

<https://www.overleaf.com/project/651b15e363dfd445e1bef581>



# Instituto Superior de Engenharia

Politécnico de Coimbra

DEPARTMENT OF SYSTEMS AND COMPUTER  
ENGINEERING

## Segmentation of Wounds and Pressure Ulcers

Project Report to fulfill the Master's degree in Informatics  
Engineering

Specialization in Intelligent Data Analysis

Author

**Diogo Cid Lino de Carvalho**

Supervisor

**Mateus Daniel Almeida Mendes**

Co-Supervisor

**Carlos Manuel Jorge da Silva Pereira**



INSTITUTO POLITÉCNICO DE  
COIMBRA

INSTITUTO SUPERIOR  
DE ENGENHARIA  
DE COIMBRA

Coimbra, julho 2024

## **RESUMO**

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam lobortis facilisis sem. Nullam nec mi et neque pharetra sollicitudin. Praesent imperdiet mi nec ante. Donec ullamcorper, felis non sodales com modo, lectus velit ultrices augue, a dignissim nibh lectus placerat pede. Vivamus nunc nunc, molestie ut, ultricies vel, semper in, velit. Ut porttitor. Praesent in sapien. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis fringilla tristique neque. Sed interdum libero ut metus. Pellentesque placerat. Nam rutrum augue a leo. Morbi sed elit sit amet ante lobortis sollicitudin. Praesent blandit blandit mauris. Praesent lectus tellus, aliquet aliquam, luctus a, egestas a, turpis. Mauris lacinia lorem sit amet ipsum. Nunc quis urna dictum turpis accumsan semper.

**Palavras-chaves:** wounds, segmentation, deep learning, neural networks

## **ABSTRACT**

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam lobortis facilisis sem. Nullam nec mi et neque pharetra sollicitudin. Praesent imperdiet mi nec ante. Donec ullamcorper, felis non sodales com modo, lectus velit ultrices augue, a dignissim nibh lectus placerat pede. Vivamus nunc nunc, molestie ut, ultricies vel, semper in, velit. Ut porttitor. Praesent in sapien. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis fringilla tristique neque. Sed interdum libero ut metus. Pellentesque placerat. Nam rutrum augue a leo. Morbi sed elit sit amet ante lobortis sollicitudin. Praesent blandit blandit mauris. Praesent lectus tellus, aliquet aliquam, luctus a, egestas a, turpis. Mauris lacinia lorem sit amet ipsum. Nunc quis urna dictum turpis accumsan semper.

**Keywords:** wounds, segmentation, deep learning, neural networks

## DEDICATÓRIA

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam lobortis facilisis sem. Nullam nec mi et neque pharetra sollicitudin. Praesent imperdiet mi nec ante. Donec ullamcorper, felis non sodales com modo, lectus velit ultrices augue, a dignissim nibh lectus placerat pede. Vivamus nunc nunc, molestie ut, ultricies vel, semper in, velit. Ut porttitor. Praesent in sapien. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis fringilla tristique neque. Sed interdum libero ut metus. Pellentesque placerat. Nam rutrum augue a leo. Morbi sed elit sit amet ante lobortis sollicitudin. Praesent blandit blandit mauris. Praesent lectus tellus, aliquet aliquam, luctus a, egestas a, turpis. Mauris lacinia lorem sit amet ipsum. Nunc quis urna dictum turpis accumsan semper.

## **AGRADECIMENTOS**

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam lobortis facilisis sem. Nullam nec mi et neque pharetra sollicitudin. Praesent imperdiet mi nec ante. Donec ullamcorper, felis non sodales com modo, lectus velit ultrices augue, a dignissim nibh lectus placerat pede. Vivamus nunc nunc, molestie ut, ultricies vel, semper in, velit. Ut porttitor. Praesent in sapien. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis fringilla tristique neque. Sed interdum libero ut metus. Pellentesque placerat. Nam rutrum augue a leo. Morbi sed elit sit amet ante lobortis sollicitudin. Praesent blandit blandit mauris. Praesent lectus tellus, aliquet aliquam, luctus a, egestas a, turpis. Mauris lacinia lorem sit amet ipsum. Nunc quis urna dictum turpis accumsan semper.

