

THE THIRD HIGH EXPERIENCE

welcomes you to

SHIV DARBAR

Initiation to Shiva Consciousness
and Shiv Tantra



RISHIKESH



5th to 7th December

No Previous Experience Required



Welcome to a Life Changing Journey

A sacred three day immersion in Rishikesh, designed to awaken the physical, subtle, and causal layers of your being and open the doorway to your true nature.

This retreat is not a workshop.

It is a transmission.

A direct descent of Shiva Consciousness.

Retreat Intention

To guide seekers from *Mind* to Awareness
from awareness to silence
from Silence to *Shunya*
and from *Shunya* to *Turiya*
in the presence of the Ganga
where divine intelligence flows naturally.



Day 1 - Awakening the Foundation

Theme: Body. Breath. Silence. Surrender.



Day Two: Awakening the Subtle Body

Theme: Tantra. Spanda. Kashmir Shaivism. Shakti.



Day Three: Awakening the Causal Body

Theme: Sat Chit Anand. Pure Being. Nirvikalpa Doorway.

What You Will Carry Home

A new nervous system
A silent mind
A sensitive subtle body
A cleansed causal body
A direct experience of your own Shiva nature

What You Will Learn

How to meditate effortlessly
How to stay in awareness during daily life
How to protect energy
How to live without fear
How to recognize Sat Chit Anand as your default state

This retreat becomes a turning point in your spiritual life.

Who This Retreat Is For

Seekers of truth
Anyone ready for awakening
No background required (Only sincerity)

Final Transmission

Remember
Awakening is not an achievement
It is a return. A remembering. A dissolving
A recognition of your own Shiva Consciousness

You come as a seeker. You leave as awareness

Retreat Fee: ₹9600 (All Inclusive)

Aum Namah Shivaya



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welcomes you**

 **Dhyan Mandir Ashram, Rishikesh**
(Delhi to Delhi Transport Available)