

ORDER OF CELEBRATION FOR  
*The First Sunday of Lent*

THE INTRODUCTORY RITES

INTROIT

Psalm 91: *Qui habitat*  
adapt. Stratman

Cantor I give them life long and full,



and I show them my power to save, says the Lord.

GREETING

Priest The Lord be with you.

ALL **And with your spirit.**

PENITENTIAL ACT

chant, Vatican XVII

Priest Have mercy on us, O Lord.

ALL **For we have sinned against you.**

Priest Show us, O Lord, your mercy.

ALL **And grant us your salvation.**



R. 1, 3, 4 Lord, have mer - cy.

R. 2 Christ, have mer - cy.

COLLECT (OPENING PRAYER)

THE LITURGY OF THE WORD

FIRST READING

Genesis 9:8-15

RESPONSORIAL PSALM

Cantor I give them life long and full,

Stratman



and I show them my power to save, says the Lord.

SECOND READING

I Peter 3:18-22

GOSPEL TRACT

Cantor I give them life long and full,

Stratman

ALL **And I show them my power to save, says the Lord.**

GOSPEL

Mark 1:12-15

Priest The Lord be with you.

ALL **And with your spirit.**

HOMILY

Father Peter Ely, SJ

CREED *chanted on one tone*

(10:00 and Sunday Evening)

Credo III

*Presider Credo in unum Deum,*

Schola Patrem omnipotentem factorem cæli et terræ,  
visibilium omnium et invisibilium.

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things  
visible and invisible.**

ALL

Et in u - num Do - mi - num Je - sum Chri - stum,  
Fi - li - um De - i u - ni - ge - ni - tum.

**I believe  
in one Lord Jesus Christ,  
the Only Begotten Son of God,**

**born of the Father  
before all ages.**

Schola Et ex Patre natum ante omnia sæcula.

**God from God, Light from Light,  
true God from true God,**

ALL

De - um de De - o, lu - men de lú - mi - ne,  
De - um ve - rum de De - o ve - ro.

Schola Genitum, non factum, consubstantialem Patri:  
per quem omnia facta sunt.

**begotten, not made,  
consubstantial with the Father;  
through him all things were made.**

ALL

Qui pro - pter nos hó - mi - nes et prop - ter no - stram  
sa - lú - tem de - scén - dit de cæ - lis.

**For us men and for our salvation  
he came down from heaven,**

*ALL BOW AT THE WORDS OF INCARNATION, SUNG BY THE SCHOLA:*

Schola Et incarnatus est de Spiritu Sancto ex Maria Virgine,  
et homo factus est.

**and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.**

ALL

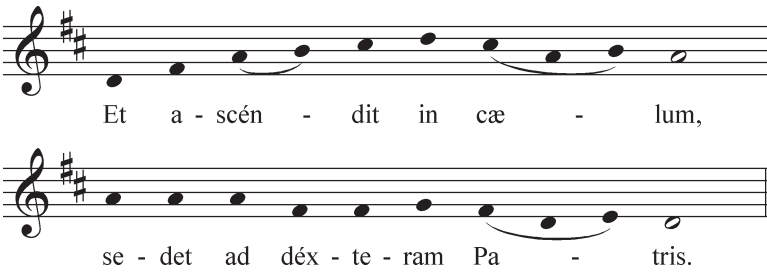
Cru - ci - fī - xus é - ti - am pro no - bis  
sub Pón - ti - o Pi - lá - to; pas - sus et se - púl - tus est.

**For our sake he was crucified  
under Pontius Pilate,  
he suffered death  
and was buried,**

Schola Et resurrexit tertia die, secundum Scripturas.

