



TOUCH INDIA MINISTRIES PRESENTS...

KNEES 2 WAR

ENID, OK

APRIL 6, 2013

5K & 1 MILE RUN/WALK

**PROCEEDS SUPPORT CHILDREN'S HOME AND SCHOOL
BUILDING PROJECTS IN INDIA**

DATE/ TIME/ PLACE: Saturday, April 6th, 2013- 9:00am in Enid, OK.

The 1 mile run/walk begins at 9:00am, and the 5K run/walk begins at 9:30am. Race start/finish line location: Convention Hall Lobby, 301 S. Independence

COURSE DESCRIPTION/ Timing: Out and back course. Chip timing.

REGISTRATION/ FEES/PACKET PICK UP: Participants are encouraged to pre-register either on-line at www.getmeregistered.com/Knees2War or by U.S. mail to: Knees 2 War, Attn: Linda Kodesh, 1111 S. Oakwood Rd, Apt. 1506, Enid, OK 73703. All mailed pre-registration forms must be post marked no later than Saturday, March 30th. Online registration will be open through the Thursday, April 4th.

1 mile-\$20

5K-\$25

Children 12 & under- \$10 for any event (add \$5 for registrations on race day)

Packet pick-up and late registration will be on the morning of the race from 7:30am – 8:30am at the location site.

T-SHIRTS: Pre-registered runners/walkers will receive t-shirts at packet pick-up. Race day registrants will receive shirts as supplies last.

AWARDS: An awards ceremony will follow the races. 5K- Awards will be given to top overall male and female and three deep in the following age divisions—male and female: 12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Overall winners are not eligible for age division awards. 1 mile- Awards will be given to top three finishers. Awards MUST be picked up; they will NOT be mailed.

POST RACE CELEBRATION: Fruit and water will be available for race participants.

INFORMATION: Contact race coordinator, Linda Kodesh at (580) 716-0662 or email linda.knees2war@gmail.com

RACE ETIQUETTE: We reserve the right to disqualify anyone who displays unsportsmanlike conduct.

Name: Last _____

Address: _____

First _____

City: _____ **ST** _____ **Zip** _____

Gender: (circle one) Male Female

Phone: (____) _____ - _____

Age: (as of 04/06/13) _____

E-Mail Address: _____

Date of birth: Month ____ Day ____ Yr ____

T-Shirt Size: 3T 5T YS YM YL S M L XL XXL

Race: (circle one) 5K 1 mile

In case of Emergency, call: _____ at phone number: _____

Complete and Mail to:

Knees 2 War/ Registration
Attn: Linda Kodesh
1111 S. Oakwood Rd, Apt. 1506
Enid, OK 73703

Make Checks Payable to:
Touch India Ministries

OR

**Visit website or scan code to register
or donate for the cause online:**

www.getmeregistered.com/Knees2War



Athlete's Release and Waiver: DO NOT SIGN WITHOUT READING

I understand the nature of the activity of running/volunteering in a 5K/1 mile race. I certify that I am in good health and in proper physical condition to participate in this activity. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the activity. This includes but is not limited to falls, contact with other participants, and effects of weather including cold temperatures, humidity, rain, and the condition of the road or traffic on the course. All such risks are known and understood by me. I have read this release and waiver of liability. I understand these terms and understand that I have given up substantial rights by signing this agreement and have signed it freely. I hereby release, discharge, and promise not to sue Touch India Ministries, race administrators, race sponsors, and all further sponsors, their representatives, or successors from all claims or liability of any kind arising from my participation in this event even if the liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the above groups to use any photograph, motion pictures, video, recordings, or any other record of this event for any legitimate purpose.

Athlete's Signature
(or Parent/Guardian of participants under 18)

Date