



# PROTOCOLS FOR COHABITATING WITH PEOPLE AT RISK



1



Sleep in separate beds.

2



Prepare a mixture of bleach 20 ml per liter of water.\*

Use different bathrooms and disinfect with bleach.

3



Don't share towels, cutlery, cups, etc.

4



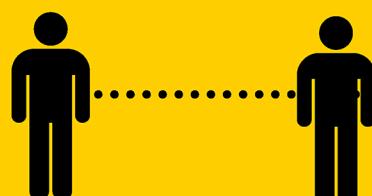
Light switches, chair backs, door handles, etc.  
High contact surfaces should be cleaned and disinfected daily.

5



Wash clothes, sheets and towels frequently.

6



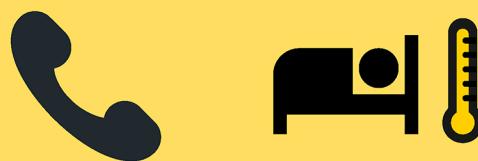
Maintain distance, sleep in separate rooms.

7



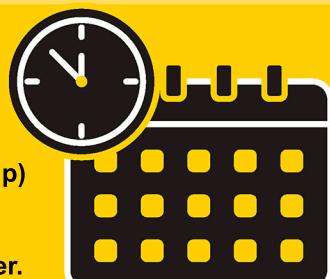
Ventilate bedrooms often.

8



Call the designated telephone number if there is a high fever (100f) and difficulty breathing.

9



Don't break the quarantine of two weeks. Each time you leave the house the counter resets.

\*Use 5 tablespoons (1/3 cup) of bleach in one gallon of water or 4 teaspoons of bleach in one quart of water.