**and rose again on the third day  
in accordance  
with the Scriptures.**

ALL



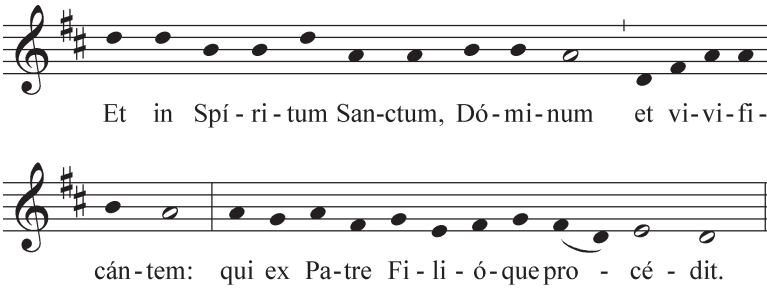
Et a - scén - dit in cæ - lum,  
se - det ad déx - te - ram Pa - tris.

**He ascended into heaven  
and is seated  
at the right hand of the Father.**

Schola Et iterum venturus est cum gloria,  
judicare vivos et mortuos,  
cuius regni non erit finis.

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

ALL



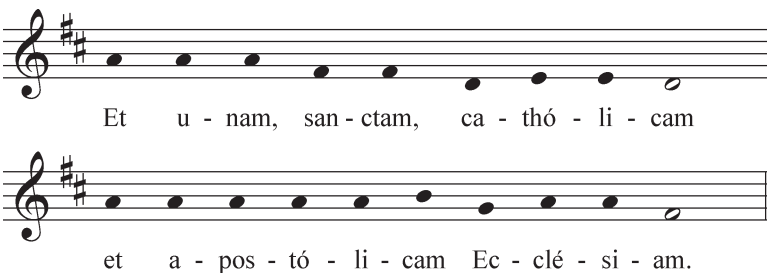
Et in Spí - ri - tum San - ctum, Dó - mi - num et vi - vi - fi -  
cán - tem: qui ex Pa - tre Fi - li - ó - que pro - cé - dit.

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from  
the Father and the Son,**

Schola Qui cum Patre et Filio simul  
adoratur et conglorificatur:  
qui locutus est per prophetas.

**who with the Father and the Son  
is adored and glorified,  
who has spoken  
through the prophets.**

ALL




Et u - nam, san - ctam, ca - thó - li - cam  
et a - pos - tó - li - cam Ec - clé - si - am.

**I believe in one, holy,  
catholic and apostolic Church.**

Schola Confiteor unum Baptisma in remissionem peccatorum.

**I confess one Baptism  
for the forgiveness of sins**

ALL



Et ex - spe - cto re - sur - re - cti - o - nem mor - tu - o - rum.

**and I look forward  
to the resurrection of the dead**

Schola Et vitam venturi sæculi.

**and the life  
of the world to come.**

ALL



A - - - - - men.

**Amen.**

## PRAYER OF THE FAITHFUL

Litany of Saints



Lord, we ask you, hear our prayer.

# THE LITURGY OF THE EUCHARIST

## PREPARATION OF THE ALTAR AND THE GIFTS

Offertory

God gathers you 'neath his wings,  
God gives you shelter 'neath his pinions.

Psalm 91  
Stratman

INVITATION TO PRAYER

Priest

Pray, brothers and sisters, that my sacrifice and yours  
may be acceptable to God, the almighty Father.

ALL

**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good and the good of all his holy Church.**

## PRAYER OVER THE OFFERINGS

### PREFACE DIALOGUE

Presider: ALL:  
The Lord be with you. And with your spir - it.

Presider: ALL:  
Lift up your hearts. We lift them up to the Lord.

Presider: ALL:  
Let us give thanks to the Lord our God. It is right and just.

## SANCTUS

chant

San-ctus, San-ctus, San-ctus Do-mi-nus De-us Sa-ba-oth. Ple-ni sunt  
cæ-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis. Be-ne-dic-tus  
qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

## MEMORIAL ACCLAMATION

chant, *Roman Missal*

Cantor, then ALL:  
When we eat this Bread and drink this Cup,  
we pro-claim your Death, O Lord, un-til you come a-gain.

