# Table of Nuclear Magnetic Dipole and Electric Quadrupole Moments

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This Table is a compilation of experimental measurements of static magnetic dipole and electric quadrupole moments of ground states and excited states of atomic nuclei throughout the periodic table. To aid identification of the states, their excitation energy, half-life, spin and parity are given, along with a brief indication of the method and any reference standard used in the particular measurement. The literature search upon which the Table is based is complete to early 1998. Many of the entries prior to 1988 follow those in Raghavan, Atomic and Nuclear Data Tables 42, 189 (1989), with amendment as required.

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## **General Introduction**

This Table comprises a listing of measured magnetic dipole and electric quadrupole moments of ground states and excited states of atomic nuclei. Results obtained by all experimental methods are included and the literature search covers the period approximately up to the end of 1998. The Table includes many listings from the most recent previous compilation [1], mainly without changes, but amended where appropriate. To assist in definitive identification of the nuclear state involved, the table includes the energy (in keV), half-life, and spin/parity of the state, taken either from the authors or from recent compilations. The Table follows its predecessors in listing also any reference isotope and state used to deduce the quoted moment from experiment. The method used in the experiment is given, although for all details of the method reference should be made to the original publication. References are given are given both in the ENSDF format [for use with the NNDC Nuclear Data compilation] and to the journal. Listings of abbreviations used to identify methods and journals are given later in this introduction. Some common comments on the results are made by abbreviations given next to the Table entry. The abbreviations used for these comments are also listed in this introduction.

#### **POLICIES**

<u>Signs</u> Signs are given when the sign can be determined from experimental data. Where the sign is not given by the measurement, no sign is given in the Table, although it can often be inferred either from systematics or from the magnitude of the result.

<u>Results and Uncertainties</u> Experimental values and their associated errors are as given by the authors subject to a policy of limiting significant figures. Numerical errors with digits above 15 have been rounded to 2 and results have been rounded to give no more significant figures than the rounded error would allow. Thus a published value 0.953(65) has been rounded to 0.95(7) and 0.25(16) rounded to 0.3(2).

Magnetic Dipole Moments ( $\mu$ ) The fundamental reference is to the adopted proton moment +2.79284734(3) nuclear magnetons (nm), after diamagnetic correction, based on the most recent recommended values for physical constants [2]. This has been revised downward since the last compilation [1] by 0.018 ppm. Other subsidiary dipole moment standards are set using high precision experimental ratios of nuclear magnetic resonance frequencies for heavier stable nuclei

<sup>11</sup>B, <sup>14</sup>N, <sup>35</sup>Cl, <sup>45</sup>Sc, <sup>111</sup>Cd, and from optical pumping frequency for <sup>199</sup>Hg, compared to that of the proton or deuteron. References to these are given where they appear in the Table.

Corrections for diamagnetism, Knight shift, paramagnetism and hyperfine anomaly are noted by annotations d, K, p, or ha respectively after the entry when they have been taken into consideration by authors, either by explicit corrections or by allowance in quoted uncertainties.

The diamagnetic correction merits further comment. This correction is applicable under any circumstance that a magnetic field is applied to the nucleus under study and the nucleus is situated in a medium subject to diamagnetism - that is all media other than vacuum. Diamagnetism describes the polarisation of the medium whereby the field as experienced by the nucleus is reduced. This effect leads to a reduction in the magnetic dipole interaction energy and an apparent reduction in the nuclear magnetic dipole moment if the full applied magnetic field strength is used.

Many experimental methods use 'internal' or 'transient' fields produced by electrons in the vicinity of the nucleus. Such internal fields are determined through their measured interaction energy with nuclei having known magnetic dipole moments. They are not subject to diamagnetic correction, although they do require correction for any hyperfine anomaly between the isotope used for calibrating the field and the isotope under study [4]. Of course, if there is any additional external applied field used then this component of the total field at the nucleus is subject to the diamagnetic correction.

Several previous tabulation compilers have apparently applied diamagnetic corrections and have included listings of diamagnetic correction factors due to Johnson and co-workers [3]. It should be stressed that the tabulated corrections apply only to neutral atoms, assumed spherical, and are not generally applicable e.g. to nuclei implanted into planar non-magnetic foils and subject to applied magnetic fields. All recent [post 1989] entries in the Table are unmodified published values.

Electric Quadrupole Moments (Q). These are listed in units of barns ( $1 \text{ b} = 10^{-28} \text{ m}^2$ ). Corrections relating to electric field gradient shielding caused by polarisation of atomic electrons, normally known as Sternheimer Corrections, are indicated by the annotation st after the entry. The Sternheimer correction, which can be positive (shielding) or negative (anti-shielding) and can be large, is difficult to calculate with high accuracy, even for different states of the same atom or ion. It is the cause of several apparently large discrepancies between reported, uncorrected, electric quadrupole moments listed in the Table.

Where two values of Q are given based on CER experiments, the first represents the value assuming constructive interference between the matrix elements and the second assumes destructive interference.

#### **Arrangement of the Table**

The table is set up with ten columns giving information as follows:

- Column 1. Identifies the nucleus by atomic number Z and neutron number N, with its chemical symbol. This is given once for each nucleus. Nuclei are grouped by element in increasing sequence of atomic number and by increasing neutron number for each element.
- Column 2. Gives the energy of the state on which the measurement is made, rounded to the nearest keV, 0 being the ground state.
- Column 3. Gives the half-life of the state: abbreviations used y = years, d = days, h = hours, m = minutes, s = seconds, ms = milliseconds ( $10^{-3}$  s),  $\mu s = microseconds$  ( $10^{-6}$  s), ns = nanoseconds ( $10^{-9}$  s), ps = picoseconds ( $10^{-12}$  s) and  $10^{-12}$  s and  $10^{-12}$  s and  $10^{-12}$  s are  $10^{-12}$  s.
- Column 4. Gives the spin (I) and parity of the state. Uncertain values are given in brackets.
- Column 5\*. Gives the measured nuclear magnetic dipole moment  $\mu$  in units of the nuclear magneton  $\mu_N$  (nm). No sign is given if it was not determined by the experiment. The uncertainty in the result is given in brackets, subject to the policy declared in the introduction. Thus 1.432(8) means a value of 1.432 nm with uncertainty 0.008 nm and of unknown sign. In some cases, where the spin of the level is unknown, the nuclear g-factor, g = m/I is given. Where several states were unresolved, the average g-factor is given as  $g_{av}$ .
- Column 6\*. Gives the measured nuclear electric quadrupole moment in units of the barn (1 barn =  $10^{-28}$  m<sup>2</sup>). No sign is given if it was not determined by the experiment. The uncertainty in the result is given in brackets, subject to the policy declared in the introduction. Thus +1.27(10) means a value of +1.27 barns with uncertainty 0.10 barns.
- Column 7. In this column any reference standard upon which the listed result depends is given. Often the reference state has been used to obtain the value of a static magnetic hyperfine field, a transient field or an electric filed gradient which is then used to determine the quoted result. Any subsequent change in the value of the standard will affect the listed result.
- Column 8 The method used in the measurement is briefly identified here. A list of abbreviations used follows this description of the Table. In view of the great proliferation of specialised methods, this simple description is very limited and for detailed information reference should be made to the original publication. Where there has been re-evaluation by the tabulator of the original result, usually associated with change to the reference standard, this is denoted by R.
- Column 9. Here is given the NSR reference where known.
- Column 10. Here the Journal reference to the original work is given, generally in the form journal (abbreviated), volume, page and year (last two digits, in brackets). A list of journal abbreviations and other abbreviations used is given below.
- \* Certain entries have additional annotations relating to whether or not specific corrections have been made. These annotations are discussed under the magnetic dipole moment and electric quadrupole moment sections of the policies given above.

## List of Annotations and Abbreviations in the Table

- a Requires no Sternheimer correction.
- d Corrected for diamagnetism.
- g.s. Ground State.
- h This result uses an uncertain hyperfine field. Given error is experimental only.
- K Corrected for Knight shift.
- # This result uses an estimated hyperfine field with no error given.

# **Experimental Reference Abbreviations**

AB Atomic Beam Magnetic Resonance - Thermal Beam

AB/D Atomic Beam Magnetic Resonance (direct moment measurement)

ABLDF Atomic Beam with Laser Double Resonance Detection
ABLFS Atomic Beam with Laser Fluorescence Spectroscopy

ABLS Atomic Beam Laser Spectroscopy

β-NMR NMR of in-beam polarised nuclei with beta asymmetry detection

β-NMR/OP NMR of nuclei polarised by optical pumping with beta asymmetry detection

β-NNQR Nuclear Quadrupole Resonance with beta detection B(E2) Value based on measured E2 transition probability

BFNO Brute Force Nuclear Orientation

BFNMR/ON Nuclear Magnetic Resonance on Brute Force Oriented Nuclei

CDPAC Constant-Delay Perturbed Angular Correlation

CEAD Integral Perturbed Angular Distribution after Coulomb Excitation

CER Coulomb Excitation Reorientation

CERP Precession of Coulomb Excitation Reorientation

CETD TDPAD following Coulomb Excitation

CFBLS Collinear Fast Beam Laser Spectroscopy - Accelerated Beam

CFBLS/ β-NMR Collinear Fast Beam Laser Spectroscopy: NMR with beta detection

CIAN Coulomb Interaction of Aligned Nuclei ENDOR Electron-nuclear Double Resonance EPR Electron Paramagnetic Resonance

ES Electron Scattering

FDPAC Time Differential Perturbed Angular Correlation of Fission Fragments

FortP Fortschrift Physik

IAPAD Integral Attenuation of Perturbed Angular Distribution

IBSQB Quantum Beats after Surface Interaction at Grazing Incidence

IPAC Integral Perturbed Angular Correlation IPAD Integral Perturbed Angular Distribution

IMPAC Perturbed Angular Correlation after Ion Implantation IMPAD Perturbed Angular Distribution after Ion Implantation

Ka-X Kaonic X-ray Hyperfine Structure

LEMS Level Mixing Spectroscopy

LMR Level Mixing Resonance on Oriented Nuclei
LRDRS Laser RF Double Resonance Spectroscopy
LRFS Laser Resonance Fluorescence Spectroscopy
LRIMS Laser Resonance Ionisation Mass Spectroscopy

LRIS Laser Resonance Ionisatio
LRS Laser Resonance Spectroscopy

LRSRD Laser Resonance Specroscopy with Radioactive Detection

MA Microwave Absorption in gases

MAPON Multiple Adiabatic Passage NMR on Oriented Nuclei

MB Molecular Beam Magnetic Resonance

MCHF Multiconfigurational Hartree Foch calculated efg's used to extract Q

ME Mossbauer Effect

M/N Maser/Nuclear Magnetic Resonance frequency comparison

MS Molecular Spectroscopy

Mu-X Muonic X-ray Hyperfine Structure N Nuclear Magnetic Resonance NMR Nuclear Magnetic Resonance

NMR/ME Nuclear Magnetic Resonance detected using the Mossbauer Effect

NMR/ON Nuclear Magnetic Resonance on Oriented Nuclei

NMR/ON(β) Nuclear Magnetic Resonance on Oriented Nuclei with beta detection
 NMR/ON(X) Nuclear Magnetic Resonance on Oriented Nuclei with X-ray detection
 NMR/AC Nuclear Magnetic Resonance detected using Angular Correlation
 NO/CP Gamma Circular Polarisation measured from Oriented Nuclei

NO/ME
 NMR/OP
 NMR detected using Optically Pumped Ions
 NO/S
 Static Nuclear Orientation with gamma detection
 NO/βS
 Static Nuclear Orientation with beta detection

NO/D Dynamic Nuclear Orientation

O Optical Spectroscopy
OD Optical Double Resonance
OGLS Optogalvanic Laser Spectroscopy

OL Optical Level Crossing

OP/β-NMR Optical Pumping with NMR using beta detection OP/RD Optical Pumping with Radiative Detection PhPi Pion Photoproduction near threshold Pi-X Pionic X-ray Hyperfine Structure

PMR Paramagnetic Resonance

PPDAC Perturbed Polarisation-Directional Angular Correlations

PPR Proton Pick-up Reaction: Spectroscopic Factors

Q Quadrupole Resonance

QIR Quadrupole Interaction deduced from Relaxation Time

R Re-evaluated by tabulator, usually because of change in reference standard

RENO Reorientation Nuclear Orientation

RIGV Recoil into gas or vacuum

RIV/D Recoil into Vacuum, Differential method

SOPAD Stroboscopic Observation of Perturbed Angular Distribution

TDPAC Time Dependent Perturbed Angular Correlation
TDPAD Time Dependent Perturbed Angular Distribution
TF Transient Field integral perturbed angular correlation

TFL Tilted Foil hyperfine field integral perturbed angular correlation

TFLD Tilted Foil Time Differential Perturbed Gamma Angular Distribution

TIS Trapped Ion Spectroscopy

TR/OLNO Time Resolved On-Line Nuclear Orientation

#### **Literature Reference Abbreviations**

AECL Report, Atomic Energy of Canada Limited

ANL-PHY Argonne National Laboratory, Physics Division Report

AnP Annals of Physics

APLz Annalen der Physik (Leipzig)
APPo Acta Physica Polonica
ArkF Arkiv Fysik Sweden

ARANU Ann Rept. Australian National University, Canberra

ARCYRIC Ann Rept CYRIC Accelerator, Tohoku ARHMI Ann Rept Hahn Meitner Inst., Berlin ARINST Ann Rept Inst Nucl.Sci., Tokyo

ARISKP Ann Rept Inst.Strahlen u Kernphysik, Bonn

ARJAERI Ann Rept.Japanese Atomic Energy Research Institute, Japan

ARKfK Ann Rept Kernforshung mbH, Karlsruhe

ARLe Ann Rept KU Leuven ARMi Ann Rept U. of Minnesota

ARO Ann Rept. Osaka Laboratory of Nuclear Science, Japan

ARPr Ann Rept Princeton U.

ARRIP Ann Rept Research Institute of Physics, Stockholm

ARRo Ann Rept.U. of Rochester

ARTIT Ann Rept Tokyo Institute of Technology

ARWa Ann Rept U. of Washington. AuJP Australian Journal of Physics

BAPS Bulletin of the American Physical Society

Bk84PAC E.Karlsson, E.Matthias K.Siegbahn, eds "Perturbed Angular Corr." (N.Holl.) (65)

Bk82HFS S.Buttgenbach "HFS in 4d-, 5d-shell atoms" (Springer Tr Mod Phys vol 92) (82)

Low Temperature Nuclear Orientation, eds Stone and Postma (N.Holl) (86)

5th Int Cf Nuclei Far from Stability, Rosseau Lake, Canada AIP Conf 164 (88)

BRASP Bulletin of the Russian Acadamy of Sciences, Physics

CERN Report from the CERN Laboratory, Geneva

Proc 3rd Int.Congr. Quant. Electr. eds Grivet, Bloembergen Columbia Press (64) Cf63Paris Proc. Coll. Int. Mag. HFI Atom. et Molec. Cen. Nat. Recherche Sci. Paris (67) Cf66Paris Proc. Conf. Hyp. Str. and Nucl. Radiations eds Matthias, Shirley (N.Holl) (68) Cf67HI Proc 11th Int. Nucl. and Sol. St. Phys. Symp. Pt A Nucl. Phys. (AtEn Bombay)(67) Cf67Kanpur Proc. Conf. Nucl. React. Heavy Ions Heidelberg, eds Bock, Herring (N.Holl) (70) Cf69Heid Proc Montreal Int Conf Eds Harvey, Cusson, Geiger, Pearson (U Mont Press) (69) Cf69Mntr Proc. Ang. Corr. In Nucl. Disint., eds van Krugten, van Nooijen, Rotter. U. Pr (71) Cf70Delft Hyp Int in Excited Nuclei, eds Kalish and Goldring, Gordon and Breach NY (71) Cf70HI

Cf72Kiev Proc 22nd Ann Conf Nucl Spect and Struct. Atomic Nuclei, Kiev (72)

Cf73Mun Proc Int Conf Nucl Phys, Vol 1, Munich eds de Boer and Mang, (N.Holl) (73)
Cf74Upp Proc. Conf. Hyp. Int. Uppsala, eds E.Karlsson, R.Wappling, Upp. Graf. AB (74)
Proc Conf. Nuclei Far from Stability, Cargese CERN Rept CERN-1976-13.

Cf77Tokyo Proc Conf Nuclear Structure, Tokyo (77)

Cf77Tshkt Proc 27th Ann Conf Nucl Spect and Struct. Atomic Nuclei, Tashkent (77)
Cf78Dubna Proc 28th Ann Conf Nucl Spect and Struct. Atomic Nuclei, Dubna (78)
Cf79Riga Proc 29th Ann Conf Nucl Spect and Struct. Atomic Nuclei, Riga (79)

Cf80Ber Abstracts, Conf. HFI-V, Berlin (80)

Cf80Berk Int. Conf. Nucl. Phys. Berkeley Book of Abstracts (80)

Cf82Fuji Proc INS Symposium on Dynamics of Collective Motion, Mt Fuji, Japan (82)

Cf82Kiev Proc 32nd Ann Conf Nucl Spect and Struct. Atomic Nuclei, Kiev (82)

Cf82OakR Proc.Lasers in Nucl.Phys.eds Bemis, Carter, Nucl Sci Res Cf Ser 3 (Harwood) (82)

Cf83Gron Proc 6th HFI Conf. Groningen, Book of Abstracts

Cf83Inter Proc 6th Int Conf Laser Spect. Interlaken eds Weber, Luthy (Springer, Berlin) (83)
Cf83Meguro Proc Symp. Electromag. Props. At. Nucl. Eds Horie, Ohnuma, Meguro, Tokyo (83)
Cf85Bomb Proc. Symp. Quantum Electronics, BARC Bombay (85) and PC R.Neugart (87)

Cf86Bang Proc 7th HFI Conf. Bangalore, Book of Abstracts

Cf86Dubr Conf Nucl.Struct, React.,Symmetries, Dubrovnik, eds Meyer, Paar, (World Sci) (86)
Cf87Melb Conf Nucl Struct through Static and Dynamic Moments, Melbourne [2 vols] (87)
Proc. Conf. Prop. Nucl in Zirconium Region, eds Sistemich et al. Bad Honnef (88)

Cf89Tshkt Proc 39th Ann Conf Nucl Spect and Struct. Atomic Nuclei, Tashkent (89)

CF92Otta Proc Conf Nucl Struct at High Angular Momentum, Ottawa, AECL - 10613 (92)

ChJNP Chinese Journal of Nuclear Physics

CJP Canadian Journal of Physics

CLSS Resonance Cell Laser Spectroscopy

CPL Chemical Physics Letters CzJP Czech Journal of Physics

DisA Dissertation Abstracts International DUzb Doklady Akad. Nauk. Uzb. SSR

EPL Europhysics Letters

GenshKen Genshikaku Kenkyu (Japan) HFI Hyperfine Interactions HPAc Helvetica Physica Acta

InJPAp Indian Journal of Pure and Applied Physics

IzF Izv. Akad. Nauk SSSR Ser. Fiz. (Trans Bull. Acad. Sci. USSR, Phys. Ser.)

IzUz Izv. Akad. Nauk.Uzb. SSR, Ser. Fiz.-Mat. Nauk

JCP Journal of Chemical Physics

JDal Journal of the Chemical Society, Dalton (Texas)

JINC Journal of Inorganic Nuclear Chemistry
JLTP Journal of Low Temperature Physics
JOSA Journal of the Optical Society of America

JP Journal of Physics (London)

JPCo Journal de Physique (Paris) Colloque

JPCR Journal of Physics and Chemistry Reference Data

JPJa Journal of the Physical Society of Japan

JPJS Journal of the Physical Society of Japan, Supplement

JPPa Journal de Physique (Paris)

JRNC Journal of Radioanalytical and Nuclear Chemistry
LNPP Leningrad Nuclear Physics Institute Preprint

NIM Nuclear Instruments and Methods

NIMPR Nuclear Instruments and Methods in Physical Research

NP Nuclear Physics NuoC Nuovo Cimento

NuoCL Nuovo Cimento Letters

OptL Optics Letters

ORNL Oak Ridge National Laboratory Report

OSpk Opt. Spektrosk. (Trans.; Optics and Spectroscopy (USSR)

PC Block Private Communication, D.Block quoted Table of Isotopes Lederer and Shirley (74)

PC Ivanov Private Communication, E.A.Ivanov quoted in ADNDT 42 189 (89)
PC Levon Private Communication, I. Levon quoted in ADNDT 42 189 (89)
PC Meeker Private Communication, R.Meeker quoted in JPCR 5 835 (76)
PC Neugart Private Communication, R.Neugart quoted in ADNDT 42 189 (89)
PC Ohya Private Communication, S.Ohya quoted in ADNDT 42 189 (89)
PC Postma Private Communication, H.Postma quoted in ADNDT 42 189 (89)
PC Wadding Private Communication, J.C.Waddington quoted in JPCR 5 835 (76)

PCan Physics Canada

Phca Physica

PhMg Philosophical Magazine (London)

PhSS Physica Status Solidi PL Physics Letters

PPS Proceedings of the Physical Society of London

PR Physical Review

PRS Proceedings of the Royal Society of London

Pram Pramana (India) PRep Physics Reports

PRL Physical Review Letters

PS Physica Scripta

PSNI Proc. Nucl. Phys. Sol. St. Phys. Symp. (India)

RIKEN Annual Report RIKEN Lab. Japan

Review of Modern Physics RMP Review of Roumanian Physics RRou **Review of Scientific Instruments** RSI Th Bell Thesis C.J.Bell, Rutgers (85) Thesis A.Berger, HMI Berlin (87) Th Berger Thesis B.R.Casserberg Princeton (68) Th Casserb Th Dimml Thesis F Dimmling, F.U.Berlin (77) Th Henne Thesis Hennemann, Mainz (88) Th Leitz Thesis W.Leitz F.U.Berlin (73) Thesis J. Morgenstern Hamburg (69) Th Morgen Thesis B.J.Murphy Oxford (80) Th Murphy

Th Rowe Thesis P. Rowe Oxford (76)

Th Schneider Diplomarbeit U.Schneider TU Munchen (80)

Thesis E.W.Rork Ohio State U. (71)

Th Stenzel Thesis C. Stenzel HMI Berlin (86)

UCRL Report, University of California, Radiation Laboratory, Berkeley

UkrF Ukraine Fiz. Zhurnal

Th Rork

YadF Yadern. Fiz. (Trans Soviet Journal of Nuclear Physics)
ZETF Zh. Eksp. Teor. Fiz. (Trans: Soviet Physics JETP)

ZfK Report, Zentralinst. Fur Kernforschung, Rossendorf bei Dresden

ZNat Zeitscrift fur Naturforshung: Series a

ZP Zeitscrift fur Physik

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
0 n 1	0	10.6 m	1/2+	-1.9130427(5) d			N,R		RMP 72 351 (00)
1 H 1	0	stable	1/2+	+2.79284734(3) d			M/N,R		RMP 72 351 (00)
1 H 2	0	stable	1+	+0.857438228(9) d	+0.00286(2) st 0.0028(2)	[1H]	N,R MB,R CIAN	1985Ka05	RMP 72 351 (00) PR A20 381 (79) NP A435 502 (85)
1 H 3	0	12.33 y	1/2+	+2.97896244(4)		[1H]	N,R		ZETF 72 1659 (77)
2 He 3	0	stable	1/2+	-2.12749772(3)		[1H]	N,R		RMP 72 351 (00)
3 Li 6	0	stable	1+	+0.8220473(6) +0.822567(3)		[2H]	AB/D N	1974Be50	ZP 270 173 (74) ZNat 23a 1202 (68)/PL A25 440 (67)/ ORNL-1775 (54)
					-0.00083(8) st	[7Li]	MB,R		CPL 112 1 (84)
3 Li 7	0	stable	3/2-	+3.256427(2) +3.2564625(4)	-0.0406 st -0.0370(8) -0.041(6) -0.059(8) -0.040(11) -0.0400(6) -0.0400(3) -0.0406(8)	[2H]	AB/D N MB,R CIAN OD,OL OL CER CER CER R	1974Be50  1985We08 1975Or01  1984Ve03/1984Ve08 1991Vo06 1991Vo06 1989Ba80	ZP 270 173 (74)  ZNat 23a 1202 (68)/PL A25 440 (67)/  CPL 112 1 (84)  PRL 55 480 (85)  ZP A273 221 (75)  PR A17 1394 (78)  PL B138 365 (84)/AuJP 37 273 (84)  NP A530 475 (91)  NP A530 475 (91)  AuJP 42 597 (89)
3 Li 8	0	842 ms	2+	+1.65340(2)	0.0317(4) 0.0287(7) 0.0327(6) sign positive	[1H] [7Li] [7Li] [7Li] [6,7Li]	β-NMR β-NMR CFBLS/β-NMR β-NNQR NMR	1962Co08 1988Ar17 1992Mi18 1994Ja05	PL A67 423 (78)/PR 126 1506 (62)  ZP A282 243 (77)  ZP A331 295 (88)  PRL 69 2058 (92)  NP A568 544 (94)
3 Li 9	0	178 ms	3/2-	3.4391(6)		[1H]	β-NMR	1983Co11	PR C28 862 (83)

Nucleus	Ex	$T_{\scriptscriptstyle 1/2}$	I	μ(nm) 3.434(5)	Q(b) 0.0253(9) 0.036(7) st	[Ref. Std.] [8Li] [7Li] [7Li]	Method CFBLS/β-NMR CFBLS/β-NMR β-NMR	NSR Reference 1988Ar17 1988Ar17 1983Co11	Journal Reference ZP A331 295 (88) ZP A331 295 (88) PR C28 862 (83)
3 Li 11	0	7.7 ms	3/2-	3.668(3)	-0.031(5)	[8Li] [7Li]	CFBLS/β-NMR OP/β-NMR	1987Ar22 1992Ma12	PL B197 311 (87) PL B281 16 (92)
4 Be 9	0	stable	3/2-	-1.1778(9) -1.17749(2)	+0.053(3) st +0.0529(4)	[1H]	N/OP N AB R	1949Di25 1951Al11 1967Bl09 1991Su05	PL A56 446 (76) PR 75 1769 (49) PR 82 105 (51) PR 153 164 (67) CPL 177 91 (91)
5 B 8	0	0.77 s	2+	1.0355(3) +1.03579(5) d.K	0.063(5) 0.068(2) 0.0646(15)	[12B] [11B] [12B] [12B]	β-NMR β-NMR β-NMR β-NNQR β-NNQR	1996OhZY 1989OkZU 1992Mi18 1996OhZY	JPJS 34 156 (73) ARO p71 (96) ARO p48 (89) PRL 69 2058 (92) ARO p71 (96)
5 B 10	0 718	stable 0.69 ns	3+ 1+	+1.80064478(6) +0.63(12)	+0.0847(6) st	[2H] [11B]	N,MB AB/R IPAC	1939Mi05 1970Ne21 1972Av01	ZNat 30a 955 (75)/PR 56 165 (39) PR A2 1208 (70) NP A182 359 (72)
5 B 11	0	stable	3/2-	+2.6886489(10)	+0.0407(3)	[10B]	N/MB AB/R	1939Mi05 1970Ne21	ZNat 30a 955 (75)/PR 56 165 (39) PR A2 1208 (70)
5 B 12	0	20.4 ms	1+	+1.00272(11) +1.00306(+15/-14)	0.0132(3) 0.0134(14) st	[11B] [11B]	β-NMR β-NMR β-NNQR β-NMR	1990Mi16 1970Wi17 1972Wi08 1993Oh05	NP A516 365 (90) PR C2 1219 (70) PR C5 1435 (72) HFI 78 185 (93) HFI 4 224 (78)
5 B 13	0	17.4 ms	3/2-	+3.1778(5)	0.037(4)	[12B]	β-NMR β-NMR	1971Wi09	PR C3 2149 (71) JPJS 34 167 (73)
5 B 14	0	13.8 ms	2-	1.185(5)		[12B]	β-NMR	1995Ok04	PL B354 41 (95)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 0.0298(8)	[Ref. Std.] [12B]	Method β-NMR	NSR Reference 1996lz01	Journal Reference PL B366 51 (96)
5 B 15	0	10.3 ms	3/2-	2.659(15)	0.0380(11)	[12B] [12B]	β-NMR β-NMR	1995Ok04 1996lz01	PL B354 41 (95) PL B366 51 (96)
5 B 17	0	5.1 ms	(3/2-)	2.55(2)		[12B]	β-NMR	1996Ue02	PR C53 2142 (96)
6 C 9	0	126 ms	3/2-	1.3914(5) 1.396(3)			β-NMR β-NMR	1995Ma44 1998Hu08	NP A588 153c (95) PR C57 R2790 (98)
6 C 11	0	20.4 m	3/2-	-0.964(1)	0.032(2) st	[13C]	AB/R AB/R	1970Wo11 1969Sc34	PL A29 461 (69)/ZP 236 337 (70) PR 181 137 (69)
6 C 12	4438	45 fs	2+		+0.06(3)		CER	1983Ve01	PL B122 23 (83)
6 C 13	0 3854	stable 8.5 ps	1/2- 5/2+	+0.7024118(14) 1.40(4)		[1H]	N RIV/D	1954Ro34 1981Ru04	PR 96 543 (54) NP A359 442 (81)
6 C 14	6728	67 ps	3-	0.82(2)			RIV/D	1974Al07	PR C9 1748 (74)
6 C 15	0 739	2.45 s 2.61 ns	1/2+ 5/2+	1.32(7) 1.76(3) -1.92(15)			β-NMR RIV/D IPAC	1980As01 1975Ha42	Bk88 NFFS 165 (88) JP G6 251 (80) PL B59 32 (75)
7 N 12	0	11.0 ms	1+	0.4573(5)	+0.049(6) or -0.010(6) 0.0103(7)	[14N]	β-NMR PhPi β-NNQR	1980Ra05	JPJa 25 1258 (68) YadF 31 334 (80) ARO p60 (93)
7 N 13	0	9.96 m	1/2-	0.3222(4) r		[14N]	AB		PR 136 B27 (64)
7 N 14	0	stable	1+	+0.40376100(6)	+0.02001(10) +0.0193(8) st 0.0208 e	[1H]	N LRFS IBSQB MA,R	1951Pr02 1993Sc26	JPCR 5 835 (76)/PR 81 20 (51) PR A47 4891 (93) PR A21 581 (80) ZNat 41a 163 (86)
	5106 5832	4.3 ps 12.5 ps	2- 3-	1.32(8) 2.0(5)	0.0200		RIV/D RIGV	1978Mo27	JP G4 1593 (78) JPJS 34 185 (73)

Nucleus	Ex	T <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
7 N 15	0 5270	stable 1.73 ps	1/2- 5/2+	-0.28318884(5) 2.4(2) +2.5(8)		[14N]	N RIV/D IMPAC,R	1962Ba63 1983Bi10	JCP 36 152 (62) JP G9 1407 (83) HFI 5 347 (78)
7 N 16	293	91.3 ps	3-	1.60(6) 1.50(8)			RIV/D RIV/D	1984Bi03	NP A413 503 (84) ARW p59 (84)
	397	4.5 ps	1-	-1.83(13)			RIV/D	1975As02/1975Fo16	JP G1 415 (75)/PR C11 1976 (75)
7 N 17	0	4.17 s	1/2-	0.352(2)			β-NMR	1996Ue02	PR C53 2142 (96)
8 O 13	0	86 ms	3/2-	1.3891(3) d, K	0.033(4)	[1H] [17O]	β-NMR β-NMR	1996Ma38	HFI 97/98 519 (96) RIKEN 29 60 (96)
8 O 15	0	122 s	1/2-	0.71951(12) c 0.7189(8)		[170]	β-NMR AB	1993Ta28 1963Co17	HFI 78 105 (93) PR 131 700 (63)
	5241	2.25 ps	5/2+	+0.65(7) <0.3(2)		1	RIV/D IMPAC TF	1983Bi10	HFI 4 181 (78)/JP G9 1407 (83) HFI 9 507 (81)
8 O 16	6130	18.4 ps	3-	+1.668(12)			RIV/D IMPAC	1984As03 1977Ka02	JP G10 1079 (84) NP A276 339 (77)
8 O 17	0	stable	5/2+	-1.89379(9)		[2H]	N	1951Al08	PR 81 1067 (51)
					-0.02578***st -0.26(3) st		EPR,R EPR,R	1969Sc34	PR 181 137 (69) PPS 70B 897 (57)
8 O 18	1982	2.07 ps	2+	-0.57(3)	-0.036(9) -0.02(3) -0.010(13) or +.020(13) -0.07(3) or -0.05(3) -0.11(2) or -0.08(2) -0.05(2) or -0.02(2)		RIV/D IPAD CER,R CER,C CER CER CER CER	1976As04 1975Fo03 1983Gr28 1977Vo07 1977F110	JP G2 477 (76) PL B55 56 (75) NP A411 329 (83) PRep 73 369 (81) PRL 39 325 (77) PRL 39 446 (77) ARM 75 (78) NP A321 457 (79)
	3555	18 ps	4+	2.5(4)		[160 6130]	RIGV	1974Be63	NP A235 410 (74)

Nucleus 8 O 19	Ex 0 96	T <sub>1/2</sub> 27 s 1.37 s	l 5/2+ 3/2+	μ(nm) 1.53195(7) c -0.72(9)	Q(b) 0.038(5)	[Ref. Std.] [170]	Method β-NMR β-NNQR IPAC	NSR Reference 1996MaZU 1996MaZU 1976Go09	Journal Reference ARO p69 (96) ARO p69 (96) NP A262 214 (76)
8 O 20	1674	7.4 ps	2+	0.70(3) -0.78(8)			RIV/D IMPAC	1980Ru01 1976Ge01/1975Be15	NP A344 294 (80) PL B60 338 (76)/NP A243 519 (75)
9 F 17	0	64.5 s	5/2+	+4.7213(3) +4.7223(12)	0.058(4) st	[12B] [19F 197]	β-NMR β-NMR β-NMR	1993Mi33 1974Mi21	HFI 78 111 (93) JPJa 21 213 (66) NP A236 416 (74)
9 F 18	937	47 ps	3+	+1.6(2) +1.77(12) !.7(2)			IMPAC RIV/D RIGV	1981St21	JPJa 50 2804 (81) Th Rowe (76) HFI 4 183 (78)
	1121	153 ns	5+	+2.86(3)	0.077(5) st	[19F 197]	TDPAD TDPAD		PL B24 457 (67) Th Morgen (69)
9 F 19	0 197	stable 88.5 ns	1/2+ 5/2+	+2.628868(8) +3.607(8) 3.595(13)	0.072(4) st -0.12(2) st	[1H]	N TDPAD RIV/D TDPAD,R TDPAD	1984As03 1964Su01	ArkF 4 1 (52)/PR 133 A1533 (64)  NIM 67 169 (69)  JP G10 1079 (84)  PR B25 3389 (82)  PR 134 B539 (82)
	1346	2.9 ps	5/2-	0.67(11)			RIV/D	1983Bi03	PR B13 2853 (76) JP G9 293 (83)
9 F 20	0	11 s	2+	+2.09335(9) +2.0935(9)	0.042(3) st	[19F 197]	β-NMR β-NMR β-NMR	1996MiZW 1974St10	ARO p44 (96) YadF 6 657 (67)/PR 132 114 (63) ZP 269 47 (74)
9 F 21	0	4.16 s	5/2+	3.93(5)			β-NMR	1993Ok02	HFI 78 97 (93)
10 Ne 19	0 238	17.3 s 17.7 ns	1/2+ 5/2+	-1.88542(8) -0.740(8)		[19F 197]	β-NMR TDPAD	1982Ma39 1969Bl02	PR C26 1753 (82) NP A123 65 (69)
10 Ne 20	1634	0.7 ps	2+	+1.08(8)	-0.23(3)		RIV/D,R CER,R	1975Ho15	HFI 5 347 (78)/NP A248 291 (75) PRep. 73 369 (81)

Nucleus	Ex 4247	T <sub>1/2</sub> 64 fs	 4+	μ(nm) +0.5(6)	Q(b)	[Ref. Std.] [20Ne 1634]	Method TF TF,R	NSR Reference 1986Tr08 1982Sp02	Journal Reference NP A458 95 (86) NP A378 130 (82)
				+1.7(14)		[20Ne 1634]	TF	1984Br15	PR C30 696 (84)
				-0.4(8)		[20Ne 1634]	TF,R TF	1982Sp02 1980Sp02	NP A378 130 (82) PL B92 289 (80)
10 Ne 21	0	stable	3/2+	-0.661797(5)	.0.402(0)	[2H]	MB	1957La08	PR 107 1202 (57)
	351	7.1 ps	5/2+	0.49(4) 0.70(8) 0.9(2)	+0.103(8)		O,AB RIV/D RIV/D RIV/D	1972Du06 1978Ro10 1977Be30	PR A5 1036 (72)/PRL 1 214 (58) JP G4 431 (78) PR C16 679 (77) HFI 4 190 (78)
10 Ne 22	1275	3.6 ps	2+	+0.65(2)	0.40(4)		RIV/D TFL	1977Ho01	NP A275 237 (77) JPJS 55 1042 (86)
	3357	225 fs	4+	+2.2(6)	-0.19(4)	[22Ne 1275]	CER,R TFL	1984Ba10	PRep. 73 369 (81) PR C29 1163 (84)
10 Ne 23	0	37.6 s	5/2+	-1.08(1)			AB	1968Do07	BAPS 13 173 (68)
11 Na 20	0	0.446 s	2+	+0.3694(2)		[23Na]	OP/RD	1975Sc20	NP A246 187 (75)
11 Na 21	0	22.5 s	3/2+	+2.83630(10)	+0.05(4)	[23Na]	AB ABLS	1965Am01 1982To05	PR 137 B1157 (65) PR C25 2756 (82)
	332	6.9 ps	5/2+	3.7(3)	10.00(4)		RIV/D	1977Be30	PR C16 679 (77)
11 Na 22	0 583	2.60 y 243 ns	3+ 1+	+1.746(3) +0.535(10)		[23Na]	AB TDPAC	1949Da01 1966Su07	PR 76 1068 (49) PR 151 910 (66)
	2212	15.2 ps	1-	+0.523(11) 0.36(7)		[19F 197]	TDPAD RIV/D	1976Be06	ARHMI 28 (67) PR C13 895 (76)
11 Na 23	0	stable	3/2+	+2.217522(2) +2.2176556(6)	+0.109(3) +0.095(15) +0.104(1) +0.101(2) a	[1H]	AB/D N R CER MS Mu-X	1974Be50 1992Su01 1992Vo09 1994Py02	ZP 270 173 (74)  JPCR 5 835(76)/ORNL 1775 (54)  PRL 68 927 (92)  NP A549 281 (92)  CPL 227 221 (94)  NP A408 495 (83)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method OL,R	NSR Reference 1971St12	Journal Reference PR A3 837 (71)
11 Na 24	0 427	15.0 h 20.2 ms	4+ 1+	+1.6903(8) -1.931(3)			AB/D β-NMR	1966Ch15 1980He08 1979Mu13	PR 150 933 (66)/BAPS 18 727 (73) PL B94 28 (80) PL B88 242 (79)
11 Na 25	0	60 s	5/2+	+3.683(4)	-0.10(5)	[23Na]	OP/RD ABLS	1975De11 1982To05	ZP A273 15 (75) PR C25 2756 (82)
11 Na 26	0	1.07 s	3+	+2.851(2)	-0.08(5)	[23Na]	ABLS ABLS	1978Hu12 1982To05	PR C18 2342 (78) PR C25 2756 (82)
11 Na 27	0	0.29 s	5/2+	+3.895(5)	-0.06(5) Q/Q(26Na)=1.39(4)	[23Na]	ABLS ABLS CFBLS/β-NMR	1978Hu12 1982To05 1996Ke08	PR C18 2342 (78) PR C25 2756 (82) HFI 97/98 543 (96)
11 Na 28	0	30.5 ms	1+	+2.426(5)	-0.02(4) Q/Q(26Na)=-7.7(2)	[23Na]	ABLS ABLS CFBLS/β-NMR	1978Hu12 1982To05 1996Ke08	PR C18 2342 (78) PR C25 2756 (82) HFI 97/98 543 (96)
11 Na 29	0	43 ms	(3/2)	+2.449(8)	-0.03(5)	[23Na]	ABLS ABLS	1978Hu12 1982To05	PR C18 2342 (78) PR C25 2756 (82)
11 Na 30	0	53 ms	(2)	+2.083(10)		[23Na]	ABLS	1978Hu12	PR C18 2342 (78)
11 Na 31	0	17 ms	(3/2)	+2.305(8)		[23Na]	ABLS,R	1978Hu12	PR C18 2342 (78)
12 Mg 23	0	11.3 s	3/2+	0.5364(3)	1.25(5)		β-NMR β-NNQR	1993Fu06 1996MaZV	PL B307 278 (93) ARO p64 (96)
12 Mg 24	1369	1.45 ps	2+	+1.02(4)			RIV/D IMPAC	1975Ho15	NP A248 291 (75)
12 Mg 24	1369	1.44 ps	2+		-0.29(3) -0.18(2) -0.178(13) -0.160(8)		CER CER,R CER CER	1974Eb02 1990Gr11 1979Fe05	NP A229 162 (74) PR C42 R471 (90) PRep. 73 369 (81) NP A319 214 (79) ARR 76 (78)

Nucleus	Ex 4123 4238 6010	T <sub>1/2</sub> 38 fs 73 fs 55 fs	1 4+ 2+ 4+	μ(nm) +1.6(12) +1.2(4) +2.0(16)	Q(b) -0.07(3)	[Ref. Std.] [24Mg 1369] [24Mg 1369] [24Mg 1369]	Method ES,R TF TF TF	NSR Reference 1981Ko06 1983Sp01 1983Sp01 1984Sp03	Journal Reference JP G7 L63 (81) NP A403 421 (83) NP A403 421 (83) ZP A315 319 (84)
12 Mg 25	0	stable	5/2+	-0.85545(8)	+0.199(2) +0.201(3) a	[14N]	N R Mu-X	1991Su13 1982We04	PR 82 105 (82) NP A534 360 (91) NP A377 361 (82)
12 Mg 26	1809	476 fs	2+	+1.0(3)	-0.21(2) -0.14(3) -0.14(3) or -0.10(3) -0.11(6)	[24Mg 1369]	TF CER CER,R CER CER	1981Sp04 1991He09 1982Sp05 1977Sc36	PL 102B 6 (81) PR C43 2546 PRep. 73 369 (81) NP A378 559 (82) NP A293 425 (77)
13 Al 25	0	7.18 s	5/2+	3.6455(12)			β-NMR	1976Mi11	PR C14 376 (76)
13 AI 26	0	7x10*5 y	5+	+2.804(4)	+0.27(3)	[27Al] [27Al]	ABLS ABLS	1996Co04 1997Le19	JP G22 99 (96) JP G23 1145 (97)
13 AI 27	0	stable	5/2+	+3.6415069(7)	+0.1402(10) +0.150(6) a	[2H]	N R Mu-X	1992Su01 1982We04	ZNat 23a 1413 (68) PRL 68 927 (92) NP A377 361 (82)
13 Al 28	0	2.24 m	3+	3.242(5)	0.475(4.4)	[O.7.A.I]	β-NMR	1981Mi14	PL 106B 38 (81)
	31	1.91 ns	2+	+4.3(4)	0.175(14)	[27AI]	β-NMR IPAC	1972He22	HFI 4 170 (78) PR C6 878 (72)
14 Si 27	0	4.1 s	5/2+	(-)0,8554(4)			β-NMR	1984Hu11	PR C30 1328 (84)
14 Si 28	1779	0.49 ps	2+	+1.1(2)	+0.16(3) +0.18(3) +0.16(3)		IMPAC CER,R CER CER	1975Eb01 1980Ba40 1980Fe07	NP A244 1 (75) PRep. 73 369 (81) NP A349 271 (80) AuJP 33 509 (80)/AuJP 34 609 (E) (81)
14 Si 29	0	stable	1/2+	-0.55529(3)		[2H]	N	1953We51	PR 89 923 (53)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	$\mu(\text{nm})$	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
14 Si 30	2235	0.25 ps	2+	+0.8(2)	-0.05(6) -0.05(6) or +0.01(6)		IMPAC, R CER, R CER	1979Fe08	HFI 5 347 (78) PRep. 73 369 (81) PRL 43 1463 (79)
14 Si 32	1941	0.4 ps	2+		-0.16(2) or -0.13(2)		CER	1982Ve09	NP A389 185 (82)
14 Si 33	0	6.332 s	(3/2+)	1.21(3)			β-NMR/OP		RIKEN 25 43 (92)
15 P 29	0	4.1 s	1/2+	1.2349(3)			β-NMR		Cf70HI 325 (70)
15 P 31	0 1270 2230	stable 0.52 ps 0.25 ps	1/2+ 3/2+ 5/2+	+1.13160(3) +0.30(8) +2.8(5)		[23Na]	N IMPAC IMPAC	1982Ho06 1982Ho06	ORNL 1775 (54) NP A379 22 (82) NP A379 22 (82)
15 P 31	0	14.28 d	1+	-0.2524(3)			ENDOR	1957Fe32	PR 107 1462 (57)
16 S 31	0	2.6 s	1/2+	0.48793(8)			β-NMR	1976Mi16	PR C14 2335 (76)
16 S 32	2230	0.16 ps	2+	+0.9(2)	-0.15(2) -0.16(2) or -0.13(2) -0.18(4) or -0.15(4)		TF CER, R CER CER	1979Za01 1982Ve09 1981Da08	NP A315 133 (79) PRep. 73 369 (81) NP A389 185 (82) ZP A300 71 (81)
	4459	0.144ps	4+	+1.6(6)	-0.12(5)	[32S 2230]	CER TF	1980Ba40 1988Si14	NP A349 271 (80) ZP A330 361 (88)
16 S 33	0	stable	3/2+	+0.6438212(14)	-0.064(10) st -0.084(8)	[2H]	N MA CFBLS	1973Lu06 1954Bi40	ZNat 28a 1370 (73)/PR 83 845 (51) PR 94 1203 (54) ZNat 41a 15 (86)
					-0.678(13)		MCHF	1990Su19	PR A42 1160 (90)
16 S 34	2128	0.32 ps	2+	+1.0(2)	+0.04(3) +0.06(4)		IMPAC CER, R CER	1979Za01 1980Ba40	NP A315 133 (79) PRep. 73 369 (81) NP A349 271 (80)

Nucleus 16 S 35	Ex 0	T <sub>1/2</sub> 87.4 d	l 3/2+	μ(nm) +1.00(4) or +1.07(4)	Q(b) +0.0471(9) +0.045(10)	[Ref. Std.]	Method MA MCHF MA	NSR Reference 1954Bu05 1990Su19 1954Bi40	Journal Reference PR 93 193 (54) PR A42 1160 (90) PR 94 1203 (54)
17 Cl 33	0	2.52 s	3/2+	+0.752(2)			β-NMR	1986Ro20	PL 177B 293 (86)
17 CI 35	0	stable	3/2+	+0.8218743(4)	0.0819(11) -0.08249(2) st -0.076(5)	[2H]	N R AB, R CFBLS	1972BI07 1972St38	ZNat 27a 72 (72) PR B61 13588 (00) PR A6 1702 (72) ZNat 41a 15 (86)
17 Cl 36	0	3.0x10 <sup>5</sup> y	2+	+1.28547(5)	-0.0180(4) st	[2H] [35Cl]	N MA, R	1955So10 1972St38	PR 98 1316 (55) PR A6 1702 (72)
17 Cl 37	0	stable	3/2+	+0.6841236(4)	-0.06493(2) st -0.068(10)	[2H]	N AB, R CFBLS	1972BI07 1972St38	ZNat 27a 72 (72) PR A6 1702 (72) ZNat 41a 15 (86)
17 CI 38	0	37.3 m	2-	2.05(2)			β-NMR	1972La22	ZP 252 242 (72)
18 Ar 33	0	0.174 s	1/2+	-0.723(6)		[37Ar]	CFBLS/β-NMR	1996KI04	NP A607 1 (96)
18 Ar 35	0	1.78s	3/2+	+0.633(7) +0.633(2)	-0.084(15)	[37Ar] [37Ar]	CFBLS/β-NMR NO/D CFBLS/β-NMR	1996Kl04 1965Ca04 1996Kl04	NP A607 1 (96) PR 137 B1453 (65) NP A607 1 (96)
18 Ar 36	1970	0.28 ps	2+		+0.11(6)		CER		PL 34B 389 (71)
18 Ar 37	0	35.0 d	3/2+	+0.8(3) +1.145(5)		[85Kr]	NO/βS N/OP O	1988Va26 1965Ro13	HFI 43 373 (88) BAPS 33 1564 (88) PR 140 B820 (65)
	1611	4.6 ns	7/2-	-1.33(5)	+0.076(9)		CFBLS/β-NMR TDPAD	1971Ra22	PRL 27 603 (71)
18 Ar 39	0	269 y	7/2-	-1.588(15) -1.3(3)		[37Ar]	CFBLS/β-NMR O	1996KI04	NP A607 1 (96) JOSA 57 1452 (67)

Nucleus	Ex	T <sub>1/2</sub>	1	μ(nm)	Q(b) -0.12(3)	[Ref. Std.] [37Ar]	Method CFBLS/β-NMR	NSR Reference 1996Kl04	Journal Reference NP A607 1 (96)
18 Ar 40	1461	1.12 ps	2+	-0.2(2)	+0.01(4)		TF CER	1992Cu04 1970Na05	NP A549 304 (92) PRL 24 903 (70)
19 K 36	0	0.34 s	2+	(+)0.548(1)		[39K]	OP/RD	1975Sc20	NP A246 187 (75)
19 K 37	0 1379	1.23 s 10.5 ns	3/2+ 5/2,7/2-	+0.20321(6) g = +1.5(1)			OP/RD TDPAD	1971Vo03 1971Ra22	ZP 244 44 (71) PRL 27 603 (71)
19 K 38	0 3458	7.61 m 22.1 μs	3+ 7+	+1.371(6) +3.836(14)		[39K]	AB, R TDPAD	1982To02	PL 108B 169 (82) PL 48B 28 (74)
19 K 39	0	stable	3/2+	+0.39147(3) +0.3914662(3) +0.39150731(12)	+0.049(4) st	[2H]	ABLS AB/D N OL, R	1993Du08 1974Be50 1974Sa24/1974Sa25 1971St12	NIMPR A325 465 (93) ZP 270 173 (74) ZNat 29a 1754 (74)/ZNat 29a 1763 (74) PR A3 837 (71)
	2814 3598 8030	48 ps 37 ps 14 ps	7/2- 9/2- 19/2-	4.0(4) 2.4(2) +3.3(3)	10.010(1) 0.0	[41K 1294] [41K 1294] [41Ca3830]	RIGV RIGV TF	1981Le19 1981Le19 1992Pa01	ZP A301 243 (81) ZP A301 243 (81) PR C45 166 (92)
19 K 40	0	.28 x 109	4-	-1.298100(3) -1.2982(4)	-0.061(5) st	[2H] [39K]	N AB/D Q, OL	1974Sa24 1952Ei09 1972Jo09/1971St12	ZNat 29a 1754 (74) PR 86 73 (52) PR B6 757 (72)/PR A3 837 (71)
	30 2543	4.30 ns 1 ns	3- 7+	-1.29(9) +4.1(7) +4.4(11)		[19F 197] [41K 1294]	TDPAD IPAD/IMPAD RIGV	1976Bo21 1981Le19	PL 49B 261 (74) NP A264 151 (76) ZP A301 243 (81)
19 K 41	0	stable	3/2+	+0.2148701(2) +0.21489274(12)	+0.060(5) st	[2H] [39K]	AB/D N MB, R	1974Be50 1974Sa24/1974Sa25 1971St12	ZP 270 173 (74) ZNat 29a 1754 (74)/ZNat 29a 1763 (74) PR A3 837 (71)
	1294 2528 2774 4983	7.42 ns 152 ps 55 ps 73 ps	7/2- 11/2+ 13/2+ 19/2-	+4.42(5) 4.5(10) 3.0(5) 7(3)	. 0.000(0) 31	[19F 197] [41K 1294] [41K 1294] [41K 1294]	TDPAD RIGV RIGV RIGV	1981Le19 1981Le19 1981Le19	PL 28B 651 (69) ZP A301 243 (81) ZP A301 243 (81) ZP A301 243 (81)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
19 K 42	0	12.36 h	2-	-1.1425(6)			AB/D	1969Ch20	PR 184 1102 (69)/BAPS 18 727 (73)
19 K 43	0 738	22.3 h 202 ns	3/2+ 7/2-	+0.1633(8) +4.43(5)		[39K)	ABLS, R TDPAD	1982To02/1982Du06 1983Ra37	PL 108B 169 (82)/JPPa 43 509 (82) HFI 15 59 (83)
19 K 44	0	22.1 m	2-	-0.856(4)		[39K]	ABLS, R	1982To02/1982Du06	PL 108B 169 (82)/JPPa 43 509 (82)
19 K 45	0	20 m	3/2+	+0.1734(8)		[39K]	AB, R	1982To02	PL 108B 169 (82)
19 K 46	0	115 s	2-	-1.051(6)		[39K]	ABLS	1982To02	PL 108B 169 (82)
19 K 47	0	17.5 s	1/2+	+1.933(9)		[39K]	ABLS	1982To02	PL 108B 169 (82)
20 Ca 39	0	0.86 s	3/2+	1.02168(12)			β–NMR	1976Mi05	PL 61B 155 (76)
20 Ca 40	3737 4492	47 ps 295 ps	3- 5-	+1.6(3) +1.6(3) +2.6(5)		[40Ca 4492]	TFL RIGV,R IMPAC IPAD	1979Ni04/1976Ja16 1987Ma25 1974He13	PRL 43 326 (79)/PR C14 2013 (76) ZP A327 157 (87) PR C10 919 (74)
20 Ca 41	0	1.0x10 <sup>5</sup> y	7/2-	-1.594781(9) -1.5942(7) -1.61(2)	-0.080(8) st	[2H] [43Ca] [43Ca] [43Ca]	N ABLDF ABLRFS ABLDF	1983Ar25 1982An15 1983Ar25	PRL 9 166 (62) ZP A314 303 (83) PR C26 2194 ZP A314 303 (83)
	3830	3.1 ns	15/2+	+2.18(15)			TDPAD	1975Yo05	PR C12 1358 (75)
20 Ca 42	1525 3189	0.82 ps 5.3 ns	2+ 6+	-2.49(9)	-0.19(8)		CER TDPAD	1973To07 1975Yo02	NP A204 574 (73) PRL 35 497 (75)
20 Ca 43	0	stable	7/2-	-1.3173(6) -1.317643(7)	-0.043(9) -0.049(5)	[23Na] [2H]	OP N CFBLS ABLDF, R	1972OI01 1973Lu08 1991St14 1983Ar25/1979Gr05 1982Ay02/1984Sa10 1982Ku12	ZP 249 205 (72) ZNat 28a 1534 (73) ZP D18 351 (91) ZP A314 303 (83)/PRL 42 1528 (79)/ ZP A306 1 (82)/ZP A316 135 (84) ZP A307 99 (82)

