



ST. JAMES CATHEDRAL
The Fourth Sunday of Lent
March 26, 2017

ORDER OF CELEBRATION FOR

The Fourth Sunday of Lent

SECOND SCRUTINY OF THE ELECT (10:00am)

PRELUDE

Psalm Prelude III: Psalm 23

Howells

INTROIT

Laetare, Ierusalem

adapt. Stratman



GREETING

PENITENTIAL ACT

chant, Vatican XVII

Priest Have mercy on us, O Lord.
ALL **For we have sinned against you.**
Priest Show us, O Lord, your mercy.
ALL **And grant us your salvation.**



R. 1, 3, 4 Lord, have mer - cy.
R. 2 Christ, have mer - cy.

DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

OPENING PRAYER (COLLECT)

The Liturgy of the Word

FIRST READING

I Samuel 16:1b, 6-7, 10-13a

PSALM RESPONSE

Psalm 23

Proulx

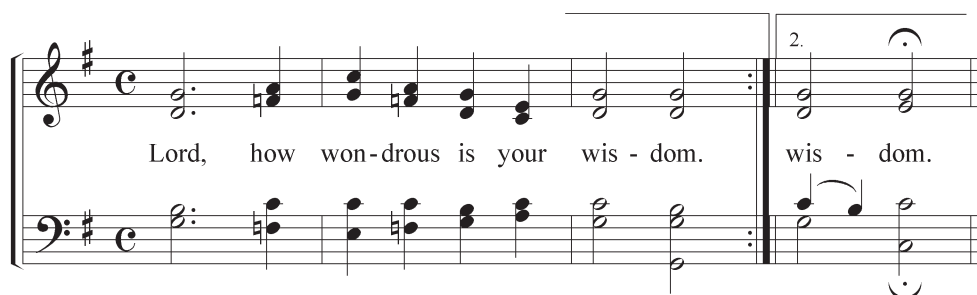


SECOND READING

Ephesians 5:8-14

TRACT

Stratman



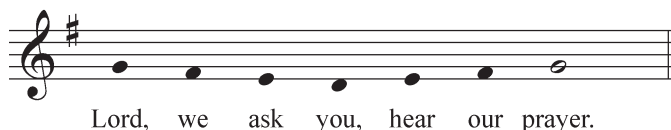
I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;

he ascended into heaven,
and is seated at the right hand
of God the Father almighty;
from there he will come
to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Second Scrutiny of the Elect (10:00am)

INTERCESSIONS

Litany of Saints



PRAYER OF EXORCISM

LAYING ON OF HANDS

DISMISSAL OF THE ELECT

The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00am)

Loving shepherd of thy sheep

Rutter

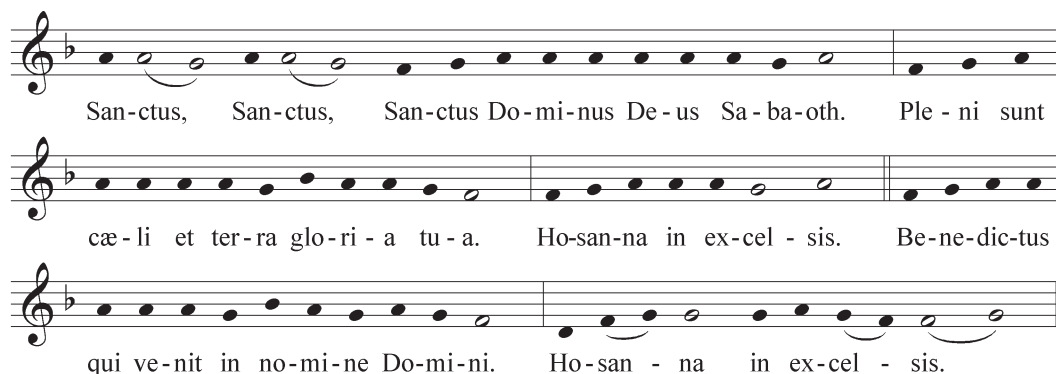
Loving Shepherd of thy sheep, keep us all, in safety keep;
nothing can thy power withstand, none can pluck us from thy hand.

