

Adele Simmons Narrative CV

Adele is a registered nurse with 27 years' post qualification experience in statutory and private settings. She has worked in both clinical and management roles and is a member of the Royal College of Nursing, CMSUK, and registered with the NMC.

Following completion of a Certificate in Case Management course, Adele worked initially as a rehabilitation case manager for 8 years, receiving joint and single instruction referrals from insurers and solicitors assisting and managing rehabilitation for clients with a range of injuries, including complex trauma, orthopaedic injuries, amputations, and psychological injuries. During this time Adele managed the rehabilitation of individuals involved in multi-victim incidents.

For 5 years Adele led a clinical team of rehabilitation case managers and was instrumental in developing the rehabilitation service for a large corporate organisation. Whilst in this role Adele developed and oversaw implementation of local clinical governance policy and procedure, including the development and implementation of clinical QA policy and process, allocation, triage and clinical supervision process, supplier audit methodology and implementation, coaching, training, clinical risk management and complaints handling. She worked with nationwide providers of diagnostic, medical and therapeutic services to influence quality and cost. She was involved in and contributed to strategic planning and implementation.

Adele's NHS experience includes nursing in acute and rehabilitation settings, ward and unit management and multi-disciplinary team collaboration. Her private sector experience includes managing a branch of a Nursing Agency; and assessing the care needs of clients in the community, and placing appropriate health professionals in the NHS, community and private health care sectors.

Adele managed the medical department of a commercial weight loss company and worked as a deputy matron in a private nursing home for people with a range of disabilities and long term conditions. This involved assessing care needs of individuals seeking private nursing home care, developing and implementing nursing care plans, supervising and training care and junior nursing staff.

For several years Adele was self employed carrying out health screening and comprehensive disability assessments for the insurance industry. This role also included undertaking personal track safety medicals and drugs of abuse testing. During this time she was also employed to carry out health care/disability assessments advising on rehabilitation and healthcare needs for individuals unable to work and claiming on Income Protection Policies.

Adele is the author of 2 research articles published in the International Journal of Obesity which were both presented at an International Conference and holds an ENB post registration professional qualification in Nursing Elderly People.