

# Journey to you Best

Challenge “0”: What’s your current version ?

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# Introduce yourself

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# Contents

1. **What's Top-down approach and please share us how to apply it on your assignment on the program ?.**
2. **Learning how to learn and learn fast.**
3. **Autonomy at Work.**
4. **What's the smart question ? How to apply it on your daily basis/work.**



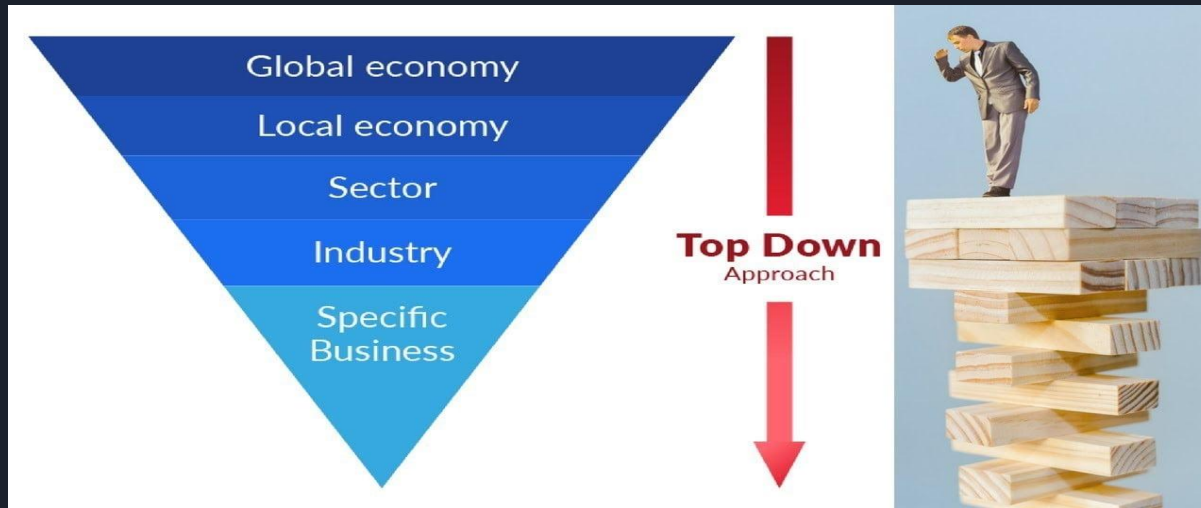
# Topics 1 : What's Top-down approach and please share us how to apply it on your assignment on the program ?

## 1. What's Top-down approach ?

- Top-down approach is analyzing, deducing, the starting point is the climax, initially there needs to be a goal to be achieved. Then, from this goal find the key issues. Big goals will be divided into medium goals, medium goals will be divided into many small goals.

## 2. Advantage and defect of Top-down approach

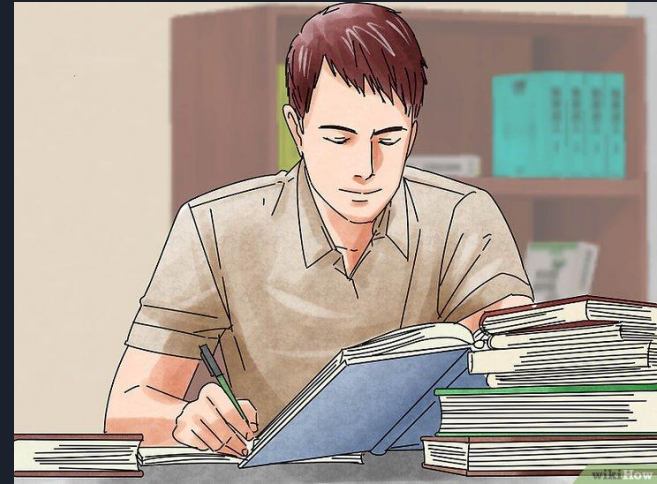
- Advantage : Unity and discipline are always consistent, ensuring the leader/manager's goals are realized.
- Defect : Not taking full advantage of the organization's human resources, sometimes not properly reflecting market rules and often being passive in adjusting the organization's plans and strategies.



# Topic 2 : Learning how to learn and learn fast

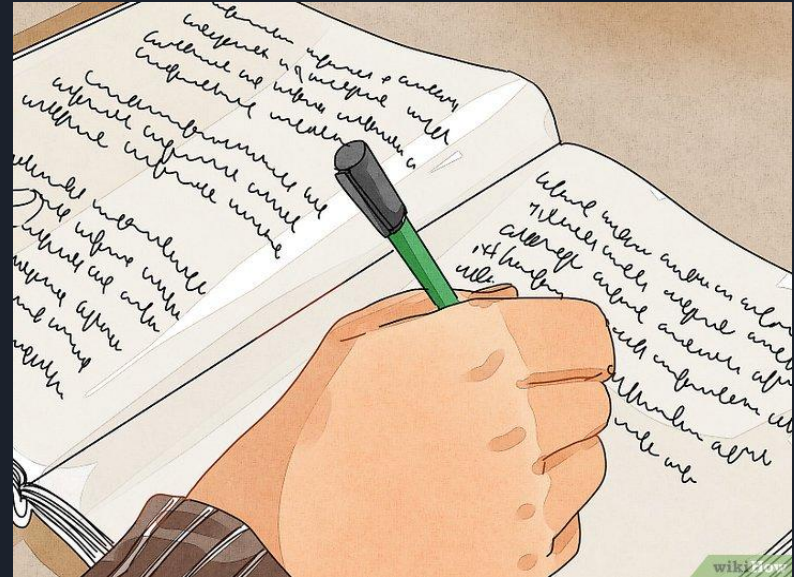
## 1. Learning how to learn.

- Learning how to learn is your own search for information and knowledge from books, teachers, and the internet.
- Method :
  - + Develop learning plans and goals.
  - + Make a detailed timetable for studying.
  - + Practice perseverance and patience.
  - + Always ask questions.
  - + Search for diverse sources.
  - + Learn how to memorize effectively.
  - + Understand the lesson deeply, remember it for a long time.
  - + Try different learning methods.
  - + Choose a suitable learning environment.
  - + Study and practice at the same time



## 2. Learning how to learn fast.

- Method :
  - + Choose an initial header.
  - + Research study options and choose effective methods for yourself.
  - + Experience with learning methods.
  - + Evaluate results and milestones.
- Benefit :
  - + Helps absorb knowledge faster.
  - + Brings the ability to adapt faster.
  - + Bring a lot of value to yourself.



# Topic 3 : Autonomy at Work

## 1. What's autonomy at work ?

- Autonomy at work refers to how much freedom employees have to do their jobs. Specifically, it relates to the pace at which work is completed, its order of completion, and a person's freedom to work without micromanagement.

## 2. Why is autonomy in the workplace important ?

- Autonomy at Work brings many benefits not only to ourselves but also to businesses.
- + Increases job satisfaction.
- + Creates employee engagement and motivation.
- + Improves employee retention.
- + Encourages creativity and innovation.
- + Boosts productivity.
- + Employees feel valued.
- + Promotes skill development

### Employee Autonomy at Work:

The Catalyst to Effective Employee Engagement







## **Topic 4: What's the smart question ? How to apply it on your daily basis/work**



THANK FOR  
WATCHING