AMEN

chant

# THE COMMUNION RITE

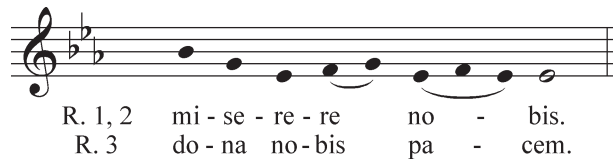
LORD'S PRAYER

SIGN OF PEACE

Priest The peace of the Lord be with you always.  
ALL **And with your spirit.**

AGNUS DEI

Vatican XVII



INVITATION  
TO COMMUNION

Priest Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.  
ALL **Lord, I am not worthy  
that you should enter under my roof,  
but only say the word and my soul shall be healed.**

COMMUNION

If you live in the shelter of the Most High, Psalm 91  
make you home in the shade of the Almighty Stratman  
you say to the Lord, "my Rock, my Fortress, my God in whom I trust."

Upon returning to your place after Holy Communion, please **kneel or be seated.**  
*Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.*

HYMN OF PRAISE

*The glory of these forty days*  
ERHALT UNS HERR



# THE CONCLUDING RITES

GREETING

Priest The Lord be with you.  
ALL **And with your spirit.**

PRAYER OVER THE PEOPLE

PROCESSION

# Wills & Estate Planning Seminar

St. James Cathedral, Pastoral Outreach Center

Wednesday, March 21, 2012 at 2:30pm & 7:00pm

**Did you know that an estimated 65% of Americans do *not* have a will?** Many think that only wealthy people need an estate plan. But this simply isn't true! Even those with no dependents need an estate plan if they have any property and want to decide who receives it. A will can cut delays and probate costs, waive expenses, and help reduce taxes.

The Cathedral parish will provide a free seminar on Wills and Estate Planning on **Wednesday, March 21** from 2:30pm until 4:00pm, and again from 7:00pm until 8:30pm. **JoAnne Strom**, Archdiocesan Director of Planned Giving, and **Celeste McDonell**, Cathedral parishioner and estate planning attorney, will offer their broad knowledge and expertise. You'll have a chance to ask questions and get good advice on what to do next. The whole session is short, simple, and to the point! You'll also receive useful materials to take home and study.

**All are welcome.** This session will benefit people of *all ages* and is offered with no strings attached. Please sign up by detaching the form below and dropping it in the offering basket or returning it to the parish office. For more information, contact Maria Laughlin, Director of Stewardship and Development, 206-382-4284.

**This is a FREE, no-strings-attached presentation which includes**

- Assurance that "putting your affairs in order" is easier than you may think
- Information on how to prepare your will
- Information on distributing your estate
- Information on guardianship issues
- Estate gifting techniques and more information on tax advantages
- Methods of increasing your retirement income
- An attorney available to answer your questions

## RSVP Wills & Estate Planning Seminar

NAME(S) \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

I AM INTERESTED IN ATTENDING THE SEMINAR ON... (PLEASE CHECK ONE)

- ☐ **Wednesday AFTERNOON, March 21, 2:30pm-4:00pm, Pastoral Outreach Center**
- ☐ **Wednesday EVENING, March 21, 7:00pm-8:30pm, Pastoral Outreach Center**
- ☐ I can't attend, but please send me materials about Wills and Estate Planning.

*Please drop this form in the offering basket or mail to:*

Maria Laughlin, St. James Cathedral, 804 Ninth Avenue, Seattle, Washington 98104  
You may also e-mail [mlaughterlin@stjames-cathedral.org](mailto:mlaughterlin@stjames-cathedral.org) or call 206-382-4284

# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant  
The Reverend Richard J. Ward

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)  
Beth Rose, Parish Mental Health Nurse (206-382-4269)

### SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)  
Suzanne Lee (206-654-4640)  
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)  
Brenda Bellamy, Peter Burns, John Marquez, Stephen Pace, sacristans

### MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music  
Joseph Adam, Organist (206-382-4597)  
Dr. Clint Kraus, Associate Organist  
Stacey Sunde, Director of Youth Music  
Thomas Thompson, Coordinator of Special Projects

### FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)  
Marianne Coté, Youth & Family Ministry (206-382-4512)  
Lita McBride, Children's Faith Formation (206-654-4658)  
Theresa Van de Ven, Administrative Assistant (206-219-5822)

### MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director  
Glenda Caldwell, ESL Specialist  
Jim Hodges, Citizenship  
Cecilia Erin Walsh, ESL Coordinator

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)  
Elizabeth Falzone, Receptionist (206-622-3559)  
Marilyn Maddeford, Administrative Assistant (206-622-3559 x3971)

### WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)  
Bev Mauser, Louise Mennella, Wedding Coordinators

### FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm  
Weekdays 8:15 & 5:30 pm  
Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANointing of the SICK** A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

**"TAIZÉ" ECUMENICAL PRAYER**, Fridays at 6:30 pm.

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

### ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104  
Telephone: 206-622-3559 FAX: 206-622-5303  
Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)  
Emergency Number: 206-467-3049  
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

**W**ELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

**CATHEDRAL ESPRESSO** Stop by Cathedral Hall after the 10:00am Mass today for a latte or mocha. All proceeds during Lent benefit our RCIA Program.

**LENTEN ART IN CATHEDRAL CHAPEL** "The Way of the Cross," a new art work by local ceramic artists Jessi Li and George Rodriguez will be in the Cathedral Chapel throughout Lent.

**CATHEDRAL BOOKSTORE** Stock up on reading for Lent. New titles on spirituality and the saints, books by Thomas Merton and Henri Nouwen, and a wide selection of reading in celebration of the 50th Anniversary of the Second Vatican Council.

**NEW ON THE WEBSITE** Keep up on many Lenten activities, prayer opportunities, and special events at the Cathedral website. You can also read Father Ryan's homilies and pray the Stations of the Cross online!  
**[www.stjames-cathedral.org](http://www.stjames-cathedral.org)**

**LENTEN HOLY HOURS** Each Friday during Lent, from 12pm – 1pm, we will have a Holy Hour in the Cathedral, with Exposition of the Blessed Sacrament, Liturgy of the Hours, rosary, and silence. All are welcome to join in all or part of this meditative prayer in the presence of Jesus in the Blessed Sacrament.

**PRAYING THE STATIONS** A wonderful Lenten tradition in the Church. There are three opportunities to pray the Stations each week: on Mondays following 12:10pm Midday Prayer, Wednesdays following the 5:30pm Mass, and Fridays following the 8:15am Mass (except First Fridays). You can also pray the stations online at [www.stjames-cathedral.org](http://www.stjames-cathedral.org).

**KEYS TO THE COUNCIL** Our Lenten series exploring the core teachings of the Second Vatican Council begins on Tuesday, February 28. Each session is offered twice – Tuesday evenings at 7pm, and Saturday mornings at 9am – in Cathedral Place, Room 1. The companion book for the series, *Keys to the Council: Unlocking the Teaching of Vatican II* by Richard Gaillardetz and Catherine Clifford, is available at a special low price in the Cathedral Bookstore. RSVP is appreciated but not required. *Information*, Corinna Laughlin, 206-622-3559, [claughlin@stjames-cathedral.org](mailto:claughlin@stjames-cathedral.org).

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Joseph in Chehalis, Vancouver, and Pe Ell.*



## LENTEN CHORAL PRAYER

**DURING LENT THIS YEAR**, at the 10:00am Sunday Mass the Cathedral Choir of St. James will pair the choral prayers of the great 16th-century composer, Palestrina, with English prayers set by Seattle composers including Carol Sams, Gerald Kechley, Karen Thomas, Bern Herbolsheimer, Alan Hovhaness, Richard Proulx and Tom Stratman.

