# Cosmopolitan, Idyllic, Sophisticated

Fuel your passion for food while sailing in the Aegean Sea, on a quest for new flavors, ingredients

and dishes of the renowned Greek cuisine

The idyllic Sporades islands, dispersed southeast of the Pelion Peninsula, the summer residence of the Gods. Lush and green, with mountainous terrain and spectacular, clear water beaches, often accessible only by boat, this group of islands hosts some of the finest scenery in Greece. Go islandhopping

and discover a hidden paradise through this ultimate relaxing sailing experience, as unforgettable as your first love.

#### Day 1. Trikeri & Skiathos islands

Welcome on board. Sail from Volos to Trikeri, a small island in Pagasitikos gulf. Trek on cobblestone paths, also known as kalderimia and swim in a peaceful beach. Participate in a cooking class and taste flavorful local dishes. Continue sailing along the Pelion peninsula to reach the cosmopolitan island of Skiathos. Stroll around and have dinner at a gourmet restaurant with innovative Greek cuisine.

### Day 2. Skopelos island

Sail to the island of Skopelos. Swim and relax on a sandy beach in Panormos bay. Arrive in the port of Agnontas and taste authentic island food. Continue sailing to reach the capital of Skopelos town. Take a leisure walk and enjoy your dinner at one of the best restaurants of the lovely old town.

### Day 3. Peristera & Alonnisos islands

The boat departs in the morning to the desert island of Peristera. Swim in the crystal clear water of an unspoiled anchorage. Keep on sailing to Steni Vala one of the sailor's hot spots in Sporades islands. Learn how to cook with healthy, simple ingredients of traditional cuisine in a famous taverna and taste seafood and local dishes. Spend some time relaxing on-board, where the chef will prepare for you a wine tasting experience together with cheese and fresh fruit for dinner!

### Day 4. Kyra Panagia island experience

Go on sailing to the bay of Vasilikou in Peristera and take a picnic on the beach. Sail to the bay of Planitis, in the island of Kyra Panagia, one of the largest natural harbors in the Mediterranean Sea. Swim or snorkel in the transparent water. Dinner on the boat under a sky full of countless stars!

# Day 5. Alonnisos island

Sail to Patitiri in the island of Alonnisos. Walk around, visit a tuna-processing unit and follow a cooking demonstration on this local delicacy of Alonnisos. Enjoy your lunch in a local fish-tavern and in the evening you are free to explore the island's nightlife.

# Day 6. Skopelos & Skiathos islands

The trip continues to the island of Skopelos. Arrive in Stafylos bay. Stop for swimming or snorkeling. Set off again to the port of Glossa. Explore the area and enjoy a cooking class and lunch on-board. Continue the trip back to Skiathos and head to Koukounaries beach, one of the most beautiful beaches in the whole Mediterranean. Enjoy your dinner at the restaurant of one of the best hotels in the area.

# Day 7 Skiathos & return to Volos

Enjoy your last breakfast at Koukounaries bay to finish off this amazing experience, and start your trip back to Volos.

#### Included:

- Accommodation & transfer in a luxury sailing boat
- Guided seven-day tour to 4 of the Sporades islands with traditional villages, and natural attractions
- Professional skipper
- Group leader & chef on board
- Visit to the National Marine Park of Alonnisos, the largest marine protected area in Europe and home to the monk seal Monachus monachus
- Five cooking classes by expert chefs
- Visit to a tuna-processing unit
- $\bullet$  Short distance trekking activities (level of difficulty: easy)
- Seven breakfasts
- Seven lunches & five dinners
- All entrance fees for scheduled activities / visits
- English speaking guide
- Travel insurance

#### Excluded:

- International & domestic flights
- Visas
- Airport pick up & drop off (available upon request)
- $\bullet$  Meals & Drinks, where not listed as included in the itinerary
- Optional additional tours or activities during free time
- Tips and items of a personal nature