- WHO Guidelines Review Committee [EB/OL]. 2017. https://apps.who.int/iris/handle/10665/259269.
- [58] WHO. Guideline: protecting, promoting and supporting breastfeeding in facilities providing maternity and newborn services [EB/OL].(2017). https://apps.who.int/iris/bitstream/handle/10665/259386/9789241550086-eng.pdf; jsessionid=2DDF3F505A168E9F9971E2E4FADB9CD8?seguence=1. Licence: CC BY-NC-SA 3.0 IGO.
- [59] MARTIN R M, KRAMER M S, PATEL R, et al. Effects of promoting long-term, exclusive breastfeeding on adolescent adiposity, blood pressure, and growth trajectories: a secondary analysis of a randomized clinical trial [J]. JAMA Pediatr, 2017, 171 (7): e170698.
- [60] GÜNGÖR D, NADAUD P, LAPERGOLA C C, et al. Infant milk-feeding practices and food allergies, allergic rhinitis, atopic dermatitis, and asthma throughout the life span: a systematic review [J]. Am J Clin Nutr, 2019, 109 (Suppl\_7): 772s-799s.
- [ 61 ] WHO. The WHO child growth standards [ EB/OL ] . ( 2006 ) . https://www.who.int/toolkits/child-growth-standards/standards.
- [62] MIHATSCH W A, BRAEGGER C, BRONSKY J, et al. Prevention of Vitamin K Deficiency Bleeding in Newborn Infants: A Position Paper by the ESPGHAN Committee on Nutrition[J]. J Pediatr Gastroenterol Nutr, 2016, 63 (1): 123-129.
- [63] WHO, UNICEF. Global strategy for infant and young child feeding [M]. Geneva: WHO, 2003.
- [64] WHO. Guiding Principles for Complementary Feeding of the Breastfed Child [M]. Washington DC: World Health Organization, 2003.
- [65] WHO. Guiding principles for feeding non-breastfed children 6-24 months of age [M]. Washington DC: World Health Organization, 2005.
- [66] DIETARY GUIDELINES ADVISORY COMMITTEE. Scientific Report of the 2020 Dietary Guidelines Advisory Committee: Advisory Report to the Secretary of Agriculture and the Secretary of Health and Human Services [N]. U.S. Department of Agriculture, Agricultural Research Service, 2020.
- [67] PEARCE J, TAYLOR M A, LANGLEY-EVANS S C. Timing of the introduction of complementary feeding and risk of childhood obesity: a systematic review [J]. Int J Obes, 2013, 37 (10): 1295-1306.
- [68] 杨振宇. 中国居民营养与健康状况监测报告之九:2010—2013 年中国 0~5 岁儿童营养与健康状况[M]. 北京:人民卫生出版社,2020.
- [69] BLACK RE, ALLEN LH, BHUTTA ZA, et al. Maternal and child undernutrition: global and regional exposures and health consequences [J]. Lancet, 2008, 371 (9608): 243-260.
- [70] WHO. Guideline: Sugars intake for adults and children [M]. Geneva: World Health Organization, 2015.
- [71] WHO. Guidelines on physical activity, sedentary behaviour and sleep for children under 5 years of age [M]. Geneva: World Health Organization, 2019.
- [72]中国营养学会.中国居民膳食指南科学研究报告(2021)[M].北京:人民卫生出版社,2022.
- [73] MIRIAM B V, JILL L K, JEAN A W, et al. Added Sugars and Cardiovascular Disease Risk in Children: A Scientific Statement From the American Heart Association [J]. Circulation, 2017, 135 (19): e1017-e1034.