

VIDYAGYAN SCHOOL			
Routine –Sunday / Holiday			
w.e.f., 1st April 2024			
(For Girls/Boys)			
S.No.	Routine	From	To
1	Wake Up Call	--	07:00am
2	Morning Routine	07:00am	07:30am
3	Hygiene Care	07:30am	08:30am
4	Breakfast	08:30am	09:15am
5	Newspaper Reading/ Story Books Reading/ Computer Lab Seniors/ Library Seniors and Juniors	09:15am	10:00am
6	Games Time/Computer Lab Seniors/ Library Seniors	10:00am	11:00am
7	Morning Snacks	11:00am	11:30am
8	Meditation Time	11:30am	12:00pm
9	Self Time/ Peer Teaching	12:00pm	01:00pm
10	Lunch Time	01:00pm	02:00pm
11	Rest Time/ T.V. Time	02:00pm	04:00pm
12	Reading Time/ Indoor Games/ Self Study	04:00pm	05:30pm
13	Evening Snacks	05:30pm	05:50pm
14	Dorm Parent interaction with Students	05:50pm	06:20pm
15	Me Time	06:20pm	06:50pm
16	Freshen-up/ T.V. News/ Computer Lab/ Grooming Class	06:50pm	07:40pm
17	Dinner Time	07:40pm	08:30pm
18	Supervised Study	08:30pm	10:00pm
19	Retire to Bed	10:00 PM	Lights off/Self Study-