Jane Leeson

SANCTUS

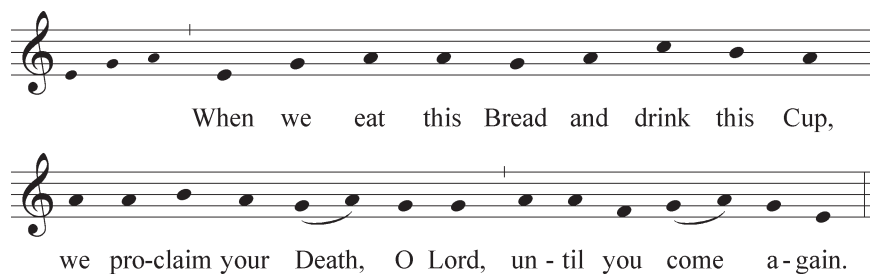
Missa Deus genitor alme

Vatican XVIII



MYSTERY OF FAITH

Roman Missal



AMEN

Christus vincit



The Communion Rite

LORD'S PRAYER

AGNUS DEI

Vatican XVII



COMMUNION

Lutum fecit

Mode VI

The Lord made some clay with his spittle, and he spread it over my eyes;
and I went forth, I washed myself, I began to see, and I put my faith in God.

Upon returning to your place after Holy Communion, please kneel or be seated.

Low-gluten hosts are distributed at the credence table near the presider's chair.

(10:00am)

I will arise and go to Jesus
Nestor

I will arise and go to Jesus, He will embrace me in His arms;
In the arms of my dear Savior, Oh, there are ten thousand charms.

Joseph Hart

HYMN OF PRAISE

Amazing grace

NEW BRITAIN



1. A - maz - ing grace! how sweet the sound, That
2. 'Twas grace that taught my heart to fear, And
3. The Lord has pro - mised good to me, His
4. Through man - y dan - gers, toils, and snares, I
5. When we've been there ten thou - sand years, Bright



saved a wretch like me! I once was lost, but
 grace my fears re - lieved; How pre - cious did that
 word my hope se - cures; He will my shield and
 have al - read - y come; 'Tis grace has brought me
 shin - ing as the sun, We've no less days to



now am found, Was blind, but now I see.
 grace ap - pear The hour I first be - lieved!
 por - tion be As long as life en - dures.
 safe thus far, And grace will lead me home.
 sing God's praise Than when we'd first be - gun.

PROCESSION

Fugue in C Minor, BWV 546

Bach

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)
Brenda Bellamy, Children's Faith Formation (206-274-3108)
Rosanne Michaels, Faith Formation (206-654-4658)
Julianna Castro, Baptism Coordinator (206-619-0816)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)
John Marquez, Julie Sharples, Ward Johnson, Peter Burns,
Stephen Pace, sacristans (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Dr. Paul A. Thornock, Director of Music
Joseph Adam, Associate Director of Music & Organist
Stacey Sunde, Director of Youth Music
Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)
Hunt Hoffman, Hospitality and Administrative Support (206-382-4235)
Teddi Callahan, Carol DeMatteis, David Wilson,
Cathedral Kitchen (206-264-2091)

MENTAL HEALTH and WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Specialist; Patrick Suhrbier, Immigrant Legal
Services; Caroline Okello, Community Activation Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

YOUTH MINISTRY and YOUNG ADULT MINISTRY

Curtis Leighton, Director (206-264-2082)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Margaret Lynch, Wedding Office (206-382-4288)
Bev Mauser, Louise Mennella, Wedding Coordinators
Jane Mueller, Receptionist (206-654-4650)
Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)
Keith Emry, Alan Frasher, Melina McCombs, Steve Raab

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Julianna Castro for information, 206-619-0816.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the Parish Office for information.

FUNERALS for parishioners, contact Suzanne Lee, 206-654-4640.

