

**Team Members:** Alexis Florence, Amare Diotte, Kevin Heleodoro, Rodolph Mesadieu

**App Name:** Better Together

**App Description:** A mental health support app that will allow users to track their mood, develop short and long term self-maintenance plans and connect with "accountabili-buddies" to keep their mental health goals on track.

**Chosen Screens:**

Self-Help Activities Screen

Landing Screen

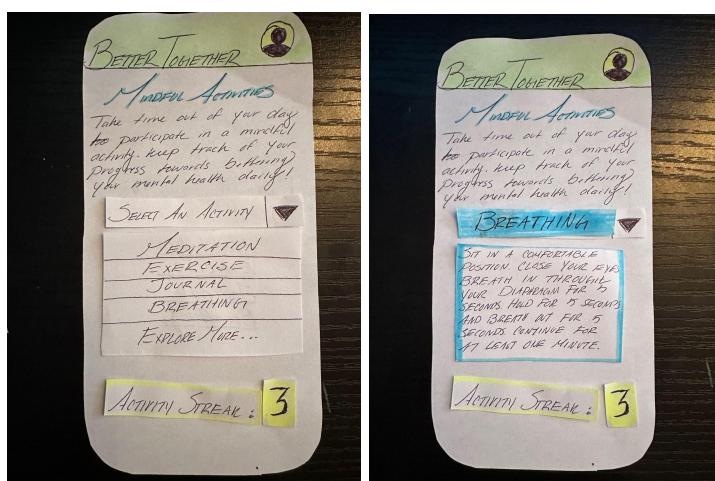
**Target Users:**

Working/busy Adults that struggle with mental health

**Test Users:**

1. Lindsey Florence
2. Ashley Heleodoro
3. Clay Rhee

**1. Paper Prototypes:**



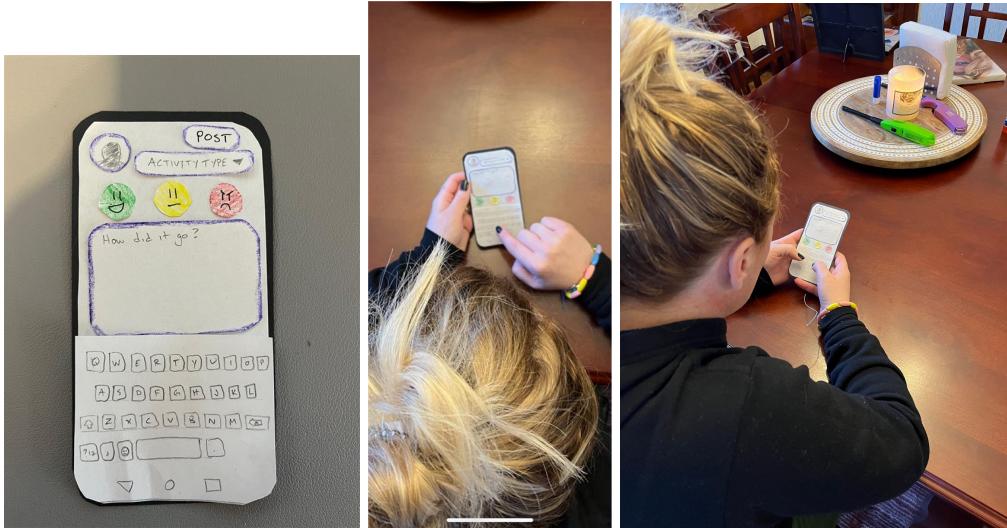
## **Photos of Process:**



## **Reactive & Reflective Feedback:**

- Reactive: A lot of words, maybe for an app it is better to have more photos
- Reflective: can make icons instead of a list view for activities.
- Reactive: More options for activities
- Reflective: Can add a good comprehensive list of activities that we know are useful. Maybe an upgrade option for the future of the app is more options.

