

| B R E A K F A S T |

HEALTHY

Homemade Granola v Yoghurt Fresh Fruits	150 000
Exotic Fruit Platter v	180 000
Yoghurt and Honey v	70 000
Egg White Omelette v Fresh Herbs	110 000

JUICE & SMOOTHIE

Clean and Lean Apple Melon Cranberry	85 000
Green Goddess Kiwi Apple Pear Lime	85 000
Detox Beetroot Celery Apple Ginger	85 000
Tropico Mango Passion Fruit Banana	85 000

INDULGENCES

2 Eggs Poached / Fried v Wholemeal Toast	100 000
Spinach Bacon Omelette Brie Nuts Seeds Wholemeal Toast	210 000
Cherry Tomato Omelette v Feta Basil Wholemeal Toast	180 000
Avocado Scrambled Eggs Nuts Seeds Crispy Bacon Bagel	190 000
Smoked Salmon Scrambled Eggs Asparagus Goat's Cheese Bagel	250 000
Eggs Benedict Poached Eggs Bacon Spinach Hollandaise English Muffin	190 000
Eggs Norwegian Poached Eggs Smoked Salmon Rocket Hollandaise English Muffin	200 000
Eggs Florentine v Poached Eggs Spinach Hollandaise English Muffin	180 000
Goat's Cheese Toast Avocado Roast Cherry Tomato Crispy Bacon Nuts Seeds	250 000
Cream Cheese Smoked Salmon Bagel Dill and Capers	190 000
Croque Monsieur / Madame Wholemeal Toast Ham Gruyère Cheese / Egg	200 / 220 000
Pancakes v Fresh Fruit Palm Sugar Syrup	190 000

SIDES

Wholemeal Toast	60 000	Bacon	85 000
Toasted Bagel	60 000	Smoked Salmon	150 000