

This weekend, thanks to some generous parishioners, we dedicate a new shrine in honor of Blessed Pope John XXIII, in celebration of the 50th Anniversary of the opening of the Second Vatican Council.

Architectural drawing by Stephen Lee

ST. JAMES CATHEDRAL The Twenty-Sixth Sunday in Ordinary Time September 30, 2012

ST. JAMES CATHEDRAL

September 30, 2012

Dear Friends,

The blessing of the Cathedral's new shrine in honor of Blessed Pope John XXIII is a dream come true for me. If you know me at all, you know that Pope John XXIII occupies a high place in my pantheon of heroes. What he did for the Church – under the gentle guidance of the Holy Spirit, of course – can never be overestimated. The Second Vatican Council, which he called and which got underway fifty years ago next month was, without a doubt, the most important event in modern Church history (and by "modern" I'm talking about the past 500 years!).

Most of us who were living at the time of the Council have some appreciation for its overarching importance. After all, we knew the Church of our youth – holy and beautiful, but very much turned in on itself. It was something of a 'fortress' Church that in some ways defined its identity in terms of how different and distinct it was from other Christian churches and believers – as well as from non-Christians, non-believers, and from the world itself. Pope John XXIII was himself steeped in the pre-Vatican II Church, but the Holy Spirit inspired him to see new possibilities and to seek a path to greater unity. It is said that he opened a window in his study to symbolize the fresh air he wanted to blow through a stagnant, self-sufficient Church. And that is exactly what happened at the Second Vatican Council!

Under his inspired leadership, the bishops of the Catholic world – along with a large contingent of Protestant leaders and theologians whom he invited as official observers – came together for prayerful exploration of the Church and its mission. They studied and debated long-held traditions and teachings but also listened to the voices of the finest contemporary theologians and scripture scholars. In addition, the bishops reflected on modern society itself and on the challenges facing the human family. Pope John XXIII died shortly after the First Session, but the Council was to continue for three more years, and from it came a whole series of documents that affirmed the Catholic tradition but also set forth a fresh and liberating understanding of it that took the Church a major step forward. The documents of Vatican II dealt with everything from the way we pray together, to the way God communicates with us, to our dignity as baptized believers, to the way bishops collaborate with the Pope in

governing the Church, to issues of religious freedom, to how the Church should relate to those whose beliefs are different from ours. And much more!

Pope John XXIII was beatified by Pope John Paul II in the year 2000. Ever since that time, I have wanted to honor him and his great contribution to the Church by establishing a permanent shrine in the Cathedral. Today's blessing of the shrine (at the 10:00 morning Mass) – coming, as it does, on the eve of the day fifty years ago when Pope John solemnly opened the Council – should be a cause of rejoicing for all of us as we give thanks for this gentle, warm, open-hearted servant of Christ and the gospel who changed a whole world's mind about the Catholic Church and embraced that world with loving arms.

With us at the 10am Mass this morning for the blessing of the new shrine is retired Archbishop Raymond Hunthausen. And how fitting that is! Archbishop Hunthausen was named a bishop in 1962 by Pope John XXIII. Shortly thereafter, he found himself in Rome for the opening of the Second Vatican Council. Now he has the distinction of being one of a very few bishops in the world -- and the very last American bishop still living -- who participated in all four sessions of the Council! Archbishop Hunthausen is fond of saying that he got his 'on the job training' to be a bishop at the Council. To that I would add that, in more ways than I can count, he embodies the teaching and spirit of the Council. For sixteen years this archdiocese was blessed by his inspired, humble, courageous, servant leadership. In so many ways this Archdiocese is what it is today because of him.

It gives me deep personal joy to welcome back to St. James Cathedral the archbishop whom I was privileged to work closely with for many years and who assigned me to St. James as pastor nearly 25 years ago. Welcome home, Archbishop Hunthausen!

