (gm) |
| DR1TS140 | DR2TS140 | SFA 14:0 (Tetradecanoic) (gm) |
| DR1TS160 | DR2TS160 | SFA 16:0 (Hexadecanoic) (gm) |
| DR1TS180 | DR2TS180 | SFA 18:0 (Octadecanoic) (gm) |
| DR1TM161 | DR2TM161 | MFA 16:1 (Hexadecenoic) (gm) |
| DR1TM181 | DR2TM181 | MFA 18:1 (Octadecenoic) (gm) |
| DR1TM201 | DR2TM201 | MFA 20:1 (Eicosenoic) (gm) |
| DR1TM221 | DR2TM221 | MFA 22:1 (Docosenoic) (gm) |
| DR1TP182 | DR2TP182 | PFA 18:2 (Octadecadienoic) (gm) |
| DR1TP183 | DR2TP183 | PFA 18:3 (Octadecatrienoic) (gm) |
| DR1TP184 | DR2TP184 | PFA 18:4 (Octadecatetraenoic) (gm) |
| DR1TP204 | DR2TP204 | PFA 20:4 (Eicosatetraenoic) (gm) |
| DR1TP205 | DR2TP205 | PFA 20:5 (Eicosapentaenoic) (gm) |
| DR1TP225 | DR2TP225 | PFA 22:5 (Docosapentaenoic) (gm) |
| DR1TP226 | DR2TP226 | PFA 22:6 (Docosahexaenoic) (gm) |
| DR1_300 | DR2_300 | Compare food consumed yesterday to usual |
| DR1_320Z | DR2_320Z | Total plain water drank yesterday (gm) |
| DR1_330Z | DR2_330Z | Total tap water drank yesterday (gm) |
| DR1BWATZ | DR2BWATZ | Total bottled water drank yesterday (gm) |
| DR1TWS | DR2TWS | Tap water source |
| DRD340 | N/A | Shellfish eaten during past 30 days |
| DRD350A | N/A | Clams eaten during past 30 days |
| DRD350AQ | N/A | # of times clams eaten in past 30 days |
| DRD350B | N/A | Crabs eaten during past 30 days |
| DRD350BQ | N/A | # of times crabs eaten in past 30 days |
| DRD350C | N/A | Crayfish eaten during past 30 days |
| DRD350CQ | N/A | # of times crayfish eaten past 30 days |
| DRD350D | N/A | Lobsters eaten during past 30 days |
| DRD350DQ | N/A | # of times lobsters eaten past 30 days |

| Day1 Name | Day2 Name | Variable Label |
|-----------|-----------|--|
| DRD350E | N/A | Mussels eaten during past 30 days |
| DRD350EQ | N/A | # of times mussels eaten in past 30 days |
| DRD350F | N/A | Oysters eaten during past 30 days |
| DRD350FQ | N/A | # of times oysters eaten in past 30 days |
| DRD350G | N/A | Scallops eaten during past 30 days |
| DRD350GQ | N/A | # of times scallops eaten past 30 days |
| DRD350H | N/A | Shrimp eaten during past 30 days |
| DRD350HQ | N/A | # of times shrimp eaten in past 30 days |
| DRD350I | N/A | Other shellfish eaten past 30 days |
| DRD350IQ | N/A | # of times other shellfish eaten |
| DRD350J | N/A | Other unknown shellfish eaten past 30 d |
| DRD350JQ | N/A | # of times other unknown shellfish eaten |
| DRD350K | N/A | Refused on shellfish eaten past 30 days |
| DRD360 | N/A | Fish eaten during past 30 days |
| DRD370A | N/A | Breaded fish products eaten past 30 days |
| DRD370AQ | N/A | # of times breaded fish products eaten |
| DRD370B | N/A | Tuna eaten during past 30 days |
| DRD370BQ | N/A | # of times tuna eaten in past 30 days |
| DRD370C | N/A | Bass eaten during past 30 days |
| DRD370CQ | N/A | # of times bass eaten in past 30 days |
| DRD370D | N/A | Catfish eaten during past 30 days |
| DRD370DQ | N/A | # of times catfish eaten in past 30 days |
| DRD370E | N/A | Cod eaten during past 30 days |
| DRD370EQ | N/A | # of times cod eaten in past 30 days |
| DRD370F | N/A | Flatfish eaten during past 30 days |
| DRD370FQ | N/A | # of times flatfish eaten past 30 days |
| DRD370G | N/A | Haddock eaten during past 30 days |
| DRD370GQ | N/A | # of times haddock eaten in past 30 days |
| DRD370H | N/A | Mackerel eaten during past 30 days |
| DRD370HQ | N/A | # of times mackerel eaten past 30 days |
| DRD370I | N/A | Perch eaten during past 30 days |
| DRD370IQ | N/A | # of times perch eaten in past 30 days |
| DRD370J | N/A | Pike eaten during past 30 days |
| DRD370JQ | N/A | # of times pike eaten in past 30 days |
| DRD370K | N/A | Pollock eaten during past 30 days |
| DRD370KQ | N/A | # of times pollock eaten in past 30 days |
| DRD370L | N/A | Porgy eaten during past 30 days |

| Day1 Name | Day2 Name | Variable Label |
|-----------|-----------|--|
| DRD370LQ | N/A | # of times porgy eaten in past 30 days |
| DRD370M | N/A | Salmon eaten during past 30 days |
| DRD370MQ | N/A | # of times salmon eaten in past 30 days |
| DRD370N | N/A | Sardines eaten during past 30 days |
| DRD370NQ | N/A | # of times sardines eaten past 30 days |
| DRD3700 | N/A | Sea bass eaten during past 30 days |
| DRD3700Q | N/A | # of times sea bass eaten past 30 days |
| DRD370P | N/A | Shark eaten during past 30 days |
| DRD370PQ | N/A | # of times shark eaten in past 30 days |
| DRD370Q | N/A | Swordfish eaten during past 30 days |
| DRD370QQ | N/A | # of times swordfish eaten past 30 days |
| DRD370R | N/A | Trout eaten during past 30 days |
| DRD370RQ | N/A | # of times trout eaten in past 30 days |
| DRD370S | N/A | Walleye eaten during past 30 days |
| DRD370SQ | N/A | # of times walleye eaten in past 30 days |
| DRD370T | N/A | Other fish eaten during past 30 days |
| DRD370TQ | N/A | # of times other fish eaten past 30 days |
| DRD370U | N/A | Other unknown fish eaten in past 30 days |
| DRD370UQ | N/A | # of times other unknown fish eaten |
| DRD370V | N/A | Refused on fish eaten past 30 days |