## ÍNDICE

Resumo . . . . .	i
Abstract . . . . .	ii
Dedicatória . . . . .	iii
Agradecimentos . . . . .	iv
Índice . . . . .	1
Índice de tabelas . . . . .	3
Índice de figuras . . . . .	4
Lista de abreviaturas . . . . .	5
Lista de siglas e acrónimos . . . . .	6
Lista de símbolos . . . . .	7
1 Introdução . . . . .	8
2 State of art . . . . .	9
2.1 Methodology for literature review . . . . .	9
2.2 Detect-and-segmentation: A deep learning approach to automate wound image . . . . .	10
2.3 Fully Automatic Wound Segmentation with Deep Convolutional Neural Networks . . . . .	10
2.4 Automatic Foot Ulcer Segmentation Using an Ensemble of Convolutio- nal Neural Networks . . . . .	11
3 Commercial solutions . . . . .	12
4 Conclusão . . . . .	13
Referências bibliográficas . . . . .	14

Anexos . . . . .	15
Anexo A - Título do Anexo A . . . . .	16
Anexo B - Título do Anexo B . . . . .	17



## ÍNDICE DE TABELAS

2.1	Date of search, website of reports, keywords used, number of results filtered and reports selected. . . . .	9
-----	--	---

## **ÍNDICE DE FIGURAS**

## **LISTA DE ABREVIATURAS**

IEEE *Institute of Electrical and Electronics Engineers*

ISEC Instituto Superior de Engenharia de Coimbra

## **LISTA DE SIGLAS E ACRÓNIMOS**

CD     *Compact Disc*

ONU   *Organização das Nações Unidas*

## LISTA DE SÍMBOLOS

kN Quilonewton

$\varepsilon_{ax}$  Extensão axial (%)

## 1 INTRODUÇÃO

Segmentation of wounds and pressure ulcers is a critical task in the field of medicine and healthcare, as chronic or acute wounds are a major cause of reduced quality of life for patients. When wounds are left untreated, they can cause major complications, leading to amputations or even death. Periodic examination aims to minimize damage and is essential to prevent deterioration. When healthcare professionals assess wounds, it is essential to accurately identify and isolate the wound area on a medical image, being able to separate unhealthy tissue from healthy tissue. This is important for monitoring the progress of healing, determining the extent of the wound and planning appropriate treatments.

However, manual wound segmentation is a time-consuming and error-prone process. Nowadays, wound assessment is typically done visually, using a ruler in which a calculation is made by measuring the height times the width and the result is noted down. Automating this process is highly desirable, as it can save time and reduce the possibility of human error. This is where image wound segmentation comes in.

Some of the challenges in segmenting wounds are represented by their appearance, since they can vary in terms of size, shape, location on the body, age, skin tone and healing time. The quality of the images, taking into account the lighting, the quality of the camera and the environment in which these images are captured, are also factors that make it difficult to accurately segment wounds.

The need to perform this action in real time with reliable results, especially in an emergency situation and in sterile environments adds another layer of challenge, as the segmentation algorithms need to be fast and efficient.

## 2 STATE OF ART

In this chapter, we present a review of articles related to the scope of this academic work, which focuses on wound segmentation using computer vision and deep learning techniques. Over time, techniques for detecting and segmenting wounds and pressure ulcers have made notable advances. Since the assessment of wound images falls to healthcare professionals, the criteria adopted to determine the procedure to be carried out are often subjective and can vary from patient to patient. This variability in the process can result in delays and uncomfortable procedures for the patient, making it a major concern

### 2.1 Methodology for literature review

#### Report sources

The following Table 2.1 shows the sources used to collect the state of the art, as well as the number of results and the number of articles selected.