Nucleus 20 Ca 44	Ex 1157	T <sub>1/2</sub> 2.9 ps	l 2+	μ(nm) -0.6(2)	Q(b)	[Ref. Std.] [40Ca 3737]	Method TFL, RIV	NSR Reference	Journal Reference PRL 43 326 (790
					-0.14(7)		CER	1973To07	NP A204 574 (73)
20 Ca 45	0	165 d	7/2-	-1.3274(14)		[43Ca]	ABLRFS, R	1983Ar25/1981Ar15 1980Be13	ZP A314 303 (83)/HFI 9 159 (81)/ ZP A294 319 (80)
				-1.316(16)		[43Ca]	ABLRFS	1982An15	PR C26 2194 (82)
				, ,	+0.046(14)	[43Ca]	ABLRFS, R	1983Ar25/1980Be13	ZP A314 303 (83)/ZP A294 319 (80)
20 Ca 47	0	4.5 d	7/2-	-1.38(3)		[43Ca]	ABLRFS	1982An15	PR C26 2194 (82)
	-			( - )	+0.021(4)	[43Ca]	ABLRFS	1982An15	PR C26 2194 (82)
21 Sc 41	0	0.59 s	7/2-	+5.431(2) d		[12B]	β-NMR	1990Mi16	NP A516 365 (90)
				5.535(4)		[]	β-NMR		ARO p 54 (85)
				( )	0.120(6)	[45Sc]	β-NMR	1990Mi19	HFI 59 153 (90)
					0.166(8)	[45Sc]	β-NNQR	1993Mi09	NP A559 239 (93)
					-0.156(3)	[45Sc]	R	1996SaZW	ARO p 59 (96)
21 Sc 43	0	3.89 h	7/2-	+4.62(4)		[45Sc]	AB	1966Co13	PR 141 1106 (66)
				( )	-0.26(6)	[45Sc]	AB	1966Co13	PR 141 1106 (66)
	152	438 μs	3/2+	+0.348(6)	. ,		TDPAD	1977Mi10	PR C16 1605 (77)
	3123	473 ns	19/2-	+3.122(7)			TDPAD	1978Ha07	PL 73B 127 (78)
					0.199(14)	[45Sc]	TDPAD	1981Da06	PR C23 1612 (81)
21 Sc 44	0	3.93 h	2+	+2.56(3)		[45Sc]	AB, R	1966Co13	PR 141 1106 (66)
				` '	+0.10(5)	[45Sc]	R	1966Co13	PR 141 1106 (66)
	68	153 ns	1-	+0.344(5)	, ,		TDPAC	1967Ri06	PR 153 1209 (67)
									InJPAp 15 646 (77)
					0.21(2)	[45Sc]	TDPAC	1973Ha61	JCP 58 3339 (73)
	235	6.1 ns	2-	+0.68(10)		[19F 197]	TDPAD		NuoCL 12 433 (75)
	271	2.44 d	6+	+3.88(1)		[45Sc]	AB, R	1966Co13	PR 141 1106 (66)
					-0.19(2)	[45Sc]	R	1966Co13	PR 141 1106 (66)
	350	3.2 ns	4+	+3.6(5)			IPAD	1975Ch37	ZP A275 51 (75)
21 Sc 45	0	stable	7/2-	+4.756487(2)		[2H]	N		PL 29A 58 (69)
								1951Pr02	PR 81 20 (51)
					-0.22(1)		ABLDF	1976Er01	ZP A276 9 (76)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) -0.216(9)	[Ref. Std.]	Method AB	NSR Reference 1971Ch25	Journal Reference PR A4 1767 (71)
21 Sc 46	0	83.81 d	4+	+3.03(2)	+0.119(6)	[45Sc] [45Sc]	AB AB	1962Pe21 1962Pe21	PR 128 1740 (62) PR 128 1740 (62)
21 Sc 47	0 767	3.42 d 247 ns	7/2- 3/2+	+5.34(2) 0.35(5)	-0.22(3)	[45Sc] [45Sc]	AB AB TDPAD	1968Fo02	PR 141 1106 (62) PR 141 1106 (62) PR 168 1228 (68)
22 Ti 43	0 3066	0.50 s 560 ns	7/2- 19/2-	0.85(2) +7.22(1)	0.30(7) st	[47Ti]	β-NMR TDPAD TDPAD	1993Ma67 1978Ha07 1981Da06	HFI 78 123 (93) PL 73B 127 (78) PR C23 1612 (81)
22 Ti 45	0	3.09 h	7/2-	0.095(2)	0.015(15)	 [47,49Ti] [47,49Ti]	AB AB	1966Co19 1966Co19	PR 148 1157 (66) PR 148 1157 (66)
	40 329	11.3 ns 1.10 ns	5/2- 3/2+	-0.133(10) -0.08(3) +1.1(3)			TDPAD TDPAD IPAD, R	1977St12 1977Bu10	NuoCl 19 229 (77) PR C15 1704 (77) CJP 55 779 (77)
22 Ti 46	889	5.36 ps	2+	+1.0(3) 1.0(2)	-0.21(6)		TF RIGV CER	1981Sh19 1975To06	HFI 9 65 (81) Th Murphy (80) NP A250 381 (75)
22 Ti 47	0	stable	5/2-	-0.78848(1)	+0.30(2)	[39K]	N LRFS	1965Dr03 1953Je16 1990Ay01	PhMg 12 1061 (65) PR 92 1262 (53) ZP D15 281 (90)
	159	210 ps	7/2-	-1.9(6)	+0.29(1)	[45Ti 330]	AB IPAD	1977Bu10	PPS 86 1145 (65) CJP 55 779 (77)
22 Ti 48	984	4.29 ps	2+	+0.9(4) 1.1(2)	-0.177(8)		TF RIGV ES	1981Sh19	HFI 9 65 (81) Th Murphy (80) PL 38B 475 (72)
22 Ti 49	0	stable	7/2-	-1.10417(1)	+0.24(1)	[39K]	N AB	1965Dr03/1953Je16	PhMg 12 1061 (65)/PR 92 1262 (53) PPS 86 1145 (65)

Nucleus 22 Ti 50	Ex 1554 3198	T <sub>1/2</sub> 0.97 ps 0.42 ns	I 2+ 6+	μ(nm) 2.7(8) +9.3(10)	Q(b) +0.08(16) -0.02(9)	[Ref. Std.]	Method RIGV CER CER IPAD	NSR Reference 1975To06 1970Ha24	Journal Reference Th Murphy (80) NP A250 381 (75) NP A150 417 (70) NP A265 457 (76)
23 V 46	802	1.02 ms	3+	+1.64(3)			TDPAD	1982Si15	ZP A309 71 (82)
23 V 48	0 308	15.94 d 7.1 ns	4+ 2+	2.012 (11) +0.44(2) +0.28(10)		[51V] [51V] [51V]	NMR/ON TDPAC IPAD	1980Bu11 1987Bi14 1978Ta17	HFI 8 59 (80) HFI 34 61 (87) CJP 56 1402 (78)
23 V 49	0 153	330 d 19.9 ns	7/2- 3/2-	4.47(5) +2.37(12)		[51V]	EPR TDPAD		BAPS 2 31 (57) PL 40B 638 (72)
23 V 50	0	1.5x10 <sup>17</sup> y	6+	+3.3456889(14)	0.21(4) +0.21(4) 0.21(4)	[2H] [51V] [51V] [51V]	N N ABLDF N	1981Ha26 1982Bl03 1979Er04 1981Ha26	ZP A300 111 (81) JP C15 L349 (82) PL 85B 319 (79) ZP A300 111 (81)
23 V 51	0	stable	7/2-	+5.1487057(2)	-0.043(5) -0.052(10) -0.033(10)	[2H]	N LRFS AB PPR	1981Ha26/1951Pr02 1989Un01 1967Ch09/1967Ch10 1973Cl10	ZP A300 111 (81)/PR 81 20 (51) ZP D111 259 (89) PR 156 64 (67)/PR 156 71 (67) NP A213 493 (73)
	320	0.17 ns	5/2-	+3.9(3)			CEAD	1968Ke09	NP A120 540 (68)
24 Cr 49	0 4367	41.9 m 1.9 ps	5/2- 19/2-	0.476(3) +7.4(11)		[53Cr] [50Cr,46Ti]	AB TF	1970Jo27 1993Pa22	PS 2 16 (70) PR C48 1573 (93)
24 Cr 50	783	9.2 ps	2+	+1.2(2) +0.9(3)	-0.36(7)		IMPAC TF CER	1977Fa07 1987Pa28 1975To06	NP A291 241 (77) PR C36 2088 (87) NP A250 381 (75)
24 Cr 51	0 749	27.7 d 7.25 ns	7/2- 3/2-	(-)0.934(5) -0.86(12)		[53Cr] [19F 197]	AB TDPAD	1970Ad07	ArkF 40 457 (70) IzF 38 155 (74)
24 Cr 52	1434	0.707 ps	2+	+3.0(5)		[56Fe 847]	TF	1987St07	HFI 36 75 (87)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) +3.2(22)	Q(b) -0.08(2)	[Ref. Std.]	Method TF ES	NSR Reference 1987Pa28	Journal Reference PR C36 2088 (87) JPJS 34 387 (73)
24 Cr 53	0	stable	3/2-	-0.47454(3)	-0.15(5) st +0.04(7) -0.028(4) st	[14N]	N ABLDF CER ENDOR	1953Al06 1982Er09 1973Th03 1974Ma35	HPAc 26 426 (53) ZP A309 1 (82) PR C7 1413 (73) CJP 52 1731 (74)
24 Cr 54	835	8.0 ps	2+	+1.1(2) +1.1(3)	-0.21(8)		IMPAC TF CER	1977Fa07 1987Pa28 1975To06	NP A291 241 (77) PR C36 2088 (87) NP A250 381 (75)
25 Mn 51	0	stable	5/2-	3.5683(13)	0.42(7) st	[55Mn] [55Mn]	AB AB	1971Jo10 1971Jo10	NP A166 306 (71) NP A166 306 (71)
25 Mn 52	0	5.80 d	6+	+3.0622(12) +3.0632(13)	10.50(7) -1	[55Mn] [55Mn]	AB NMR/ON	1970Ni11	ArkF 31 549 (66) Phca 50 259 (70)
	378	21.1 m	2+	0.00768(8)	+0.50(7) st	[55Mn] [55Mn]	NMR/ON AB	1970Ni11 1971Jo10	Phca 50 259 (70) NP A166 306 (71)
25 Mn 53	0 378	3.7x10 <sup>6</sup> v 117 ps	7/2- 5/2-	5.024(7) +3.3(3)		[55Mn]	EPR IMPAC	1956Do45 1975Si08	PR 104 1378 (56) NP A243 1 (75)
25 Mn 54	0	312 d	3+	+3.2819(13)	+0.33(3) st	[55Mn] [55Mn]	NMR/ON NMR/ON	1970Ni11 1970Ni11	Phca 50 259 (70) Phca 50 259 (70)
25 Mn 55	0	stable	5/2-	3.4532(13) +3.46871790(9)	+0.33(1) st +0.31(2) st	[2H]	ENDOR N ABLDF OL, R	1971Sa16 1974Lu08 1979De19 1979De19	CJP 49 2276 (71) ZNat 29a 1467 (74) ZP A291 207 (79) ZP A291 207 (79)/PL 29A 486 (69)
25 Mn 56	0	2.58 h	3+	+3.2266(2)		[55Mn]	AB, OP	1961Ch05	PR 122 891 (61)
26 Fe 53	741	64 ns	3/2-	-0.386(15)			TDPAD		ARHMI 64 (74)
26 Fe 54	1408	0.97 ps	2+	+3.4(8)		[56Fe 847]	TF	1977Br23	PR C16 899 (77)

Nucleus	Ex 2950	T <sub>1/2</sub>	6+	μ(nm) +2.2(4) 8.2(2)	Q(b) -0.05(14)	[Ref. Std.]	Method IMPAC CER TDPAD	NSR Reference 1977Fa07 1981Le02 1971He21	Journal Reference NP A291 241 (77) PR C23 244 (81) PRL 27 1587 (71)
	6527	367 ns	10+	+7.28(1)	+0.30(4) st 0.28(4)		TDPAD TDPAD, TF TDPAD, R	1983Ra03 1984Ha07 1983Ra03/1978Da09	PR C27 602 (83) NP A414 316 (84) PR C27 602 (83)/PL 76B 51 (78)/ PL 77B 461 (78)
26 Fe 55	931 1317 1408	8.3 ps 2.1 ps 38.3 ps	5/2- 7/2- 7/2-	+2.7(12) +2(2) -2.4(5)			TDPAD IPAD TDPAD	1973Ke03 1973Ke03 1973Ke03	CJP 51 707 (73) CJP 51 707 (73) CJP 51 707 (73)
26 Fe 56	847	6.9 ps	2+	1.22(16)	-0.19(8) -0.23(3)		IMPAC IPAC,R CER CER	1977Br23 1981Le02 1971Th14	PR C16 899 (77) PR C23 244 (81) PR C4 1699 (71)
26 Fe 57	0	stable	1/2-	+0.09044(7) +0.09062300(9) +0.0907638(1)		[2H] [2H]	ENDOR N N	1965Lo11 1974Sa25 1974Sa25	PR 139 A991 (65) ZNat 29a 1763 (74) ZNat 29a 1763 (74)
	14	98 ns	3/2-	-0.1549(2)	0.14(2) +0.082(8) st +0.209(5)	[57Fe]	ME R ME, R ME, R	1965Pe15/1962Pr10 1981Du12	PR 140 A875 (65)/PR 128 2207 (62) BRASP 56 (7) 201 (92) PRL 46 1611 (81) JPCR 1093 (76)
	136 367	8.80 ns 6.9 ps	5/2- 3/2-	+0.935(10) <0.6	0.200(0)		TDPAD IMPAC	1979Fa07 1969Sp05	PS 20 163 (79) NP A137 658 (69)
26 Fe 58	811	6.7 ps	2+	+0.9(3) +0.9(2)	-0.27(5)	[56Fe 847]	TF CER	1977Br23 1969Si13/1977Br23 1981Le02	PR C16 899 (77) NP A137 278 (69)/PR C16 899 (77) PR C23 244 (81)
26 Fe 59	0	44.6 d	3/2-	-0.3358(4) 0.29(3)	. ,		NMR/ON(β) NO/S	1996Oh02 1976Kr10	PR C54 554 (96) PR C14 653 (76)
27 Co 55	0	17.5 h	7/2-	+4.822(3)			NMR/ON	1973Ca06	NP A201 561 (73)/HFI 2 45 (76)
27 Co 56	0	78.8 d	4+	3.85(1)		[60Co]	NMR/ON		JP C10 3651 (77)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm) 3.99(6)	Q(b) +0.25(9)	[Ref. Std.] [60Co] [58Co]	Method NMR/ON NMR/ON	NSR Reference	Journal Reference CzJP B36 1331 (86) PR B37 4911 (88)
27 Co 57	0	271 d	7/2-	+4.720(10) 4.719(12) 4.78(6)	+0.52(9)	[60Co] [59Co] [60Co] [59Co]	NMR/ON NMR/ME NMR/ON NMR/ON	1972Ni01 1974La19 1972Ni01	JP C10 3651 (77)/Phca 57 1 (72) ZP 270 233 (74) CzJP B36 1331 (86) Phca 57 1 (72)
	1378	19 ps	3/2-	+3.0(6)	0.02(0)	[60Co]	IPAD	1970Va10	ZP 233 477 (70)
27 Co 58	0	70.8 d	2+	+4.044(8) +4.040(14)	+0.22(3)	[59Co] [59Co] [59Co]	NMR/ON EPR NMR/ON	1972Ni01 1957Do38 1972Ni01	Phca 57 1 (72) PR 108 60 (57) Phca 57 1 (72)
	53 111	10.4 μs 0.18 ns	4+ 3+	+4.184(8) +2.2(4)	0.22(0)	[ooco]	SOPAD IPAD	1970Be33 1972Ha61	NP A151 193 (70) NP A194 (249 (72)
27 Co 59	0	stable	7/2-	+4.627(9)	+0.35(3) +0.41(1) +0.40(4) +0.42(3) st		N LRFS R AB O	1967Wa16/1951Pr02 1990Gu28 1993De41	PR 162 301 (67)/PR 81 20 (51) ZP D17 181 (90) PR A48 2752 (93) ZP 159 230 (60) JPJa 27 1690 (69)
	1292	555 ps	3/2-	+2.54(12)	, ,		IPAC	1974Ba08	PS 9 79 (74)
27 Co 60	0	5.271 y	5+	+3.799(8)	+0.44(5)	[59Co] [59Co]	NMR/ON NMR/ON	1972Ni01 1972Ni01	Phca 57 1 (72) Phca 57 1 (72)
	59	10.5 m	2+	+4.40(9)	+0.3(4)		AB AB		Cf69Mntr 91 (69) Cf69Mntr 91 (69)
28 Ni 57	0	36 h	3/2-	-0.7975(14) 0.88(6)			NMR/ON(β) NO/S	1996Oh02 1975Ro06	PR C54 554 (96) PL 55B 450 (75)
28 Ni 58	1454	0.644 ps	2+	-0.1(3)	-0.10(6)		TF CER	1978Ha13 1974Le13	PR C17 997 (78) NP A223 563 (74)
28 Ni 59	339	83 ps	5/2-	+0.35(15)			IPAD	1974We05	CJP 52 1137 (74)

Nucleus 28 Ni 60	Ex 1332	T <sub>1/2</sub> 0.713 ps	l 2+	μ(nm) +0.2(3)	Q(b) +0.03(5) -0.10(2)	[Ref. Std.]	Method TF CER ES	NSR Reference 1978Ha13 1974Le13	Journal Reference PR C17 997 (78) NP A223 563 (74) PL 38B 475 (72)
28 Ni 61	0 67	stable 5.34 ns	3/2- 5/2-	-0.75002(4) +0.480(6)	+0.162(15) st -0.20(3) st -0.08(7) st	[170] [61Ni] [61Ni] [61Ni]	N, R AB ME ME ME	1968Ch10 1971Go31 1971Go31 1976Ob01	PL 11 114 (64)/JPCR 5 835 (76) PR 170 136 (68) ZNat 26a 1931 (71) ZNat 26a 1931 (71) JINC 38 19 (76)
28 Ni 62	1173	1.43 ps	2+	+0.68(14) +0.6(2)	+0.05(12)		TF TF CER, R	1988Sp04 1978Ha13 1974Le13	ZP A331 29 (88) PR C17 997 (78) NP A223 563 (74)
28 Ni 63	87	1.72 μs	5/2-	+0.752(3)		[19F 197]	TDPAD		PL 32B 41 (70)
28 Ni 64	1346	0.85 ps	2+	+0.9(3)	+0.4(2)		TF CER	1978Ha13	PR C17 997 (78) BAPS 16 625 (71)
28 Ni 65	0	2.520 h	5/2-	0.69(6)			NO/S	1976Kr09	PR C14 650 (76)
29 Cu 60	0	23.4 m	2+	+1.219(3)		[63Cu]	AB		PR 169 917 (68)
29 Cu 61	0	3.41 h	3/2-	+2.14(4)		[63Cu]	AB	1966Do01	PR 142 638 (66)
29 Cu 62	0 41 390	9.73 m 4.77 ns 11.1 ns	1+ 2+ 4+	-0.380(4) +1.10(10) +1.32(3) +2.67(16)		[63Cu]	AB TDPAC TDPAD TDPAD	1993Lo10 1973Bl07 1973Bl07	PR 169 917 (68) HFI 77 103 (93) ZP 263 169 (73) ZP 263 169 (73)
29 Cu 63	0	stable	3/2- 17/2+	2.227206(3) 2.2273456(14) +2.2233(2)	-0.211(4) st 0.220(15) a	[23Na] [11B] [65Cu]	N N AB/D O, R Mu-X IPAD	1978Lu08 1978Lu08 1982Ef01	ZP A288 17 (78) ZP A288 17 (78) Cf66 Paris, 355 (66) ZNat 41a 24 (86) ZP A309 77 (82)
	4498	4.00 118	1772+	+1.56(10)		[62Cu 390]	IFAD	1983Ka24	NP A406 533 (83)

Nucleus	Ex	$T_{\scriptscriptstyle 1/2}$	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
29 Cu 64	0 1594	12.7 h 20.4 ns	1+ 6-	-0.217(2) +1.06(3)		[63Cu]	AB TDPAD	1966Do01 1972Bl16	PR 142 638 (66) NP A197 620 (72)
29 Cu 65	0	stable	3/2-	+2.3817(3) 2.3816(2)	-0.195(4) st	[63Cu]	AB/D N O, R	1978Lu08 1972St38	Cf66 Paris, 355 (66) ZP A288 17 (78) PR A6 1702 (72)
	1115	0.29 ps	5/2-	+4.5(9)	-0.133(4) 31		IPAD	1979Da20	IzF 43 2148 (79)
29 Cu 66	0 1154	5.1 m 0.60 μs	1+ 6-	-0.282(2) +1.038(3)		[65Cu]	AB TDPAD	1972Bl16	JP A2 658 (69) NP A197 620 (72)
30 Zn 63	0	38.1 m	3/2-	-0.28164(5)	+0.29(3)	[67Zn] [67Zn]	OD OD		PR 177 1606 (69) PR 177 1606 (69)
30 Zn 64	992	1.75 ps	2+	+0.8(2) +0.9(2)	-0.124(12) -0.14(2) -0.32(6) or -0.26(6)		TF IMPAC ES ES, R CER	1979Fa06 1976Ne06 1981Ko06 1988Sa32	JPJS 44 341 (78) ZP A291 93 (79) NP A263 249 (76) JP G7 L63 (81) PR C38 2439 (88)
	4635	0.1 ns	7-	1.6(3) *			RIGV	1983Ba69	ZP A314 55 (83)
30 Zn 65	0	244.1 d	5/2-	+0.7690(2)	-0.023(2) -0.3(2)	[67Zn] [67Zn] [67Zn]	OD OD NO/S, R	1985Ha41	PR 134 A47 (64) PR 134 A47 (64) HFI 22 19 (85)
	115 207 1066	0.45 ns 0.15 ns 574 ps	3/2- 3/2- 9/2+	-0.8(2) +0.7(3) 1.1(2) -1.7(5)	( )	[67Zn 185] [67Zn 185] 67Zn 604 [67Zn 185]	IPAD IPAD R IPAD	1975We08 1975We08 1975We21 1975We08	NP A241 332 (75) NP A241 332 (75) CJP 53 2544 (75) NP A241 332 (75)
30 Zn 66	1039	1.56 ps	2+	+0.5(2) +0.9(2)			TF IMPAC	1979Fa06	JPJS 44 341 (78) ZP A291 93 (79)
	4074	30 ps	6-	0.9(2) h	0.94(42)		RIGV	1983Ba69	ZP A314 55 (83)
	4250	133 ps	7-	1.0(2) h	-0.81(13)		ES, R RIGV	1981Ko06 1983Ba69	JP G7 L63 (81) ZP A314 55 (83)

Nucleus 30 Zn 67	Ex 0	T <sub>1/2</sub> stable	l 5/2-	μ(nm) +0.875479(9) +0.8752049(11)	Q(b) +0.150(15)	[Ref. Std.] [1H] [37Cl]	Method OP, N N R	NSR Reference	Journal Reference PL 24A 430 (67) PL 45A 255 (73) PR 177 1606 (69)
	93 185 604	9.2 μs 1.03 ns 333 ns	1/2- 3/2- 9/2+	+0.587(11) +0.50(6) -1.097(9)	0.60(6)	[19F 197] [67Zn]	ME IPAC TDPAD TDPAD	1969Bo41 1973Be56	PR B38 6380 (88) APPo 36 1065 (69) NP A215 486 (73) ZP B24 177 (76)
30 Zn 68	1077	0.9 ps	2+	+1.0(2) +0.9(3)	-0.11(2)	[]	TF IMPAC ES, R	1979Fa06 1981Ko06	JPJS 44 341 (78) ZP A291 93 (79) JP G7 L63 (81)
30 Zn 69	439	13.72 h	9/2+	1.157(2)	-0.51(5)	[65Zn] [67Zn]	R NO/S	1989He05 1983Oe01	ZP A332 247 (89) ZP A310 233 (83)
30 Zn 70	885	3.2 ps	2+	+0.60(14) +0.6(2)	-0.23(2) -0.24(3)		IMPAC TF ES ES, R	1979Fa06 1976Ne06	ZP A291 93 (79) JPJS 44 341 (78) NP A263 249 (76) JP G7 L63 (81)
30 Zn 71	158	3.94 h	9/2+	1.052(6)	-0.24(3)	[65Zn]	L3, K	1981Ko06 1989He05	ZP A332 247 (89)
31 Ga 66	66 1464	23 ns 57 ns	2+ 7-	1.01(2) 0.90(2) +0.86(2) +0.89(2)	0.78(4) st		TDPAD, R TDPAD TDPAD TDPAD TDPAD	1976Le03	NP A258 103 (76) NP A295 513 (78) Th Leitz (73) HFI 26 855 (85) HFI 26 855 (85)
	3043	0.208 ns	9+	4.2(9)	0.70(4) 31		IPAC	1985Ra33 1987Ba45	HFI 36 171 (87)
31 Ga 67	0	78.3 h	3/2-	+1.8507(3)	0.195(5) st	[69,71Ga] [69,71Ga]	AB AB, R		PR 176 25 (68) PR 176 25 (68)
	359 3578	49 ps 0.16 ns	5/2- 15/2+	1.4(7) -1.7(5)	. ,	[67Ga 3578]	RIGV, R IPAD	1986Ba79/1983Ba73 1986Ba79	HFI 30 291 (86)/HFI 15 63 (83) HFI 30 291 (86)
31 Ga 68	0	68.1 m	1+	0.01175(5)		[69,71Ga]	AB	1962Eh02	PR 127 529 (62)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b) 0.0277(14) st	[Ref. Std.] [69,71Ga]	Method AB, R	NSR Reference 1972St38	Journal Reference PR A6 1702 (72)
	1230	64 ns	7-	+0.74(2)	0.0211(14)30	[09,7 10a]	TDPAD	19723(30	NP A295 513 (78)
				+0.707(14)			TDPAD		Th Leitz (73)
				+0.72(2)			TDPAD	1985Ra33	HFI 26 855 (85)
					0.72(2) st	[69Ga]	TDPAD	1985Ra33	HFI 26 855 (85)
31 Ga 69	0	stable	3/2-	+2.01659(5)		[23Na]	N		ORNL-1775 (54)
					+0.168(5) st		AB, R	1972St38	PR A6 1702 (72)
					0.17(3) st		ABLRFS, R	1983Jo02	PL 93A 121 (83)
31 Ga 70	879	22.7 ns	4-	-0.26(10)		[19F 197]	TDPAD	1976Ta09	PR C14 329 (76)
31 Ga 71	0	stable	3/2-	+2.56227(2)		[23Na]	N		ORNL-1775 (54)
				, ,	+0.106(3) st		AB, R	1972St38	PR A6 1702 (72)
					0.10(2) st		ABLRFS, R	1983Jo02	PL 93A 121 (83)
31 Ga 72	0	14.1 h	3-	-0.13224(2)		[69,71Ga]	AB	1962Eh02	PR 127 529 (62)
					+0.52(1) st	[69,71Ga]	AB, R	1972St38	PR A6 1702 (72)
32 Ge 67	752	111 ns	9/2+	-0.849(12)		[69Ge 398]	TDPAD	1991Le31	NIMPR B56/57 851 (91)
32 Ge 68	3696	0.48 ps	6+	+2.4#		[estimate]	TF	1986Ba64	JP G12 L295 (86)
	3883	132 ps	6-	0.53(11)		[74Ge 596]	RIGV	1982Ba42	JP G8 1397 (82)
	4054	118 ps	7-	0.78(12)		[74Ge 596]	RIGV	1982Ba42	JP G8 1397 (82)
	4838	1.04 ps	8+	+0.8(3)		[68Ge 3696]	TF	1986Ba64	JP G12 L295 (86)
	5050	0.49 ps	8+	-2.2(11)		[68Ge 3696]	TF	1986Ba64	JP G12 L295 (86)
32 Ge 69	0	39.0 h	5/2-	0.735(7)		[73Ge]	AB	19700102	PR C2 228 (70)
					0.024(5) st		AB	1970Ol02	PR C2 228 (70)
	398	2.8 μs	9/2+	-1.001(3)			SOPAD	1970Ch05	PR C1 613 (70)
32 Ge 70	1039	1.32 ps	2+	+0.94(5)			TF	1984Pa20	JP G10 1759 (84)
				+0.8(2)			IMPAC	1977Fa07	NP A291 241 (77)
				+0.7(2)			TF	1987La20	AuJP 40 117 (87)
				+0.9(2)	0.00(0) 0.00(0)		IMPAC, R	1977Fa07	NP A291 241 (77)
					+0.03(6) or +0.09(6)		CER	1980Le16	PR C22 1530 (80)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
32 Ge 71	0 175 199	11.2 d 79 ns 20.2 ms	1/2- 5/2- 9/2+	+0.547(5) +1.018(10) -1.01413(7)	0.34(5)	[73Ge] [19F 197]	AB, R TDPAD NMR/AC QIR	1970Be29 1975Ri03	PR 141 15 (66)PR C1 750 (70) PL 27B 370 (68) Cf70HI 313 (70)/NP A150 282 (70) PS 11 228 (75)/HFI 2 265 (76)
32 Ge 72	834	3.29 ps	2+	+0.80(7) +0.74(9) +0.7(2)	-0.13(6)		TF TF IMPAC, R CER	1984Pa20 1987La20 1977Fa07 1980Le16	JP G10 1759 (84) AuJP 40 117 (87) NP A291 241 (77) PR C22 1530 (80)
32 Ge 73	0	stable	9/2+	-0.8794677(2)	-0.17(3)	[2H]	N AB, R	1974Sa25 1966Ch02 1970Ol02	ZNat 29a 1763 (74) PR 141 15 (66)/PR C1 750 (70)/ PR C2 228 (70)
	13	2.86 μs	5/2+	1.08(3) -0.94(3)	0.70(8) -0.4(3)	[69Ge 398]	TDPAC TDPAC TDPAC ME	1993Co17 1975Ha37 1993Co17	HFI 80 1321 (93) PL 58B 423 (75) HFI 80 1321 (93) PR B27 4018 (83)
32 Ge 74	596	12.5 ps	2+	+0.87(4) +0.70(5) +0.7(2)	-0.25(6)		TF TF IMPAC, R CER	1984Pa20 1987La20 1977Fa07 1980Le16	JP G10 1759 (84) AuJP 40 117 (87) NP A291 241 (77) PR C22 1530 (80)
	1204	4.9 ps	2+	+0.8(2)	-0.23(0)		TF	1984Pa20	JP G10 1759 (84)
32 Ge 75	0	82.8 m	1/2-	+0.510(5)		[73Ge]	AB	19700102	PR C2 228 (70)
32 Ge 76	563	18.6 ps	2+	+0.84(5) +0.67(8) +0.56(12)	-0.19(6)		TF TF IMPAC, R CER	1984Pa20 1987La20 1977Fa07 1980Le16	JP G10 1759 (84) AuJP 40 117 (87) NP A291 241 (77) PR C22 1530 (80)
33 As 68	2159	37 ns	(7,8)-	g =0.23(2)			TDPAD		BAPS 31 1210 (86)
33 As 69	0	15.2 m	5/2-	+1.58(16) 1.2(2)		[75As]	NO/S AB	1980Ho02	Cf88BadH (88) ZP A294 1 (80)

Nucleus	Ex 1307	T <sub>1/2</sub> 1.35 ns	I 9/2+	μ(nm) +4.7(6) +6(2)	Q(b)	[Ref. Std.]	Method IPAD RIGV	NSR Reference 1980Be32 1981Ki07	Journal Reference ZP A296 181 (80) IzF 45 94 (81)
33 As 70	0	53 m	4+	+2.1061(2)	+0.9(2)	[75As] [75As]	AB AB	1980Ho02 1980Ho02	ZP A294 1 (80) ZP A294 1 (80)
	888	5.34.ns	7-	0.75(5)			IPAD	1991Ba43	NP A535 425 (91)
33 As 71	0	65.3 h	5/2-	(+)1.674(2) 1.64(4)	-0.017(10)	[72As]	NMR/ON AB NO/S	1976He25/1976He06 1980Ho02 1988Wh03	HFI 2 294 (76)/NP A259 378 (76) ZP A 294 1 (80) HFI 43 205 (88)
	1001	19.8 ns	9/2+	+5.15(9)	0.017(10)	[12110]	TDPAD	1300001103	ARHMI 58 (71)
33 As 72	0	26 h	2-	-2.1566(3)	-0.08(2)	[75As] [75As]	AB AB	1980Ho02 1980Ho02	ZP A294 1 (80) ZP A294 1 (80)
	214	85 ns	3+	+1.58(2)		[19F 197]	TDPAD	1975Be32	NP A249 93 (75)
	561	87 ns	(6-)	_0.696(12)			TDPAD	1977Ra03	PR C15 1583 (77)
33 As 73	66	5.0 ns	5/2-	+1.63(10)			TDPAC		PL 6 290 (63)
	400	<b>5</b> 0 -	0/0+	LE 004/44)	0.356(12)	[75As]	TDPAC	1992Sc21	ZP A343 279 (92)
	428	5.6 µs	9/2+	+5.234(14)			SOPAD	1970Be23	PRL 25 102 (70)
33 As 74	0	17.8 d	2-	-1.597(3)		[75As]	NMR/ON	1972Ka35	NP A193 410 (72)
	259	268 ns	(4)+	+3.24(4)		[19F 197]	TDPAD, R	1970Ch10/1976Ga23	NP A164 367 (71)/PR C14 1776 (76)
33 As 75	0	stable	3/2-	+1.43948(7)	0.314(6) a	[2H]	N Mu-X	1953Ti01/1952Je05 1982Ef01	PR 89 595 (53)/PR 85 478 (53) ZP A309 77 (82)
					+0.30(5)		Ο	1983Vo15	Phca 123C 121 (83)
	265	11.9 ps	3/2- 5/2-	+1.0(2)			IPAC	100014 11	Cf70Delft 543 (70)/Pram 1 70 (73)
	280	273 ps	5/2-	+0.92(2)	0.30(10)	[73As]	TDPAC TDPAC	1989Mo14 1990Mo23	NP A500 277 (89) HFI 59 121 (90)
				+0.81(8)	0.00(10)	[10/10]	IPAC	1000111020	Cf70Delft 543 (70)/Pram 1 70 (73)
33 As 76	0	26.3 h	2-	-0.906(5)	7(8)	[75As]	NO/D AB	1958Pi43 1961Ch10	PR 109 1423 (58) PR 122 1302 (61)
	46	1.80 µs	(1)+	+0.559(5)	(-/	[19F 197]	SOPAD		Cf70Delft 564 (70)

Nucleus 33 As 77	Ex 264	T <sub>1/2</sub> 304 ps	l 5/2-	μ(nm) +0.74(2) +0.83(7)	Q(b)	[Ref. Std.]	Method TDPAC IPAC	NSR Reference 1989Mo14 1973Ch42	Journal Reference NP A500 277 (89) NP A217 177 (73)
	476 632	116 μs 60 ps	9/2+ 5/2+	+5.525(9) +2.5(4)	<0.75		TDPAC SOPAD IPAC	1990Mo23 1974Ch31	HFI 59 121 (90) ARHMI 53 (69) PR C10 774 (74)
34 Se 73	0	7.1 h	9/2+	0.87(5) 0.85(7)			NMR/ON NMR/ON	1988Be39	PR C38 2329 (88) JPJa 3512 (87)
34 Se 74	635	7.08 ps	2+		-0.36(7)		CER	1978Le22	PR C18 2801 (78)
34 Se 75	0	118.5 d	5/2+	0.67(4)	1.1(2) Q/Q(79Se(gs))=1.2578(6)		NMR/ON MA, R MA, R	1974Ca23 1955Aa06 1955Aa06	PR B10 1075 (74) PR 98 1224 (55) PR 98 1224 (55)
34 Se 76	559	11.1 ps	2+	+0.8(2) +0.8(2)	-0.34(7) -0.30(5)		IMPAC IPAC CER CER	1969He11 1967Mu10 1977Le11	NP A133 310 (69) CJP 45 1821 (67) NP A284 123 (77) BAPS 21 581 (76)
34 Se 77	0	stable	1/2-	+0.5350422(6) 0.5350743(3)		[23Na] [1H]	N N	1978Ko39/1953We51 1978Ko39	ZNat 33a 1025 (78)/ PR 89 923 (53) ZNat 33a 1025 (78)
	250	9.56 ns	5/2-	+1.12(3)	1.1(5)	נייין	TDPAC TDPAC	1984Za08 1983Un02	JP G10 1571 (84) HFI 14 119 (83)
	439	24 ps	5/2-	+1.0(3)	(-)		IMPAC		Cf69Heid 419 (69)
34 Se 78	614	8.6 ps	2+	+0.8(2)	-0.26(9) -0.30(11)		IMPAC CER CER	1969He11 1977Le11	NP A133 310 (69) NP A284 123 (77) BAPS 21 581 (76)
34 Se 79	0	<6.5x10 <sup>4</sup> v	7/2+	-1.018(15)	+0.8(2)		MA MA, R	1953Ha50	PR 92 1532 (53) OSpk 12 163 (62)
34 Se 80	666	8.0 ps	2+	+0.8(3)	-0.31(7) -0.35(12)		IMPAC CER CER	1969He11 1977Le11	NP A133 310 (69) NP A284 123 (77) BAPS 21 581 (76)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	$\mu(\text{nm})$	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
34 Se 82	654	11.3 ps	2+	+0.9(3)	-0.22(7)		IMPAC CER	1969He11	NP A133 310 (69) NP A2284 123 (77)
35 Br 72	0 101	79 s 10.1 s	(3+) (1-)	0.60(10) >0.7			NO/S NO/S	1992Ba68 1992Gr20	HFI 75 433 (92) PR C46 2228 (92)
35 Br 73	241	34.7 ns	3/2-	1.97(13)			TDPAD	1987He27	PR C36 2409 (87)
35 Br 74	14	46 m	4(+)	1.68(18) 1.820(12)			NO/S NMR/ON	1992Gr20 1992Pr06	PR C46 2228 (92) HFI 75 275 (92)
35 Br 75	0	97 m	3/2-	0.76(18) positive			NO/S NO/βS	1992Gr20 1992Ba68	PR C46 2228 (92) HFI 75 433 (92)
35 Br 76	0	16.1 h	1-	0.54821(2)		[79,81Br]	AB	1960Li11 1966Br03	PR 119 1053 (60) PR 142 53 (66)
					0.249 (6) st	[79Br]	AB, R	1960Li11 1966Br03	PR 119 1053 (60)/PR B61 13588 (00) PR 142 53 (66)
35 Br 77	0	57 h	3/2-	0.92(5) 0.9731(6)			NO/S NMR/ON	1992Gr20	PR C46 2228 (92) ARINST 22 (91)
	130	9.3 ns	5/2+	0.9738(5) +1.98(2)	0.4*		NMR/ON TDPAC TDPAC	1992Pr06 1991Gr15	HFI 75 275 (92) ZP A340 349 (91) ARHMI 50 (77)
35 Br 78	0 32 181	6.46 m 14.2 ns 119 μs	1+ (2)- 4(+)	0.13(3) -1.12(4) +4.114(12)		[19F 197]	NO/S TDPAD NMR/AC	1992Pr06 1973Pl07 1974FoYO/1971Br31	HFI 75 275 (92) NP A215 471 (73) Cf74Upp 258 (74)/ZP 244 375 (71)
35 Br 79	0	stable	3/2-	+2.106400(4)	+0.305(5) st	[2H]	N AB, R	1972BI07	ZNat 27a 72 (72) HPAc 51 755 (79)/PR B61 13588 (00)
	217 523 761	47 ps 1.91 ps 1.50 ps	5/2- 5/2- 7/2-	1.0(3) 2.8(8) 1.9(3)	10.505(5) St		TF TF TF	1994Sp05 1994Sp05 1994Sp05	NP A578 300 (94) NP A578 300 (94) NP A578 300 (94)

Nucleus 35 Br 80	Ex 0	T <sub>1/2</sub> 17.6 m	I 1+	μ(nm) 0.5140(6)	Q(b)	[Ref. Std.] [79,81Br]	Method AB	NSR Reference 1964Wh05	Journal Reference PR 136 B584 (64)
	37	7.4 ns	2-	-1.67(12)	0.181(4) st 0.159(7) st	[19F 197] [80Br]	AB, R TDPAD TDPAC	1973PI07	HPAc 51 755 (79)/PR B61 13588 (00) NP A215 471 (73) HPAc 51 755 (79)/PR B61 13588 (00)
	86	4.42 h	5-	+1.3177(6)	+0.69(2) st	[79,81Br]	AB AB, R	1964Wh05	PR 136 B584 (64) HPAc 51 755 (79)/PR B61 13588 (00)
35 Br 81	0	stable	3/2-	+2.270562(4)	+0.254(6) st	[2H]	N AB, R	1972BI07	ZNat 27a 72 (72) HPAc 51 755 (79)/PR B61 13588 (00)
	276 536	9.7 ps 37 μs	5/2- 9/2+	1.6(5) 5.70(5)	. ,		TF SOPAD	1996Ja09	NP A601 117 (96) RRou 17 751 (72)/PL 35B 501 (71)
	767 837	0.54 ps 1.0 ps	5/2- 7/2-	1.0(4) 1.4(4)			TF TF	1996Ja09 1996Ja09	NP A601 117 (96) NP A601 117 (96)
35 Br 82	0	35.3 h	5-	+1.6270(5)	+0.69(2) st	[79,81Br]	AB AB, R	1959Ga12	PR 116 393 (59) HPAc 51 755 (79)/PR B61 13588 (00)
35 Br 84	0	31.8 m	2-	1.9(7)			NO/S	1992Pr06	HFI 75 275 (92)
36 Kr 75	0	4.3 m	5/2+	-0.531(4) d	+1.12(12)	[83Kr]	CFBLS CFBLS	1995Ke04 1995Ke04	NP A586 219 (95) NP A586 219 (95)
36 Kr 77	0	74.4 m	5/2+	-0.583(3) d	+0.94(10)	[83Kr]	CFBLS CFBLS	1995Ke04 1995Ke04	NP A586 219 (95) NP A586 219 (95)
36 Kr 78	455	22 ps	2+	+1.08(10)			TF	1981Wa16	NP A365 173 (81)
36 Kr 79	0 130	35.04 h 50 s	1/2- 7/2+	+0.536(2) d -0.786(2 d	+0.40(4)	[83Kr] [83Kr]	CFBLS CFBLS CFBLS	1995Ke04 1995Ke04 1995Ke04	NP A586 219 (95) NP A586 219 (95) NP A586 219 (95)
	147	77.7 ns	5/2-	+1.124(10)	0.45(3)	[19F 197] [83Kr 9]	TDPAD TDPAD	1995/1604	PL 26B 134 (68) ARHMI 50 (77)
36 Kr 81	0	2.3 x 10*5	7/2+	-0.908(2) d -0.909(4)	+0.64(7)	[83Kr] [83Kr]	CFBLS LRFS CFBLS	1995Ke04 1993Ca41 1995Ke04	NP A586 219 (95) PR A47 1148 (93) NP A586 219 (95)

Nucleus	Ex	T <sub>1/2</sub>	1	μ(nm)	Q(b) +0.629(13)	[Ref. Std.]	Method LRFS	NSR Reference	Journal Reference
	190	13.1 s	1/2-	+0.586(2) d	+0.629(13)	[83Kr]	CFBLS	1993Ca41 1995Ke04	PR A47 1148 (93) NP A586 219 (95)
36 Kr 83	0	stable	9/2+	-0.970669(3)	+0.26(3) +0.253(5)	[39K]	N, AB CFBLS AB	1995Ke04 1963Fa01	PL 27A 466 (68)/RMP 18 323 (46) NP A586 219 (95) PR 129 1214 (63)/ZP 165 402 (61)
	9	147 ns	7/2+	-0.943(2)	+0.495(10)	[83Kr] [83Kr]	ME ME	1969Ca06	PR 178 1728 (69) JCP 66 2627 (77)
	42	1.83 h	1/2-	+0.591(2) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
36 Kr 84	3236 5373	1.84 μs 45 ns	8+ 12+	-1.97(2) +2.04(12)			TDPAD TDPAD	1982Za04 1985Ro22	R.Rou 27 33 (82) PL 163B 323 (85)
36 Kr 85	0	10.76 y	9/2+	-1.005(2) d 1.005(2) -1.0055(4)	+0.44(5)	[83Kr] [83Kr] [83Kr]	CFBLS O LRFS CFBLS	1995Ke04 1993Ca41 1995Ke04	NP A586 219 (95) ZP 141 160 (55) PR A47 1148 (93) NP A586 219 (95)
	305	4.48 h	1/2-	+0.633(2) d	+0.433(8)	[83Kr]	LRFS CFBLS	1993Ca41 1995Ke04	PR A47 1148 (93) NP A586 219 (95)
36 Kr 87	0	76.3 m	5/2+	-1.018(5) -1.023(2) d	-0.30(3)	[129Xe 236] [83Kr]	N/OP CFBLS CFBLS	1995Ke04 1995Ke04	ARPr 19 (87) NP A586 219 (95) NP A586 219 (95)
36 Kr 89	0	3.15 m	3/2+	-0.330(3) d	+0.16(2)	[83Kr]	CFBLS CFBLS	1995Ke04 1995Ke04	NP A586 219 (95) NP A586 219 (95)
36 Kr 91	0	8.57 s	5/2+	-0.583(2) d	+0.30(3)	[83Kr]	CFBLS CFBLS	1995Ke04 1995Ke04	NP A586 219 (95) NP A586 219 (95)
36 Kr 93	0	1.286 s	1/2+	-0.413(2) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
36 Kr 95	0	0.78 s	1/2+	-0.410(3) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
37 Rb 76	0	39 s	1(-)	-0.3726228(14)		[87Rb]	ABLS	1986Du16/1981Th04	JPPa 47 1903 (86)/PR C23 2720 (81)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b) +0.38(15) st	[Ref. Std.]	Method ABLS	NSR Reference 1981Th04	Journal Reference PR C23 2720 (81)
37 Rb 77	0	3.8 m	3/2-	+0.6544680(16) +0.652(7)	+0.70(4) st	[87Rb] [85Rb]	ABLS AB ABLS	1986Du16/1981Th04 1978Ek04 1981Th04	JPPa 47 1903 (86)/PR C23 2720 (81) NP A311 269 (78) PR C23 2720 (81)
37 Rb 78	103	6.3 m	4-	+2.549(2) +2.56(3)	+0.81(4) st	[87Rb] [85Rb]	ABLS AB ABLS	1981Th04 1978Ek04 1981Th04	PR C23 2720 (81) NP A311 269 (78) PR C23 2720 (81)
37 Rb 79	0	23 m	5/2+	+3.3579(12) +3.36(4)	+0.10(2) st	[87Rb] [85Rb]	ABLS AB ABLS	1981Th04 1978Ek04 1981Th04	PR C23 2720 (81) NP A311 269 (78) PR C23 2720 (81)
37 Rb 79	97	18.6 ns	9/2+	+5.03(7)	10.10(2) 31		TDPAD	1994lo06	ZP A349 129 (94)
37 Rb 80	0	30 s	1+	-0.0836(6) -0.083(2)	10.25(2) 24	[87Rb]	OP/RD,R ABLS	1978Ek04 1981Th04	NP A311 269(78) PR C23 2720 (81)
	496	1.63 μs	6+	+3.38(2) +3.36(6)	+0.35(2) st 0.51(5)		ABLS TDPAD TDPAD TDPAD	1981Th04	PR C23 2720 (81)  BAPS 24 632 (79)  Th Stenzel (86)
37 Rb 81	0	4.58 h	3/2-	+2.0595(14)	.0.40(0).4	[87Rb]	ABLS	1981Th04	PR C23 2720 (81)
	86	32 m	9/2+	+5.598(2)	+0.40(2) st -0.74(6) st	[87Rb]	ABLS ABLS ABLS	1981Th04 1981Th04 1981Th04	PR C23 2720 (81) PR C23 2720 (81) PR C23 2720 (81)
37 Rb 82	0	1.25 m	1+	+0.5545083(11) +0.554(6)	. 0.40(7)	[87Rb]	ABLS OP/RD,R	1986Du16/1981Th04 1978Ek04	JPPa 47 1903 (86)/PR C23 2720 (81) NP A311 269 (78)
	~100	6.47 h	5-	+1.5100082(2) +1.513(2) +1.51(2)	+0.19(7)	[87Rb] [87Rb] [85Rb]	ABLS AB ABLS AB,R	1981Th04 1957Hu75 1981Th04 1978Ek04	PR C23 2720 (81) JPCR 5 835 (76)/PR 107 723 (57) PR C23 2720 (81) NP A311 269 (78)
	191	12.3 ns	6+	+4.02(5)	+1.0(1) st		TDPAD		

Nucleus 37 Rb 83	Ex 0	T <sub>1/2</sub> 86.2 d	l 5/2-	μ(nm) +1.4249(8)	Q(b) +0.20(2) st	[Ref. Std.] [87Rb]	Method ABLS ABLS	NSR Reference 1981Th04 1981Th04	Journal Reference PR C23 2720 (81) PR C23 2720 (81)
37 Rb 84	0	33 d	2-	-1.324116(2) -1.325(2) -1.30(1)	-0.02(4) st +0.005(13)	[87Rb] [87Rb] [85Rb]	AB ABLS OD,OL ABLS OD,OL	1981Th04 1973Ac02 1981Th04 1973Ac02	BAPS 7 476 (62) PR C23 2720 (81) ZP 260 87 (73) PR C23 2720 (81) ZP 260 87 (73)
	465	20.4 m	6-	+0.212933(1)	+0.6(3) st	[87Rb]	ABLS ABLS	1986Du16/1981Th04 1981Th04	JPPa 47 1903 (86)/PR C23 2720 (81) PR C23 2720 (81)
37 Rb 85	0	stable	5/2-	+1.35298(10) +1.3533515(8) +1.353028(3)		[1H]	ABLS N AB/D	1993Du08 1968Eh01	NIMPR A325 465 (93) JPCR 5 835 (76)/ORNL-1775 (54) PR 167 1062 (68)
				+1.35302(2) +1.357(1)	+0.23(4) st	[87Rb]	OP ABLS ABLS	1981Th04 1981Th04	PR 174 23 (68) PR C23 2720 (81) PR C23 2720 (81)
	514	1.02 µs	9/2+	+6.043(5)	+0.274(2) st +0.273(2) st	[87Rb] [85Rb]	OD MB.R OP/RD	1973Fe05 1971St12 1991Ma21	ZP 261 1 (73) PR A3 837 (71) PRL 66 1681 (91)
	314	1.02 μS	9/21	+6.046(10) +6.16(5)		[85Rb]	OP/RD TDPAD, SOPAD	1984Sh24 1974He22	PRL 53 2230 (84) NP A234 81 (70)
	2826	12.5 ns	19/2-	+1.3(4)	-0.7(2)	[85Rb]	OP/RD TDPAD	1991Ma21 1990Ka26	PRL 66 1681 (91) HFI 59 101 (90)
37 Rb 86	0	18.65 d	2-	-1.6920(14) -1.698(2)	+0.19(3) st	[87Rb]	AB/D ABLS ABLS	1961Br16 1981Th04 1981Th04	PR 123 1801 (61) PR C23 2720 (81) PR C23 2720 (81)
	556	1.02 m	(6-)	+1.815(1)	+0.20(3) st +0.37(10) st	[87Rb]	OD,OL ABLS ABLS	1973Ac02 1981Th04 1981Th04	ZP 260 87 (73) PR C23 2720 (81) PR C23 2720 (81)
37 Rb 87	0	4.9 10*10y	3/2-	+2.75131(12) +2.751818(2) +2.751235(3)	+0.132(1) st	[2H]	ABLS N OP OD	1993Du08 1973Fe05	NIMPR A325 465 (93) PL 25A 440 (67)/ZNat 23a 1202 (68) PR 174 23 (68) ZP 261 1 (73)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b) +0.127(1) st +0.13(2) st	[Ref. Std.]	Method OD/R ABLS	NSR Reference 1971St12 1981Th04	Journal Reference PR A3 837 (71) PR C23 2720 (81)
37 Rb 88	0	17.7 m	2-	0.508(5) 0.50761(1) +0.512(3)	-0.01(10) st	[85Rb] [87Rb] [87Rb]	AB AB,R ABLS ABLS	1968Va03 1979Ek02 1981Th04 1981Th04	PR 166 1131 (68) PS 19 516 (79) PR C23 2720 (81) PR C23 2720 (81)
37 Rb 89	0	15.2 m	3/2-	+2.3836(7) +2.378(4) +2.377(5)	+0.14(3) st 0.16(3) st	[87Rb] [85Rb] [87Rb]	ABLS AB CFBLS ABLS CFBLS	1981Th04 1979Ek02 1979Kl03 1981Th04 1979Kl03	PR C23 2720 (81) PS 19 516 (79) PL 82B 47 (79) PR C23 2720 (81) PL 82B 47 (79)
37 Rb 90	107	4.26 m	3-	+1.6160(6) +1.612(5)	+0.20(5) st	[87Rb] [85Rb]	ABLS AB ABLS	1981Th04 1979Ek02 1981Th04	PR C23 2720 (81) PS 19 516 (79) PR C23 2720 (81)
37 Rb 91	0	58 s	3/2(-)	+2.1815(15) +2.177(5) +2.177(3)	+0.15(3) st 0.14(3) st	[87Rb] [87Rb] [85Rb]	ABLS CFBLS AB ABLS CFBLS	1981Th04 1979Kl03 1979Ek02 1981Th04 1979Kl03	PR C23 2720 (81) PL 82B 47 (79) PS 19 516 (79) PR C23 2720 (81) PL 82B 47 (79)
37 Rb 93	0	5.85 s	5/2-	+1.410(2) +1.400(6)	+0.18(4) st 0.27(6) st	[87Rb] [85Rb]	ABLS CFBLS ABLS CFBLS	1981Th04 1979Kl03 1981Th04 1979Kl03	PR C23 2720 (81) PL 82B 47 (79) PR C23 2720 (81) PL 82B 47 (79)
37 Rb 94	0	2.73 s	3(-)	+1.498(2)	+0.16(5) st	[87Rb]	ABLS ABLS	1981Th04 1981Th04	PR C23 2720 (81) PR C23 2720 (81)
37 Rb 95	0	0.38 s	5/2-	+1.334(3)	+0.21(7) st	[87Rb]	ABLS ABLS	1981Th04 1981Th04	PR C23 2720 (81) PR C23 2720 (81)
37 Rb 96	0	0.20 s	2+	+1.466(2)		[87Rb]	ABLS	1981Th04	PR C23 2720 (81)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) +0.25(6) st	[Ref. Std.]	Method ABLS	NSR Reference 1981Th04	Journal Reference PR C23 2720 (81)
37 Rb 97	0	0.17 s	3/2-	+1.841(2)	+0.58(4) st	[87Rb]	ABLS ABLS	1981Th04 1981Th04	PR C23 2720 (81) PR C23 2720 (81)
38 Sr 77	0	9 s	5/2+	-0.348(4)	+1.40(11) st	[87Sr] [87Sr]	CFBLS CFBLS	1992Li11 1992Li11	PR C46 797 (92) PR C46 797 (92)
38 Sr 79	0	2.25 m	(3/2-)	-0.474(4)	+0.73(6) st	[87Sr]	CFBLS CFBLS	1990Bu12 1990Bu12	PR C41 2883 (90) PR C41 2883 (90)
38 Sr 81	0	22.3 m	1/2-	+0.543(4) +0.542(4)		[87Sr] [87Sr]	CFBLS ABLRFS	1990Bu12 1987An02	PR C41 2883 (90) ZP A326 493 (87)
38 Sr 82	2817 3243 3623 4424	3.0 ps - 0.9 ps	5- 8+ 8+ 10+	+2(2) +5.6(8) +5.6(8) +11(5)		[84Sr 793] [84Sr 793] [84Sr 793] [84Sr 793]	TF TF TF TF	1989Ku11 1989Ku11 1989Ku11 1989Ku11	JP G15 1039 (89) JP G15 1039 (89) JP G15 1039 (89) JP G15 1039 (89)
38 Sr 83	0	32.4 h	7/2+	-0.829(2) -0.8298(3)	+0.78(7) st +0.82(5) st	[87Sr] [87Sr] [87Sr] [87Sr]	CFBLS ABLRFS CFBLS ABLRFS	1990Bu12 1987An02 1990Bu12 1987An02	PR C41 2883 (90) ZP A326 493 (87) PR C41 2883 (90) ZP A326 493 (87)
38 Sr 84	259 793 2769 3332 3488 3680 4448 4534 4636	5.0 s 3.2 ps 9.5 ps 157 ps 4.4 ps 3.3 ps 2.2 ps 1.66 ps 2.5 ps	1/2- 2+ 5- 8+ 7- 8+ 10+ 10+ 9-	+0.581(4) +0.84(9) +8.0(10) -1(2) -1.1(6) +4.2(14) +7.2(8) +2.0(10) +8(2) 0(4)		[87Sr]  [84Sr 793] [84Sr 793] [90Se 666] [84Sr 793] [84Sr 793] [84Sr 793] [84Sr 793]	CFBLS  TF TF TFL TF TF TF TF	1990Bu12  1988Ku01 1989Ku11 1989Ku11 1989Ku11 1989Ku11 1989Ku11 1989Ku11	PR C41 2883 (90)  JP G14 65 (88)  JP G15 1039 (89)  JP G15 1039 (89)  PL 105B 119 (81)  JP G15 1039 (89)  JP G15 1039 (89)
38 Sr 85	0	64.8 d	9/2+	-1.000(2)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)

