

SugarDiary Report

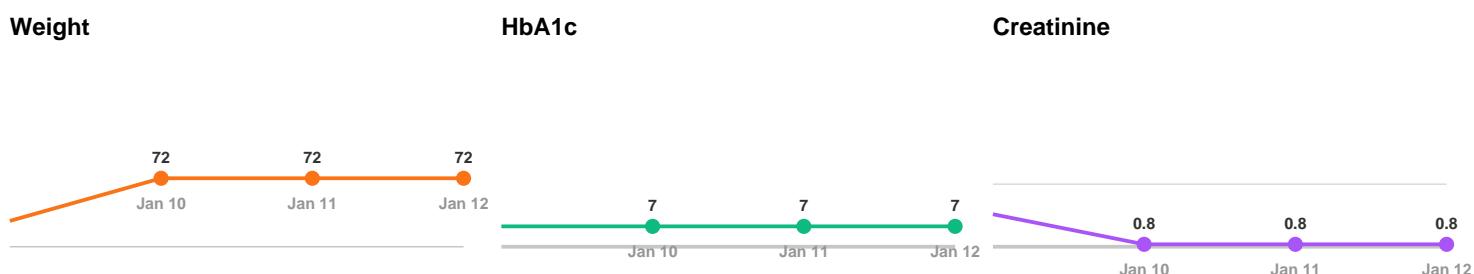
Patient: Divyansh Kotak | Generated: 1/12/2026

| Age | Gender | Weight | HbA1c | Creatinine |
|-----|--------|--------|-------|------------|
| 28 | Male | 72 | 7 | 0.8 |

Known Comorbidities

Hypertension

Vital Trends



Prescription

| Insulin | Type | Freq | Scale |
|----------------------------|--------|--------------|---------------------------------------|
| Insulin Aspart (NovoRapid) | Manual | Before Meals | 100-160:6u 161-200:8u 201-250:10u |
| Glargine U-100 (Lantus) | Manual | Before Meals | 200-250:12u |

| Drug | Dose | Freq | Timings |
|----------------------------|-------|-------------|------------------|
| Metformin 500mg (Glycomet) | 1 tab | Twice Daily | Morning, Evening |

Adherence Summary: 2 Oral Medication Doses Recorded in Logged Period

Logbook

| Time | Sugar | Context | Insulin | Notes |
|------------------------|-------|----------|---------------------------------|------------------|
| 1/11/2026, 10:10:57 PM | 140 | Pre-Meal | Insulin Aspart (NovoRapid): 6u | |
| 1/10/2026, 10:15:35 PM | 240 | Bedtime | Glargine U-100 (Lantus): 12u | |
| 1/10/2026, 10:15:21 PM | 210 | Pre-Meal | Insulin Aspart (NovoRapid): 12u | Heavy Meal |
| 1/10/2026, 10:15:02 PM | - | | | Rx Change, Audit |
| 1/10/2026, 9:52:38 PM | 189 | Pre-Meal | Insulin Aspart (NovoRapid): 8u | Sweets |
| 1/10/2026, 9:22:53 PM | 200 | Bedtime | Glargine U-100 (Lantus): 12u | |
| 1/10/2026, 7:14:02 PM | 180 | Pre-Meal | Insulin Aspart (NovoRapid): 8u | Heavy Meal |
| 1/10/2026, 6:59:19 PM | 200 | Bedtime | Glargine U-100 (Lantus): 10u | |
| 1/10/2026, 6:19:16 PM | 140 | Pre-Meal | Insulin Aspart (NovoRapid): 8u | Sweets |

| Time | Sugar | Context | Insulin | Notes |
|------------------------|-------|----------|--------------------------------|-------|
| 1/10/2026, 5:31:52 PM | 120 | Pre-Meal | Insulin Aspart (NovoRapid): 6u | |
| 1/10/2026, 5:18:39 PM | 200 | Bedtime | Ins: 12u | |
| 1/10/2026, 3:39:15 PM | 120 | Pre-Meal | | |
| 1/10/2026, 3:34:25 PM | 201 | Pre-Meal | | |
| 1/10/2026, 3:22:31 PM | 200 | Pre-Meal | | |
| 1/10/2026, 12:14:30 PM | 180 | Bedtime | | |
| 1/10/2026, 12:13:31 PM | 250 | Pre-Meal | | |