

Average Daily Calories

2.19K

Average of Daily Calories

Avg Heart Rate

77.62

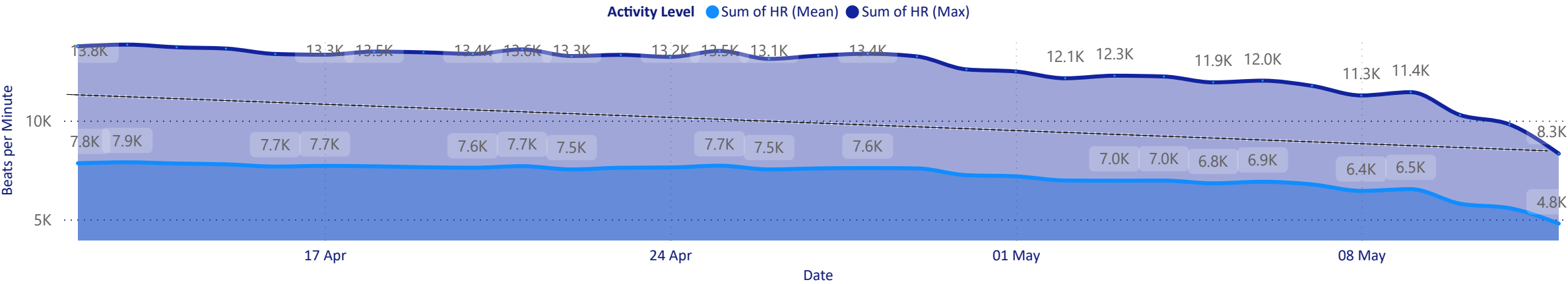
Average of HR (Mean)

Max Recorded HR

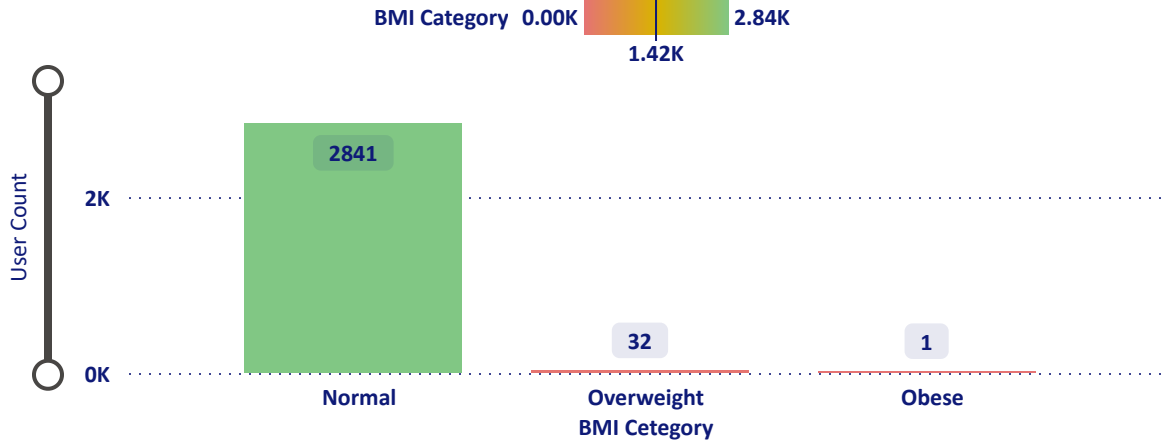
203.00

Max of HR (Max)

Heart Rate Trends Over Time



BMI Distribution Among Users



Heart Rate vs Calories Burned