CONTEMPLATIVE ECUMENICAL PRAYER, First Fridays, 6:30 pm

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm. After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

WELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. For more information about the parish, to register, or to ask a question, visit our **Sunday Help Desk at Coffee Hour**. A Cathedral staff person will be on hand to assist you.*

ON THE COVER Jesus heals the man born blind. Detail of the Ceremonial Bronze Doors. Ulrich Henn, artist.

CATHOLIC RELIEF SERVICES COLLECTION This weekend we take up our annual collection to support Catholic Relief Services. Since 1943, CRS has been the Catholic Church in America's main agency for providing relief to victims of war and natural disasters as well as providing development and support services for the disadvantaged throughout the world. There are envelopes for this important cause in the pews and chairs in front of you.

PARISH LENTEN RETREAT Helen Oesterle will lead us in a Lenten Retreat, Saturday, April 1, from 9am-11am in Cathedral Hall. The retreat is designed for those who have participated in our Lenten Pilgrim People series, but all are welcome. This will be the perfect way to prepare for our Lenten Communal Penance Services. *Information*, Maria Laughlin, 206-382-4284 or mlaughter@stjames-cathedral.org

SACRAMENT OF RECONCILIATION This Lent, there are many opportunities to celebrate the sacrament of God's mercy. Confessions are heard each Saturday from 4:00—5:00pm. Our communal celebrations of the Sacrament of Penance will be Saturday, April 1 at 4:00pm and Monday, April 3 at 7:30pm.

SCHOLARSHIP ASSISTANCE FOR CATHOLIC ELEMENTARY AND HIGH SCHOOLS Did you know that St. James has SIX elementary schools? The schools are St. Therese (Madrona), St. Paul (Skyway), St. Edward (Rainier Valley), St. George (Beacon Hill), St. Joseph (Capitol Hill) and Holy Family (White Center/West Seattle). If you are a registered parishioner at St. James, your children can attend any one of these schools at the 'in-parish' tuition rate. And you may also be eligible for tuition assistance. Also, thanks to the Simperman Scholar program, the Cathedral is able to assist parishioners with children attending any one of FOUR Catholic High Schools: O'Dea, Holy Names, Bishop Blanchet, and Kennedy Catholic. *For the requirements and an application packet*, Theresa Van de Ven, 206-219-5822 or at tvandeven@stjames-cathedral.org. Applications due by April 30.

FOR YOUR SAFETY At each of the weekend Masses a Seattle police officer or a private security guard is present on the Cathedral campus.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of Star of the Sea in Bremerton and Port Townsend.*

ST. PATRICK'S DAY PANCAKE BREAKFAST THANK YOU Thanks so much to all of you who participated in last Sunday's breakfast. Thanks to your generous support, we raised \$3,504 for the Solanus Casey Center. A special thanks to all our volunteers and to the wonderful dancers of Tara Academy of Irish Dance.

PRAYING THE STATIONS OF THE CROSS There are three opportunities to pray the Stations each week: on Mondays following 12:10pm Midday Prayer, Wednesdays following the 5:30pm Mass, and Fridays following the 8:15am Mass (except First Fridays). The unique Stations of the Cross in the Cathedral are the work of Cathedral iconographer Joan Brand-Landkamer, inspired by 20th-century French artist Georges Rouault.

LENTEN HOLY HOUR Each Friday during Lent, we have a Holy Hour with Exposition of the Blessed Sacrament at 12 Noon. Holy Hour includes rosary, the Liturgy of the Hours, and silent prayer.

FOURTH WEEK OF LENT: ENCOUNTER COMMUNITY Through Catholic Relief Services' Rice Bowl, we encounter Maria in Mexico, where a community of hardworking women share joys, sorrows and fellowship while growing economic opportunity at a greenhouse. How have your communities helped you encounter Christ anew this Lent? Visit crsricebowl.org for more information.

