```html
<table class="table" width="400" cellpadding="10" cellspacing="5" bgcolor="#808080">
    <tr>
    <th width="75">TEXT</th>
    <th>Step One</th>
    <th>Step Two</th>
    <th>Step Three</th>
    <th>Step Four</th>
     <th>Step Five</th>
     <th>Step Six</th>
     </tr>
```

_____

Starts Second Column

_____

```html
    <tr>
    <th> TEXT <"tables </th>
    <th> TEXT</th>
    <th>TEXT </th>
    <th>TEXT</th>
    <th>TEXT </th>
    <th>TEXT</th>
    <th>TEXT</th>
    </tr>
</table>
```