```
<!DOCTYPE html>
<html lang="en">
 <head>
  <meta charset="utf-8">
  <meta name="viewport" content="width=device-width, initial-scale=1">
  <title>Growing and Shrinking text</title>
 </head>
 <body>
  <center>
   <div id="changing-text"></div>
  </center>
  <script src="prog3.js" charset="utf-8"></script>
 </bodv>
</html>
let fontSize = 5;
let textState = "growing";
var text = document.getElementById('changing-text');
setInterval(changeText, 100);
function changeText() {
 console.log(textState == "growing");
 console.log(fontSize);
 if(textState == "growing") {
  if(fontSize > 50){
   textState = "shrinking";
  }
  else {
   text.style.fontSize = fontSize + "pt";
   text.style.color = "red";
   text.innerText = "Text Growing";
   fontSize += 1;
  }
 if(textState == "shrinking") {
  if(fontSize < 5){
   textState = "growing";
  }
  else {
   text.style.fontSize = fontSize + "pt";
   text.style.color = "blue";
   text.innerText = "Text Shrinking";
   fontSize -= 1;
  }
 }
}
```