CAPPELLA ROMANA CONCERT: RUSSIAN CHANT FESTIVAL On Friday, March 31 at 7:30pm, the men of Cappella Romana, a St. James resident ensemble, perform powerful chants and choral works in Slavonic that inspired the Russian orchestral masters Tchaikovsky, Rachmaninoff, and Rimsky-Korsakov. Information and passes at www.cappellaromana.org.

MASS WITH THE SPECIAL NEEDS COMMUNITY OF THE ARCHDIOCESE OF SEATTLE All are welcome and encouraged to join in this joyful celebration, led by Catholics with special needs from across the Archdiocese of Seattle. Saturday, April 1 at 11:00am. Archbishop Sartain will preside.

THE TALLIS SCHOLARS IN CONCERT Wednesday, April 5 at 7:30pm, in a presentation by Cappella Romana and St. James Cathedral, Peter Phillips conducts his Grammy-award winning Tallis Scholars in the program METAMORPHOSIS, including Renaissance masterpieces and music by modern composers John Tavener, Arvo Pärt, Igor Stravinsky, and Gustav Holst. *Information and passes*, www.cappellaromana.org. Sure to sell out!

DE-CLUTTER FOR ST VINCENT DE PAUL Lent is the perfect time to de-clutter. Start gathering your gently used clothes, household goods and other items (no furniture, please). On Sunday, April 30 (8am-2:30pm), a St Vincent de Paul truck will be in the O'Dea parking lot to receive your treasures. SVdP will then resell the items through local SVdP thrift stores, with proceeds used to support SVdP activities throughout King County. Donations are tax deductible. *Information*, Ken Goddard, 206-981-7185.

PRAYER PARTNERS FOR THE ELECT Lent is a time of intensive prayer and preparation for our Elect, who are preparing for Baptism, Confirmation, and Eucharist at the Easter Vigil. Please pick up a prayer card at the Place of Prayer near the font and pray for our Elect each day during this season of Lent. As Easter draws near, you are invited to write a note telling our Elect of your prayerful support.

ENVIRONMENTAL AND HEALTH FAIR Save the date – Sunday, April 30 after the 10am and 12 Noon Masses. The St. James Care for Creation committee invites you to learn how to show mercy for our common home. Pope Francis' encyclical *Laudato Si'* calls for every person on the planet to take action for the environment. Our annual fair is an opportunity to be informed, learn, and take action on ways to protect and/or nurture our environment.

DO YOU FEEL DISILLUSIONED ABOUT YOUR MARRIAGE? Are you settling for a lackluster, cold, or distant marriage? It doesn't have to be that way. You can gain new insight into your marriage and rekindle the warmth you once felt through Retrouvaille. Retrouvaille (pronounced retro-vī) has helped tens of thousands of struggling couples worldwide. Your marriage could be next. Confidential information and registration for our upcoming program beginning May 5-7, 2017, 206-706-2608 or www.HelpOurMarriage.com.

CABRINI MINISTRY WORKSHOP *Remembering Your Identity as a Child of God* by Brian DesRoches, PhD, LMFT. Explore what Scripture tells us about our identity. Learn about spiritual neuroscience and the practical steps we can take to remember and live our spiritual identity as children of God. Saturday, April 29, 9:30am-1:00pm, St. Bridget Parish, 4900 NE 50th Street. Suggested donation \$25. *Registration*, info@cabriniministry.org or 206-760-0583 x3.

"WE ARE IMMIGRANTS" Take part in a new photograph project for Immigrant Assistance. We are taking portraits of immigrants to feature on Instagram and Facebook. No words, just faces. If you or someone you know would like to be photographed for this project, please contact Jesson Mata, 206-919-2637 or jessonlimmata@gmail.com.

THANK YOU FROM THE CATHEDRAL KITCHEN Thank you, Pagliacci Pizza for providing your wonderful pizza to our Cathedral Kitchen on Thursday, March 16. With your help we served more than 180 dinner guests. And thank you, Macrina Bakery, for supplying the dinner rolls for our Ash Wednesday Simple Supper on March 1.

