

St. James Cathedral The Fourth Sunday in Ordinary Time January 28, 2018

# ORDER OF CELEBRATION FOR

# The Fourth Sunday in Ordinary Time

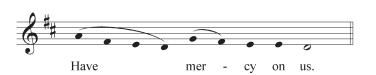
**PRELUDE** 

"He hath put down the mighty from their seat" from Fifteen Antiphons

ENTRANCE No. 666 in red Worship hymnal

Only-begotten, Word of God eternal ROUEN

PENITENTIAL ACT



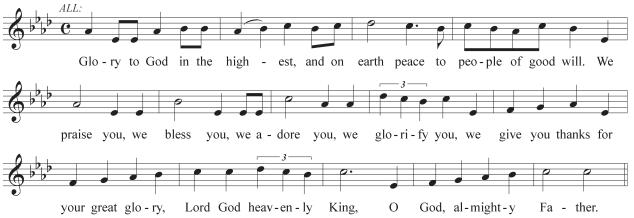
Missa de angelis Vatican VIII

(10:00)

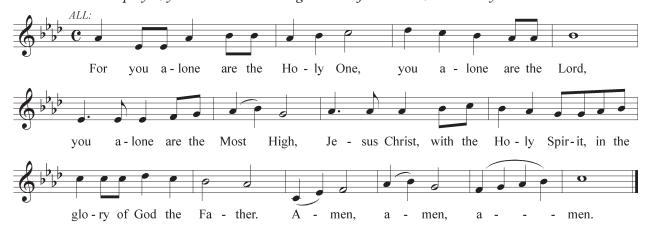
"Kyrie eleison" from *Missa l'hora passa* Viadana

**GLORIA** 

Mass in Honor of St. Benedict
LeBlanc



Choir Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.



OPENING PRAYER (COLLECT)

# The Liturgy of the Word

FIRST READING

Deuteronomy 18:15-20

PSALM RESPONSE Psalm 95

Proulx



SECOND READING I Corinthians 7:32-35

**ALLELUIA** 



GOSPEL Mark 1:21-28

al-le - lu

al-le - lu - ia,

**HOMILY** 

# Father Michael G. Ryan

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00)

Al - le - lu - ia,

## **CREED**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, All BOW and by the Holy Spirit was incarnate.

and by the Holy Spirit was incarnate of the Virgin Mary, and became man. *All STAND UPRIGHT* 

For our sake he was crucified under Pontius Pilate, he suffered death and was buried,

and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

ia!

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

# PRAYER OF THE FAITHFUL

Berthier



/:32-33 Berthier

# The Liturgy of the Eucharist

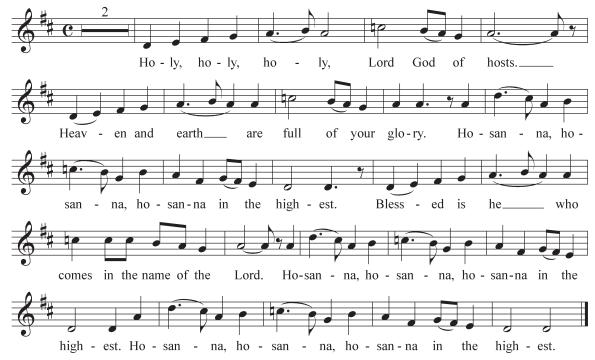
# PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

A fair and delectable place
Webster

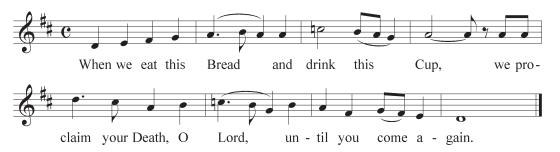
SANCTUS

Mass for the City
Proulx



MYSTERY OF FAITH

Proulx



**AMEN** 

Proulx



# LORD'S PRAYER

**AGNUS DEI** 

Vatican VIII



(10:00)

"Kyrie eleison" from *Missa l'hora passa* Viadana COMMUNION Illumina facem

Let your face shine down upon your servant; deliver me in your mercy. Lord, let me not be confounded, for I have called upon you.

