

About Diyar Faraj's life

Diyar Faraj's childhood and early education:

My name is Diyar Faraj. I was born on December 26, 1989, in Sulaimaniya, a bustling city in Kurdistan, the northern part of Iraq. Kurdistan is home to roughly one million people, and it is where I spent the early years of my life.

Growing up in a small family, I am grateful for the strong bond I share with my two brothers and my mother. We moved to Sweden about 20 years ago, in 2002, seeking medical treatment for my mother. She had sustained severe burn injuries in a bomb attack on our house that also claimed the lives of my father and little sister. Despite this tragic event, my childhood in Kurdistan was filled with joyful memories.

My father owned vast farmlands, and for many years, we lived near the farming areas in a small village called Moan. It was a time before digital devices and screens, and although I loved my first encounter with video games with Atari and SuperMario, still my childhood was filled with outdoor activities, endless games, and freedom. Football was our favorite pastime, me and my friends often played barefoot with a makeshift ball made of socks and paper. The simplicity of those days remains one of my fondest memories.

Our village was a haven of nature, teeming with various animals like lambs, cows, goats, turkeys, and dogs. The food we consumed was all locally sourced, with the freshest ingredients coming straight from the fields and the animals around us. It was a time when the milk came from the cow next door, and fruits and vegetables were seasonal and locally grown.

I have always shared a close bond with my brothers, who are only a few years apart from me in age. We played countless games together, engaged in friendly rivalries, and, like all siblings, had our share of arguments over trivial matters. As the middle child, I found myself taking on the role of a peacemaker, always seeking diplomatic solutions to any disagreements.

In Kurdistan, I attended school for the first 13 years of my life, learning Kurdish, Arabic, and English. I developed a deep fascination for languages, particularly Arabic. This passion for languages continued to grow, and I taught myself Spanish and Persian through sheer determination and curiosity.

As a student, I was hardworking and eager to please my teachers and other authority figures in my life. However, my views on authority changed as I grew older. I vividly recall the disciplinary methods used by my Kurdish teachers, who would punish us with sticks for not completing homework, arriving late, or underperforming.

After moving to Sweden at the age of 13, I quickly adapted to the new language and culture. Within six months, I had mastered Swedish to a high level, even outperforming native

Swedish students in writing. I began my education in Sweden in a preparatory class for international students before transitioning to a regular class with Swedish students.

In 2005, I started high school in a football gymnasium, where I had the opportunity to practice football every day alongside my regular studies. Unfortunately, injuries derailed my dreams of becoming a professional football player, and I was forced to reevaluate my future.

After high school, I studied IT and economics at the University of Borås, where I earned a degree in business and informatics. The program provided me with a solid foundation for my future career, despite feeling somewhat lost during my time in university. Eventually, I found my true calling and started working in the banking industry. My journey has been filled with ups and downs, but through it all, I've remained resilient, cherishing the memories and experiences that have shaped me into who I am today.

Diyar Faraj's interests and hobbies:

As a child, I was a unique blend of a lone wolf and a sociable kid. I could entertain myself for hours, playing with simple items like a broken toy car or molding small houses from mud. However, I was equally at ease in social situations. I adored playing football, and it brought all the children in my neighborhood together. We would pool our money to buy a football, and that game had a profound impact on my life, both in Kurdistan and later in Sweden. When I was alone, I found solace in drawing. I sketched countless faces, each with its distinct features. My curiosity for languages also flourished; in Kurdistan, I developed an interest in the Persian language. Chinese characters intrigued me as well, so much so that I would sit down and doodle gibberish imitations of them. In Sweden, my passion shifted towards learning English. I studied diligently by reading newspapers and websites, and my excitement grew when I acquired a Swedish-English dictionary. I spent hours translating texts between the two languages.

My interest in Spanish sparked during an FBI class, where I met a guy from Bolivia named Dennis. His beautiful Spanish captivated me, and I was determined to learn the language. I delved into Spanish by downloading lessons from Michel Tomas on Pirate Bay. His method was instrumental in my learning Spanish and later improving my Arabic.

