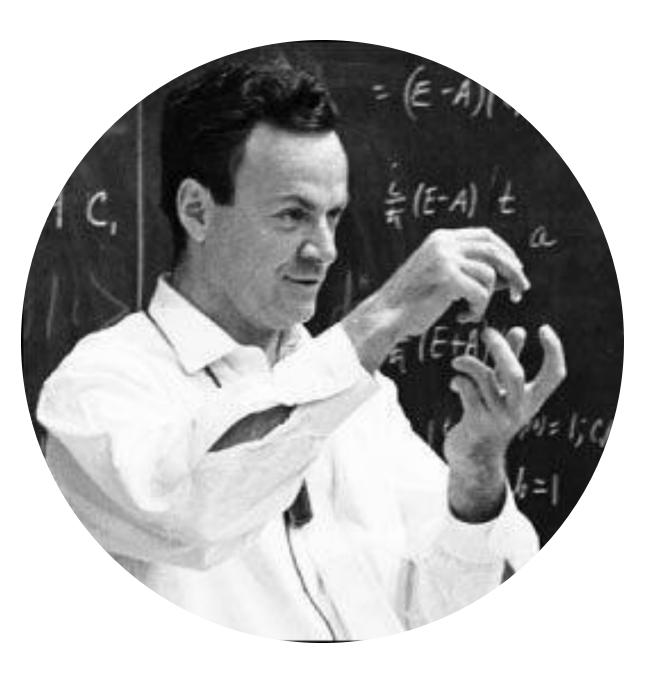
August 20, 2024

"How Do People Learn?"

Foundations of Cybersecurity - CYBS 3213

Christopher Freeze, Ph.D.
Assistant Professor, Cybersecurity
OU Polytechnic Institute





"I learned very early the difference between knowing the name of something and knowing something."

Dr. Richard Feynman in What Do You Care What Other People Think?

Knowledge

	Known	Unknown
Knowns	Things we are aware of and understand. (A cybersecurity event/breach; the facts)	Things we are aware of but don't understand. (We need help from someone)
Unknowns	Things we understand but are not aware of. (The full impact of event)	Things we are neither aware of nor understand. (How long it will take to fix; major risks)



What are the top four most important qualifications for cybersecurity professionals seeking employment?

0222

2023

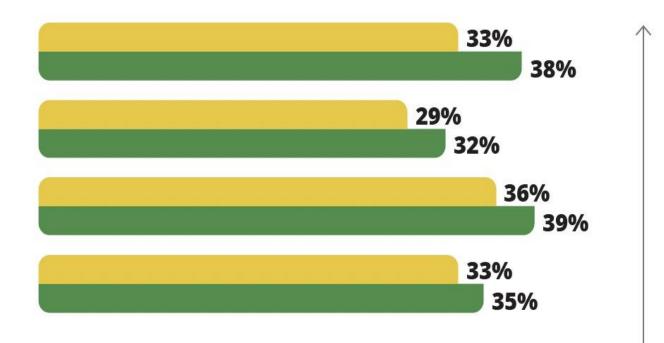
Largest Increases in Trends

Strong communication skills

Cybersecurity Certifications

Curiosity/Eagerness to learn

Knowledge of basic cybersecurity concepts



How Experts Learn:

- They engage in deliberate practice, so that each opportunity has a goal and evaluation criteria.
- They compile an extensive experience bank.
- They obtain feedback that is accurate, diagnostic, and reasonably timely.
- They enrich their experience by reviewing prior experiences to derive new insights and lessons from mistakes.

Course Syllabus

As the actions or contributions that are made to reach an outcome.



The result that comes as a result of your contribution or efforts.

OUTPUT

OUTCOME



"Hope is the belief that your future will be better than today, and you have the power to make it so."

- Chan Hellman, Ph.D.

1.

Goals

Cognitive endpoint of purposeful behavior.

Short-term vs. Long-term

Achievement vs. Avoidant

2.

Pathways

Mental roadmaps to goal attainment.

Consider potential barriers

Identify multiple pathways

3.

Agency

Mental energy to pursue your goals.

Willpower

Intrinsic or Extrinsic

Using the Note Cards....

- 1. Name
- 2. How do you prefer to learn? (Reading, Lecture, Videos, other)
- 3. What is your goal for this class?
- 4. What are the pathways for achieving your goal?
- 5. What will keep you motivated during the journey, especially if there are obstacles?

August 22, 2024

"What is Cybersecurity?"

Foundations of Cybersecurity - CYBS 3213

Christopher Freeze, Ph.D.
Assistant Professor, Cybersecurity
OU Polytechnic Institute