Sacred Steps

SACRAMENTAL CELEBRATIONS AT ST. JAMES

REST IN PEACE Please pray for the repose of the soul of *Jack Sullivan*.

Opportunities to Serve

Do you long to get more involved in the Cathedral parish and find ways to meet fellow parishioners and form community here? The best way to do that is by getting involved in one of our many ministries! Here are some current opportunities.

MINISTRY OF PRESENCE IN THE CATHEDRAL Each weekday in the Cathedral, a volunteer sits at a desk in the northeast corner of the Cathedral near the Mary Shrine, available to answer questions, accept prayer requests, and greet visitors who stop in between 1:00pm-4:00pm. It's a quiet time to pray, read, and be present to those who come to the Cathedral, often people in need. If you'd like to spend one afternoon a week in the Cathedral, we'd love to have you be a part of this ministry. *Information*, Maria Laughlin, 206-382-4284 or milaughlin@stjames-cathedral.org.

PRAYER PARTNERS MINISTRY Prayer Partners is a parish ministry that allows you to support your brothers and sisters in Christ through prayer. This is a wonderful opportunity for those of us who may not have the ability to get involved in other parish activities because of health, work schedules, or other reasons. You can pray on your own time, in your own way. *Information*, Nancy Granger, 206-382-4269 or ngranger@stjames-cathedral.org.

SUNDAY HOSPITALITY VOLUNTEERS NEEDED FROM 1PM-2PM St. James hosts a Coffee Hour in the Cathedral Hall on Sundays after the 8am, 10am, and 12pm Masses. It is a welcoming space in which persons experiencing homelessness and parishioners can come together to drink coffee, eat pastries, relax, and socialize. It is also a great place to learn about the array of ministries and volunteer opportunities at St. James. We are especially in need of volunteers to serve coffee and pastries and help clean up from 1pm-2pm after the Noon Mass. *Information*, Hunt Hoffman, hhoffman@stjames-cathedral.org or 206-382-4235.

MUFFIN MAKER NEEDED FOR SUNDAY HOSPITALITY We are in need of a volunteer to help make muffins on the second Sunday of each month from about 7am-10am. *Information*, Hunt Hoffman, hhoffman@stjames-cathedral.org or 206-382-4235.

GREAT OPPORTUNITY TO BE PART OF THE CATHEDRAL KITCHEN TEAM! The Cathedral Kitchen needs a volunteer dishwasher on Mondays from 4:00-6:00pm. *Information*, Teddi Callahan at 206-264-2091 or email tcallahan@stjames-cathedral.org

TRAINING FOR NEW PREPARES

VOLUNTEERS will be held Monday, April 10 from 6:00 to 9:00pm in the Pastoral Outreach Center at 907 Columbia. If you were unable to attend the February class, this training session is for you. PREPARES stands for Pregnancy and Parenting Support and is a partnership with Catholic Community Services and other Catholic agencies. This new ministry organizes teams of parishioners to provide nurturing care and support to pregnant women and families in crisis through their child's 5th birthday. PREPARES puts in action our Catholic teachings calling us to respect all human life and provide a preferential option for the poor. *Information and registration*, Suzanne Lee, 206-654-4640 or slee@stjames-cathedral.org.



YOUTH MINISTRY

YOUTH NIGHT TONIGHT Join us for an evening of fun activities, prayer and community-building to start your week off right. Sunday night from 6:30-8:30pm in the Pastoral Outreach Center.

QUESTIONS? Curtis Leighton, 206-264-2082, cleighton@stjames-cathedral.org

ROSARY All are welcome to join with a group of parishioners who pray the rosary together in the Chapel, Monday through Saturday at 7:40am.