Father Michael G. Ryan

The Twenty-Sixth Sunday in Ordinary Time

BLESSING OF A NEW SHRINE IN HONOR OF BLESSED JOHN XXIII (10:00am)

THE INTRODUCTORY RITES

PRELUDE

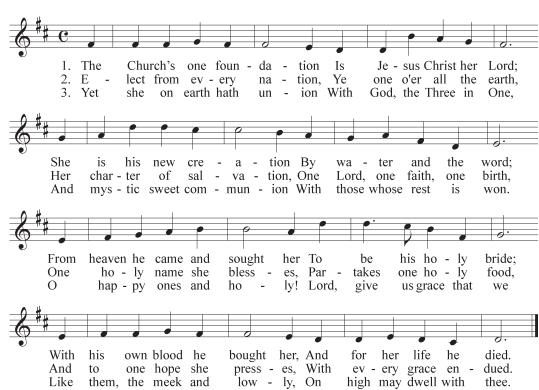
(Noon)

Ave Maria
Bossi
Ave verum corpus
Mawby

ENTRANCE

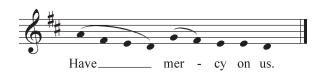
The Church's one foundation

AURELIA



PENITENTIAL ACT

Missa de angelis Vatican VIII



GLORIA (Sunday Evening) Missa de angelis, No. 341 in Worship hymnal

Glory be to God in heaven,
Songs of joy and peace we bring;
Thankful hearts and voices raising,
To creation's Lord we sing:
Lord, we thank you, Lord, we bless you,
Glory be to God our king.

Lamb of God who on your shoulders Bore the load of this world's sin; Only Son of God the Father, You have brought us peace within: Lord, have mercy, Christ, have mercy, Now your glorious reign begin.

You, O Son of God, are holy,
You we praise with one accord;
None in heav'n or earth is like you,
Only you are Christ the Lord,
With the Father, and the Spirit,
Ever worshiped and adored. (Text by Edwin LeGrice)

COLLECT

THE LITURGY OF THE WORD

FIRST READING Numbers 11:25-29

RESPONSORIAL PSALM

Psalm 19



The pre-cepts of the Lord give wis-dom to the sim-ple.

SECOND READING

ALLELUIA

James 5:1-6

Herbolsheimer



Happy the peacemakers: they shall be called the children of God.

GOSPEL

Mark 9:38-43, 45, 47-48

HOMILY

Father Michael G. Ryan

BLESSING OF A NEW SHRINE (10:00am)

PROCESSION TO THE NEW SHRINE

INTERCESSIONS

Herbolsheimer



PRAYER OF BLESSING

INCENSATION OF THE NEW SHRINE

CREED (except 10:00am and Noon)

I believe in one God, the Father almighty. maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life,

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

O, Lord, hear our prayer.

Herbolsheimer

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

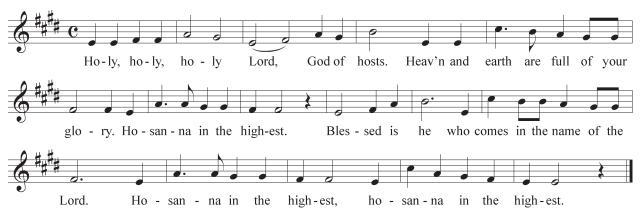
Offertory (10:00)

Come to us, creative Spirit
Proulx

Come to us, creative Spirit, in our Father's house; Every human talent hallow, hidden skills arouse, That within your earthly temple, wise and simple may rejoice.

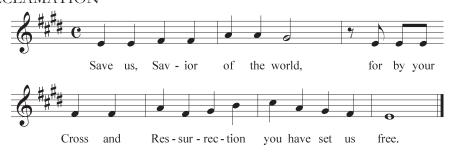
SANCTUS

St. James Mass for Peace
Herbolsheimer



MEMORIAL ACCLAMATION

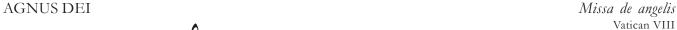
Herbolsheimer

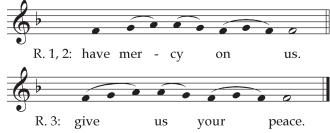


AMEN Herbolsheimer



LORD'S PRAYER No. 246





COMMUNION

The faithful and wise servant, whom his lord sets over his family, to give them their wheat in due season.