Nucleus	Ex 239	T <sub>1/2</sub>	l 1/2-	μ(nm) -1.0005(3) +0.600(4)	Q(b) +0.29(3) st	[Ref. Std.] [87Sr] [87Sr] [87Sr]	Method ABLRFS CFBLS CFBLS	NSR Reference 1987An02 1990Bu12 1990Bu12	Journal Reference ZP A326 493 (87) PR C41 2883 (90) PR C41 2883 (90)
				+0.599(2)		[87Sr]	ABLRFS	1987An02	ZP A326 493 (87)
38 Sr 86	1077 2956	1.46 ps 457 ns	2+ 8+	+0.55(10) -1.93(2)			TF TDPAD	1988Ku01 1978Ha52	JP G14 65 (88) HFI 4 196 (78)
38 Sr 87	0	stable	9/2+	-1.0928(7) -1.0936030(13)	+0.34(2) st	[23Na] [2H]	OP N AB	1972Ol01 1974Sa25	ZP 249 205 (72) ZNat 29a 1763 (74) PR A16 1371 (77)
	388	2.80 h	1/2-	+0.624(4) +0.788(9)	+0.34(2) St	[87Sr] [87Sr]	CFBLS ABLRFS	1977He21 1990Bu12 1987An02	PR A10 1371 (77) PR C41 2883 (90) ZP A326 493 (87)
38 Sr 88	1836	0.152 ps	2+	+2.3(3)			TF	1988Ku01	JP G14 65 (88)
38 Sr 89	0	50.5 d	5/2+	-1.147(2) -1.1481(8)	-0.28(3) st -0.32(2) st	[87Sr] [87Sr] [87Sr] [87Sr]	CFBLS ABLRFS CFBLS ABLRFS	1990Bu12 1987An02 1990Bu12 1987An02	PR C41 2883 (90) ZP A326 493 (87) PR C41 2883 (90) ZP A326 493 (87)
38 Sr 91	0	9.5 h	5/2+	-0.885(2)	+0.047(12)	[87Sr] [87Sr]	CFBLS CFBLS	1990Bu12 1990Bu12	PR C41 2883 (90) PR C41 2883 (90)
	94	88.9 ns	3/2+	-0.35(2)	()	[5.5.]	TDPAC	1993Wo07	PR C48 562 (93)
38 Sr 93	0	7.4 m	5/2+	-0.793(2)	+0.26(3)	[87Sr] [87Sr]	CFBLS CFBLS	1990Bu12 1990Bu12	PR C41 2883 (90) PR C41 2883 (90)
38 Sr 95	0	10.3 m	1/2-	-0.537(2)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
38 Sr 97	0	0.40 s	1/2-	-0.498(2)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
38 Sr 98	144	2.8 ns	2+	0.76(14)			IPAC	1989Wo05	PR C40 932 (89)
38 Sr 99	0	0.269 s	3/2+	-0.261(5)		[88,98Sr]	CFBLS	1991Li05	PL B256 141 (91)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b) 0.84(8)	[Ref. Std.] [88,98Sr]	Method CFBLS	NSR Reference 1991Li05	Journal Reference PL B256 141 (91)
39 Y 83	145 595	171 ps 7.8 ps	7/2+ 13/2+	+2.1(6) +8(3)			IMPAD IMPAD	1990Bh03 1990Bh03	HFI 59 109 (90) HFI 59 109 (90)
39 Y 85	20 266	4.9 h 170 ns	9/2+ 5/2-	6.2(5) +1.33(8)		[87Y 381]	NO/S TDPAD	1988Be46	HFI 43 477 (88) BAPS 27 26 (82)
39 Y 86	0 218 243	14.5 h 46 m 28.5 ns	4- 8+ 2-	<0.6 4.8(3) -1.06(6)		[87Y 381] [87Y 381]	NO/S NO/S TDPAC	1988Be46 1988Be46	HFI 43 477 (88) HFI 43 477 (88) Cf 67HI 145 (67)
39 Y 87	381 0	12.7 h	9/2+	6.06(7) 6.1 (+8/-2)			NMR/ON BFNO	1991Hi04 1978Ma02	PRL 66 96 (91) PR C17 287 (78)
39 Y 88	675	14 ms	8+	+4.87(5)			NMR/ON	1980KI01	PR C21 1670 (80)
39 Y 89	0	stable	1/2-	-0.1374154(3) -0.1374208(4)		[2H] [14N]	N N	1977Ha12 1965Ba42/1954Br09	ZP A280 117 (77) PR 137 A1828 (65)/PR 93 172 (54)
	909	16.1 s	9/2+	6.23(7) positive sign			NMR/ON NMR/ON(β)	1991Hi04 1996Oh03	PRL 66 96 (91) PR C54 1129 (96)
39 Y 90	0	64.1 h	2-	-1.630(8)	-0.155(3)	[89Y]	AB AB	1962Pe01 1962Pe01	PR 125 284 (62) PR 125 284 (62)
	203 682	250 ps 3.19 h	3- 7+	-0.85(7) 5.1(5)		[87Y 381]	IPAC NO/S	1974Kl06 1988Be46	NP A224 1 (74) HFI 43 477 (88)
39 Y 91	0 556	58.5 d 49.7m	1/2- 9/2+	0.1641(8) 5.96(4) 5.97(7)		[89Y]	AB NMR/ON NMR/ON	1962Pe21 1991Be18 1991Hi04	PR 128 1740 (62) PR C44 104 (91) PRL 66 96 (91)
40 Zr 86	3 <u>2</u> 98	62 ps	5-/7-/9- 8+	avge g = +0.5(2) -0.2(7) -8(5)			TF IMPAD TF	1995Mo02 1995We03 1995Mo02	PR C51 513 (95) NP A584 133 (95) PR C51 513 (95)
	4326	2.1 ps	2nd 8+/10+ 10+	avge g = +1.1(2) -5(10)			TF TF	1995Mo02 1995Mo02	PR C51 513 (95) PR C51 513 (95)

Nucleus	Ex 5396 5524 6321	T <sub>1/2</sub> 2.6 ps 5.2 ps	l 12+ 12+ 14+	μ(nm) -4(10) +7(2) +26(9)	Q(b)	[Ref. Std.]	Method TF TF TF	NSR Reference 1995Mo02 1995Mo02 1995Mo02	Journal Reference PR C51 513 (95) PR C51 513 (95) PR C51 513 (95)
40 Zr 88	2889	1.32 μs	8+	-1.81(2) -1.60(16)	+0.51(3)	[91Zr]	TDPAD TDPAD TDPAD TFLD	1978Ha52 1978Ki06 1985Ra09 1986Be06	HFI 4 196 (78) NP A302 159 (78) PRL 54 2592 (85) PR C33 1517 (86)
40 Zr 89	0 2995	78.4 h 5.2 ns	9/2+ 21/2+	-1.08(2) -1.07(3) +9.4(4)			NMR/ON(β) NMR/ON TDPAD	1996Oh03 1997Hi06 1988Ba11	PR C54 1129 (96) NP A620 317 (97) ZP A329 429 (88)
40 Zr 90	2319 3589	0.8 s 134 ns	5- 8+	6.25(13) +10.84(6)	-0.51(3)	[91Zr]	NMR/ON TDPAD TDPAD TFLD	1987Ed02 1977Ha49/1978Ha52 1985Ra09 1986Be06	NP A468 348 (87) NP A293 248 (77)/HFI 4 196 (78) PRL 54 2592 (85) PR C33 1517 (86)
40 Zr 91	0	stable	5/2+	-1.30362(2)	-0.206(10)	[2H]	N AB	1957Br26	PR 105 1929 (57) Bk82HFS 83 (82)
	2287 3167	29 ns 3.6 μs	15/2- 21/2+	+5.25(8) +9.82(8)	(-)0.86(5)	[90Zr 3589] [91Zr]	TDPAD TDPAD TDPAD	1976Ba02 1985Ra09	NP A257 135 (76) BAPS 27 7 (82) PRL 54 2592 (85)
40 Zr 92	934	4.85 ps	2+	-0.06(10)			TF	1980Ha31	PR C22 1065 (80)
40 Zr 94	918	7.3 ps	2+	-0.52(12) -0.10(10)		[110Cd 658]	TF IMPAC	1980Ha31 1978Ge19	PR C22 1065 (80) HFI 4 257 (78)
40 Zr 95	0	64.0 d	5/2+	1.13(2)	(+)0.29(5) if Vzz (Zr <u>Zr</u> ) +ve		NMR/ON	1991Be18 1992Be50	PR C44 104 (91) HFI 75 93 (92)
40 Zr 97	1264	102 ns	7/2+	+1.37(14)			TDPAC	1985Be20	PL 156B 159 (85)
40 Zr 99	122	1.07 ns	3/2+	+0.42(6)			IPAC	1995Wo01	PR C51 2381 (95)

Nucleus 40 Zr 100	Ex 213	T <sub>1/2</sub> 0.61 ns	l 2+	μ(nm) 0.52(12) 0.44(10)	Q(b)	[Ref. Std.]	Method IPAC IPAC	NSR Reference 1989Wo05 1980Wo09	Journal Reference PR C40 932 (89) PL 97B 195 (80)
41Nb 87	2412 2491	58 ps 13.8 ps	17/2- 21/2+	+7.0(9) +4.3(14)			IMPAD IMPAD	1995We03 1995We03	NP A584 133 (95) NP A584 133 (95)
41 Nb 89	0 2193	2.0 h 14 ns	9/2+ 21/2+	6.216(5) +3.40(7)			NMR/ON TDPAD	1997Hi06 1994Kr01	NP A620 317 (97) PR C49 705 (94)
41 Nb 90	0 122 1881	14.6 h 66 μs 477 ns	8+ 6+ 11-	4.961(4) +3.72(2) +8.78(3)		[93Nb]	NMR/ON TDPAD TDPAD	1981Ha24 1975Ho16 1978Ha52	NP A365 13 (81) PL 58B 43 (75) HFI 4 196 (78)
41 Nb 91	1985 2037 3467	10 ns 3.4 μs 0.9 ns	13/2- 17/2- 21/2+	+9.14(13) +10.82(14) +10.81(15) +12(2)			TDPAD TDPAD TDPAD IPAD	1977Ha49 1979Pl05 1977Ba34	Cf77Tash 374 (77) NP A293 248 (77) RRou 24 661 (79) APPo B8 147 (77)
41 Nb 92	135 225 2203	10.15 d 4.3 µs 167 ns	2+ 2- 11-	(+)6.137(4) -1.398(14) +9.7(3)		[93Nb]	NMR/ON SOPAD/TDPAD TDPAD	1981Ha24 1974Le05 1977Br12	NP A365 13 (81) NP A221 319 (74) PR C15 2044 (77)
41 Nb 93	0	stable	9/2+	+6.1705(3)	-0.32(2) a -0.37(2)	[45Sc]	N,O Mu-X AB,R	1951Sh33, 1947Me27 1973Po15	PR 82 651 (51), PR 72 451 (47) NP A217 573 (73) Bk82HFS (83)
41 Nb 95	0	35.2 d	9/2+	6.141(5) 6.140(6) 6.143(5) 6.004(12)	Q -ve if Vzz (Nb <u>Zr)</u> +ve	[93Nb] [93Nb] [93Nb]	NMR/ON NMR/ON NMR/ON BFNMR/ON	1986Ed01 1085Oh08 1981Ha24, 1977Ko31 1992Be50	NP A451 46 (86) NP A445 29 (85) NP A365 13 (81), HFI 3 321 (77) JLTP 27 651 (77) HFI 75 93 (92)
41 Nb 96	0	23.4 h	6+	4.976(4) 4.975(4) 5.1(4)		[93Nb] [93Nb] [92Nb 135]	NMR/ON NMR/ON NO/S	1986Ed01 1085Oh08	NP A451 46 (86) NP A445 29 (85) IzF 50 48 (86)

Nucleus 41 Nb 97	Ex 0	T <sub>1/2</sub> 72.1 m	l 9/2+	μ(nm) 6.153(5) 7.3(14)	Q(b)	[Ref. Std.] [95Nb]	Method NMR/ON NO/S	NSR Reference 1991Be18 1976Kr01	Journal Reference PR C44 104 (91) PR C13 831 (76)
42 Mo 88	_	_	6+,8+	avge $g = +0.5(3)$			IMPAD	1995We03	NP A584 133 (95)
42 Mo 89	2584	9.5 ns	21/2+	+8.3(4)		[90Mo 2875]	TDPAD	1995We12	ZP A353 7 (95)
42 Mo 90	2594 2875	16 ps 1.1 μs	5- 8+	+5.5(14) -1.391(14)	0.58(3)	[92Mo 2760]	IMPAD TDPAD TDPAD	1994We09 1978Ha52 1985Ra09	JP G20 L77 (94) HFI 4 196 (78) PRL 54 2592 (85)
	4842 4556	39 ps 526 ps	11- 12+	+4.6(14) +6.0(7)	0.50(5)	[92100 2700]	IMPAD IMPAD	1994We09 1994We09	JP G20 L77 (94) JP G20 L77 (94)
42 Mo 91	2267	47 ns	21/2+	+8.81(8) +8.97(9)		[90Mo 2875]	TDPAD TDPAD	1983Ra08 1977Ha49	PR C27 1532 (83) NP A293 248 (77)
	2279	38 ns	17/2-	+4.51(6)		[90Mo 2875]	TDPAD	1983Ra08	PR C27 1532 (83)
42 Mo 92	2760	190 ns	8+	+11.30(5) +11.35(8)	Q (negative)		TDPAD TDPAD,R TDPAD	1977Ha49 1977Ku22 1991Ha04	NP A293 248 (77) IzF 41 1624 (77) PR C43 2140 (91)
	4486	9.2 ns	11-	+13.9(3) +14.17(13)	0.34	[B(E2)]	TDPAD TDPAD TDPAD,R	1985Ra09 1977Ha49 1977Ku22	PRL 54 2592 (85) NP A293 248 (77) IzF 41 1624 (77)
42 Mo 93	2425	6.85 h	21/2+	(+)9.93(8)		[95Mo]	NMR/ON	1981Ha12	PR C23 2252 (81)
42 Mo 94	871 2956	2.9 ps 98 ns	2+ 8+	+10.46(7) +10.54(12)	-0.13(8) or +0.01(8) 0.47(1)	[92Mo 2760]	CER TDPAD TDPAD TDPAD	1976Pa13 1979LeZL 1975Fa04 1985Ra09	PR C14 835 (76) Cf79Riga 243 (79) ZP A273 157 (75) PRL 54 2592 (85)
42 Mo 95	0	stable	5/2+	-0.9142(1)	-0.022(1)	[97Mo] [97Mo]	N AB	1951Pr02	PR 81 20 (51) Bk82HFS 83 (82)
	204	0.75 ns	3/2+	-0.404(12) -0.378(15)	-0.015(4)		ABLDF IPAC IPAC	1984Al11 1976Jo03	PL 65A 109 (78) ZP A317 107 (84) PS 14 260 (76)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	$\mu(\text{nm})$	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
42 Mo 96	778	3.7 ps	2+		-0.20(8) or +0.04(8)		CER	1976Pa13	PR C14 835 (76)
42 Mo 97	0	stable	5/2+	-0.9335(1)	+0.255(13) +0.17(4) 0.27(10) a	[14N]	N AB, R ABLDF Mu-X	1951Pr02 1980Sc01	PR 81 20 (51) Bk82HFS 83 (82) PL 65A 109 (78) NP A333 333 (80)
42 Mo 98	787	3.5 ps	2+	+0.7(4)	-0.26(9)		IMPAC CER, R	1969He11 1979Pa11	NP A133 310 (69) PR C20 1201 (79)
42 Mo 99	0 98	65.9 h 17 μs	1/2+ 5/2+	0.375(3) -0.775(5)		[95Mo]	AB TDPAD	1978Ra21	PS 18 209 (78) PR C18 2494 (78)
42 Mo 100	536	10.3 ps	2+	+0.7(4)	-0.42(9) or -0.10(9) -0.39(8) or -0.13(8)		IMPAC CER CER	1969He11 1976Pa13 1977Na06	NP A133 310 (69) PR C14 835 (76) JP G3 507 (77)
42 Mo 102	297	0.11 ns	2+	0.84(14)			IPAC	1985Me13	ZP A321 593 (85)
42 Mo 104	192	0.9 ns	2+	0.4(2)			IPAC	1985Me13	ZP A321 593 (85)
42 Mo 107	66	245 ns	_	g = -0.92(3)			TDPAC	1976ChZD	Cf76Carg 471 (76)
43 Tc 92	2002	3.2 ns	11-	+8.9(3)			TDPAD	1996Tu03	PR C54 2904 (96)
43 Tc 93	0 2186	2.75 h 10.1 μs	9/2+	6.32(6) 6.26(10) 6.2(+11,-4) +10.46(5)			NMR/ON NMR/ON NO/S TDPAD	1995Hi06 1981Ha16 1977Be19 1977Ha49	ZP A350 311 (95) NP A 361 355 (81) PR C15 1839 (77) NP A293 248 (77)
43 Tc 94	0	293 m	7+	5.12(5) 5.08(8) 5.0(3)			NMR/ON NMR/ON NO/S	1995Hi06 1981Ha16 1977Be19	ZP A350 311 (95) NP A361 355 (81) PR C15 1839 (77)
43 Tc 95	0	20.0 h	9/2+	5.94(6)			NMR/ON	1995Hi06	ZP A350 311 (95)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) 5.89(10) 5.82(12)	Q(b)	[Ref. Std.]	Method NMR/ON NO/S	NSR Reference 1981Ha16 1977Wi10	Journal Reference NP A361 355 (81) HFI 3 157 (77)
43 Tc 96	0	4.28 d	7+	5.09(5) +5.04(8) 5.4(2)			NMR/ON NMR/ON NMR/ON	1995Hi06 1981Ha16 1975Sa18	ZP A350 311 (95) NP A361 355 (81) HFI 1 183 (75)
	120	26 ns	(2)-	-0.47(2)			TDPAD		Cf77Tshk 37 (77)
43 Tc 99	0	2.1x10*5y	9/2+	+5.6847(4)	-0.129(6)	[2H]	N AB	1952Wa02	PR 85 479 (52) Bk82HFS 83 (82)
	141	0.205 ns	7/2+	+4.48(15) 3.6(9)	. ,	[99Tc]	IPAC ME	1993Al23	ZP A347 1 (93) JP A6 L144 (73)
	181	3.44 ns	5/2+	+4.4(9) 3.48(4) +3.62(5)			IPAC NMR/ON IPAC	1969In07 1995Hi06 1993Al23	PR 188 605 (69) ZP A350 311 (95) ZP A347 1 (93)
				+3.29(6)			TDPAC	1993Al23 1971Wi08	ZP 243 166 (71)
43 Tc 108	>153	100 ns		g = +0.50(4)			TDPAC	1976ChZD	Cf76Carg 471 (76)
44 Ru 93	2082	2.4 μs	21/2+	+8.97(2)	(+)0.04(1)		TDPAD TDPAD	1983Gr33 1991Ha04	HFI 15 65 (83) PR C43 2140 (91)
	2279	35 ns	17/2-	+4.4(2)	(1)0.01(1)		TDPAD	1983Gr33	HFI 15 65 (83)
44 Ru 94	2498	65 ns	6+	+8.12(5) +8.10(7)			TDPAD TDPAD	1977Ha49 1979LeZK	NP A293 248 (77)/HFI 4 195 (78) CF79Riga 243 (79)
	2643	68 μs	8+	+11.10(4)			TDPAD	1977Ha49	NP A293 248 (77)
44 Ru 95	0 2540	1.64 h 10 ns	5/2+ 21/2+	0.861(7) +9.17(7)			NMR/ON TDPAD	1991Hi17 1988Gr34	NP A534 339 (91) PRL 61 1249 (88)
44 Ru 96	833	2.7 ps	2+		-0.13(9) -0.1(2) -0.2(3)		CER CER CERP	1980La01 1977Ma41 1978Fa08	PR C21 588 (80) JP G3 1735 (77) PS 18 47 (78)
44 Ru 97	0	2.88 d	5/2+	(-)0.787(8) 0.73(5)		[101Ru] [101Ru]	NMR/ON NO/S	1985Ed06/1980Le09 1981Lu04	PR C32 1707 (85)/PR C21 2581 (80) ZP A299 353 (81)

Nucleus	Ex 2739	T <sub>1/2</sub> 8.7 ns	I 21/2+	μ(nm) +9.2(8)	Q(b)	[Ref. Std.]	Method TDPAD	NSR Reference 1982Di18	Journal Reference RRou 27 731 (82)
44 Ru 98	653	5.9 ps	2+	+0.8(6)	-0.20(9) or -0.01(9) -0.03(14)	[102Ru 475]	IMPAC CER CER	1974Hu01 1980La01 1977Ma41	PR C9 1954 (74) PR C21 588 (80) JP G3 1735 (77)
44 Ru 99	0	stable	5/2+	-0.641(5) g(99/101)gs=0.8922344(4)	+0.079(4)	[101Ru] [101Ru]	AB/D N AB/R	1977Bu04 1982Br28	ZP A280 217 (77) ZP A309 119 (82) Bk82HFS 83 (82)/ZP A280 217 (77)
	90	20.5 ns	3/2+	-0.284(6) -0.292(3)	` ,	[99Ru]	TDPAC ME	1977Bu04 1965Ma27	PR 139 B532 (65) JDal 1253 (73)
44 Du 100	E40	12 no	21	14 02/42)	+0.231(12)	[99Ru]	ME	1976Ki02/1974Gi12	PR C13 1132 (76)/CPL 29 379 (74)
44 Ru 100	540	12 ps	2+	+1.02(13)	-0.43(7) or -0.20(7) -0.54(7) or -0.33(7)		IPAC CER CER	1980La01	PL 23 367 (66) PR C21 588 (80) Cf80Berk 102 (80)
					-0.40(12) -0.13(7)	[102Ru 475]	CERP CER	1978Fa08 1977Ma41	PS 18 47 (78) JP G3 1735 (77)
44 Ru 101	0	stable	5/2+	-0.719(6) -0.716(6)		[99Ru]	AB/D N	1977Bu04	ZP A280 217 (77) JPJa 36 634 (74)
	127	0.65 ns	3/2+	-0.210(5) -0.236(12)	+0.46(2)	[99Ru 90]	AB/R TDPAC IPAC	1977Bu04 1986Sc15 1984Al11	Bk82HFS 83 (82)/ZP A280 217 (77) PR C33 2176 (86) ZP A317 107 (84)
44 Ru 102	475	18 ps	2+	+0.74(6)	-0.57(7) or -0.35(7) -0.68(8)		IPAC CER CER	1972Jo06 1980La01 1979Bo28	NP A188 600 (72) PR C21 588 (80) ZP A292 265 (79)
44 Ru 103	0	39.4 d	3/2+	0.206(3) 0.200(7) 0.19(2) (-)0.23(6)	(+)0.62(2)	[101Ru] [101Ru] [99Ru 90]	NMR/ON NMR/ON NO/S NO/S NO/S	1990Hi02 1983Kr01 1981Mu18 1981Lu04 1986Gr26/1983Ko49	NP A509 541 (90) PR C27 411 (83) HFI 11 127 (81) ZP A299 353 (81) HFI 30 355 (86)/HFI 14 99 (83)
44 Ru 104	358	58 ps	2+	+0.82(10)			IMPAC, R	1974Hu01	PR C9 1954 (74)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) -0.70(8) or -0.35(8) -0.8(2) -0.66(5)	[Ref. Std.] [102Ru 475]	Method CER CERP CER	NSR Reference 1980La01 1978Fa08 1977Ma41	Journal Reference PR C21 588 (80) PS 18 47 (78) JP G3 1735 (77)
44 Ru 105	0	4.44h	3/2+	(-)0.32(+8/-20)		[101Ru]	NO/S	1981Lu04	ZP A299 353 (81)
44 Ru 109	>95	780 ns		g = -0.22(1)			TDPAD	1976ChZD	Cf76Carg 471 (76)
45 Rh 95	2236	19 ns	17/2-	+10.9(3)			TDPAD	1983Gr33	HFI 15 65 (83)
45 Rh 99	65	4.7 h	9/2+	5.62(6) 5.668(12) 5.666(14)		[100Rh 75] [100Rh 75]	NMR/ON, R NMR/ON NMR/ON	1985Ed06 1986Ni02	PR B51 11484 (95) PR C32 1707 (85) NP A451 233 (86)
45 Rh 100	75 112+x	215 ns 140 ns	2+ 7+	+4.324(8) +4.69(14) +4.8(4)			TDPAC TDPAD TDPAD	1990Bi03	NIM 45 309 (66) ZP A335 365 (90) BAPS 31 1210 (86)
45 Rh 101	157	4.34 d	9/2+	5.43(6) +5.475(12) 5.472(14)			NMR/ON, R NMR/ON NMR/ON	1985Ed06/1973Ka28 1986Ni02	PR B51 11484 (95) PR C32 1707 (85)/PR C8 1074 (73) NP A451 233 (86)
45 Rh 102	0 141	206 d 2.9 y	2- 6+	0.5(4) 4.01(4) 4.040(9) 4.044(12)			NO/S NMR/ON, R NMR/ON NMR/ON	1975Sc09 1989Hi12 1986Ni02	NP A243 309 (75) PR B51 11484 (95) NP A504 467 (89) NP A451 233 (86)
45 Rh 103	0 40 93 295	stable 56.1 m 1.06 ns 6.7 ps	1/2- 7/2+ 9/2+ 3/2-	-0.8840(2) 4.50(5) 4.540(11) +4.9(8) +0.81(8) +0.69(12)		[2H] [100Rh 75]	N NMR/ON, R NMR/ON IPAC TF TF	1955So10 1985Ed06/1977Ke10 1973Ba52 1989La14 1988Be45	PR 98 1316 (55) PR B51 11484 (95) PR C32 1707 (85)/ZP A281 341 (77) PS 8 90 (73) NP A496 589 (89) HFI 43 457 (88)
	357	73 ps	5/2-	+1.08(8) +0.9(2)	-0.3(2)		CERP TF TF	1976Ge19 1989La14 1988Be45	ZP A279 183 (76) NP A496 589 (89) HFI 43 457 (88)

Nucleus	Ex 848	T <sub>1/2</sub>	l 7/2-	μ(nm) +1.09(5) +2.0(6)	Q(b) -0.4(2)	[Ref. Std.]	Method CEAD CERP TF	NSR Reference 1972Sz03 1976Ge19 1989La14	Journal Reference NP A196 58 (72) ZP A279 183 (76) NP A496 589 (89)
	920	5.6 ps	9/2-	+2.8(5)			TF	1989La14	NP A496 589 (89)
45 Rh 104	215.5 + x	47 ns	6-	+2.00(6)			TDPAD	1990Bi03	ZP A335 365 (90)
45 Rh 105	0	35.4 h	7/2+	4.41(5) 4.452(10) 4.36(12)		[100Rh 75] [100Rh 75]	NMR/ON,R NMR/ON NO/S	1985Ed06/1981Ha19 1977Wi10	PR B51 11484 (95) PR C32 1707 (85)/PR C23 2683 (81) HFI 3 157 (77)
45 Rh 106	0	29.8 s	1+	2.575(7) 3.09(9) sign positive		[100Rh 75]	NMR/ON NO/S NO/βS	1990Oh01 1977Wi10 1992Ma54	PR C41 243 (90) HFI 3 157 (77) HFI 75 415 (92)
46 Pd 96	2532 7039	2.22 μs 35 ns	8+ (15+)	+10.97(6) (+)12.5(6)		[96Pd 2532]	TDPAD TDPAD	1983Gr01 1989Al05	PL 120B 63 (83) ZP A332 129 (89)
46 Pd 101	0	8.5 h	5/2+	(-)0.66(2)		[105Pd]	NMR/ON	1986Ni02	NP A451 233 (86)
46 Pd 102	556	11.3 ps	2+	+0.82(8) +0.78(10)	-0.20(15)	[106Pd 512] [106Pd 512]	TF TF CERP CER	1980Br01	PR C21 574 (80) BAPS 30 1264 (85) NIM 146 329 (77)
					-0.2(2)			1977La16	NP A292 301 (77)
46 Pd 103	785	25 ns	11/2-	-1.05(6)			TDPAD	1981KaZE	ZfK-455 27 (81)
46 Pd 104	556	9.7 ps	2+	+0.92(8) +0.76(8) 0.80(10)	-0.46(11)	[106Pd 512] [106Pd 512] [106Pd 512]	TF TF RIGV CERP	1980Br01	PR C21 574 (80) BAPS 30 1264 (85) DisA 40 803B (79) NIM 146 229 (77)
46 Pd 105	0	stable	5/2+	-0.642(3)	0.660(11) a +0.65(3)		N Mu-X AB, R	1964Se13 1978Vu01	PR 136 A1119 (64) NP A294 273 (78) Bk82HFS 83 (82)
	280	67 ps	3/2+	-0.074(13)	2.33(3)	[105Pd 645]	IPAC	1981AI19	ZP A302 223 (81)

Nucleus	Ex 319 645	T <sub>1/2</sub> 38 ps 126 ps	l 5/2+ 7/2-	μ(nm) +1.0(2) -1.49(9)	Q(b)	[Ref. Std.] [105Pd 645]	Method IPAC IPAC	NSR Reference 1981Al19 1981Al19	Journal Reference ZP A302 223 (81) ZP A302 223 (81)
46 Pd 108	434	23 ps	2+	+0.72(6) +0.76(6) +0.64(6) 0.84(10)	-0.58(4) -0.48(5) -0.51(6) or -0.30(6) -0.7(2) -0.7(3)	[106Pd 512] [106Pd 512] [106Pd 512] [110Pd 374]	TF IMPAC, R TF RIGV ES CER CER CER CERP ES, R	1980Br01 1974Hu01 1978Ar07 1977Ma41 1972Lu08 1976Ha21 1981Ko06	PR C21 574 (80) PR C9 1954 (74) BAPS 30 1264 (85) DisA 40 803B (79) JP G4 961 (78) JP G3 1735 (77) PR C6 1385 (72) NP A264 341 (76) JP G7 L63 (81)
46 Pd 110	374	46 ps	2+	+0.62(6) +0.62(6) +0.70(6) 0.74(6)	-0.47(3) -0.55(8) or -0.35(8)	[106Pd 512] [106Pd 512] [106Pd 512]	TF IMPAC, R TF RIGV ES CER, R	1980Br01 1974Hu01 1976Li19 1972Lu08	PR C21 574 (80) PR C9 1954 (74) BAPS 30 1264 (85) DisA 40 803B (79) PR C14 952 (76) PR C6 1385 (72)
47 Ag 101	0	11.4 m	9/2+	5.7(4)		[110Ag 118]	NO/S	1983Va09	NP A396 115c (83)
47 Ag 102 47 Ag 103	0 9 181 0	13 m 7.7 m 3.5 ns	5+ 2+ 7+ 7/2+	4.6(7) 4.1(3) 4.6(3) +4.47(5)		[110Ag 118] [107Ag]	NO/S AB IPAD AB/D	1985Va06/1983Va09 1974Gr10 1989VoZR 1970Wa35	HFI 22 483 (85)/NP A396 115c (83) PR C9 2028(74) Cf89Tshkt 71 (89) PS 1 238 (70)
47 Ag 104	0 7 212	69 m 33 m 1.4 ns	5+ 2+ 7+	3.917(8) +3.7(2) 4.1(3) 4.8(3)		[110Ag 118] [107Ag] [110Ag 118]	NMR/ON AB NO/S IPAD	1986Va27 1961Am02 1989VoZR	PRL 57 2641 (86) PR 123 1793 (61) ARLe 12 (85) Cf89Tshkt 71 (89)
47 Ag 105	0 25 1734	41.3 d 7.2 m 6.0 ns	1/2- 7/2+ 15/2+	0.1014(10) +4.414(13) +3.73(14)		[107Ag]	AB CFBLS TDPAD	1963Ew02 1980Le05	PR 129 1617 (63) Bk88 NFFS 209 (88) IzF 44 202 (80)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) +3.8(2) +4.4(5)	Q(b)	[Ref. Std.]	Method TDPAD TDPAD	NSR Reference 1985Ke09 1979Ka05	Journal Reference NP A444 261 (85) NP A315 334 (79)
47 Ag 106	0 90	24 m 8.5 d	1+ 6+	+2.9(2) (+)3.709(4) (+)3.82(8)	+1.11(11) st	[107Ag] [110Ag 118] [110Ag 118] [110Ag 118]	AB NMR/ON NO/S NO/S	1974Gr10 1984Ed02 1984Be53 1984Be53	PR C9 2028(74) PR C30 676 (84) PR C30 2026 (84) PR C30 2026 (84)
47 Ag 107	0	stable	1/2-	-0.11357(2)		[2H]	AB/D N	1973Bu24	ZNat 28a 1753 (73) ZNat 29a 1763 (74)
	93	44.3 s	7/2+	-0.11367965(15) (+)4.398(5)	0.98(11) st	[20] [109Ag 88] [110Ag 118]	NMR/ON LMR	1974Sa25 1985Ed01 1986Be01	PR C31 190 (85) PR C33 390 (86)
	325	5.0 ps	3/2-	+0.9(2) +0.94(14) +1.05(14)	0.90(11) St	[110Ag 116] [108Pd 434] [106Pd 512]	TF TF TF	1986Be01 1986Ba14 1984Wo08	PR C33 1461 (86) NP A427 639 (84) NuoC 84A 106 (84)
	423	40.2 ps	5/2-	+1.0(2) +0.93(15) +1.13(15)		[108Pd 434] [106Pd 512]	TF TF TF	1986Ba14 1984Wo08	PR C33 1461 (86) NP A427 639 (84) NuoC 84A 106 (84)
47 Ag 108	0 110	2.4 m 127 y	1+ 6+	2.6884(7) 3.58(2)	+1.32(7) st	[8Li] [109Ag 88]	β-NMR O O, R	1976Wi03 1975Fi07 1984Be53	NP A261 261 (76) ZP A274 79 (75) PR C30 2026 (84)
	215	46 ns	3+	+3.888(15) q	(.,	[19F 197]	TDPAD	1974Be47	NP A229 72 (74)/JPJa 41 1830 (76)
47 Ag 109	0	stable	1/2-	0.13056(2) -0.1306906(2)		[107Ag] [2H]	N N	1954So05 1974Sa25	PR 93 174 (54) ZNat 29a 1763 (74)
	88	39.8 s	7/2+	+4.400(6)	(+)1.02(12)	{110Ag 118] {110Ag 118]	NMR/ON LMR, R	1985Ed01/1971St09 1986Be01/1984Be53	PR C31 190 (85)/CJP 49 906 (71) PR C33 390 (86)/PR C30 2026 (84)
	311	5.9 ps	3/2-	+0.99(15) +1.2(2) +1.2(2)		[108Pd 434] [106Pd 512]	TF TF TF	1986Ba14 1984Wo08	PR C33 1461 (86) NP A427 639 (84) NuoC 84A 106 (84)
	415	35 ps	5/2-	+0.73(15) +0.90(13) +0.90(15)	-0.7(3) -0.3(3)	[108Pd 434] [106Pd 512]	CER TF TF TF CER	1986Ba14 1984Wo08	PL 41B 585 (72) PR C33 1461 (86) NP A427 639 (84) NuoC 84A 106 (84) PL 41B 585 (72)

Nucleus	Ex	T <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
47 Ag 110	0	24.4 s	1+	2.7271(8)	0.04/40)	[108Ag]	NMR/ON:AB	1976Wi03	NP A261 261 (76)/JP A2 658 (69)
	118	252 d	6+	3.589(4) +3.607(4)	0.24(12) +1.44(10) st		QIR BFNMR/ON AB/D O, R	1992Hu09 1967Sc04 1984Be53	HFI 10 727 (81) HFI 73 247 (92) PR 154 1142 (67) PR C30 2026 (84)
	119	37 ns	3+	+3.77(3)	+1.44(10) \$1	[19F 197]	TDPAD	1974Be47	NP A229 72 (74)/JPJa 41 1830 (76)
47 Ag 111	0	7.45 d	1/2-	-0.146(2)		[109Ag]	AB		PPS 69A 581 (56)
47 Ag 112	0	3.14 h	2(-)	0.0547(5)		[109Ag]	AB		PR 133 B1158 (64)
47 Ag 113	0	5.37 h	1/2-	0.159(2)		[109Ag]	AB		PR 133 B1158 (64)
48 Cd 100	2548	73 ns	8+	9.9(5)			TDPAD	1992AI17	ZP A344 1 (92)
48 Cd 102	2718	56 ns	8+	10.3(2)	0.87(10)		TDPAD TDPAD	1992Al17 1992Al17	ZP A344 1 (92) ZP A344 1 (92)
48 Cd 103	0	7.3 m	5/2+	-0.81(3)	-0.8(7)	[109Cd] [109Cd]	CLS CLS	1987Bu01 1987Bu01	NP A462 305 (87) NP A462 305 (87)
48 Cd 105	0	56 m	5/2+	-0.7393(2)	+0.43(4)	[109Cd] [109Cd]	OD OD	1969La06 1969La06	PR 177 1615 (69) PR 177 1615 (69)
	2517	4.5 μs	21/2+	+9.17(6)	(+)1.17(12)	[109Cd 463]	SOPAD TDPAD	1978Sp09 1978Sp09	HFI 4 229 (78) HFI 4 229 (78)
48 Cd 106	633	7.3 ps	2+	+0.8(2)	0.00(0)	[110Cd 658]	TF	1980Br01	PR C21 574 (80)
	4660	62 ns	12+	+8.9(2)	-0.28(8)		CER TDPAD, R	1976Es02 1986Vo14	NP A274 237 (76) YadF 44 849 (86)
48 Cd 107	0	6.50 h	5/2+	-0.6150554(11)	10.69(7)	[111Cd]	OP,N,OD	1963By02	PL 42A 273 (72)/PR 132 1181 (63)
	846	70 ns	11/2-	-1.041(11)	+0.68(7)	[109Cd] [19F 197]	OD, R TDPAD TDPAD	1969La06 1974Be17	PR 177 1615 (69) NP A222 399 (74)
				-1.032(14)	(-)0.94(10)	[109Cd 463]	TDPAD	1982ZaZU 1978Sp09	Cf82 Kiev 73 (82) HFI 4 229 (78)

Nucleus	Ex	T <sub>1/2</sub>		μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	2679	56 ns	21/2+	+9.10(10)	+1.21(13)	[109Cd 463]	TDPAD TDPAD	1978Sp09	PL 52B 329 (74) HFI 4 229 (78)
48 Cd 108	633	6.8 ps	2+	+0.7(2)	-0.45(8)	[110Cd 658]	TF CER	1980Br01 1976Es02	PR C21 574 (80) NP A274 237 (76)
48 Cd 109	0	453 d	5/2+	-0.8278461(15)	+0.69(7)	[111Cd]	OP,N,OD OD, R	1963By02 1969La06	PL 42A 273 (72)/PR 132 1181 (63) PR 177 1615 (69)
	463	8.9 ms	11/2-	-1.096(2)	-0.92(9)	[111,3,5Cd 11/2-]	SOPAD TDPAD	1978Sp09	Cf70HI 356 (70) HFI 4 229 (78)
48 Cd 110	658	5.0 ps	2+	+0.57(11) +0,56(10) 0.62(14)	-0.40(4) -0.39(6) -0.36(8)	[111Cd 245] [109Pd 512] [114Cd 558]	IPAC, R IPAC RIGV ES CER CER	1980Br01 1978Wa07 1977Ma41 1976Es02	PR C21 574 (80) PR C18 476 (78) DisA 803B (79) JP G3 L169 (77) JP G3 1735 (77) NP A274 237 (76)
48 Cd 111	0 245 342 396 620	stable 84 ns 27 ps 48.6 m 10 ps	1/2+ 5/2+ 3/2+ 11/2- 5/2+	-0.5948861(8) 0.595543(2) -0.766(3) 0.0(12) -1.1051(4) +0.28(12)	+0.77(12) st +0.80(10) +0.83(13) (+)0.74(8) -0.85(9)	[1H] [2H] [117In 660] [115Cd 173] [111Cd 396] [109Cd 463] [110Cd 658] [109Cd] [109Cd] [110Cd 658]	OP, N N TDPAC TDPAC TDPAD TDPAD TDPAD TF OD OD	1950Pr51 1974Ka04 1974Be51 1973Ra02/1976Ra09 1983Er01 1980He02 1978Sp09 1988Be45 1969La06 1969La06	PL 42A 273 (72)/PR 79 35 (50)  ZP 266 233 (74)  ZP 270 203 (74)  PRL 30 10 (73)/PR B13 2835 (76)  PL 93A 357 (83)  ZP A294 13 (80)  HFI 4 229 (78)  HFI 43 457 (88)  PR 177 1615 (69)  PR 177 1615 (69)  HFI 43 457 (88)
48 Cd 112	617	6.2 ps	2+	+0.6(2) 0.72(12)	-0.37(4) -0.39(8) -0.39(11)	[110Cd 658] [106Pd 512] [114Cd 558]	TF RIGV ES CER CER	1980Br01 1977Ma41 1976Es02	PR C21 574 (80) DisA 40 803B (79) JP G3 L169 (77) JP G3 1735 (77) NP A274 237 (76)

Nucleus 48 Cd 113	Ex 0 264 298	T <sub>1/2</sub> 9x10*15 y 14 y 32 ps	I 1/2+ 11/2- 3/2+	μ(nm) -0.6223009(9) -1.087784(2) -0.4(8)	Q(b) -0.71(7)	[Ref. Std.] [111Cd] [111Cd] [109Cd]	Method OP, N OP, N OD, R TF	NSR Reference 1950Pr51 1969La06 1988Be45	Journal Reference PL 42A 273 (72)/PR 79 35 (50) PL 29A 103 (69) PR 177 1615 (69) HFI 43 457 (88)
	584	9 ps	5/2+	+0.15(12)			TF	1988Be45	HFI 43 457 (88)
48 Cd 114	558	9.0 ps	2+	+0.58(14) 0.60(8)	0.35(5)	[110Cd 658] [106Pd 512]	TF RIGV CER	1980Br01	PR C21 574 (80) DisA 40 803B (79)
					-0.35(5)		CER	1972La25 1976Es02	PL 40B 360 (72)/NP A195 119(72)/ NP A274 237 (76)
					-0.348(12) -0.38(4)		ES ES	1981Ko06	JP G7 L63 (81) JP G3 L169 (77)
					-0.34(3)		ES	1976Li19	PR C14 952 (76)
48 Cd 115	0 173	53.4 h 44.8 d	1/2+ 11/2-	-0.6484259(12) -1.0410343(15)	-0.54(5)	[111Cd] [111Cd] [113Cd 264]	OP, N OP, N OL		PL 29A 103 (69) PL 29A 103 (69) PL 46A 211(73)
48 Cd 116	514	15 ps	2+	+0.60(14)	-0.42(4) -0.42(8) -0.64(12) or -0.46(12)	[110Cd 658]	TF ES CER CER	1980Br01 1976Es02 1977Na06	PR C21 574 (80) JP G3 L169 (77) NP A274 237 (76) JP G3 507 (77)
					0.01(12) 01 0.10(12)		OLIK	13771400	01 30 007 (77)
49 ln 104	0	1.7 m	5+	+4.44(2)	+0.66(11) st	[115ln] [115ln]	CFBLS CFBLS	1987Eb02 1987Eb02	NP A464 9 (87) NP A464 9 (87)
49 In 105	0	5.07 m	9/2+	+5.675(5) 4.8(4)	0.00(5)	[115In]	CFBLS NO/S	1987Eb02 1982Ya21	NP A464 9 (87) PRL 49 1390 (82)
					+0.83(5) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 106	0	6.2 m	7+	+4.916(7) 4.921(13) 4.87(15)		[115In]	CFBLS NMR/ON NO/S	1987Eb02 1986Va27 1982Ya21	NP A464 9 (87) PRL 57 2641 (86)/HFI 22 403 (85) PRL 49 1390 (82)
				,	+0.97(6) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 107	0	32.4 min	9/2+	+5.585(8)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)

Nucleus	Ex	T <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method NO/S	NSR Reference	Journal Reference
				5.6(5)	10.91/E) of	[445]		1982Ya21	PRL 49 1390 (82)
					+0.81(5) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 108	0	58 m	7+	+4.561(3)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
				4.557(7)			NMR/ON	1986Va27	PRL 57 2641 (86)
				4.53(10)			NO/S	1982Ya21	PRL 49 1390 (82)
				,	+1.005(7) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	29	40 m	2+	+4.935(5)	( )	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
				( )	+0.467(14)	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
					, ,				, ,
49 In 109	0	4.2 h	9/2+	+5.538(4)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
				+5.538(11)			NMR/ON	1981Da08	ZP A300 339 (81)
					+0.84(3) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
49 ln 110	0*	69.1 m	2+	+4.365(4)		[113ln]	AB	1968CaZX0	Th Casserb (68)
				( )	+0.35(2) st	[115In]	AB, R	1968CaZX0	Th Casserb (68)
	0*	4.9 h	7+	+4.713(8)	( )	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
				4.719(13)			NMR/ON	1981Da08	ZP A300 339 (81)
				4.73(4)			NMR/ON		ARLe 101 (79)
				4.6(4)			NO/S	1977Be19	PR C15 1839 (77)
				, ,	+1.00(2)	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
49 ln 111	0	2.83 d	9/2+	+5.503(7)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
10 111 111	Ū	2.00 4	0,2	5.499(7)		[11011]	BFNMR/ON	1982Nu01	PRL 49 347 (82)
				(+)5.504(10)			NMR/ON	1981Ha45	PR C24 2222 (81)
				+5.48(10)			NO/S	1980Ha26	HFI 8 41 (80)
				0.10(10)	+0.80(2)	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	2717	14.8 ns	21/2+	+5.3(2)	0.00(2)	[]	TDPAD	1980Le05	IzF 44 202 (80)
				+4.9(2)			TDPAD	1981Va15	ZP A301 137 (81)
				(_/					
49 In 112	0*	14.4 m	1+	+2.82(3)		[113In]	AB		Th68 Casserb (68)
					+0.087(5)	[115ln]	AB, R		Th68 Casserb (68)
	157	20.9 m	4+	+5.227(4)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.714(10)	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	351	0.69 μs	7+	+4.73(4)			TDPAD		NP A272 (76)
					1.03(3)	[117ln 660]	TDPAD	1993lo02	HFI 77 111 (93)

Nucleus	Ex	T <sub>1/2</sub>	1	μ(nm)	Q(b) 1.1(1)	[Ref. Std.] [112In]	Method TDPAD	NSR Reference	Journal Reference PC86 Ivanov (86)
	614	2.82 μs	8-	+3.08(3)	1.1(1)	[11211]	TDPAD		NP A272 (76)
	014	2.02 μ3	O	. 0.00(0)	0.095(3)	[117In 660]	TDPAD	1993lo02	HFI 77 111 (93)
					0.086(3) st	[117In 660]	TDPAD	1976lo02	PL 64B 36 (76)
					(- )				( - )
49 In 113	0	stable	9/2+	+5.5289(2)		[115ln]	N	1957Ri42	PR 106 953 (57)
					+0.80(4) st	[115In]	AB	1957Ri42	PR 106 953 (57)
	392	99.5 m	1/2-	-0.21074(2)		[115ln]	AB	1960Ch08	PR 118 1578 (60)
49 ln 114	0	71.9 s	1+	2.817(11)			NMR/ON	1982Nu02	PR C26 1701 (82)
	190	49.5 d	5+	+4.653(5)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
				4.658(7)			NMR/ON	1979La20	CERN 81-09 26 (81)/HFI 7 61 (79)
				4.66(3)			BFNO		HFI 10 1195 (81)
				+4.72(10)			NMR/ON	1983De54	HFI 15 31 (83)
					+0.739(12) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.16(6)	[115ln]	NO/S	1978Br37	HFI 4 576 (78)/PR B1 454 (70)
49 ln 115	0	4.4x10*14 y	9/2+	+5.5408 (2)		[1H]	N		PPS 76 301 (60)
					+0.81(5) st		ABLRFS, R	1984Be18	ZP A316 15 (84)
					0.8(2) st		ABLRFS	1982Ji01	ZP A306 7 (82)
					0.83(10) a		Pi-X	1981Ba07	NP A355 383 (81)
					0.58(9) a		Ka-X	1981Ba07	NP A355 383 (81)
	336	4.49 h	1/2-	-0.24398(5)		[115ln]	AB	1962Ca14	CJP 40 931 (62)
	829	5.78 ns	3/2+	+0.74(13)			IPAC	1974Ba24	NP A222 168 (74)
					-0.60(2) st		TDPAC	1975Ra30/1973Ha61	PR C12 2022 (75)/JCP 58 3339 (73)
									ZP B34 177 (76)
49 In 116	0	14.1 s	1+	2.7876(6)			NMR/ON	1972La22/1971Wi12	ZP 252 242 (72)/ZP 244 289 (71)
					0.11(1) st	[115ln]	QIR	1982Gr17	NP A386 56 (82)
					0.09(2)		NMR/ON	1971Wi12	ZP 244 289 (71)
	127	54.2 m	5+	+4.435(15)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.802(12) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	290	2.18 s	8-	+3.215(11)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.310(9) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 117	0	42 m	9/2+	+5.519(4)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b) +0.829(10) st	[Ref. Std.] [115In]	Method CFBLS	NSR Reference 1987Eb02	Journal Reference NP A464 9 (87)
	315	1.93 h	1/2-	-0.25174(3)	10.029(10) 31	[115ln] [115ln]	AB	1962Ca14	CJP 40 931 (62)
	589	< 10 ps	3/2-	> 0.84		[110III]	IPAC, R	1986Bo36/1985Al05	ZP A325 475 (86)/ZP A320 425 (85)
	660	53.6 ns	3/2+	+0.938(10)			TDPAC	1900B030/1903A103	Pram 7 190 (76)
	000	33.0 113	5/21	+0.910(10)			TDPAC	1983De54	HFI 15 31 (83)
				10.310(10)	(-)0.59(1) st	[115ln]	TDPAC	1972Ra27/1973Ha61	PRL 28 54 (72)/JCP 58 3339 (73)
					(-)0.00(1) 31	[110m]	IDI AO	19721(027/1973) 1001	1 112 20 04 (12)/001 00 0000 (10)
49 ln 118	~60	4.45 m	5+	+4.231(9)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
				( )	+0.796(8) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	~200	8.5 s	8-	+3.321(11)	( )	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
				,	+0.441(7) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					( ) ==				,
49 In 119	0	2.4 m	9/2+	+5.515(10)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
				,	+0.854(7) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	315	18 m	1/2-	-0.319(5)	,	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	654	130 ns	3/2+	+0.53(3)			TDPAD		ARHMI 75 (79)
				,	0.60(2)	[115ln]	TDPAD		ARHMI 75 (79)
					` '				` ,
49 In 120	(0)	44.4 s	5+	+4.295(5)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.81(2) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	(0)	47.3 s	8-	+3.692(4)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.530(10) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
49 ln 121	0	23.1 s	9/2+	+5.502(5)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.814(11) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	314	3.8 m	1/2-	-0.355(4)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	_		_						
49 In 122	0+x	9.2 s	5+	+4.318(5)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.81(2) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	~220	10.5s	8-	+3.781(6)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.59(2) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
40 l= 400	0	6 60 6	0/2:	IE 404/7)		[445]	CEDI C	100751 00	ND 464 0 (07)
49 ln 123	0	6.68 s	9/2+	+5.491(7)	10 7E7/0\ at	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	227	45 O c	1/2	0.400(4)	+0.757(9) st	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
	327	45.9 s	1/2-	-0.400(4)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)

Nucleus 49 In 124	Ex 0	T <sub>1/2</sub> 3.09 s	1 3+	μ(nm) +4.043(11)	Q(b)	[Ref. Std.] [115In]	Method CFBLS	NSR Reference 1987Eb02	Journal Reference NP A464 9 (87)
	190	3.7 s	8-	+3.888(9)	+0.61(7) st +0.664(9) st	[115ln] [115ln] [115ln]	CFBLS CFBLS CFBLS	1987Eb02 1987Eb02 1987Eb02	NP A464 9 (87) NP A464 9 (87) NP A464 9 (87)
49 ln 125	0	2.50 s	9/2+	+5.502(9)	+0.71(4) st	[115ln] [115ln]	CFBLS CFBLS	1987Eb02 1987Eb02	NP A464 9 (87) NP A464 9 (87)
	360	12.2 s	1/2-	-0.433(4)	, , , , ,	[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 126	(0)	1.60 s	3+	+4.034(11)	+0.49(5) st	[115ln] [115ln]	CFBLS CFBLS	1987Eb02 1987Eb02	NP A464 9 (87) NP A464 9 (87)
	(0)	1.64 s	8-	+4.061(4)		[115ln]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 127	0	1.22 s	9/2+	+5.522(8)	+0.59(3) st	[115ln] [115ln]	CFBLS CFBLS	1987Eb02 1987Eb02	NP A464 9 (87) NP A464 9 (87)
50 Sn 108	2365 3561	7.3 ns 71 ps	6+ 8+	-0.24(12) >0.8			TFL TFL	1983На37 1983На37	NP A410 317 (83) NP A410 317 (83)
50 Sn 109	0	18.0 m	5/2+	-1.079(6)	+0.31(10)	[119Sn]	CFBLS CFBLS	1987Eb01 1987Eb01	ZP A326 121 (87) ZP A326 121 (87)
50 Sn 110	2480	5.6 ns	6+	+0.07(3)	0.34(4)		TDPAD TDPAD		BRASP 53 (11) 133 (89) BRASP 53 (11) 133 (89)
	3767	1.15 ns	8-	-2.4(12)	0.54(4)		TDPAD		BRASP 53 (11) 133 (89)
50 Sn 111	0	35 m	7/2+	+0.608(4) +0.617(8)	+0.18(9)	[119Sn] [115,7,9Sn]	CFBLS ABFLS CFBLS	1987Eb01 1986An24 1987Eb01	ZP A326 121 (87) PR C34 1052 (86) ZP A326 121 (87)
	979	9.2 ns	11/2-	-1.26(11)	. 0. 10(3)		TDPAD	1907 250 1	PR C10 1414 (74)
50 Sn 112	1257	0.35 ps	2+	+0.7(3)	-0.03(11)		TF CER	1980Ha19 1975Gr30	PR C22 97 (80) PR C12 1462 (75)
	2550	13.7 ns	6+	+0.53(3) +0.61(5) +0.2(2)	, ,		TDPAD	1983Le18 1981Go17 1981Va15	YadF 37 1342 (83) IzF 45 2116 (81) ZP A301 137 (81)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 0.25(2) 0.29(7)	[Ref. Std.] [118Sn 739]	Method TDPAD TDPAD	NSR Reference 1975Vi03	Journal Reference NP A243 29 (75) ChJNP 6 188 (84)
50 Sn 113	0 739	115 d 82 ns	1/2+ 11/2-	-0.8791(6) -1.30(2) -1.29(2)	0.41(4) 0.48(5)	[115,7,9Sn] [116Sn 3548] [118Sn 3108]	ABFLS TDPAD TDPAD TDPAD TDPAD	1986An24 1981Go17 1974Di18 1975Di02 1976Be59	PR C34 1052 (86) IzF 45 2116 (81) ZP 271 103 (74)/PR C10 1414 (74) PL 55B 293 (75) HFI 2 326 (76)
50 Sn 114	1300 3088	0.28 ps 765 ns	2+ 7-	>0 -0.567(4)	0.32(3) 0.36(4)	[116Sn 3548] [118Sn 3108]	TF TDPAD TDPAD TDPAD	1980Ha19 1975Di02 1976Be59	PR C22 97 (80) Cf73Mun 1 256 (73) PL 55B 293 (75) HFI 2 326 (76)
50 Sn 115	0 613 714	stable 3.26 ps 159 μs	1/2+ 7/2+ 11/2-	-0.91883(7) +0.683(10) -1.378(11) -1.369(4)	0.26(3)	[23Na] [118Sn 3108]	N TDPAD TDPAD TDPAD NMR/PAC	1950Pr51 1975Iv02 1976Be59 1975Iv02	PR 79 35 (50) RRou 20 141 (75) HFI 2 326 (76) RRou 20 141 (75) PL 34B (71)
50 Sn 116	1294	0.36 ps	2+	-0.3(2)	0.38(6) -0.17(4) +0.08(8)		QIR TF ES CER	1975Ri03 1980Ha19 1976Li19 1975Gr30/1970Kl06	PS 11 228 (75)  PR C22 97 (80)  PR C14 952 (76)  PR C12 1462 (75)/NP A154 499 (70)
	2366 3548	370 ns 904 ns	5- 10+	-0.376(3) -2.326(15)	0.26(3) 0.28(3) 0.50(5)	[116Sn 3548] [118Sn 3108]	TDPAD TDPAD TDPAD TDPAD Est from B(E2)	1975Di02 1976Be59 1975Di02	Cf73Mun 1 256 (73) PL 55B 293 (75) HFI 2 326 (76) Cf73Mun 1 256 (73) PL 55B 293 (75)
50 Sn 117	0 159 315	stable 279 ps 13.6 d	1/2+ 3/2+ 11/2-	-1.00104(7) +0.66(5) -1.3955(10)	-0.42(5)	[23Na] [115,7,9Sn]	N IPAC ABLRFS ABLRFS	1950Pr51 1086Bo31 1986An24 1986An24	PR 79 35 (50) ZP A325 281 (86) PR C34 1052 (86) PR C34 1052 (86)
50 Sn 118	1230	0.46 ps	2+	+0.04(20)			TF	1980Ha19	PR C22 97 (80)

