

4 Survival

Vocabulary | collocations

1 Complete the sentences with the correct words from the box.

abroad control extreme goal interview raise rely strength

- I had a job interview the other day – I didn't get the job though.
- I want to travel abroad this summer, maybe to France.
- He loves extreme sports like mountain climbing and free-diving.
- They ran a marathon to raise money for charity.
- She achieved her goal of climbing Mont Blanc.
- I find it difficult to control my fear of flying – I hate planes.
- When climbing in the Himalayas you have to rely on a team to help you.
- He has a lot of physical strength – he goes to the gym four times a week.

Grammar | comparative adjectives

2 Read the texts below and complete the sentences using the words in brackets.

ABT EXTREME SPORTS HOLIDAYS

Kayaking, mountain climbing,
base jumping and free diving.

ACCOMMODATION:

4-star hotel, all meals provided.

YOU NEED TO BE:

over 16, a strong swimmer, very fit.

COST:

One week: \$500 One month: \$1,500

Knockout Vacations

Try 15 extreme sports! Minimum age is 18.
No experience necessary. Beginners welcome.

Non-stop fun and games!

Accommodation: simple flats for 6 people.

Price: \$349 per person. All vacations last 7 days.

For a knockout holiday you will never forget!

- These courses at ABT are much more expensive (expensive) than the courses at Knockout.
- ABT has better (good) accommodation than Knockout.
- Knockout sounds much more (enjoyable) than ABT.
- Knockout seems much more (friendly) than ABT.
- You can do much (longer) courses at ABT.
- Knockout has a much (greater) variety than ABT.
- ABT welcomes people who are a bit (younger) than eighteen.
- For ABT you need to be much fitter (fit) than normal people.

3 Rewrite the second sentences so that they mean the same as the first sentences. Use the adjectives in brackets. Change the form if necessary.

- The Atlantic is 76.762 million square km. The Pacific is 155.557 million square km.
(big)
The Pacific is much bigger than the Atlantic.
- Free diving is dangerous. Swimming isn't dangerous.
(dangerous)
Free diving is much more dangerous than swimming.
- Mountain climbing is difficult. Without oxygen it is very difficult.
(difficult)
Mountain climbing with oxygen isn't much easier than mountain climbing without oxygen.
- Physical strength is important for divers. Mental strength is very important.
(important)
Physical strength is not so important as mental strength, for divers.
- Temba Tsheri climbed Everest when he was 15. Sherman Bull May climbed Everest when he was 64.
(old)
Temba Tsheri wasn't as old as Sherman Bull May when he climbed Everest.
- Junichi Koide dived 132 metres. Tanya Streeter dived 160 metres.
(deep)
Tanya dived deeper than Junichi.

- 4 a Read the text about the brothers and mark the sentences true (T) or false (F).

I have three brothers, Martin, Tim and James. Martin is 1m 96 tall, Tim is 1m 94 and James is 1m 78. Tim is very intelligent – he got five As in his last exams. Martin got four As. James didn't get any As. James is really fit. He can run without stopping for ten kilometres. Martin and Tim can't run for more than two minutes! Martin is very talented. He paints really well and also plays three musical instruments. James plays the guitar well but Tim isn't talented at all!



- 1 Martin is much taller than Tim. **F**
 2 Tim is a bit shorter than Martin. **T**
 3 Tim is a bit more intelligent than James. **F**
 4 James is much fitter than Martin. **T**
 5 James is a bit fitter than Tim. **F**
 6 Martin is much more talented than Tim. **T**

b Correct the false sentences.

Reading

- 5 Read the text and mark the sentences true (T) or false (F).

You've heard of a normal marathon? More than 42 kilometres running through a city. Difficult? Well, here's a more difficult race. The Kalahari Extreme Marathon is a marathon which is seven days long. The total distance of the marathon is about 250 km. But it's not just a long race, it's also a hot one. The marathon is in the Kalahari Desert in Africa. During the race temperatures can be very hot – in the day temperatures can be more than 40°C. At night it gets very cold, sometimes less than 5°C.

The race is normally around 250 km long but the actual distance changes every year – sometimes it can be longer. To make it more difficult for the runners, they only know the exact distance and where they are going to run the day before they start running. To do this marathon, runners need to be very fit. They also need to drink lots of water! Is this the most difficult marathon in the world?

- 1 A normal marathon is longer than the Kalahari Extreme marathon. **F**
 2 The Kalahari Extreme marathon is more than 42 kilometres long. **T**
 3 You need seven days to run the Kalahari marathon. **T**
 4 Sometimes it is hotter than 40°C during the race. **T**
 5 Temperatures at night in the Kalahari are always more than 5°C. **F**
 6 The runners know where they are going to run the week before the marathon. **F**
 7 It is important for runners to drink a lot of water during the race. **T**

Vocabulary | describing people

- 6 Complete the sentences with adjectives which describe people.

- 1 She gives lots of presents to her friends. She's really generous.
 2 No one can stop him when he wants something. He's really determined.
 3 She solves problems and understands things easily. She's intelligent.
 4 She is sure that she is good enough. She's very confident.
 5 He wants to be manager of this company by the time he's thirty. He's motivated.
 6 He can run for miles without getting tired. He's very fit.
 7 She makes people laugh all the time. She's funny.
 8 They always do what you ask them to do. They're really reliable.
 9 She is an incredible singer, dancer and actor. She's talented.
 10 He has a very dangerous job. He's brave.

Pronunciation | emphasising important words

- 7 a 13 Listen and underline the words in these sentences which have the weak forms /ðən/ and /əz/.

- 1 He's as strong as James.
 2 She's a lot taller than Sheila.
 3 Madrid's a smaller city than London.
 4 Rugby's a more dangerous sport than football.
 5 That book is not as interesting as the last one I read.
 6 It's as big as this house.
 7 The water's a bit deeper in this pool than in the small one.
 8 This question is not as difficult as other ones.

b Listen again and practise saying the sentences.