

School Schedule (Monday to Friday)								
w.e.f., 1st April 2024								
For Classes VI - XII								
S. No.	Routine Activity/ Lesson Time Grades VII to XII: Monday to Friday Grade VI: Tuesday and Thursday	Time		Duration	Routine Activity/ Lesson Time (Only for Grade VI) Monday, Wednesday and Friday	Time		Duration
		From	To			From	To	
1	Wake Up Call	-	5:00 AM	-	Wake Up Call	-	5:30 AM	-
2	Freshening up	5:00 AM	5:25 AM	25 Minutes	Freshening up	5:30 AM	6:00 AM	30 Minutes
3	Body-Mind Tuning	5:25 AM	5:55 AM	30 Minutes	Rise and Shine-Sports	6:00 AM	6:45 AM	45 Minutes
4	Getting Ready for School	5:55 AM	6:35 AM	40 Minutes	Getting Ready for School	6:45 AM	7:15 AM	30 Minutes
5	Breakfast	6:35 AM	7:15 AM	40 Minutes	Breakfast (Grade VI Mon, Wed and Fri)	7:15 AM	7:50 AM	35 Minutes
6	Reporting time	7:25 AM		-	Reporting time	7:55 AM		-
7	Thoughtful Musings (class-teachers) / Grade VI-XII assembly (Tuesday & Thursday)	7:30 AM	7:50 AM	20 Minutes	First Period	8:00 AM	8:40 AM	40 Minutes
8	First Period	7:50 AM	8:40 AM	50 Minutes				
9	Second Period					8:40 AM	9:30 AM	50 Minutes
10	Third Period					9:30 AM	10:20 AM	50 Minutes
11	Break for Morning Snacks					10:20 AM	10:40 AM	20 Minutes
12	Fourth Period					10:40 AM	11:30 AM	50 Minutes
13	Fifth Period					11:30 AM	12:20 PM	50 Minutes
14	Sixth Period					12:20 PM	1:10 PM	50 Minutes
15	Seventh Period					1:10 PM	2:00 PM	50 Minutes
16	Lunch					2:00 PM	2:45 PM	45 Minutes
17	Rest time					2:45 PM	3:45 PM	60 Minutes
18	NCC Classes/ Parade (NCC Students Only)					3:00 PM	3:40 PM	40 Minutes For Selected
19	Getting Ready for Evening prep					3:45 PM	4:00 PM	15 Minutes
20	Evening prep (For Classes VI –XII)					4:00 PM	5:15 PM	75 Minutes
21	Evening Snacks					5:15 PM	5:50 PM	35 Minutes
22	Games/Art/Music/Dance					5:50 PM	7:10 PM	80 Minutes
23	Freshen Up					7:10 PM	7:40 PM	30 Minutes
24	Dinner					7:40 PM	8:30 PM	40 Minutes
25	ME Time					8:30 PM	8:50 PM	20 Minutes
26	Supervised Night Prep (For Classes VI –XII)					8:50 PM	9:35 PM	45 Minutes
27	Self-Study/Arrange Things for next day					9:35 PM	10:00 PM	25 Minutes
28	Retire To Bed (VI-IX)					10:00 PM	-	
29	Retire To Bed (X & XII)					12:00 AM	-	

