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Master Handbook of Sound Healing (Paperback)

By Thomas Orr Anderson

Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. Before both Art and Science. Sound is. The power of sound for healing and transformation is beyond words, deeper than symbols. Only in sound itself are those mysteries revealed. In this book, musician, physicist and sound therapy researcher, Thomas Orr Anderson, traces a beautiful arc around the Silent Center from which both sound and healing arise as One. Poetic in its form, this book is something of a meditation manual for sound healing. Each page elicits a new contemplation of the Beauty and Harmony of life as revealed in sound. Hidden within the text are both the fundamental physics of sound and vibration and the keys to nurturing the healing effects of sound in your personal life and practice. This is not a book of techniques, although reliable techniques are readily derived from it. This is not a book of philosophy, although a beautiful philosophy blossoms therefrom. This is not a book about science, although the fundamental science of sound is revealed within its pages. For anyone interested in sound, music, sound healing, sound therapy, music therapy, meditation, or Nature, this book will be a lifelong companion....



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