

From: Kathleen Wright kate.wright@mannlawyers.com

Subject: RE: Update

Date: September 2, 2021 at 5:10 PM

To: Darryl Ross darrylondunlin@gmail.com, Cynthia Holmes cynthmholm@gmail.com, Alison Boyce Alison.Boyce@mannlawyers.com

KW

Dear Mr. Ross,

I have reviewed your email and discussed same with Cynthia. As Cynthia has already indicated to you, she is not prepared to schedule any access with the girls at this time, including Facetime. She acknowledges that you have provided some information about the supports you are accessing but your email is very short on details and particulars. For example, Dr. Bowling's note does not include details about how often he is seeing you or what treatment he has recommended. Cynthia would like to have specific information about the treatment you are **currently** accessing, including the treatment provider, how often the treatment is provided and supporting documentation regarding your attendance and participation in said treatment. If you are doing a weekly screen for alcohol and drug use, Cynthia would also request that the results be provided to her.

Please also provide information regarding your employment status or return to work plan.

While access will not occur at this time, Cynthia will make arrangements with you directly for someone to pick up the gift and card for the girls. As requested in the past, please do not attend at her property, even to leave a gift on the step.

Regards,
Kate Wright

As an essential service, we are still operating and are here to assist you, while respecting Provincial guidelines to ensure the health and safety of our staff and community. Please visit our [COVID-19 Resource page](#) for answers to frequently asked questions, other useful information and important links.

Kathleen Wright • Head of Family Law • 613-369-0383

Celebrating over 25 years serving the Ottawa community!



11 Holland Avenue, Suite 300
Ottawa, ON K1Y 4S1

T: 613-722-1500 F: 613-722-7677
mannlawyers.com

Offices in Ottawa and Perth



Please consider the environment before printing this e-mail.

This e-mail message is intended for the indicated recipient only and may contain confidential information that is subject to solicitor-client privilege. If you have received this message in error, kindly advise the sender by reply e-mail or phone and destroy any copies in your possession.

From: Darryl Ross <darrylondunlin@gmail.com>

Sent: Thursday, September 2, 2021 10:31 AM

To: Cynthia Holmes <cynthmholm@gmail.com>; Alison Boyce <Alison.Boyce@mannlawyers.com>; Kathleen Wright <kate.wright@mannlawyers.com>

Cc: Alison Boyce <aboyce@perlaw.ca>

Subject: Update

Hi Cynthia,

Thank you for letting me know your point of view. I share your concern and following up from my requests for information about the girls well-being, please update me on what supports you have found for them to address your concerns, including the counselling they are in for support and the counsellor or doctor that has been working with them (following up from communication first sent on 30 January).

To add to the information that I shared about my treatment plans and treatment providers, including emails or texts on 19 June, 25 June, 30 July, 26 August and 30 August, I have included a note from Dr. Bowling that I received yesterday during my weekly meeting with him. I included Dr. Bowling as part of my treatment because he works in the field of addiction and recovery, because I can see him in person each week, and because I can provide a urine screen for alcohol and drugs directly in his office immediately before seeing him each week. I continue to maintain Dr. Brenhouse as my primary physician and family doctor and attend the sleep clinic at The Royal Ottawa where I work with Dr. Souci. I continue to use the skills developed participating in S.M.A.R.T. Recovery. During the period of extreme anxiety that I informed you about I further reached out to and was in contact with the RAAM clinic at The Royal Ottawa, Service and Access Recovery, and Rideauwood Addictions and Family Services Ottawa. I have also found support through Family Services Ottawa, family members, and people that I have met who share similar experiences. I have contacted Dr. Sharon Francis Harrison, the child psychologist that we briefly brought Charlotte to in 2016 and who I continued to work with afterward for additional

child psychologist that we jointly brought Charlotte to in 2016 and who continued to work with her and her for additional support, and Dr. Carol Milstone, who I worked with during 2015-2017. Most recently I discovered a counsellor who we worked with at The Children's Aid Society who is now independent and has experience that is valuable in addition to the medical treatment, individual counselling and personal support that I have developed and maintain.

Following up from my attempts to communicate about contact with the girls, contact the girls, set a time to contact the girls, contact the girls following plans made, requests to discuss setting up a routine and reasonable time to communicate with the girls, requests to plan time to visit with the girls, offers to plan time to visit with the girls with a supervisor in the interim, including but not limited to 28 January, 24 April, 4 March, 27 March, 25 April, 26 & 27 June, 30 & 31 August.

I have cc'ed Alison and Kate as requested. Moving forward, and following up from repeated emails following your preference to communicate to or via Alison, communication to you informing you of Alison's preference not to communicate directly with individuals without legal representation (self-represented litigants), and repeated observations made in communication to you and Alison about my continuing confusion about who I should communicate with, strictly for and with the goal of trying to achieve the best outcome for Charlotte and Alice, I ask that you provide explicit direction to Alison or Kate to communicate with me if that is your preference, or communicate with me directly via email or text or another convenient platform, in order to establish reasonable communication solely concerning the girls.

Kindly reconsider arranging a time for the girls to FaceTime with me today or tomorrow, and to arrange a time to spend with them on the weekend to celebrate Charlotte on her birthday. My mom would like to be there as well, and is available to make plans either day, with notice since she lives outside of Ottawa.

I have a gift and card for the girls that I would like to drop off Friday or Saturday. Please let me know what time is reasonable, and I will leave it on the step.

Thanks,

Darryl

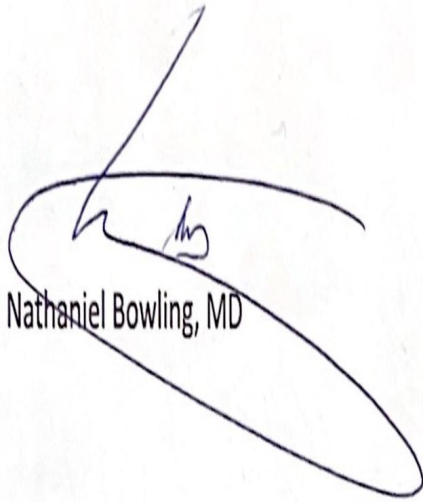
- This information is private. Please refrain from sharing my medical information with members of my family, my friends, and anyone else not relevant. Please do not include my mom or other members of my family in emails or texts.
- The address on the included note is not correct. Ongoing weekly notes verifying I remain abstinent and compliant with treatment recommendations will include my correct address, which has not changed.

Patient:	Ross, Daryl	Birth Date:	Feb 05, 1979	Provider:	Nathaniel Bowling
Address:	103 Leopolds Dr, Ottawa ON K1V 7E2	Clinic:	Recovery Care - Ottawa South	Address:	1800 Bank Street, Unit#20 Ottawa ON K1V 7Y6
Phone:	613-762-2067				
Note Details:	Type: Note	Date:	01 Sep 2021 11:52 AM	Author:	Bowling, Nathaniel

To whom it may concern.

Mr. Daryl Ross has been under my care since June 24, 2021. He is punctual for appointment, polite with office staff, and generally it is a pleasure to provide him care. He is compliant with all recommendations concerning his treatment and is frankly going above and beyond what is asked of him. I currently have no concerns about Mr. Ross from a substance use perspective.

Best,

A handwritten signature in dark ink, consisting of a large, sweeping loop that encircles the text "Nathaniel Bowling, MD". The signature is written in a cursive style, with the first letter of the first name being particularly prominent.

Nathaniel Bowling, MD