(10:00) Psalm 42: Sitvit anima mea
Palestrina

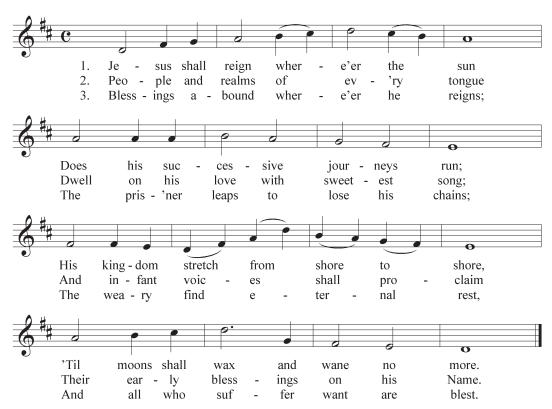
My soul is thirsting for God, the God of my life; when can I enter and see the face of God? My tears have become my bread, by night, by day, as I hear it said all the day long: "Where is your God?" Psalm 42:2-3

Low-gluten hosts are distributed at the credence table, near the presider's chair.

# When you return to your place, please kneel or be seated.

HYMN OF PRAISE

Jesus shall reign
DUKE STREET



**PROCESSION** 

"Gloria in excelsis Deo" from Fifteen Antiphons

Dupré

#### ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

The Very Reverend Michael G. Ryan

## IN RESIDENCE

The Reverend David A. Brant

#### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

#### **FAITH FORMATION**

Kathleen McCabe, Director (206-382-2018)
Brenda Bellamy, Children's Faith Formation (206-274-3108)
Rosanne Michaels, Faith Formation (206-654-4658)
Julianna Castro, Baptism Coordinator (206-619-0816)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

#### **FAMILY MINISTRY**

Suzanne Lee, Director (206-654-4640)

#### **LITURGY**

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086) John Marquez, Julie Sharples, Ward Johnson, Peter Burns, Stephen Pace, sacristans (206-654-4646)

#### **MUSIC MINISTRY** (206-382-4874)

Joseph Adam, Associate Director of Music & Organist Stacey Sunde, Director of Youth Music Marjorie Bunday, Music Office Assistant

#### SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515) Hunt Hoffman, Hospitality and Administrative Support (206-382-4235) Cathedral Kitchen: Teddi Callahan (Director), Carol DeMatteis, Keith Emry, (206-264-2091)

## MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

## ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director Glenda Caldwell, ESL Specialist; Patrick Suhrbier, Immigrant Legal Services, Caroline Okello, Community Activation Coordinator

#### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

# YOUTH MINISTRY and YOUNG ADULT MINISTRY Curtis Leighton, Director (206-264-2082)

Mish Office
Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Margaret Lynch, Wedding Office (206-382-4288)
Bev Mauser, Louise Mennella, Wedding Coordinators
Jane Mueller, Receptionist (206-622-3559)

## **FACILITIES and GROUNDS**

Tang Nguyen, Facilities Supervisor (206-264-2087) Alan Frasher, Melina McCombs, Steve Raab, David Wilson

# **CELEBRATIONS of the SACRAMENTS**

8 - 10 - 12 & 5:30 pm 8:15 & 5:30 pm 8:15 & "Vigil" 5:30 pm Sundays Weekdays Saturdays

#### LITURGY of the HOURS Weekdays at 12:10 pm

#### **VESPERS and BENEDICTION of the BLESSED SACRAMENT** Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Julianna Castro for information, 206-619-0816.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the Parish Office for information.

FUNERALS for parishioners, contact Suzanne Lee, 206-654-4640.

CONTEMPLATIVE ECUMENICAL PRAYER, First Fridays, 6:30 pm

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm. After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303 Website: www.stjames-cathedral.org

**T**ELCOME, VISITORS! If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. For more information about the parish, to register, or to ask a question, visit our Sunday Help **Desk** at Coffee Hour. A Cathedral staff person will be on hand to assist you. Be sure to stop by the Cathedral **Bookstore** after Mass for a wide selection of Cathedral souvenirs as well as Catholic books and gifts.