Date	Website	Keywords	Result
28-09-2023	Google Scholar	wounds segmentation neural network	1200
28-09-2023	DBLP computer science bibliography	wound segmentation	22
14-10-2023	Google Scholar	wounds segmentation deep learning	7430
14-10-2023	Sciencedirect	wounds segmentation deep learning	992
14-10-2023	Scopus	wounds segmentation	0

Tabela 2.1: Date of search, website of reports, keywords used, number of results filtered and reports selected.

#### Search strategy

The search strategy includes terms such as "segmentation", "wounds", "pressure ulcers" and "deep learning". In order to narrow down the results, the search filters were used, as well as the aforementioned criteria.

#### Inclusion and Exclusion Criteria

- Studies published between 2020 and 2023 will be included.
- Revised articles with more than 10 citations will be considered.

- Studies that do not directly address the relationship between seeding and wounds, studies with small samples and studies not available in English will be excluded.

## 2.2 Detect-and-segmentation: A deep learning approach to automate wound image

Scebba *et al.* [1] developed a new deep learning approach to automate the segmentation of wound images. Called Detect-and-Segment (DS), this approach consists of three main steps:

- A first deep learning model is used to detect the location of the wound in the image.
- A second model is used to isolate the wound by centering it in the center of the image.
- Finally, a third model is used to segment the wound and identify all the pixels that belong to the wound.

The authors trained the DS approach models on six independent datasets with images of diabetic foot wounds. The dataset includes images with different types of wounds, complex backgrounds and variable lighting.

The DS approach was able to segment the wounds with high accuracy, even in images with complex backgrounds and different types of wounds. The Matthews Correlation Coefficient (MCC), is a performance measure that takes into account both accuracy and sensitivity, was used. The results showed that the DS approach was able to improve the MCC from 0.17 to 0.85 on a test data set.

The article also states that the DS approach can be used to train wound segmentation models with up to 90% less training data, without affecting segmentation performance. In conclusion, the DS approach is considered a promising approach for automating wound image segmentation. The automation of wound segmentation can help clinicians to assess the condition of wounds faster, more accurately, and to make better treatment decisions.

## 2.3 Fully Automatic Wound Segmentation with Deep Convolutional Neural Networks

Chuanbo Wang *et al.* [2] uses a convolutional neural network (CNN) to learn wound characteristics and to segment wounds from images. In this approach, a large dataset of wounds images is built with segmentation annotations made by wounds experts. This dataset consists of 1109 images of foot ulcers from 889 patients who serve the CNN



to be trained. The dataset includes images with different types of wounds, complex backgrounds and different lighting conditions.

In order to unify the size of the images in the dataset, the wound was first located by placing bounding boxes around it using a YOLOv32 model which serves as an object locator and was used for image-labelling. As pre-processing a series of techniques were applied, cropping, zero-padding and data augmentation, in order to increase the training set, the result of these techniques, was a dataset of 5000 images.

The CNN structure proposed for wound segmentation is based on the MobileNetV2 architecture, which is a convolutional neural network that is widely used for computer vision tasks, lightweight, efficient and suitable for mobile applications. For the authors, the choice of this network can benefit professionals, doctors and patients by allowing instant segmentation of the wound and measurement of the wound area immediately after the photo is taken using mobile devices such as smartphones and tablets.

Precision, Recall and Dice were used as evaluation metrics, and other experiments were carried out on other models for comparison purposes. The models used were VGG16, SegNet, U-net and Mask-RCNN.

In the comparison made, the method proved to be effective and mobile in the field of image segmentation, always obtaining the best Dice score.

## **2.4 Automatic Foot Ulcer Segmentation Using an Ensemble of Convolutional Neural Networks**

Amirreza Mahbod *et al.* [3]

### 3 COMMERCIAL SOLUTIONS

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam lobortis facilisis sem. Nullam nec mi et neque pharetra sollicitudin. Praesent imperdiet mi nec ante. Donec ullamcorper, felis non sodales com modo, lectus velit ultrices augue, a dignissim nibh lectus placerat pede. Vivamus nunc nunc, molestie ut, ultricies vel, semper in, velit. Ut porttitor. Praesent in sapien. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis fringilla tristique neque. Sed interdum libero ut metus. Pellentesque placerat. Nam rutrum augue a leo. Morbi sed elit sit amet ante lobortis sollicitudin. Praesent blandit blandit mauris. Praesent lectus tellus, aliquet aliquam, luctus a, egestas a, turpis. Mauris lacinia lorem sit amet ipsum. Nunc quis urna dictum turpis accumsan semper.

