The set of rational numbers, \mathbb{Q} is defined as

$$\left\{\frac{p}{q}\mid p\in\mathbb{Z} \text{ and } q\in\mathbb{Z} \text{ and } q\neq 0\right\} \quad \text{ or, equivalently, } \quad \left\{x\in\mathbb{R}\mid \exists p\in\mathbb{Z} \exists q\in\mathbb{Z}^+ (p=x\cdot q)\right\}$$

Extra practice: Use the definition of set equality to prove that the definitions above give the same set.