**FOR YOUR SAFETY** At each of the weekend Masses a Seattle police officer is present on the Cathedral campus.

**ON THE COVER** Moses leads the people of Israel through the Red Sea. East Apse Stained Glass Window, St. James Cathedral. Hans Gottfried von Stockhausen, artist.

**CATHEDRAL ESPRESSO** is up and running after the 10:00 Mass in Cathedral Half. Proceeds for January will go to the Mental Health and Wellness Ministry.

PARENT'S FAITH FORMATION CONTINUES THIS **SUNDAY** Join other parents for a discussion around family life in a high tech world. Meets from 11:05 to 11:40 in Room 206 of O'Dea High School. *Information*, Rosanne Michaels 206-654-4659 or rmichaels@stjames -cathedral.org.

**SURVIVING SUICIDE** Sunday, January 28, 1:30pm, Pastoral Outreach Center. If you have lost a loved one to suicide – you are a survivor of suicide. A survivor can be a spouse or partner, child, sibling, friend. Common feelings include shock, anger, guilt, depression, confusion and shame. Laura Takacs MPH, LICSW clinical director of Virginia Mason's Separation and Loss Services, will be addressing the grief cycle associated with traumatic loss. *Information*, Nancy Granger, 206-382-4269, ngranger@stjamescathedral.org.

FIRST FRIDAY EXPOSITION AND HOLY HOUR On Friday, February 2, Exposition of the Blessed Sacrament will begin following the 8:15am Mass, and continue until 1:00pm. Holy Hour, with songs, readings, prayers, and rosary, will begin at 12 Noon. All are welcome to join in all or part of this beautiful prayer in the presence of the Blessed Sacrament.

FEAST OF THE PRESENTATION AND BLESSING OF **CANDLES** On Friday, February 2, the feast of the Presentation, the Church blesses candles for use in the liturgy during the coming year. You are invited to bring your own candles from home for the blessing, which takes place during the Masses at 8:15am and 5:30pm. The solemn celebration with music will be at 5:30pm on Friday, February 2.

**PARISH REMEMBRANCE** *Throughout the year, because we* are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. Thomas Aquinas in Camas and St. John Bosco in Tacoma.

HOUSING AND HOMELESSNESS ADVOCACY DAY The St. James Housing Advocacy Committee invites you to join us in Olympia on Thursday, February 1, 2018. HHAD is your chance to let your lawmakers know that you care about finding solutions to the affordable housing and homelessness crisis in Washington. To register, go to https:// wliha.salsalabs.org/hhad2018registration/index.html. If you are interested in carpooling, contact Patrick Barredo, 206-382-4515, pbarredo@stjamescathedral.org.

UNITY: CONTEMPLATIVE PRAYER WITH MUSIC FROM **TAIZE.** Friday, February 2 at 6:30pm. On Friday, February 2 at 6:30 pm, at the conclusion of the international Week of Prayer for Christian Unity, Christians of many denominations gather at St. James Cathedral in downtown Seattle for an hour of prayer, song, and silence in the tradition of Taizé. Local leaders from many denominations will attend the service. All are welcome!

CAPPELLA ROMANA CONCERT-MACHAUT: MESSE **DE NOSTRE DAME** Friday, February 2 at 8:00pm. Following his Cappella Romana début at St. James Cathedral leading powerful chants from Santiago de Compostela, international early music star Marcel Pérès from Paris directs the earliest known Mass setting by a single composer, Guillaume de Machaut (1300–1377), with chants for Candlemas. There will be a pre-concert talk at 7:00pm in Room 1E-W of Cathedral Place. *Information and passes*, www.cappellaromana.org.