IMPROVING SAFETY THROUGH PURPOSEFUL COMMUNICATION AND BEHAVIOR Wednesday, May 17, 5:30pm-7:30pm, Pastoral Outreach Center, 907 Columbia Street. We can help improve the safety of our environment by learning key concepts of productive verbal and non-verbal communication that are most helpful when interacting with people in distress. Join Marty Reinsel, MA, LMHC, Clinical Educator and Therapist at Navos Psychiatric Hospital to learn basic intervention and de-escalation approaches including verbal and non-verbal communication, environmental and safety considerations and basic non-violent physical defense. Essential for all who volunteer and work in ministries providing outreach to our less advantaged brothers and sisters in Christ who experience serious mental illness and / or addiction. RSVP to Nancy Granger 206-382-4269 or ngranger@stjames-cathedral.org.

WINTER SHELTER NEEDS Our stock of the following items is either low or depleted. Please help with: deodorant, toothbrushes, cough drops, razors, vinyl pillowcases (all items are for men). Donations can be brought to the Sunday Help Desk or the Parish Office.

REGISTRATION FOR THE 2017 ART OF FAITH DAY CAMP for youth now open. Explore Cathedral art and make your own art using several different drawing techniques. Display your work in the Cathedral Chapel. July 17-21, 2017. For youth entering 7th through 12th grades. *Information*, Brenda Bellamy, 206-661-5094, bbellamy@stjames-cathedral.org.

ST. JAMES CATHEDRAL ON SOCIAL MEDIA Are you among the nearly 6,000 who follow St. James on Facebook? It's a great way to stay abreast of current events at the Cathedral. Find us at www.facebook.com/stjamesseattle. You can also find us on Instagram at [@stjamescathedral](https://www.instagram.com/stjamescathedral) and on Twitter, [@StJamesSeattle](https://twitter.com/StJamesSeattle).

Pilgrim People

WEEK FOUR: COME, FOLLOW ME



This Lent, about 150 parishioners are participating in small group scripture study both here at the Cathedral and in neighborhoods. Please consider joining in the prayer and study by reflecting at home! Here are some questions to reflect on this week.

- *Read Luke 1:39-45.* What would have been required for Mary to make the journey to Elizabeth? What most impresses you about this scene? Why?
- *Read Mark 1:1-18.* “Come after me” is a simple but powerful invitation to disciples in every age. As a disciple of Jesus in the twenty-first century, when is it difficult to follow Jesus or stay with him? Where do you find support?
- *Read Luke 23:24-46.* Consider the way Luke tells the story of the conviction, suffering, and death of Jesus. As Jesus neared the end of his earthy pilgrimage, what was on his mind in this account? Have you prayed the Stations of the Cross? What impact did it have on you?
- What does it mean today to be part of a people whose very identity is rooted in the belief that they belong and that their lives are a pilgrimage of faith?

Questions adapted from Little Rock Scripture Study

SAVE THE DATE! The series will culminate with an all-parish retreat led by Helen Oesterle, Saturday, April 1, from 9am-11am.

*Information, Maria Laughlin, 206-382-4284
mlaughlin@stjames-cathedral.org*

Wills & Estate Planning Seminar

Wednesday, March 29, 2017 3:00pm-4:30pm OR 7:00pm-8:30pm
St. James Cathedral, Pastoral Outreach Center

Did you know that an estimated 55% of Americans do *not* have a will?

The Cathedral parish will provide a free seminar on Wills and Estate Planning on **Wednesday, March 29** from 3:00pm-4:30pm and again from 7:00pm-8:30pm. **Celeste McDonell**, Cathedral parishioner and estate planning attorney, and the **Planned Giving Office** of the Archdiocese of Seattle will offer their broad knowledge and expertise. You'll have a chance to ask questions and get good advice on what to do next. The whole session is short, simple, and to the point! You'll also receive useful materials to take home and study.

All are welcome. This session will benefit people of *all ages* and is offered with no strings attached. Please sign up by detaching the form below and dropping it in the offering basket or returning it to the parish office. Or simply RSVP to Maria Laughlin, Director of Stewardship and Development, 206-382-4284, e-mail m laughlin@stjames-cathedral.org.

This is a FREE presentation to learn more about...

