**My reading list**

**1. Effect of a Multicomponent Behavioral Intervention in Adults Impaired by Psychological Distress in a Conflict-Affected Area of Pakistan A Randomized Clinical Trial** ---JAMA, 2016, IF:44.405

**2. Problem Management Plus (PM+) manual**

---The manual of the first study

**3. A Structural Equation Model of Factors Contributing to Quality of Life Among African and Caribbean Women Living with HIV in Ontario, Canada**

----AIDS RESEARCH AND HUMAN RETROVIRUSES, 2017, IF:2.095

**4. Psychological distress, health protection, and sexual practices among young men who have sex with men: Using social action theory to guide HIV prevention efforts**  --- PLOS ONE, 2017, IF:2.806

This week, I read several literatures. I would like to share some of my perceptions and gains. From the perspective of intervention, the first study is similar to our study. It is a multicomponent behavior intervention of relieving anxiety and depression symptoms. What surprised me was that the intervention (i.e., Problem Management Plus) including training, process, practical operation was especially elaborate. So I downloaded its manual, which could be a reference for elaboration of our intervention. In addition, I came into contact with a statistical method from the first study. Linear mixed models were used to study treatment effects. This allows the number of observations to vary between participants and effectively handles missing data. However, I am a little confused about the method. It is necessary to learn more. Besides, I read two literatures involved with structural equation model. I have learned its writing structure and expression and made a summary. In my opinion, it is beneficial to my own writing skills.