

Who are we? And what is our goal?

We are a group of friends initiating a web based sports community to encourage and motivate Egyptians to have a healthier life style through practicing sport of interest.

We will achieve that through:

- Collecting all information about sport of interest in one place.
- Sharing various sport events that take place in Egypt and how to participate in them.
- Providing suitable nutrition tips and plans for each sport.
- Motivating each other through exchanging phenomenal success stories of athletes.
- Documenting interviews with well-known successful athletes all over the world to benefit from their long experience and understand how they overcame life obstacles to reach their goals.

We as **SPORTOYA** would be honored to share [Menna Tallah Gamal's](#) successful sport experience and how she overcame life difficulties and turned it into successes.

Just share your experience & photos with us and we will share them on **SPORTOYA** website & Facebook page.

Contact us on:

<https://www.facebook.com/sportoya>

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