

# SugarDiary Report

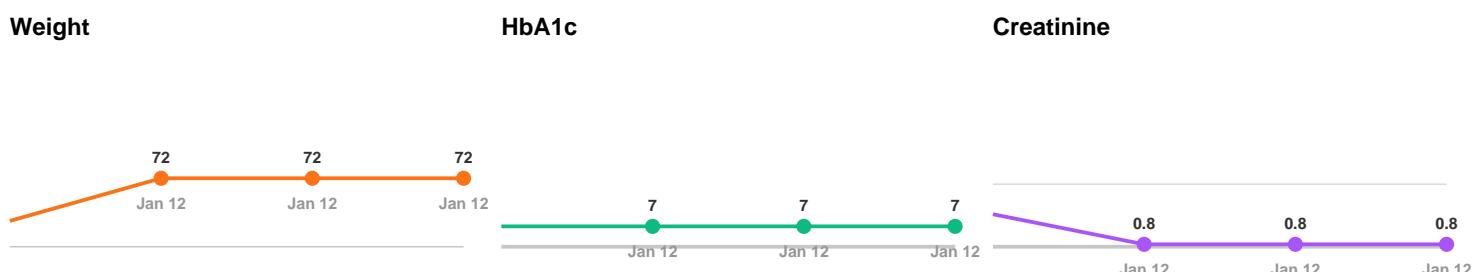
Patient: Divyansh Kotak | Generated: 1/12/2026

| Age | Gender | Weight | HbA1c | Creatinine |
|-----|--------|--------|-------|------------|
| 28  | Male   | 72     | 7     | 0.8        |

## Known Comorbidities

Hypertension, High Cholesterol, Kidney Disease

## Vital Trends



## Prescription

| Insulin                    | Type   | Freq         | Scale                                 |
|----------------------------|--------|--------------|---------------------------------------|
| Insulin Aspart (NovoRapid) | Manual | Before Meals | 100-160:6u   161-200:8u   201-250:10u |
| Glargine U-100 (Lantus)    | Manual | Before Meals | 200-250:12u                           |

| Drug                       | Dose  | Freq        | Timings          |
|----------------------------|-------|-------------|------------------|
| Metformin 500mg (Glycomet) | 1 tab | Twice Daily | Morning, Evening |

## Adherence Summary: 2 Oral Medication Doses Recorded in Logged Period

## Logbook

| Time                   | Sugar | Context  | Insulin                         | Notes            |
|------------------------|-------|----------|---------------------------------|------------------|
| 1/12/2026, 4:29:43 PM  | 180   | Pre-Meal | Insulin Aspart (NovoRapid): 8u  | Heavy Meal       |
| 1/12/2026, 4:18:59 PM  | 200   | Bedtime  | Glargine U-100 (Lantus): 12u    |                  |
| 1/11/2026, 10:10:57 PM | 140   | Pre-Meal | Insulin Aspart (NovoRapid): 6u  |                  |
| 1/10/2026, 10:15:35 PM | 240   | Bedtime  | Glargine U-100 (Lantus): 12u    |                  |
| 1/10/2026, 10:15:21 PM | 210   | Pre-Meal | Insulin Aspart (NovoRapid): 12u | Heavy Meal       |
| 1/10/2026, 10:15:02 PM | -     |          |                                 | Rx Change, Audit |
| 1/10/2026, 9:52:38 PM  | 189   | Pre-Meal | Insulin Aspart (NovoRapid): 8u  | Sweets           |
| 1/10/2026, 9:22:53 PM  | 200   | Bedtime  | Glargine U-100 (Lantus): 12u    |                  |
| 1/10/2026, 7:14:02 PM  | 180   | Pre-Meal | Insulin Aspart (NovoRapid): 8u  | Heavy Meal       |

| Time                   | Sugar | Context  | Insulin                        | Notes  |
|------------------------|-------|----------|--------------------------------|--------|
| 1/10/2026, 6:59:19 PM  | 200   | Bedtime  | Glargine U-100 (Lantus): 10u   |        |
| 1/10/2026, 6:19:16 PM  | 140   | Pre-Meal | Insulin Aspart (NovoRapid): 8u | Sweets |
| 1/10/2026, 5:31:52 PM  | 120   | Pre-Meal | Insulin Aspart (NovoRapid): 6u |        |
| 1/10/2026, 5:18:39 PM  | 200   | Bedtime  | Ins: 12u                       |        |
| 1/10/2026, 3:39:15 PM  | 120   | Pre-Meal |                                |        |
| 1/10/2026, 3:34:25 PM  | 201   | Pre-Meal |                                |        |
| 1/10/2026, 3:22:31 PM  | 200   | Pre-Meal |                                |        |
| 1/10/2026, 12:14:30 PM | 180   | Bedtime  |                                |        |
| 1/10/2026, 12:13:31 PM | 250   | Pre-Meal |                                |        |