From GWAS to signal validation: A novel method for estimating SNP genetic effects while preserving genomic context

Scott Wolf^{1,2*}, Varada Abhyankar^{1,2*}, Diogo Melo^{1,2}, Julien F. Ayroles^{1,2,†}, and Luisa F. Pallares^{1,2,3,†}

- 1 Lewis-Sigler Institute for Integrative Genomics, Princeton University;
- 2 Department of Ecology and Evolutionary Biology, Princeton University;
- 3 Current address: Friedrich Miescher Laboratory, Max Planck Society; *These authors contributed equally to this work.

† Correspondence: Julien Ayroles jayroles@princeton.edu and Luisa F. Pallares luisa.pallares@tuebingen.mpg.de

Abstract

Validating associations between genotypic and phenotypic variation remains a challenge, despite advancements in association studies. Common approaches for signal validation rely on gene-level perturbations, such as loss-of-function mutations or RNAi, which can only identify effects coarsely. More recent CRISPR-based methods can validate associations at the SNP level, but have significant drawbacks, including resulting off-target effects and being both time-consuming and expensive. Both approaches usually modify the genome of a single genetic background, limiting the generalizability of experiments. To address these challenges, we present a simple, low-cost experimental scheme for validating genetic associations at the SNP level in outbred populations. The approach involves genotyping live outbred individuals at a focal SNP, crossing homozygous individuals with the same genotype at that locus, and contrasting phenotypes across resulting synthetic outbred populations. We tested this method in Drosophila melanogaster, measuring the phenotypic effects of a polymorphism at a naturally-segregating cis-eQTL for the midway gene. Our results demonstrate this method's utility in SNP-level validations of naturally occurring genetic variation regulating complex traits. This method provides a bridge between statistical discovery and validation in the natural context of outbred populations, offering a potential solution to the limitations of current methods.

Keywords: GWAS validation, Midway, genetic effect size

Introduction

Understanding how genetic variation regulates phenotypic differences between individuals is one of the main challenges of modern biology. Advances in genetic mapping methods, such as GWAS, have identified thousands of genetic variants associated with variation in complex traits across a wide range of organisms (Visscher *et al.* 2017; Saul *et al.* 2019; Alsheikh *et al.* 2022; Pallares *et al.* 2023). Although mapping studies have contributed substantially to elucidating the genetic architecture of complex traits, the validation of candidate variants has dramatically lagged behind (Gallagher & Chen-Plotkin 2018) and remains particularly difficult.

Methods for validating genetic association signals fall under two broad categories, methods that operate at the gene level and at those that operate at the polymorphism level. Currently, the most common approaches to validate candidate genotype-phenotype associations rely on gene level experimental perturbation using loss-of-function mutations or RNAi constructs, comparing organisms with and without a functional copy of a gene of interest and assessing the phenotypic consequences (Housden *et al.* 2017; Zimmer *et al.* 2019; Bellen, Wangler & Yamamoto 2019). Despite

its immense usefulness in defining gene function, this approach is more problematic when validating genotype-phenotype associations given how disconnected the validation context is from the association study that generated the signal of interest. It also represents an extreme scenario given that the knockout allele usually does not segregate in natural populations. Recent developments in CRISPR technology provide an alternative that has revolutionized the field. It allows for more realistic experiments in which specific single nucleotides can be targeted and replaced to assess the phenotypic effects of alternative variants (Ramaekers et al. 2019; Hoedjes et al. 2023). These CRISPR-based validation methods still present major drawbacks. First, off-target effects can be substantial and difficult to assess (Schaefer et al. 2017; Lessard et al. 2017). Secondly, CRISPR assays can be costly, time-consuming, and not readily available depending on the target organism. Finally, and we argue critically, both loss-of-function and CRISPR-based studies usually modify the genome of a single genetic background, often using inbred lines (Mokashi et al. 2021). This lack of genetic diversity limits the inference and generalisability of validation experiments because genetic effects are often highly background-dependent (Chandler, Chari & Dworkin 2013).