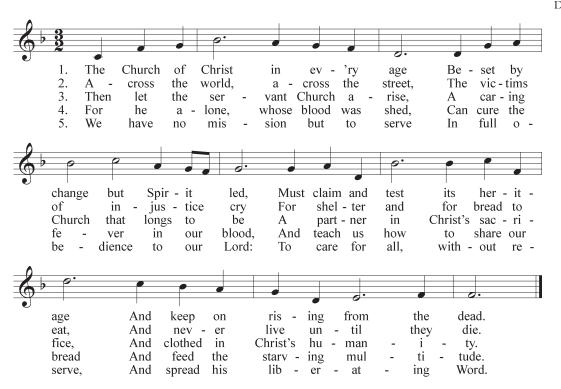
(10:00)

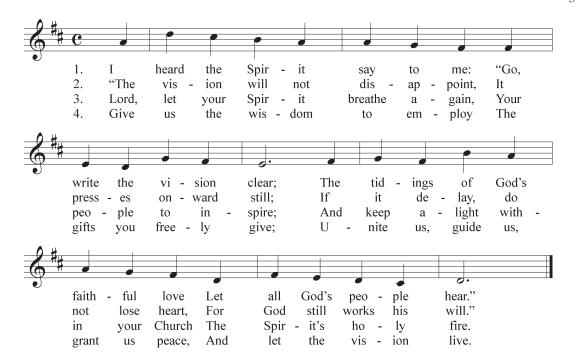
Regina cæli
Bartolucci (Sistine Choir director, 1956-1997)

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**. Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.

HYMN OF PRAISE

The Church of Christ in every age DUNEDIN





PROCESSION

(Noon)

Entrée pontificale
Parry
Improvisation on "Tu es Petra"

Kraus



CELEBRATING THE 50TH ANNIVERSARY OF THE OPENING OF THE 2ND VATICAN COUNCIL

Patty Repikoff

People of God, We Are Still Called to Become Fire!

A look at Lumen Gentium—Light of Nations, the Dogmatic Constitution on the Church

Monday, October 1, 2012

7:00pm | Cathedral Hall

The Dogmatic Constitution on the Church, *Lumen Gentium*, is one of the major documents of Vatican II. This document has shaped our self-understanding in ways we take for granted now. Yet, after nearly fifty years, we have yet to mine all of its treasures. During this talk we will try to answer three questions:

- What is Lumen Gentium and its key themes?
- Why are these themes so significant for us?
- How might *Lumen Gentium* still beckon us to grow into our fullness as God's people?

Patty Repikoff is a native of the Pacific Northwest. She has served the Church as a Lay Ecclesial Minister for 39 years. Born in Vancouver, WA, gifted with Catholic genes, she was educated by the Sisters of Providence, Sisters of the Holy Names, and the Society of Jesus. Her ministerial history includes many years as Director of Faith Formation and Pastoral Assistant for Liturgy and Sacraments at St. Leo, Tacoma, 17 years as Pastoral Life Director (lay leader appointed by the Archbishop to provide pastoral care to a parish without a resident priest pastor) at St. Therese and Christ the King Parishes in Seattle. Currently she is serving as Coordinator of Hispanic/Latino Ministry for the 14 parishes in the Eastside Deanery and adjunct faculty at Seattle University's School of Theology and Ministry. She is a proud member of St. James Cathedral Parish.