BLESSING OF THROATS ON THE FEAST OF ST. **BLASE** St. Blase is credited with saving the life of a boy who was choking to death on a fishbone. Each year on his feast day, February 3, the Church observes the traditional blessing of throats. The blessing will take place in the context of the regularly scheduled Mass at 8:15am.

BYRD ENSEMBLE CONCERT-PARADISE: DEATH AND **THE AFTERLIFE** Saturday, February 3 at 8:00pm. Through the abundance of choral music concerning death and the afterlife, one encounters many moving masterpieces. From the Spanish Renaissance of Juan Esquivel, to the early 20th century of English master Herbert Howells, to the contemporary era with local composer Peter Hallock, this program showcases hauntingly beautiful motets of the ages. *Information* and passes, www.byrdensemble.com.

MASS WITH ANOINTING OF THE SICK There will be a communal celebration of this sacrament on Saturday, February 10 at a special 11:00am Mass in the Cathedral. Father Ryan will preside. All are welcome to attend the Mass. Those who are sick, facing surgery, dealing with chronic mental or physical illness, or experiencing the weakness that comes with old age are encouraged to receive the sacrament of healing.

WINTER SHELTER NEEDS We are close to depleting our supply of spray deodorant, toothbrushes and razors. Donations would be most appreciated and can be brought to Sunday Coffee Hour or the Parish Office. Thank you!

**SKYLINE OPEN HOUSE** Skyline, a 62+ retirement community across the street from St. James, will be hosting an exclusive Open House for Cathedral parishioners following Noon Mass on Sunday, February 11 from 1:30–3pm. One and two bedroom independent living apartment homes will be available to tour. Come enjoy a beverage and appetizer as you learn about the benefits and amenities of Skyline. RSVP to 206-405-4100 or email fjahan@skylineseattle.org.

APPLICATIONS FOR CATHOLIC SCHOOL **SCHOLARSHIPS** St. James has SIX Catholic Elementary Schools in Seattle: St. Therese, St. Paul, St. Edward, St. George, St. Joseph and Holy Family Bilingual. These schools provide in-parish tuition rates for registered St. James parishioners. We also support FOUR Catholic High Schools (O'Dea, Holy Names, Bishop Blanchet, and Kennedy Catholic) through the Simperman Scholar program. Contact Theresa Van de Ven at 206-219-5822 or at tvandeven@stjamescathedral.org for requirements and an application packet for the 2018-2019 school year. Completed applications must be submitted by April 30, 2018.

A WEEKLY TIP ON CARING FOR OUR COMMON HOME ... in some places, where the facades of buildings are derelict, people show great care for the interior of their homes, or find contentment in the kindness and friendliness of others. A wholesome social life can light up a seemingly undesirable environment." Pope Francis, *Laudato Si*, paragraph 148.

**OUR THREE-PART SERIES ON ISLAM** concludes this Tuesday, January 30, 6:30pm in Cathedral Hall. Join us as we conclude our series with Laila Almounaier of MAPS-AMEN (http://www.mapsredmond.org/) speaking on Muslims as part of the American Fabric, and the History of Islam. *Information*, Christopher Koehler, 206-382-4511 or čkoehler@stjamescathedral.org.

**PLEASE JOIN HUNDREDS GOING TO** CATHOLIC ADVOCACY **DAY**, Wednesday, February 21, in Olympia. To register, go to: www.ipjc.org/ cad and stand with your neighbors. Invite your friends along! The



day will include briefings on legislative issues, Mass and appointments with legislators. Sponsored by: Washington State Catholic Conference, St. Vincent de Paul Society, Catholic Community/Housing Services and Intercommunity Peace & Justice Center.

Sacred Steps
SACRAMENTAL CELEBRATIONS AT ST. JAMES

CONGRATULATIONS AND GOD'S BLESSINGS to *Michelle Bos, Erik Ryznar & Mandy Upton who* celebrated the Rite of Welcome and to *Iacob* Flores, who celebrated the Rite of Acceptance into the Order of Catechumens last Sunday.

