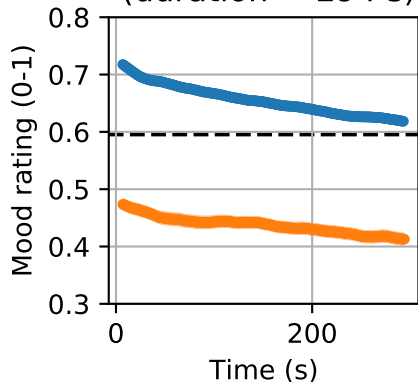


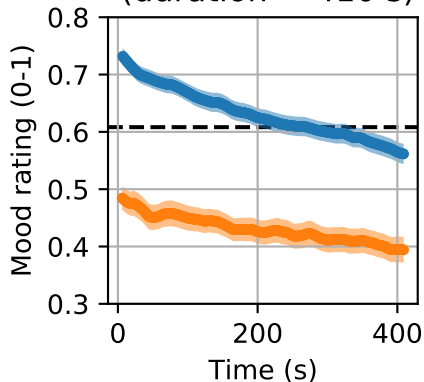
## Depression risk affects mean mood ratings over time

Short runs  
(duration > 294 s)



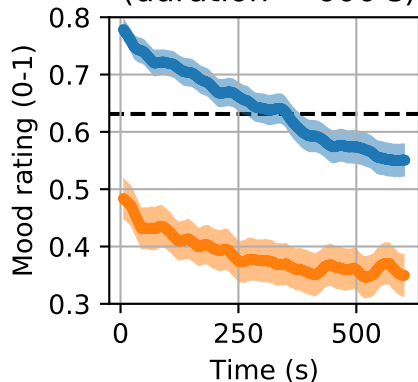
—●— Not at risk (n=544)  
—●— At risk of depression (n=342)

Medium runs  
(duration > 410 s)



—●— Not at risk (n=193)  
—●— At risk of depression (n=105)

Long runs  
(duration > 600 s)



—●— Not at risk (n=86)  
—●— At risk of depression (n=44)