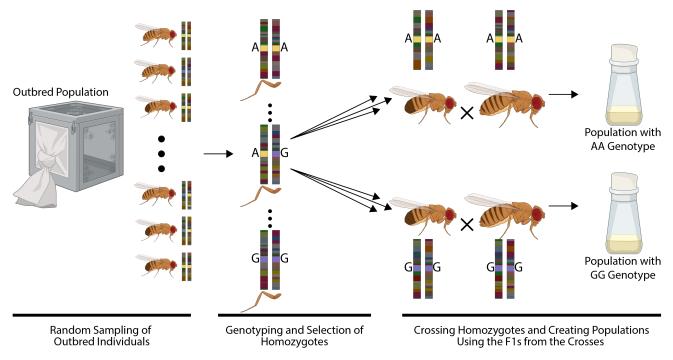


Figure 1: Experimental approach used to create populations with diverse genetic backgrounds fixed at a focal SNP.

Virgin flies from both sexes are collected from an outbred fly population harboring the polymorphisms of interest. While anesthetized with CO2, a single leg is removed from each virgin fly, and individuals are placed into separate vials waiting for the legs to be genotyped. DNA is extracted from each leg and genotyped individually at the focal SNP using PCR and amplicon sequencing. Once males and females homozygous for the same genotype are identified, they are crossed (within genotype) and an equal number of offspring from each cross are transferred to a bottle to ensure that the genomic background of each founder individual is represented in the resulting population. In each bottle, all individuals are fixed for a given genotype at the locus of interest and the populations maintain genetic diversity present in the initial outbred population. The resulting populations are ready to be phenotyped for any trait of interest.

To address these challenges, we propose a simple, low-cost experimental scheme for the validation of genetic association at the polymorphism level in outbred populations, thus preserving variation in the genetic backgrounds. The approach relies on three steps: 1) genotyping live outbred individuals at a focal SNP, 2) crossing homozygous individuals that share the same genotype at the locus of interest, and maintaining them as outbred populations, and 3) measuring phenotypes of interest and contrasting across the resulting synthetic outbred populations that are fixed for the polymorphism of interest but have randomized genetic backgrounds (Figure 1).

We demonstrate the utility of this approach in *Drosophila melanogaster* focusing on the phenotypic effects of a cisregulatory polymorphism for *midway*. The *midway* gene was recently identified in a study investigating the genetic basis for variation in lifespan in *Drosophila* (Pallares *et al.* 2023). While *midway* is known to be involved in lipid metabolism (Buszczak *et al.* 2002; Tian *et al.* 2011; Girard *et al.* 2021), immune function (Tschapalda *et al.* 2016), and female fertility (Schüpbach & Wieschaus 1991). Further, the mammalian ortholog of *midway*, *DGAT1*, has previously been linked with longevity in mice (Streeper *et al.* 2012). While Pallares *et al.* identified that *midway* plays a role in regulating lifespan using a loss-of-function mutation in an inbred line, we do not know if or how naturally-

segregating genetic variants linked to midway expression are indeed responsible for lifespan variation in this species. Simultaneously, another study aimed at mapping genetic variants that regulate variation in gene expression levels genome-wide (i.e. eQTLs) in an outbred population, identified a candidate cis-eQTL upstream of *midway* (Pallares *et al.* unpublished). We will use the validation paradigm outlined above to determine whether this regulatory variant identified for midway contributes to variation in lifespan. To that end, we created two fly populations, each homozygous for one of the eQTL focal alleles (i.e. AA vs GG) and, for each, quantified variation in longevity. We were able to validate the role this specific eQTL variant plays in lifespan and indirectly confirm that transcriptional variation in *midway* drives its effect on lifespan. Our experimental approach allowed us to validate a statistical discovery across a randomized set of genetic backgrounds in an outbred population. This study is one of the few validations of naturally occurring genetic variation controlling complex traits at the single nucleotide level.

Methods and Results

Drosophila melanogaster outbred populations

The candidate SNP for the gene *midway* we are investigating was identified in an eQTL mapping study that used an outbred mapping population of *D. melanogaster* derived from the

Netherlands (*Nex* from now on) (Pallares *et al.*, unpublished). This population was generated by crossing 15 inbred Global Diversity Lines (Grenier *et al.* 2015), followed by ~130 generations of recombination. The identification and initial validation of *midway* as a regulator of *Drosophila* lifespan was recently published as part of a GWAS-like study that used an outbred population derived from 600 isofemale lines caught in Princeton, NJ (Pallares *et al.* 2023). To validate the effect of the *midway* eQTL on longevity, we used the same outbred *Nex* population where the eQTL was initially discovered. Flies were maintained at 25°C, 65% relative humidity, and a 12h:12h light:dark cycle, and were fed media with the following composition: 1% agar, 8.3% glucose, 8.3% yeast, 0.41% phosphoric acid (7%), and 0.41% propionic acid (83.6%).

