

iOS Applications - Simplifying daily life

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Abstract. With great inventions in technology, life is getting easier and it is no more normal. In the meanwhile, life is getting so busier day by day with technology in our daily lives. So developers are also trying to develop the devices with applications that can sing a lullaby to a baby, that can answer the questions asked by children and the same AI can engage the old with podcasts, music etc. We also don't know about the applications in iPhone Operating System that can track the person's data and how it plays a major role in their lives. iOS applications are so user friendly that anybody can use irrespective of their age. We see many applications that we doesn't use in our mobile but it does track some data somehow. In this research paper, we are going to see how the iOS applications that plays a major part in our daily lives which the one's also doesn't have any idea about.

Keywords: iOS Applications · Health · Fitness · Smart Watch · Siri AI · data · tracking · mindfulness

1 Introduction

An iOS device can make a living easier because of the artificial intelligence the operating system and the applications in it. This paper explains about the iPhone applications like Mindfulness, Fitness, how a data is going to be tracked from an application, how can the smartwatch detect when a person wearing an apple Smart watch falls on the ground, what if a person's heart rate increases than the normal level, what if a person is exposed to higher audio levels in the environment and if we keep on thinking, there are lot of wonders which an iOS device can do. It is also said that somewhere, it saved the life of a person who has fallen down due to heart attack.

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