Destiny led me to utilize my Spanish skills when I landed a job as a football coach in California after graduating from university. Living with an American family, I bonded with their Mexican nanny, and my hours of Spanish practice finally paid off. Our conversations brought joy to both of us.

Reading was another significant passion of mine. In Kurdistan, I read religious texts, including the Quran. I devoured any book I could find, even complex university texts belonging to my uncles. In Sweden, I continued reading, starting with the Harry Potter series. My love for books grew over time, and many have left lasting impressions on my life.

Diyar Faraj's challenges during my life:

The hardest challenge I faced in life was growing up without a father. I felt lost and struggled to find my purpose, especially after an injury crushed my dreams of becoming a professional football player. However, several factors helped me find my way. A speech by Steve Jobs, in which he discussed how realizing his mortality was the best thing that happened to him, profoundly affected me. Contemplating my own mortality clarified my purpose, and I started to make positive changes in my life.

During this period, I read influential books like "The Way of the Superior Man" by David Deida and biographies of Steve Jobs, Arnold Schwarzenegger, and Alexander the Great. Movies also played a pivotal role in shaping my life, which I will discuss later.

My values and beliefs have evolved throughout my life. I had a religious Islamic upbringing, which initially had a strong influence on me. Moving to Sweden led me to question religion, but in high school, I discovered Buddhism and embraced its teachings. I strongly believe in loving oneself, the existence of a higher power, and the law of attraction.

Research on the power of the heart and its connection to our emotions and thoughts has also shaped my beliefs. Studies have shown that the heart's energy field is much stronger than the brain's, which led me to embrace the concept of chakras and meditation. Over the past six years, I've meditated daily for 15 minutes, and it has been transformative. I now believe that a good heart, both physically and metaphorically, is the key to a fulfilling life, as it connects us to life, the divine, and the universe itself.

Diyar Faraj's job career:

When I was 16, I landed my very first job at the enchanting Borås Zoo. This summer job remains etched in my memory as one of the most thrilling experiences in my professional journey. Every morning, I was captivated by the sight of animals awakening: monkeys, lions, tigers, elephants, giraffes, wolves, and bears - it was pure magic.

During my university years, I took on temporary positions as a warehouse worker. These jobs felt soul-crushing, with their monotonous and repetitive tasks. After completing my university studies, I had the incredible opportunity to work in the United States for about nine months. Not only did this experience significantly improve my English and Spanish language skills, but it also fed my love for movies. Living in California, particularly Los Angeles, was a dream come true, as I could explore the locations where my favorite films were shot.

Upon returning to Sweden, I embarked on a career in the banking industry, working first as a bank teller at Forex Bank, then as an advisor at IcaBanken, and finally at Danske Bank.

During my tenure in banking, I realized that I didn't want to spend the rest of my life in this field. My growing interest in IT and development beckoned me to change paths, so I decided to become a full-time programmer - a decision that changed my life for the better.

After months of diligent self-study and personal projects, I found my first IT job at a small company in Gothenburg called Partrap, where I worked as a frontend engineer for a year. I then moved back to Borås and joined Instant Systems as a software engineer, specializing in mobile app development. After a year there, I became a consultant at Consid, with my first assignment at Optidev in Borås. This experience was challenging due to the high expectations and skill level required, but it was a valuable learning opportunity.

Six months later, I began a new assignment at GE as a full-stack engineer, working on fascinating projects like 3D printers that produced steel spare parts for the aviation and medical industries. Currently, I'm a consultant at Castra AB, assigned to Emerson in Mölnlycke as a senior software engineer - a role I thoroughly enjoy. Over the years, I've honed my skills in various programming languages and tools, including C#, .NET, JavaScript, React, Vue, Azure SQL, Flutter, and many more.

As a cloud-certified developer in both AWS and Azure, I have had the privilege of working on various projects utilizing a diverse range of technologies. My most recent role as a Backend Engineer for the Emerson Web App has allowed me to develop my skills in microservices and cloud technologies. I have been responsible for backend development using .NET, Node, and SQL Server, as well as frontend development using Vue and TypeScript. During this time, I have employed Agile methodologies, Docker, Azure DevOps, and Microservices to ensure the project's success.