- How to prepare a will
- How to distribute your estate
- Guardianship issues
- Estate gifting techniques and tax-saving options
- Methods of increasing your retirement income
- How to leave a legacy to your parish community
- Assurance that "putting your affairs in order" is easier than you may think

RSVP Wills & Estate Planning Seminar

YES, I/we plan to attend the WILLS & ESTATE PLANNING SEMINAR
on Wednesday, March 29, 2017 in the Pastoral Outreach Center

☐ 3:00pm-4:30pm ☐ 7:00pm-8:30pm

NAME(S) _____

ADDRESS _____ CITY _____ ZIP _____

PHONE _____ E-MAIL _____

Please drop this form in the offering basket or mail to:
Maria Laughlin, St. James Cathedral, 804 Ninth Avenue, Seattle, Washington 98104
You may also e-mail m laughlin@stjames-cathedral.org or call 206-382-4284



CATHOLIC 101: **THE GREAT WEEK**

WEDNESDAY, MARCH 29 at 7:00pm
Room 1EW, Cathedral Place
803 Terry Avenue

“Have you ever heard such a song
as this? - such a wealth of divine
contradiction, delirious paradox,
and childlike wisdom?”

Msgr. Robert Hugh Benson

Holy Week is the heart of the liturgical year. Corinna Laughlin, Pastoral Assistant for Liturgy, helps us prepare for these great days with a walk through Holy Week, from Palm Sunday to Easter. We'll delve into the rich history and meaning of the liturgies of Holy Week in this “guided tour.” All are welcome!

Information,
Maria Laughlin, 206-382-4284,
mLaughlin@stjames-cathedral.org

SAVE THE DATE

The last Wednesday of each month is devoted to a refresher course in the basics of Catholic life and teaching, Catholic 101

April 26: RESURRECTION 101

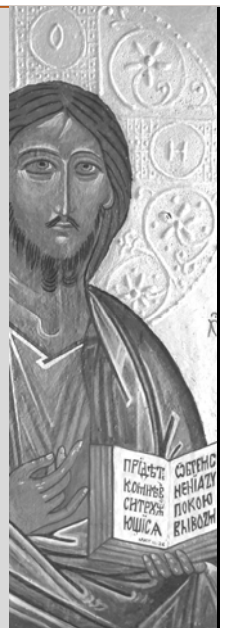
7:00pm, Holy Names Room

Theologian FATHER MIKE RASCHKO explores the question of suffering in the light of Christ's resurrection

June 28: MUSIC 101

7:00pm, Holy Names Room

DR. PAUL THORNOCK explores the basics of liturgical music, and the role it plays in the celebration of the Mass. Some singing may be involved!



ST. JAMES CATHEDRAL

Parish Communal Celebration of THE SACRAMENT OF PENANCE



The Second Station: Jesus receives his cross
Joan Brand-Landkamer, Cathedral Iconographer

Monday, April 3, 2017
7:30pm

During this beautiful service of readings, reflection, and song, we will open ourselves to experience the gift of God's gracious and loving forgiveness in the Sacrament of Penance. *It has long been a tradition in the Church to confess one's sins before celebrating the great feast of Easter. This will be the ideal time to do so.*



THE OFFICE OF TENEBRAE

Wednesday
April 12, 2017
7:30pm

The Cathedral Cantorei sings chants and motets for the traditional Holy Week Office of Tenebrae, culminating in Gregorio Allegri's famous *Miserere*. The Very Reverend Michael G. Ryan will preside. This liturgy is free and open to all.

The name Tenebræ (the Latin word for darkness or shadows) has traditionally been given to the ancient monastic night and early morning services (Matins and Lauds) of the last three days of Holy Week. The Lamentations of Jeremiah are chanted, each verse introduced by a letter of the Hebrew alphabet, and the gradual extinguishing of candles and other lights in the church signifies the darkness that overshadowed the earth at Christ's crucifixion.