# The place where you stand is holy ground EXODUS 3:5













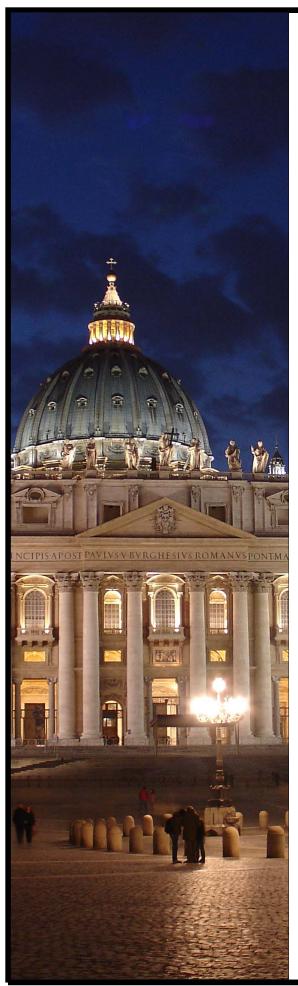
# **SUNDAY GIVING AT ST JAMES CATHEDRAL**

# **RESULTS THROUGH JANUARY 22**

Total pledges received	764
% participation (out of 2,529 households)	30%
Financial goal	\$2.2 million
Percent of goal reached	85%
Participation goal	50%
Pledges needed to reach participation goal	498!

We are still short of our goal for this year's Sacrificial Giving Campaign! Help!
Now that the rush of the holidays is concluded, if you have not yet turned in a pledge for 2018, will you please do so TODAY? Drop your commitment in the basket, or go online to set up your giving via credit card or direct debit. You can participate even if you are unable to make a financial commitment by offering your gift of prayer!

For more information, visit www.stjames-cathedral.org.



Parish Pilgrimage 2018

The parish pilgrimage is coming right up, February 28-March 8. Whether you're joining Father Ryan and the Cathedral Choir in Italy, or undertaking a vicarious pilgrimage here at home, you are invited to join in some of the great events we have planned to get us ready for Italy!

# Concert: Jubilate!

Friday, January 26, 2018, 8:00pm

On Friday, January 26 at 8:00pm, Jubilate Young Women's Ensemble, conducted by Stacey Sunde, is joined by cathedral organist Joseph Adam in a program of chant-based works, including Dupré's Fifteen Pieces, Op. 18 and movements from Couperin's Messe des Couvents. Information and passes, www.stjamescathedral.org/music.

Lecture: The City of Rome

Wednesday, January 31, 2018, 7:00pm, Cathedral Hall Father Tom Lucas, SJ, helps us prepare for the Cathedral pilgrimage—whether you're going in person or just in spirit!—by exploring the history and the magic of the city of Rome. "Rome will exist as long as the Coliseum does; when the Coliseum falls, so will Rome; when Rome falls, so will the world" (the Venerable Bede). No charge; all are welcome!

Lecture: The Age of the Saints

Wednesday, February 21, 2018, 7:00pm, Cathedral Hall Father Mike Raschko provides historical background into the holy places and shrines we'll encounter on the pilgrimage, including stories of the great reformers Dominic and Catherine, Francis and Clare. "All the way to heaven is heaven, because Jesus said, 'I am the way.'" (St. Catherine of Siena). No charge; all are welcome!

Concert: Rome Pilgrimage Farewell Friday, February 23, 2018, 8:00pm

Joseph Adam, Organist, the Cathedral Choir, Jubilate! Young Women's Ensemble and a large group of St. James pilgrims travel to Florence, Siena, Assisi, and Rome for ten days of concerts, Masses, and exploration of holy sites. Along the way, the choirs will sing works by composers associated with these churches. The

choirs will also perform works from their standard repertoires and offer Italian audiences a flavor of the music-making in Seattle. Join us for this send-off concert! *Information and passes*, www.stjames-cathedral.org/music.