**YOUNG ORGANISTS CONCERT** Monday, March 12, 7:30pm. Four of the region's upcoming organ stars will play a recital in the Cathedral. All are welcome. *Information*, 206-382-4874.

**ST. JOHN PASSION** March 10 and 11, 8:00pm St. James Resident Ensemble, Seattle Pro Musica, performs Bach's St. John Passion. This beautiful and dramatic masterpiece for chorus, orchestra and soloists, sets the passion narrative as a gripping story, told with vivid intensity. Karen P. Thomas. Director. *Information and reserved seating*, 206-781-2766 [www.seattlepromusica.org](http://www.seattlepromusica.org)

**CAPTIVITY TO THE HOLY CITY** March 24, 8:00pm. St. James Resident Ensemble, Opus 7 presents *From Captivity to the Holy City*—an evening of powerful psalms and motets for Lent. Loren Pontén, Director. *Information and reserved seating*, 206-782-2899 [www.opus7.org](http://www.opus7.org)

**SEND US YOUR DESSERT RECIPES** Following up on the enormous success of the first ESL cookbook, we are once again asking parishioners for recipes. This newest edition will be devoted entirely to desserts. We are especially interested in old family recipes that reflect your cultural background. Feel free to include any family stories or cultural history related to your recipe. Mail your contribution to: St James ESL Program, 804 Ninth Ave, Seattle, WA 98104 or email it to [mmain@stjames-cathedral.org](mailto:mmain@stjames-cathedral.org). *Information*, Mali Main at 206-382-4511.

## Sacred Steps

Sacramental Celebrations at St. James

**CONGRATULATIONS AND GOD'S BLESSINGS** to Sophia Guiyab & Laurence "LJ" Gonzales, married in the Cathedral on Saturday, February 18. Please pray for them as they begin their new life together.

**CONGRATULATIONS** to Kay Margaret Alton, Bruce Aaron Lorente, and Michael Holland, who made their Profession of Faith, were confirmed, and received their First Holy Communion on Sunday, February 19. We welcome with joy these new members of the family of faith.

**CATHOLIC RELIEF SERVICES' OPERATION RICE BOWL** St. James joins millions of Catholics across the country, who will be participating in Operation Rice Bowl during Lent. CRS invites us to **pray** with our family and friends, **fast** in solidarity with those who are hungry, **learn** about our brothers and sisters around the world, and **give alms** to help those in need. The educational material included in each Rice Bowl explores CRS projects around the world. This week we focus on subsistence farmers in Madagascar, who struggle to feed their families on depleted land, and are now learning improved growing methods with the help of CRS. Pick up a Rice Bowl at the doors of the cathedral, take it home, and prepare to be transformed by this simple but powerful Lenten practice.



**SIGN UP TODAY FOR THE LENTEN BLOOD DRIVE** The blood drive will be on Tuesday, March 20. What could be a more personal, caring and meaningful gift this Lenten season than the gift of blood to someone in our community who has the need? The urgent and ongoing need for blood donors invites us to consider yet another aspect of Stewardship, that is, the gift of ourselves in a way that is fundamental and essential to life itself. If you have not yet donated, please consider donating for the first time. If you have donated in the past, please consider doing so again. Donor signups will be at the coffee hours after today's morning Masses. Or call 206-274-3173.

**BAKE SALE TODAY** Stop by coffee hour TODAY after the 10:00am and 12:00 Noon Masses for a special bake sale. All proceeds will help send a group of Cathedral youth to the Archdiocesan Junior High Rally!

## Getting to know Good Pope John

Later this year, thanks to some generous parishioners, a permanent shrine to Blessed John XXIII, the Pope who called the Second Vatican Council, will be established in the north aisle of the Cathedral. Throughout the year, keep an eye on this box in the bulletin to learn more about this great saint of modern times.