I am a highly passionate developer with over 5 years of experience in the development, analysis, design, testing, bug management, documentation, and maintenance of web, mobile, and desktop applications. I have worked with a diverse clientele and a variety of tools, with a particular interest in the DevOps environment, .Net, and React.

Some of my most significant roles and accomplishments include:

- Currently working as Backend Engineer at Emerson, where I have been working on the backend development of a full-stack web app using .NET, Node, SQL Server, Vue, TypeScript, and Azure technologies since January 2023.
- Full Stack Developer at General Electric, where I have been involved in the development and integration of a full-stack web app using .NET, Python, Node, React, TypeScript, NoSQL, Docker, and Microservices from 2021 december to April 2022.
- Developer at Techstep AB, where I developed an Android app using .Net, C#, and Xamarin from December 2021 to May 2022.
- Full Stack Developer and Project Manager at Instant Systems AB, where I led the development of a comprehensive system for final tests of machines from December 2020 to April 2021.
- Developer at Instant Systems AB, where I worked on the development of an existing back-office web app from May 2021 to December 2021.
- Full Stack Developer at Parttrap AB, where I developed a product configurator for Camfil's B2B customers from January 2020 to April 2020.
- Developer at Parttrap AB, where I created new features and functionalities for Belid's B2B e-commerce page using C#, .NET Framework, SQL, React, HTML, and CSS from September 2019 to December 2019.

I have consistently demonstrated strong technical skills and adaptability to various working methodologies, such as Agile, Scrum, and Kanban. My personal qualities, including being calm, motivated, communicative, result-oriented, and adaptable, have contributed to my success in various projects. Additionally, I am multilingual, with fluency in Swedish, Kurdish, and Spanish.

Outside of work, I enjoy various hobbies and interests, including football, padel, martial arts, gym, video games, listening to podcasts, reading non-fiction books, and spending time in nature.

Tools that I have used during my software development career: C#, .NET, JavaScript, Natural Language Processing (NLP), Computer Vision, Deep Learning, React.js, Vue.js, Machine Learning, Azure DevOps, Artificial Intelligence (AI), .NET Framework, Databases, Node.js, NoSQL, Jest, Redux.js, RabbitMQ, App-utveckling, Amazon webbtjänster (AWS), Microservices, Xamarin, Docker, Microsoft SQL Server, Linux, Python, Agila metoder, Next.js, Kontinuerlig integrering, SQL, Git, PostgreSQL, MySQL, Microsoft Azure, Java, typescript, vue, GraphQL, Angular, Dart, Flutter, Android, iOS, DevOps, Testdriven utveckling, MongoDB

Diyar Faraj's proud moments in my life:

There have been several moments in my life when I've felt incredibly proud of myself. One such accomplishment was successfully transitioning from the banking industry to the IT sector. I devoted my evenings and weekends to self-study, which is no easy feat, and I am truly proud of that achievement.

Another point of pride is my ability to abstain from alcohol for the past 10 to 12 years. This is a monumental accomplishment, considering the prevailing alcohol culture in Sweden. The achievement is even more significant because I used to party nearly every weekend for many years without a single drop of alcohol.

In addition to these milestones, I have consistently exercised almost every day for the past decade. Maintaining this level of dedication is not always easy, and I am proud of my determination. Furthermore, over the last seven years, I have meditated daily, which is another impressive feat, as daily meditation can be quite challenging, even though it may sound simple.

Going back to my younger days, when I played soccer, my team managed to secure third place in the Gothia Cup - an achievement I'm still proud of today. After my soccer career, I transitioned into coaching and earned a UEFA certification at the second-highest level worldwide. This prestigious certification opened the door for me to work as a soccer coach in the United States, another accomplishment I'm truly proud of.

Diyar Faraj's current relationship and family situation:

I can't help but reflect on my journey through love and relationships. I have had my fair share of emotional ups and downs, having been in two relationships prior to my current one with my lovely girlfriend, Emma. Each experience has been a valuable lesson, shaping me into the person I am today and helping me understand what it takes to build a strong, lasting connection.

