

disorient anything activity

adapt and expand the idea of ‘disorientation’ by drafting a disorientation of any thing, on any scale. these are a bunch of detailed questions which may help you notice some of the elements of orientation and disorientation. you can use them step-by-step, use them as a starting point, or not use them at all in your disorientation draft.

1. choose an institution, structure, system, norm, role, interaction, etc., etc., etc. that is pervasive and impactful in your life.

you can use your thing from the first activity, or pick a new one

2. how did you become oriented to the *thing*?

- how did you learn to interact with it? how did it teach you to interact with other things?
- what was the process of orientation like? was it fast or slow?

- did you notice being oriented?
- did you want to be oriented? did it feel good or bad?

- what did your orientation teach you to see? to appreciate?
- what did it teach you to overlook?

3. what keeps you oriented?

- what retains your loyalty?

- how is your observation limited by your orientation?

- how is your willingness to act limited by your orientation?

4. how can you disorient?

- what elements of your orientation are unacceptable? what elements of the *thing* are unacceptable, and maintained by your orientation?
- what are some of your hopes for a new orientation? how will the *thing* be transformed?
- what forms of communication could help you disorient? how could you share stories, information, etc.?
- who can help you disorient? what networks can you tap into to disorient yourself?

[disorientations.org // our networks, september 2020]