Information, www.stjames-cathedral.org

# Grief Support Group



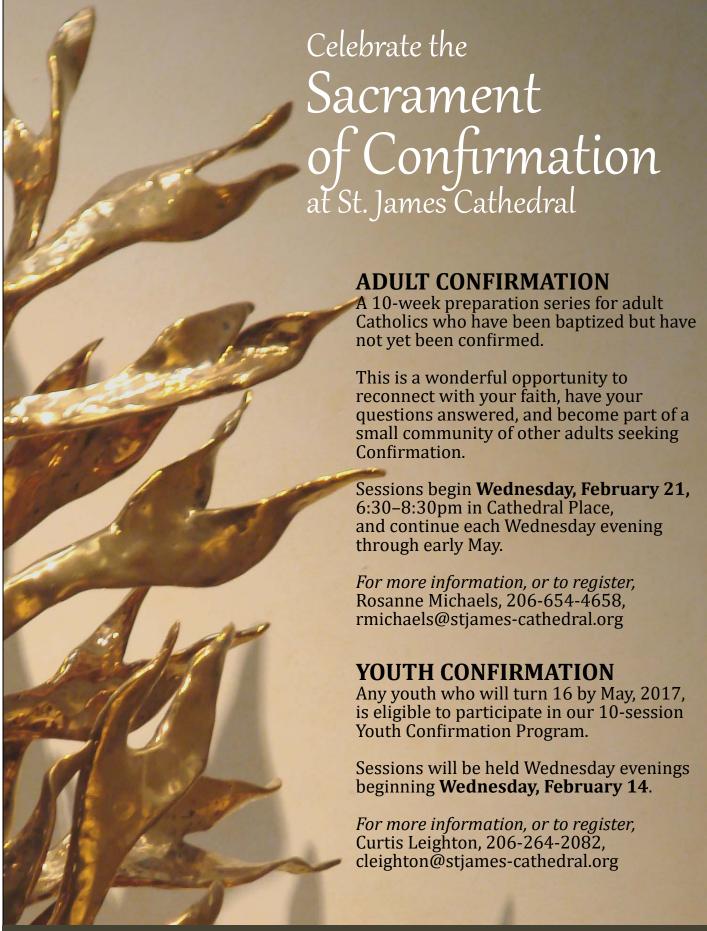
Wednesdays, January 31—March 14, 2018 6:30pm-8:00pm, Gallagher Center (enter on Columbia St.) St. James Cathedral

Are you grieving the death of someone close to you?

Grief and loss can have a significant impact on our lives long after the death of the person we love.

The grieving process has no timeline and is unique to each individual, but meeting with others who are going through a similar experience can provide support and help us cope.

You are invited to join a new 7-week grief support group facilitated by St. James Cathedral Staff Nancy Granger, Suzanne Lee, and Rosanne Michaels



www.stjames-cathedral.org

# Lenten Evenings of Reflection

MONDAY EVENINGS, 7-9PM
PASTORAL OUTREACH CENTER, ST. JAMES CATHEDRAL

# February 19: Laurie Cassidy

# BUILDING THE CITY OF GOD DESPITE INTERNALIZED OPPRESSION

Frightening current events give an urgency to building the City of God! For Jesus the Kingdom of God is not the result of our strategic planning, building or accomplishment. We will

explore how American cultural norms can reduce discipleship into a "spiritual way" of accomplishing more and being more productive on behalf of building the Kingdom of God.

Laurie Cassidy's most recent book is *The Scandal of White Complicity in U.S. Hyper-Incarceration: A Non-Violent Spirituality of White Resistance*. Her teaching and research explore how Christian mysticism can be a resource for personal and social transformation.

# February 26: Melissa Weiksnar

# PRAYING ABOUT ADDICTION WITH THE STATIONS OF THE CROSS

Rare is the person who has not been impacted by a loved one with addiction and needs our prayers. But how to pray for them? We will use the Stations of the Cross as a vehicle for praying for those suffering -- directly or indirectly --

from the epidemic disease of opioid addiction.

Melissa Weiksnar has been using her daughter's story to educate about how addiction can impact any family. She is the author of *Heroin's Puppet -Amy (and her disease)* and *It's Not Gunna Be an Addiction.* She most recently worked at the Center for Adolescent Substance Abuse Research at Boston Children's Hospital.