Monday, October 29 | 7:00pm, St. James Cathedral **John O'Malley**, **SJ:** *What Happened at Vatican II?*

Thursday, November 15 | 7:00pm, St. James Cathedral **Father Michael Raschko:** *Gaudium et Spes: Where do we go from here?*

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)
Marianne Coté & Lita McBride, Children's Faith Formation (654-4658)
Brenda Bellamy, Children's RCIA/Confirmation (206-274-3108)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996) Brenda Bellamy, Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music Joseph Adam, Organist (206-382-4597) Dr. Clint Kraus, Associate Organist Stacey Sunde, Director of Youth Music Thomas Thompson, Coordinator of Special Projects

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173) Beth Rose, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515) Caitlin Lanigan (206-382-4235) Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

ST. JAMES ESL/MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist, Jim Hodges, Citizenship

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979) Bev Mauser, Louise Mennella, Wedding Coordinators

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564) Elizabeth Falzone, Receptionist (206-654-4650) Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm Weekdays 8:15 & 5:30 pm Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104 Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

ELCOME! If you are a visitor to the Cathedral, we want you to know how welcome you are — whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.

SATURDAY EVENING MASS We welcome Peregrine Vocal Ensemble, Bill McJohn, director.

FROM THE ARCHBISHOP In preparation for the November elections, the Archbishop has asked us to make available a variety of resources relating to the upcoming vote on Referendum 74. Visit the Cathedral website, www.stjames-cathedral.org, for links to a video statement by Archbishop Sartain and other materials you may find helpful. Printed copies of the materials are also available in the vestibules.

MENTAL HEALTH MINISTRY RESOURCE CENTER OPEN HOUSE Sunday September 30, 9am-2pm. Located in lower level of Rectory (Gallagher Center) – enter off of Columbia. Information related to Mental Health/Illness, emotional distress, living well; referrals where to receive medical and professional assistance; companioning – someone to listen and talk. Blood pressure checks and information related to lowering stress and anxiety. Come and explore and feel welcome. *Information*, Beth Rose, 206-382-4269.

CATHEDRAL ESPRESSO is back from its summer hiatus! Please come by after the 10:00 Mass. All proceeds, for the month of September, benefit the Children's Religious Education Program. The Espresso Ministry is also looking for volunteers willing to run the cart after the noon Mass. *Information*, Katherine Berry, 425-772-0897.

2ND ANNUAL MENTAL HEALTH FAIR October 7, during all coffee hours in the Cathedral Hall. *Purpose*: Introduction to Mental Health Ministry and volunteers; learn about mental health and mental illnesses; learn about professional mental health services in Seattle area; meet representatives from variety of mental health programs. *Goal*: Increased awareness of mental health and mental illness, and of how common these experiences are; understanding of available resources. *Information*, Beth Rose, Parish Mental Health Nurse, 206-382-4269 or brose@stjames-cathedral.org and www.stjames-cathedral.org/mhm.

PARISH REMEMBRANCE Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Michael in Olympia and Snohomish; St. Gabriel in Port Orchard; St. Jerome in Ocean Shores; St. Therese in Seattle, and St. Theresa in Federal Way.

OCTOBER IS RESPECT LIFE MONTH

Faith opens our eyes to human life in all its grandeur and beauty.

HOLY HOUR FOR LIFE On Friday, October 5, Exposition of the Blessed Sacrament will begin immediately following the 8:15am Mass and continue until 1:00pm, with Holy Hour at 12 Noon, including Scriptures, hymns, silent prayer, and a rosary for life. All are welcome.

CHILDREN'S ROSARY FOR LIFE On Sunday, October 7, immediately following the Noon Mass, the children of our Faith Formation Programs will lead a rosary procession for life, praying before some of the images of Mary in the Cathedral. All are welcome.

