Assignment 3 – PBJ Documentation

INFM600 Section 0101

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10/26/2016

**PBJ Documentation**

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**Introduction:**

The peanut butter and jelly sandwich is a quintessential American delicacy, and is must-know for everyone!

Here are step by step instructions to make my version of the perfect PB&J sandwich.

Make sure you have ready all the ingredients and supplies listed below before you begin making the sandwich.

This user guide starts with the assumption that all the required ingredients and supplies are already in the kitchen.

Happy Eating!

**Ingredients and Supplies:**

**Ingredients:**

* Bottle of Smucker’s Concord Grape Jelly (any jelly or jam jar will do, but this is my favorite)
* Bottle of JIF crunchy peanut butter spread (any jar of peanut butter will do, but this is my favorite)
* One packet of a loaf of white bread



**Supplies:**

* Scissors
* 2 Plates
* Butter knife
* Spoon
* Rubber band

**Appliances:**

* A normal sized table, or a kitchen counter with enough space for 2 plates
* Toaster (2 slice, pop up toaster, but any other kind will do)
* Electrical supply to use the toaster
* Sink

**Step by step instructions:**

Note: In the step by step instructions are split into sections, with each section containing a heading. The heading is just a title, not an actual instruction to be followed.

1. Get the bread packet, one plate, scissors, and rubber band out
2. Open the break packet
3. If the bread packet contains a piece of small tape around it, undo the tape
   * + Alternatively, cut the tape with scissors
4. If the bread packet contains a wire twisted around the neck of the packet, untwist the wire
5. If the bread packet contains a plastic square shaped holder at the neck of the packet, undo the plastic holder

1. Choose the slices of break
2. Take out the first 3 slices of bread, and place them on one plate.
3. Put the first slice back in the packet, because it is the end piece of the loaf, and does not match up when paired with the other slices
4. Now you should have 2 slices of bread that approximately match up with each other
5. Close the break packet
6. Put a rubber band tightly around the neck of the bread packet, to prevent it from going stale
7. Stow away, put it back in its right place
8. Get the toaster ready
9. Now, open the toaster
10. Check if it connected to the power supply
11. Locate the heat setting dial of the toaster, and change the heat setting of the toaster to 2
12. If the heat setting does not contain a number ‘2’, use any light heat setting
13. Toast the bread
14. Take the 2 slices of bread off the plate, place them inside the 2 vertical slots in the toaster
15. Push down the button at the side of the toaster,
16. The 2 bread slices will be pulled inside, and the toaster should turn on
17. You should see a light orange glow inside the toaster, around the bread slices
18. Get ready for the next step

While the bread slices are becoming slightly crunchy, get these supplies out for the next step:

1. Take out the second plate, the jar of peanut butter, the jar of jelly, the butter knife, and the spoon
2. When the bread slices are fully toasted, the slices should automatically pop up and stick out of the toaster a little (30% of a bread slice will stick out of the toaster)
3. The toaster will also turn off automatically.
4. Take out the bread slices from the toaster, and place one slice on each plate.
5. Open the jar of peanut butter.
6. Unscrew the cap
7. Peel back the layer of silver colored wax type of paper, you should be able to see the peanut butter now
8. Take the butter knife, and mix the contents of the jar well, so the peanut butter consistency is consistent
9. Peanut butter slice
10. Take one plate containing a slice of toasted bread, and place it to the left of the peanut butter jar. This is Plate A.
11. Take the slice of toasted bread from Plate A and hold it in your left hand, above the plate (so that the crumbs do not fall on the counter/table)
12. Hold the knife in your right hand, and scoop a decent amount of peanut butter on the knife
13. Using the knife, spread the peanut butter from the knife onto the bread. Use the flat face of the knife.
14. Move the knife from top to bottom of the bread, to coat the bread with peanut butter
15. Try to cover the bread with peanut butter as evenly as possible
16. Try to spread all the peanut butter onto the bread, so that there is minimal peanut butter left on the knife
17. Repeat steps c, d, e, f, and g again 2 times, so that totally there are 3 scoops of peanut butter on the bread slice

1. Finishing touches to the peanut butter slice
2. Make sure all the 4 corners and sides contain an even spread of peanut butter, use the knife to even out the peanut butter chunks.
3. Place that slice back onto its plate.
4. Place the knife in the sink.
5. Close the lid of the peanut butter jar, and stow it away in its rightful place
6. Place Plate A in the back of the counter, to clear the space in the front.
7. Jelly slice

a. Take the jelly jar, and open the jar of jelly

- unscrew the cap, it may be tight but it’s possible, so keep trying!

b. You should be able to see the purple jelly now

c. Use the spoon to mix the contents of the jar, so the jelly is consistent

1. Take the other plate containing the slice of plain toasted bread, and place it to the left of the jelly jar. This is Plate B.
2. Take the slice of bread from Plate B and hold it in your left hand, above the plate (so that the crumbs do not fall on the counter/table).
3. Hold the spoon in your right hand, and take out a spoonful of jelly
4. Using the spoon, spread the jelly from the spoon onto the bread
5. Turn the spoon over, so that the top/front is touching the bread, and pull the spoon over the edge/side of the slice, so that the jelly gets off the bread and onto the spoon
6. Then use the back/bottom side of the spoon to press the jelly down evenly, break up any clumps and spread the jelly across the slice
7. Move the jelly from top to bottom of the bread, to coat the bread with jelly
8. Try to cover the bread with peanut butter as evenly as possible
9. Try to spread all the jelly onto the bread, so that there is only minimal jelly left on the knife
10. Repeat steps f, g, h, i, j, k, l again, so that totally there are 2 scoops of jelly on the bread slice
11. Finishing touches to the jelly slice
    1. Make sure all the 4 corners and sides contain an even spread of jelly, use the spoon to even out the chunks

c. Place that slice back onto its plate.

d. Place the spoon in the sink.

e. Close the lid of the jelly jar, and stow it away in its rightful place.

f. Throw away all trash into the trash bin to keep the tabletop/counter clean.

- (bread cover plastic holder, peanut butter wax paper, any other trash items)

1. The PB&J Sandwich
2. Bring both the plates to the front.
3. Take the peanut butter slice, hold it in your right hand, and bring it towards the jelly slice
4. Leave the jelly slice on its plate.
5. Hold the PB slice above the Jelly slice, so that the coated insides face each other.
6. Rotate your right hand, with the PB slice, to find the congruent match of both the slices.

- Try to find the best match. It cannot be perfect, but that’s ok.

1. Position the PB slice over the Jelly slice
2. Carefully, place the PB slice over the jelly, so that the slices match up and press down lightly on the PB slice

The peanut butter and jelly sandwich is now done! Start eating!

Word Count: 1,444