Experimental populations used for SNP validation

To evaluate the effect of the target SNP on longevity, we followed the scheme described in Figure 1 and created two synthetic outbred populations with hundreds of individuals homozygous for each *midway* allele (AA or GG) identified in (Pallares *et al.* 2023). The candidate SNP eQTL in *midway* is located at 2L:16,812,901 (3759 bp upstream of the *midway* gene) and has a minor allele frequency of 16% in the *Nex* population.

We randomly selected virgin male and female flies from the outbred Nex population to identify flies homozygous at the focal locus. While the flies were anesthetized with CO2, we removed one leg from each individual for DNA extraction and genotyping (removing a leg does not alter viability). The flies were kept in separate vials until their genotypes were determined, after which they were paired with flies of the same genotype and mated. DNA was isolated with the QuickExtractTM DNA Extraction (cat no. QE09050) and the region around the focal midway polymorphism amplified following using the primers: TCGTCGGCAGCGTCAGATGTGTATAAGAGACAGGAGG AGCCACCAAGTGTTGT and Rev-GTCTCGTGGGCTCGGAGATGTGTATAAGAGACAGATC GAACTTCTCTCGCGACT. The sequencing library for these amplicons was generated using Illumina i5 and i7 primers. After bead cleaning, the library was sequenced using a MiSeq Nano flow cell (150bp PE reads) at the Genomics Core Facility of Princeton University. Genotypes were called using beftools mpileup (Li 2011) with parameters -Ou -B -q 60 -Q 28 -d 1000 -T -b files | beftools call -Ou -m -o. After identifying the homozygous individuals for the two alleles, five crosses were set up in vials, each with one male and one female of the same genotype. From each cross of the same genotype, 10 male and 10 female offspring were combined in a bottle and allowed to mate freely for two generations before starting the survival assay. This design ensures that the genotype of each founding parent is represented in the synthetic outbred population (see Figure 1).

To assess whether this candidate *midway* variant is associated with variation in lifespan, we performed survival assays in both experimental populations (i.e. one for each alternative genotype). One hundred males and one hundred females (1-2 days old) for each homozygous *midway* cis-eQTL genotype were distributed

across 10 vials with 10 individuals of each sex in each vial. Flies were transferred onto fresh media every 3 days, and survival was monitored each time flies were transferred until the last fly died on day 79.

We performed a proportional hazard regression using the empirical survival distribution using the statsmodels Python package (Cox 1972; Seabold & Perktold 2010). Given that male and female *D. melanogaster* differ in average lifespan (Austad & Fischer 2016), we were interested in whether the focal genotype modulated this difference. Therefore, our model was initially specified as:

$$lifespan_i \sim \beta_0 + \beta_1 \delta_i^{Male} + \beta_2 \delta_i^{Genotype~AA} + \beta_3 \delta_i^{Male} \delta_i^{Genotype~AA} + \epsilon_i$$

We did not find significant genotype-by-sex effects (95%, CI 0.6635 - 1.4597; p = 0.9365). We then proceeded with the following model:

$$lifespan_i \sim \beta_0 + \beta_1 \delta_i^{Male} + \beta_2 \delta_i^{Genotype\ AA} + \epsilon_i$$

Our results show that after accounting for sex, flies homozygous for the minor GG genotype live longer than flies homozygotes for the major allele AA genotype. Cox's proportional hazard regression using the final model yields a hazard ratio for genotype AA of 0.6767 (95% CI, 0.5544 - 0.8261; p =0.0001).

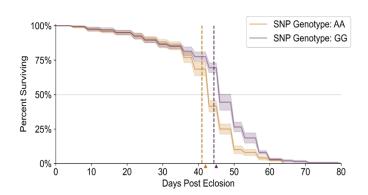


Figure 2: Effect of the midway regulatory polymorphism on D. melanogaster survival.