Nucleus	Ex	T <sub>1/2</sub>	1	$\mu(\text{nm})$	Q(b) -0.05(14)	[Ref. Std.]	Method CER	NSR Reference 1975Gr30	Journal Reference PR C12 1462 (75)
	2321	21.7 ns	5-	-0.30(3) -0.34(4)	-0.05(14)		TDPAC IPAC	1975G130	Bk64 PAC 186 (64) ZP 168 370 (62)
	2575	217 ns	7-	-0.689(4)	0.16(3)	[116Sn 3548]	TDPAD TDPAD	1975Di02	PL 55B 293 (75) Cf73Mun 1 256 (73)
	3106	2.65 μs	10+	-2.447(7)	0.32(3)	[118Sn 3108]	TDPAD TDPAD	1976Be59	HFI 2 326 (76) Cf73Mun 1 256 (73)
					0.41(4)		Est from B(E2)	1976Be59	HFI 2 326 (76)
50 Sn 119	0 24	stable 17.8 ns	1/2+ 3/2+	-1.04728(7) +0.633(3) +0.682(3)		[23Na] [119Sn]	N ME ME	1950Pr51 1973Cr01	PR 79 35 (50) ZP 258 56 (73) PA 81 3771 (78)
				` ,	0.094(11) -0.065(5)	[116Sn 3548]	TDPAD ME, R	1975Di02 1972Mi02	PL 55B 293 (75) PR B5 1704(72)/PR 159 239 (67)
	90	293.1 d	11/2-	-1.40(8)	-0.061(3) 0.21(2)	[119Sn 24]	ME, R ME ME/R	1987Gr28 1975Di02	JP B20 5595 (87) PL 40A 297 (72) PL 55B 293 (75)
50 Sn 120	1171	0.64 ps	2+	-0.28(14)	+0.022(10)		CER TF	1992Vo09 1980Ha19	NP A549 281 (92) PR C22 97 (80)
	2285	5.53 ns	5-	-0.28(3)	-0.05(10)		CER TDPAC	1975Gr30	PR C12 1462 (75) Bk64 PAC 186 (64)
				-0.37(5)	0.033(4)	[119Sn 24]	IPAC TDPAD	1975Di02	ZP 168 370 (62) PL 55B 293 (75)
50 Sn 121	0	27.1 h	3/2+	+0.6978(10)	-0.02(2)	[115,7,9Sn]	ABLRFS ABLRFS	1986An24 1986An24	PR C34 1052 (86) PR C34 1052 (86)
	6.3	55 y	11/2-	-1.3877(9)	-0.14(3)	[119Sn]	ABLRFS ABLRFS	1986An24 1986An24	PR C34 1052 (86) PR C34 1052 (86)
50 Sn 122	1140	0.76 ps	2+	-0.1(2)	-0.28 <q<+0.14< td=""><td></td><td>TF CER</td><td>1980Ha19 1975Gr30</td><td>PR C22 97 (80) PR C12 1462 (75)</td></q<+0.14<>		TF CER	1980Ha19 1975Gr30	PR C22 97 (80) PR C12 1462 (75)
50 Sn 123	0	129 d	11/2-	-1.3700(9)	+0.03(4)	[115,7,9Sn]	ABLRFS ABLRFS	1986An24 1986An24	PR C34 1052 (86) PR C34 1052 (86)

Nucleus 50 Sn 124	Ex 1132	T <sub>1/2</sub> 0.97 ps	l 2+	μ(nm) -0.3(2)	Q(b)	[Ref. Std.]	Method TF	NSR Reference 1980Ha19	Journal Reference PR C22 97 (80)
30 311 124	1102	0.97 ps	21	-0.3(2)	0.0(2)		CER	1975Gr30	PR C12 1462 (75)
50 Sn 125	0	9.62 d	11/2-	-1.348(2)	+0.1(2)	[115,7,9Sn]	ABLRFS ABLRFS	1986An24 1986An24	PR C34 1052 (86) PR C34 1052 (86)
51 Sb 112	796	536 ns	8-	+2.192(8)	0.71(7) st	[121Sb]	TDPAD TDPAD	1982Ma29	Th Berger (87) PR C26 493 (82)
51 Sb 114	0	3.49 m	3+	1.72(8)			NO/S	1993Bo46	HFI 78 133 (93)
	496	219 μs	8-	+2.265(5)	0.66(11) st	[121Sb]	SOPAD/TDPAD QIR, R	1976Ke07/1976Br40 1982Ma29	HFI 2 336 (76)/HFI 2 329 (76) PR C26 493 (82)/Th Dimmling (77)
51 Sb 115	0	31.8 m	5/2+	+3.46(1)		[121Sb]	AB	1968Ja05	PR 175 65 (68)
				a(a)	-0.36(6) st	[121Sb]	AB	1968Ja05	PR 175 65 (68)
	1300	8.4 ns	11/2-	+5.53(8)			TDPAD	1980Le05	IzF 44 202 (80)
				+5.8(6)			TDPAD	1979Fa03	PR C19 720 (79)
				+5.3(6)			TDPAD	1978Ke04	ZP A285 177 (78)
	2796	152 ns	19/2-	+2.54(4)			TDPAD, R	1980Le05	IzF 44 202 (80)
				+2.73(4)			TDPAD	1979Fa03	PR C19 720 (79)
				+2.76(5)			TDPAD	1979Sh03	PR C19 1324 (79)
				+2.68(6)			TDPAD	1979Ko02	ZP A289 287 (79)
					0.52(6) st	[121Sb]	TDPAD	1983Se04	ZP A309 349 (83)
					0.49(14) st	[121Sb]	TDPAD	1982Ma29	PR C26 493 (82)
51 Sb 116	0	16 m	3+	2.715(9)		[121,123Sb]	NMR/ON	1986Gr16	PL 177B 159 (86)
	94	194 ns	1+	+2.47(9)			TDPAD	1993Di06	ZP A347 37 (93)
	383	60.3 m	8+	2.59(22)			NO/S	1993Bo46	HFI 78 133 (93)
	1844	11.9 ns	7+	+4.69(10)			TDPAD	1992lo01	ZP A343 21 (92)
					1.67(39)	[112Sb 796]	TDPAD	1992lo01	ZP A343 21 (92)
51 Sb 117	0	2.80 h	5/2+	+3.43(6)		[121Sb]	AB	1974Ek01	NP A226 219 (74)
					0(2)	[121Sb]	AB, R	1974Ek01	NP A226 219 (74)
	1323	3.8 ns	11/2-	+5.35(9)		_	TDPAD, R	1980Le05	IzF 44 202 (80)
				+5.6(4)			TDPAD	1978Ke04	ZP A285 177 (78)
	3131	340 μs	(25/2)+	+1.500(9)			NMR/ON, TDPAD	1975lv02	DisA 36 780B (75)/RRou 20 141 (75)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 0.75(9) st	[Ref. Std.] [121Sb]	Method QIR, R	NSR Reference 1982Ma29	Journal Reference PR C26 493 (82)/JP G7 713 (77)
	3231	290 ns	23/2-	+5.03(6)	2.5(3) st	[112Sb 796]	TDPAD TDPAD	1987lo01 1988lo01	NP A466 317 (87) PL 200B 259 (88)
51 Sb 118	0 51	3.6 m 20.6 ms	1+ (3)+	2.47(7)		[121Sb] [115Sb 714]	AB TDPAD	1968Ja05	PR 175 65 (68) PL 57B 235 (75)
			. ,	+2.63(5)	0.57(14) st	[121Sb]	QIR, R	1975Pl04 1982Ma29	PR C26 493 (82)/Th Dimmling (77)
	212 270	5.0 h 13.4 ns	8- 3-	2.32(4) -3.76(9)		[122Sb]	NMR/ON TDPAD	1974Ca06 1985Di07	NP A221 1 (74) ZP A320 613 (85)
				, ,	0.25(5) st	[112Sb 796]	TDPAD	1985Di07	ZP A320 613 (85)
	927	22.8 ns	7+	+4.76(13)	1.8(3) st	[112Sb 796]	TDPAD TDPAD	1985Di07 1988lo01	ZP A320 613 (85) PL 200B 259 (88)
	0	38.0 h	5/2+	+3.45(1)		[121Sb]	AB	1968Ja05	PR 175 65 (68)
	2554	128 ns	19/2-	+3.14(6)	-0.37(6) st	[121Sb]	AB TDPAC	1968Ja05 1991lo02	PR 175 65 (68) NP A531 112 (91)
51 Sb 119	0	38.0 h	5/2+	+3.45(1)		[121Sb]	AB	1968Ja05	PR 175 65 (68)
31 00 113					-0.37(6) st	[121Sb]	AB	1968Ja05	PR 175 65 (68)
	2554	128 ns	19/2-	+3.14(6) +3.36(15)			TDPAC TDPAD	19911002	NP A531 112 (91) PC Ivanov (86)
				0.00(10)	2.1(2)	[112Sb 796]	TDPAC	19911002	NP A531 112 (91)
51 Sb 120	*0*	15.9 m	1+	2.3(2)		[121Sb]	AB	1968Ja05	PR 175 65 (68)
	*0* 78	5.76 d 247 ns	8- 3+	2.34(1) +2.584(6)		[122Sb]	NMR/ON TDPAD	1974Ca06 1976lo03	NP A221 1 (74) PL 64B 151 (76)
				( )	0.41(4) st	[121Sb]	TDPAD	1982Ma29	PR C26 493 (82)
51 Sb 121	0	stable	5/2+	+3.3634(3)	-0.36(4) st	[23Na]	N O	1951Pr02 1978Bu24	PR 81 20 (51) ZP A288 247 (78)
	37	3.5 ns	7/2+	+2.518(7)	-0.45(3) st -0.48(5) st	[121Sb] [121Sb]	AB, R ME ME	1976De22 1976La09	APPo A49 541 (76) PR C13 2589 (76) PL 32A 91 (70)
	_		_		-0. <del>1</del> 0(0 <i>)</i> 8i	-			` ,
51 Sb 122	0	2.68 d	2-	_1.90(2)	+0.85(11) st	[121,123Sb] [121Sb]	NO/D AB	1958Pi45 1960Fe08	PR 112 935 (58) PhMg 5 1309 (60)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b) +0.9(2)	[Ref. Std.] [121Sb]	Method NO/S	NSR Reference 1985He16	Journal Reference ZP A322 281 (85)
	61	1.86 μs	3+	+2.983(12)	. ,		SOPAD	1973He10	PR C7 2128 (73)
	137	530 μs	5+	+3.05(10)	+0.41(4) st	[121Sb]	TDPAD TDPAD	1982Ma29	PR C26 493 (82) RRou 22 541 (75)
	137	550 μδ	31	13.03(10)			IDI AD		1(10d 22 541 (15)
51 Sb 123	0	stable	7/2+	+2.5498(2)	0.40/E) of	[2H]	N O	1951Pr02	PR 81 20 (51)
					-0.49(5) st		O	1978Bu24	ZP A288 247 (78)
51 Sb 124	0	60.2 d	3-	1.20(2)		[122Sb]	NMR/ON	1974Ca06	NP A221 1 (74)
	41	3.2 μs	3+	+2.97(3)	+1.9(4) st	[121Sb]	NO/S TDPAD	1985He16 1981Io04	ZP A322 281 (85) HFI 9 75 (81)
	125	3.2 μs 86 ns	6-	+0.384(12)			TDPAD	1981lo04 1981lo04	HFI 9 75 (81)
51 Sb 125	0	27.4	7/2+	12 62(4)		[1225]	NMR/ON	40740-00	ND A224 4 (74)
51 50 125	0	2.7 y	112+	+2.63(4)		[122Sb]	NIVIR/ON	1974Ca06	NP A221 1 (74)
51 Sb 126	0	12.4 d	(8)-	1.28(7)			NO/S	1972Kr15	PR C6 2268 (72)
51 Sb 127	0	3.84 d	7/2+	2.697(6)		[123Sb]	NMR/ON	1996Li01	PR C53 124 (96)
				2.59(12)			NO/S	1972Kr15	PR C6 2268 (72)
51 Sb 128	0	9.1 h	8-	1.3(2)			NO/S	1972Kr15	PR C6 2268 (72)
51 Sb 129	0	4.4 h	7/2+	2.79(2)		[123Sb]	NMR/ON	10061:01	PR C53 124 (96)
31 30 129	U	4.4 11	112+	2.79(2)		[12330]	INIVIR/ON	1996Li01	PR C55 124 (90)
51 Sb 131	0	23 m	7/2+	2.89(1)		[123Sb]	NMR/ON	1997St06	PRL 78 820 (97)
51 Sb 133	0	2.5 m	7/2+	3.00(1)		[123Sb]	NMR/ON	1997St06	PRL 78 820 (97)
52 Te 115	280	7.5 μs	11/2-	-0.954(5)			TDPAD		DisA 37 4025B (77)
				-1.02(4)			TDPAD		PL 42B 54 (72)
52 Te 117	274	19.1 ns	5/2+	-0.787(12)			TDPAD	1981lo07	HFI 9 71 (81)
				-0.77(3)			TDPAD		Cf86Bang A4 (86)
				-0.75(5)			TDPAD	1981Ha11	ZP A299 251 (81)
52 Te 119	0	16.1 h	1/2+	0.25(5)			AB		ArkF 30 111 (65)

Nucleus	Ex 300 320	T <sub>1/2</sub> 4.68 d 2.2 ns	l 11/2- 5/2+	μ(nm) 0.894(6) -0.9(2)	Q(b)	[Ref. Std.] [125Te 36]	Method NMR/ON IPAD	NSR Reference	Journal Reference PR 36 2097 (87) Cf86Bang A4 (86)
52 Te 120	560	9.3 ps	2+	+0.78(14) +0.58(6)			TF TF	1981Sh15	BAPS 30 1264 (85) PR C24 954 (81)
52 Te 121	294 443	154 d 83.5 ns	11/2- 7/2+	0.895(10) +0.738(10) +0.774(11) +0.63(7)		[125Te 36]	NMR/ON TDPAD TDPAD TDPAD	1980lo01 1981Ha11	PR 36 2097 (87) PL 90B 65 (80) Cf86Bang A4 (86) ZP A299 251 (81)
52 Te 122	564	7.52 ps	2+	+0.66(4) +0.68(4) +0.72(4) +0.66(6) +0.56(10)	-0.57(5) -0.50(5)		TF TF IPAC, R TF TF CER CER, R	1981Sh15 1985Gr17 1978Be10 1978Be10	PR C37 2888 (88) BAPS 30 1264 (85) PR C37 2888 (88) PR C24 954 (81) IzF 49 2137 (85) PR C17 628 (78) PR C17 628 (78)
52 Te 123	0 159 247 440 489 506	>1x10*15 y 0.2 ns 119.7 d 27 ps 30.7 ns 18 ps	1/2+ 3/2+ 11/2- 3/2+ 7/2+ 5/2+	-0.7369478(8) 0.72(12) -0.927(8) +0.5(2) +0.51(9) +0.787(14) +0.1(2) +0.10(6)		[125Te] [125Te 36]	N IPAC NMR/ON TF IMPAC TDPAD TF IMPAC	1953We51 1973Si26 1988Be45 1973Ro40 1981lo07/1981lo05 1988Be45 1973Ro40	ZNat 32a 1263 (77)/PR 89 923 (53) ZP A240 396 (70) PR 36 2097 (87)/NP A210 307 (73) HFI 43 457 (88) NP A236 165 (74) HFI 9 71 (81)/RRou 26 239 (81) HFI 43 457 (88) NP A236 165 (74)
52 Te 124	603	6.25 ps	2+	+0.56(6) +0.66(6) +0.62(8) +0.52(6)	-0.45(5)		IPAC, R TF TF TF CER	1981Sh15 1974Ba45/1974La05 1975Kl07	PR C37 2888 (88) BAPS 30 1264 (85) PR C37 2888 (88) PR C24 954 (81) PR C10 1166(74)/NP A221 26 (74) NP A248 342 (75)
52 Te 125	0	stable	1/2+	-0.8885051(4)		[2H]	N		ZNat 32a 1263 (77)

Nucleus	Ex	T <sub>1/2</sub>	1	μ(nm) -0.8884509(10)	Q(b)	[Ref. Std.] [23Na]	Method	NSR Reference 1953We51	Journal Reference ZNat 32a 1263 (77)/PR 89 923 (53)
	36	1.48 ns	3/2+	+0.605(4)		[25Na] [125Te]	ME	195344651	PL 54A 293 (75)
	30	1.40 115	3/2+	+0.000(4)	0.21(2)		ME	40771 -00	` ,
	145	58 d	11/2-	0.095(6)	-0.31(2)	[129I] [125Te 36]	NMR/ON	1977La03	PR B15 2504 (77) PR C21 439 (80)
	145	56 U	11/2-	-0.985(6)	0.06(3)	[12516 36]		1980Ge02	` ,
	224	60E 20	0/0	0.00(2)	-0.06(2)		NO/ME	1987Be36	HFI 35 1023 (87)
	321	695 ps	9/2-	-0.92(3)	0.40(+5.0)	[40FT= 00]	IPAC	1970Cr07	NP A154 369 (70)
	440	40	0.00	: 0.7(0)	0.12(+5,-9)	[125Te 36]	IPAC	1976Va28	HFI 2 321 (76)
	443	19 ps	3/2+	+0.7(2)			TF	1988Be45	HFI 43 457 (88)
	400	4.0	= 10	+0.59(9)			IMPAC	1973Ro40	NP A236 165 (74)
	463	13 ps	5/2+	+0.50(12)			TF	1988Be45	HFI 43 457 (88)
				+0.8(2)			TF	1985Gr17	IzF 49 2137 (85)
	526	<160 ps	7/2-	<0			IPAC	1971Ro17	NP A170 240 (71)
	672	1.3 ps	5/2+	-0.6(7)			TF	1988Be45	HFI 43 457 (88)
52 Te 126	666	4.41 ps	2+	+0.62(8)			TF	1988Du10	PR C37 2881 (88)
				+0.68(6)			TF		BAPS 30 1264 (85)
				+0.38(6)			TF	1981Sh15	PR C24 954 (81)
				, ,	-0.20(9)		CER	1975Ra24	NP A250 333 (75)
	2975	10.6 ns	10+	-1.52(9)	, ,		TDPAD	1983Go02	YadF 37 257 (83)
52 Te 127	0	9.4 h	3/2+	0.635(4)		[125Te 36]	NMR/ON	1979Ge04	PR C20 1171 (79)
	88	109 d	11/2-	-1.041(6)		[125Te 36]	NMR/ON	1980Ge02	PR C21 439 (80)
	341	411 ps	9/2-	-0.96(6)			IPAC	1974So03	NP A224 358 (74)
				-0.98(15)			IPAC	1985De04	PR C31 593 (85)
52 Te 128	743	3.2 ps	2+	+0.50(6)			TF	1988Du10	PR C37 2881 (88)
J2 16 120	743	5.2 ps	۷'	+0.70(8)			TF	19000010	BAPS 30 1264 (85)
				` '			TF	4004Ch4F	PR C24 954 (81)
				+0.62(8)	0.06(5)			1981Sh15	
					-0.06(5)		CER	1978Be10	PR C17 628 (78)
					-0.14(12)		CER, R	1978Be10	PR C17 628 (78)
52 Te 129	0	69.5 m	3/2+	0.702(4)		[125Te 36]	NMR/ON	1979Ge04	PR C20 1171 (79)
					0.055(13)	[125Te 36]	NO/ME	1987Be36	HFI 35 1023 (87)
	106	33.5 d	11/2-	-1.091(7)		[125Te 36]	NMR/ON	1979Ge04	PR C20 1171 (79)
52 Te 130	840	2.3 ps	2+	+0.58(10)			TF	1988Du10	PR C37 2881 (88)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) +0.66(16) +0.58(12)	Q(b) -0.15(10)	[Ref. Std.]	Method TF TF CER	NSR Reference 1985Gr17 1981Sh15 1976Bo12	Journal Reference IzF 49 2137 (85) PR C24 954 (81) NP A261 498 (76)
52 Te 131	0 182	25 m 30 h	3/2+ 11/2-	0.696(9) -1.04(4)		[125Te 36]	NMR/ON NO/S	1979Ge04 1975Lh01	PR C20 1171 (79) PR C12 609 (75)
52 Te 132	1775	145 ns	6+	+4.7(5)			TDPAC	1986Fo02	NP A451 104 (86)
52 Te 134	1691	163 ns	6+	+5.08(15)			FTDPAC	1976Wo03	PRL 36 1072 (76)
52 Te 135	1555	510 ns	19/2-	-3.8(4)			FTDPAC		Cf83Gron NP13 (83)
53 I 117	0	2.22 m	(5/2)+	3.1(2)		[131,132l]	NO/S	1986Gr06	PL 173B 115 (86)
53   118	0 104	13.7 m 8.5 m	2- (7-)	2.0(2) 4.2(2)		[131,132l] [131,132l]	NO/S NO/S	1986Gr06 1986Gr06	PL 173B 115 (86) PL 173B 115 (86)
53   119	0 307	19 m 35 ns	5/2+ 9/2+	(+)2.9(1) +5.40(14) +5.5(4)		[131,132l]	NO/S TDPAD TDPAD	1986Gr06 1982Da17 1982Ga21	PL 173B 115 (86) NP A383 421 (82) PR C26 1101 (82)
53 I 120	0 ~930	1.4 h 53 m	2- (7-)	1.23(3) 4.2(2)		[131,132l] [131,132l]	NO/S NO/S	1986Gr06 1986Gr06	PL 173B 115 (86) PL 173B 115 (86)
53 I 121	0 2353	2.1 h 80 ns	5/2- (21/2+)	2.3(1) +12.6(11)		[131,1321]	NO/S TDPAD	1986Gr06 1982Ha46	PL 173B 115 (86) NP A389 341 (82)
53 I 122	0	3.63 m	1+	0.94(3) +ve sign		[131,1321]	NO/S NO/S	1986Gr06 1988As06	PL 173B 115 (86) HFI 43 489 (88)
53   123	0 2660	13.3 h 29 ns	5/2+ 21/2+	2.818(7) +10.9(9)		[1311]	NMR/ON TDPAD	1979Sc13	NP A323 1 (79) Cf83Gron NP14 (83)
53 I 124	0	4.18 d	2-	1.446(4)		[1311]	NMR/ON NO/S	1992Oh01 1983De55	PR C45 162 (92) HFI 15 69 (83)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
53 I 125	0	60.2 d	5/2+	2.821(5)		[1311]	NMR/ON	1979Sc13	NP A323 1 (79)
	188	0.35 ns	3/2+	+1.06(7)	-0.776(17)	[1271]	MA, R IPAC	1958FI39 1973Ka37	PR 110 536 (58)/PR B61 13588 (00) ZP 265 65 (73)
53 I 126	0 111	13.1 d 56 ns	2- unknown	1.438(4) -2.24(2)			NMR/ON TDPAD	1992Oh01	PR C45 162 (92) PC75 Block (75)
53 I 127	0	stable	5/2+	+2.81327(8)	0.689(15) -0.789 e	[1H]	N, O R	1951Ya03	PR 82 750 (51)/ZP 112 199 (39) PR B61 13588 (00) JPCR 5 835 (76)
	58	1.95 ns	7/2+	+2.54(5)	-0.60(3)	[1271]	ME ME	1972Wo13 1987Gr28	PR C6 228 (72) JP B20 5595 (87)
	203	0.388ns	3/2+	+0.97(7)	-0.62(2)	[1271]	ME, R IPAC, R	1976Le23	PL 13 198 (64)/PR B61 13588 (00) HPAc 49 661 (76)
53 I 128	138	845 ns	4-	-0.72(3)			R	1982AI10	IzF 46 52 (82)
53 I 129	0	1.6x10*7 y	7/2+	+2.6210(3)	-0.482(10)	[2H] [127I]	N Q, MA, R	1951Wa12 1953Li16	PR 82 97 (51) PR 90 609 (53)/PR B61 13588 (00)
	28	16.8 ns	5/2+	+2.805(3)	-0.42(2) -0.598(13)	[129I] [129I]	ME ME ME, R	1981De35 1987Gr28 1972Ro41	PL 106B 457 (79) JP B20 5595 (87) NIM 105 509 (72)/PR B61 13588 (00)
53 I 130	0 203	12.36 h 229 ns	5+ *5*	3.349(7) -0.24(2)			NMR/ON TDPAD	1992Oh01	PR C45 162 (92) PC75 Bloch (75)
53 I 131	0	8.04 d	7/2+	+2.742(1)	-0.35(2)	[127I] [127I]	AB AB, R	1960Li13 1960Li13	PR 119 2022 (60) PR 119 2022 (60)/PR B61 13588 (00)
	150 1797	0.95 ns 5.9 ns	5/2+ (15/2)-	+2.8(5) -1.2(4)	0.65(4)	[129  28]	IPAC IPAC TDPAC, R	1967Ta07 1967Ta07 1973Ha61	NP A102 203 (67) NP A102 203 (67) JCP 58 3339 (73)/PR B61 13588 (00)
53 I 132	0	2.28 h	4+	3.088(7)	0.08(1)	[127I] [127I]	AB AB, R		BAPS 5 504 (60) BAPS 5 504 (60)/PR B61 13588 (00)
	50	0.95 ns	3+	+2.2(3)			IPAC	1969Si06	NP A132 221 (69)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 0.20(7)	[Ref. Std.] [129I]	Method IPAC, R	NSR Reference 1979Oo01	Journal Reference NP A321 180 (79)/PR B61 13588 (00)
	278	1.42 ns	1+	+1.88(11)	(-)0.148(6)	[129I] [129I]	TDPAC TDPAC, R	1979Oo01 1979Oo01	NP A321 180 (79) NP A321 180 (79)/PR B61 13588 (00)
50 1 400	•	00.01	7.0	. 0.050(5)	( ) ( )				
53 I 133	0	20.9 h	7/2+	+2.856(5)	-0.24(1)	[127I] [127I]	AB AB, R	1961Al20 1961Al20	BAPS 5 273 (60)/UCRL 9850 (61) UCRL 9850 (61)/PR B61 13588 (00)
54 Xe 117	0	1.02 m	5/2+	0 5039(45) 4		[120\0]	CFBLS		DC Nougart (00)
54 Xe 117	U	1.02 111	5/2+	-0.5938(15) d	+1.16(4)	[129Xe] [131Xe]	CFBLS		PC Neugart (90) PC Neugart (90)
54 Xe 119	0	58 m	5/2+	-0.6542(15) d		[129Xe]	CFBLS		PC Neugart (90)
0476110	J	00 111	0/2	-0.59(6)		[120/to]	NO/S		Cf86Dubr, 658 (86)
				( )	+1.31(5)	[131Xe]	CFBLS		PC Neugart (90)
54 Xe 121	0	39 m	5/2+	-0.701(3) d		[129Xe]	CFBLS		PC Neugart (90)
				-0.65(3)			NO/S		Cf86Dubr 658 (86)
					+1.33(5)	[131Xe]	CFBLS		PC Neugart (90)
54 Xe 123		2.00 h	1/2+	-0.150(3) d		[129Xe]	CFBLS		PC Neugart (90)
	180+x	5.2 μs	7/2(-)	-0.902(7)			TDPAD	1982Ch25	ZP A308 227 (82)
	004.	47	0.10		1.33(14)	[125Xe 296]	TDPAD	1982Ch25	ZP A308 227 (82)
	201+x	17 ns	9/2-		1.1(5)	[123Xe 180+x]	TDPAD	1982Ch25	ZP A308 227 (82)
54 Xe 124	354	56 ps	2+	+0.46(4)		[132Xe 668]	IMPAC	1975Go18	PR C12 628 (75)
54 Xe 125	0	17.1 h	1/2+	-0.269(3) d		[129Xe]	CFBLS		PC Neugart (90)
	253	57 s	9/2-	-0.7453(8) d		[129Xe]	CFBLS		PC Neugart (90)
					+0.424(15)	[131Xe]	CFBLS		PC Neugart (90)
	296	140 ns	7/2+	+0.93(4)			TDPAD	1983Al21	ZP A314 17 (83)
					1.40(15)		TDPAD	1983Al21	ZP A314 17 (83)
54 Xe 126	389	41.2 ps	2+	+0.74(14)			IPAC	1977Ar19	HFI 5 81 (77)
		•		+0.54(8)		[132Xe 668]	IMPAC	1975Go18	PR C12 628 (75)
54 Xe 127	0	36.4 d	1/2+	-0.5033(11) d		[129Xe]	CFBLS		PC Neugart (90)
	-		_	-0.5039(2)		[129,131Xe]	LRS		Cf82OakR 183 (82)

Nucleus	Ex 297 342	T <sub>1/2</sub> 1.15 m 37 ns	l 9/2- 7/2+	μ(nm) -0.8844(10) d +0.85(3)	Q(b) +0.69(2)	[Ref. Std.] [129Xe] [131Xe]	Method CFBLS CFBLS TDPAD	NSR Reference	Journal Reference PC Neugart (90) PC Neugart (90) ZP A317 215 (84)
	342	37 118	112+	+0.65(3)			IDPAD	1984Lo07	ZP A317 215 (64)
54 Xe 128	443 2787	21.4 ps 83 ns	2+ 8-	+0.82(14) +0.62(6) -0.29(7)		[126Xe 389] [132Xe 668]	IMPAC IMPAC TDPAD	1977Ar19 1975Go18 1984Lo07	HFI 5 81 (77) PR C12 628 (75) ZP A317 215 (84)
	2101	00 113	0-	-0.23(1)			IDIAD	19042007	21 7017 210 (04)
54 Xe 129	0 40	stable 0.98 ns	1/2+ 3/2+	-0.777976(8) +0.58(8)		[2H] [129Xe]	N ME	1968Br12	HPAc 41 367 (68) JPCo 35 C6-301 (74)
	236	8.89 d	11/2-	-0.8906(12) d -0.891223(4)	-0.41(4)	[131Xe] [129Xe] [131Xe 164]	ME CFBLS N/OP, NO/S	1964Pe06 1986Ki16/1974Si07	PR 135 B1102 (64) PC Neugart (90) PR C34 1974 (86)/ZP 267 145 (74)
				0.8911(5)	10.04(0)	[133Xe]	NMR/ON	1987Ed01	ZP A326 255 (87)
					+0.64(2)	[131Xe]	CFBLS		PC Neugart (90)
54 Xe 130	538	10.0 ps	2+	+0.76(14) +0.62(8)		[126Xe 389] [132Xe 668]	IMPAC IMPAC	1977Ar19 1975Go18	HFI 5 81 (77) PR C12 628 (75)
	2972	5.17 ns	10+	-2.05(14) -1.6(2)			TDPAD IPAD	1983Go02 1985Ku15	YadF 37 257 (83) PR C30 820 (84)
54 Xe 131	0	stable	3/2+	+0.6915(2) d +0.691862(4)	0.446(4)	[129Xe] [2H]	CFBLS N	1968Br12	PC Neugart (90) HPAc 41 367 (68)
					-0.116(4) -0.120(12)		AB	1989Bo03 1961Fa05	PL B216 7 (89)/Hennemann (Mainz 88) PR 123 198 (61)
	164	11.8 d	11/2-	-0.994(2) d 0.9940(5) -0.994048(6)	···=•(·=)	[129Xe] [133Xe]	CFBLS NMR/ON N/OP, NO/S	1987Ed01 1986Ki16/1974Si07	PC Neugart (90) ZP A326 255 (87) PR C34 1974 (86)/ZP 267 145 (74)
				-0.334040(0)	+0.73(3)	[131Xe]	CFBLS	19001110/19/14010/	PC Neugart (90)
54 Xe 132	668	4.9 ps	2+	+0.74(10) +0.78(10)		[126Xe 389]	IMPAC IPAC, R	1977Ar19 1975Go18	HFI 5 81 (77) PR C12 628 (75)
	2214	90 ns	7-	-0.06(3)	0.010(5)		TDPAD TDPAD	1986Vo14	YadF 44 849 (86) UkrF 32 1636 (87)
	2753	8.4 ms	10+	(-)1.95(5)	0.010(3)		TDPAD	1976Ha50	ZP A278 303 (76)

Nucleus 54 Xe 133	Ex 0	T <sub>1/2</sub> 5.24 d	l 3/2+	μ(nm) +0.8120/5) d	Q(b)	[Ref. Std.] [129Xe]	Method CFBLS	NSR Reference	Journal Reference
34 AE 133	U	5.24 u	3/2+	+0.8129(5) d			N/OP	400014:40	PC Neugart (90)
				+0.81340(7)		[131Xe 164]		1986Ki16	PR C34 1974 (86)
				0.81(1)		[400 404Va]	NMR/ON		Bk86 LTNO 953 (86)
				+0.8125(3)		[129,131Xe]	LRS	40=011.04	Cf82OakR 183 (82)
				+0.81(1)		[131Xe]	0	1978Hu04	ZP A285 229 (78)
				0.80(10)	0.440/=\		NO/S	1974Si07	ZP 267 145 (74)
					+0.142(5)	[131Xe]	CFBLS		PC Neugart (90)
					+0.145(14)	[131Xe]	LRS		Cf82OakR 183 (82)
					+0.12(4)	[131Xe]	Ο	1978Hu04	ZP A285 229 (78)
	233	2.19 d	11/2-	-1.0825(13) d		[129Xe]	CFBLS		PC Neugart (90)
					+0.77(3)	[131Xe]	CFBLS		PC Neugart (90)
54 Xe 134	847	1.9 ps	2+	1.1(2)		[132Xe 668]	TF	1993So01	NP A552 140 (93)
54 Xe 135	0	9.10 h	3/2+	+0.9032(7) d		[129Xe]	CFBLS		PC Neugart (90)
				0.9031(2)		[131Xe 164]	N/OP		BAPS 32 1563 (87)
				( )	+0.214(7)	[131Xe]	CFBLS		PC Neugart (90)
	527	15.3 m	11/2-	-1.1036(14) d	( )	[129Xe]	CFBLS		PC Neugart (90)
				1.1030(2)		[131Xe 164]	N/OP		BAPS 32 1563 (87)
					+0.62(2)	[131Xe]	CFBLS		PC Neugart (90)
					0.02(2)	[1017.0]			r o rrougan (oo)
54 Xe 136	1313	0.21 ps	2+	2.4(5)		[132Xe 668]	TF	1993So01	NP A552 140 (93)
	1694	1.32 ns	4+	3.2(6)			IPAC	1985Be04	PR C31 570 (85)
54 Xe 137	0	3.82 m	7/2-	-0.968(8)		[129,131Xe]	CFBLS	1989Bo03	PL B216 7 (89)
					-0.48(2)	[131Xe]	CFBLS	1989Bo03	PL B216 7 (89)
54 Xe 139	0	39.7 s	3/2-	-0.304(10)		[129,131Xe]	CFBLS	1989Bo03	PL B216 7 (89)
				,	+0.40(2)	[131Xe]	CFBLS	1989Bo03	PL B216 7 (89)
54 Xe 141	0	1.73 s	5/2+	+0.010(4)		[129,131Xe]	CFBLS	1989Bo03	PL B216 7 (89)
					-0.58(2)	[131Xe]	CFBLS	1989Bo03	PL B216 7 (89)
					. ,				. ,
54 Xe 143	0	0.30 s	5/2-	-0.4599(14)		[129,131Xe]	CFBLS	1989Bo03	PL B216 7 (89)
					+0.93(3)	[131Xe]	CFBLS	1989Bo03	PL B216 7 (89)

Nucleus 55 Cs 118	Ex (0)	T <sub>1/2</sub> 14 s	l 2	μ(nm) +3.876(5)	Q(b)	[Ref. Std.] [133Cs]	Method ABLS	NSR Reference 1987Co19	Journal Reference NP A468 1 (87)
	(0)	17 s	(6-)	5.4(11)	+1.4(2) st		ABLS NO/S	1987Co19 1987Sh12	NP A468 1 (87) PR C36 413 (87)
55 Cs 119	(0)	36 s	9/2+	+5.46(3)	+2.8(1) st	[133Cs]	ABLS ABLS	1987Co19 1987Co19	NP A468 1 (87) NP A468 1 (87)
	(0)	28 s	3/2+	+0.838(5)	+0.9(1) st	[133Cs]	ABLS ABLS	1987Co19 1987Co19	NP A468 1 (87) NP A468 1 (87)
55 Cs 120	0	64 s	2+	+3.87(2)	+1.45(2) st	[133Cs]	ABLS ABLS	1987Co19 1987Co19	NP A468 1 (87) NP A468 1 (87)
				+3.92(5)		[133Cs]	AB	1978Ek03	PL 76B 565 (78)
55 Cs 121	0	2.27 m	3/2+	+0.770(4) 0.79(2)	+0.838(9) st	[133Cs] [133Cs]	ABLS AB ABLS	1987Co19 1977Ek02 1987Co19	NP A468 1 (87) NP A292 144 (77) NP A468 1 (87)
	~36	2.02 m	9/2+	+5.41(3)	+2.69(5) st	[133Cs]	ABLS ABLS	1987Co19 1987Co19	NP A468 1 (87) NP A468 1 (87)
55 Cs 122	(0)	21 s	1+	-0.1333(9) 0.133(2)	0.40(1) of	[133Cs] [133Cs]	ABLS AB ABLS	1987Co19 1977Ek02	NP A468 1 (87) NP A292 144 (77)
	(0)	4.2 m	8-	+5.41(3)	-0.19(1) st +3.29(8) st	[133Cs]	ABLS ABLS	1987Co19 1987Co19 1987Co19	NP A468 1 (87) NP A468 1 (87) NP A468 1 (87)
55 Cs 123	0	5.8 m	1/2+	+1.377(7) +1.39(2)		[133Cs] [133Cs]	ABLS AB	1987Co19 1977Ek02	NP A468 1 (87) NP A292 144 (77)
55 Cs 124	0	30.8 s	1+	+0.673(3) +0.674(7)	-0.74(3) st	[133Cs] [133Cs]	ABLS AB ABLS	1987Co19 1977Ek02 1987Co19	NP A468 1 (87) NP A292 144 (77) NP A468 1 (87)
55 Cs 125	0	45 m	1/2+	+1.409(7)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
55 Cs 126	0	1.64 m	1+	+0.777(4) +0.779(8)		[133Cs] [133Cs]	ABLS AB	1987Co19 1977Ek02	NP A468 1 (87) NP A292 144 (77)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b) -0.68(2) st	[Ref. Std.]	Method ABLS	NSR Reference 1987Co19	Journal Reference NP A468 1 (87)
55 Cs 127	0	6.2 h	1/2+	+1.459(7)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
55 Cs 128	0	3.62 m	1+	+0.974(5) +0.977(10)	-0.570(8) st	[133Cs] [133Cs]	ABLS AB ABLS	1987Co19 1977Ek02 1987Co19	NP A468 1 (87) NP A292 144 (77) NP A468 1 (87)
55 Cs 129	0 575	32.3 h 734 ns	1/2+ 11/2-	+1.491(8) +6.55(10)		[133Cs]	ABLS TDPAD	1987Co19 1978De29	NP A468 1 (87) PR C18 2061 (78)
55 Cs 130	0	29.9 m	1+	+1.460(7) +1.466(15)	-0.059(6) st	[133Cs] [133Cs]	ABLS AB ABLS	1987Co19 1977Ek02 1987Co19	NP A468 1 (87) NP A292 144 (77) NP A468 1 (87)
	0+x	3.7 m	5(-)	+0.629(4) +0.631(10)	+1.45(5) st	[133Cs] [133Cs]	ABLS AB ABLS	1987Co19 1977Ek02 1987Co19	NP A468 1 (87) NP A292 144 (77) NP A468 1 (87)
55 Cs 131	0	9.69 d	5/2+	+3.53(2) +3.543(2)	-0.575(6) st	[133Cs]	ABLS AB/D OL, OD, R	1981Th06 1965Wo05	NP A367 1 (81) PR 140 B1483 (65) ZNat 41a 24 (86)
	134	9.75 ns	5/2+	+1.86(8)	-0.67(4) st		ABLS TDPAC	1981Th06	NP A367 1 (81) JPJS 34 427 (73)
55 Cs 132	0	6.47 d	2(-)	+2.222(7) +2.23(1)	+0.508(7) st +0.49(2) st	[133Cs]	OL ABLS OL ABLS	1975Ac01 1981Th06 1975Ac01 1981Th06	NP A248 157 (75) NP A367 1 (81) NP A248 157 (75) NP A367 1 (81)
55 Cs 133	0	stable	7/2+	+2.582025(3) +2.5829128(15)	-0.00371(14)	[87Rb] [2H]	OP N OL	1973Wh01 1988Ta17/1981Th06	PR A7 1178 (73) ZNat 23a 1202 (68)/PL 25A 440 (67) PR A38 1616 (88)/NP A367 1 (81)
	81	6.31 ns	5/2+	+3.45(2)	-0.009(4) st -0.33(2) st	[133Cs] [133Cs]	ABLS ME ME	1981Th06 1968Ca03	NP A367 1 (81) NP A109 59 (68) PR B15 3318 (77)
	161	190 ps	5/2+	+2.0(2)	( )		IPAC	1979Th02	NP A318 97 (79)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	$\mu(\text{nm})$	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
55 Cs 134	0	2.06 y	4+	+2.9937(9) +2.99(2)	+0.389(3) st +0.38(4) st	[133Cs] [133Cs]	AB/D ABLS OD, R ABLS	1957St11 1981Th06 1975Ac01 1981Th06	PR 105 590 (57) NP A367 1 (81) NP A248 157 (75) NP A367 1 (81)
	11 139	47 ns 2.90 h	5+ 8-	+3.35(7) +1.0978(2) +1.111(6)	+0.98(8) st	[133Cs] [133Cs]	TDPAC AB/D ABLS ABLS	1962Co14 1981Th06 1981Th06	Cf70Delft 549 (70) PR 127 517 (62) NP A367 1 (81) NP A367 1 (81)
55 Cs 135	0	3x10*6 y	7/2+	+2.7324(2) +2.73(1)	+0.050(2) st +0.03(2) st	[133Cs] [133Cs]	AB/D ABLS OL, OD, R ABLS	1957St11 1981Th06 1975Ac01 1981Th06	PR 105 590 (57) NP A367 1 (81) NP A248 157 (75) NP A367 1 (81)
	1633	53 m	19/2-	+2.18(1)	+0.89(7)	[133Cs]	ABLS ABLS	1981Th06 1981Th06	NP A367 1 (81) NP A367 1 (81)
55 Cs 136	0	13.2 d	5+	+3.711(15) +3.71(2)	+0.225(10) st +0.17(6) st	[133Cs]	OL ABLS OL ABLS	1975Ac01 1981Th06 1975Ac01 1981Th06	NP A248 157 (75) NP A367 1 (81) NP A248 157 (75) NP A367 1 (81)
	0+x	19 s	8-	+1.319(7)	+0.74(10)	[133Cs]	ABLS ABLS	1981Th06 1981Th06	NP A367 1 (81) NP A367 1 (81)
55 Cs 137	0	30.17 y	7/2+	+2.8513(7) +2.838(7) +2.84(1)	+0.051(1) st +0.06(2) st +0.03(4) st	[133Cs] [133Cs] [133Cs]	AB/D CFBLS ABLS OL, OD, R CFBLS ABLS	1957St11 1978Sc27 1981Th06 1975Ac01 1978Sc27 1981Th06	PR 105 590 (57) PL 79B 209 (78) NP A367 1 (81) NP A248 157 (75) PL 79B 209 (78) NP A367 1 (81)
55 Cs 138	0	32.2 m	3-	+0.700(4) +0.701(7) +0.701(14)	+0.13(2) st +0.12(2) st	[133Cs] [133Cs] [133Cs]	ABLS AB CFBLS CFBLS ABLS	1981Th06 1979Ek02 1979Bo01 1979Bo01 1981Th06	NP A367 1 (81) PS 19 516 (79) ZP A289 227 (79) ZP A289 227 (79) NP A367 1 (81)

Nucleus	Ex 80	T <sub>1/2</sub> 2.9 m	l 6-	μ(nm) +1.713(9)	Q(b) -0.40(3)	[Ref. Std.] [133Cs]	Method ABLS ABLS	NSR Reference 1981Th06 1981Th06	Journal Reference NP A367 1 (81) NP A367 1 (81)
55 Cs 139	0	9.4 m	7/2+	+2.696(4) +2.70(1) +2.70(3)	-0.075(11) st -0.06(3) st	[133Cs] [133Cs] [133Cs]	CFBLS ABLS AB CFBLS ABLS	1979Bo01 1981Th06 1979Ek02 1979Bo01 1981Th06	ZP A289 227 (79) NP A367 1 (81) PS 19 516 (79) ZP A289 227 (79) NP A367 1 (81)
55 Cs 140	0	65 s	1-	+0.1338953(5) +0.134(1) +0.134(2) +0.134(3)	-0.112(7) st -0.10(2) st	[133Cs] [133Cs] [133Cs] [133Cs]	ABLS ABLS AB CFBLS CFBLS ABLS	1986Du16 1981Th06 1979Ek02 1979Bo01 1979Bo01 1981Th06	JPPa 47 1903 (86) NP A367 1 (81) PS 19 516 (79) ZP A289 227 (79) ZP A289 227 (79) NP A367 1 (81)
55 Cs 141	0	25.1 s	7/2+	+2.438(10) +2.42(3) +2.41(1)	-0.36(4) st -0.45(7) st	[133Cs] [133Cs] [133Cs]	CFBLS ABLS AB CFBLS ABLS	1979Bo01 1981Th06 1979Ek02 1979Bo01 1981Th06	ZP A289 227 (79) NP A367 1 (81) PS 19 516 (79) ZP A289 227 (79) NP A367 1 (81)
55 Cs 143	0	1.78 s	3/2+	+0.870(4)	+0.47(3) st	[133Cs]	ABLS ABLS	1981Th06 1981Th06	NP A367 1 (81) NP A367 1 (81)
55 Cs 144	0	1.00 s	1	-0.546(3)	+0.30(1) st	[133Cs]	ABLS ABLS	1981Th06 1981Th06	NP A367 1 (81) NP A367 1 (81)
55 Cs 145	0	0.59 s	3/2+	+0.784(4)	+0.62(6) st	[133Cs]	ABLS ABLS	1981Th06 1981Th06	NP A367 1 (81) NP A367 1 (81)
55 Cs 146	0	0.34 s	1	-0.515(2)	+0.22(3) st	[133Cs]	ABLS ABLS	1987Co19 1987Co19	NP A468 1 (87) NP A468 1 (87)
56 Ba 121	0	30 s	5/2(+)	+0.660(1)	+1.79(12) st	[135,137Ba] [135,137Ba]	CFBLS CFBLS	1988We14 1988We14	PL 211B 272 (88) PL 211B 272 (88)

Nucleus	Ex	T <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
56 Ba 123	0	2.7 m	5/2+	-0.680(1) -0.69(2)	+1.49(12) st +1.52(13)	[135,137Ba] [135,137Ba] [135,137Ba] [135,137Ba]	CFBLS CFBLS CFBLS CFBLS	1988We14 1983Mu12 1988We14 1983Mu12	PL 211B 272 (88) NP A403 234 (83) PL 211B 272 (88) NP A403 234 (83)
56 Ba 125	0 0 + x	3.5 m	1/2+ 5/2+	+0.177(12) 0.1736(10)		[135,137Ba] [135,137Ba]	CFBLS CFBLS	1983Mu12 1992Da06	NP A403 234 (83) JP G18 L67 (92)
56 Ba 127	0 80	12.7 m 1.9 s	1/2(+) 7/2(-)	+0.0834(10) +0.089(12) -0.7227(5)	+1.62(13)	[135,137Ba] [135,137Ba] [135,137Ba] [135,137Ba]	CFBLS CFBLS CFBLS CFBLS	1992Da06 1983Mu12 1992Da06 1992Da06	JP G18 L67 (92) NP A403 234 (83) JP G18 L67 (92) JP G18 L67 (92)
56 Ba 129	0	2.23 h	1/2+	-0.40(2)	+1.60(13) st	[135,137Ba] [135,137Ba]	ABLRFS, R ABLRFS, R	1983Mu12/1979DbE25 1983Mu12/1979DbE25	NP A403 234 (83)/ZP A291 219 (79) NP A403 234 (83)/ZP A291 219 (79)
56 Ba 130	357	37 ps	2+	+0.70(6)	-1.0(2) or -0.1(2) -0.86(8) -0.3(2)		TF CER CER CERP	1980Br01 1989Bu07	PR C21 574 (80) NP A494 102 (89) ARANU 26 (86) PL 52B 189 (74)
56 Ba 131	0 188	11.8 d 14.6 m	1/2+ 9/2-	0.708113(15) -0.71(2) -0.87(2)	+1.46(13) st	[137Ba] [135,137Ba] [135,137Ba] [135,137Ba]	TIS ABLRFS, R CFBLS CFBLS	1987Kn10 1983Mu12/1979DbE25 1983Mu12 1983Mu12	EPL 4 1361 (87)/JPCo 42 339 (81) NP A403 234 (83)/ZP A291 219 (79) NP A403 234 (83) NP A403 234 (83)
56 Ba 132	465 3115	18 ps 12.3 ns	2+ 10+	+0.68(6) -1.56(11) -1.59(5)			TF IPAD TDPAD	1980Br01 1995Ha26 1996Da02	PR C21 574 (80) PR C52 1796 (95) PR C53 1009 (96)
56 Ba 133	0	10.7 y 4.7 ns	1/2+ 3/2+	0.77167(2) -0.769(3) -0.777(14) +0.51(7)		[137Ba] [135Ba] [135,137Ba] [135Ba]	TIS O CFBLS XS	1987Kn10 1976Ho13 1983Mu12	EPL 4 1361 (87)/JPCo 42 339 (81) PL 62B 390 (76) NP A403 234 (83) ZETF 80 120 (81)

Nucleus	Ex 288	T <sub>1/2</sub>	l 11/2-	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	200	38.9 h	11/2-	-0.91(5)	+0.89(7) st	[135,137Ba] [135,137Ba]	ABLRFS, R ABLRFS, R	1983Mu12/1979DbE25 1983Mu12/1979DbE25	NP A403 234 (83)/ZP A291 219 (79) NP A403 234 (83)/ZP A291 219 (79)
56 Ba 134	605	5.1 ps	2+	+0.86(10) +0.82(12)	-0.32(6) or +0.09(6) OR -0.20(6) or +0.21(6)		TF IMPAC CER	1980Br01 1980Eb01 1989Bu07	PR C21 574 (80) HFI 7 387 (80) NP A494 102 (89)
	2957	2.6 μs	10+	-2.0(1)	-0.34(16) or -0.13(16)		CER TDPAD	1977Kl05	NP A283 526 (77) BAPS 27 27 (82)/Th Bell (85)I
56 Ba 135	0	stable	3/2+	+0.83794(2) 0.838627(2)	+0.160(3) st +0.15(2) st 0.150(15) 0.16(3) st 0.22(3)	[35CI]	OP N R OL, R CFBLS ABLRFS ABLS, R ABLRFS	1972OI01 1978Lu07 1988We07 1983Mu12/1976Ma28 1986Si03 1979Ba74 1982Gr14	ZP 249 205 (72)     ZP A288 11 (78)     ZP A329 407 (88)     NP A403 234 (83)/ZP A277 107(76)     PR A33 2117 (86)     PRS A365 567 (79)     ZP A306 195 (82)/ZP A209 231 (79)     ZP A306 195 (82)
	268	28.7 h	11/2-	-1.001(15)	0.23(5) +0.98(8) st	[135,137Ba] [135,137Ba]	ABLRFS, R ABLRFS, R	1982Gr14 1983Mu12/1979DbE25 1983Mu12/1979DbE25	NP A403 234 (83)/ZP A291 219 (79) NP A403 234 (83)/ZP A291 219 (79)
56 Ba 136	819	1.93 ps	2+	+0.69(10)	-0.19(6) or +0.07(7) +0.01(5) or +0.25(5)		TF CER CER	1980Br01 1986Ro15 1984Be20	PR C21 574 (80) PR C34 732 (86) PR C29 1672 (84)
56 Ba 137	0	1.5 ns stable	5- 3/2+	-1.9(2) +0.93737(2) 0.93734(2)	+0.245(4) st +0.23(3) st 0.246(2) 0.23(2) 0.34(4) 0.35(8)	[135Ba]	IPAC  OP  N  R  OL, R  R  CFBLS  ABLS  ABLRFS	1979Oh03  1972Ol01 1978Lu07 1988We07 1983Mu12/1976Ma28 1986Si03 1986Si03 1979Gu09 1982Gr14	HFI 7 103 (79)  ZP 249 205 (72)  ZP A288 11 (78)  ZP A329 407 (88)  NP A403 234 (83)/ZP A277 107(76)  PR A33 2117 (86)  PR A33 2117 (86)  ZP A290 231 (79)  ZP A306 195 (82)
	662	2.55 m	11/2-	-0.99(3)	+0.78(9)	[135,137Ba] [135,137Ba]	ABLRFS, R ABLRFS, R	1983Mu12 1983Mu12	NP A403 234 (83) NP A403 234 (83)

