PROJECT REPORT

1. INTRODUCTION:

1.1 OVERVIEW

Keerthi sweets are the <u>confectionery</u> and <u>desserts</u> of the <u>Indian</u> <u>subcontinent</u>.[1][2] Thousands of dedicated shops in <u>India</u>, <u>Bangladesh</u>, <u>Nepal</u>, <u>Pakistan</u> and <u>Sri Lanka</u> sell nothing but sweets

Sugarcane has been grown in the Indian subcontinent for thousands of years, and the art of refining sugar was invented there 8000 years ago (6000 BCE) by the Indus Valley civilisation. The English word "sugar" comes from a Sanskrit word sharkara for refined sugar, while the word "candy" comes from Sanskrit word khaanda for the unrefined sugar – one of the simplest raw forms of sweet. Over its long history, cuisines of the Indian subcontinent developed a diverse array of sweets. Some claim there is no other region in the world where sweets are so varied, so numerous, or so invested with meaning as the Indian subcontinent

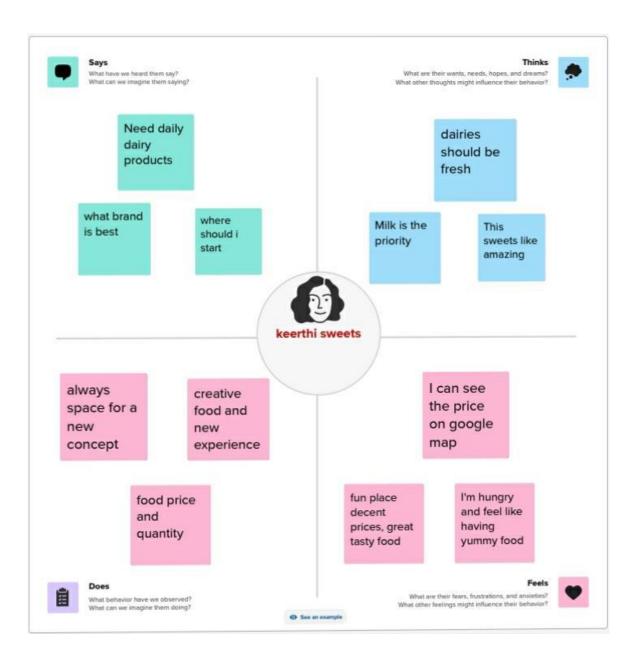
1.2 PURPOSE

When it comes to sweetening, this truly is the complete package. From sweetening your coffee or tea to measuring, baking and browning in your favorite treats, Truvia Sweet Complete Granulated Stevia Leaf is the once-and-for-all all-purpose sweetener. There is finally a natural sweetener with zero calories

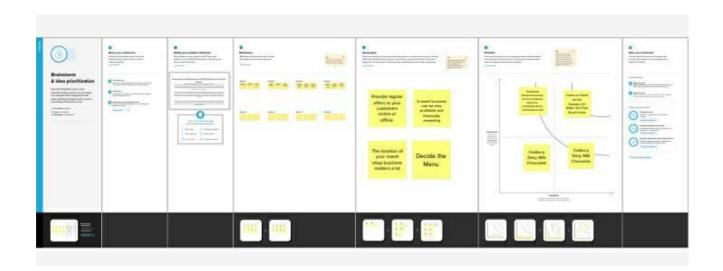
per serving and that you can use like sugar, wherever you use sugar.