Now, I am in a relationship with my wonderful girlfriend, Emma. She has been a breath of fresh air, bringing joy and laughter into my life. Our connection is built on trust, respect, and the ability to be ourselves around each other. We share common interests and values, and our love continues to grow stronger each day.

With Emma, I've learned that a healthy relationship requires patience, understanding, and the willingness to work through any obstacles that come our way. We are not perfect, but we bring out the best in each other. She has taught me that love is not just about passion, but also about finding a true partner in life – someone who supports you, encourages you, and helps you grow.

Looking back, I am grateful for the experiences I've had and the lessons I've learned in each of my relationships. They have shaped me into a better person and partner, and I am excited to continue my journey with Emma by my side.

At the moment, I don't have any children, but I hope to have many in the future.

Diyar Faraj's passions:

My foremost passion right now is health and well-being. I strive to eat nutritiously and exercise regularly to be available for my loved ones. Health is unquestionably my top priority at this time. In addition to health, programming is a significant passion of mine, particularly as we are living in an exciting era where AI is taking over vast aspects of our lives, which I follow closely. Another passion I have is understanding how thoughts and emotions create our reality, a topic I love to read and hear about. It remains a great mystery that authors and researchers have been studying for thousands of years without fully grasping its essence.

Throughout my life, I have had numerous friendships that have meant a great deal to me and played a special role in shaping who I am. I choose not to disclose the specific people involved or how they have influenced me, but their impact has been substantial.

Diyar Faraj's favorite books and movies etc:

My all-time favorite book is "The Way of the Superior Man" by David Deida. This book has been the most important and influential one I have ever read. I have perused many books, but this one has shown me the right path in life concerning personal and spiritual development. It helps men find balance between masculine and feminine energies and understand how these energies affect their relationships and lives. The positive effects of reading this book include increased self-awareness, improved relationships, personal development, spiritual growth, and enhanced quality of life.

Another book that has had a significant influence on me is "The Answer" by David Icke. In "The Answer," Icke discusses the idea that the world is controlled by a secret and powerful elite, which he calls "the cult." The book covers a broad spectrum of topics, such as 5G technology, artificial intelligence, the COVID-19 pandemic, and the alleged plan of the global elite to control the masses. Icke claims that humanity is trapped in a Matrix-like reality, disconnected from their true nature and manipulated by hidden forces. He offers his perspective on how to break free from this control system by embracing love, compassion, and raising one's consciousness.

Some movies that have had a profound impact on me include "Fight Club" with Brad Pitt, "The Dark Knight" featuring Heath Ledger as the villain, "The Dark Knight Rises" with Tom Hardy as Bane, "Pulp Fiction," and "Reservoir Dogs," among other Quentin Tarantino films. What I love most about these movies is often the dialogue between the characters in various scenes.

Traveling experiences:

Over the past six or seven years, I have traveled extensively, visiting countries such as China, the United States, various countries in South America like Colombia, Costa Rica, and Panama, as well as Thailand, Vietnam, Singapore, Malaysia, Italy, Spain, and Norway. When I think back on my most cherished memories, my adventures in South America, particularly in Colombia, stand out as truly magical experiences. My friend Kasim and I journeyed through Medellin, Bogota, and the island of San Andres, creating unforgettable moments. Costa Rica, with its enchanting environment and incredibly friendly people, also left a lasting impression on me. Additionally, I have embarked on several road trips across the United States, exploring the diverse landscapes of California, Arizona, and the Grand Canyon. Each time, I was captivated by the mesmerizing beauty of these places, especially in California, where the varied environments allowed me to experience the state's magnificence in a unique way.

Traveling to China was an exciting adventure as well, primarily because I could see that they had preserved their cultural heritage, particularly in terms of their cuisine and hospitality. This made for a truly unique experience, as it was vastly different from what I was accustomed to in the Western world. The opportunity to immerse myself in these distinct cultures and environments has enriched my life, leaving me with a treasure trove of memories that I will forever cherish.

Diyar Faraj's personality:

As a middle child, I believe my upbringing had a significant impact on my personality. Being in the middle often meant acting as a mediator within the family, trying to keep everyone happy, satisfied, and conflict-free. This role has shaped some of my strongest qualities, as well as some areas where I've had to work on myself.