WILL YOU ASSIST A PERSON WHO WANTS TO BECOME CATHOLIC? We continue to have new inquirers coming to participate in our Christian Initiation process to learn more about the Catholic Church (RCIA). We need St. James parishioners to be companions with our new inquirers to help welcome them to our community. The time commitment is reasonable – two Wednesday evening sessions a month. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

EXCITING NEW OPPORTUNITY FOR YOUNG MEN

St. James is reviving the St. Edward's Vocal Ensemble, a liturgical choir for teenaged boys with changed voices conducted by Cathedral baritone, Thomas Thompson. The rehearsal will be Mondays 4:30–6:30pm. *For auditions and information*, Stacey Sunde, Director of Youth Music Program, 206-382-4874 or musicoffice@stjames-cathedral.org.

Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS to *Ashley Chang* and *Nicholas Kapek*, married in the Cathedral on Saturday, September 22. Please pray for them as they begin their new life together.

RITES OF RECEPTION INTO FULL COMMUNION
Last Saturday we celebrated the Rites of
Reception into Full Communion for Rebecca
Brown, Taylor Chavez, Megan Gluth, Ross Hays,
Javier Hernandez, Claire Hur, Lara Osborn, and
Courtney Ottosen. They made a Profession of
Faith, were confirmed, and received Holy
Communion for the first time.

Congratulations and God's blessings!

WORLD-FAMOUS MUSICIANS AT ST JAMES In October the Cathedral is presenting two extraordinary evenings of sacred masterpieces you won't want to miss. October 13, 8:00 pm, Spain's leading sacred music ensemble, Musica Ficta present music of 16th-century Spain, www.earlymusicguild.org. October 20, 8:00 pm Stephen Stubbs conducts Monteverdi's *Vespers*. www.pacificmusicworks.org. For pay-as-able parishioner passes call 206-382-4874.

SOLEMN MASS OF ALL SOULS WITH MOZART'S REQUIEM Friday, November 2, 7:30 pm. If you would like to remember someone in the printed program or be a patron, please put your donation in an envelope marked "All Souls Patron" and drop it in the offering basket or send to the parish office. Be sure to include the name of the person you want to remember, as well as your name and address. *Information*, Music Office, 206-382-4874.

THE LAST SENIOR TRIP OF 2012 Wednesday, October 10, will take us to the Pacific Science Center and the King Tut exhibit. We will see a 10-foot statue of the pharaoh found at the remains of the funerary temple for two of his high officials. In all likelihood, this will be the last opportunity to see authentic objects from Tut's tomb including jewelry, furniture, and ceremonial items. Space is limited and priority will be given to registered parishioners! *Information, or to reserve your place*, John Simpson, Pastoral Care Minster at 206-622-3559 or jsimpson@stjames-cathedral.org.

Getting to know Good Pope John

Today we dedicate a permanent shrine to Blessed John XXIII, the Pope who called the Second Vatican Council, in the north aisle of the Cathedral.

"Mother Church rejoices that, by the singular gift of Divine Providence, the longed-for day has finally dawned... Behold, we are gathered together in this Vatican basilica, upon which hinges the history of the Church, where heaven and earth are closely joined, here near the tomb of Peter and near so many of the tombs of our holy predecessors, whose ashes in this solemn hour seem to thrill in mystic exultation. The Council now beginning rises in the Church like daybreak, a forerunner of most splendid light. It is now only dawn. And already at this first announcement of the rising day, how much sweetness fills our heart. Everything here breathes sanctity and arouses great joy!"

Toward Christian Unity, Opening Address at the Second Vatican Council, October 11, 1962



Joy and Hope in Christ: Vatican II

Part 17 in a series September 30, 2012

This year, 2012, marks the fiftieth anniversary of the opening of the Second Vatican Council, which began on October 11, 1962, and closed on December 8, 1965. Throughout the year, we celebrate the Council, and explore its teachings through bulletin inserts, lectures, and a variety of special events. You'll find the entire series at the Cathedral website, www.stjames-cathedral.org.

A New Vision for the Laity

One of the great contributions of the Second Vatican Council was a new theology of the laity. "The lay apostolate has been simmering on the 'back burner' of the Church's apostolic life for nearly two thousand years," wrote one contemporary commentator, "and finally the Fathers of the Council moved it up to the 'front burner' and turned the heat up all the way."