Nucleus	Ex	T <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
56 Ba 138	1436	0.206 ps	2+	+1.4(2)	-0.14(6) or +0.08(6)		TF CER	1987Ba65 1989Bu07	ZP A328 275 (87) NP A494 102 (89)
	1899	2.17 ns	4+	3.2(6)	(1)		IPAC	1985Be04	PR C31 570 (85)
	2091	0.8 μs	6+	5.9(12)			TDPAD	1976lk04	HFI 2 331 (76)
56 Ba 139	0	84.6 m	7/2-	-0.973(5)		[135,137Ba]	CFBLS	1988We07	ZP A329 407 (88)
				-0.98(2)	0.572(42) of	[135,137Ba]	CFBLS CFBLS	1983Mu12	NP A403 234 (83)
					-0.573(13) st -0.50(4) st	[135,137Ba]	CFBLS	1988We07 1983Mu12	ZP A329 407 (88) NP A403 234 (83)
					0.00(1) 00	[100,10724]		100011112	111 71100 201 (00)
56 Ba 141	0	18.7 m	3/2-	-0.337(5)		[135,137Ba]	CFBLS	1988We07	ZP A329 407 (88)
				-0.35(2)	0.454(40)	[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
					+0.454(10) st	[405 407D - 1	CFBLS	1988We07	ZP A329 407 (88)
					+0.43(4) st	[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
56 Ba 142	359	66 ps	2+	0.85(10)			IPAC, R	1988Wo03/1986Gi14	PR C37 1253 (88)/PR C34 1983 (86)
56 Ba 143	0	14.5 s	5/2(+)	+0.443(11)		[135,137Ba]	CFBLS	1988We07	ZP A329 407 (88)
				+0.45(2)		[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
					-0.88(2) st		CFBLS	1988We07	ZP A329 407 (88)
					-0.81(7) st	[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
56 Ba 144	199	0.70 ns	2+	0.68(10)			IPAC	1983Wo05	PL 123B 165 (83)
56 Ba 145	0	4.31 s	5/2(-)	-0.285(7)		[135,137Ba]	CFBLS	1988We07	ZP A329 407 (88)
			( )	-0.27(4)		[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
				, ,	+1.22(2) st	-	CFBLS	1988We07	ZP A329 407 (88)
					+1.15(10) st	[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
56 Ba 146	181	0.85 ns	2+	0.56(14)			IPAC	1983Wo05	PL 123B 165 (83)
57 La 133	536	60 ns	11/2-	7.5(5)			TDPAC	1979BuZW	CF79Riga 81 (79)
57 La 135	2737	50 ns	(27/2)+	0.0(2)			TDPAD	1976Le29	IzF 40 1249 (76)

Nucleus 57 La 137	Ex 0	T <sub>1/2</sub> 6 x 10*4 y	l 7/2+	μ(nm) +2.695(6)	Q(b) +0.26(8) st	[Ref. Std.] [139La] [139La]	Method O O	NSR Reference 1972Fi19 1972Fi19	Journal Reference ZP 254 127 (72) ZP 254 127 (72)
	10 1870	89 ns 365 ns	5/2+ 19/2-	+2.34(6)	+0.26(8) st	[137La]	ME TDPAD	10721110	HFI 4 630 (78) BAPS 27 728 (82)
57 La 138	0	1.1x10*11 y	5+	+3.713646(7)	+0.45(2) st 0.43(2) st	[139La] [139La] [139La]	N ABLDF QIR	1979Ch39	PL 62A 131 (77)/PR 99 613 (55) PR A20 1922 (79) PL 62A 131 (77)
	73	116 ns	3+	+2.89(5)	0.43(2) \$1	[19F 197]	TDPAD	1979Bo11	ZP A291 49 (79)
57 La 139	0	stable	7/2+	+2.7830455(9)	+0.20(1) st	[2H]	N, O CFBLS, R	1982Ba08/1982Ho02	PL 62A 131 (77)/ZP 116 547 (40) ZP A304 285 (82)/ZP A304 279 (82)
57 La 140	0	40.3 h	3-	+0.730(15)	+0.094(10) st	[139La] [139La]	AB NO/S, AB	1971Ch02	Cf69Mont 91 (69) PR A143 911 (66)/PR A3 25 (71)
58 Ce 126	2887 3317	8 ps 4 ps	10+ 12+	~+10 ~+12			IPAD IPAD		Cf87Melb. 93 (87) Cf87Melb. 93 (87)
58 Ce 134	3209	308 ns	10+	-1.87(2) -1.9(1)	+1.32(12) [Q/Q(10+ Ce138)=1.71(16)]	[138Ce 3538]	TDPAD, R TDPAD TDPAD/TF	1980Go14 1983Da29/1986Da22 1983Da29	PL 101A 507 (84) PL 97B 351 (80) HFI 15 101 (83)/PL 181B 21 (86) HFI 15 101 (83)
	3719	5.5 ps	10+	-3(3)	[Q/Q(10+ Ce136)-1.71(16)]		IMPAD	1983Da29 1982Ze04	NP A383 165 (82)
58 Ce 135	2126	8.2 ns	19/2+	-0.66(10)			IPAD	1982Ze01	ZP A304 269 (82)
58 Ce 136	3095	2.2 μs	10+	-1.80(2) -1.80(3)	[Q/Q(10+ Ce138)=1.45(14)]		TDPAD TDPAD TDPAD	1983Da29	PRL 45 1015 (80) PRL 48 516 (82) HFI 15 101 (83)
58 Ce 137	0	9.0 h	3/2+	0.96(4)			NMR/ON NO/S	1991Mu06	JPJa 60 845 (91) PR 129 1601 (63)
	254	34.4 h	11/2-	0.90(15) 1.01(4) 0.70(3) 0.96(9)			NO/S NMR/ON NO/S NO/S	1963Ha07 1991Mu06 1966BI17 1961Ha05	JPJa 60 845 (91) PR 143 78 (66) PR 121 591 (61)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
58 Ce 138	3538	82 ns	10+	-1.70(3) -1.76(10)			TDPAD TDPAD	1980Me11	PRL 45 1015 (80) NP A346 281 (80)
58 Ce 139	0	137.6 d	3/2+	1.06(4) 1.0(2) 0.85(15)			NMR/ON NO/S NO/S	1991Mu06 1963Ha07 1962Gr17	JPJa 60 845 (91) PR 129 1601 (63) PhMg 7 1087 (62)
	2632	70 ns	19/2-	+3.99(6) +3.85(8)			TDPAD TDPAD	1984Vo12	PRL 45 1015 (80) YadF 40 289 (84)
58 Ce 140	1596 2084	90 fs 3.4 ns	2+ 4+	+1.9(2) 4.06(15) 3.8(4) 4.44(16) 4.6(3)	0.35(7) st	[139La]	TF TDPAC/IPAC TDPAC TDPAC TDPAC TDPAC TDPAC	1991Ba38 1965Le16 1964Sc16	NP A533 541 (91) PR 140 B811 (65) PR 134 B718 (64) ZP 173 203 (63) PL 3 291 (63) JPJS 34 265 (73)
	3715	23 ns	10+	+10.3(4)	0.33(1) 81	[139Ce 2632]	TDPAD	1988Ka04	ZP A329 143 (88)
58 Ce 141	0	32.5 d	7/2-	1.09(4) 0.89(1) 0.89(9) 1.3(2)			NMR/ON EPR NO/S NO/S	1983Va36 1957Ke13 1962Gr17 1963Ha07	HFI 15 325 (83) PR 108 54 (57) PhMg 7 1087 (62) PR 129 1601 (63)
58 Ce 142	641	5.7 ps	2+	+0.42(10)	-0.16(5) or -0.37(5)		TF CER	1991Ba38 1988Ve08/1989Sp07	NP A533 541 (91) PR C38 2982 (88)/AuJP 42 345 (89)
58 Ce 143	0	33 h	3/2-	0.43(2) 1.0(3)			NMR/ON NO/S	1963Ha07	PC Ohya (99) PR 129 1601 (63)
58 Ce 146	259	0.25 ns	2+	0.48(10)			IPAC	1986Gi05	PR C33 1030 (86)
58 Ce 148	158	1.01 ns	2+	0.74(12)			IPAC	1986Gi05	PR C33 1030 (86)
59 Pr 136	548	90 ns	4+	+2.3(8)			TDPAD	1993Ba42	NP A562 260 (93)
59 Pr 139	822	45 ns	11/2-	+6.6(5)			TDPAD	1979Ke07	ZP A291 319 (79)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) +7.2(6)	Q(b)	[Ref. Std.]	Method TDPAD	NSR Reference	Journal Reference PRL 48 516 (82)
59 Pr 141	0	stable	5/2+	+4.2754(5)	-0.077(6) st -0.059(4)	[19F]	OD R AB	1982Ma31/1984Ma12 1994li01	PRL 49 636 (82)/PR B29 2390 (84) PR C50 661 (94) Cf63Paris 595 (63)
	145	1.85 ns	7/2+	+2.95(9)		[141Pr]	ME, R		JPCR 5 1093 (76)
	1118	4.6 ns	11/2-	+6.2(4) +7.2(4)			TDPAD TDPAD	1974Ej01	ZETF 87 3 (84) NP A221 211 (74)
	1797	1.0 ns	15/2+	+8(2)			IPAD	<u> </u>	ZETF 87 3 (84)
59 Pr 142	0	19.2 h	2-	+0.234(1)	. 0. 00(0)		AB, R		PCan 29n4 47 (73)/BAPS 15 628 (70)
	4	14.6 m	5-	2.2(1)	+0.30(9)		AB AB	1962Ca10	PR 126 1004 (62)/Cf63QEI 595 (63) PCan 29n4 47 (73)
59 Pr 143	0	13.57 d	7/2+	+2.701(4)	.0.77/40) -1	[141Pr]	CFBLS	1994li01	PR C50 661 (94)
	57	4.2 ns	5/2+	+3.4(1)	+0.77(16) st	[141Pr]	CFBLS TDPAC	1994li01 1977Ne12	PR C50 661 (94) HFI 3 147 (77)
59 Pr 144	80	0.12 ns	1-	-1.2(4)			IPAC	1975Ba32	PS 11 363 (75)
60 Nd 134	295	64 ps	2+	+1.2(4)		[146Nd 454]	IMPAD	1987Bi13	PR C36 974 (87)
	2817	9.0 ps	10+	~0			IPAD		Gensh. Ken. 33 145 (89)
60 Nd 135	0	12.4 m	9/2-	-0.78(3)	4.545	[143Nd]	LRIMS	1992Le09	JP G18 1177 (92)
	199	35 ps	11/2-	-0.5(3)	+1.9(5) st	[143Nd] [146Nd 454]	LRIMS IMPAD	1992Le09 1987Bi13	JP G18 1177 (92) PR C36 974 (87)
		·		` ,				1007 1010	
60 Nd 136	3298	51.3 ps	10+	+11(4)		[146Nd 454]	IMPAD	1987Bi13	PR C36 974 (87)
	3688	18.7 ps	12+	+14(5)		[146Nd 454]	IMPAD	1987Bi13	PR C36 974 (87)
60 Nd 137	0	38 m	1/2+	-0.633(5)		[143Nd]	LRIMS	1992Le09	JP G18 1177 (92)
60 Nd 138	3172	330 ns	10+	-1.74(4)			TDPAD		PRL 48 516 (82)
60 Nd 139	0	30 m	3/2+	+0.907(7)	+0.28(9) st	[143Nd] [143Nd]	LRIMS LRIMS	1992Le09 1992Le09	JP G18 1177 (92) JP G18 1177 (92)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	$\mu(\text{nm})$	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
60 Nd 140	3622	22 ns	10+	-1.92(12) -1.6(2)			TDPAD TDPAD	1980Me11	NP A346 281 (80) Cf82Fuji 35 (82)
60 Nd 141	0	2.49 h	3/2+	+1.012(9)	+0.32(13) st	[143Nd] [143Nd]	LRIMS LRIMS	1992Le09 1992Le09	JP G18 1177 (92) JP G18 1177 (92)
60 Nd 142	1576	110 fs	2+	+1.69(15)			TF	1991Ba38	NP A533 541 (91)
60 Nd 143	0	stable	7/2-	-1.065(5)	-0.61(2) st -0.59(3) st -0.56(6) st -0.48(2)		AB/D ABLS AB/R AB AB	1992Au04 1992Le09 1972Ch54	PPS 86 1249 (65) ZP D23 19 (92) JP G18 1177 (92) PR A6 1772 (72) PPS 86 1249 (65)
	1229 2911	6.79 ns 482 ps	13/2+ 21/2+	+0.38(3) p +7.9(14) p			IPAD IPAD		ARCYRIC (92) ARCYRIC (92)
60 Nd 144	697	4.51 ps	2+	0.32(4) +0.33(8) +0.30(4)	-0.15(6) or -0.28(6) -0.18(12)	[152Sm 122] [148Nd 302]	TF TF TF/IMPAC, R CER CER	1990St18 1987Be08 1978Ka36 1989Sp07 1971Cr01/1970Ge08	NP A516 119 (90) HFI 33 37 (87) NP A311 507 (78) AuJP 42 345 (89) PR C3 2049 (71)/NP A151 282 (70)
	1314	20 ns	4+	+0.8(8)			IPAC		ArkF 33 329 (67)
60 Nd 145	0	stable	7/2-	-0.656(4)	-0.314(12) st -0.33(3) st -0.29(3) st -0.253(10)	[143Nd]	AB/D ABLS AB/R AB AB	1992Au04 1972Ch54	PPS 86 1249 (65) ZP D23 19 (92) LNPP 1283 (87) PR A6 1772 (72) PPS 86 1249 (65)
	73	0.72 ns	5/2-	-0.320(4)	-0.233(10)	[145Nd]	ME		ZP 240 100 (70)
60 Nd 146	454	27.5 ps	2+	0.58(2) +0.63(10) +0.50(8)	-0.78(9)	[152Sm 122] [148Nd 302]	TF TF TF/IMPAC, R CER	1990St18 1987Be08 1978Ka36 1970Ge08	NP A516 119 (90) HFI 33 37 (87) NP A311 507 (78) NP A151 282 (70)

Nucleus 60 Nd 147	Ex 0	T <sub>1/2</sub> 11.0 d	l 5/2-	μ(nm) 0.578(3) 0.554(10)	Q(b) 0.9(3)	[Ref. Std.] [143Nd] [145Nd] [145Nd]	Method EPR AB AB	NSR Reference 1957Ke13	Journal Reference PR 108 54 (57) BAPS 15 769 (70) BAPS 15 769 (70)
60 Nd 148	302	78.3 ps	2+	0.70(4) +0.83(9) +0.64(8)	-1.46(13)	[152Sm 122]	TF TF TF,IMPAC,CEAD,R CER	1990St18 1987Be08 1978Ka36 1970Ge08	NP A516 119 (90) HFI 33 37 (87) NP A311 507 (78) NP A151 282 (70)
	3621	330 ns	10+	-1.75(9)	-1.40(13)		TDPAD	19700600	Cf80Ber A6 (80)
60 Nd 149	0	1.73 h	5/2-	0.351(10)	1.3(3)	[145Nd] [145Nd]	AB AB		BAPS 15 769 (70) BAPS 15 769 (70)
60 Nd 150	130	2142 ps	2+	0.76(10) +0.84(8) 0.64(2)	-2.0(5)	[152Sm 122]	TF TF RIGV CER, R	1990St18 1987Be08 1970Be36 1970Ge08	NP A516 119 (90) HFI 33 37 (87) NP A151 401 (70) NP A151 282 (70)
	251 381	91 ps 56 ps	4+ 4+	1.76(16) +1.3(2)	-2.0(3)		TF IMPAC	1970Ge08 1990St18 1972Ku10	NP A516 119 (90) NP A186 513 (72)
61 Pm 138	0	3.5 m	(3+)	3.2(9)			NO/S	1992Si22	HFI 75 471 (92)
61 Pm 143	0 960	265 d 22 ns	5/2+ 11/2-	3.8(5) +6.8(4) +6.3(5)		[19F 197]	NO/S TDPAD TDPAD	1963Gr10 1980Pr02	PR 130 1100 (63) ZETF 87 3 (84) NP A333 33 (80)
	1898	10.2 ns	15/2+	+7.7(4) +7.5(5)		[19F 197]	TDPAD TDPAD	1980Pr02	ZETF 87 3 (84) NP A333 33 (80)
61 Pm 144	0	349 d	5-	1.69(14)			NO/S	1961Sh02	PR 121 558 (61)
61 Pm 145	0	17.7 y	5/2+	+3.80(16)	+0.21(8)	[147Pm] [147Pm]	CFBLS CFBLS	1992Al03 1992Al03	JP B25 571 (92) JP B25 571 (92)
61 Pm 147	0	2.623 y	7/2+	+2.58(7)	+0.7(2) 0.59(16)		O O AB, R	1966Re04 1966Re04 1966Re04	PR 141 1123 (66) PR 141 1123 (66) PR 141 1123 (66)

Nucleus	Ex 91	T <sub>1/2</sub> 2.5 ns	l 5/2+	μ(nm) +3.22(16) 3.55(10)	Q(b)	[Ref. Std.] [147Pm] [147Pm]	Method ME ME	NSR Reference	Journal Reference PL 32B 678 (70) PL 32B 678 (70)
61 Pm 148	0	5.37 d	1-	+2.1(2) 1.8(2)	+0.2(2)		AB NO/S AB	1963Gr10	PR 138 B1356 (65) PR 130 1100 (63) PR 138 B1356 (65)
	137	41.3 d	6-	1.8(2)	` ,		NO/S	1963Gr10	PR 130 1100 (63)
61 Pm 149	0 114	53.1 h 2.54 ns	7/2+ 5/2+	3.3(5) +2.13(15)			NO/S IPAC	1960Ch15/1963Gr10	PRS 259A 377 (60)/PR 130 1100 (63) IZUZ 1970n2 65 (70)
	189	3.24 ns	3/2+	2.0(2) +1.09(15)			TDPAC IPAC	1970Se11	NP A159 494 (70) IzUz 1970n2 65 (70)
	211	80 ps	5/2+	2.3(6) +2.2(4)			TDPAC IPAC	1970Se11	NP A159 494 (70) IzUz 1970n2 65 (70)
	270	2.64 ns	7/2-	+2.19(11) 3.6(2)			IPAC TDPAC	1970Se11	IzUz 1970n2 65 (70) NP A159 494 (70)
61 Pm 151	0	28.4 h	5/2 +	1.8(2)	4.0(0)		AB	1963Bu14	PR 132 723 (63)
	256	0.90 ns	3/2+	1.8(2)	1.9(3)		AB IPAC	1963Bu14 1977Se06	PR 132 723 (63) NP A282 302 (77)
62 Sm 138	2903	0.55 ns	10+	~10			IPAD		Gensh. Ken. 33 145 (89)
62 Sm 139	0 457	2.57 m 10.7 s	1/2+ 11/2-	-0.53(2) 1.1(2)		[145,7,9Sm] [141Sm176]	LRIMS NO/S	1992Le09 1992Si22	JP G18 1177 (92) HFI 75 471 (92)
62 Sm 140	3172	19.4 ns	10+	-1.8(2)			TDPAD	1988Ba22	PL 206B 404 (88)
	3210	5.2 ns	10+	+12.7(9)	1.7(5)	[154Sm 82]	TDPAD TDPAD	1985Be23 1988Ba22	ZP A321 403 (85) PL 206B 404 (88)
62 Sm 141	0 176	10.2 m 22.6 m	1/2+ 11/2-	-0.74(2) -0.84(2) 0.87(15)		[145,7,9Sm] [145,7,9Sm]	LRIMS LRIMS NO/S	1992Le09 1992Le09	JP G18 1177 (92) JP G18 1177 (92) Cf87Melb 76 (87)
					+1.6(5) st	[145,7,9Sm]	LRIMS	1992Le09	JP G18 1177 (92)
62 Sm 142	2372	170 ns	7-	+0.42			TDPAD	1983Ri16	HFI 16 603 (83)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) +1.1(3)	[Ref. Std.] [154Sm 82]	Method TDPAD/TF	NSR Reference 1985Be23/1986Da22	Journal Reference ZP A321 403 (85)/PL 181B 21 (86)
62 Sm 143	0	8.83 m	3/2+	+1.01(2)	+0.4(2)	[145,7,9Sm] [145,7,9Sm]	LRIMS LRIMS	1992Le09 1992Le09	JP G18 1177 (92) JP G18 1177 (92)
62 Sm 144	1660 1810	85 fs 25 ps	2+ 3-	+1.5(2) +2.3(3)		148Sm 550	TF TF	1991Ba38 1990Ba41	NP A533 541 (91) HFI 59 133 (90)
62 Sm 145	0	340 d	7/2-	-1.11(6) -1.123(11) 0.92(6)	-0.6(2) -0.60(7) -0.6(2)	[145,7,9Sm] [147,147Sm] [147Sm] [145,7,9Sm] [147,147Sm] [147Sm]	LRIMS LRFS NO/S LRIMS LRFS LRIMS	1992Le09 1990En01 1969Ka21 1992Le09 1990En01	JP G18 1177 (92) JP G16 105 (90) PR 184 1177 (69) JP G18 1177 (92) JP G16 105 (90) LNPP 1309 (87)
62 Sm 147	0	1.1x10*11y	7/2-	-0.812(2) -0.8148(7)	-0.27(3) -0.261(7) -0.26(3) a Q(147)/Q(149) =-3.4601(6)	[147,147Sm] [147,147Sm]	LRFS AB LRFS AB, R Mu-X AB	1990En01 1966Wo05 1990En01 1992Le09/1972Ch55 1981Ba28 1972Ch55	JP G16 105 (90) PRS 293A 117 (66) JP G16 105 (90) JP G18 1177 (92)/PR A6 2011 (72) NP A364 446 (81) PR A6 2011 (72)
	121 197	0.78 ns 1.35 ns	5/2- 3/2-	-0.45(3) -0.27(6)	-0.5(2)	[147Sm] [147Sm]	ME ME IPAC	1971Pa04 1971Pa04	PR C3 841 (71) PR C3 841 (71) IzUz 1970n2 65 (70)
62 Sm 148	550	7.3 ps	2+	+0.51(4) +0.61(7)	-1.0(3)	[150Sm 334] [152Sm 122]	TF TF CER	1987Ba65 1987Be08	ZP A328 275 (87) HFI 33 37 (87) JPJS 34 443 (73)
62 Sm 149	0	> 2x10*15 y	7/2-	-0.6677(11) -0.6717(7) -0.6708(10)	-0.078(8) +0.075(2) +0.075(8) +0.07(2)	[147,147Sm] [147Sm] [147Sm] [147,147Sm] [147Sm] [147Sm]	LRFS AB CFBLS LRFS AB, R AB CFBLS	1990En01 1966Wo05 1985Al06/1986Al33 1990En01 1992Le09/1972Ch55 1966Wo05 1985Al06/1986Al33	JP G16 105 (90) PRS 293A 117 (66) IzF 49 24 (85)/YadF 44 1134 (86) JP G16 105 (90) JP G18 1177 (92)/PR A6 2011 (72) PRS 293A 117 (66) IzF 49 24 (85)/YadF 44 1134 (86)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b) -0.09(2) a	[Ref. Std.]	Method Mu-X	NSR Reference 1981Ba28	Journal Reference NP A364 446 (81)
	23	7.6 ns	5/2-	-0.6238(8)	0.00( <i>L</i> ) u	[149Sm]	ME	10010420	Cf70Reho 720 (70)
		7.0 1.0	0,2	0.0200(0)	+1.01(9) a	[1.100m]	Mu-X	1981Ba28	NP A364 446 (81)
62 Sm 150	334	49 ps	2+	+0.77(5)		[152Sm 122]	TF	1987Be08	HFI 33 37 (87)
				+0.82(6)	4.0(0)	[152Sm 122]	TF	1987By02	NP A466 419 (87)
					-1.3(2)	[152Sm 122]	CER		JPJS 34 443 (73)
	770	0.0	4.	.0.0(0)	-1.3(2)	[4500 004]	CERP	1973Gr06	PRL 30 453 (73)
	773	6.6 ps	4+	+2.6(3)		[150Sm 334]	TF	1993Va10	PR C48 2640 (93)
	4040	0.70	0.	+1.4(2)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	1046	0.73 ps	2+	+0.7(2)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	1194	1.27 ps	2+	+0.83(14)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	1279	(1.4 ps)	6+	+2.6(8)		[150Sm 334]	TF	1993Va10	PR C48 2640 (93)
				+2.3(5)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
62 Sm 151	0	90 y	5/2-	-0.3611(13)		[147Sm]	LRFS	1990En01	JP G16 105 (90)
				-0.363(2)		[147Sm]	CFBLS	1985Al06/1986Al33	IzF 49 24 (85)/YadF 44 1134 (86)
				0.368(3)		[147Sm]	CFBLS	1985Dy01	PR C31 240 (85)
				-0.3630(5)		[147Sm]	CFBLS	1981Do07	ZP A302 359 (81)
					+0.71(7)	[147Sm]	LRFS	1990En01	JP G16 105 (90)
					+0.65(15)	[147Sm]	CFBLS	1985Al06/1986Al33	IzF 49 24 (85)/YadF 44 1134 (86)
					0.67(7)	[147Sm]	CFBLS	1985Dy01	PR C31 240 (85)
					+0.67(7)	[147Sm]	CFBLS	1981Do07	ZP A302 359 (81)
	92	77 ns	9/2+	-0.95(5)			TDPAC	1974Dr03	NP A223 195 (74)
	105	0.48 ns	3/2-	+0.31(11)			IPAC		IzF 35 135 (71)
	168	0.38 ns	5/2+	+1.8(5)			IPAC, R	1974Dr03	NP A223 195 (74)
62 Sm 152	122	1.40 ns	2+	+0.80(6)			IPAC	1992De29	CJP 70 268 (92)
				+0.84(5)		[149Sm]	ME		PL 26B 81 (67)
					-1.666(16) a	[]	Mu-X	1979Po05	NP A316 295 (79)
					-1.702(17) a		Mu-X	1978Ya11	PR C18 1474 (78)
	366	56.6 ps	4+	+1.7(2)	•=() •	[152Sm 122]	TF	1987By02	NP A466 419 (87)
		30.0 PO	•	+1.22(15)		[]	IMPAC	1972Ku10	NP A186 513 (72)
	707	10.1 ps	6+	+2.4(3)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	810	7.2 ps	2+	+0.8(2)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	1086	0.85 ps	2+	+0.8(2)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	1000	3.00 po	-	0.5(2)		[1020111122]	• • •	100/ 5/02	/ (100 / 10 (0/)

Nucleus	Ex 1125 1609 gsb	T <sub>1/2</sub> 3.3 ps 1.38 ps	l 8+ 10+ <10+	$\mu(nm) \\ +2.8(5) \\ +4(2) \\ g(0) = +0.38(3) \\ \alpha x 10^* 3 = 0.4(2)$	Q(b)	[Ref. Std.] [152Sm 122] [152Sm 122]	Method TF TF TF	NSR Reference 1987By02 1987By02 1982An10	Journal Reference NP A466 419 (87) NP A466 419 (87) NP A383 509 (82)
62 Sm 153	3 0	46.8 h	3/2+	-0.021(3) -0.0257(14) -0.0216(1)	+1.30(12) +1.26(13)	[147,147Sm] [147Sm] [147,147Sm] [147Sm]	LRFS ABLRFS AB LRFS ABLRFS	1990En01 1984Ea02 1990En01 1984Ea02	JP G16 105 (90) JP G10 L271 (84) JPCR 5 835 (76)/PC Wadding (68) JP G16 105 (90) JP G10 L271 (84)
62 Sm 154	267 544 gsb	3.01 ns 165 ps 23.4	2+ 4+ 6+ <10+	+0.78(4) +1.35(15) +1.9(3) g(0) = +0.39(3) $\alpha$ x10*3=-1.3(15)	-1.87(4) a	[149Sm]	ME Mu-X IMPAC IMPAC TF	1969Wh04 1979Po05 1972Ku10 1972Ku10 1982An10	PR 186 1280 (69) NP A316 295 (79) NP A186 513 (72) NP A186 513 (72) NP A383 509 (82)
62 Sm 155	5 0	22.4 m	3/2-		1.13(13)	[153Sm]	AB		JPCR 5 835 (76)/PC Wadding (68)
63 Eu 138	0	12.1 s	(6-)	5.3(7)		[142Eu]	NO/S	1992Si22	HFI 75 471 (92)
63 Eu 139	0	17.9s	(11/2-)	6.1(8)		[142Eu]	NO/S	1992Si22	HFI 75 471 (92)
63 Eu 140	0 + x	1.54 s	1(+)	+1.365(13)	+0.31(4)	[151Eu] [153Eu]	CFBLS CFBLS	1985Ah02 1985Ah02	ZP A321 35 (85) ZP A321 35 (85)
63 Eu 141	0	40 s	5/2+	+3.494(8)	+0.85(4)	[151Eu] [153Eu]	CFBLS CFBLS	1985Ah02 1985Ah02	ZP A321 35 (85) ZP A321 35 (85)
63 Eu 142	0	2.4 s	1+	+1.54(2)	+0.12(5)	[151Eu] [153Eu]	CFBLS CFBLS	1985Ah02 1985Ah02	ZP A321 35 (85) ZP A321 35 (85)
	180	73 s	8-	+2.978(11)	+1.41(6)	[153Eu] [151Eu] [153Eu]	CFBLS CFBLS	1985Ah02 1985Ah02 1985Ah02	ZP A321 35 (85) ZP A321 35 (85) ZP A321 35 (85)
	282 + x	6.2 ns	8+	(+)4.1(2)	· 1. <del>1</del> 1(0 <i>)</i>	[100Lu]	TDPAD	1993Bi13	ZP A346 181 (93)

Nucleus 63 Eu 143	Ex 0	T <sub>1/2</sub> 2.6 m	l 5/2+	μ(nm) +3.673(8)	Q(b)	[Ref. Std.] [151Eu]	Method CFBLS	NSR Reference	Journal Reference ZP A321 35 (85)
03 Eu 143	U	2.0 111	3/2+	+3.073(6)	+0.51(3)	[151Eu] [153Eu]	CFBLS	1985Ah02 1985Ah02	ZP A321 35 (85)
63 Eu 144	0	10 s	1+	+1.893(13)	+0.10(3)	[151Eu] [153Eu]	CFBLS CFBLS	1985Ah02 1985Ah02	ZP A321 35 (85) ZP A321 35 (85)
					10.10(3)	[133Eu]	OI DLO	1903A1102	21 7321 33 (03)
63 Eu 145	0	5.93 d	5/2+	+3.999(3)		[151Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
				+3.993(7)		[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
				1.8(9)			NO/S	1985Va21	Phca 133B 138 (85)
				3.2(5)			NO/S	1983Kr18	HFI 15 73 (83)
					Q/Q(153Eu) = 0.1168(9)	[151Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
					+0.29(2)	[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
	716	0.49 μs	11/2-	+7.46(4)		[19F 197]	TDPAD	1980KI07	NP A350 61 (80)
63 Eu 146	0	4.59 d	4-	+1.421(8)		[151Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
				+1.425(11)		[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
				1.3(2)			NO/S	1985Va21	Phca 133B 138 (85)
				1.7(3)			NO/S	1983Kr18	HFI 15 73 (83)
					Q/Q(153Eu) = -0.074(2)	[153Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
					-0.18(6)	[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
63 Eu 147	0	24.1 d	5/2+	+3.736(6)		[151Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
				+3.725(7)		[151 Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
				+3.724(8)		[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
				4.0(9)			NO/S	1985Va21	Phca 133B 138 (85)
				3.1(4)			NO/S	1983Kr18	HFI 15 73 (83)
				3.7(5)			NO/S	1979Er13	IzF 43 2176 (79)
					Q/Q(153Eu) = 0.218(2)	[153Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
					+0.49(3)	[151 Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
					+0.55(3)	[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
	635	765 ns	11/2-	+7.05(3)			TDPAD		PL 77A 365 (80)
				+7.04(6)		[19F 197]	TDPAD	1980KI07	NP A350 61 (80)
63 Eu 148	0	54.5 d	5-	+2.340(10)		[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
				2.2(4)			NO/S	1985Va21	Phca 133B 138 (85)
				2.1(3)			NO/S	1983Kr18	HFI 15 73 (83)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	720	235 ns	9+	+6.12(5)	+0.35(6)	[151 Eu]	CFBLS TDPAD	1985Ah02	ZP A321 35 (85) PL 77A 365 (80)
63 Eu 149	0	93.1 d	5/2+	+3.576(10) +3.565(6) 2.5(5)	+0.70(8)	[151 Eu] [151 Eu] [151 Eu]	CFBLS CFBLS NO/S CFBLS	1986Al33 1985Ah02 1983Kr18 1986Al33	YadF 44 1134 (86) ZP A321 35 (85) HFI 15 73 (83) YadF 44 1134 (86)
	497	2.43 ms	11/2-	+7.0(3)	+0.75(2)	[151 Eu] [19F 197]	CFBLS TDPAD	1985Ah02 1980Kl07	ZP A321 35 (85) NP A350 61 (80)
63 Eu 150	0	35.8 y	5(-)	+2.708(11)	+1.13(5)	[151 Eu] [151 Eu]	CFBLS CFBLS	1985Ah02 1985Ah02	ZP A321 35 (85) ZP A321 35 (85)
63 Eu 151	22	stable 9.5 ns	5/2+ 7/2+	+3.4717(6) +2.591(2)	Q/Q(153Eu) = 0.3918(2) Q/Q(153Eu) = 0.39191(12) Q/Q(153Eu)=0.393(9) 0.83(***) st +0.95(3) +0.903(10) a 1.53(5) 1.32(13) 1.28(2) a +1.19(2)	[153Eu] [153Eu] [153Eu] [153Eu] [151Eu]	AB/D CFBLS CFBLS O ABLDF CFBLS Mu-X, O ABLRFS CFBLS ME Mu-X	1965Ev08 1993HuZU 1993Mo04 1987Se12 1985Ah02 1984Ta04 1981Ar25	PRS 289A 114 (65) Cf93Bern 209(93) PRL 70 541 (93) PL 16 156 (65) PR A36 1983 (87) ZP A321 35 (85) PR C29 1830 (84)/PL 16 156 (65) ZP A302 251 (81) PS 24 747 (81) ZP A256 155 (72) PR C29 1897 (84) JPCR 5 1093 (76)
63 Eu 152	0	13.54 y	3-	-1.9401(8) -1.950(12) -1.96(6) -1.9414(13)	Q/Q(153Eu) = 1.1822(5) +2.71(3)	[151Eu] [151Eu] [151Eu] [151Eu] [153Eu] [151Eu]	CFBLS CFBLS CFBLS AB, O, R CFBLS CFBLS	1993HuZU 1986Al33 1985Ah02 1963Al06 1971He18 1993HuZU	Cf93Bern 209(93) YadF 44 1134 (86) ZP A321 35 (85) PR 129 1344(63)/PL 31B 295 (70)/ ZP 245 411 (71) Cf93Bern 209(93) YadF 44 1134 (86)
63 Eu 153	0	stable	5/2+	+1.5324(3)	+2.7 (3)	[151Eu] [151Eu]	CFBLS CFBLS	1986Al33 1985Ah02 1993HuZU	ZP A321 35 (85) Cf93Bern 209(93)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) +1.56(4) +1.538(13) +1.5330(8)	Q(b)	[Ref. Std.] [151Eu] [151Eu]	Method CFBLS CFBLS AB/D	NSR Reference 1986Al33 1985Ah02 1965Ey08	Journal Reference YadF 44 1134 (86) ZP A321 35 (85) PRS 289A 114 (65)
				110000(0)	2.22(***) st +2.28(9) +2.41(2) a 3.92(12) 3.6(4)	[151Eu]	ABLDF CFBLS Mu-X, O ABLRFS CFBLS	1987Se12 1986Al33 1984Ta04 1981Br17	PR A36 1983 (87) YadF 44 1134 (86) PR C29 1830 (84)/PL 16 156 (65) ZP A302 291 (81) PS 24 747 (81)
	83	0.80 ns	7/2+	+1.81(6)	0.44(2) a	[153Eu]	ME Mu-X	1984Ta04	ZP A218 223 (69) PR C29 1830 (84)
	97 103	180 ps 3.9 ns	5/2- 3/2+	+3.2(2) or -0.5(2) +2.048(6)	1.254(13)	[153Eu] [153Eu] [153Eu]	ME ME, IPAC ME	1966At01 1972Cr09/1975Si07	PR 145 915 (66)  ZP 256 155 (72)/JP G1 467 (75)  PL 44A 279 (73)
63 Eu 154	0	8.6 y	3-	-2.005(6) -2.02(5)	+2.84(10) +3.4(3)	[153Eu] [151Eu] [151Eu] [152Eu]	EPR CFBLS CFBLS NO/S, O, R	1957Ab05 1986Al33 1986Al33 1962Ju06 1971He18	PR 108 58 (57) YadF 44 1134 (86) YadF 44 1134 (86) PR 128 1733 (62)/PL 31B 295 (70)/ ZP 245 411 (71)
63 Eu 155	0	4.68 y	5/2+	+1.52(2) +1.56(10)	+2.5(3) +2.3(2)	[151,153Eu] [151Eu] [151,153Eu] [151Eu]	CFBLS CFBLS CFBLS CFBLS	1990Al34 1986Al33 1990Al34 1986Al33	ZP A337 257 (90) YadF 44 1134 (86) ZP A337 257 (90) YadF 44 1134 (86)
	104	0.104 ns	5/2-	+9.6(10)	12.0(2)	[101Lu]	IPAC	1971Be23	IzF 35 135 (71)/IzF 35 2295 (71)
63 Eu 157	0	15.2 h	5/2+	+1.50(2)	+2.6(3)	[151,153Eu] [151,153Eu]	CFBLS CFBLS	1990Al34 1990Al34	ZP A337 257 (90) ZP A337 257 (90)
63 Eu 158	0	45.9 m	1(-)	+1.44(2)	+0.66(14)	[151,153Eu] [151,153Eu]	CFBLS CFBLS	1990Al34 1990Al34	ZP A337 257 (90) ZP A337 257 (90)
63 Eu 159	0	18.1 m	5/2+	+1.38(2)	+2.7(3)	[151,153Eu] [151,153Eu]	CFBLS CFBLS	1990Al34 1990Al34	ZP A337 257 (90) ZP A337 257 (90)
64 Gd 144	3433	130 ns	10+	+12.76(14)			TDPAD	1979Ha15	PRL 42 1451 (79)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) -1.46(6)	[Ref. Std.]	Method TDPAD/TFLD	NSR Reference 1982Ha22/1985Da200	Journal Reference NP A379 287 (82)/NP A443 135 (85)
64 Gd 146	1580 2982	1.1 ns 6.7 ns	3- 7-	+2.1(9) +9.0(2) +8.3(4)			TDPAD TDPAD TDPAD	1979Ha15	ZP A290 229 (70) PRL 42 1451 (79) ZP A290 229 (70)
	8916	4.1 ns	(19+)	+7.9(6) +12(2)			TDPAD TDPAD	1979Fa01 1979Ha15	PL 80B 190 (79) PRL 42 1451 (79)
64 Gd 147	0	38.1 h	7/2-	1.02(9) 1.2(2)			NO/S NO/S	1987Kr11 1986Va16	HFI 34 69 (87) NP A455 189 (86)
	997	22.2 ns	13/2+	+0.49(2) -0.24(7)			TDPAD TDPAD	1987Da27 1979Ha15	PL 199B 26 (87) PRL 42 1451 (79)
	2760	4.4 ns	21/2+	+7.6(12)	-0.73(7)		TDPAD/TFLD TDPAD	1982Ha22/1985Da200 1979Ha15	NP A379 287 (82)/NP A443 135 (85) PRL 42 1451 (79)
	3582	27 ns	27/2-	+11.3(2) +11.9(3)	-1.26(8)		TDPAD TDPAD TDPAD/TFLD	1979Ha15 1979Fa01 1982Ha22/1985Da200	PRL 42 1451 (79) PL 80B 190 (79) NP A379 287 (82)/NP A443 135 (85)
	8587	510 ns	49/2+	+10.9(2)	-3.24(18)		TDPAD TDPAD/TFLD	1979Ha15 1982Ha22/1985Da200	PRL 42 1451 (79) NP A379 287 (82)/NP A443 135 (85)
	10993	0.8 ns	59/2-	+11(2)	, ,		TF	1989Ha15	PR 39C 2237 (89)
64 Gd 148	2695	16.5 ns	9-	-0.16(2) -0.25(8)	1.01(5)		TDPAD TDPAD TDPAD	1987Da27 1979Ha15	PL 199B 26 (87) PRL 42 1451 (79) NP A378 287 (82)
64 Gd 149	0	9.4 d	7/2-	0.88(4) 0.97(6)	. ,		NO/S NO/S	1987Kr11 1987Be33	HFI 34 69 (87) HFI 34 119 (87)
	165	1.7 ns	5/2-	1.1(2) -0.9(2)			NO/S IPAC/TDPAC	1985Al21	NP A445 189 (86) Cf77Tokyo 379 (77)
64 Gd 151	0 109	120 d 3.0 ns	7/2- 5/2-	0.77(6) -1.08(13)			NO/S IPAC/TDPAC	1987Be33	HFI 34 119 (87) Cf77Tokyo 379 (77)
	395	0.31 ns	3/2-	-1.2(2) -2.5(8)			IPAC IPAC	1976Ba26/1976Ba59	ZP A277 217 (76)/HFI 2 323 (76) Cf77Tokyo 379 (77)
64 Gd 152	344	28.6 ps	2+	+0.96(8)		[156Gd 89]	RIGV, R	1974Ar23	NP A233 385 (74)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) +0.90(8)	Q(b)	[Ref. Std.] [152Sm 122]	Method TF	NSR Reference 1987Be08	Journal Reference HFI 33 37 (87)
64 Gd 153	0 110 129	241.6 d 1.97 ns 2.50 ns	3/2- 5/2- 3/2-	0.38(8) +0.40(15) +0.37(7)			NO/S IPAC/TDPAC IPAC	1985Al21 1977Ba63	NP A445 189 (86) Cf77Tokyo 379 (77) HFI 3 423 (77)
64 Gd 154	123	1.17 ns	2+	+0.96(6) +0.86(6)	-1.82(4) a	[156Gd 89] [156Gd 89]	RIGV, R TDPAC Mu-X	1974Ar23 1983La08	NP A233 385 (74) ZP A238 69 (70) PR C27 1772 (83)
64 Gd 155	0	stable	3/2-	-0.2572(4) -0.2591(5)	+1.27(5) st 1.27(3) a		ENDOR AB/D ABLS Mu-X	1990Ji06 1983La08	JP C11 203 (78) JP B2 122 (69) PR A42 1416 (90) PR C27 1772 (83)
	60 87	0.19 ns 6.35 ns	5/2- 5/2+	-0.525(2) -0.518(5) -0.533(4)	+1.30(2) a -0.44(2) a +0.13(3) +0.111(7)	[155Gd] [155Gd] [155Gd] [155Gd] [155Gd]	Mu-X, AB Mu-X ME ME ME ME ME	1982Ta01 1983La08 1978Co23 1978Co23	PL 108B 8 (82)/JP B2 122 (69) PR C27 1772 (83) HFI 5 479 (78) Phca 92B 52 (77) PL 43B 380 (73) HFI 5 479 (78) Phca 92B 52 (77)
	105	1.18 ns	3/2+	+0.143(5)	+0.113(8) +0.96(3) +1.30(4)	[155Gd] [155Gd] [155Gd] [155Gd]	ME ME ME ME	1978Co23 1978Co23 1974Ar23	PL 43B 380 (73) HFI 5 479 (78) HFI 5 479 (78) NP A233 385 (74)
64 Gd 156	89	2.21 ns	2+	+0.82(14) +0.774(8)	-1.93(4) a	[158Gd 261] [155Gd]	TF ME Mu-X	1991St01 1974Ar23 1983La08	ZP A338 135 (91) NP A233 385 (74) PR C27 1772 (83)
	288	112 ps	4+	+1.68(12) +1.76(16) +1.31(8) +1.63(15) +1.55(14) +1.24(8)	-1.96(4)	[155Gd] [156Gd 89] [156Gd 89] [BhfGd(Fe)] [158Gd 261] [156Gd 89]	ME TF TF IPAC TF TF IPAC	1974Ar23 1992Br07 1990Ba39 1990Sc10 1991St01 1991St01 1988Al33	NP A233 385 (74) PR C45 1549 (92) HFI 59 125 (90) ZP A335 387 (90) ZP A338 135 (91) ZP A338 135 (91) ZP A331 277 (88)

Nucleus	Ex 585	T <sub>1/2</sub> 16 ps	8+	μ(nm) +2.4(2) +2.3(4) +2.2(4) +1.5(13) +2.7(3)	Q(b)	[Ref. Std.] [156Gd 89] [158Gd 261] [156Gd 89]	Method TF TF TF IPAC TF	NSR Reference 1992Br07 1991St01 1991St01 1988Al33 1992Br07	Journal Reference PR C45 1549 (92) ZP A338 135 (91) ZP A338 135 (91) ZP A331 277 (88) PR C45 1549 (92)
	1511 gsb	190 ps	4+ <10+	+3.24(11) g(10+)/g(2+) = 0.89(12) $\alpha \times 10^{*}3 = -1.1(12)$			IPAC TF	1988Al33 1983Ha24	ZP A331 277 (88) NP A406 339 (83)
64 Gd 157	0	stable	3/2-	-0.3398(7) -0.3373(6)	+1.36(6) st +1.35(3) a +1.36(2) a 1.34(7) st	[155Gd]	AB/D, ENDOR ENDOR ABLS Mu-X Mu-X, O O	1990Ji06 1983La08 1982Ta01 1979Cl04	JP B2 122 (69)/JP C2 862 (69)
					+1.38(2)	[155Gd]	AB	10100101	JP B2 122 (69)
	55	0.13 ns	5/2-		-0.46(2) a		Mu-X	1983La08	PR C27 1772 (83)
	64	0.46 μs	5/2+	-0.464(11)		[157Gd]	ME, R	1974Ar23	NP A233 385 (74)
					+2.45(5)	[157Gd]	ME	1974Ar23	NP A233 385 (74)
64 Gd 158	80	2.52 ns	2+	+0.78(6) +0.762(8)		[158Gd 261]	TF ME, R	1991St01 1988Al33	ZP A338 135 (91) ZP A331 277 (88)/ Th Rork (71)
				( )	-2.01(4) a		Mu-X	1983La08	PR C27 1772 (83)
					-1.96(4)	[157Gd]	ME	1974Ar23	NP A233 385 (74)
			2+	+0.9(2)		[158Gd 261]	TF	1991St01	ZP A338 135 (91)
				+0.8(2)		[156Gd 89]	TF	1991St01	ZP A338 135 (91)
	261	148 ps	4+	+1.60(12)		[158Gd 261]	TF	1990Ba39	HFI 59 125 (90)
				+1.4(2)		{156Gd 89}	TF	1990Ba39	HFI 59 125 (90)
				+1.55(12)		{156Gd 89]	TF	1991St01	ZP A338 135 (91)
				+1.64(6)			IPAC	1988Al33	ZP A331 277 (88)
	539	16 ps	6+	+2.5(2)		{158Gd 261}	TF		
				2.4(3)		[158Gd 261]	TF	1991St01	ZP A338 135 (91)
				2.3(3)		[156Gd 89]	TF	1991St01	ZP A338 135 (91)
	904	5.1	8+	3.4(4)		{158Gd 261}	TF		
	gsb		<10+	g(10+)/g(2+) = 0.83(11) $\alpha x 10*3 = -1.7(11)$			TF	1983Ha24	NP A406 339 (83)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
64 Gd 159	0	18.6 h	3/2-	-0.44(3)			NO/S	1971Kr19	PR C4 1942 (71)
64 Gd 160	75	2.70 ns	2+	+.72(4)	-2.08(4) a	[156Gd 89]	RIGV, R Mu-X	1974Ar23 1983La08	NP A233 385 (74) PR C27 1772 (83)
	248		4+	1.6(2) 1.5(2)	2.00(1) a	[158Gd 261] [156Gd 89]	TF TF	1991St01 1991St01	ZP A338 135 (91) ZP A338 135 (91)
	515		6+	2.4(3) 2.3(3)		[158Gd 261] [156Gd 89]	TF TF	1991St01 1991St01	ZP A338 135 (91) ZP A338 135 (91)
	gsb		<10+	g(10+)/g(2+) =0.93(13) $\alpha$ x10*3=-0.7(12)		[10000 00]	TF	1983Ha24	NP A406 339 (83)
65 Tb 147	0	1.7 h	1/2+	+1.70(5)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
65 Tb 148	0	60 m	2-	-1.75(2)	-0.3(2)	[159Tb] [159Tb]	CFBLS CFBLS	1990Al36 1990Al36	ZP A337 367 (90) ZP A337 367 (90)
65 Tb 149	0 2518	4.12 h 3.5 ns	1/2+ (27/2)+	+1.35(2) 4.9(12) b +6(3)		[159Tb] [159Tb]	CFBLS IPAD IPAD	1990Al36 1990Ad02	ZP A337 367 (90) JPJa 59 66 (90) ARINST 26 (87)
65 Tb 150	0 + x	3.48 h	2(-)	-0.90(2)	0.00(13)	[159Tb] [159Tb]	CFBLS CFBLS	1990Al36 1990Al36	ZP A337 367 (90) ZP A337 367 (90)
65 Tb 151	0	17.6 h	1/2(+)	+0.919(6)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
65 Tb 152	0	17.5 h	2-	-0.58(2) 0.9(1)	+0.34(13) +0.5(16)	[159Tb] [159Tb] [159Tb] [159Tb]	CFBLS NO/S CFBLS NO/S	1990Al36 1983Be03 1990Al36 1983Be03	ZP A337 367 (90) JP G9 213 (83) ZP A337 367 (90) JP G9 213 (83)
65 Tb 153	0	2.34 d	5/2+	+3.44(2) 3.5(7)	+1.08(14)	[159Tb] [159Tb] [159Tb]	CFBLS NO/S CFBLS	1990Al36 1983Be03 1990Al36	ZP A337 367 (90) JP G9 213 (83) ZP A337 367 (90)
65 Tb 154	0 + x	9.4 h	3-	+1.6(2)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) 1.8(4)	Q(b)	[Ref. Std.] [159Tb]	Method NO/S	NSR Reference 1983Be03	Journal Reference JP G9 213 (83)
				- ( )	+2.9(15)	[159Tb]	NO/S	1983Be03	JP G9 213 (83)
	0 + y	22.7 h	7-	0.9(3)	- ( - )	[est]	NO/S	1983Be03	JP G9 213 (83)
65 Tb 155	0	5.32 d	3/2+	+2.01(2)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
				2.0(2)	4.446	[159Tb]	NO/S		CzJP B29 361 (79)
					+1.41(6)	[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
65 Tb 166	0	5.35 d	3-	1.7(2)		[159Tb]	NO/S	1983Be03	JP G9 213 (83)
				1.9(3)		[159Tb]	NO/S		CzJP B29 361 (79)
				1.4(2)			NO/S		NP 30 452 (62)
				, ,	+2.3(8)	[159Tb]		1983Be03	JP G9 213 (83)
					+3.0(9)	[159Tb]			CzJP B29 361 (79)
					+1.4(5)	[159Tb]			NP 30 452 (62)
65 Tb 157	0	99 y	3/2+	+2.01(2)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
		,		2.0(1)		[159Tb]	EPR	1968Ea04	PR 170 1083 (68)
				,	+1.40(8)	[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
	242	170 ps	4+	+1.5(5)		[164Dy 501]	TF	1989Do12	PR C40 2035 (89)
	501	30 ps	6+	+1.7(5)		[164Dy 501]	TF	1989Do12	PR C40 2035 (89)
	762	4.1 ps	2+	+0.6(2)		[164Dy 501]	TF	1989Do12	PR C40 2035 (89)
	844	6.8 ps	8+	+2.2(7)		[164Dy 501]	TF	1989Do12	PR C40 2035 (89)
	1261	2.3 ps	10+	+3.5(13)		[164Dy 501]	TF	1989Do12	PR C40 2035 (89)
65 Tb 158	0	150 y	3-	+1.758(7)		[159Tb]	EPR	1968Ea04	PR 170 1083 (68)
		,		,	+2.7(5) st		NO/S, EPR	1968Ea04	PR 170 1083 (68)
65 Tb 159	0	stable	3/2+	+2.014(4)			EPR, ENDOR	1965Ba49	PRS 286A 352 (65)
				,	+1.432(8) a		Mu-X. AB	1984Ta04/1970Ch26	PR C29 1830 (84)/PR A2 316 (70)
	58	53.5 ps	5/2-	3.9(2)	( )		IPAC		Duzb 1972n1 32 (72)
		•		( )	1.62(9) or 2.32(13)	[159Tb]	ME	1966At05	NP 89 433 (66)
65 Tb 160	0	72.1 d	3-	1.790(7)		[159Tb]	NMR/ON	1987Ma42	PRL 59 1764 (87)
<del>-</del>		-		+1.702(8)		[159Tb]	EPR	1968Ea04	PR 170 1083 (68)
				1.5(6)		[159Tb]	NO/S	1983Be03	JP G9 213 (83)
				(-/		[]			21 22 = 12 (23)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b) 3.85(5) 3.56(10)	[Ref. Std.] [159Tb] [159Tb]	Method NMR/ON NMR/ON	NSR Reference 1987Ma42 1986Ro07	Journal Reference PRL 59 1764 (87) PRL 56 1976 (88)
65 Tb 161	0	6.9 d	3/2+	2.2(1)	+1.2(6)	[159Tb] [159Tb]	NO/S NO/S	1983Ri15 1983Ri15	HFI 15 83 (83) HFI 15 83 (83)
66 Dy 147	0 751	~1.3 m 59 s	(1/2+) (11/2-)	-0.915(9) -0.655(10)	+0.67(10)	[163Dy] [163Dy]	CFBLS CFBLS CFBLS		PC Neugart (87) PC Neugart (87) PC Neugart (87)
66 Dy 149	0	4.23 m	7/2-	-0.119(7)	-0.62(5)	[163Dy] [163Dy]	CFBLS CFBLS		PC Neugart (87) PC Neugart (87)
66 Dy 151	0	17 m	7/2-	-0.945(7)	-0.30(5)	[163Dy]	CFBLS CFBLS		PC Neugart (87) PC Neugart (87)
66 Dy 152	6129	9.9 ns	21-	+11.6(12)			TDPAD	1979Me01	PRL 42 23 (79)
66 Dy 153	0	6.3 h	7/2-	-0.782(6) -0.715(6)	-0.02(5) -0.15(9)	[163Dy] [163Dy] [163Dy] [163Dy]	CFBLS AB CFBLS AB	1972Ro36 1972Ro36	PC Neugart (87) PS 6 24 (72)/PL 49A 287 (74) PC Neugart (87) PS 6 24 (72)/PL 49A 287 (74)
66 Dy 154	yrast band cont.	short	10+ - 14- 16+ - 20- 22+ - 30- 32+ - 36-	g ratio to 2+ = 1.00 g ratio to 2+ = 1.1(2) g ratio to 2+ = 1.0(3) + g ratio to 2+ = 0.5(4) + g ratio to 2+ = 0.3(4) + g ratio to 2+ = 0.8(4) + g ratio to 2+ = 1.2(3) 6 g(av) = +0.39(5)		[154Dy 2+] [154Dy 2+] [154Dy 2+] [154Dy 2+] [154Dy 2+] [154Dy 2+] [154Dy 2+]	IPAD IPAD IPAD IPAD IPAD IPAD IPAD TF	1993Bi05 1993Bi05 1993Bi05 1993Bi05 1993Bi05 1993Bi05 1993Bi05	NP A553 527c (93) NP A553 527c (93) PL 144B 341 (84)
66 Dy 155	0	10.0 h	3/2-	-0.385(4) -0.339(2)	+1.04(3) +0.967(14)	[163Dy] [163Dy] [163Dy] [163Dy]	CFBLS AB CFBLS AB	1972Ro36 1972Ro36	PC Neugart (87) PS 6 24 (72)/PL 49A 287 (74) PC Neugart (87) PS 6 24 (72)/PL 49A 287 (74)