# March 5:

Sr. Alexandra Kovats

CARING FOR ALL THAT

GOD HAS CREATED

In this prayshop (serving as both retreat and workshop),

Sr. Alexandra Kovats will explore *Laudato Si'*, Pope Francis' encyclical on care for our common home.

If we are called to protect the lives of the poor and the vulnerable, how do we extend that care to our planet, as an integral part of our faith?

Alexandra Kovats, CSJP has served as adjunct professor at the School of Theology and Ministry at Seattle University since 1989. She travels extensively to facilitate retreats, and is executive director of *GreenHearth Collective*, a nonprofit that focuses on urban ecology and spirituality.

March 12:
Jesus Huerta
TRANSFORMATION
THROUGH
SOLIDARITY

We are called to love

our neighbor. But, like the scholar, we may find ourselves wondering, "Who is my neighbor?" Through the CRS Rice Bowl, we encounter our global neighbors as our sisters and brothers, and are transformed by their lives.

As Relationship Manager for Catholic Relief Services (CRS), Jesús Huerta is responsible for managing CRS' relationships with their partners in Oregon, Washington, Alaska, Montana and Idaho. Jesús takes the lead in the promotion of CRS Rice Bowl and with clergy outreach along the West Coast.





# What is Alpha?

Alpha is an opportunity to explore life and the Christian faith in a friendly, open, and informal environment. No pressure. No follow up. No charge.

- If you're new to the parish and want to get to know your fellow parishioners, Alpha is for you.
- If you want to go deeper in your faith, Alpha is for you.
- If you know someone--a friend, a family member, a spouse--who wants to talk about life's big questions, invite them to join you for Alpha!

Alpha originated in London, England, and now runs in churches, bars, coffee shops, and homes all over the world. Alpha has around ten sessions and includes food, a short talk, and time to share thoughts and questions.

# You're Invited!

Starting February 20, 2018 Tuesday nights, food at 6:30pm

Bring a friend with you who might want to explore the Christian faith

# St. James Cathedral

Holy Names Room 907 Columbia Street Seattle, WA 98104

RSVP 206-382-4284 mlaughlin@stjames-cathedral.org www.stjames-cathedral.org/alpha





Second Annual Catholic

# **Immigration Summit**

My liberation is bound up with yours

Join fellow Catholics as we share our immigrant journeys – old and new – and discern where we go together from here. Check-in begins at 8:30 am. The day concludes with mass with Bishop Elizondo and Bishop Mueggenborg in the Chapel of St. Ignatius at 3 pm. Lunch and refreshments are provided at this free event. Registration is required.

# Saturday, March 10, 2018

9 am - 4 pm | Seattle University | Campion Ballroom Register by March 6 at seattleu.edu/ictc

For questions: Chris Koehler (ckoehler@stjames-cathedral.org) or Joe Cotton (joe.cotton@seattlearch.org)



For more information on #sharejourney, visit seattlearchdiocese.org/stj/
This Share the Journey event is co-sponsored by:











INSTITUTE FOR
CATHOLIC THOUGHT AND CULTURE

# ST. JAMES CATHEDRAL PARISH

We are the cathedral for the Catholic Archdiocese of Seattle and its Archbishop, The Most Reverend J. Peter Sartain. We are also a parish church for a vibrant faith community with a long history that reaches back to Seattle's early days.

We are an inner-city parish with an outreach to many who live on the edge of poverty and loneliness. We are a diverse community that welcomes, accepts, and celebrates the differences we all bring. We exist in the heart of the city, yet sometimes our parishioners come from considerable distances to worship here.

St. James Cathedral is a crossroads where ideas and challenges both old and new are explored in the light of the Gospel of Jesus Christ.

Our cathedral is also the center for many cultural and ecumenical events which both reflect and help to shape the fabric of a vital metropolitan community.

Above all, St. James Cathedral is a community of prayer.