Survival distribution stratified across *midway* genotype. Shaded regions show standard error, and the dashed vertical lines show mean lifespan by genotype (AA mean lifespan 40.99 days, GG mean lifespan 44.33 days). T₅₀, the last day when 50% of individuals are alive, is denoted by wedges along the x-axis. T₅₀ is day 42 for genotype AA and day 45 for genotype GG. Survival data for 200 individuals from each *midway* cis-eQTL genotype is included.

Discussion

The fast-growing power of mapping studies has produced an everexpanding list of candidate genetic variants associated with complex trait variation. This large number of candidates with small effect sizes presents a formidable challenge for validating these signals, especially if the effects are context-dependent. To overcome some of these challenges, we developed an alternative experimental approach for candidate SNP validation that doesn't rely on genetic engineering (e.g. CRIPRS or RNAi) but simply relies on generating populations of individuals fixed for alternative genotypes for a target polymorphism but randomized across diverse genetic backgrounds. These synthetic outbred populations enable the validation or estimation of additive allelic effects of variants in a natural genetic context. This approach is facilitated by the low cost and high throughput of amplicon sequencing using Illumina's MiSeq sequencer (i.e. hundreds of individuals can be genotyped-by-sequencing in a couple of days and at a low cost).

One of the key benefits of this approach is the gain in statistical power provided by the change in allele frequency between alternative genotypes in the synthetic outbred populations. While in the initial mapping population, potentially low minor allele frequency limits statistical power to detect variation in allelic effects, our approach yields a validation population where jointly, the minor allele frequency is 0.5 between alternative genotypes (e.g. in this study, the initial frequency of the minor allele was 0.16 and effectively rose to 0.5 across our validation populations). Thus this approach maximizes the chance of identifying a phenotypic effect associated with a focal SNP of interest.

An additional benefit of having outbred populations fixed at alternative genotypes is that one can interrogate the pleiotropic effects of a given polymorphism by simply phenotyping each population for any number of traits and without any additional genotyping costs. For example, one could simultaneously and robustly estimate the effect of a SNP on gene expression and its effect on higher-order phenotypes such as behavior. Along the same vein, this method can be directly extended to assess the effect of candidate SNPs across a variety of environmental contexts and treatments, which opens up a wide range of possibilities, such as validating candidate GxE interactions.

Here, we have connected two independent discoveries derived, from two genome-wide analyses, in different populations of outbred *D. melanogaster* and we show that a cis-regulatory polymorphism associated with expression difference modulates variation lifespan in *Drosophila*. These results show that our experimental design allows for the estimation of the phenotypic effects of a single eQTL. The first report of *midway*'s involvement in *Drosophila* lifespan was recently confirmed using loss-of-function mutants (Pallares *et al.* 2023). These large mutations drastically modify genome organization (El-Brolosy & Stainier 2017), and the contrast between those results highlights the benefit of validating genetic effects in a relevant genetic context.

While complete loss-of-function mutants for *midway* show a significant decrease in lifespan ($T_{50} = 33$ for *midway* loss-of-function mutant and $T_{50} = 47$ for control populations) (Pallares *et al.* 2023), here, we find that the cis-eQTL genotype that reduces midway expression actually increases lifespan. The resulting reduction in expression caused by this cis-eQTL contrasts the drastic changes in genome organization caused by complete loss-of-function.

The broad applicability, simplicity, and low cost of the experimental approach we advance in this study offers a tractable system for validating allelic effects in diverse backgrounds and provides significant gain in statistical power to detect genotype-phenotype associations. While this study focuses on *D. melanogaster*, the general experimental paradigm we outline can be applied broadly to any model (or non-model) systems where focal individuals can be kept alive while being genotyped and controlled breeding is an option (e.g. mice can be genotyped from a tail clip, fish from a fin clipping, fecal sample or venipuncture in birds). This approach can also be used in cell lines where pools of cells harboring alternative genotypes can be constructed and phenotyped across genetic backgrounds as we discussed in this study.

Code and data availability

All code and data for reproducing the analysis presented here can be found at github.com/Wolfffff/midway-code.

Authors' contributions

V.A., J.F.A., and L.F.P. designed the study. V.A. and L.P. performed the experiments. S.W., V.A., D.M., and L.F.P., performed the analysis. S.W., V.A., and D.M. wrote the original draft. S.W., V.A., D.M., J.F.A., and L.F.P. reviewed and edited the manuscript. All authors approved the manuscript.

Conflict of interest declaration:

The authors have no conflicts of interest to declare.

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