Nucleus	Ex	$T_{\scriptscriptstyle 1/2}$	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
66 Dy 156	138	0.82 ns	2+	+0.78(8)			R	1984Ha39	PL 144B 341 (84)
-	cont	short	I(av) = 19	g(av) = +0.11(4)			TF	1985Ta02	NP A435 294 (85)
				g(av) = +0.12(3)			TF	1985Ta02	NP A435 294 (85)
			I(av) = 21	g(av) = +0.14(6)			TF	1985Ta02	NP A435 294 (85)
			I(av) = 23	g(av) = +0.20(3)			TF	1985Ta02	NP A435 294 (85)
				g(av) = +0.21(7)			TF	1985Ta02	NP A435 294 (85)
			I(av) = 23	g(av) = +0.21(3)			TF	1984Ha39	PL 144B 341 (84)
66 Dy 157	0	8.1 h	3/2-	-0.301(2)		[163Dy]	CFBLS		PC Neugart (87)
				-0.302(2)		[163Dy]	AB	1972Ro36	PS 6 24 (72)/PL 49A 287 (74)
					+1.30(2)	[163Dy]	CFBLS		PC Neugart (87)
					+1.30(1)	[163Dy]	AB	1972Ro36	PS 6 24 (72)/PL 49A 287 (74)
66 Dy 158	99	1.66 µs	2+	+0.72(5)			IPAC	1993AI09	ZP A345 273 (93)
	317	73 ps	4+	+1.36(8)			IPAC	1993AI09	ZP A345 273 (93)
				+1.4(2)			IMPAC	1983Se09	NP A399 211 (83)
				+1.4(2)			IMPAC	1973Ka25	PR C8 757 (73)
	638	10.8 ps	6+	+1.2(2)			IPAC	1993AI09	ZP A345 273 (93)
	1044	3.25 ps	8+	+1.7(9)			IPAC	1993AI09	ZP A345 273 (93)
	1044	2.9 ps	8+	+3.3(10)			TF	1983Se09	NP A399 211 (83)
	>1044		I(av) = 14	g(av) = +0.04(11)			TF	1983Se09	NP A399 211 (83)
	gsband		<16+	$\alpha \times 10^*3 = -1.5(13)$			TF	1980An27	PRL 45 1835 (80)
66 Dy 159	0	144 d	3/2-	-0.354(3)		[163Dy]	CFBLS		PC Neugart (87)
					+1.37(2)	[163Dy]	CFBLS		PC Neugart (87)
66 Dy 160	87	1.96 ns	2+	+0.74(2)			TDPAC	1973Ka25	ZP 183 472 (65)/PR C8 757 (73)
				+0.70(3)			TDPAC	1984Si07	NIM 219 443 (84)
					1.8(4)		TDPAC	1970Wa25	ZP 238 35 (70)
	284	101 ps	4+	+1.40(8)			IPAC	1996AI02	ZP A353 357 (96)
				+1.3(2)		[160Dy 966]	IPAC		PSNI 15B 343 (72)
	966	1.34 ps	2+	+0.63(2)			IPAC	1995Al22	ZP A353 17 (95)
				+0.34(9)			IPAC		PL 28B 590 (69)/JP G1 727 (75)
	gsband		<16+	$\alpha \times 10^*3 = -1.5(16)$			TF	1980An27	PRL 45 1835 (80)

Nucleus 66 Dy 161	Ex 0	T <sub>1/2</sub> stable	l 5/2+	μ(nm) -0.480(3) -0.481(5)	Q(b) +2.51(2)	[Ref. Std.] [163Dy] [163Dy]	Method AB AB/D AB Mu-X	NSR Reference	Journal Reference PL 49A 287 (74) PL 49A 287 (74) PL 49A 287 (74)
	26	29 ns	5/2-	+0.594(3)	2.47(3) a +2.51(2)	[161Dy] [161Dy]	ME, R ME, R		PL 49A 287 (74) JPCR 5 1093 (76) JPCR 5 1093 (76)
	44	0.78 ns	7/2+	-0.141(5)	+0.53(13)	[161Dy] [161Dy]	ME ME	1973Sy01 1973Sy01	PR C7 2056 (73) PR C7 2056 (73)
	75	3.2 ns	3/2-	-0.403(4)	+1.45(6)	[161Dy] [161Dy]	ME, R ME, R	10/00/01	JPCR 5 1093 (76) JPCR 5 1093 (76)
66 Dy 162	81	2.25 ns	2+	+0.69(3)			RIGV	1970Be36/1973Ka25	NP A151 401 (70)/PR C8 757 (73)
66 Dy 163	0	stable	5/2-	+0.673(4)	+2.65(2) a		AB/D Mu-X, O	1984Ta04/1973Mu06	PL 49A 287 (74) PR C29 1830 (84)/PR A7 416 (73)
66 Dy 164	73	2.39 ns	2+	+0.68(2) +0.73(3)	2.00(45)	[161Dy]	ME RIGV	1970Be36	ZP 208 184 (68) NP A151 401 (70)
	242	0.20 ns	4+	+1.5(5)	-2.08(15)	[161Dy] [164Dy73]	ME TF	1989Do12	ZP 208 184 (68) PR C40 2035 (89)
	501	26.6 ps	6+	+1.7(5)		[]	IMPAC	1983Se09	NP A399 211 (83)
	762	4.6 ps	2+	+0.6(2)		[164Dy73]	TF	1989Do12	PR C40 2035 (89)
	844	7.2 ps	8+	+2.2(7)		[164Dy73]	TF	1989Do12	PR C40 2035 (89)
	1261	2.3 ps	10+	+3.5(13)		[164Dy73]	TF	1989Do12	PR C40 2035 (89)
66 Dy 165	0	2.33 h	7/2+	-0.520(5)	-3.49(7)	[163Dy] [163Dy]	AB AB	1968Ra03 1968Ra03	PR 165 1360 (68)/PL 49A 287 (74) PR 165 1360 (68)/PL 49A 287 (74)
67 Ho 152	0	161.8 s	2-	-1.02(2)		[165Ho]	LRIMS	1989Al27	NP A504 549 (89)
					+0.1(2) st	[165Ho]	LRIMS	1989Al27	NP A504 549 (89)
	160	49.5 s	9+	+5.94(5)	-1.3(8) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
67 Ho 153	0	2.0 m	11/2-	+6.81(5)	4.44=> 4	[165Ho]	LRIMS	1989Al27	NP A504 549 (89)
	00	0.0	4.10 :	14.40/4)	-1.1(5) st	[165Ho]	LRIMS	1989Al27	NP A504 549 (89)
	68	9.3 m	1/2+	+1.19(1)		[165Ho]	LRIMS	1989Al27	NP A504 549 (89)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
67 Ho 154	0	11.76 m	2-	-0.643(6)	+0.19(10) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
	320	3.10 m	8+	+5.65(6)	-1.0(5) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
67 Ho 155	0	48 m	5/2+	+3.51(3)	+1.52(10) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
67 Ho 156	0	56 m	4(+)	+2.99(3)	+2.3(2) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
67 Ho 157	0	12.6 m	7/2-	+4.35(3)	+2.97(13) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
67 Ho 158	0	11.3 m	5+	+3.77(3)	+4.1(4) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
	67.2	28 m	2-	+2.44(3)	+1.6(2) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
67 Ho 159	0	35.05 m	7/2-	+4.28(3)	3.19(13) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
67 Ho 160	0	25.6 m	5+	+3.71(3)	+4.0(2) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
	60	5.02 h	2-	+2.52(3)	14.0(2) 50	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
67 Ho 161	0	2.48 h	7/2-	+4.25(3)	3.22(11) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
67 Ho 162	106	67 m	6-	+3.60(4)	3.9(7) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)
67 Ho 163	0	4570 y	7/2-	+4.23(4)	3.6(6) st	[165Ho] [165Ho]	LRIMS LRIMS	1989Al27 1989Al27	NP A504 549 (89) NP A504 549 (89)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
67 Ho 165	0 95	stable  22 ps	7/2- 9/2-	+4.17(3) 4.1(2)	3.58(2) a +2.716(9) 3.60(2) a 3.41(8) a 3.53(8) a +3.49(3) a	[165Ho]	AB/D, R Pi-X ABLS Pi-X Ka-X Pi-X Mu-X, AB ME	1974Da11 1983Ol03 1982Bu13 1981Ba07 1981Ba07 1978Eb01 1976Po05/1974Da10 1972Ge21	ZP 267 239 (74) NP A403 572 (83) ZP A307 193 (82) NP A355 383 (81) NP A355 383 (81) NP A296 493 (78) NP A262 493 (76)/ZP 267 229 (74) ZP 257 29 (72)
	90	22 ps	3/2-	7.1(2)	3.43(4) a	[103110]	Mu-X	1976Po05	NP A262 493 (76)
67 Ho 166	6	1200 y	(7)-	3.60(16) 3.65(13) 3.60(5)		[165Ho]	NO/S NO/S NO/S	1981Kr12	PR C24 654 (81) HFI 10 1183 (80) PRS A372 19 (80)
	54	3.4 ns	2-	+0.068(10)	-3(3)	[165Ho]	NO/S IPAC	1979Ba40	HFI 10 1183 (80) NP A331 75 (79)
68 Er 152	2184 4521	1.8 ns 1.2 ns	8+ 16+	-0.6(6) +5(2)			IPAD IPAD		Cf83Meguro, 155 (83) Cf83Meguro, 155 (83)
68 Er 153	0	37.1 s	(7/2-)	-0.934(5)	-0.42(2)	[167Er] [167Er]	CFBLS CFBLS		Cf85Bomb 175 (85) Cf85Bomb 175 (85)
68 Er 154	3016 + x	39 ns	11-	+0.169(13) +0.19(3)			TDPAD TDPAD	1984Ra11 1983Ng02	PR C30 169 (84) ZP A309 207 (83)
68 Er 155	0	5.3 m	7/2-	-0.669(4)	0.27(2)	[167Er]	CFBLS CFBLS		Cf85Bomb 175 (85) Cf85Bomb 175 (85)
	563	30 ns	13/2+	-0.55(3)	-0.27(2)	[167Er]	TDPAD	1984Ra11	PR C30 169 (84)
68 Er 156	345	33 ps	2+	0.80(12)			RIGV	1970No01	NP A142 577 (70)
68 Er 157	0	25 m	3/2-	-0.412(3)	+0.92(2)	[167Er] [167Er]	CFBLS CFBLS		Cf85Bomb 175 (85) Cf85Bomb 175 (85)
	266+x	54 ps	17/2+	0.4(4)	( )		IAPAD	1974Na08	PRL 32 1380 (74)

Nucleus 68 Er 158	Ex 192	T <sub>1/2</sub> 0.30 ns	I 2+	μ(nm) 0.72(11)	Q(b)	[Ref. Std.]	Method RIGV	NSR Reference 1970No01	Journal Reference NP A142 577 (70)
68 Er 159	0	36 m	3/2-	-0.304(2)	+1.17(1)	[167Er] [167Er]	CFBLS CFBLS		Cf85Bomb 175 (85) Cf85Bomb 175 (85)
	784	8.2 ps	21/2+	<0.74	11.17(1)	[107 [1]	RIGV	1980Sp03	NP A344 176 (80)
68 Er 160	390	34 ps	4+	1.28(19)			RIGV	1970No01	NP A142 577 (70)
68 Er 161	0	3.21 h	3/2-	-0.365(3) -0.369(3)	+1.35(2) +1.361(14)	[167Er] [167Er] [167Er] [167Er]	CFBLS AB CFBLS AB	1972Ek03 1972Ek03	Cf85Bomb 175 (85) NP A194 237 (72) Cf85Bomb 175 (85) NP A194 237 (72)
68 Er 162	102 901	1.3 ns 1.24 ps	2+ 2+		< 0 1.8(6)		CER CER	1981Hu02 1983Hu01	PR C23 240 (81) PR C27 550 (83)
68 Er 163	0	75.1 m	5/2-	+0.557(4)	+2.55(3)	[167Er] [167Er]	CFBLS CFBLS		Cf85Bomb 175 (85) Cf85Bomb 175 (85)
68 Er 164	92	1.48 ns	2+	0.697(15)	< 0	[166Er 81]	ME CER	1981Hu02	ZP 208 184 (68) PR C23 240 (81)
	299	86 ps	4+	+1.36(8)	10		TF	1996Br09	NP A600 272 (96)
	614		6+	+1.88(9)			TF	1996Br09	NP A600 272 (96)
	860	1.9 ps	2+	+0.81(6)	0.4(0)		TF	1996Br09	NP A600 272 (96)
	1025	2.6 ps	8+	+2.72(13)	2.4(3)		CER TF	1983Hu01	PR C27 550 (83) NP A600 272 (96)
	15158	2.0 ps 1.0 ps	10+	+3.2(3)			TF	1996Br09 1996Br09	NP A600 272 (96)
68 Er 165	0	10.36 h	5/2-	+0.643(3)	+2.71(3)	[167Er] [167Er]	CFBLS CFBLS		Cf85Bomb 175 (85) Cf85Bomb 175 (85)
	243	0.31 ns	3/2-	+0.6(2)	2 1(0)	[.0.2.]	0. 520	1978EgZY	Cf78Dubna 138 (78)
68 Er 166	81	1.85 ns	2+	+0.649(10) +0.632(10)	-2.7(9) -2.9(10)	[167Er] [167Er]	ME ME CER CER	1981Ho31	HFI 11 29 (81) ZP 208 184 (68)/PL 10 319 (64) ORNL 4513 56 (70) Cf69Heid 471 (69)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b) -1.9(4) st	[Ref. Std.]	Method ME	NSR Reference	Journal Reference ZP 182 499 (65)
	265	118 ps	4+	+1.14(8)	( )		TF	1996Br09	NP A600 272 (96)
		•		+1.26(6)		[166Er 81]	IPAC	1985Al22	ZP A322 467 (85)
				. ,	-2.7(9)	-	CER		BAPS 14 1204 (69)
	545	16.8 ps	6+	+1.72(9)			TF	1996Br09	NP A600 272 (96)
				+1.6(2)		[166Er 265]	TF	1986Do13	ZP A325 285 (86)
				+1.55(7)		[166Er 81]	IPAC	1985Al22	ZP A322 467 (85)
	786	4.6 ps	2+	+0.74(5)			TF	1996Br09	NP A600 272 (96)
				+0.56(9)		[166Er 265]	TF	1986Do13	ZP A325 285 (86)
					2.2(2)		CER	1983Hu01	PR C27 550 (83)
					2.1(4)		CER	1977Mc11	NP A289 253 (77)
					2.0(3)		CER		ORNL 4513 56 (70)
	911	4.2 ps	8+	+2.2(2)			TF	1996Br09	NP A600 272 (96)
				+1.9(3)		[166Er 265]	TF	1986Do13	ZP A325 285 (86)
				+2.1(4)		[166Er 81]	IPAC	1985Al22	ZP A322 467 (85)
	1216	3.9 ps	6+	+1.5(2)		[166Er 81]	IPAC	1985Al22	ZP A322 467 (85)
	1350	1.7 ps	10+	+2.8(4)			TF	1996Br09	NP A600 272 (96)
				+2.0(8)		[166Er 265]	TF	1986Do13	ZP A325 285 (86)
68 Er 167	0	stable	7/2+	-0.56385(12)			AB/D	1984Fo02	ZP A315 1 (84)
				-0.565(2)			AB		PPS 86 1249 (65)
					+3.57(3) a		Mu-X	1984Ta04	PR C29 1830 (84)
					+2.827(12)		AB		PPS 86 1249 (65)
68 Er 168	80	1.86 ns	2+	+0.62(6)			IPAC	1980Fu03	PR C21 2575 (80)
				+0.658(14)		[166Er 81]	ME		ZP 208 184 (68)
	264	121 ps	4+	+1.17(12)			TF	1996Br09	NP A600 272 (96)
				+1.26(16)		[166Er 265]	IMPAC		Cf67HI 731 (67)
					-2.2(10)		CER		ORNL 4513 56 (70)
	549	16.8 ps	6+	+1.81(12)			TF	1996Br09	NP A600 272 (96)
				+2.0(3)		[168Er 264]	TF	1989Do12	PR C40 2035 (89)
	821	2.9 ps	2+	+0.77(4)			TF	1996Br09	NP A600 272 (96)
				+0.72(14)		[168Er 549]	TF	1989Do12	PR C40 2035 (89)
			_	- · · · ·	2.3(2)		CER	1983Hu01	PR C27 550 (83)
	928	3.4 ps	8+	+2.4(2)			TF	1996Br09	NP A600 272 (96)
				+2.7(5)		[168Er 549]	TF	1989Do12	PR C40 2035 (89)

Nucleus	Ex 1094 1396	T <sub>1/2</sub> 112.5 ns 1.4 ps	l 4- 10+	μ(nm) +0.96(4) +3.1(4) +3.2(8)	Q(b)	[Ref. Std.] [168Er 549]	Method TDPAC TF TF	NSR Reference 1980Fu03 1996Br09 1989Do12	Journal Reference PR C21 2575 (80) NP A600 272 (96) PR C40 2035 (89)
68 Er 169	0	9.40 d	1/2-	+0.52(3) +0.4850(2)		[167Er]	AB/D AB	1963Do09 1963Do09	PR 131 1586 (63) PR 131 1586 (63)/PPS 86 1249 (65)
68 Er 170	79	1.90 ns	2+	0.633(13)	-1.9(2)	[166Er 81]	ME CER	1969Wi04 1973Lu02	PR 177 1786 (69) PR C8 391 (73)
	260	~135 ps	4+	+1.09(15)	-2.2(10)	[166Er 265]	IMPAC CER		Cf67HI 731 (67) ORNL 4513 56 (70)
	934	1.7 ps	2+		2.0(3)		CER	1983Hu01	PR C27 550 (83)
68 Er 171	0	7.52 h	5/2-	0.659(10)	2.86(9)	[167Er] [167Er]	AB AB		PR 135 B1281 (64) PR 135 B1281 (64)
69 Tm 156	0	1.3 m	2-	+0.40(3)	-0.48(11) st	[169Tm] [170Tm]	LRIMS LRIMS		LNPP 1309 (87) LNPP 1309 (87)
69 Tm 157	0	3.6 m	1/2+	+0.476(15)		[169Tm]	LRIMS	1988Al04	NP A477 37 (88)
69 Tm 158	0	4.3 m	2-	+0.04(2)	+0.74(11) st	[169Tm] [170Tm]	LRIMS LRIMS	1988Al04 1988Al04	NP A477 37 (88) NP A477 37 (88)
69 Tm 159	0	9.0 m	5/2+	+3.42(3)	+1.93(7) st	[169Tm] [170Tm]	LRIMS LRIMS	1988Al04 1988Al04	NP A477 37 (88) NP A477 37 (88)
69 Tm 160	0	9.4 m	1-	+0.16(2)	+0.58(4) st	[169Tm] [170Tm]	LRIMS LRIMS	1988Al04 1988Al04	NP A477 37 (88) NP A477 37 (88)
69 Tm 161	0	38 m	7/2+	+2.40(2)	+2.90(7) st	[169Tm] [170Tm]	LRIMS LRIMS	1988Al04 1988Al04	NP A477 37 (88) NP A477 37 (88)
69 Tm 162	0	21 m	1-	+0.068(8)	+0.69(3) st	[169Tm] [170Tm]	LRIMS LRIMS	1988Al04 1988Al04	NP A477 37 (88) NP A477 37 (88)

Nucleus 69 Tm 163	Ex 0	T <sub>1/2</sub> 1.8 h	l 1/2+	μ(nm) -0.082(1)	Q(b)	[Ref. Std.] [169Tm]	Method AB, LRIMS	NSR Reference 1967Dy01/1988Al04	Journal Reference BAPS 12 1046 (67)/NP A477 37 (88)
69 Tm 164	0	2.0 m	1+	+2.83(3)	+0.71(5) st	[169Tm] [170Tm]	LRIMS LRIMS	1988Al04 1988Al04	NP A477 37 (88) NP A477 37 (88)
69 Tm 165	0	30.06 h	1/2+	-0.139(2)		[169Tm]	AB, LRIMS	1988Al04	BAPS 13 1650 (68)/NP A477 37 (88)
69 Tm 166	0	7.7 h	2+	+0.092(1)	+2.14(3) st	[169Tm] [170Tm]	AB, LRIMS LRIMS	1988Al04/1972Ad14 1988Al04	NP A477 37 (88)/NP A198 380 (72) NP A477 37 (88)
69 Tm 167	0	9.25 d	1/2+	-0.197(2)		[169Tm]	AB, R, LRIMS	1973Ek01/1988Al04	PS 7 31 (73)/NP A477 37 (88)
69 Tm 168	0	85 d	3+	+0.227(11)	+3.23(7) st	[169Tm] [170Tm]	LRIMS LRIMS	1988AI04 1988AI04	NP A477 37 (88) NP A477 37 (88)
69 Tm 169	0	stable	1/2+	-0.2310(15) d -0.229(3) 0.24(1) -0.21(2)			AB AB/D PMR O	1962Ri11 1961Ha37	ZP 199 244 (67) PR 128 2238 (62) JChP 35 1521 (61) ZP 141 476 (55)
	8	3.9 ns	3/2+	+0.515(5) +0.513(5)	-1.2(1) st	[169Tm] [169Tm]	ME ME ME	1973Lu02	HFI 1 50 (76)  JMMM 15/18 651 (80)  PR 134 A94 (64)/PR C8 391 (73)
	118 139	62 ps 302 ps	5/2+ 7/2+	+0.76(5) +1.39(5)	. ,		IPAC IPAC	1969Gu01/1968Ka14 1969Gu01/1968Ka14	NP A123 386 (69)/NP A119 417 (68) NP A123 386 (69)/NP A119 417 (68)
	316 379	660 ns 48 ns	7/2+ 7/2-	+0.156(8) +3.04(14) 0.96(8)			TDPAC TDPAC TDPAC	1972Ni03 1997De02	NP A181 298 (72) PR C55 1197 (97) Cf67Kanpur A 435 (67)
69 Tm 170	0	128.6 d	1+	+0.246(2) +0.247(5)		[169Tm] [169Tm]	ABLS AB, R	1988Dy02 1960Ca15 1973Ek01	PR C38 2813 (88) PR 120 920 (60)/ZP 199 244 (67)/ PS 7 31 (73)
					+0.72(5) st +0.74(2) st 0.63(5)	[169Tm]	ABLS AB, R, LRIMS	1988Dy02 1973Ek01/1988Al04 1960Ca15/1973Ek01	PR C38 2813 (88) PS 7 31 (73)/NP A477 37 (88) PR 120 920 (60)/PS 7 31 (73)
69 Tm 171	0	1.92 y	1/2+	-0.228(4)		[169Tm]	AB, R		ZP 199 244 (67)/PR 135B 1281 (64)

Nucleus	Ex 117 129 636	T <sub>1/2</sub> 55 ps 415 ps 1.26 ns	l 5/2+ 7/2+ 7/2+	μ(nm) +0.8(4) +1.27(12) +1.2(2)	Q(b)	[Ref. Std.]	Method IPAC	NSR Reference 1968Ka14 1968Ka14 1978Ba03	Journal Reference NP A119 417 (68) NP A119 417 (68) ZP A284 161 (78)
70 Yb 155	0	1.59 s	(7/2-)	-0.84(8)	-1.2(10)		LRIMS LRIMS		BRASP 56 (11) 69 (92) BRASP 56 (11) 69 (92)
70 Yb 157	0 494 + x	38.6 s 45 ns	7/2- 13/2+	-0.639(8) -0.75(8)		[171Yb]	CFBLS TDPAD	1992Ku21 1984Ra11	HFI 74 171 (92) PR C30 169 (84)
70 Yb 158	band		30 - 38	(+)0.20(7)			TF		ANL-PHY-88-2 (88)
70 Yb 159	0	1.58 m	5/2(-)	-0.368(8) -0.366(8)	-0.22(2)	[171Yb] [173Yb] [173Yb]	CFBLS CFBLS CFBLS	1992Ku21 1983Ne13 1983Ne13	HFI 74 171 (92) HFI 15 181 (83) HFI 15 181 (83)
70 Yb 160	band band band		~4+ 14+ 34 - 42	+1.9(10) -3(4) 0.12(7)			PAC PAC TF	1990Lu02 1990Lu02	ZP A335 369 (90) ZP A335 369 (90) ANL-PHY-88-2 (88)
70 Yb 161	0	4.2 m	3/2-	-0.327(8)	+1.03(2)	[173Yb] [173Yb]	CFBLS CFBLS	1983Ne13 1983Ne13	HFI 15 181 (83) HFI 15 181 (83)
70 Yb 162	cont.		20-32	g(av) = 0.24(5)			TF	1984Ma10	PL 134B 153 (84)
70 Yb 163	0	11.0 m	3/2-	-0.374(8)	+1.24(2)	[173Yb] [173Yb]	CFBLS CFBLS	1983Ne13 1983Ne13	HFI 15 181 (83) HFI 15 181 (83)
70 Yb 165	0	9.9 m	5/2-	+0.478(8)	+2.48(4)	[173Yb] [173Yb]	CFBLS CFBLS	1983Ne13 1983Ne13	HFI 15 181 (83) HFI 15 181 (83)
70 Yb 167	0	17.5 m	5/2-	+0.623(8)	+2.70(4)	[173Yb] [173Yb]	CFBLS CFBLS	1983Ne13 1983Ne13	HFI 15 181 (83) HFI 15 181 (83)
70 Yb 169	0	32.0 d	7/2+	-0.635(8) -0.633(16)		[173Yb] [173Yb]	CFBLS O, R	1983Ne13 1983Ne13	HFI 15 181 (83) HFI 15 181 (83)

Nucleus	Ex 24	T <sub>1/2</sub>	1/2	μ(nm)	Q(b) +3.54(6) +3.52(7)	[Ref. Std.] [173Yb] [173Yb]	Method CFBLS O, R CFBLS	NSR Reference 1983Ne13 1983Ne13	Journal Reference HFI 15 181 (83) HFI 15 181 (83)
	24	46 s	1/2-	+0.507(8)		[173Yb]	CFBLS	1983Ne13	HFI 15 181 (83)
	gs band		2+ <12+	$+0.674(8)$ $\alpha \times 10^*3 = -0.5(15)$	2.1(4)	[171Yb] [172Yb 79] [169Tm]	ME ME TF	1979Wa15	ZP 208 184 (68)/PL 15 269 (65) NP A165 67 (71) NP A330 225 (79)
	gs band	t	<18+	$\alpha$ x 10*3 = -2.4(15)			TF	1980An27	PRL 45 1835 (80)
70 Yb 171	0 67	stable 0.81 ns	1/2- 3/2-	+0.49367(1) +0.4949(4) 0.350(2)	4.0(0)	[23Na] [35Cl] [171Yb]	OP N ME	1972Ol01 1964Go06	ZP 249 205 (72) PR 133 A881 (64) PL 22 446 (66)/PL 22 443 (66)
	76	1.64 ns	5/2-	+1.015(5)	1.6(3) 2.2(4)	[170Yb 84] [171Yb] [170Yb 84]	ME ME ME	1971PI03 1970He25	NP A165 97 (71) PR C2 2414 (70) NP A165 97 (71)
	231 247 487 509 833 860 1263 1293		7/2- 9/2- 11/2- 13/2- 15/2- 17/2- 19/2 21/2	0.79(5) 1.44(7) 1.65(6) 2.5(1) 2.3(2) 3.2(2) 3.3(4) 4.1(4)	2.2(4)	[17010 64]	TF TF TF TF TF TF TF	1971PI03 1992AnZY 1992AnZY 1992AnZY 1992AnZY 1992AnZY 1992AnZY 1992AnZY	CF92Otta 1 44 (92)
70 Yb 172	260	0.122 ns	4+		-2.3(12)		CER		ORNL-4513 56 (70)
70 Yb 173	0	stable	5/2-	-0.648(3) -0.67989(3) 0.68002(3)	12.00(4) 6	[171Yb] [23Na] [35Cl]	CFBLS OP N	1992Ku21 1972Ol01 1964Go06	HFI 74 171 (92) ZP 249 205 (72) PR 133 A881 (64)
	79 179 351	44 ps 24 ps 471 ps	7/2- 9/2- 7/2+	-0.20(7) +0.3(4) -0.5(5)	+2.80(4) a		Mu-X, O IPAC IPAC IPAC	1975Ze04	NP A254 315 (75)/JPJa 19 249 (64) HFI 1 15 85 (83) HFI 1 15 85 (83) HFI 1 15 85 (83)
70 Yb 174	77	1.79 ns	2+	+0.676(8)	2.1(3)	[170Yb 84]	ME ME	1971He03 1971Pl03/1971He03	ZP 241 138 (71) NP A165 97 (71)/ZP 241 138 (71)

Nucleus	Ex 253 gs band gs band	T <sub>1/2</sub> 144 ps < 12+ <16+	 4+	$\mu(nm)$ $\alpha \times 10^*3 = +0.3(15)$ $\alpha \times 10^*3 = -1.3(10)$	Q(b) -1.8(12)	[Ref. Std.] [169Tm]	Method CER TF TF	NSR Reference 1979Wa15 1980An27	Journal Reference ORNL 4513 56 (70) NP A330 225 (79) PRL 45 1835 (80)
70 Yb 175	0	4.18 d	7/2-	0.768(8) 0.58(8) 0.40(5)		[171Yb]	CFBLS NO/S NO/S	1992Ku21 1974Be19 1972Kr18	HFI 74 171 (92) PR B9 1092 (74) NP A197 352 (72)
70 Yb 176	82 272	1.8 ns 0.11 ns	2+ 4+	+0.68(3)	2.2(4) -0.9(12)	[171Yb 67] [170Yb 84]	ME, CETD ME CER	1967Ec02/1966Ti01 1967Ec01	PR 163 1295 (67)/PR 141 1062 (66) PR 156 246 (67) ORNL 4513 56 (70)
71 Lu 169	0	34.1 h	7/2+	2.297(13)	3.42(12)	[177Lu] [177Lu]	NMR-ON NMR-ON	1996Ko26 1996Ko26	PR C54 1027 (96) PR C54 1027 (96)
71 Lu 171	0	8.24 d	7/2+	2.305(12) 2.03(10)	3.53(2)	[177Lu] [177Lu] [177Lu]	NMR-ON NO/S NMR-ON	1996Ko26 1976Kr04 1996Ko26	PR C54 1027 (96) PR C13 1295 (76) PR C54 1027 (96)
71 Lu 172	0	6.70 d	4-	2.893(15) 2.25(10)	3.80(3)	[177Lu] [177Lu] [177Lu]	NMR-ON NO/S NMR-ON	1996Ko26 1976Kr04 1996Ko26	PR C54 1027 (96) PR C13 1295 (76) PR C54 1027 (96)
71 Lu 173	0	1.37 y	7/2+	2.280(12) 2.34(9)	3.56(4)	[177Lu] [177Lu] [177Lu]	NMR-ON NO/S NMR-ON	1996Ko26 1975Kr11 1996Ko26	PR C54 1027 (96) PR C12 1999 (75) PR C54 1027 (96)
71 Lu 174	0 171	3.3 y 142 d	1- 6-	1.9(3) 1.497(10) 2.3(3)		[173Lu]	NO/S NMR/ON NO/S	1975Kr11 1991Hi19 1975Kr11	PR C12 1999 (75) PL B263 29 (91) PR C12 1999 (75)
71 Lu 175	0	stable	7/2+	+2.2323(11) +2.2327(11) +2.23799(6)	+3.49(2) a 3.62(9) a	[2H]	AB/D N/OP N, AB Mu-X Pi-X	1985Br09 1975Mu15 1962Re02/1962Ri04 1979De29 1983Ol03	NP A440 407 (85) ZP A275 305 (75) PR 126 1493 (62)/PR 126 240 (62) NP A326 418 (79) NP A403 572 (83)

Nucleus	Ex 114 251	T <sub>1/2</sub> 100 ps 42 ps	l 9/2+ 11/2+	μ(nm) +2.01(15) +2.0(7)	Q(b)	[Ref. Std.]	Method IPAC, R IPAC	NSR Reference	Journal Reference PhSS 32 151 (69) PL 21 659 (66)
71 Lu 176	0 127	3.6x10*10 y	7- 1-	+3.169(5) +0.318(3)	+4.92(3) +4.97(3) 5.07(7) a	[175Lu] [175Lu] [175Lu]	AB/D AB AB Pi-X AB, R	1985Br09 1985Br09 1983Ol03 1975Mu15	NP A440 407 (85) NP A440 407 (85)/PPS 79 787 (62) PPS 79 787 (62) NP A403 572 (83) ZP A275 305 (75)
				313.13(3)	-1.47(1)	[175Lu]	AB	1965Wh03	PR 137 B477 (65)
71 Lu 177	0 122 150 970	6.71 d 116 ps 120 ns 160 d	7/2+ 9/2+ 9/2- 23/2	+2.239(11) +2.2(8) +5.5(3) 2.337(13) 2.93(7)	+3.39(2) 5.2(5)	[175Lu] [175Lu] [177Lu] [177Lu] [177Lu]	AB, R AB IPAC TDPAC NMR-ON NO/S NMR-ON	1975Mu15 1962Pe07 1977Ne11 1996Ko26 1974Kr12/1975Sc16 1996Ko26	ZP A275 305 (75) PR 126 252 (62) IzUz 1973n4 79 (73) HFI 3 257 (77) PR C54 1027 (96) PR C10 825 (74)/ZP A272 203 (75) PR C54 1027 (96)
70 LH 465	>			0.407070 7 - 10.14(2)	4.2(7)	[175Lu]	NO/S TF	1983Oe01	ZP A310 233 (83)
72 Hf 165		_	-	average g = +0.14(3)				1996We01	PR C53 151 (96)
72 Hf 166	> yrast	_	_	average g = +0.19(4)			TF	1996We01	PR C53 151 (96)
72 Hf 168	>1213	~ 1 ps	>6+	average $g = +0.07(4)$			IMPAC	1975Sk01	NP A238 159 (750
72 Hf 172	>1037 1685 2006	~0.5 ps 4.8 ns 163 ns	>6+ (6+) (8-)	average g = +0.14(4) +5.6(6) +7.96(7)			IMPAC TDPAD TDPAD	1975Sk01 1980Wa23 1980Wa23	NP A238 159 (750 NP A349 1 (80) NP A349 1 (80)
72 Hf 173	1984	19.5 ns	23/2-	+6.6(2)			TDPAD	1980Wa23	NP A349 1 (80)
72 Hf 174	1549	138 ns	(6+)	+5.42(5)			TDPAD	1980Wa23	NP A349 1 (80)
72 Hf 175	0	70 d	5/2-	-0.62(3) 0.54(3) 0.58(3)		[178Hf 93] [180Hf 93]	LRS NMR/ON NMR/ON	1997Ji02	PR C55 1545 (97) ZP B63 24 (86) ZP B63 24 (86)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b) +2.6(2) +2.8(4)	[Ref. Std.]	Method LRS NO/S	NSR Reference 1997Ji02	Journal Reference PR C55 1545 (97) PL 46B 62 (73)
72 Hf 176	88	1.47 ns	2+	+0.63(6) +0.54(4)	-2.10(2) a	[180Hf]	IPAC CEAD Mu-X	1996Al20 1968Be04 1984Ta10	ZP A355 363 (96) NP A109 201 (68) PR C30 350 (84)
	219	87.9 ps	4+	+1.34(15)	-2.10(2) a		IPAC	1996Al20	ZP A355 363 (96)
72 Hf 177	0	stable	7/2-	+0.7935(6)	+3.37(3) a	[179Hf]	AB/D Mu-X AB	1973Bu25 1984Ta04	PL 43B 479 (73)/ZP 260 157 (73) PR C29 1830 (84) ZP 260 157 (73)
	113	530 ps 583 ps 490 ps	9/2- 9/2- 9/2-	+1.03(3) d +0.91(2) +1.08(4)	+3.36(3)	[179HI]	IPAC IPAC IPAC, R	1973Bu25 1996Al20 1991De24	ZP 200 137 (73) ZP A355 363 (96) PR C44 2213 (91) PR C12 2031 (75)
	250	97 ps	11/2-	+1.5(5)	1.30(2) a	[177Hf 113]	Mu-X IPAC IPAC	1984Ta10 1968Br15	PR C30 350 (84) CJP 46 1523 (68)
72 Hf 178	321 93	0.67(2) ns 1.47 ns	9/2+ 2+	-0.73(9) +0.48(3)			CEAD IPAC	1969Hu06 1968Be04	NP A127 609 (69)  NP A109 201 (68)
	1147	4 s	8-	+0.60(4)	-2.02(2) a		Mu-X BFNO	1984Ta10	ArkF 22 257 (62) PR C30 350 (84) PC Postma (88)
	1554	77 ns	6+	+5.84(5) +5.89(9)		[477] IG	TDPAD TDPAD	1980Wa23	NP A349 1 (80) HFI 4 216 (78)
	2446	31 y	16+	+8.16(4) 7(3)	.0.00(7)	[177Hf]	CFBLS BFNO	1994Bo15	PRL 72 2689 (94) PC Postma (88)
<b>=</b> 0.115.4 <b>=</b> 0			0.40	0.0400/40)	+6.00(7)	[177Hf]	CFBLS	1994Bo15	PRL 72 2689 (94)
72 Hf 179	0	stable	9/2+	-0.6409(13)	+3.79(3) a +3.93(5) a +5.3(5)		AB/D Mu-X, AB Pi-X AB, R	1973Bu25 1984Ta04/1973Bu25 1983Ol03	PL 43B 479 (73)/ZP 260 157 (73) PR C29 1830 (84)/ZP 260 157 (73) NP A403 572 (83) Bk82HFS 84 (82)/PL 62A 307 (77)
	123 1106	37 ps 25.1 d	11/2+ 25/2-	7.4(3)	1.88(3) a	[177Hf 113]	Mu-X NO/S	1984Ta10 1975Hu15	PR C30 350 (84) PR C12 2013 (75)
72 Hf 180	93	1.53 ns	2+	+0.61(3)			IPAC	1996Al20	ZP A355 363 (96)

Nucleus	Ex	$T_{\scriptscriptstyle 1/2}$	I	μ(nm) +0.51(8) +0.53(3) +0.77(7)	Q(b)	[Ref. Std.] [178Hf 93]	Method ME CEAD IPAC	NSR Reference 1968Be04	Journal Reference BAPS 17 545 (72) NP A109 201 (68) ZP 165 57 (61)
	309 641 1142	75.3 ps 9.0 ps 5.5 h	4+ 6+ 8-	+1.4(2) +2.0(4) +2.0(4) +8.7(10) 9.0(9)	-2.00(2) a +4.6(3)	[180Hf 93] [178Hf 93]	Mu-X IPAC IPAC IPAC ME NO/S NO/S	1984Ta10 1996Al20 1996Al20 1971Ko29 1976Kr11	PR C30 350 (84) ZP A355 363 (96) ZP 165 57 (61) ZP A355 363 (96) PRL 27 1593 (71) PR C14 656 (76) PL 46B 62 (73)
73 Ta 171	184	45 ns	9/2-		(+)3.1(2)	[181Ta]	TDPAD	1995Do32	HFI 96 223 (95)
73 Ta 173	0	3.14 h	5/2-	1.70(3)	(-)1.9(2)	[181Ta 482]	NMR/ON NO/S	1991Ko25 1983Ed01	NP A534 344 (91) PL 133B 44 (83)
73 Ta 175	0	10.5 h	7/2+	2.27(5) 2.27(5)	(+)3.6(4)	[181Ta] [181Ta] [181Ta 482]	NMR/ON NMR/ON NO/S	1984Oh07 1984Ed01 1983Ed01	JPJa 53 2479 (84) NP A413 247 (84) PL 133B 44 (83)
73 Ta 177	0 70 186 1355	56.6 h 73 ns 2.78 μs 5.0 μs	7/2+ 5/2+ 5/2- 21/2-	2.25(5) 2.25(5) +4.8(5) +2.05(13) +0.080(14)		[181Ta] [181Ta]	NMR/ON NMR/ON PPDAC TDPAC IPAD	1984Oh07 1984Ed01 1976Ao02/1974Ao01 1978Be67 1982Ao04	JPJa 53 2479 (84) NP A413 247 (84) NP A272 47 (76)/NIM 119 477 (74) IzF 42 2286 (78) NP A381 13 (82)
73 Ta 178	0 + x	9.3 m	1+	2.740(12) +2.8(2)	+0.65(6)	[181Ta 482] [181Ta]	NMR/ON NO/S NO/S	1987Ni05 1983Ha49	JPJa 56 492 (87) HFI 4 206 (78) HFI 16 105 (83)
73 Ta 179	0	1.82 y	7/2+	+2.289(9)	+3.37(4)	[181Ta] [181Ta]	LRS LRS	1996Wa02 1996Wa02	PR C53 611 (96) PR C53 611 (96)
73 Ta 180	75	>1.2x10*15y	9-	+4.825(11) 4.77(5)	+4.95(2)	[181Ta]	LRS ABLRFS LRS	1994Wa34 1980Bu09 1994Wa34	PR A50 4639 (94) PL 92B 64 (80) PR A50 4639 (94)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
73 Ta 181	0	stable	7/2+	+2.3705(7)	+3.17(2) a +3.28(6) a +3.35(2) a +3.35(11) a 3.4(2) +3.30(6) a 3.18(3) a		N Pi-X Mu-X Pi-X Ka-X AB Pi-X Mu-X	1973Er17/1960Be23 1983Ol03 1981Ko11 1981Ba07 1981Ba07 1981Ka10 1978Be31 1977Po02	JCP 59 3911 (73)/PR 120 1812 (60)  NP A403 572 (83)  NP A360 187 (81)  NP A355 383 (81)  NP A355 383 (81)  ZP A298 159 (80)  NP A300 369 (78)  NP A278 477 (77)
	6	6.05 μs	9/2-	+5.28(9) +5.3(2)	3.44(6) a +3.71(7)	[181Ta] [181Ta]	Mu-X ME ME ME	1976Mc03 1978We18	PR C13 1644 (76) PL 32B 364 (70/PRL 21 961 (68) ZP A288 369 (78) PL 93A 259 (83)
	136 482	40 ps 10.8 ns	9/2+ 5/2+	+2.6(7) +3.29(3)	+3.71(7)	[181Ta] [182Ta]	IPAC TDPAC/CDPAC	1983Ak02 1964Ag02 1963Ma10	PL 93A 259 (63) IzF 47 31 (83) PL 1 126 (62)/NP 58 651 (64) NP 40 656 (63)
	717 965 1239	3.0 ps 1.93 ps 1.12.ps	15/2+ 17/2+ 19/2+	+2(2) +4(2) +4(5)	+2.35(6)	[181Ta]	TDPAC TF TF TF		PL 97A 217 (83) ARJAERI 11 (96) ARJAERI 11 (96) ARJAERI 11 (96)
73 Ta 182	0	115 d	3-	3.02(3) (+)3.02(6)	+2.6(3)	[183Ta] [181Ta]	NMR/ON NMR/ON NO/S	1980Al27 1980De22	HFI 8 229 (80) HFI 7 465 (80) PL A159 421 (91)
73 Ta 183	0	5.1 d	7/2+	(+)2.36(3)		[181Ta]	NMR/ON	1984Ed01/1980Al27	NP A413 247 (84)/HFI 8 229 (80)
74 W 178	199 562 2272	213 ps 12 ps 61 ps	2+ 4+ 12+	+0.50(10) +1.4(8) -2.5(8)			IMPAD	1986Bi11 1986Bi11 1986Bi11	PL 178B 145 (86) PL 178B 145 (86) PL 178B 145 (86)
74 W 179	3348	750 ns	35/2-		<7		LEMS	1997Ne04	ZP A358 267 (97)
74 W 180	104	1.22 ns	2+	0.51(3)	2.1(4)	[182W 100] [182W 100]	ME ME	1973Zi02 1973Zi02/1972He01	ZP 262 413 (73) ZP 262 413 (73)/PR C5 219 (72)

Nucleus	Ex	$T_{_{1/2}}$	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
74 W 182	100	1.37	2+	0.52(2)		[184W 111]	ME	1968Pe06	PR 170 1066 (68)
				+.528(12)		[183W]	CEAD	1972Ca12	CJP 50 736 (72)
					-2.1(4)		CER		BAPS 22 1032 (77)
	329	64 ps	4+	+0.9(2)			IPAC		DUzb 1972n1 32 (72)
	1289	1.12 ns	2-	+1.7(2)			IPAC	1973Se14	NP A211 573 (73)
	1374	78 ps	3-	1.0(3)			IPAC		NP A187 49@@@
				2.2(3)		[182W 100]	IPAC	1973Se14	NP A211 573 (73)
74 W 183	0	stable	1/2-	+0.11778476(9)		[2H]	N	1974Sa25	ZNat 29a 1763 (74)
	47	184 ps	3/2-	-0.1(1)			ME	1967Ag02	PR 155 1342 (67)
					1.8(4)	[182W 100]	ME	1967Ag02	PR 155 1342 (67)
	99	0.71 ns	5/2-	+0.91(4)		[183W]	ME, R, CEAD	1968Pe06	PR 170 1066 (68)/NP A91 633 (67)
					2.0(3)	[182W 100]	ME	1967Ag02	PR 155 1342 (67)/ZP 267 61 (73)
	207	_	7/2-	0.4(2)		[184W 111]	TF	1992La02	NP A536 397 (92)
	309	_	9/2-	1.53(14)		[184W 111]	TF	1992La02	NP A536 397 (92)
	475	_	11/2-	1.1(2)		[184W 111]	TF	1992La02	NP A536 397 (92)
	551	_	9/2-	2.2(9)		[184W 111]	TF	1992La02	NP A536 397 (92)
	631	10 ps	13/2-	2.6(3)		[184W 111]	TF	1992La02	NP A536 397 (92)
	1062	3.0 ps	17/2-	2.6(7)		[184W 111]	TF	1992La02	NP A536 397 (92)
74 W 184	111	1.25 ns	2+	+0.578(14)			IPAC	1984AI06	ZP A316 87 (84)
				+0.576(14)			CEAD	1972Ca12	CJP 50 736 (72)
					-1.9(2)		CER		BAPS 22 1032 (77)
	364	46 ps	4+	+1.17(9)		[184W 111]	IPAC, R	1984AI06	ZP A316 87 (84)
	748	5.5 ps	6+	+1.9(2)		[184W 364]	TF	1985St18	ZP A322 287 (85)
				+1.8(3)		[184W 111]	IPAC, R	1984AI06	ZP A316 87 (84)
	904	1.73 ps	2+	+0.24(8)		[184W 364]	TF	1985St18	ZP A322 287 (85)
					+0.1(4)		CER	1977Ob02	NP A291 510 (77)
	1252	1.32 ps	8+	+2.9(6)		[184W 364]	TF	1985St18	ZP A322 287 (85)
74 W 186	123	1.05 ns	2+	0.62(3)			TF	1991St04	NP A528 447 (91)
				+0.62(2)		[182W 100]	ME, RIGV	1968Pe06/1970Be36	PR 170 1066 (68)/NP A151 401 (70)
					-1.6(3)		CER		BAPS 22 1032 (77)
	396	36 ps	4+	+1.28(10)		[186W 123]	TF	1985St07	ZP A320 669 (85)
					-2.6(13)		CER		ORNL-4513 56 (70)
	737	4.4 ps	2+	+0.39(8)		[186W 123]	TF	1985St07	ZP A320 669 (85)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 1.2(3) +1.3(3)	[Ref. Std.]	Method CER CER CER	NSR Reference 1977Ob02 1977Mc11	Journal Reference NP A291 510 (77) NP A289 253 (77)
	809	3.5 ps	6+	+1.9(4)	0.7(4)	[186W 123]	TF	1985St07	ORNL-4513 56 (70) ZP A320 669 (85)
74 W 187	0	23.9 h	3/2-	0.621(15)			NMR/ON	1987Oh10	HFI 36 219 (87)
75 Re 179	0	19.7 m	(5/2)+	2.8(4)			NO/S	1992Bo39	HFI75 307 (92)
75 Re 180	0	2.4 m	(1)-	1.6(2)			NO/S	1992Bo39	HFI75 307 (92)
75 Re 181	0 357	19.9 h 76 ns	5/2+ 5/2-	3.19(7) +2.03(10)		[185,187Re]	NMR/ON TDPAC	1981Ha22 1978Be67	NP A363 269 (81) IzF 42 2286 (78)
75 Re 182	0	64.0 h	7+	2.84(6) 2.83(6)	. 4.4(0)	[185,187Re] [185,187Re]	NMR/ON NO/S	1981Ha22 1980Sp01	NP A363 269 (81) PR C21 361 (80)
	0 + x	12.7 h	2+	3.26(10) 3.2(3)	+4.1(3)	[187Re]	NO/S NMR/ON NO/S	1983Ha49 1987Oh10 1980Sp01	HFI 15 105 (83) HFI 36 219 (87) PR C21 361 (80)
	236 2256	570 ns 82 ns	2- 16-	+2.15(8) +3.82(13)	+1.8(2)	[187Re]	NO/S, R TDPAC TDPAD	1981Er01 1978Be67 1988Ja02	HFI 22 19 (85)/PR C23 1739 (81)   IzF 42 2286 (78)   PL 202B 185 (880
75 Re 183	0	70.0 d	5/2+	3.168(15) +3.160(13)	+2.3(2)	[186Re] [186Re] [187Re]	NMR/ON NMR/ON, R NO/S	1987Oh10 1987Oh10/1981Ru11 1983Ha49	HFI 36 219 (87) HFI 36 219 (87)/HFI 11 37 (81) HFI 15 105 (83)
	497	7 ns	9/2-	+5.14(11)	+2.1(2) (+)3.8(3)	[187Re] [19F 197] [187Re]	NO/S, R TDPAD TDPAC	1985Ha41/1981Er01 1980Za09	HFI 22 19 (85)/ PR C23 1739 (81) IzF 44 1988 (80) HFI 4 211 (78)
75 Re 184	0	38.0 d	3-	(+)2.53(5)	+2.9(2)	[185,187Re] [187Re] [187Re]	NMR/ON NO/S NO/S	1981Ha22 1983Ha49	NP A363 269 (81) HFI 15 105 (83) PR C23 1739 (81)
	188	169 d	8+	(+)2.88(10)	+3.1(3)	[107Re]	NO/S NO/S	1981Er01 1973Hu06/1973Kr01	NP A210 317 (73)/PR C7 263 (73)
75 Re 185	0	stable	5/2+	+3.1871(3)		[23Na]	N	1951Al11	PR 82 105 (51)

Nucleus	Ex 125	T <sub>1/2</sub>	7/2+	μ(nm) +2.1(8)	Q(b) +2.18(2) a 2.21(4) a 2.19(2)	[Ref. Std.] [187Re]	Method Pi-X, O Mu-X Q PAC	NSR Reference 1981Ko11/1966Ku07 1981Ko11 1978Se09	Journal Reference NP A360 187 (81)/ZP 196 365 (66) NP A360 187 (81) PR C18 2430 (78) Cf72 Kiev, 150 (72)
75 Re 186	0	90.6 h	1-	+1.739(6)	+0.618(6) +0.60(6) +0.54(9)	[187Re] [187Re] [187Re]	AB/D AB NO/S NO/S, R	1981Bu13 1983Ha49 1985Ha41/1983Oe01	PR 138 B310 (65) ZP A302 281 (81)/ PR 138 B310 (65) HFI 15 105 (83) HFI 22 19 (85)/ZP A310 233 (83)
	314 330	23.1 ns 17.8 ns	3+ 5+	+2.18(6) +4.62(11)		[19F 197] [19F 197]	TDPAD TDPAD	1980Za09 1980Za09	IzF 44 1988 (80) IzF 44 1988 (80)
75 Re 187	0	4 x 10*10 y	5/2+	+3.2197(3)	+2.07(2) a 2.09(4) a	[23Na]	N Pi-X, O Mu-X	1951Al11 1981Ko11/1966Ku07 1981Ko11	PR 82 105 (51) NP A360 187 (81)/ZP 196 365 (66) NP A360 187 (81)
	134 206	9.9 ps 555 ns	7/2+ 9/2-	+1.9(9) +5.11(9) +5.02(5)	2.00(1) 0		PAC TDPAC TDPAC	1978Be67 1963Ko19	Cf72 Kiev, 150 (72) IzF 42 2286 (78) NP 49 161 (63)/NP 164 411 (71) /ZP 175 520 (63)/PSNI 15B 349 (72)
					3.04(5)	[187Re]	TDPAC		JPC 58 339 (73)
75 Re 188	0	16.9 h	1-	+1.788(5)	+0.572(6) +0.36(16)	[187Re] [187Re]	AB/D AB NO/S	1981Bu13 1983Oe01	PR 138 B310 (65) ZP A302 281 (81)/ PR 138 B310 (65) ZP A310 233 (83)
76 Os 182	7049	150 ns	25(+)	+10.6(2)	4.2(2)		TDPAD TDPAD	1989Al19 1991Br25	PL B228 463 (89) PL B264 17 (91)
76 Os 183	0	13.0 h	9/2+	(-)0.794(14) (-)0.81(2)	+3.1(3)	[186Os 137]	NMR/ON NO/S NO/S	1980Ha24 1985Ha41	ZP A295 345 (80) Bk86 LTNO 953 (86) HFI 22 19 (85)/PR B22 2248 (80)
76 Os 184	120	1.18 ns	2+		-2.4(11)		CER	1972La16	PR C6 613 (72)
76 Os 186	137	830 ps	2+	+0.56(2) +0.52(3)			ME, CEAD TF	1970Wa06 1982Le02	ZP 230 80 (70)/NP A91 85 (67) PR C25 293 (82)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b) -1.63(4) a	[Ref. Std.]	Method Mu-X	NSR Reference 1981Ho22	Journal Reference PR C24 1667 (81)
					-1.61(5)	[188Os 155]	ME	1972Wa24	ZP 254 112 (72)
					-1.2(2)	[10003 100]	CER	197211024	ARRo 79 (78)
	1775	10.4 ns	7-	-0.22(14)	1.2(2)		TDPAD	1984Go06	YadF 39 518 (84)
	1773	10.4 113	, -	-0.22(14)			וטו אט	19040000	1 adi 33 310 (04)
76 Os 187	0	stable	1/2-	+0.06465189(6)		[2H]	N	1974Sa25	ZNat 29a 1763 (74)
				+0.0665(6)		[189Os]	Ο		JPJa 17 891 (62)
76 Os 188	155	710 ps	2+	+0.58(2)			IMPAC, R	1985St05	NP A435 635 (85)
			_	0.61(3)			ME	1970Wa06	ZP 230 80 (70)
				+0.60(3)			TF	1982Le02	PR C25 293 (82)
				(- /	-1.46(4) a		Mu-X	1981Ho22	PR C24 1667 (81)
					-1.33(10)		CER		ARRo 79 (78)
					-1.2(3)		CER	1980Ba42	PR C22 2383 (80)
	478	19 ps	4+	+1.43(14)	(-)	[188Os 155]	TF	1985St05	NP A435 635 (85)
	633	6.3 ps	2+	+0.78(7)		[188Os 155]	TF	1985St05	NP A435 635 (85)
				( )	+1.0(3)		CER	1980Ba42	PR C22 2383 (80)
	940	2.3 ps	6+	+2.5(4)	- ( - )	[188Os 155]	TF	1985St05	NP A435 635 (85)
	966	5.2 ps	4+	+1.6(5)		[188Os 155]	TF	1985St05	NP A435 635 (85)
	1771	13.9 ps	7-	-0.17(11)			TDPAD	1984Go06	YadF 39 518 (84)
	2121	•	(3-)	,	1.69(9) a		Mu-X	1979Ho23	PR C20 1934 (79)
76 Os 189	0	stable	3/2-	+0.659933(4)		[1H]	N	1954Lo36	PL 26A 258 (68)/PR 95 291 (54)
70 03 103	U	Stabic	3/ <b>Z</b> -	10.000000(4)	+0.86(3)	[188Os 155]	ME	1972Wa24	ZP 254 112 (72)
	36	0.50 ns	1/2-	+0.23(3)	. 0.00(0)	[189Os]	ME	197211024	PL 28B 548 (69)
	70	1.63 ns	5/2-	+0.988(6)		[189Os]	ME/IPAC	1972Wa24/1968Pe09	ZP 254 112 (72)/PR 174 1509 (68)
	70	1.00 110	0/2	. 0.000(0)		[10000]	WIL/III / (O	13/24/4/13001 003	/IzF 35 2295 (71)
					-0.63(2)	[189Os]	ME	1972Wa24	ZP 254 112 (72)
	95	0.23 ns	3/2-	-0.32(5)	, ,		IPAC	1971Be23	IzF 35 2295 (71)
<b>=</b> 0.0 400	40=			0.70(0)					ND 4405 005 (05)
76 Os 190	187	366 ps	2+	+0.70(2)	4.40(0)		IMPAC, R	1985St05	NP A435 635 (85)
					-1.18(3) a		Mu-X	1981Ho22	PR C24 1667 (81)
					-1.26(8)	[188Os 155]	ME	1972Wa24	ZP 254 112 (72)
					1.00(10)	*****	CER		ARRo 79 (78)
	= 40	4.4		4.0(0)	-1.0(3)	[188Os 155]	CER	1980Ba42	PR C22 2383 (80)
	548	14 ps	4+	+1.6(2)		[190Os 187]	TF	1985St05	NP A435 635 (85)

