

附表 5-2 用于筛查 6~18 岁学龄儿童青少年营养状况的 BMI 界值范围

单位: kg/m<sup>2</sup>

年龄 (岁)	男生		女生	
	中重度消瘦	轻度消瘦	中重度消瘦	轻度消瘦
6.0~	≤13.2	13.3~13.4	≤12.8	12.9~13.1
6.5~	≤13.4	13.5~13.8	≤12.9	13.0~13.3
7.0~	≤13.5	13.6~13.9	≤13.0	13.1~13.4
7.5~	≤13.5	13.6~13.9	≤13.0	13.1~13.5
8.0~	≤13.6	13.7~14.0	≤13.1	13.2~13.6
8.5~	≤13.6	13.7~14.0	≤13.1	13.2~13.7
9.0~	≤13.7	13.8~14.1	≤13.2	13.3~13.8
9.5~	≤13.8	13.9~14.2	≤13.2	13.3~13.9
10.0~	≤13.9	14.0~14.4	≤13.3	13.4~14.0
10.5~	≤14.0	14.1~14.6	≤13.4	13.5~14.1
11.0~	≤14.2	14.3~14.9	≤13.7	13.8~14.3
11.5~	≤14.3	14.4~15.1	≤13.9	14.0~14.5
12.0~	≤14.4	14.5~15.4	≤14.1	14.2~14.7
12.5~	≤14.5	14.6~15.6	≤14.3	14.4~14.9
13.0~	≤14.8	14.9~15.9	≤14.6	14.7~15.3
13.5~	≤15.0	15.1~16.1	≤14.9	15.0~15.6
14.0~	≤15.3	15.4~16.4	≤15.3	15.4~16.0
14.5~	≤15.5	15.6~16.7	≤15.7	15.8~16.3
15.0~	≤15.8	15.9~16.9	≤16.0	16.1~16.6
15.5~	≤16.0	16.1~17.0	≤16.2	16.3~16.8
16.0~	≤16.2	16.3~17.3	≤16.4	16.5~17.0
16.5~	≤16.4	16.5~17.5	≤16.5	16.6~17.1
17.0~	≤16.6	16.7~17.7	≤16.6	16.7~17.2
17.5~18.0	≤16.8	16.9~17.9	≤16.7	16.8~17.3

资料来源:《学龄儿童青少年营养不良筛查》( WS/T 456—2014 )。