The laity had never been uninvolved in the life of the Church. Throughout the centuries, there have been lay movements—many religious communities began as groups of laypeople who wished to dedicate themselves to service and to living the Gospel in a more radical way (think of St. Francis, for example). The 19th and 20th centuries saw an increasing engagement of the laity in service and faith, especially through organizations like Catholic Action, which began in Europe and spread to the Americas. Closer to home, the inspired work of Catharine De Hueck Doherty and of Dorothy Day among the poor showed the incredible power of the laity to serve in the name of the Church.

In spite of these developments, the Church still defined the laity in terms of negatives. They were not ordained, not clerics, not priests. They were those who could not preach or celebrate the sacraments (except baptisms in cases of emergency). They were necessary, of course, but had no role in the preaching of the Gospel or in the apostolic work of the Church. "The Church is essentially an unequal society," wrote Pope Pius X in 1906. "With the pastoral body only rests the necessary right and authority for promoting the end of the society and directing all its members towards that end; the one duty of the multitude is to allow themselves to be led, and, like a docile flock, to follow the Pastors" (quoted in Keys to the Council, p. 98).

Laypeople and the Work of the Church

At the Council, all of that would change. No longer defined simply in terms of negatives, the Council gradually came to a positive understanding of the laity. In *Lumen Gentium*, the Constitution on the Church, the People of God includes not only the laity but the clergy as well. All of us, by our baptism, share in the common baptismal priesthood, and through this priestly baptism we all share in the apostolic mission of the Church. The mission of preaching the Gospel, of healing and serving in Christ's name does not belong exclusively to the hierarchy: this is the mission of the entire Church.

The debates about the laity began during the first session, with *Lumen Gentium*. While some bishops argued strenuously against the notion of a baptismal priesthood, fearing that the ministerial priesthood would seem to be reduced in importance, others felt that the draft did not go far enough. Cardinal Suenens of Belgium remarked that the gifts of the Holy Spirit are not given only to the hierarchy, and that these gifts needed to be nurtured,

not suppressed, in the laity. The Cardinal took a considerable amount of flak for his suggestion that the number of lay auditors at the Council be increased and that women be invited as well—"Unless I am mistaken," he drily observed, "women make up one half of the world's population" (quoted in *The Second Session*, Xavier Rynne). Soon enough, though, there were women auditors as well as men at the Council, and the role of the laity became one of the key themes of the Council. The *Constitution on the Sacred Liturgy* sets as a prime value in the renewal of the liturgy the full, conscious, and active participation of the entire assembly. A chapter in *Lumen Gentium*, the Constitution on the Church, is dedicated to the laity, and the laity are also at the heart of *Gaudium et Spes*, the Constitution on the Church in the Modern World.

In addition to these key texts, an entire document is dedicated to the laity: *Apostolicam Actuositatem*, the Decree on the Apostolate of the Laity, promulgated at the end of the Fourth Session of the Council. In a secular world, the introduction notes, the apostolate of the laity becomes even more imperative, as they act as a leaven, bringing the light of the Gospel and the values of Christianity to bear on all they do. And in places where priests are few or "are deprived of due freedom in their ministry, the Church could scarcely be present and functioning without the activity of the laity." Here are a few key teachings of the Decree:

- "In the Church, there is diversity of service but unity of purpose" (2). We do not all serve in the same way, but we all work together, laity together with clergy.
- The primary place where the laity exercise their apostolate is in the secular realm, "as a kind of leaven" (2).
- It is the special task of the laity to "take on the renewal of the temporal order" (7). "Wherever there are people in need of food and drink, clothing, housing, medicine, employment, education; wherever men lack the facilities necessary for living a truly human life or are tormented by hardships or poor health, or suffer exile or imprisonment, there Christian charity should seek them out and find them, console them with eager care and relieve them with the gift of help.... Help should be given in such a way that the recipients may gradually be freed from dependence and become self-sufficient" (8).
- While most laypeople carry out their apostolic work in the secular world, "the laity have an active part to play in the life and activity of the Church" (10). In the parish, laypeople—both men and women—work "in close union with their priests, bringing to the church community their own and the world's problems as well as questions concerning human salvation... the laity ought to collaborate energetically in every apostolic and missionary undertaking sponsored by their local parish" (10).
- To live as a Christian family is itself an apostolate, and one that is "of unique importance for the Church and civil society" (11). Vocations begin in family life.
- Young people and children are also called to take part in the work of the Church (12), to recognize that they too share in the apostolate. All of us, without exception, are called to work towards the building of the Kingdom of God.