Nucleus	Ex 558	T <sub>1/2</sub> 12.5 ps	l 2+	μ(nm) +0.69(9)	Q(b)	[Ref. Std.] [190Os 187]	Method TF	NSR Reference 1985St05	Journal Reference NP A435 635 (85)
	1705	9.9 m	10-	-0.56(+8,-12)	+0.9(4)		CER RENO	1980Ba42 1987Be54	PR C22 2383 (80) PRL 59 2923 (87)
76 Os 191	0	15.4 d	9/2-	+0.96(3)	+2.5(2)	[186 Os 137]	NMR/ON(β) NO/S, ME	1996Oh03 1979Er09	PR C54 1129 NP A332 41 (79)/PL 70A 246 (79)
76 Os 192	206	289 ps	2+	+0.79(2)	-0.96(3) a -0.8(2) -0.60(13) -0.9(2)		IMPAC, R Mu-X CER CER CER	1985St05 1981Ho22 1983Ch35 1988Li22	NP A435 635 (85) PR C24 1667 (81) PR C28 1570 (83) ARRo 79 (78) NP A485 399 (88)
	489	30.1 ps	2+	+0.58(4)	-0.8(3)	[192Os 206] [188Os 155]	TF CER	1985St05/1983Bo13	NP A435 635 (85)/NP A401 175 (83) PR C22 2383 (80)
	580 910	13.4 ps 18 ps	4+ 4+	+1.56(12) +1.7(4)	-0.6(3)	[1920s 206] [1920s 206]	TF TF	1980Ba42 1985St05/1983Bo13 1985St05	NP A435 635 (85)/NP A401 175 (83) NP A435 635 (85)
76 Os 193	0	30.5 h	3/2-	0.730(2) sign positive +0.75(3) 0.78(7)	+0.47(6)	[186Os 137]	NMR/ON NO/CP NO/ME, R NO/S, R R, NO/S	1989Ed01 1991Sc28 1985Be03 1984Gh01 1985Be03/1979Er09	PR C40 2246 (89) ZP A340 235 (91) JP G11 287 (85) NP A426 20 (84) JP G11 287 (85)/NP A332 41 (79)
77 Ir 180	0	1.5 m	unknown	2.2(2) [I=3] 2.39(13) [I=4] 2.5(2) [I=5] 2.6(2) [I=6] 2.6(2) [I=7]	10.47(0)	[10003 107]	NO/S NO/S NO/S NO/S NO/S	1992Bo39 1992Bo39 1992Bo39 1992Bo39 1992Bo39	HFI 75 307 (92) HFI 75 307 (92) HFI 75 307 (92) HFI 75 307 (92) HFI 75 307 (92)
77 Ir 182	0	15 m	unknown	1.91(9) [I=2] 2.10(9) [I=3] 2.21(8) [I=4] 2.28(8) [I=5] 2.08(15) [I=5] 2.33(8) [I=6] 2.37(8) [I=7]			NO/S NO/S NO/S NO/S NO/S NO/S	1992Bo39 1992Bo39 1992Bo39 1992Bo39 1992Bo39 1992Bo39	HFI 75 307 (92) HFI 75 307 (92)

Nucleus	Ex	$T_{\scriptscriptstyle 1/2}$	1	$\mu(\text{nm})$	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
77 lr 183	0	55 m	5/2, 7/2	2.36(8) [I=5/2]			NO/S	1992Bo39	HFI 75 307 (92)
				2.63(9) [I=7/2]			NO/S	1992Bo39	HFI 75 307 (92)
				2.2(6) [I=5/2]			NO/S	1992Bo39	HFI 75 307 (92)
				2.1(3) [I=7/2]			NO/S	1992Ro21	HFI 75 457 (92)
77 Ir 184	0	3.14 h	5-	0.696(5)			NMR-ON	1988Oh02	JP G14 365 (88)
				0.8(2)			NO/S	1981Sp06	HFI 9 99 (81)
					+2.41(3)	[lr189]	NMR-ON	1996Se15	PRL 77 5016 (96)
					+2.0(3)	[lr189]	NO/S	1982Al34	HFI 12 289 (82)
					+2.1(4)	[lr189]	NO/S	1981Ha33	PL 104B 365 (81)
77 Ir 185	0	14.4 h	5/2-	2.605(13)			NMR/ON	1988Oh02	JP G14 365 (88)
				2.601(14)			NMR/ON	1986De02	ZP A323 185 (86)
				2.5(2)			NO/S	1985Va07	HFI 22 507 (85)
				2.6(2)			NO/S	1981Sp06	HFI 9 99 (81)
				, ,	-2.06(14)	[193lr]	NMR/ON	1988Oh02	JP G14 365 (88)
					-1.9(3)	[193lr]	NMR/ON	1986De02	ZP A323 185 (86)
					-2.5(3)	[193lr]	NO/S	1982Al34	HFI 12 289 (82)
					-1.9(3)	[193lr]	NO/S	1981Ha33	PL 104B 365 (81)
77 Ir 186	0	16.64 h	5+	3.88(5)			NO/S	1982Al11	JP G8 857 (82)
				3.80(+12,-2)			NMR/ON	1980Ha49	ZP A297 329 (80)
				3.78(5)			NMR/ON	1981Sp06	HFI 9 99 (81)
				2.8(3)			NO/S	1978Sp05	PR C18 493 (78)
				, ,	-2.55(3)	[lr189]	NMR/ON	1996Se15	PRL 77 5016 (96)
					-2.5(2)	[189lr]	NO/S	1980Mu07	HFI 7 481 (80)
					-2.3(2)	[189lr]	NO/S, ME	1979Er06	PL 86B 154 (79)/ZP 233 1 (70)
					-2.89(10)	[189lr]	NMR/ON	1980Ha49	ZP A297 329 (80)
	Х		2(-)	0.638(8)			NMR/ON	1990Ed01	HFI 59 83 (90)
					+1.46(2)	[lr189]	NMR/ON	1996Se15	PRL 77 5016 (96)
77 lr 187	0 434	10.5 h 152 ns	3/2+ 11/2-	+6.21(5)	+0.941(11)	[lr189]	NMR/ON TDPAD	1996Se15	PRL 77 5016 (96) ARHMI 52 (77)
				3.2 . (3)	3.1(3)	[193lr]	TDPAD		ARHMI 52 (77)

Nucleus 77 Ir 188	Ex 0	T <sub>1/2</sub> 40.5 h	l 1(-)	μ(nm) 0.302(10)	Q(b)	[Ref. Std.] [193Ir]	Method NMR/ON, NO/S	NSR Reference 1985Ed02	Journal Reference PR C32 582 (85)
	Ū	10.011	.( )	0.002(10)	+0.484(6)	[lr189]	NMR/ON	1996Se15	PRL 77 5016 (96)
					+0.54(2)	[193Ir]	NMR/ON	1985Ed02	PR C32 582 (85)
					+0.49(3)	[193lr]	NMR/ON	1988Oh05	HFI 39 193 (88)
77 Ir 189	0	13.1 d	3/2+	0.13(+8,-4)		[188lr]	NO/S	1980Be27	JP G6 775 (80)
				<b>、</b> , ,	+0.878(10)		NMR/ON	1996Se15	PRL 77 5016 (96)
					+0.79(6)	[lr188]	NO/S	1992Ka49	NIMPR A316 158 (92)
					+1.0(2)	[192Ir]	NO/S	1985Ha41	HFI 22 19 (85)/Th Schneider (80)
77 Ir 190	0	11.8 d	(4)+	0.04(1)			NO/S	1983AI15	JP G9 1125 (83)
			( )	( )	+2.85(14)	[189lr]	NO/S	1980Mu07	HFI 7 481 (80)
					+2.7(2)	[192Ir]	NO/S	1985Ha41	HFI 22 19 (85)/Th Schneider (80)
77 Ir 191	0	stable	3/2+	+0.1507(6)			AB/D	1984Bu15	PL 140B 17 (84)
				+0.1461(6)			N	1968Na01/1968Na01	PR 165 506 (68)/PR 175 696 (68)
					+0.816(9) a		Mu-X, O	1984Ta04/1952Mu40	PR C29 1830 (84)/PR 87 1048 (52)
					+0.8(2) st		AB	1978Bu17	ZP A286 333 (78)
	82	3.8 ns	1/2+	+0.600(6)		[191lr]	ME, R	1983Wa31	HFI 13 149 (83)
	129	123 ps	5/2+	+0.86(6)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+0.45(2)			IMPAC, TF, R	1986Ko20	NP A456 349 (86)
				+0.48(4)			IPAD, ME	1980Da24	IzF 44 1778 (80)
	171	4.9 s	11/2-	6.03(4)			NMR/ON	1974Kr06	PL 36B 328 (71)/PR C9 2063 (74)
				sign positive			NO/CP	1991Sc28	ZP A340 235 (91)
				sign positive			$NMR/ON(\beta)$	1996Oh03	PR C54 1129
	179	39 ps	3/2+	+1.4(4)			IPAC		IzUz 1973n4 79 (73)
	343	20 ps	7/2+	+1.35(11)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+1.7(3)		[191lr 129]	TF, IMPAC	1986Ko20	NP A456 349 (86)
	503	9.6 ps	9/2+	+2.4(2)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+3.1(11)		[191Ir 129]	TF	1986Ko20	NP A456 349 (86)
	686	2.7 ps	7/2+	+0.8(3)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+0.5(7)		[191lr 129]	TF	1986Ko20	NP A456 349 (86)
	832	2.8 ps	11/2+	+3.4(9)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
77 Ir 192	0	74.2 d	4-	1.924(10)		[193lr]	NMR/ON	1980Ha25	ZP A295 385 (80)
				sign positive			NO/CP	1991Sc28	ZP A340 235 (91)
				= :					· ,

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) +2.15(6) +2.28(6) +2.0(2) +2.4(1)	[Ref. Std.] [189lr] [193lr] [193lr] [193lr]	Method R NMR/ON, R NO/S ME NO/S	NSR Reference 1996Se15 1985Ed02/1980Ha25 1986Gr26 1985Ha41	Journal Reference PRL 77 5016 (96) PR C32 582 (85)/ZP A295 385 (80) HFI 30 355 (86)/HFI 9 343 (81) HFI 22 19 (85)
77 lr 193	0	stable	3/2+	+0.1637(6) +0.1591(6)	+0.751(9) a +0.7(2) st		AB/D N Mu-X, O AB	1984Bu15 1968Na01/1968Na01 1984Ta04/1952Mu40 1978Bu17	PL 140B 17 (84) PR 165 506 (68)/PR 175 696 (68) PR C29 1830 (84)/PR 87 1048 (52) ZP A286 333 (78)
	73	6.2 ns	1/2+	+0.519(2)	( )	[193lr]	ME		PRL 23 680 (69)
	139	88 ps	5/2+	+0.93(5)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
		·		+0.53(3)		-	TF, IMPAC, R	1986Ko20	NP A456 349 (86)
	180	55 ps	3/2+	+1.1(4)			IPAC		IzUz 1973n4 79 (73)
	358	19.8 ps	7/2+	+1.55(6)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+1.7(3)		[193lr 139]	TF, IMPAC	1986Ko20	NP A456 349 (86)
	522	12.7 ps	9/2+	+2.2((2)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+3.8(11)		[193lr 139]	TF	1986Ko20	NP A456 349 (86)
	621	4.6 ps	7/2+	+1.16(14)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+0.5(4)		[193lr 139]	TF	1986Ko20	NP A456 349 (86)
	857	5.1 ps	11/2+	+2.7(7)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
77 lr 194	0	19.4 h	1-	0.39(1) sign positive	.0.000(40)	[193lr]	NMR/ON NO/CP	1982Ha28 1991Sc28	ZP A306 73 (82) ZP A340 235 (91)
					+0.339(12)	[193lr]	NMR/ON, R	1985Ed02/1982Ha28	PR C32 582 (85)/ZP A306 73 (82)
78 Pt 183	0	6.5 m	1/2-	+0.51(3)			LRIMS	1990Hi08	HFI 59 97 (90)
				+0.52(3)			LRIMS	1992Hi07	ZP A342 1 (92)
	35	43 s	7/2-	0.96(8)			NO/S	1992Ro21	HFI 75 457 (92)
				1.03(8)			NO/S	1992St16	HFI 75 491 (92)
78 Pt 184	163	376 ps	2+	+0.56(6)			TF	1996St12	PRL 76 2246 (96)
78 Pt 185	0	70.9 m	9/2+	0.774(14)			NMR/ON	1990Ed01	HFI 59 83 (90)
				-0.83(1)		[195Pt]	LRIMS		PL 217 401 (89)
					+4.3(5)	-	LRIMS		PL 217 401 (89)
					3.4(5)	[189Pt]	NO/S	1990Ed01	HFI 59 83 (90)

Nucleus	Ex 103	T <sub>1/2</sub>	l 1/2-	μ(nm) +0.540(9)	Q(b) +4.5(1)	[Ref. Std.] [191Pt] [195Pt]	Method NMR/ON LRIMS	NSR Reference 1993HaZU 1992Hi07	Journal Reference Cf93Bern 173(93) ZP A342 1 (92)
78 Pt 186	192	260 ps	2+	+0.54(6)			TF	1996St12	PRL 76 2246 (96)
78 Pt 187	0	2.35 h	3/2-	0.408(8) -0.397(5) -0.43(2)	-1.13(5) -1.3(3) -1.00(7) st	[195Pt] [195Pt] [189Pt]	NMR/ON LRIMS LRIMS LRIMS NO/S LRIMS	1990Ed01 1992Hi07 1990Ed01 1992Hi07	HFI 59 83 (90) PL 217 401 (89) ZP A342 1 (92) PL 217 401 (89) HFI 59 83 (90) ZP A342 1 (92)
78 Pt 188	266	64 ps	2+	+0.58(8)			TF	1996St12	PRL 76 2246 (96)
78 Pt 189	0	10.9 h	3/2-	-0.421(5) -0.440(8) 0.439(9) 0.433(9) 0.42(3)	-1.03(5) -1.27(3) -1.1(2) st -0.7(3)	[195Pt] [195Pt] [195Pt] [195Pt] [195Pt] [191Pt]	LRIMS LRIMS NMR/ON NMR/ON NO/S LRIMS NMR-ON LRIMS NO/S, NMR/ON	1992Hi07 1985Ed05 1985Oh05 1980Be27 1993HaZU 1992Hi07 1985Ed05	PL 217 401 (89) ZP A342 1 (92) PL 158B 371 (85) HFI 22 585 (85) JP G6 775 (80) PL 217 401 (89) Cf93Bern 173(93) ZP A342 1 (92) PL 158B 371 (85)
78 Pt 190	296	60 ps	2+	+0.57(3)		[194Pt328, 196Pt356]	TF	1995An15	NP A593 212 (95)
78 Pt 191	0	2.9 d	3/2-	-0.501(5) -0.494(8) 0.500(10) 0.499(10) 0.506(11) -0.46(+14,-4)	-0.98(5) -0.78(10) st -0.6(3)	[195Pt] [195Pt] [195Pt] [195Pt] [195Pt] [195Pt]	LRIMS LRIMS NMR/ON NMR/ON, NO/S NO/S, NO/ME LRIMS LRIMS NO/S, NMR/ON	1992Hi07 1985Ed05 1985Oh05 1981La25 1980Be27/1987Be36 1992Hi07 1985Ed05	PL 217 401 (89) ZP A342 1 (92) PL 158B 371 (85) HFI 22 585 (85) JP G7 1713 (81) JP G6 775 (80)/HFI 35 1023 (87) PL 217 401 (89) ZP A342 1 (92) PL 158B 371 (85)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
78 Pt 192	317	43.7 ps	2+	+0.57(3)			TDPAC	1992Al21	NIMPR A321 506 (92)
		·		+0.64(3)		[194Pt328, 196Pt356]	TF	1992Br03	NP A536 366 (92)
				+0.60(2)		[194Pt328, 196Pt356]	TF	1995An15	NP A593 212 (95)
				+0.57(4)		•	IPAC	1975Ka42	HFI 1 113 (75)
					+0.6(2)		CER	1987Gy01	NP A470 415 (87)
					+0.62(6)		CER		ARRo 82 (77)
	612	26.5 ps	2+	+0.56(9)		[194Pt328, 196Pt356]	TF	1992Br03	NP A536 366 (92)
				+0.72(14)			IPAC	1975Ka42	HFI 1 113 (75)
	785	4.2 ps	4+	+1.12(12)		[194Pt328, 196Pt356]	TF	1992Br03	NP A536 366 (92)
				1.6(11)			IPAC	1969Ke11	CJP 47 2395 (69)
78 Pt 193	0	50 y	1/2-	+0.603(8)		[195Pt]	LRIMS	1992Hi07	ZP A342 1 (92)
	150	4.3 d	13/2+	(-)0.753(15)		[195Pt]	NMR/ON(X)	1986Sc04	PRL 56 1051 (86)
	2584	9 ns	29/2-	+9.9(4)			TDPAD	1997Ch33	PRL 79 2002 (97)
78 Pt 194	328	41.8 ps	2+	+0.60(3)			TF	1995An15	NP A593 212 (95)
				+0.59(4)			TF	1991St04	NP A528 447 (91)
				+0.406(12)			TF	1982Le02	PR C25 293 (82)
				+0.60(3)			IPAC	1975Ka42	HFI 1 113 (75)
					+0.48(14)		CER	1986Gy04	NP A458 165 (86)
					0.1(2)		CER	1983Ch35	PR C28 1570 (83)
					+0.63(6)		CER	1978Ba38	PR C18 131 (78)
	622	35 ps	2+	+0.56(11)		[194Pt328, 196Pt356]	TF	1992Br03	NP A536 366 (92)
				+0.69(6)			IPAC	1975Ka42	HFI 1 113 (75)
					-0.5(5)		CER	1983Ch35	PR C28 1570 (83)
	811	3.7 ps	4+	+1.12(12)	. ,	[194Pt328, 196Pt356]	TF	1992Br03	NP A536 366 (92)
					+0.5(10)	•	CER	1983Ch35	PR C28 1570 (83)
78 Pt 195	0	stable	1/2-	+0.60952(6)		[23Na]	N	1951Pr02	PR 81 20 (51)

Nucleus	Ex	T <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	99	0.17 ns	3/2-	-0.62(6)		[195Pt]	ME	1967Ag01	PR 155 1339 (67)
	130	0.62 ns	5/2-	+0.90(6)		[195Pt]	ME	1974Ru03/1972Wo06	HPAc 46 735 (74)/NP A181 289 (72)
	211	49 ps	3/2-	+0.16(3)			CEAD		PR C6 388 (72)
	239	70 ps	5/2-	+0.64(9)			TF	1994La02	NP A568 617 (94)
	050	4.00 -1	40/0	+0.52(5)		[40ED4]	IMPAC		ZP A270 163 (74)
	259	4.02 d	13/2+	0.606(15)		[195Pt]	NMR/ON	1972Ba22	PRL 28 720 (72)
				sign negative	. 4. 4(0)		NO/CP	1991Sc28	ZP A340 235 (91)
	000	•	F (0	. 0. 00 (4.0)	+1.4(6)		NO/S	1985Ed05/1985Ed03	PL 158B 371 (85)/HFI 22 47 (85)
	389	9 ps	5/2-	+0.39(10)			TF	1994La02	NP A568 617 (94)
	455	>10 ps	5/2-	+1.6(6)			TF	1994La02	NP A568 617 (94)
	508	9.7 ps	7/2-	+0.55(8)			TF	1994La02	NP A568 617 (94)
	544	>2.8 ps	5/2-	+1.5(4)			TF 	1994La02	NP A568 617 (94)
	563	14 ps	9/2-	+1.55(12)			TF	1994La02	NP A568 617 (94)
	613	6 ps	7/2-	+1.4(4)			TF	1994La02	NP A568 617 (94)
	667	(16 ps)	9/2-	+1.52(16)			TF	1994La02	NP A568 617 (94)
	679	>2.8 ps	7/2-	+1.2(3)			TF	1994La02	NP A568 617 (94)
78 Pt 196	356	34 ps	2+	+0.59(5)			TF	1991St04	NP A528 447 (91)
				+0.60(5)		[194Pt 328]	TF	1993Ta07	PR C48 140 (93)
				+0.43(4)			TF	1982Le02	PR C25 293 (82)
				+0.69(3)			IPAC	1981Ka23	JPJa 50 1832 (81)
				+0.63(6)		[194Pt 328]	TF	1979Ha06	NP A314 161 (79)
					+0.62(8)	-	CER	1992Li14	NP A548 308 (92)
					+0.66(12)		CER	1986Gy04	NP A458 165 (86)
	689	36.8 ps	2+	+0.54(9)			R	1992Br03	NP A536 366 (92)
				+0.75(15)		[196Pt 356]	TF	1981St24	PR C24 2106 (81)
				` ,	-0.39(16)		CER	1992Li14	NP A548 308 (92)
	877	3.6 ps	4+	+1.38(16)	, ,	[194Pt328,	TF	1992Br03	NP A536 366 (92)
				4 = 40)		196Pt356]			<b></b>
				+1.5(3)		[196Pt 356]	TF	1981St24	PR C24 2106 (81)
			_		+1.03(12)		CER	1992Li14	NP A548 308 (92)
	1526	0.98 ps	6+		-0.18(26)		CER	1992Li14	NP A548 308 (92)
78 Pt 197	0	18.3 h	1/2-	0.51(2)			AB		JPCR 5 835 (76)
	53	16.6 ns	5/2-	+0.85(3)			TDPAC	1982So05	PR C25 1587 (82)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
78 Pt 198	407	22.3 ps	2+	+0.63(2)		[194Pt328, 196Pt356]	TF	1995An15	NP A593 212 (95)
				+0.70(6)		[194Pt 328]	TF	1993Ta07	PR C48 140 (93)
				+0.59(7)			TF	1991St04	NP A528 447 (91)
				+0.69(6)		[196Pt 356]	TF	1981St13	NP A365 317 (81)
				+0.62(10)		[194Pt 328]	TF	1979Ha06	NP A314 161 (79)
				, ,	+0.42(12) or +0.54(12)		CER	1986Gy04	NP A458 165 (86)
	775	27 ps	2+	+0.61(11)			R	1992Br03	NP A536 366 (92)
				+0.72(13)		[196Pt 356]	TF	1981St13	NP A365 317 (81)
	985	3.3 ps	4+	+1.2(2)			R	1992Br03	NP A536 366 (92)
		-		+1.4(3)		[196Pt 356]	TF	1981St13	NP A365 317 (81)
79 Au 182	0	21 s	unknown	1.30(10) [I=2]			TR/OLNO	1992Ro21	HFI 75 457 (92)
				1.62(15) [I=3]			TR/OLNO	1992Ro21	HFI 75 457 (92)
				1.9(2) [I=4]			TR/OLNO	1992Ro21	HFI 75 457 (92)
79 Au 183	0	42 s	5/2-	+1.97(2)			LRIMS	1988Kr18	ZP A331 521 (88)
79 Au 184	0	21 s	5	+2.07(2)			LRIS	1997Le22	PRL 79 2213 (97)
					+4.65(26)		LRIS	1997Le22	PRL 79 2213 (97)
		49 s	2	+1.44(2)			LRIS	1997Le22	PRL 79 2213 (97)
					+1.90(16)		LRIS	1997Le22	PRL 79 2213 (97)
	156	67 ns	1-		~0.75		TDPAC		AR77 HMI-261 51 (77)
79 Au 185	0	4.2 m	5/2-	+2.17(2)			LRIMS	1989Wa11/1987Wa06	NP A493 224 (89)/PRL 58 1516 (87)
				+1.98(2)			LRIMS	1992Ki30	NIMPR B70 537 (92)
				2.22(14)			NO/S	1985Va07	HFI 22 507 (85)
					-1.10(10))		LRIMS	1992Ki30	NIMPR B70 537 (92)
79 Au 186	0	10.7 m	3-	-1.28(3)			LRIMS	1990Sa21	NP A512 241 (90)
				1.28(2)			NMR/ON	1988Sc19	HFI 43 141 (88)
				-1.26(3)			LRIMS	1989Wa11/1987Wa06	NP A493 224 (89)/PRL 58 1516 (87)
				1.07(13)			NO/S	1985Va07	HFI 22 507 (85)
					+3.10(6)		LRIMS	1992Ki30	NIMPR B70 537 (92)
					+3.14(16)	193Au	NMR-ON	1993Hi10	NP A562 205 (93)

Nucleus 79 Au 187	Ex 0	T <sub>1/2</sub> 8.4 m	l 1/2+	μ(nm) +0.535(15) +0.531(12) 0.72(7)	Q(b)	[Ref. Std.]	Method LRIMS LRIMS AB	NSR Reference 1989Wa11/1987Wa06 1990Sa21 1980Ek04	Journal Reference NP A493 224 (89)/PRL 58 1516 (87) NP A512 241 (90) NP A348 25 (80)
79 Au 188	0	8.8 m	1-	-0.07(3) 0.07(2)			LRIMS AB	1989Wa11/1987Wa06 1980Ek04	NP A493 224 (89)/PRL 58 1516 (87) NP A348 25 (80)
79 Au 189	0 247	28.7 m 4.6 m	1/2+ 11/2-	+0.494(14) +6.19(2) 6.17(15)		[195Au 319]	LRIMS LRIMS NO/S, NMR/ON	1989Wa11/1987Wa06 1989Wa11/1987Wa06	NP A493 224 (89)/PRL 58 1516 (87) NP A493 224 (89)/PRL 58 1516 (87) PR B34 2014 (86)
79 Au 190	0	42.8 m	1-	-0.065(7) -0.07(3) -0.07(2)			LRIMS LRIMS AB, R, CLS	1990Sa21 1989Wa11 1985St10	NP A512 241 (90) NP A493 224 (89) NP A328 25 (80)/ZP A321 537 (85)
79 Au 191	0	3.18 h	3/2+	+0.1369(9) +0.137(1)	+0.72(2)		LRIMS AB, R LRIMS	1994Pa37 1980Ek04 1994Pa37	NP A580 173 (94) NP A348 25 (80) NP A580 173 (94)
	266 2446	0.9 s 890 ps	11/2- 27/2-	6.6(6) <<20	0.72(2)		NO/S IPAD	1985Va07 1985Ko13	HFI 22 507 (85) NP A439 189 (85)
79 Au 192	0	5.0 h	1-	-0.0107(15) -0.008(2) 0.01(2)	-0.228(8)		LRIMS LRIMS AB, R LRIMS	1994Pa37 1990Sa21 1980Ek04 1994Pa37	NP A580 173 (94) NP A512 241 (90) NP A348 25 (80) NP A580 173 (94)
79 Au 193	0	17.65 h	3/2+	0.1396(6) +0.1396(5) +0.140(1)	. 0.00(0)		NMR/ON LRIMS AB, R	1993Hi10 1994Pa37 1980Ek04	NP A562 205 (93) NP A580 173 (94) NP A348 25 (80)
	290	3.9 s	11/2-	6.18(9) 6.17(9)	+0.66(2) +1.98(6)	[195Au 319]	LRIMS NMR/ON NMR/ON MAPON	1994Pa37 1983Ha10 1983Li21 1996Se06	NP A580 173 (94) NP A399 83 (83) HFI 14 125 (83) NP A602 41 (96)
	1947 2378 2477	12 ns 790 ps 3.5 ns	21/2+ 27/2- 31/2-	+6.48(11) <9.45 5(3)	. 1.90(0)		TDPAD, R IPAD IPAD	1985Ko13 1985Ko13	PC Levon (86)/Cf80Ber A 18-I (80) NP A439 189 (85) NP A439 189 (85)

Nucleus	Ex 2701	T <sub>1/2</sub> 1.8 ns	I 35/2-	μ(nm) 2(2)	Q(b)	[Ref. Std.]	Method IPAD	NSR Reference 1985Ko13	Journal Reference NP A439 189 (85)
79 Au 194	0	39.5 h	1-	+0.0763(13) +0.079(3) 0.08(2)	-0.240(9)	[197Au]	LRIMS LRIMS AB, R LRIMS	1994Pa37 1990Sa21 1980Ek04 1994Pa37	NP A580 173 (94) NP A512 241 (90) NP A348 25 (80) NP A580 173 (94)
79 Au 195	0	183 d	3/2+	0.1487(6) +0.145(5) +0.149(1)	10.61(2)	[4024]	NMR/ON LRIMS AB, R	1993Hi10 1990Sa21 1980Ek04	NP A562 205 (93) NP A512 241 (90) NP A348 25 (80)
	319	30.6 s	11/2-	6.18(9) 6.17(9)	+0.61(2) +1.87(6) +1.41(10)	[193Au] [197Au]	NMR-ON NMR/ON NMR/ON MAPON NO/S, ME	1993Hi10 1981Ha27 1983Li21 1996Se06 1983Be68/1983Pe22	NP A562 205 (93) PR C24 631 (81) HFI 14 125 (83) NP A602 41 (96) HFI 15 233 (83)/HFI 15 227 (83)
79 Au 196	0	6.18 d	2-	+0.580(15) +0.5914(14) 0.5906(5)	0.81(7)	[198Au] [197Au]	LRIMS AB/D NMR/ON NMR/ON, N	1990Sa21 1987Oh11 1987Oh11	NP A512 241 (90) PR C2 225 (70) PR C36 2072 (87) PR C36 2072 (87)/PR B30 5680 (84)
	596	9.7 h	12-	5.72(8)			NMR/ON	1982Ha04	NP A373 256 (82)
79 Au 197	0	stable	3/2+	+0.145746(9) +0.148158(8)	+0.547(16) a 0.594(10)	[2H]	AB/D N Mu-X, O AB	1967Na13/1968Na01 1974Po12 1967BI16/1966Ch03	ZP A200 456 (67) PR 163 232 (67)/PR 175 696 (68) NP A230 413 (74)/APLz s6v 13 158 (53) PR 161 60 (67)/PR 141 176 (66)
	77 279	1.91 ns 20.4 ps	1/2+ 5/2+	+0.420(3) +0.53(5) +0.74(6)	( )	[197Au]	ME TF TF	1968Co17 1986Ba19 1988St09	PR 171 343 (68) PR C33 1785 (86) ZP A330 131 (88)
	409	7.8 s	11/2-	(+)5.98(9) 6.4(4)	+1.68(5)	MO74:1	NMR/ON NO/S MAPON	1984Ha12 1983Li21 1996Se06	NP A417 88 (84) HFI 14 125 (83) NP A602 41 (96)
	503 548	1.8 ps 4.6 ps	5/2+ 7/2+	+3.0(5) +0.53(7) +0.84(7)	+1.4(2)	[197Au]	NO/S, ME TF TF TF	1983Be68/1983Pe22 1988St09 1988St16 1988St09	HFI 15 233 (83)/HFI 15 227 (83) ZP A330 131 (88) NP A486 374 (88) ZP A330 131 (88)

Nucleus	Ex 737 855 1231	T <sub>1/2</sub> 1.1 ps 2.7 ps 0.93 ps	l 7/2+ 9/2+ 11/2+	μ(nm) +1.7(5) +1.5(5) +2.0(10)	Q(b)	[Ref. Std.]	Method TF TF TF	NSR Reference 1988St16 1988St16 1988St16	Journal Reference NP A486 374 (88) NP A486 374 (88) NP A486 374 (88)
79 Au 198	0	2.696 d	2-	+0.64(2) +0.5934(4)	+0.64(2) +0.68(2) 0.88(8) 0.76(4) +0.69(4) +0.46(2)	[193Au] [197Au] [197Au] [197Au] [199Au] [197Au]	LRIMS AB/D NMR-ON NMR-ON N N, NMR/ON NO/S, NMR/ON ME, NO/S	1990Sa21 1967Va16 1993Hi10 1988Ed01 1985Ka16 1984Ha03 1983He26/1984Ha03 1983Pe22/1983He26	NP A512 241 (90) PR 158 1078 (67) NP A562 205 (93) PRL 61 1301 (88) JP F15 1613 (85) PR B30 5680 (84)/PR B29 1148 (84) ZP A314 215 (83)/PR B29 1148 (84) HFI 15 227 (83)/ZP A314 215 (83)
	312 812	123 ns 2.30 d	5+ 12-	-1.11(2) (+)5.85(9)			TDPAD, R NMR/ON	1984Ha12	PC Levon (86)/Cf80Ber A11-l NP A417 88 (84)
79 Au 199	0	3.14 d	3/2+	+0.261(2) +0.2715(7)	+0.510(16) 0.64(6) 0.55(3) +0.37(1)	[193Au] [197Au] [197Au] [197Au]	LRIMS AB/D NMR/ON N, NMR/ON N, NMR/ON ME, NO/S	1990Sa21 1967Va16 1993Hi10 1985Ka16/1982Ha39 1982Ha39 1983Pe22/1983He26	NP A512 241 (90) PR 158 1078 (67) NP A562 205 (93) JP F15 1613 (85)/ZP A307 159 (82) PR B30 5680 (84)/ZP A307 159 (82) HFI 15 227 (83)/ZP A314 215 (83)
79 Au 200	962	18.7 h	12-	5.90(9)			NMR/ON	1984Ha45	PR C30 1675 (84)
80 Hg 181	0	3.6 s	1/2(-)	+0.5071(7)			β-NMR/OP	1976Bo09	ZP A276 203 (76)
80 Hg 183	0	8.8 s	1/2-	+0.524(5)			β-NMR/OP	1976Bo09	ZP A276 203 (76)
80 Hg 185	0 99.3	55 s 27 s	1/2- 13/2+	+0.509(4) -1.017(9)	+0.2(3) st	[193Hg 141] [201Hg]	β-NMR/OP CLS β-NMR/OP	1986UI02 1986UI02 1986UI02	ZP A325 247 (86) ZP A325 247 (86) ZP A325 247 (86)
80 Hg 187	0	2.4 m	13/2+	-1.044(11)	+0.5(3) st	[193Hg 141] [201Hg]	CLS β-NMR/OP	1979Da06 1986Ul02	PL 82B 199 (79) ZP A325 247 (86)
	134	1.9 m	3/2-	-0.594(4)	-0.8(3) st	[201Hg]	β-NMR/OP β-NMR/OP	1986UI02 1986UI02	ZP A325 247 (86) ZP A325 247 (86)

Nucleus	Ex	$T_{_{1/2}}$	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
80 Hg 188	2724	135 ns	12+	-2.02(12)	0.91(11)		TDPAD TDPAD	1983Se20 1984Dr09	ZP A313 289 (83) PL 149B 311 (84)
80 Hg 189	0	7.6 m	3/2-	-0.6086(8)	-0.8(4)	[201Hg]	β-NMR/OP β-NMR/OP	1986Ul02 1986Ul02	ZP A325 247 (86) ZP A325 247 (86)
	0 + x	8.6 m	13/2+	-1.058(6)	+0.7(3) st	[193Hg 141] [201Hg]	CLS β-NMR/OP	1979Da06 1986Ul02	PL 82B 199 (79) ZP A325 247 (86)
80 Hg 190	2621	21 ns	12+	-2.5(2)	1.17(14)	[199Hg 158]	TDPAD TDPAD	1980Hj01 1984Dr09	PRL 45 878 (80) PL 149B 311 (84)
80 Hg 191	0	49 m	3/2-	-0.618(11)	0.0(2) -4	[201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)
	140	50.8 m	13/2+	-1.068(5)	-0.8(3) st +0.6(3) st	[201Hg] [193Hg 141] [201Hg]	β-NMR/OP CLS β-NMR/OP	1986Ul02 1979Da06 1986Ul02	ZP A325 247 (86) PL 82B 199 (79) ZP A325 247 (86)
80 Hg 193	0	3.80 h	3/2-	-0.6276(2)	-0.7(4) st	[199Hg]	NMR/OP	1971Mo24	PR C4 620 (71) ZP A325 247 (86)
	141	11.8 h	13/2+	-1.058430(3)	+0.92(10) st	[201Hg] [199Hg] [201Hg]	β-NMR/OP NMR/OP β-NMR/OP	1986Ul02 1973Re04 1986Ul02	PR C7 2065 (73) ZP A325 247 (86)
80 Hg 194	2424 2476	2.9 ns 8.1 ns	10+ 12+	g(avge) = -0.24(4) g(avge) = -0.24(4)			IPAD IPAD	1980Kr21 1980Kr21	PL 97B 197 (80) PL 97B 197 (80)
80 Hg 195	0 176	9.9 h 41.6 h	1/2- 13/2+	+0.5414749(14) -1.044647(3)	+1.08(11) st	[199Hg] [199Hg] [201Hg]	NMR/OP NMR/OP β-NMR/OP	1973Re04 1973Re04 1986Ul02	PR C7 2065 (73) PR C7 2065 (73) ZP A325 247 (86)
80 Hg 196	1841 2342 2439	5.2 ns 5.1 ns 3.5 ns	7- 10+ 12+	-0.29(13) g = -0.18(9) g = -0.18(9)			TDPAD/IPAD IPAD IPAD	1984Go06 1980Kr21 1980Kr21	YadF 39 518 (84)/PC Levon (86) PL 97B 197 (80) PL 97B 197 (80)
80 Hg 197	0 134	64.1 h 8.1 ns	1/2- 5/2-	+0.5273744(9) d +0.855(15)		[199Hg] [199Hg 158]	NMR/OP TDPAC	1973Re04 1977Kr11	PR C7 2065 (73) ZP A283 337 (77)

Nucleus	Ex	T <sub>1/2</sub>	I	$\mu(\text{nm})$	Q(b) -0.081(6)	[Ref. Std.] [199Hg 158]	Method TDPAC, PPDAC	NSR Reference 1980He05/1981Kr16	Journal Reference NP A337 261 (77)/HFI 9 105 (81)
					0.080(10)	[197Hg 299]	TDPAD, NO, R	1980He05	NP A337 261 (77)
	299	23.8 h	13/2+	-1.027684(3) d		[199Hg]	NMR/OP	1973Re04	PR C7 2065 (73)
					+1.24(14) st	[201Hg]	β-NMR/OP	1986Ul02	ZP A325 247 (86)
80 Hg 198	412	23 ps	2+	+0.76(6)		[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
-		·		+1.0(2)		[199Hg 158]	IMPAC, R	1986Ko02	NP A448 123 (86)
				0.70(14)			RIGV, R	1977Kr11	ZP A283 337 (77)
					+0.68(12) or +0.84(12)		CER, R	1984Fe08	NP A425 373 (84)
					+0.7(2) or +0.8(2)		CER	1979Bo16	ZP A291 245 (79)
					+0.5(2) a		Mu-X	1979Ha08	NP A314 361 (79)
	1048	1.8 ps	4+	+1.6(2)		[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
	1684	7.1 ns	7-	-0.22(11)			TDPAD/IPAD	1984Go06	YadF 39 518 (84)/PC Levon (86)
80 Hg 199	0	stable	1/2-	+0.5058855(9)		[1H]	NMR/OP		AnP 6 467 (61)
-	158	2.45 ns	5/2-	+0.88(3)			TDPAC	1977Kr11	ZP A283 337 (77)
				+0.91(9)			IPAC	1977Kr11	ZP A283 337 (77)
				+0.60(15)		[198Hg 412]	TF	1986Ko02	NP A448 123 (86)
					+0.8(4)		ME, R	1985La21/1979Wu12	HFI 23 259 (85)/ZP A293 219 (79)
					+0.85(12) a		Mu-X	1983Gu02	PR C27 816 (83)
					+0.95(7) a		Mu-X	1979Ha08	NP A314 361 (79)
					0.70(9) st	[201Hg]	TDPAC, Q		JCP 59 3339 (73)
	208	69 ps	3/2-	-0.56(9)		[199Hg 158]	TF	1990Ba40	HFI 59 129 (90)
				-0.29(15)		[198Hg 412]	TF	1986Ko02	NP A448 123 (86)
				-0.47(8)			IMPAC	1986Ko02	NP A448 123 (86)
					+0.50(12) a		Mu-X	1983Gu02	PR C27 816 (83)
					+0.62(15) a		Mu-X	1979Ha08	NP A314 361 (79)
	414	97 ps	5/2-	+0.80(9)		[199Hg 158]	TF	1990Ba40	HFI 59 129 (90)
				-0.7(3)		[198Hg 412]	TF	1986Ko02	NP A448 123 (86)
	532	42.6 m	13/2+	-1.014703(3)		[199Hg]	β-NMR/OP	1973Re04	PR C7 2065 (73)
					+1.2(5) st	[201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)
80 Hg 200	368	46.6 ps	2+	+0.65(5)		[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
				+0.6(2)		[198Hg]	IMPAC, R		NP A449 123 (86)
				+0.58(12)		[198Hg 412]	TF	1986Ko02	NP A448 123 (86)
				+0.52(10)			IMPAC	1986Ko02	NP A448 123 (86)

Nucleus	Ex	T <sub>1/2</sub>	ı	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				0.80(14)	· ,		RIGV, R	1977Kr11	ZP A283 337 (77)
				, ,	+1.0(2) or +1.1(2)		CER	1980Sp05	NP A345 252 (80)
					+0.96(11) or +1.11(11)		CER	1979Bo16	ZP A291 245 (79)
					+2.6(14) a		Mu-X	1979Ha08	NP A314 361 (79)
					+0.1(6) a		Mu-X	1983Gu02	PR C27 816 (83)
	947	3.2 ps	4+	1.02(17)	,	[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
80 Hg 201	0	stable	3/2-	-0.5602257(14)		[199Hg]	NMR/OP	1973Re04	PR C7 2065 (73)
_				-0.560226(3)		[1H]	NMR/OP		AnP 6 467 (61)
				,	+0.38(4) st		AB, R	1986UI02	ZP A325 247 (86)
					0.39(5) or 0.27(4) a		Mu-X	1979Ha08	NP A314 361 (79)
					0.41(4)		Ο		JPJa 14 1624 (59)/JPJa 20 1094 (65)
					0.46(4)		AB	1960Mc11	PR 119 134 (60)
					+0.53(4)	[199Hg 158]	TDPAC, Q	1975Ed01	PR B11 985 (75)
	32	~0.1 ns	3/2-		0.3(15) or 0.1(3) a		Mu-X	1979Ha08	NP A314 361 (79)
80 Hg 202	440	27.3 ps	2+	+0.78(6)		[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
				+0.9(2)		[198Hg 412]	TF	1986Ko02	NP A448 123 (86)
				+1.0(3)		[198Hg 412]	IMPAC, R	1986Ko02	NP A448 123 (86)
				1.0(2)			RIGV, R	1977Kr11	ZP A283 337 (77)
					+0.87(13) or +1.01(13)		CER	1980Sp05	NP A345 252 (80)
					+0.17(14) or +0.32(14)		CER	1979Bo16	ZP A291 245 (79)
	1120	2.0 ps	4+	1.36(27)		[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
80 Hg 203	0	46.8 d	5/2-	+0.84895(13)		[201Hg]	β-NMR/OP		PL 31B 567 (70)/PL 8 257 (64)
					+0.34(4) st	[201Hg]	β-NMR/OP	1986Ul02	ZP A325 247 (86)
80 Hg 204	437	40.2 ps	2+	+0.9(2)		[198Hg 412]	TF	1986Ko02	NP A448 123 (86)
				+0.8(2)		[198Hg 412]	IMPAC, R	1986Ko02	NP A448 123 (86)
					+0.4(2)		CER	1981Es03	NP A362 227 (81)
					+0.2(2) or +0.4(2)		CER	1979Bo16	ZP A291 245 (79)
					+0(2) a		Mu-X	1979Ha08	NP A314 361 (79)
80 Hg 205	0	5.2 m	1/2-	+0.60089(10)		[199Hg]	β-NMR/OP	1975Ro10	ZP A272 369 (75)
80 Hg 206	2102	2.15 μs	5-	+5.45(5)			TDPAD	1982Be38	PR C26 914 (82)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 0.74(15)	[Ref. Std.] [199Hg 158]	Method TDPAD	NSR Reference 1984Ma43	Journal Reference PR C30 1702 (84)
81 TI 187	0 335	51 s 15.6 s	(1/2+) (9/2-)	1.55(6) (+)3.79(2)	-2.43(5)	[205TI] [205TI]	CFBLS CFBLS CFBLS		IoPconf132 221 (93) IoPconf132 221 (93) IoPconf132 221 (93)
81 TI 188	0 + x	71 s	7+	+0.483(8)	+0.129(4)	[203,205TI] [203,205TI]	CFBLS CFBLS	1992Me07 1992Me07	ZP A341 475 (92) ZP A341 475 (92)
81 TI 189	281	1.4 m	9/2-	+3.878(6)	-2.29(4)	[203,205	CFBLS CFBLS	1987Bo44 1987Bo44	PR C36 2560 (87) PR C36 2560 (87)
81 TI 190		2.6 m	2-	+0.254(2)	-0.329(9)	[203,205TI] [203,205TI]	CFBLS CFBLS	1992Me07 1992Me07	ZP A341 475 (92) ZP A341 475 (92)
	0 + y	3.7 m	7+	+0.487(8) +0.495(4)	+0.285(14)	[203,205TI] [203,205TI] [203,205TI]	CFBLS CFBLS CFBLS	1992Me07 1987Bo44 1992Me07	ZP A341 475 (92) PR C36 2560 (87) ZP A341 475 (92)
81 TI 191	0 299	2.2 m 5.2 m	1/2+ 9/2-	+1.588(4) +3.880(7) +3.903(5)	-2.23(2) -2.28(3)	[203,205TI] [203,205TI] [203,205TI] [203,205TI]	CFBLS CFBLS CFBLS CFBLS CFBLS	1992Me07 1992Me07 1987Bo44 1992Me07 1987Bo44	ZP A341 475 (92) ZP A341 475 (92) PR C36 2560 (87) ZP A341 475 (92) PR C36 2560 (87)
81 TI 192	0 + x 0 + y	9.6 m 10.8 m	2- 7+	+0.200(3) +0.502(8)	-0.328(11)	[203,205TI] [203,205TI]	CFBLS CFBLS	1992Me07 1992Me07	ZP A341 475 (92) ZP A341 475 (92)
	251 + x	296 ns	8-	+0.518(4) +1.66(4)	+0.46(2) 0.44(7)	[203,205TI] [19F 197]	CFBLS TDPAD TDPAD	1987Bo44 1982Da17 1982Sc27	PR C36 2560 (87)  NP A383 421 (82)  ZP B49 23 (82)
81 TI 193	0 365	21.6 m 2.11m	1/2+ 9/2-	+1.591(2) +3.948(4)	-2.20(2)	[203,205TI] [203,205TI]	CFBLS CFBLS CFBLS	1987Bo44 1987Bo44 1987Bo44	PR C36 2560 (87) PR C36 2560 (87) PR C36 2560 (87)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
81 TI 194	0	34 m	2-	+0.140(3) 0.14(1)	-0.282(7)	[203,205TI] [203TI] [203,205TI]	CFBLS AB CFBLS	1992Me07 1976Ek03/1984Be40 1992Me07	ZP A341 475 (92) HFI 1 437 (76)/PS 30 164 (84) ZP A341 475 (92)
	0 + y	32.8 m	7+	+0.530(8) +0.540(5)	+0.607(16) 0.62(1)	[203,205TI] [203,205TI] [203,205TI]	CFBLS CFBLS CFBLS CFBLS	1992Me07 1987Bo44 1992Me07	ZP A341 475 (92) PR C36 2560 (87) ZP A341 475 (92) BAPS 31 874 (86)
81 TI 195	0	1.16 h	1/2+	+1.58(4) +1.59(9)		[205TI]	O AB/D, R	1969Go21 1984Be40	PR 188 1897 (69) PS 30 164 (84)
81 TI 196	0	1.84 h	2-	+0.072(3) 0.07(1)	-0.178(14)	[203,205TI] [203TI] [203,205TI]	CFBLS AB CFBLS	1992Me07 1976Ek03/1984Be40 1992Me07	ZP A341 475 (92) HFI 1 437 (76)/PS 30 164 (84) ZP A341 475 (92)
	394	1.41 h	7+	+0.549(8)	+0.76(2)	[203,205TI] [203,205TI]	CFBLS CFBLS	1992Me07 1992Me07	ZP A341 475 (92) ZP A341 475 (92)
81 TI 197	0	2.84 h	1/2+	+1.58(2) +1.59(9)		[205TI]	O AB/D, R	1966Da15 1984Be40	JOSA 56 1604 (66) PS 30 164 (84)
81 TI 198	0 544	5.3 h 1.87 h	2- 7+	0.00(1) +0.641(10)		[203TI] [203TI]	AB AB	1976Ek03/1984Be40 1983Bu04	HFI 1 437 (76)/PS 30 164 (84) NP A395 182 (83)
81 TI 199	0	7.4 h	1/2+	+1.60(2) +1.58(7)		[205TI]	O AB/D, R	1966Da15 1984Be40	JOSA 56 1604 (66) PS 30 164 (84)
81 TI 200	0	26.1 h	2-	0.04(1)		[203TI]	AB	1976Ek03/1984Be40	HFI 1 437 (76)/PS 30 164 (84)
81 TI 201	0	73 h	1/2+	+1.605(2) +1.60(7)		[203,205TI]	CFBLS AB/D, R	1987Bo44 1984Be40	PR C36 2560 (87) PS 30 164 (84)
81 TI 202	0 950	12.2 d 572 μs	2- 7+	0.06(1) +0.90(4)		[203TI]	AB TDPAD	1976Ek03/1984Be40 1974Ha06	HFI 1 437 (76)/PS 30 164 (84) NP A218 180 (74)
81 TI 203	0	stable	1/2+	+1.62225787(12)		[1H]	N	1950Pr51	RSI 34 238 (63)/PR 79 35 (50)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm) +1.6231(13)	Q(b)	[Ref. Std.] [205TI]	Method CFBLS	NSR Reference	Journal Reference PR C36 2560 (87)
	279	281 ps	3/2+	0.0(2)		[194Pt 328]	TF	1987Bo44 1979Ha06	NP A314 161 (79)
	219	201 ps	3/2+	+0.16(5)		[1947(320]	IPAC		NP 61 582 (65)
	681	0.88 ps	5/2+	+0.10(3)		[194Pt 328]	TF	1965Ka02 1979Ha06	NP A314 161 (79)
	001	υ.οο με	3/2+	+2.0(11)		[194Ft 320]	IF	1979⊓a00	NF A314 101 (19)
81 TI 204	0	3.78 y	2-	0.09(1)			AB	1976Ek03	HFI 1 437 (76)
	1104	63 µs	(7)+	+1.187(6)			TDPAD	1972Ma59	NP A195 577 (72)
81 TI 205	0	stable	1/2+	+1.63821461(12)		[1H]	N	1950Pr51	RSI 34 238 (63)/PR 79 35 (50)
0200	204	1.5 ns	3/2+	-0.8(5)		[]	TF		Cf83Meguro, 145 (83)
			0	+0.02(12)		[194Pt 328]	TF	1979Ha06	NP A314 161 (79)
				0.41(5)		[	Mu-X	1972Ch07	NP A181 25 (72)
				(-)	0.74(15) a		Mu-X	1972Ch07	NP A181 25 (72)
	619	1.0 ps	5/2+	+2.0(3)	(10)		TF		Cf83Meguro, 145 (83)
				+2.2(7)		[194Pt 328]	TF	1979Ha06	NP A314 161 (79)
	2623	short	(5/2)-	0.71(15)			Mu-X	1972Ch07	NP A181 25 (72)
			(- /	- ( - /	-0.5(2) a		Mu-X	1972Ch07	NP A181 25 (72)
	3291	2.56 μs	25/2+	+6.80(10)	( )		TDPAD	1982Ma05	PRL 48 466 (82)
81 TI 206	1405	78 ns	(5)+	+4.27(6)			TDPAD	1976Ha44	PL 64B 273 (76)
0111200	1621	10.1 ns	7+	<2.45			TDPAD	1976Ha44	PL 64B 273 (76)
	1021	10.1110	•	2.10			15176	1070114-4	1 2 0 13 2 10 (10)
81 TI 207	0	4.77 m	1/2+	+1.876(5)		[205TI]	CFBLS	1985Ne06	PRL 55 1559 (85)
81 TI 208	0	3.05 m	5(+)	+0.292(13)		[205TI]	LRSRD	1992La23	PRL 68 1675 (92)
01 11 200	Ü	0.00 111	<b>O</b> (1)	0.202(10)		[20011]	LITOITE	100220	1112 00 1070 (02)
82 Pb 191	138	2.18 m	13/2+	-1.172(7)		[207Pb]	CFBLS	1991Du07	ZP A341 39 (91)
			-	( )	+0.085(5)	[207Pb]	CFBLS	1991Du07	ZP A341 39 (91)
					(- /				,
82 Pb 192	2581+d	1.07 μs	12+	2.08(2)			TDPAD	1983St15	NP A411 248 (83)
82 Pb 193	100	5.8 m	13/2+	-1.150(7)		[207Pb]	CFBLS	4004007	ZP A341 39 (91)
02 PD 193	100	5.6 111	13/27	-1.130(7)	+0.105(10)		CFBLS	1991Du07	
					+0.195(10)	[207Pb]	CLDF2	1991Du07	ZP A341 39 (91)
82 Pb 194	2407	18 ns	9-	-0.6(4)			TDPAD	1985St16	ZP A322 83 (85)
32 . 5 .0 .	2628	350 ns	12+	-2.076(12)			TDPAD	10000110	Th Berger (87)
	2020	000 110		2.070(12)			10170		iii baigai (ai )

