

Reil Brown – Verbatim Messages

This document contains Reil Brown's messages exactly as written, preserved verbatim for reference and development context.

OK for starters I really do not like the look of it

So the first picture with the categories is a lot of damn categories to go through in the chat box or whatever is at the bottom I feel like some of this can be together or it could just change altogether. I don't know.

The second picture is of the calendar. I wanna actual calendar like like the numbers of the month that we're in in the year like I want the actual actual calendar for this, but I don't know if it can be grouped with something else

I do appreciate the task thing, but I don't know. I feel like it would be good with something else.

Oh, I got it

So the main screen could be the AI right but at the top corner, it could have lines that open up something I feel like the categories but can we do it?

I don't know. I don't know what looks like, but I feel like a lot of of the things are falling flat and it would be to much to make on your own

So in AI chat, it could ask you what you wanna do today.

Do you wanna make a plan? Do you want to continue to tell me about yourself

And then tell me about yourself can be the data the what you call it the AI collects for you to you know for the AI to know you understand what your goals

If the user can't decide that's the whole thing about this it's hard for me to decide how to move in life and have to stay on track.

That's the way out. That's the thing I need to have but the thing is I need to have wellness to stay on track Have focus

I want to re-create my life the way that I want to see it, but it needs to be simple

because I probably have ADHD and when it's overcomplicated it, it takes me but when I'm not a challenge, it does too

but still I wanted to be simple for users to understand what they're doing to have a say and to be guided

I don't want them to feel like the way they do things are wrong

but to be guided in the uplifting way

2.

A new category called challenges

Where that brings up a menu that has a category of challenges

It could be work out challenges

Mental health challenges

Meal challenges

Social challenges

Financial challenges

I want these challenges to help empower people get people to the next level help reach their goals, helping invoke a higher perspective

I want another category called. Talk it out

and that's where the user would you know expressed their feelings, their frustrations or whatever however they feel

and the AI would gather intelligence that best helps them through their situation

I don't want it to lose his calm nature, but I don't want it to be afraid to deliver hard truth.

I want it to be a realistic, Real life elevation tool

I want it to be an assistant

just like back in the day how they had a handheld personal assistant

Oh it can be my schedule

My meal prep

My workout

but doesn't this turn it to a scheduling app

Oh, can you make it so even the AI could give guided breathing exercise and then copy and paste everything

I want this all to be created off of the user's profile or the user's preferences.

So if the AI needs to ask questions, let the AI ask questions, just like how ChatGPT asks questions.

I want it to have a ChatGPT type AI.

I want it to use the user's camera to take a full body scan.

So add that to the what you call it too.

I want this a lot of stuff that is talking About when you open up the app

I want it to be sleek

so nothing needs to be said other than how can I help you

and then have a short list of categories

I don't want to have to scroll down just to see what the hell the AI is talking about when I first logged in

it's just busy

and for the system blueprint or the wellness system blueprint button at the top

I wanted to have all of dimensions of AI

and it could give us synopsis of your users blueprint for each well for each dimension

but for the ones that the AI needs more population for the use have a button for the user to like get asked questions about or whatever the case may be