## 2a. Paper Prototypes & Process

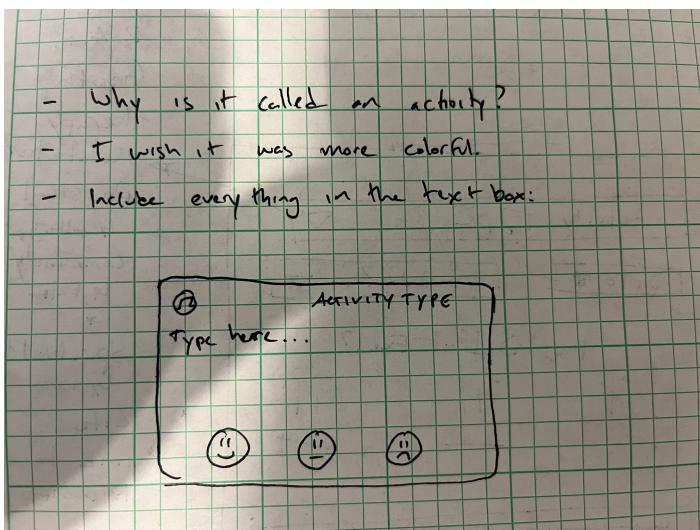


## 2b. Feedback

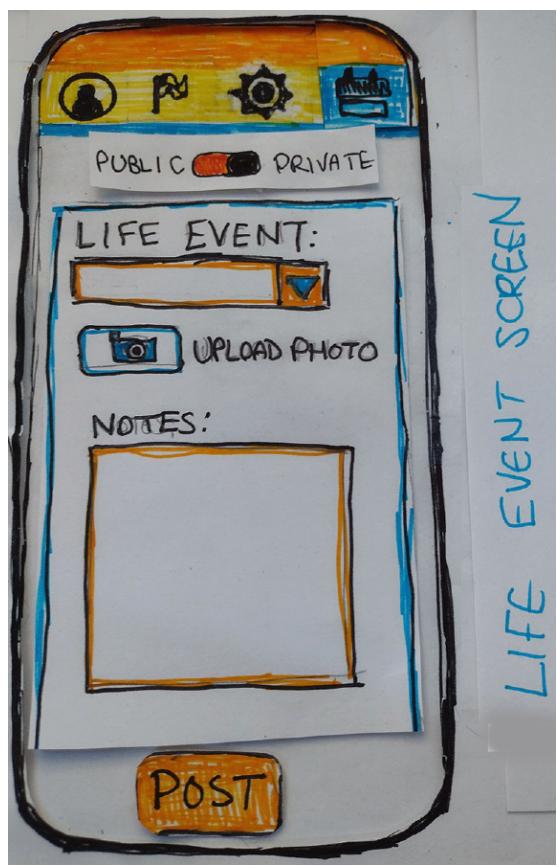
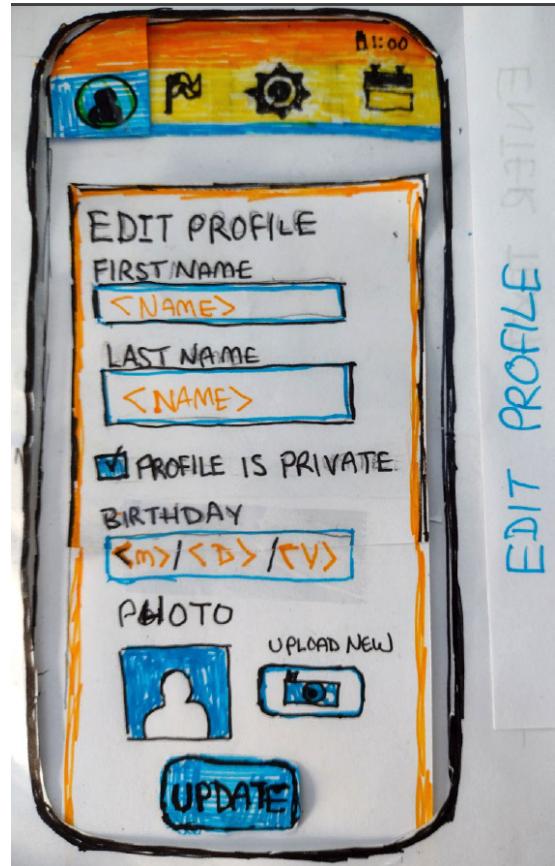
Reactive - Why is it called an activity?

Reflective - Incorporate all the icons and drop down into the text box, and increase the size of the text box.

Reflective - Would like to see a more interesting color scheme.



### 3. Paper Prototypes:



## User Notes (test session was remote, no user photo available):

- User likes color scheme - "Cheerful/cute without being annoying"
- ADD HOME BUTTON - currently no way to navigate back to trending page
- combine Profile + DAILY CHECK IN TAB - profile editing isn't important enough to have its own tab
- combine Activity + Life Event
- Have preset activities, but also ability to create custom ones - tags are also an option
- more levels of check in? ↴