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) -2.00(2) -1.90(7)	Q(b)	[Ref. Std.]	Method TDPAD TDPAD	NSR Reference 1985St16 1977Ro15	Journal Reference ZP A322 83 (85) NP A285 156 (77)
				-1.90(1)	0.49(3)	[206Pb 4027]	TDPAD	1985St16	ZP A322 83 (85)
82 Pb 195	203	15.0 m	13/2+	-1.128(7) -1.1318(13)	+0.306(15) +0.29(10)	[207Pb] [207Pb] [207Pb]	CFBLS CFBLS CFBLS CFBLS	1991Du07 1987Di06 1991Du07 1987Di06	ZP A341 39 (91) ZP A328 253 (870 ZP A341 39 (91) ZP A328 253 (870
	2699+x	95 ns	33/2+	-2.57(10) -3.1(3)			TDPAD TDPAD	1985St16	ZP A322 83 (85) BAPS 28 702 (83)
82 Pb 196	1797 2694	185 ns 269 ns	5- 12+	+0.490(15) -1.92(2) -1.88(8)	0.65(5)	[206Pb 4027]	TDPAD TDPAD TDPAD TDPAD	1985St16 1983St15 1977Ro15 1981Zy02	ZP A322 83 (85) NP A411 248 (83) NP A285 156 (77) HFI 9 109 (81)
	3191	72 ns	11-	10.6(9)	0.00(0)	[200. 5 .02.]	TDPAD	1987Pe13	NP A471 535 (87)
82 Pb 197	0	8 m	3/2-	-1.075(2)	-0.08(17) st	[207Pb]	ABLRFS ABLRFS	1986An06 1986An06	NP A451 471 (86) NP A451 471 (86)
	319	43 m	13/2+	-1.098(11) -1.105(3)	+0.38(2) +0.5(3) st	[207Pb] [207Pb] [207Pb]	CFBLS ABLRFS CFBLS ABLRFS	1991Du07 1986An06 1991Du07 1986An06	ZP A341 39 (91) NP A451 471 (86) ZP A341 39 (91) NP A451 471 (86)
	1913 3168	470 ns 55 ns	21/2- (33/2+)	-0.531(6) -2.51(10)	. ,		TDPAD TDPAD	1985St16 1985St16	ZP A322 83 (85) ZP A322 83 (85)
82 Pb 198	1823 2141	49 ns 4.19 μs	5- (8-)	+0.38(3) -0.377(6) -0.376(16)			TDPAD TDPAD TDPAD	1985St16 1987Ca23 1985St16	ZP A322 83 (85) HFI 34 77 (87) ZP A322 83 (85)
	2820	212 ns	12+	-1.86(2) -1.73(13)	0.75(5)	[206Pb 4027]	TDPAD TDPAD TDPAD	1983St15 1977Ro15 1981Zy02	NP A411 248 (83) NP A285 156 (77) HFI 9 109 (81)
82 Pb 199	0 2579	1.5 h 10.6 μs	3/2- 29/2-	-1.0742(12) -1.076(3)	+0.08(9) st	[207Pb]	ABLRFS ABLRFS TDPAD	1986An06 1986An06 1988Ro08	NP A451 471 (86) NP A451 471 (86) NP A482 573 (88)
	· <b>•</b>	.σ.σ μο					· - · · · -		111 11132 313 (33)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				-1.07(7)			TDPAD	1985St16	ZP A322 83 (85)
	3509	71 ns	(33/2)+	-2.39(15)			TDPAD	1988Ro08	NP A482 573 (88)
				-2.51(5)			TDPAD	1985St16	ZP A322 83 (85)
82 Pb 200	2154	44 ns	7-	-0.21(10)			TDPAD	1985St16	ZP A322 83 (85)
					0.32(2)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	2183	480 ns	9-	-0.258(9)			TDPAD	1974Lu03/1975Yo04	NP A229 230 (74)/PR C12 1242 (75)
				-0.25(4)			TDPAD	1985St16	ZP A322 83 (85)
					0.40(2)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	3006	152 ns	12+	-1.849(12)			TDPAD	1988Ro08	NP A482 573 (88)
				-1.836(7)			TDPAD	1987Fa15	NP A475 338 (87)
				-1.81(2)			TDPAD	1983St15	NP A411 248 (83)
					0.79(3)	[206Pb 4027]	TDPAD	1979Ma37	PL 88B 48 (79)
	5078	77 ns	19-	-1.79(13)			TDPAD	1987Fa15	NP A475 338 (87)
82 Pb 201	0	9.33 h	5/2-	+0.6753(5)		[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
					-0.01(4) st		ABLRFS	1986An06	NP A451 471 (86)
	2719	63 ns	25/2-	-0.79(4)			TDPAD	1988Ro08	NP A482 573 (88)
					0.46(2)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	2719+x	508 ns	29/2-	-1.011(6)			TDPAD	1988Ro08	NP A482 573 (88)
	4639+x	43 ns	41/2(+)	-3.7(8)			TDPAD	1988Ro08	NP A482 573 (88)
82 Pb 202	1384	1.97 ns	4+	+0.008(16)			IPAC	1977Th02	ZP A280 371 (77)
	2170	3.62 h	9-	-0.2276(7)		[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
					+0.58(9) st		ABLRFS	1986An06	NP A451 471 (86)
	2208	65 ns	7-		0.28(2)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	4091+x	110 ns	16+	-0.67(16)			TDPAD	1986Ja13	NP A458 225 (86)
	5242+y	107 ns	19-	-1.88(6)			TDPAD	1987Ja08/1987Fa15	HFI 34 73 (87)/NP A475 338 (87)
82 Pb 203	0	51.9 h	5/2-	+0.6864(5)		[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
				+0.677(12)		[207Pb]	Ο		JOSA B4 1297 (87)
					+0.10(5) st		ABLRFS	1986An06	NP A451 471 (86)
					-0.5(13)		0		JOSA B4 1297 (87)
	1921	56 ns	21/2+	-0.64(2)			TDPAD	1986Ja21	PS 34 717 (86)
					0,85(3)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	2923+x	122 ns	25/2-	-0.74(4)	, ,	•	TDPAD	1988Ro08	NP A482 573 (88)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
82 Pb 204	899	2.94 ps	2+	<0.02	+0.23(9)		RIGV, R CER	1986Bi13 1978Jo04	HFI 30 265 (86) PL 72B 307 (78)
	1274	280 ns	4+	+0.225(4)	0.44(2) 0.62(14) st	[206Pb 4027] [140Ce 2084]	TDPAD/TDPAC TDPAD TDPAC	1974Lu03/1963Sa19 1974He16	NP A229 230 (74)/NP 46 377 (63) AECL-6680 27 (79) ZP 269 265 (74)
82 Pb 205	0	1.5x10*7y	5/2-	+0.7117(4) +0.709(5)	+0.23(4) st	[207Pb] [207Pb]	ABLRFS O ABLRFS	1986An06 1987Ba85 1986An06	NP A451 471 (86) ZP D7 165 (87) NP A451 471 (86)
	1014	5.55 ms	13/2+	-0.98(4)	0.2(4) 0.30(5)		O TDPAD QIR	1987Ba85 1971Ma59 1975Ri03/1974DaYM	ZP D7 165 (87) NP A176 497 (71) PS 11 228 (75)/Cf74Upp 254 (74)
	3196	217 ns	25/2-	-0.845(14)	0.63(3)	[206Pb 4027]	TDPAD TDPAD	1976Li09	ZP A277 273 (76) AECL-6680 27 (79)
82 Pb 206	5161 803	63 ns 8.4 ps	33/2+	-2.44(8) <0.03			TDPAD RIV, R	1983St15 1986Bi13	NP A411 248 (83) HFI 30 265 (86)
02 1 0 200	2200	0.4 ps 123 μs	7-	-0.152(3)	+0.05(9)		CER SOPAD	1978Jo04 1972Ma24	PL 72B 307 (78) NP A186 97 (72)
	2384	29 ps	6-	+0.8(4)	0.33(5)		QIR IPAC	1975Ri03/1974DaYM 1970Za03	PS 11 228 (75)/Cf74Upp 254 (74) NP A146 215 (70)
	4027	185 ns	12+	-1.80(2)	0.51(2)	[B(E2)]	TDPAD TDPAD	1983St15 1979Ma37	NP A411 248 (83) PL 88B 48 (79)
82 Pb 207	0	stable	1/2-	+0.592583(9) 0.58219(2)		[2H] [199Hg]	N OP	1950Pr51 1969Gi04	PL 35A 397 (71)/PR 79 35 (50) PR 188 180 (69)
82 Pb 208	570 2615	129 ps 15 ps	5/2- 3-	+0.80(3) +1.9(2)			IPAC IPAC		JPJS 34 271 (73)  JPJS 34 271 (73)/PL 29B 226 (69)
02 1 5 200	3198	297 ps	5-	+0.11(4)	-0.34(15)	[208Pb 2615]	CER IPAC	1984Ve07/1983Sp02 1969Bo01	AuJP 37 123 (84)/PL 128B 29 (83) NP A138 90 (69)
	4086	0.74 fs	2+	. ,	-0.7(3)	•	CER	1984Ve07	AuJP 37 123 (84)
82 Pb 209	0	3.25 h	9/2+	-1.4735(16)	-0.3(2) st	[207Pb]	ABLRFS ABLRFS	1986An06 1986An06	NP A451 471 (86) NP A451 471 (86)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
82 Pb 210	1195 1272	49 ns 201 ns	6+ 8+	-1.87(9) -2.50(6)			TDPAD TDPAD	1983De34 1983De34	PR C28 1060 (83) PR C28 1060 (83)
82 Pb 211	0	36.1 m	9/2+	-1.4037(8)	+0.09(6) st	[207Pb]	ABLRFS ABLRFS	1986An06 1986An06	NP A451 471 (86) NP A451 471 (86)
83 Bi 199	0	11.8 h	9/2-	4.6(4)			NO/S	1988Wo12	HFI 43 401 (88)
83 Bi 201	0	108 m	9/2-	4.8(3)			NO/S	1988Wo12	HFI 43 401 (88)
83 Bi 202	0	1.72 h	5+ [5+] [5+] [6+]	4.9(3) +4.259(14) +4.325(13)	-0.72(8) -0.87(9)	[209Bi] [209Bi] [209Bi] [209Bi]	NO/S LRFS LRFS LRFS LRFS	1988Wo12 1996Ca02 1996Ca02 1996Ca02 1996Ca02	HFI 43 401 (88) NP A598 61 (96) NP A598 61 (96) NP A598 61 (96) NP A598 61 (96)
	615	3.04 μs	10-	+2.54(1) 2.56(3) 2.43(14)	0.106(13)	[209Bi]	TDPAD TDPAD TDPAD TDPAD	1982Hu07/1985No09 1980Kl06 1987Ma65	Th Berger (87)  NP A382 56 (82)/ZP A322 463 (85)  NP A346 324 (80)  Cf87Melb 127 (87)/HFI 34 47 (87)
	2607	310 ns	17+	+2.07(3) 2.06(5)	0.07(3) 0.35(3) >1.0	[204Pb]	IPAD TDPAD TDPAD TDPAD IPAD	1981Th03 1982Hu07 1987Ma65 1981Th03	NP A362 71 (81) Th Berger (87) NP A382 56 (82) Cf87Melb 127 (87)/HFI 34 47 (87) NP A362 71 (81)
83 Bi 203	0	11.8 h	9/2-	+4.017(13) +4.62(3)	-0.67(7) -0.68(6)	[209Bi] [209Bi] [209Bi] [209Bi]	LRFS AB LRFS AB	1996Ca02 1959Li50 1996Ca02 1959Li50	NP A598 61 (96) ArkF 15 445 (59)/PR A1 685 (70) NP A598 61 (96) ArkF 15 445 (59)/PR A1 685 (70)
	1991 2042	90 ns 194 ns	(21/2+) (25/2+)	2.79(4) 3.33(5)	3.33(3)	[=002.]	TDPAD TDPAD	1982Hu07 1982Hu07	NP A382 56 (82) NP A382 56 (82)
83 Bi 204	0	11.22 h	6+	+4.322(15) 4.5(2)		[209Bi]	LRFS NO/S	1996Ca02 1988Wo12	NP A598 61 (96) HFI 43 401 (88)
				+4.28(2)		[209Bi]	AB	1959Li50	ArkF 15 445 (59)/PR A1 685 (70)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) -0.49(15) -0.43(4)	[Ref. Std.] [209Bi] [209Bi]	Method LRFS AB	NSR Reference 1996Ca02 1959Li50	Journal Reference NP A598 61 (96) ArkF 15 445 (59)/PR A1 685 (70)
	806	13.0 ms	10-	2.59(4) 2.4(2)	0.0630(12)	[202 Bi 615]	NMR/PAC TDPAD LEMS	1980Kl06/1985No09 1991Sc14	FortP 25 327 (77) NP A346 324 (80)/ZP A322 463 (85) PR C43 2560 (91)
83 Bi 205	0	15.3 d	9/2-	+4.605(7) +4.16(10)	-0.59(4)	[209Bi] [209Bi] [209Bi]	LRFS O, AB LRFS	1997Ki15 1975Ma08/1959Li50 1997Ki15	PL B405 31 (97) PRL 34 625 (75)/ArkF 15 445 (59) PL B405 31 (97)
	2064 2138	100 ns 223 ns	21/2+ 25/2+	2.70(4) 3.21(5)	3.55(1)	[2002.]	TDPAD TDPAD	1982Hu07 1982Hu07	NP A382 56 (82) NP A382 56 (82)
83 Bi 206	0	6.243 d	6+	+4.361(8) +4.60(4)	-0.39(4) -0.20(4)	[209Bi] [209Bi] [209Bi] [209Bi]	LRFS AB LRFS AB	1997Ki15 1959Li50 1997Ki15 1959Li50	PL B405 31 (97) ArkF 15 445 (59) PL B405 31 (97) ArkF 15 445 (59)/PR A1 685 (70)
	1045	0.89 ms	(10-)	2.644(14)	0.049(9)	[202 Bi 615]	NMR/PAC LEMS	1985No09 1991Sc14	PL 46B 65 (73)/ZP A322 463 (85) PR C43 2560 (91)
83 Bi 207	0	32.2 y	9/2-	4.081(9)		[209Bi] [209Bi]	0	1985Ba21 1985Ba21	ZP A321 85 (85) ZP A321 85 (85)
	2101	182 μs	21/2+	+3.43(2) +3.41(6)	0.044(8)	[202 Bi 615]	TDPAD SOPAD LEMS	1972Ma24 1991Sc14	ZfK-445 51 (81) NP A186 97 (72) PR C43 2560 (91)
83 Bi 208	0	3.7x10*5 y	5+	+4.633(10)	-0.64(6)	[209Bi] [209Bi]	LRFS LRFS	1997Ki15 1997Ki15	PL B405 31 (97) PL B405 31 (97)
	1571	2.53 ms	10-	2.672(14) 2.633(14)		[====]	NMR/PAD TDPAD	1974Hu11/1985No09	NP A227 421 (74)/ZP A322 463 (85) DisA 36 790B (75)
83 Bi 209	0	stable	9/2-	+4.1103(5) d +4.1106(2)	-0.37(3) a -0.55(1) -0.77(1) st -0.40(5)	[2H]	R N Mu-X AB AB R	1996Ba94 1953Ti01/1951Pr02 1972Le07 1983De07 1983De07	ZP D37 281 (96) PR 89 595 (53)/PR 81 20 (51) NP A181 14 (72)/PR 169 1 (68) ZP A310 27 (83) ZP A310 27 (83) PS 10 171 (74)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) -0.39(3) -0.50(8) a	[Ref. Std.]	Method O Pi-X	NSR Reference 1967Di04/1970Ge10 1978Be24	Journal Reference CJP 45 2249 (67)/JOSA 60 869 (70) ZP A286 215 (78)
	2563	14 fs	(9/2)+	3.5(7)	-0.5(2) a +0.11(5) a		Pi-X Mu-X Mu-X	1981Ba07 1972Le07 1972Le07	NP A355 383 (81) NP A181 14 (72) NP A181 14 (72)
	2741	12 ps	15/2+	6.2(12)	0.0(4)		Mu-X	1972Le07	NP A181 14 (72)
	2986	18 ns	19/2+	3.50(8)	0.0(4) a		Mu-X TDPAD	1972Le07 1978Be17	NP A181 14 (72) PR C17 1359 (78)
83 Bi 210	0	5.01 d	1-	-0.04451(6)	+0.136(1)	[209Bi] [209Bi]	AB, NO/S AB	1962Al02 1962Al02	PR 125 256 (62)/JPJS 34 113 (73) PR 125 256 (62)/PR A1 685 (70) JPJS 34 113 (73)
	271	3.0x10*6 y	9-	+2.73(4)	-0.47(6)	[209Bi] [209Bi]	LRFS LRFS	1997Ki15 1997Ki15	PL B405 31 (97) PL B405 31 (97)
	433	56.8 ns	7-	+2.11(5)	0.47(0)	[2005]	TDPAD	1972Ba65	PRL 29 496 (72)
	439	37 ns	5-	+1.53(5)			TDPAD	1972Ba65	PRL 29 496 (72)
83 Bi 211	405	315 ps	7/2-	+4.5(7)			IPAC		PL 19 578 (65)
83 Bi 212	0	60.6 m	1(-)	0.41(5)			NO/S	1992Li25	HFI 75 109 (92)
				+0.32(4)	- 4/2)	[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
					+0.1(3)	[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
83 Bi 213	0	45.6 m	9/2-	3.89(9)			NO/S	1992Li25	HFI 75 109 (92)
				+3.716(7)		[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
					-0.60(5)	[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
84 Po 198	1854	29 ns	8+	+7.3(2)			TDPAD	1986Ma31	ZP A324 123 (86)
	2566	200 ns	11-	+12.1(6)			TDPAD	1986Ma31	ZP A324 123 (86)
	2692+x	750 ns	12+	-1.86( <del>4</del> )			TDPAD	1986Ma31	ZP A324 123 (86)
84 Po 199	310	4.2 m	13/2+	0.99(7)			NO/S	1991Wo04	JP G17 1673 (91)
84 Po 200	1774	61 ns	8+	+7.44(16)	1.38(7)	[210Po 1557]	TDPAD TDPAD, R	1986Ma31 1987Ma65	ZP A324 123 (86) HFI 34 47 (87)
	2596	100 ns	11-	+11.9(2)	,	[= . 0 . 0 . 0 . ]	TDPAD	1986Ma31	ZP A324 123 (86)

Nucleus	Ex 2830	T <sub>1/2</sub> 270 ns	l 12+	μ(nm) -1.79(2)	Q(b)	[Ref. Std.]	Method TDPAD	NSR Reference 1986Ma31	Journal Reference ZP A324 123 (86)
84 Po 201	0 425	15.3 m 8.9 m	3/2- 13/2+	0.94(8) 1.00(7)			NO/S NO/S	1991Wo04 1991Wo04	JP G17 1673 (91) JP G17 1673 (91)
84 Po 202	1712 2625	110 ns 85 ns	8+ 11-	7.45(12) 11.9(4)			TDPAD TDPAD	1976Ha56 1976Ha56	NP A273 253 (76) NP A273 253 (76)
84 Po 203	0	36.7 m	5/2-	0.74(6) (+)0.74(3)			NO/S NO/S	1991Wo04	JP G17 1673 (91) Cf87Melb. 174 (87)
84 Po 204	1639	158 ns	8+	+7.38(10)	1 11(E)	[240Da 4557]	SOPAD	1973Br14	NP A206 452 (73)
	3565	12 ns	15-	5.6(6)	1.14(5)	[210Po 1557] [208Po 1524]	TDPAD TDPAD	1987Ma65 1982Ha16/1983He09	HFI 34 47 (87) ZP A305 1 (82)/ZP A311 351 (83)
84 Po 205	0 880	1.66 h 640 μs	5/2- 13/2+	+0.76(6) -0.95(5)		[207Po]	NMR/ON TDPAD	1983He09	ZP A311 351 (83) Cf74Upp 116 (74)
84 Po 206	1586	212 ns	8+	+7.34(7)	1.02(4)	[210Po 1557]	SOPAD/TDPAD TDPAD	1973Br14 1987Ma65	NP A211 38 (73)/NP A206 452 (73) HFI 34 47 (87)
84 Po 207	0 1115 2380	5.79 h 47 μs 43 ns	5/2- 13/2+ 25/2+	+0.79(6) -0.910(14) 5.41(4)			NMR/ON TDPAD TDPAD	1983He09 1985Ro07	ZP A311 351 (83) PL 44B 456 (73) PS 31 122 (85)
84 Po 208	1524 1528	4.3 ns 380 ns	6+ 8+	+5.3(6) +7.37(5)	0.90(4)	[Bhf PoNi] [210Po 1557]	TDPAD, R SOPAD/TDPAD TDPAD	1982Ha16/1983He09 1976Ha56 1987Ma65	ZP A305 1 (82)/ZP A311 351 (83) NP A273 253 (76)/NP A211 38 (73) HFI 34 47 (87)
	2703	8.0 ns	11-	12.11(14)	( )		TDPAD	1985Ro07	PS 31 122 (85)
84 Po 209	0 1418 1473	102 y 24.4 ns 98.1 ns	1/2- (13/2)- (17/2-)	0.68(8) 6.13(9) 7.75(5)	(-)0.39(8)	[210Po 1557]	O TDPAD TDPAD TDPAD	1976Ha56 1976Ha56/1974Na02 1983Da01	JOSA 56 1292 (66) NP A273 253 (76) NP A273 253 (76)/NIM 114 349 (74) NP A394 245 (83)
	4266	118 ns	31/2-	+9.68(8)		[208Po 1528]	TDPAD	1976Re12	PS 14 95 (76)

Nucleus 84 Po 210	Ex 1473 1557	T <sub>1/2</sub> 43 ns 96 ns	I 6+ 8+	μ(nm) 5.48(5) +7.35(5)	Q(b)	[Ref. Std.]	Method TDPAD TDPAD	NSR Reference 1976Ha56 1976Ha56	Journal Reference NP A273 253 (76) NP A273 253 (76)/PL 44B 440 (73)
	2849	20.1 ns	11-	+12.20(9)	(-)0.57(2)	est. from B(E2)	not measured TDPAD	1987Ma65/1983Da01 1976Ha56/1976Re12	HFI 34 47 (87)/NP A394 245 (83) NP A273 253 (76)/PS 14 95 (76)
				- (- /	-0.86(11) -0.8(2)	[210Po 1557] [210Po 1557]	TDPAD TDPAD	1991Be03 1983Da01	NP A522 483 (91) NP A394 245 (83)
	4372	51 ns	13-	6.8(2)	-0.90(7)	[210Po 1557]	TDPAD TDPAD	1985Be22 1991Be03	PS 31 333 (85) NP A522 483 (91)
	5058	265 ns	16+	9.84(8)	(-)0,62(11)	[210Po 1557]	TDPAD TDPAD	1983Da01 1985Be22	NP A394 245 (83) PS 31 333 (85)
	3030	200 113	101	9.04(0)	-1.30(2)	[210Po 1557]	TDPAD TDPAD	1991Be03	NP A522 483 (91)
					1.34(8)	[210Po 1557]	IDPAD		BAPS 31 1236 (86)
84 Po 211	1065	16 ns	15/2-	-0.38(15)			IPAD		JPJS 34 287 (73)
85 At 207	2117	108 ns	25/2+	+3.75(13)		[208Po 1528]	TDPAD	1978Sj01/1981Sj01	PL 76B 397 (78)/PR C23 272 (81)
85 At 208	1090	48 ns	10-	+2.69(3)			TDPAD	1985No09	ZP A322 463 (85)
	2276	1.5µs	16-		1.7(3)	[g calc]	LEMS	1991Sc15	PR C43 2566 (91)
85 At 209	1428	26 ns	21/2-	+10.0(2)			TDPAD	1976Sj01	PR C14 1023 (76)
				9.5(2)	0.78(8)	[211At 2641]	TDPAD TDPAD	1983Ma08	DisA 37 408C (77) PL 122B 27 (83)
	2429	890 ns	29/2+	15.38(14)	0.70(0)	[21174, 2041]	TDPAD	1987Ma65	HFI 34 47 (87)
				` '	1.50(15)	[211At 2641]	LEMS	1991Sc15	PR C43 2566 (91)
					1.50(15)	[211At 2641]	TDPAD	1983Ma08	PL 122B 27 (83)
85 At 210	1363	28.4 ns	11+	+9.8(3)			TDPAD		ARRIP 140 (74)
				· ,	0.65(8)	[211At 2641]	TDPAD	1983Ma08	PL 122B 27 (83)
				+15.68(2)			TDPAD		Th Berger (87)
				15.48(15)			TDPAD	1987Ma65	HFI 34 47 (87)
	0550	400	45	15.57(15)	4.00(40)	[044	TDPAD, R	1978Ra03	ZP A284 357 (78)
	2550	480 ns	15-		1.22(12)	[211At 2641]	LEMS TDPAD	1991Sc15	PR C43 2566 (91) PL 122B 27 (83)
	4028	5.9 μs	19+	13.26(13)	1.22(12)	[211At 2641]	TDPAD	1983Ma08 1987Ma65	HFI 34 47 (87)
	-1020	J.9 μδ	10.	14.0(5)		[210At 2550]	IDI AD	1978Ra03	ZP A284 357 (78)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 2.2(3)	[Ref. Std.] [211At 2641]	Method LEMS	NSR Reference 1991Sc15	Journal Reference PR C43 2566 (91)
85 At 211	1417	35.1 ns	21/2-	+9.56(9)	0.53(5)	B(E2)	TDPAD R	1976Ha62/1975In01 1983Ma08	HFI 2 334 (76)/PR C11 243 (75) PL 122B 27 (83)
	2641	50.8 ns	29/2+	+15.31(13)	1.00(5)	D(LZ)	TDPAD R	1976Ha62/1975In01 1995Ba66	HFI 2 334 (76)/PR C11 243 (75) NP A591 104
	4816	4.2 μs	39/2-	13.46(14)	1.0(2)	[211At 1417]	TDPAD TDPAD	1983Ma08 1985Be22	PL 122B 27 (83) PS 31 333 (85)
		<b>P</b>		,	1.9(3)	[211At 2641]	LEMS	1991Sc15	PR C43 2566 (91)
85 At 212	888	19.4 ns	11+	5.94(11) 5.95(12)			TDPAD	1994By01	NP A567 445 (94)
	1616	37 ns	15-	9.46(8) <sup>´</sup> 9.33(15)			TDPAD TDPAD	1994By01 1979Sj01	NP A567 445 (94) PR C20 960 (79)
85 At 217	0	32 ms	9/2-	3.8(2)			NO/S	1992Li26	HFI 75 323 (92)
86 Rn 203	361	28 s	(13/2+)	-0.960(11)	+1.28(13)	[209Rn]	CFBLS CFBLS	1987Bo29	HFI 34 25 (87) CERN EP/87 51 (87)
86 Rn 205	0	2.83 m	5/2-	+0.802(9)	+0.062(6)	[209Rn]	CFBLS CFBLS	1987Bo29	HFI 34 25 (87) CERN EP/87 51 (87)
86 Rn 206	1922 2476	13.5 ns 65 ns	8+ (10-)	6.6(4) 11.20(10)			TDPAD TDPAD	1981Ma28 1981Ma28	HFI 9 87 (81) HFI 9 87 (81)
86 Rn 207	0	9.3 m	5/2-	+0.816(9)	+0.22(2)	[209Rn]	CFBLS CFBLS	1987Bo29	HFI 34 25 (87) CERN EP/87 51 (87)
	899	180 μs	13/2+	-0.903(3)	10.22(2)		TDPAD	1981Ma28	HFI 9 87 (81)
86 Rn 208	1826	490 ns	8+	6.98(8)	0.39(5)	[212Rn 1694]	TDPAD TDPAD	1981Ma28 1986Be40	HFI 9 87 (81) PL 182B 11 (86)
	2615	22 ns	10-	10.77(10)	0.00(0)	[212.4.1004]	TDPAD	1981Ma28	HFI 9 87 (81)
86 Rn 209	0	29 m	5/2-	(+)0.8388(4)	+0.31(3)	[129Xe 236]	N/OP CFBLS	1988Ki03	PRL 60 2133 (88) CERN EP/87 51 (87)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
86 Rn 210	1665+x	644 ns	(8+)	7.18(6)			TDPAD	1986Po01	NP A448 189 (86)
				7.06(8)			TDPAD	1981Ma28	HFI 9 87 (81)
					0.31(4)	[212Rn 1694]	TDPAD	1986Be40	PL 182B 11 (86)
	2563+x		(11)-	12.16(11)			TDPAD	1981Ma28	HFI 9 87 (81)
	3248+x	72 ns	(14)+	14.92(10)			TDPAD	1986Po01	NP A448 189 (86)
				14.6(3)			TDPAD	1981Ma28	HFI 9 87 (81)
	3812+x	1.05 μs	(17)-	17.88(9)			TDPAD	1986Po01	NP A448 189 (86)
				+17.87(10)			TDPAD		Th Berger (87)
				17.7(2)			TDPAD	1981Ma28	HFI 9 87 (81)
					0.86(10)	[212Rn 1694]	TDPAD	1986Be40	PL 182B 11 (86)
	4993	12.3 ns	(20)+	22.3(1)				1986Po01	NP A448 189 (86)
	6468	1.04 ms	(22)+	15.42(15)				1986Po01	NP A448 189 (86)
	7310	34 ns	(25)-	18.3(2)				1986Po01	NP A448 189 (86)
86 Rn 211	0	14.6 h	1/2-	+0.601(7)		[209Rn]	CFBLS	1988Ki03	PRL 60 2133 (88)
	1578+x	596 ns	17/2-	+7.72(4)			TDPAD		Th Berger (87)
				+7.75(8)			TDPAD	1985Po06	PL 154B 263 (85)
					0.18(2)	[212Rn 1694]	TDPAD	1985Da14	PRL 55 1269 (85)
	3926+x	40 ns	35/2+	+17.5(7)			TDPAD		Th Berger (87)
				+17.8(2)			TDPAD	1985Po06	PL 154B 263 (85)
	5246+y	14 ns	43/2-	+15.9(4)			TDPAD	1985Po06	PL 154B 263 (85)
	6100+y	29 ns	49/2+	+18.8(2)			TDPAD	1985Po06	PL 154B 263 (85)
	8855+y	201 ns	63/2-	+19.6(2)			TDPAD	1985Po06	PL 154B 263 (85)
					1.5(2)	[212Rn 1694]	TDPAD	1985Da14	PRL 55 1269 (85)
86 Rn 212	1502	8.8 ns	4+	4.0(2)			TDPAD	1988St17	NP A486 397 (88)
	1640	118 ns	6+	5.45(5)			TDPAD	1988St17	NP A486 397 (88)
	1694	0.91 ms	8+	+7.15(2)			TDPAD/SOPAD	1979Ho06/1978Ha50	NP A317 520 (79)/HFI 4 219 (78)
				7.16(6)			TDPAD	1988St17	NP A486 397 (88)
				- ( - )	(-)0.17(2)	[B(E2)]	TDPAD, R	1985Da13	PC Dafni (87)/NP A441 501 (85)
	3358	7.4 ns	14+	15.0(4)	( ) - ( )	L \ /1	TDPAD	1988St17	NP A486 397 (88)
	4067	29 ns	17-	17.9(2)			TDPAD	1988St17	NP A486 397 (88)
			•	17.9(3)			TDPAD	1979Ho06	NP A317 520 (79)/JPJS 44 605 (78/)
				- ( - /				1977Ho17	PRL 39 389 (77)
	6167+x	104 ns	22+	15.8(2)			TDPAD	1988St17	NP A486 397 (88)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	ı	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
		2/2		15.8(2)	( )		TDPAD	1979Ho06	NP A317 520 (79)/JPJS 44 605 (78/)
								1977Ho17	PRL 39 389 (77)
	7135+x	18 ns	25-	17.8(5)			TDPAD	1979Ho06	NP A317 520 (79)/JPJS 44 605 (78/)
								1977Ho17	PRL 39 389 (77)
	7871+x	14 ns	27-	17.0(8)			TDPAD	1979Ho06	NP A317 520 (79)/JPJS 44 605 (78/)
								1977Ho17	PRL 39 389 (77)
	8571+x	154 ns	30+	19.71(9)			TDPAD	1979Ho06	NP A317 520 (79)/JPJS 44 605 (78/)
								1977Ho17	PRL 39 389 (77)
86 Rn 213	1664	29 ns	21/2+	4.73(11)			TDPAD	1988St10	NP A482 692 (88)
	1664+x	1 μs	25/2+	7.3(3)			TDPAD	1976McZD	AECL-5614 13 (76)
				7.6(3)			TDPAD	1988St10	NP A482 692 (88)
	2187+x	1	31/2-	9.90(8)			TDPAD	1988St10	NP A482 692 (88)
	3029+x	26 ns	37/2+	13.67(13)			TDPAD	1988St10	NP A482 692 (88)
	3494+x	28 ns	43/2-	15.59(15)			TDPAD	1988St10	NP A482 692 (88)
	4506+x	12 ns	49/2+	19.9(3)			TDPAD	1988St10	NP A482 692 (88)
	5929+y	164 ns	(55/2+)	16.61(14)			TDPAD	1988St10	NP A482 692 (88)
86 Rn 219	0	3.96 s	5/2+	-0.442(5)		[209Rn]	CFBLS, R	1988Ki03	PRL 60 2133 (88)
					+0.93(9)		CFBLS, R	1988NeZZ	Bk88 NFFS 126 (88)
					+1.15(12)		CFBLS		CERN EP/87-15 (87)
86 Rn 221	0	25 m	(7/2+)	-0.020(1)		[209Rn]	CFBLS	1988Ki03	PRL 60 2133 (88)
					-0.38(4)		CFBLS, R	1988NeZZ	Bk88 NFFS 126 (88)
					-0.47(5)		CFBLS		CERN EP/87-15 (87)
86 Rn 222	186	0.32 ns	2+	+0.92(14)			IPAC	1970Or02	NP A148 516 (70)
86 Rn 223	3 0	23.2 m	7/2	-0.776(8)		[209Rn]	CFBLS	1988Ki03	PRL 60 2133 (88)
				(-)	+0.80(8)		CFBLS	1988NeZZ	Bk88 NFFS 126 (88)
86 Rn 225	5 0	4.5 m	7/2-	-0.696(8)		[209Rn]	CFBLS	1988Ki03	PRL 60 2133 (88)
00 141 220	, 0	1.0 111	.,_	0.000(0)	+0.84(8)	[2001 11]	CFBLS	1988NeZZ	Bk88 NFFS 126 (88)
							3. 223		=::50 : :: : 0 : = : (50)
87 Fr 207	0	14.8 s	9/2-	+3.89(8)		[211Fr]	ABLS	1985Co24	PL 163B 66 (85)
				` '	-0.16(5) st		ABLS	1985Co24	PL 163B 66 (85)
					` '				. ,

Nucleus	Ex	T <sub>1/2</sub>	1	$\mu(\text{nm})$	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
87 Fr 208	0	58.6 s	7+	+4.75(10)	0.00(4)	[211Fr]	ABLS ABLS	1985Co24/1986Ek02 1985Co24	PL 163B 66 (85)/PS 34 624 (86) PL 163B 66 (85)
87 Fr 209	0	50 s	9/2-	+3.95(8)	-0.24(2) st	[211Fr]	ABLS ABLS	1985Co24/1986Ek02 1985Co24	PL 163B 66 (85)/PS 34 624 (86) PL 163B 66 (85)
87 Fr 210	0	3.2 m	6+	+4.40(9)	+0.19(2) st	[211Fr]	ABLS ABLS	1985Co24 1985Co24	PL 163B 66 (85) PL 163B 66 (85)
87 Fr 211	0	3.1 m	9/2-	+4.00(8)	-0.19(3) st		AB/D ABLS	1986Ek02	PS 34 624 (86) PR 136B 66 (85)
	2423	146 ns	29/2+ 45/2-	15.37(15)	-1.1(2)	[213Fr 2538]	TDPAD LEMS TDPAD	1986By01 1991Ha02	NP A448 137 (86) PR C43 514 (91)
	4657	123 ns	45/2-	24.3(2)	-2.0(6)	[213Fr 2538]	LEMS	1986By01 1991Ha02	NP A448 137 (86) PR C43 514 (91)
87 Fr 212	0	19.3 m	5+	+4.62(9) +4.62(9)	-0.10(1) st	[211Fr] [211Fr]	CFBLS ABLS ABLS	1985Co24 1985Co24	EPL 3 175 (87) PL 163B 66 (85) PL 163B 66 (85)
	1551 2492	27 μs 604 ns	11+ (15-)	9.89(4) +15.65(12) 15.60(15)	0.10(1) 31		SOPAD TDPAD TDPAD	1989By01 1986By01	HFI 3 297 (77) PL B217 38 (89) NP A448 137 (86)
	4834	4.2 ns	22+	22(4)	0.84(13) -0.80(12)	[213Fr 2538] [213Fr 2538]	TDPAD LEMS TDPAD	1990By03 1991Ha02 1986By01	NP A516 145 (90) PR C43 514 (91) NP A448 137 (86)
	5854	312 ns	(27-)	21.9(3)	1.7(3) -1.5(3)	[213Fr 2538] [213Fr 2538]	TDPAD TDPAD LEMS	1986By01 1990By03 1991Ha02	NP A448 137 (86) NP A516 145 (90) PR C43 514 (91)
87 Fr 213	0	34.7 s	9/2-	+4.02(8) +4.02(8)	0.14(2) ot	[211Fr] [211Fr]	CFBLS ABLS ABLS	1985Co24/1986Ek02	EPL 3 175 (87) PL 163B 66 (85)/PS 34 624 (86)
	1411 1590	18 ns 499 ns	17/2- 21/2-	7.5(14) 9.4(2) 9.32(3)	-0.14(2) st		TDPAD TDPAD TDPAD, R	1985Co24 1986By01 1986By01 1977Be56/1978Ha50	PL 163B 66 (85) NP A448 137 (86) NP A448 137 (86) HFI 3 397 (77)/HFI 4 219 (78)

Nucleus	Ex 2538	T <sub>1/2</sub> 243 ns	l 29/2+	μ(nm) +15.30(7) 15.23(14)	Q(b)	[Ref. Std.]	Method TDPAD TDPAD TDPAD	NSR Reference 1989By01 1986By01	Journal Reference PL B217 38 (89) NP A448 137 (86)
	4993	13 ns	45/2-	15.22(3) 23.2(7) 22.3(6)			TDPAD TDPAD	1977Be56/1978Ha50 1986By01 1979Ho06	HFI 3 397 (77)/HFI 4 219 (78) NP A448 137 (86) NP A317 520 (79)
	8095	3.1 μs	65/2-	+22.6(2)	-2.2(5)	[213Fr 2538] [213Fr 2538]	TDPAD LEMS	1989By01 1991Ha02	PL B217 38 (89) PR C43 514 (91)
87 Fr 214	640	103 ns	11+	+5.62(7) K, d	0.8(2)	[213Fr 2538] [213Fr 2538]	TDPAD LEMS	1994By01 1995Ne06	NP A567 445 (94) PR C51 3483 (95)
	1663 or 1734 4318+D	11.1 ns 10.4 ns 8.0 ns	14- 15- 27-	+8.5(4) K, d level uncertain +19.7(8) K, d		[213Fr 2538] [213Fr 2538]	TDPAD TDPAD	1994By01 1994By01	NP A567 445 (94) NP A567 445 (94)
	6477+D'	108 ns	33+ 32+ or 33+	+22(3)	2.2(5)	[213Fr 2538] [213Fr 2538]	TDPAD LEMS	1994By01 1995Ne06	NP A567 445 (94) PR C51 3483 (95)
87 Fr 215	1500+/-75 2016 2251 3068	4 ns 4.7 ns 5.3 ns 14.6 ns	(21/2)+/-1 29/2+ 33/2+ 39/2-	g=0.33(10) 7(3) 8(2) 9.2(2)			TDPAD TDPAD TDPAD TDPAD	1984De16 1984De16 1984De16 1984De16	NP A419 163 (84) NP A419 163 (84) NP A419 163 (84) NP A419 163 (84)
87 Fr 220	0	27.4 s	1+	-0.67(1) -0.67(1)	+0.47(3) st	[211Fr] [211Fr]	CFBLS ABLS ABLS, R	1985Co24 1985Co24/1987Co19	EPL 3 175 (87) PL 163B 66 (85) PL 163B 66 (85)/NP A468 1 (87)
87 Fr 221	0	4.8 m	5/2-	+1.58(3) +1.58(3)	-0.98(6) st	[211Fr] [211Fr]	CFBLS ABLS ABLS, R	1985Co24 1985Co24/1987Co19	EPL 3 175 (87) PL 163B 66 (85) PL 163B 66 (85)/NP A468 1 (87)
87 Fr 222	0	14.2 m	2-	+0.63(1)	+0.51(4) st	[211Fr] [211Fr]	ABLS ABLS	1985Co24 1985Co24	PL 163B 66 (85) PL 163B 66 (85)
87 Fr 223	0	21.8 m	3/2(-)	+1.17(2)	+1.17(1)	[211Fr] [211Fr]	ABLS ABLS	1985Co24 1985Co24	PL 163B 66 (85) PL 163B 66 (85)
87 Fr 224	0	3.3 m	1(-)	+0.40(1)		[211Fr]	ABLS	1985Co24	PL 163B 66 (85)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	I	μ(nm)	Q(b) +0.517(4) st	[Ref. Std.] [211Fr]	Method ABLS	NSR Reference 1985Co24	Journal Reference PL 163B 66 (85)
87 Fr 225	0	3.9 m	3/2-	+1.07(2)	+1.32(5) st	[211Fr]	ABLS ABLS, R	1985Co24 1985Co24/1987Co19	PL 163B 66 (85) PL 163B 66 (85)/NP A468 1 (87)
87 Fr 226	0	48 s	1	+0.0712(14) +0.071(2)	-1.35(2) st	[211Fr] [211Fr]	ABLS ABLS ABLS	1986Du16 1985Co24 1985Co24	JPPa 47 1903 (86) PL 163B 66 (85) PL 163B 66 (85)
87 Fr 227	0	2.4 m	1/2+	+1.50(3)		[211Fr]	ABLS	1985Co24	PL 163B 66 (85)
87 Fr 228	0	39 s	2-	-0.76(2)	+2.38(5) st	[211Fr] [211Fr]	ABLS ABLS	1985Co24 1985Co24	PL 163B 66 (85) PL 163B 66 (85)
88 Ra 209	0	4.7 s	5/2-	+0.865(13)	+0.40(4) st +0.38(4) st	[213,225Ra] [221,223Ra]	CFBLS, R CFBLS CFBLS	1988Ah02/1987Ar20 1989Ne03 1988Ah02/1987We03	NP A483 244 (88)/PRL 59 771 (87) ZP D11 105 (89) NP A483 244 (88)/ZP D4 227 (87)
88 Ra 211	0	13s	5/2-	+0.878(4)	+0.48(4) st +0.46(5) st	[213,225Ra] [221,223Ra]	CFBLS, R CFBLS CFBLS, R	1988Ah02/1987Ar20 1989Ne03 1988Ah02/1987We03	NP A483 244 (88)/PRL 59 771 (87) ZP D11 105 (89) NP A483 244 (88)/ZP D4 227 (87)
88 Ra 212	1958	10.9 μs	8+	7.10(7)	Q/Q214Ra8+ = 1.5(4)	[214Ra 1864]	SOPAD LEMS	1986Ko01 1993Ne04	PR C33 392 (86) NP A555 629 (93)
	2613	0.85 μs	11-	12.0(2)	1.0(4)		SOPAD	1986Ko01	PR C33 392 (86)
88 Ra 213	0 1770	2.7 m 2.1 ms	1/2- (17/2-)	+0.613(2) 7.4(4)	Q/Q214Ra8+ = 1.21(8)	[137Ba] [214Ra 1864] [214Ra 1864]	CFBLS LEMS LEMS	1987Ar20/1988Ah02 1994Ne01 1993Ne04	PRL 59 771 (87)/NP A483 244 (88) PR C49 645 (94) NP A555 629 (93)
88 Ra 214	1865 2683	67μs 295 ns	8+ 11-	7.08(3) 11.98(8) 11.94(11)			SOPAD TDPAD TDPAD	1977Be56/1978Ha50 1992St09 1979Ho06	HFI 3 397 (77)/HFI 4 219 (78) NP A548 159 (92) NP A317 520 (79)
	3478	279 ns	14+	14.29(6)			TDPAD	1992St09	NP A548 159 (92)

Nucleus	Ex	<b>T</b> <sub>1/2</sub>	1	μ(nm) 14.31(13)	Q(b)	[Ref. Std.]	Method TDPAD	NSR Reference 1979Ho06	Journal Reference NP A317 520 (79)
	4147	225 ns	17-	17.36(5)			TDPAD	1992St09	NP A548 159 (92)
	6577	128 ns	(25-)	17.48(12) 16.5(3)			TDPAD TDPAD	1979Ho06 1992St09	NP A317 520 (79) NP A548 159 (92)
00 D- 04F	0700	0.50	, ,	` '			CODAD		ADTIT 50 (05)
88 Ra 215	3738	0.59 μs	(43/2-)	15.78 (15)			SOPAD		ARTIT 52 (85)
88 Ra 216	1508	0.5 ns	6+	g(avge) = 0.1(3)			TDPAD	1990Sc29	HFI 59 165 (90)
	1711	1.7 ns	8+	g(avge) = 0.1(3) +3(3)			TDPAD IPAD	1990Sc29	HFI 59 165 (90) Cf83Meguro 155 (83)
	2026	0.6 ns	10+	+1(3)			TDPAD	1990Sc29	HFI 59 165 (90)
	2679	0.8 ns	13-	-1(3)			TDPAD	1990Sc29	HFI 59 165 (90)
	3763	5.3 ns	19-	+9.3(10)			TDPAD	1990Sc29	HFI 59 165 (90)
				+9.7(6)			TDPAD	1985Ad09	NP A442 361 (85)
	5170	6.6 ns	25-	+18(5)			TDPAD	1990Sc29	HFI 59 165 (90)
			25-/24+	g = 0.63(6)			TDPAD	1985Ad09	NP A442 361 (85)
88 Ra 221	0	30 s	5/2-	-0.180(2)		[213,225Ra]	CFBLS, R	1988Ah02/1987Ar20	NP A483 244 (88)/PRL 59 771 (87)
					+1.98(11) st		CFBLS	1989Ne03	ZP D11 105 (89)
					+1.9(2) st		CFBLS, R	1988Ah02/1987We03	NP A483 244 (88)/ZP D4 227 (87)
88 Ra 223	0	11.44 d	3/2+	+0.271(2)		[213,225Ra]	CFBLS, R	1988Ah02/1987Ar20	NP A483 244 (88)/PRL 59 771 (87)
					+1.25(7) st		CFBLS	1989Ne03	ZP D11 105 (89)
					+1.19(12) st		CFBLS, R	1988Ah02/1987We03	NP A483 244 (88)/ZP D4 227 (87)
	50	0.63 ns	3/2-	+0.43(6)			IPAC	1970Le13	PR C2 672 (70)
88 Ra 224	84	0.74 ns	2+	+0.9(2)			IPAC	1973He13	ZP 260 57 (73)
88 Ra 225	0	14.8 d	1/2-	-0.7338(15)		[137Ba]	CFBLS	1987Ar20/1988Ah02	PRL 59 771 (87)/NP A483 244 (88)
88 Ra 227	0	42.2 m	3/2+	-0.404(2)		[213,225Ra]	CFBLS, R	1988Ah02/1987Ar20	NP A483 244 (88)/PRL 59 771 (87)
					+1.58(11) st	[221,223Ra]	CFBLS	1989Ne03	ZP D11 105 (89)
					+1.50(15) st		CFBLS, R	1988Ah02/1987We03	NP A483 244 (88)/ZP D4 227 (87)
88 Ra 229	0	4.0 m	5/2(+)	+0.503(3)		[213,225Ra]	CFBLS, R	1988Ah02/1987Ar20	NP A483 244 (88)/PRL 59 771 (87)
	•		( /		+3.1(2) st	[221,223Ra]	CFBLS	1989Ne03	ZP D11 105 (89)
					` '				` '

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) +3.0(3) st	[Ref. Std.]	Method CFBLS, R	NSR Reference 1988Ah02/1987We03	Journal Reference NP A483 244 (88)/ZP D4 227 (87)
89 Ac 215	1621 1796 2438+x	30 ns 185 ns 335 ns	17/2- 21/2- 29/2+	7.82(16) 9.7(2) 15.1(3)			TDPAD TDPAD TDPAD	1983De08 1983De08 1983De08	ZP A310 55(83) ZP A310 55(83) ZP A310 55(83)
89 Ac 217	0 2013	69 ns 740 ns	9/2- 29/2+	+3.83(5) +5.03(70			TDPAD TDPAD	1985De14 1985De14	NP A436 311 (85) NP A436 311 (85)
89 Ac 227	0	21.77 y	3/2-	+1.1(1)	+1.7(2)		O O	1955Fr26 1955Fr26	PR 98 1514 (55)/PR 111 1747 (58) PR 98 1514 (55)/PR 111 1747 (58)
90 Th 229	0	7340 y	5/2+	+0.46(4)	+4.3(9)	[239Pu]	0 0	1974Ge06 1974Ge06	JPPa 35 483 (74) JPPa 35 483 (74)
90 Th 232	gsband			g(18-24)>g(10-16) g(av)=0.28(2)			TF	1992Ha03	PRL 48 383 (82)
91 Pa 228	0	22 h	(3+)	3.5(5)			NO/S	1989He07	NP A493 83 (89)
91 Pa 230	0	17.4 d	(2-)	2.0(2)			NO/S	1989He07	NP A493 83 (89)
91 Pa 231	0 84	3.3x10*4y 44 ns	(2-) 5/2+	2.01(2)	+0.7(2)	[231Pa]	ENDOR ME	1961Ax01	PR 121 1630 (61) PL 69A 225 (78)
91 Pa 233	0	27.0 d	3/2-	4.0(7) +3.4(8)	-3.0(4) (est Vzz)		NO/S AB AB		ARISKP (84) NP 23 90 (61) NP 23 90 (61)
92 U 233	0	1.6x10*5y	5/2+	μ/μ(235U)		[235U]	ABLS		BRASP 54 (5) 13 (90)
				= 1.5604(14) 0.59(5)	Q/Q(235U) = 0.746(2)	[235U] [235U]	EPR ABLS		JP C16 6627 (83) BRASP 54 (5) 13 (90)
	40	50 ps	7/2+		3.663(8) a 0.64(3) a		Mu-X Mu-X	1984Zu02 1984Zu02	PRL 53 1888 (84) PRL 53 1888 (84)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
92 U 235	0	7.0x10*8y	7/2-	-0.38(3) -0.34(3) -0.46(3)			CFBLS EPR ABLDF	1983Ni08	PRL 51 1749 (83) JP C16 6627 (83) OptL 4 63 (79)
				33(3)	4.936(6) a 5.5(10) +6.0(10)		Mu-X CFBLS ABLDF	1984Zu02	PRL 53 1888 (84) Cf83Inter 128 (83) OptL 4 63 (79)
	46	<60 ps	9/2-		4.55(9) a 1.87(3) a		Mu-X Mu-X	1984Zu02	JPJS 34 582 (73) PRL 53 1888 (84)
92 U 238	gsband	d		g(18-24)>g(10-16) g(av)=0.37(2)			TF	1992Ha03	PRL 48 383 (82)
93 Np 237	0	2.1x10*6y	5/2+	+3.14(4) +~2.9	.0.000(0) -		EPR, R ME	1968St03	JCP 53 809 (70) PR 165 1319 (68)
	60	68 ns	5/2-	+1.68(3) +1.95(15)	+3.866(6) a	[237Np]	Mu-X, Pi-X, ME ME TDPAC	1987De10/1969Du09 1967Gu08	PL 189B 7 (87)/PR 186 1296 (69) PR 171 316 (68)/JCP 53 809 (70) NP A104 588 (67)
				1.33(10)	+3.85(4)	[237Np]	ME	1307 0000	BAPS 13 28 (68)
93 Np 239	75	1.40 ns	5/2-	+2.0(3)		[237Np 60]	IPAC	1967Gu08	NP A104 588 (67)
94 Pu 237	~2300 ~2600		(3/2)	-0.68(5) g=+0.14(2)			TDPAD TDPAD	1982Ra04/1982Ra04 1974Ka06	PRL 48 982 (82)/PRL 49 244(E) (82) PRL 32 1009 (74)/Cf74Upp 132 (74)
94 Pu 239	0	2.4x10*4y	1/2+	+0.203(4)	0.040(7) -		AB/D		PL 16 71 (65)
	8 57	0.10 ns	3/2+ 5/2+		-2.319(7) a -3.345(13)		Mu-X	1986Zu01 1986Zu01	PL 167B 383 (86) PL 167B 383 (86)
	76 285	1.12 ns	7/2+ 5/2+	-1.3(3)	-3.83(3)		IPAC	1986Zu01 1974Pa03	PL 167B 383 (86) PR C9 1515 (74)
	200	1.12113	3/21	-1.5(5)			II AC	1974Fa03	11(09 1010 (74)
94 Pu 241	0	14.4 y	5/2+	-0.683(15)	±6(2)	[239Pu]	0 0	1969Ge04	Phca 42 581 (69)
					+6(2)		U	1964Ch10	JPPa 25 825 (64)
95 Am 239	~2500	163 ns	(7/2+)	(+)2.6(2)			TDPAD	1985Ra28	PL163B 327 (85)

Nucleus 95 Am 241	Ex 0	T <sub>1/2</sub> 432.7 y	l 5/2-	μ(nm) +1.58(1) +1.61(3)	Q(b) +3.8(1.2) +3.14(5) +4.2(13)	[Ref. Std.]	Method ABLS AB/D R ABLS R	NSR Reference 1990Iz01 1966Ar04 1989De26 1990Iz01 1988Be30	Journal Reference JRNC 143 93 (90) PR 144 994 (66) ZP D13 181 (89) JRNC 143 93 (90) ZP A330 235 (88)
95 Am 242	0 49 2200	16.0 h 152 y 14 ms	1- 5- unknown	+0.3879(15) +1.00(5) +1.00(5) -1.14(8) [I=2] -1.14(8) [I=3]	-2.4(7) +7(2)	[241Am] [241Am] [241Am] [241Am]	AB/D AB ABLRFS OGLS ABLRFS LRSRD LRSRD	1966Ar04 1966Ar04/1961Ma27 1988Be30 1988Be30 1996Ba52 1996Ba52	PR 144 994 (66) PR 144 994 (66)/PR 124 1904 (61) ZP A330 235 (88) ARKfK-4185 (86) ZP A330 235 (88) HFI 97/98 535 (96) HFI 97/98 535 (96)
95 Am 243	0	7370 y 2.3 ns	5/2- 5/2+	$\mu/\mu(241\text{Am}) = 0.951(7)$ +1.50(1) +1.61(4)	Q/Q(241Am) = 0.909(2) +2.86(3) +4.2(13) 4.1(12)	[241Am] [241Am] [241Am] [241Am] [243Am] [243Am]	ABLS O ABLS ABLS O ME ME	1990Iz01 1990Iz01 1966Ar04/1956Ma31 1989GaZR 1990Iz01 1956Ma31	JRNC 143 93 (90) JRNC 143 93 (90) PR 144 994 (66)/PR 102 1108 (56) Cf89Tash 131 (89) JRNC 143 93 (90) PR 102 1108 (56) PL 115A 71 (86) PC73 Meeker (73)
96 Cm 243	0	28.5 y	5/2+	0.40(8)		[241Am]	EPR		PL 44A 527 (73)
96 Cm 245	0	8500 y	7/2+	0.5(1)		[241Am]	EPR	1970Ab03	PR B1 3555 (70)
96 Cm 247	0	1.6x10*7y	9/2-	0.36(7)		[241Am]	EPR		PL 44A 527 (73)
97 Bk 249	0	320 d	7/2+	2.0(4)		[241Am]	EPR		PL 44A 527 (73)
99 Es 253	0	20.4 d	7/2+	+4.10(7)	6.7(8) st		AB/D AB	1975Go05 1975Go05	PR A11 499 (75) PR A11 499 (75)
99 Es 254	78	39.3 h	2+	2.90(7)	3.7(5) st	[253Es] [253Es]	AB AB	1975Go05 1975Go05	PR A11 499 (75) PR A11 499 (75)

 $\mu(\text{nm})$ 

Nucleus

Ex

 $T_{_{1/2}}$ 

Q(b)

[Ref. Std.]

Method

NSR Reference

04/11/2001

Journal Reference