Roncalli was the first to joke about his weight. On meeting the French historian Daniel-Rops while serving as Apostolic Nuncio in Paris, he said, "Ah, cher monsieur Daniel-Rops, we will both have to say a prayer to God, beseeching Him to remove half the excess fat which I have and to give it to you!" On another occasion, after attending a meeting at the French Academy, he said, "It's a beautiful, most impressive place. One hears beautiful things there. Unfortunately, the seats are large enough only for a demi-nuncio."





# Joy and Hope in Christ: Vatican II

Part 4 in a series

February 26, 2012

*This year, 2012, marks the fiftieth anniversary of the opening of the Second Vatican Council, which began on October 11, 1962, and closed on December 8, 1965. Throughout the year, we'll mark this milestone anniversary by celebrating the Council, and exploring its teachings through bulletin inserts, lectures, and a variety of special events.*

## **Blessed John XXIII: Pope of the Council**

Pope John XXIII was not the only Pope of the twentieth century to think about calling a Council. Pope Pius XI gave serious consideration to the idea in the years following World War I, when Catholics had faced each other across the battlefield. He felt a Council could be an instrument of unity in a Church that still felt the sad divisions of war. In 1948, Pope Pius XII revived the idea, and even formed commissions to consider the possibilities. The work proceeded far enough to develop topics to be addressed by a Council: clarifying doctrine, speaking on the moral issues of modern warfare, and updating the Code of Canon Law. But for various reasons, neither of these proposed Councils ever got off the drawing board. It would be Pope John XXIII, Pius XII's successor, who would finally call a Council.

Blessed John XXIII was born Angelo Roncalli, the son of a large peasant family in the tiny village of Sotto il Monte in northern Italy. Following his ordination, he was chosen to serve as secretary to Bishop Radini-Tedeschi of Bergamo, a progressive bishop who came under investigation by the Vatican for his sympathy with the needs of workers. The pastoral example of Radini-Tedeschi (whom Roncalli afterwards affectionately called 'my bishop') inspired and changed the young priest. At the same time, his fascination with history led him to the archives of the diocese, where he discovered a great treasure in a thirty-nine volume chronicle of the Church in Bergamo following the Council of Trent. These documents highlighted the reform and renewal of the local church, and proved another great inspiration. Later, Roncalli would edit the letters of Saint Charles Borromeo, who, as the Cardinal archbishop of nearby Milan, had been a driving force behind the Tridentine reforms. In hindsight, it is clear that these formative early experiences planted the seeds for the Second Vatican Council.

From Bergamo, Roncalli went to Rome, where he served in the Propagation of the Faith, and then in foreign posts: as apostolic visitor to Bulgaria, where he was stationed for ten years, and then to a more challenging post in Istanbul, where



he developed close bonds with people of many different races and religions. After World War II, Pope Pius XII entrusted him with the delicate task of serving as nuncio to France following the long Nazi occupation. Roncalli's keen intelligence, diplomatic tact, compassion, and humor helped to rebuild a Church that was bitterly divided. Then, at the age of seventy-one, Roncalli was finally called home to Italy to become the Patriarch of Venice. He felt sure this would be his last assignment, but it was not. To his own great surprise, he was elected Pope on October 28, 1958. He was 78, and both the Cardinals who elected him and the media thought of him as a "transitional" figure, who would carry things forward without making waves.

But John proved to be anything but a transitional figure. The surprises began right away. When asked by what name he would be called as Pope, Roncalli answered, "John," a name that had not been used by any Pope since the thirteenth century, since the last person to bear it was the anti-Pope John XXIII. When the Cardinals asked him why he had chosen this name, the new Pope said "he had called himself John in order to renew the exhortation of the Apostle John: 'My children, love one another'" (Hebblethwaite). Pope John chose November 4 – the feast of St. Charles Borromeo – for his enthronement in the Chair of Peter. The Council was already in his thoughts as he began his ministry, and there were many more surprises to come in the months ahead.

*Corinna Laughlin, Director of Liturgy*

*For further reading: Hebblethwaite, Peter. John XXIII: Pope of the Century. Continuum, 2000.*