New tabs

Home

Feed of posts

- Daily check in if not completed -

Stats

Profile

- edit profile button

- list of friends

- edit friend list

• - Daily check in if not completed

create post -

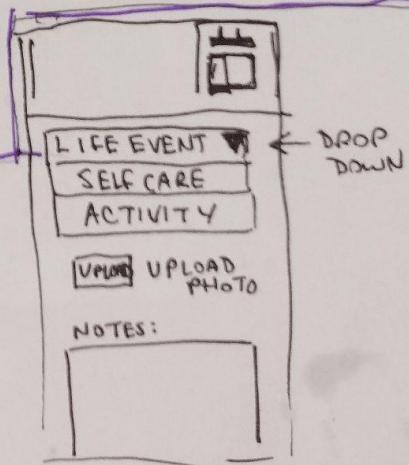
- Activity or Life event

- sub categories for both

- photo upload

- text box

User felt scale of 1-5 was enough though would be less likely to do it every day if its too involved



## **Reactive Feedback:**

I like the colors

I don't know how to get back to the landing page

I don't get the distinction between an activity and life event

How do you see your friends list?

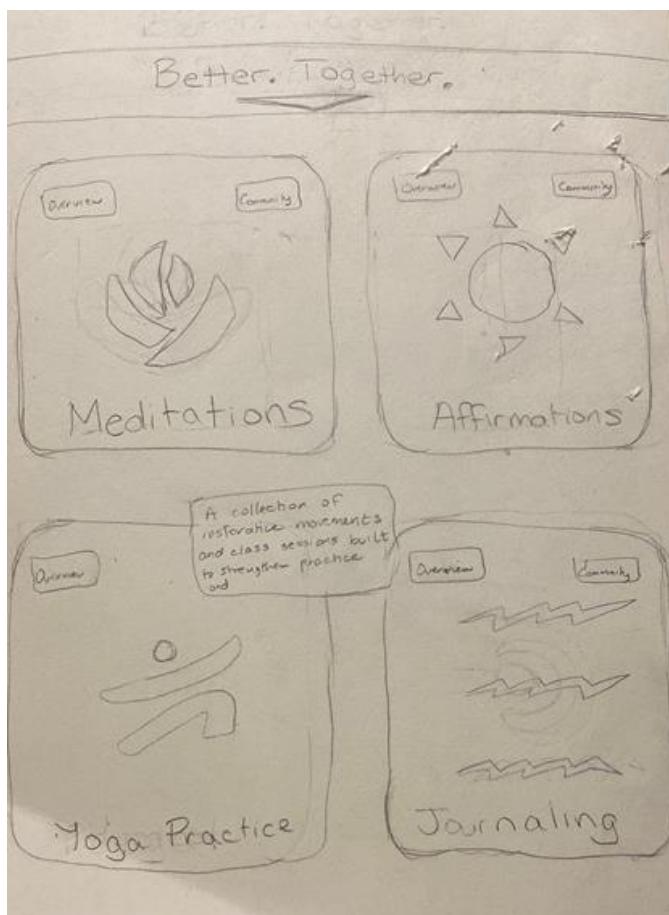
What is the significance of your post being private?

## **Reflexive Feedback:**

Get rid of the profile tab, add a friends list instead

Merge activities & life events tab, they are redundant

Add customized activities, ability to tag posts



**Paper Proof 4**

## Final Chosen Screen Designs:

The image displays three wireframe designs for a mobile application, arranged horizontally. Each design is enclosed in a dark grey border.

- Landing Page:** This screen features a yellow header with the text "Better Together". Below the header is a navigation bar with icons for Home, Check-in (highlighted in blue), and Profile. A call-to-action button says "Complete your daily check in!" with a "GO!" button. A section titled "Your Current Streaks:" shows a "Meditation: 5" streak. Two activity posts are listed:
  - Yoga Practice:** Person Name: Yoga Practice. Notes: "Notes about this activity will go here". Posted: "xx/xx/yyyy xx:xx AM".
  - Journaling:** Person Name: Journaling. Notes: "Notes about this activity will go here". Posted: "xx/xx/yyyy xx:xx AM".
- Activity Selection:** This screen is titled "Please select an activity:". It contains four cards: "Meditations" (orange background, yoga icon), "Affirmations" (yellow background, sun icon), "Yoga Practice" (blue background, yoga icon), and "Journaling" (green background, pen icon). Each card has a question mark icon in the top right corner.
- Activity Post:** This screen shows a successful completion message: "Good job, you completed a Yoga Practice!". It includes a rating scale from sad to happy. A text input field labeled "Notes:" is present, with a "POST" button at the bottom.

Annotations with arrows point from specific UI elements to their corresponding descriptions:

- An arrow points from the "Check-in" tab on the Landing Page to the "Activity Selection" screen, indicating where the user would click to proceed.
- An arrow points from the "Yoga Practice" card on the Activity Selection screen to the "Journaling" card, with the text "clicking on this button will bring up a pop window with details on this activity & helpful links".