

```
margin: 0;
padding: 0;
box-sizing: border-box;
}

body {
font-family: Arial, sans-serif;
line-height: 1.6;
margin: 0;
}

.container {
max-width: 1100px;
margin: 0 auto;
padding: 20px;
border: 1px solid #cfc9c9;
border-radius: 5px;
background-color: rgba(150, 145, 145, 0.9);
}

header {
background-color: #333;
color: #fff;
padding: 15px 0;
}

.navbar ul {
list-style-type: none;
text-align: center;
}

.navbar ul li {
display: inline;
margin-right: 20px;
}

.navbar ul li a {
color: #fff;
text-decoration: none;
}

.parallax {
background-attachment: fixed;
background-position: center;
```

```
background-repeat: no-repeat;
background-size: cover;
position: relative;
height: 100vh;
display: flex;
align-items: center;
justify-content: center;
text-align: center;
color: #ffffff;
padding: 100px 0;
}

.parallax:before {
  content: '';
  position: absolute;
  top: 0;
  right: 0;
  bottom: 0;
  left: 0;
  background: rgba(0, 0, 0, 0.3);
  z-index: -1;
}

.parallax .container {
  z-index: 1;
}

.about-section, .contact-section {
  text-align: center;
  background-size: cover;
  background-position: center;
  padding: 60px 0;
  color: #333;
}

.about-section h2, .contact-section h2 {
  margin-bottom: 30px;
  color: #333;
}

.about-section .container, .contact-section .container {
  background-color: rgba(255, 255, 255, 0.9);
  border: 1px solid #8acee9;
  padding: 20px;
  border-radius: 5px;
}
```

```
margin: 20px 0;
```