$$|H|=0 |H|\neq 0$$

$$(Mn^{2+})$$

$$\frac{\pm 5/2 \pm 3/2}{\pm 1/2}$$

$$\frac{\pm 5/2 \pm 3/2}{\pm 1/2}$$

$$+1/2$$

$$-1/2$$

$$-3/2$$

$$-5/2$$