## 4 CONCLUSÃO

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam lobortis facilisis sem. Nullam nec mi et neque pharetra sollicitudin. Praesent imperdiet mi nec ante. Donec ullamcorper, felis non sodales com modo, lectus velit ultrices augue, a dignissim nibh lectus placerat pede. Vivamus nunc nunc, molestie ut, ultricies vel, semper in, velit. Ut porttitor. Praesent in sapien. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis fringilla tristique neque. Sed interdum libero ut metus. Pellentesque placerat. Nam rutrum augue a leo. Morbi sed elit sit amet ante lobortis sollicitudin. Praesent blandit blandit mauris. Praesent lectus tellus, aliquet aliquam, luctus a, egestas a, turpis. Mauris lacinia lorem sit amet ipsum. Nunc quis urna dictum turpis accumsan semper.

## REFERÊNCIAS BIBLIOGRÁFICAS

- [1] G. Scebba, J. Zhang, S. Catanzaro, C. Mihai, O. Distler, M. Berli, and W. Karlen, “Detect-and-segment: A deep learning approach to automate wound image segmentation,” *Informatics in Medicine Unlocked*, vol. 29, p. 100884, 2022.
- [2] C. Wang, D. Anisuzzaman, V. Williamson, M. K. Dhar, B. Rostami, J. Niezgoda, S. Gopalakrishnan, and Z. Yu, “Fully automatic wound segmentation with deep convolutional neural networks,” *Scientific reports*, vol. 10, no. 1, p. 21897, 2020.
- [3] A. Mahbod, G. Schaefer, R. Ecker, and I. Ellinger, “Automatic foot ulcer segmentation using an ensemble of convolutional neural networks,” in *2022 26th International Conference on Pattern Recognition (ICPR)*. IEEE, 2022, pp. 4358–4364.

## **ANEXOS**

## **Anexo A - Título do Anexo A**

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam lobortis facilisis sem. Nullam nec mi et neque pharetra sollicitudin. Praesent imperdiet mi nec ante. Donec ullamcorper, felis non sodales com modo, lectus velit ultrices augue, a dignissim nibh lectus placerat pede. Vivamus nunc nunc, molestie ut, ultricies vel, semper in, velit. Ut porttitor. Praesent in sapien. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis fringilla tristique neque. Sed interdum libero ut metus. Pellentesque placerat. Nam rutrum augue a leo. Morbi sed elit sit amet ante lobortis sollicitudin. Praesent blandit blandit mauris. Praesent lectus tellus, aliquet aliquam, luctus a, egestas a, turpis. Mauris lacinia lorem sit amet ipsum. Nunc quis urna dictum turpis accumsan semper.

## **Anexo B - Título do Anexo B**

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam lobortis facilisis sem. Nullam nec mi et neque pharetra sollicitudin. Praesent imperdiet mi nec ante. Donec ullamcorper, felis non sodales com modo, lectus velit ultrices augue, a dignissim nibh lectus placerat pede. Vivamus nunc nunc, molestie ut, ultricies vel, semper in, velit. Ut porttitor. Praesent in sapien. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Duis fringilla tristique neque. Sed interdum libero ut metus. Pellentesque placerat. Nam rutrum augue a leo. Morbi sed elit sit amet ante lobortis sollicitudin. Praesent blandit blandit mauris. Praesent lectus tellus, aliquet aliquam, luctus a, egestas a, turpis. Mauris lacinia lorem sit amet ipsum. Nunc quis urna dictum turpis accumsan semper.



**Instituto Superior  
de Engenharia**

Politécnico de Coimbra