## Codebook

2024-08-21

## **Table of contents**

This page contains the **codebook** (i.e., description of each variable) of the data set used in the manuscript #Knowledge: Improving food-related knowledge via seeding implemented as a social media intervention. The data file (named data\_insta\_seeding.csv) can be downloaded from the OSF or with the command osfr::osf\_download(osf\_retrieve\_file('gva9p)).

The data file data\_insta\_seeding.csv contains 44 variables and 10506 rows.

Variable	Type	Description	Example
ID	character	Unique person identifier Criterion shown during 15 day training/seeding phase Estimated criterion in the final questionnaire Phase of the experiment [2AFC, estimation] Number of trial in the corresponding phase	13rn17citc, 2ld4oxerdl, hgplesesef, hxoh1u6lwn
trained_criterion	character		Kcal, CO2, CO2, CO2
est_criterion	character		CO2, Kcal, Kcal, CO2
phase	character		estimation, 2AFC, estimation, estimation
trial	numeric		14, 0, 12, 30
position_old	character	In which position was the old item shown during thte 2AFC test	NA, right, NA, NA
old	character	File name of the old item	NA, trivia_4.PNG, NA, NA
new	character	File name of the new item	NA, trivia_17.PNG, NA, NA
img_clicked	character	Image selected as old by the participant	NA, left, NA, NA
ID_item	numeric	Unique item identifier [1-60]	36, NA, 43, 17
item category seeding_CO2 seeding_Kcal crit_CO2	character character numeric numeric numeric	Name of the item Category of the item Was this item a seeding item in the CO2 account? $[1 = yes, 0 = no]$ Was this item a seeding item in the Kcal account? $[1 = yes, 0 = no]$ Actual CO2 criterion value of the item	Fruit Yogurt, NA, Tortilla bread, wheat, Beef dairy, NA, grain products, meat & fish $0$ , NA, $0$ , $0$ $0$ , NA, $0$ , $0$ $1500$ , NA, $740$ , $26920$
crit_kcal judgment input_values rt_ms time_stim_shown	numeric numeric character numeric numeric	Actual keal criterion value of the item Estimate/judgment of the participant Individual keys pressed by the participants to type in their judgment Overall reaction time for each judgment (from stimulus shown until confirmed button clicked Internal experimental clock time when the stimulus was shown	101, NA, 304, 98 40, NA, 200, 4000 4,0, NA, 2,0,0, 40,0,0 1967.0, 19966.0, 14304.9, 2144.0 131807, 238314, 6705255, 2154750
first_input_time input_times day_posted est_phase_time_min age	logical numeric numeric numeric numeric	Internal experimental clock time when the first input was made Internal experimental clock time for all inputs Day when the item was posted on the corresponding account (only applicable if it was a seeding item) Total time (in min) taken by the participant for all trials in the corresponding phase (2AFC or estimation) Age of the participant	NA, NA, NA, NA NA, NA, NA, NA NA, 9, NA, NA 27.786667, 0.5634667, 117.2099383, 4.0322333 26, 22, 30, 19
gender education_level CO2_knowledge Kcal_knowledge SNS_1	character character numeric numeric numeric	Gender of the participant [female, male, non_binary] Educational level of participants Self-reported knowledge of CO2 footprint of food items [1-7] Self-reported knowledge of caloric content of food items [1-7] Item 1 of the Short Subjective Numeracy Scale	female, female, female, female Realschule, Abitur, Master, Abitur 1, 2, 1, 2 3, 4, 3, 6 2, 2, 5, 4
SNS_2	numeric	Item 2 of the Short Subjective Numeracy Scale Item 3 of the Short Subjective Numeracy Scale Controle question: – Should your date be used for analyis? [yes, no] Controle question: – Did you use any form of aid? [yes, no] Controle question: ~ Where there any technical problems [yes, no]	2, 3, 5, 3
SNS_3	numeric		3, 3, 4, 5
quality	character		yes, yes, yes, yes
cheated	character		no, no, no, no
technical_problems	character		no, no, no, no
technical_problems_specific	character	Controle question: — Describe the problem  Controle question: — Where there any problems on instagram? [yes, no]  Controle question: — Describe the problem  Controle question: — How many posts of the 30 possible posts did you see on instagram?  Controle question: — How did you make your estimates? Did you use a specific strategy?	NA, NA, NA, NA
technical_problems_insta	character		no, no, no, no
technical_problems_insta_specific	character		NA, NA, NA, NA
est_number_insta_posts	numeric		25, 30, 20, 30
strategy	character		NA, NA, NA, NA
other_comments	character	Controle question: ~ Do you have any ohter comments?  On which day after the first invitation to the final questionnaire did the participants actually participate?  Number of posts liked of the participant [0-30]  Number of unique days on which the participant liked the posts [0-15]	NA, NA, NA, NA
participated_day	numeric		0, 2, 1, 0
n_posts_liked	numeric		30, 30, 24, 30
n_dates_liked	numeric		14, 15, 8, 14