Corinna Laughlin, Pastoral Assistant for Liturgy



Cathedral Blood Drive

Tuesday, October 9, 2012 Pastoral Outreach Center

12:30pm to 6:30pm (closed 3:00-3:45pm)

A unique gift

What could be a more personal, caring and meaningful Gift than the gift of blood to someone in our community who has the need? The urgent and ongoing need for blood donors invites us to consider yet another aspect of Stewardship, that is, the gift of ourselves in a way that is fundamental and essential to life itself.

Who needs blood?

It is very likely that someone you know at St. James has had a need for blood. People who need blood include those who have been in accidents or require surgery or chemotherapy. In our community, that blood would have come from donors to the Puget Sound Blood Center, including St. James blood drive donors. To meet the needs of our community, over 900 donors must register to Give Life every day.

St. James & the Puget Sound Blood Center

St. James has been sponsoring Lenten and Fall blood drives since 2006. The Puget Sound Blood Center is always enthusiastic about our partnership in this effort, but most especially about the number of new donors at our blood drives. We ask those who have not yet donated to consider donating for the first time. We ask those who have generously donated in the past to please consider doing so again.

Sign up at coffee hour 9/23, 9/30, 10/7

Or e-mail *jsimpson@stjames-cathedral.org* to sign up or to find out more. Or call 206-274-3173.

At left: St. Luke the Physician. Madonna & Child with Saints (detail), Neri di Bicci, ca. 1456

Sponsored by St. James Cathedral's Health and Healing Ministry



What is Conscience?

In **Forming Consciences for Faithful Citizenship** (no. 17), the Catholic Bishops of the United States Conscience remind us:

"The Church equips its members to address political and social questions by helping them to develop a well-formed conscience....Conscience is not something that allows us to justify doing whatever we want, nor is it a mere "feeling" about what we should or should not do. Rather, conscience is the voice of God resounding in the human heart, revealing the truth to us and calling us to do what is good while shunning what is evil."

Conscience is a judgment of practical reason that helps us to recognize and seek what is good, and to reject what is evil (*Catechism of the Catholic Church*, no. 1778, 1796).



The Second Vatican Council wrote:

"Always summoning [one] to love good and avoid evil, the voice of conscience can when necessary speak to [one's] heart more specifically: do this, shun that" (*Gaudium et Spes* 16).

Conscience does not simply "come to us"!

Throughout our lives, we have to spend time forming our consciences so that we can make well-reasoned judgments about particular situations.

How Do I Form My Conscience?

As the bishops note in **Forming Consciences for Faithful Citizenship**, we need to form our consciences in an *ongoing manner*. How do we do this?

- 1) When examining any issue or situation, we must begin by being open to the truth and what is right.
- 2) We must **study Sacred Scripture** and the **teaching** of the Church.
- We must examine the facts and background information about various choices.
- 4) We must **prayerfully reflect** to discern the will of God (*Forming Consciences for Faithful Citizenship*, no. 18).

The United States Catholic Catechism for Adults adds:

- 5) The **prudent advice** and **good example** of others support and enlighten our conscience.
- 6) The **authoritative teaching** of the Church is an essential element.
- 7) The **gifts of the Holy Spirit** help us develop our conscience.
- 8) Regular examination of conscience is important as well (p. 314).