School Schedule (Saturday)								
w.e.f., 1st April 2024								
For Classes VI - XII								
S. No.	Routine Activity/ Lesson Time (For IX to XII)	Time		Duration	Routine Activity/ Lesson Time (Only for Grade VI to VIII)	Time		Duration
		From	To			From	To	
1	Wake Up Call (Grade IX-XII)	-	5:00 AM	-	Wake Up Call (Class VI-VIII)	-	5:30 AM	-
2	Freshening up (Grade IX-XII)	5:00 AM	5:25 AM	25 Minutes	Freshening up (Class VI-VIII)	5:30 AM	6:00 AM	30 Minutes
3	Body-Mind Tuning In (Grade IX-XII)	5:25 AM	5:55 AM	30 Minutes	Rise and Shine-Sports (Class VI-VIII)	6:00 AM	6:45 AM	45 Minutes
4	Getting Ready for School (Grade IX-XII)	5:55 AM	6:35 AM	40 Minutes	Getting Ready for School (Class VI-VIII)	6:45 AM	7:15 AM	30 Minutes
5	Breakfast (Grade IX-XII)	6:35 AM	7:15 AM	40 Minutes	Breakfast (Class VI-VIII)	7:15 AM	7:50 AM	35 Minutes
6	Reporting time (Grade IX-XII)	7:25 AM		-	Reporting time (Class VI-VIII)	7:55 AM		-
7	First Period (Grade IX-XII)	7:25 AM	8:05 AM	40 Minutes	Converging Capacities-Lesson Time Slot 1 (Grade VI-VIII)	8:00 AM	9:00 AM	60 Minutes
8	Second Period (Grade IX-XII)	8:05 AM	8:45 AM	40 Minutes	Break	9:00 AM	9:05 AM	5 Minutes
9	Third Period (Grade IX-XII)	8:45 AM	9:25 AM	40 Minutes	Converging Capacities-Lesson Time Slot 2 (Grade VI-VIII)	9:05 AM	10:05 AM	60 Minutes
10	Fourth Period (Grade IX-XII)	9:25 AM	10:05 AM	40 Minutes				
11	Fifth Period (Grade IX-XII)	10:05 AM	10:45 AM	40 Minutes	FinLit (Grade VI-VIII)	10:05 AM	10:45 AM	40 Minutes
12	Break for Morning Snacks (Grade VI-XII)					10:45 AM	11:00 AM	15 Minutes
13	Essential skills [VI-VIII] Sixth Period (Grade XI-XII) tGELF (IX-X)					11:00 AM	11:40 AM	40 Minutes
14	Mentor/ House Meeting (Grade VI-XII)					11:40 AM	12:20 PM	40 Minutes
15	DTI (VI-VII) ACP (VIII) FinLit (IX-X)					12:20 PM	1:00 PM	40 Minutes
16	Clubs Activities [VI-X]					1:00 PM	2:00 PM	60 Minutes
17	Lunch (Class VI & XII)					2:00 PM	2:45 PM	45 Minutes
18	Rest Time					2:45 PM	3:15 PM	30 Minutes
19	Peer Time/ Self Time					3:15 PM	4:15 PM	60 Minutes
20	Self-Study					4:15 PM	5:30 PM	75 Minutes
21	Evening Snacks					5:30 PM	6:00 PM	30 Minutes
22	Games/Me time					6:00 PM	7:00 PM	60 Minutes
23	Freshen Up					7:00 PM	7:30 PM	30 Minutes
24	Dinner					7:30 PM	8:30 PM	60 Minutes
25	Movie Time/ TV Time					8:30 PM	10:00 PM	90 Minutes
26	Self-Study/Arrange Things for next day					10:00 PM	10:30 PM	30 Minutes
27	Retire To Bed (VI-IX)					10:00 PM	-	
28	Retire To Bed (X & XII)					12:00 AM	-	

VIDYAGYAN SCHOOL			
Routine –Sunday / Holiday			
w.e.f., 1st April 2024			
(For Girls/Boys)			
S.No.	Routine	From	To
1	Wake Up Call	--	07:00am
2	Morning Routine	07:00am	07:30am
3	Hygiene Care	07:30am	08:30am
4	Breakfast	08:30am	09:15am
5	Newspaper Reading/ Story Books Reading/ Computer Lab Seniors/ Library Seniors and Juniors	09:15am	10:00am
6	Games Time/Computer Lab Seniors/ Library Seniors	10:00am	11:00am
7	Morning Snacks	11:00am	11:30am
8	Meditation Time	11:30am	12:00pm
9	Self Time/ Peer Teaching	12:00pm	01:00pm
10	Lunch Time	01:00pm	02:00pm
11	Rest Time/ T.V. Time	02:00pm	04:00pm
12	Reading Time/ Indoor Games/ Self Study	04:00pm	05:30pm
13	Evening Snacks	05:30pm	05:50pm
14	Dorm Parent interaction with Students	05:50pm	06:20pm
15	Me Time	06:20pm	06:50pm
16	Freshen-up/ T.V. News/ Computer Lab/ Grooming Class	06:50pm	07:40pm
17	Dinner Time	07:40pm	08:30pm
18	Supervised Study	08:30pm	10:00pm
19	Retire to Bed	10:00 PM	Lights off/Self Study-

			(not compulsory)
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