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July 4, 2017

Dear Mr. Ross,

You requested this letter on the advice of your lawyer pertaining to a matter of custody and access issues with your family.

In particular you have asked for my assessment of your capacity to parent your young daughters.

This letter is based on approximately 45 sessions with you since you started seeing me in May of 2014.

First off, based on these sessions, I do not see that you meet criteria for any clinical psychiatric disorder per DSM 5.

As we have discussed in past sessions, I would characterize you as a mild mannered, introverted man with growing psychologically insight. You have shown curiosity and courage in understanding yourself through insight-oriented psychotherapy with me. We have discussed your pattern of relating to women (including your mother, past relationships and your ex-wife) as being somewhat passive. In this therapeutic process you have made great strides in understanding yourself, your family history and what is required to be a good parent and healthy loving partner.

We have also discussed that you experience mild social anxiety and transient mild depression, neither of which have interfered with your capacity for work or social relationships. You are high functioning with a highly developed sense of morality and ethics.

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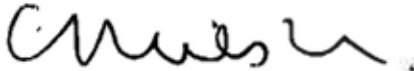
Ross...p.2/2

We have discussed how you have been coping with immense pressure over the last year as you navigate a highly-conflict divorce, and how your coping included seeing me and also consuming alcohol when alone although you have ceased drinking months ago. We discussed how you have invested significant time, energy and financial resources to fight to retain custody amidst allegations against you that have been refuted by child protection and police authorities.

I have not seen or heard anything that would cast doubt in my mind in terms of your capacity to parent your young children or step children. On the contrary, you have consistently presented yourself as a loving father who understands that your children need to feel secure and loved by both parents. I believe that you are a highly capable father who can fully meet the emotional and physical needs of your children.

Please do not hesitate to contact me for any further information you may require in this regard.

Sincerely,



Carol Milstone, PhD, C.Psych.

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## FACSIMILE TRANSMITTAL SHEET

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MR. D. ROSS

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