For more information, contact Music at St. James Cathedral: (206)-382-4874, musicoffice@stjames-cathedral.org, or visit www.stjames-cathedral.org/music

TRE ORE

GOOD FRIDAY

APRIL 14

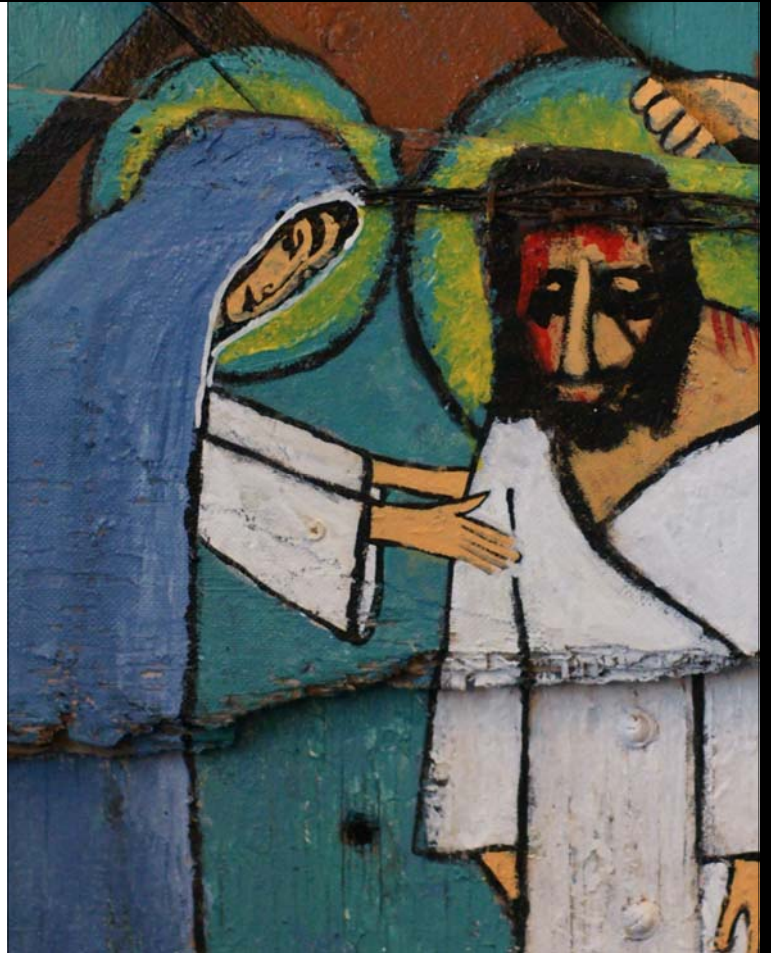
NOON—3

St. James Cathedral observes the traditional Good Friday devotion of TRE ORE (“Three Hours”) with music and homilies focused on the words of Christ from the cross.

This year, Father Daniel Horan, OFM, will offer meditations on the Seven Last Words of Christ.

Father Michael G. Ryan will preside. Jubilate! Young Women’s Ensemble, with Cathedral Chamber Orchestra, will present Pergolesi’s *Stabat Mater*.

A free-will offering will be taken during the service.



FATHER DANIEL HORAN, OFM is a Franciscan friar of Holy Name Province (NY), visiting assistant professor of systematic theology at the Catholic Theological Union in Chicago, and the author of several books including the award-winning *The Franciscan Heart of Thomas Merton: A New Look at the Spiritual Influence on his Life, Thought, and Writing* (2014). His latest book is titled, *God Is Not Fair and other Reasons for Gratitude* (2016). He is a frequent lecturer and retreat director around the United States, Canada, and Europe. Fr. Dan currently serves on the Board of Directors of the International Thomas Merton Society and previously served as the Catholic Chaplain at Babson College in Wellesley, Mass. and as a columnist for *America* magazine. He received his PhD in theology from Boston College, MDiv and MA from the Washington Theological Union (DC), and a BA (Honors) from St. Bonaventure University. In addition to several other recognitions, he was awarded an honorary doctorate by Felician University (New Jersey) in 2015.