2. PROBLEM DEFINITION & DESIGN THINKING

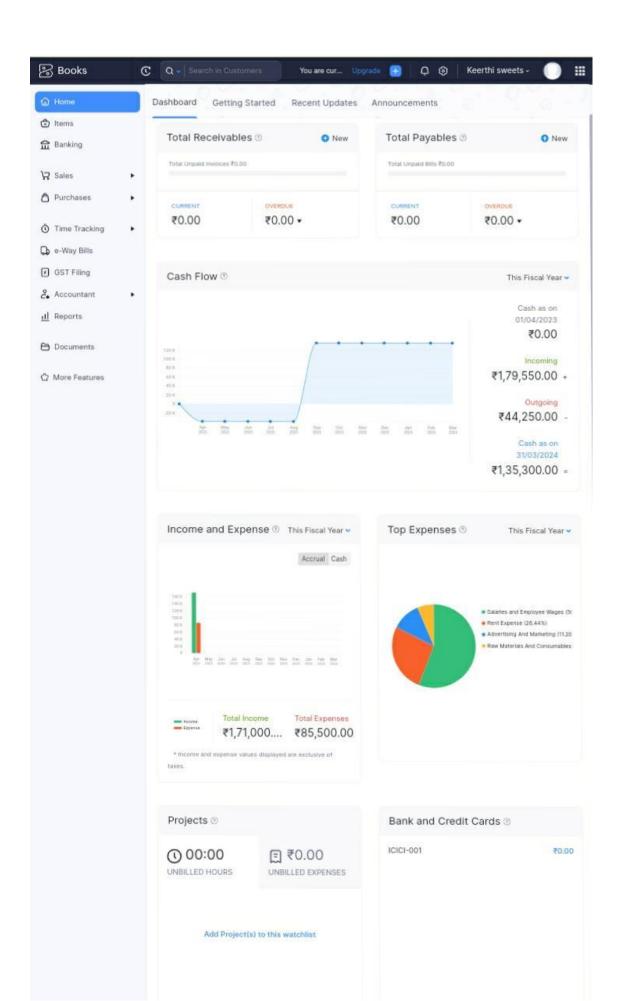
2.1 Empathy Map

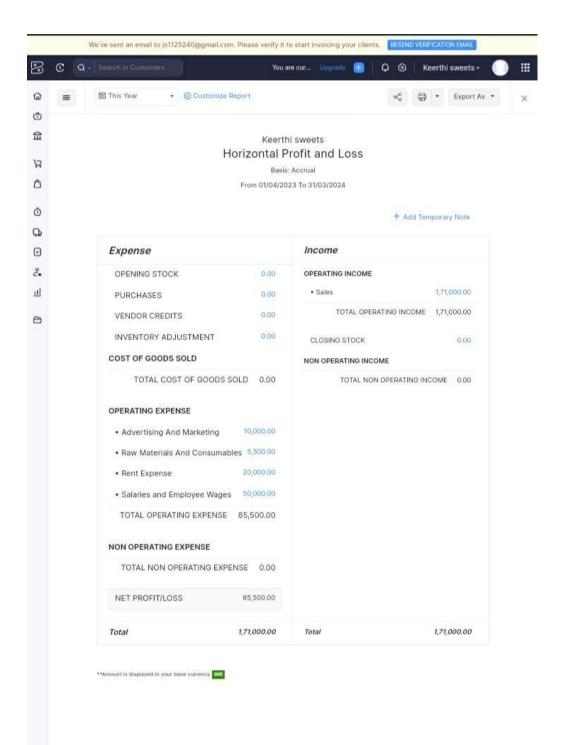


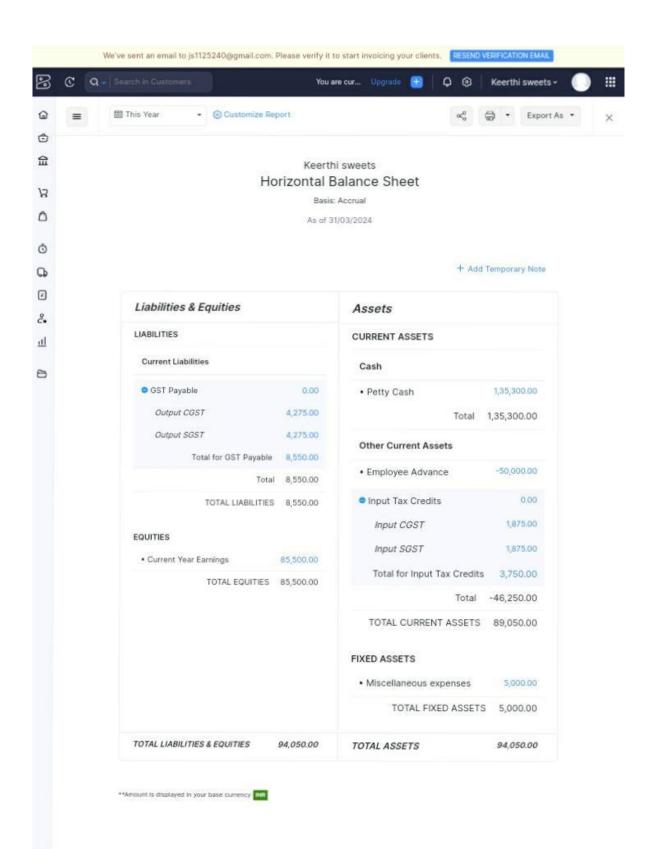
2.2 Ideation & Brainstorming Map



3.RESULT







4. ADVANTAGES & DISADVANTAGES

Advantages:

- 1.Pleasure and satisfaction
- Quick energy boost
- Emotional comfort

Disadvantages:

- Weight gain and obesity
- Nutritional deficiencies
- Increased risk of chronic diseases
- Tooth decay and dental problems

5.APPLICATIONS

Sweets are considered to be the perfect starter for any happy occasion. They are an embodiment of feelings of happiness, joy, and love that are shared during different occasions and celebrations. The importance of sweets in different occasions and celebrations is immense, and it varies from one culture to another. In this article, we will discuss the significance of sweets on various occasions and how they are used to express various emotions

6.CONCLUSION

. In Conclusion, there are many types of sugar which has different glycemic index. Sugar can be used for many purposes such as preserving food. It can be used to make delicious candy such as fondant by crystallisation. There are also many methods to prevent crystallisation such as by adding corn syrup

7 .FUTURE SCOPE

Packaged sweets refer to pre-packaged confectionery products that are available in various shapes, sizes, flavors, and packaging formats, such as boxes, plastic containers, and tin cans, depending on their physical forms and textures. They include rasgulla, gulab jamun, barfi, peda, soan papdi, ladoo, cham cham, and rajbhog. They also incorporate nutritional information printed on the packaging, which allows consumers to make informed decisions about their food choices. They offer a longer shelf-life as compared to non-packaged sweets and facilitate easy transportation over long distances. At present, packaged sweets are easily available in supermarkets, convenience stores, and other retail outlets across India.