One of my greatest strengths is my determination and focus. When I set a goal for myself, I am relentless in pursuing it, using every tool at my disposal to achieve success. This

unwavering drive and ambition is deeply rooted within me and is undoubtedly one of my most remarkable traits.

Another strength of mine is my empathy. At times, I feel as if I can read other people's thoughts and emotions just by being in their presence and observing them. This ability allows me to connect deeply with those around me.

However, being a middle child has also led to some challenges. For example, I used to be quite conflict-averse, though I've become more aware of this over the years and have worked on overcoming this trait. I've also managed to shed the shyness that once held me back, particularly in larger groups. Though I am naturally introverted, I have developed a more extroverted side and now feel comfortable and even dominant in group settings.

One of my other strengths is adaptability. I can easily connect with a diverse range of people, regardless of their interests, which I believe stems from my genuine curiosity and excellent listening skills.

Additionally, I take great pleasure in spreading positive energy. In recent years, I've maintained a more consistent, upbeat, and light-hearted demeanor that I enjoy sharing with others. I attribute this, in part, to my daily meditation practice, which I've maintained for six or seven years. Through meditation, I've come to realize that life should not be taken too seriously – it's important to seize every opportunity for joy and fun before it's too late, as life is fleeting whether we like it or not.

Diyar Faraj's future goals:

My current goals for the future are to start a family and become as wealthy as possible. With AI taking over the world and affecting all types of jobs, the future seems uncertain, and it appears that a new social system will emerge where money and knowledge lose their value. This leaves me wondering what new goals and dreams I should pursue in this changing landscape.

Diyar Faraj's advice about success:

I firmly believe that everything will always work out in the end, and I strive to live my life based on this understanding. When you truly grasp this concept, you never experience stress or worry because you trust in a higher power – the universe or God – to ensure that everything will ultimately fall into place. By focusing on the present moment and knowing that all will be resolved, my quality of life is maximized.

For me, success primarily involves maintaining good health and nurturing loving relationships with those close to me. Being financially secure is also important. At the moment, I feel healthy, have strong connections with my loved ones, and am satisfied with my financial situation, which makes me feel very successful. However, I believe that AI will render many jobs obsolete, forcing society to rethink the meaning of life. Many people identify themselves by their jobs and titles, and this shift could have devastating psychological effects as they must find their identity outside of their professions.

Diyar Faraj's views on Spirituality, politics, and religion:

As I mentioned earlier, my childhood was heavily influenced by Islamic teachings, which contain much wisdom and beauty, promoting respect for both men and women. Over time, my perspective changed, and I began to question religion, becoming more of an agnostic. Lately, my political views have been shaped by my belief that the United States' role as a world police force is having a detrimental impact on the globe. While I have met many wonderful Americans, I think that a certain group of people from the US is causing much suffering worldwide. David Icke's ideas about a group controlling the world's most valuable assets resonate with me. These individuals use various means to maintain their power, including owning the media, creating fake wars, dividing people and regions, and causing the deaths of millions of civilians without remorse.

A pivotal event in my life was breaking my leg playing soccer when I was around 22 years old. While bedridden, I had ample time to reflect on life, which made me realize its brevity. That experience led me to come out of my shell and become a new person, a transformation that many people around me noticed. It was like the metamorphosis of a caterpillar into a butterfly; even though I remained the same person, I had changed forms. To this day, I consider breaking my leg to be the best and worst thing that has ever happened to me.

Although I was raised in a religious environment, my interest in spirituality intensified during my teenage years when I discovered Buddhism. I have continued to explore spirituality ever since, consuming all the information I can find on the subject, reading books, watching videos, and learning about various spiritual theories and research. I truly believe in the law of attraction and the idea that our thoughts and emotions shape our reality every day, minute, and second. Harnessing the power of meditation to observe and control our thoughts and emotions is akin to alchemy, as it allows us to create and change our reality.

For me, happiness can be defined as losing oneself in the present moment, becoming so deeply engaged in an activity, conversation, or passion that you forget about time and space. This state of pure joy, I believe, is the purpose of life.