

## Dila Mekarila

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Psychology graduate with experience in the field of people development. Possess hands-on experience in people development, employee recruitment, competency assessment, human resources planning, psychology administration, performance evaluation, and event management. Currently looking to continue the development of skills in the field of human resources management and psychological counselling.

### EDUCATION

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#### Bachelor of Psychology, Islamic University of Indonesia

2020 – 2024

- GPA: 3.68/4.00

### INTERNSHIP EXPERIENCES

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#### Staff HRD of People Development, MSIB Batch 6 PT. Bersama Zatta Jaya Tbk (Elcorps) 2024

- Create Brand Guideline material Elzatta and Dauky for introduction presentation and conducted induction to new employees.
- Developed 15-20 pre-test and post test modules for Elzatta and Dauky store employee training activities.
- Designed and execution internal company events with approximately 260 participants.
- Analyzed employee job profiles in 17 departments and helped facilitate training as moderator and zoom facilitator.
- Designed and execution an event for MSIB internship at elcorps with around 80 participants.
- Made syllabus for company visit from SEBI with 60 participants.
- Creating reports and MoMs for training assessments and employee promotions.
- Evaluated the effectiveness of employee training and internal company events.
- Assisted the recruitment position to conduct interviews for independent internship candidates.

#### Psychologist Assistant, Biro Psikologi Fokus Center Yogyakarta

2024

- Creating psychoeducational content on Instagram and tiktok.
- Managed administering and scoring psychological tests.
- Observe clients before therapy session and making educational toys for early childhood.
- Create psychological examination results (HPP).

### ACADEMIC EXPERIENCES

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#### Departement of Psychology UII

2022- 2023

Understand the use of psychological test tools. Conduct case analysis on testees to further determine the intervention to be given according to the instructions of the psychological test tool.

- Practicum Thematic Apperception Test (TAT)
- Practicum of Organizational Assessment and Intervention
- Practicum of Experimental Research Methods
- Practicum Assessment of Children and Adolescents
- Practicum Assessment of Adult

### ORGANIZATIONAL EXPERIENCES

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#### Director of Internal Development, FPCI Chapter UII

2021– 2022

- Periodically analyzing the potential development strategy of FPCI Chapter UII members.
- Lead 8 members to coordinate in implementing several work programs.

- Successfully implemented 8 events with 4 work program concepts and an average of 60+ participants.

**Trial Adhikari of Departement Social Community, LEM UII**

2021– 2022

- Contributed in assisting the teaching program in the target village with 30 child participants and carried out social services.
- Conceptualizing a work program regarding the provision of university scholarships.

**Staff of Departement Public Relation, FPCI Chapter UII**

2020 – 2021

- Successfully managed and strengthened communication with other University FPCI Chapters by performing cold emails, cold calling, and setting up official meetings between the organizations.
- Coordinated over 5 joint events featuring seamless teamwork between 6+ divisions with 60+ members.
- Responsibly represent the organization by attending and participating in any invited events at the FPCI Chapter or FPCI Central level, showing active participation and contributing to 100% attendance at all events.

**SKILL & ABILITIES**

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- Adaptive
- Communicative
- Problem Solving
- Time Management
- Microsoft Office
- Google Suite
- Teamwork
- Administration
- Psychological test
- Event Management