



PROTOCOLS FOR LEAVING YOUR HOME

ACTIONS AGAINST COVID-19

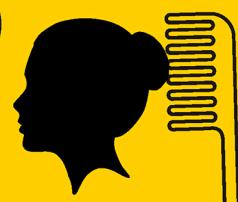


1



When you go out, wear a long-sleeved jacket

2



Collect your hair, don't wear earrings, bracelets, or rings.
Don't touch your face.

3



If you have a mask, put it on last, just before leaving.

4



Try to avoid using public transportation.

5



If you take your pet, don't let it rub against outside surfaces.

6



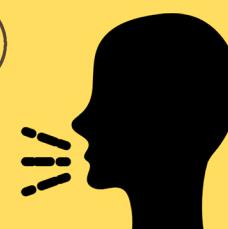
Take tissues, use them to cover your fingers when touching surfaces.

7



Crumple the tissue and throw it in a closed bag in the garbage can.

8



If you cough or sneeze, do it in your elbow, not your hands or in the air.

9



Try not to pay in cash, if you use cash, disinfect your hands..

10



Wash your hands after touching any object or surface, or use hand sanitizer.

11



Don't touch your face until your hands are clean

12



Maintain a safe distance from people.