

# HOLY WEEK 2015

## at ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, *Archbishop of Seattle*  
The Very Reverend Michael G. Ryan, *Pastor of St. James Cathedral*



### **Palm Sunday of the Lord's Passion** March 28-29, 2015

Masses Saturday 5:30pm  
Sunday 8:00, 10:00, Noon, and 5:30pm

**10:00am Solemn Procession of the Palms**  
Archbishop J. Peter Sartain, *presider & homilist*

**12:00 Noon Children's Procession of the Palms**  
Father Michael G. Ryan, *presider & homilist*

**4:00pm Vespers of Palm Sunday with  
Benediction of the Blessed Sacrament**  
Father Michael G. Ryan, *presider*

**Monday & Tuesday, March 30-31**  
Masses at 8:15am and 5:30pm

**Wednesday, April 1**  
Masses at 8:15am and 5:30pm

**7:30pm OFFICE OF TENEBRAE**  
Father Michael G. Ryan, *presider*

### **Holy Thursday, April 2**

**8:30am MORNING PRAISE**  
Archbishop J. Peter Sartain, *presider*

**6:00pm EVENING MASS of the  
LORD'S SUPPER**  
Archbishop J. Peter Sartain, *presider*  
Father Michael G. Ryan, *homilist*  
*Offertory Procession will include presentation  
of Lenten Rice Bowls*

**9:45pm COMPLINE**  
Father Michael G. Ryan, *presider*

**To 12 Midnight**  
ADORATION OF THE BLESSED SACRAMENT



### **Good Friday, April 3**

**8:30am MORNING PRAISE**  
Father David A. Brant, *presider*

**12:00 Noon, TRE ORE**  
Father Michael G. Ryan, *presider*;  
Deacon Owen Cummings will preach  
on the Seven Last Words of Christ

**6:00pm GOOD FRIDAY of the LORD'S PASSION**  
Archbishop J. Peter Sartain, *presider & homilist*

### **Holy Saturday, April 4**

**8:30am MORNING PRAISE**  
Father Michael G. Ryan, *presider*

**8:30pm EASTER VIGIL**  
The Easter Vigil in the Holy Night  
Archbishop J. Peter Sartain, *presider and homilist*

### **Easter Sunday, April 5**

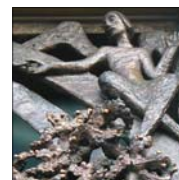
**8:00am MASS**  
Father David A. Brant, *presider*  
Father Michael G. Ryan, *homilist*

**10:00am MASS**  
Archbishop J. Peter Sartain,  
*presider & homilist*

**12:00 Noon MASS**  
Father Michael G. Ryan, *presider & homilist*

**4:00pm SOLEMN VESPERS OF EASTER**  
Father Michael G. Ryan, *presider*

**5:30pm EVENING MASS  
OF EASTER SUNDAY**  
Father Michael G. Ryan, *presider &  
homilist*



# ORDER OF CELEBRATION FOR

## *The Fifth Sunday of Lent*

THIRD SCRUTINY OF THE ELECT (Sunday 10:00am)  
THE STATIONS OF THE CROSS WITH CATHEDRAL YOUTH (Sunday Noon)

### THE INTRODUCTORY RITES

INTROIT

Introit for the Fifth Sunday of Lent

adapt. Stratman



PENITENTIAL ACT

Priest Have mercy on us, O Lord.  
ALL **For we have sinned against you.**  
Priest Show us, O Lord, your mercy.  
ALL **And grant us your salvation.**

Vatican XVII



COLLECT (OPENING PRAYER)

### THE LITURGY OF THE WORD

FIRST READING

Ezekiel 37:12-14

RESPONSORIAL PSALM 130

Kreutz

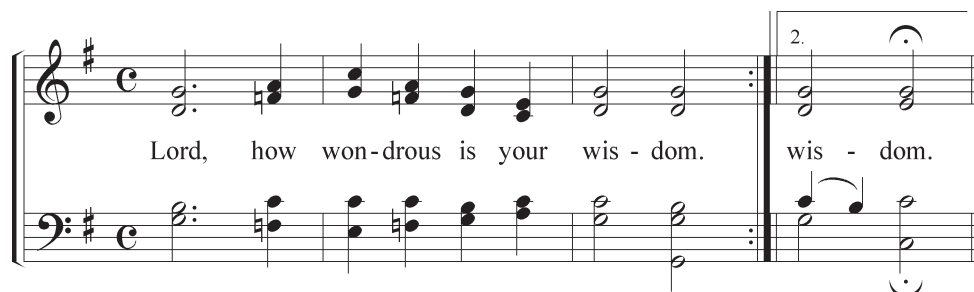


SECOND READING

Romans 8:8-11

GOSPEL TRACT

Stratman



GOSPEL

John 11:1-45

HOMILY

Father David A. Brant

CREED *chanted on one tone*

(Sunday Evening)

Credo III

*Presider Credo in unum Deum,*

Schola Patrem omnipotentem factorem cæli et terræ,  
visibilium omnium et invisibilium.

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things  
visible and invisible.**

ALL

Et in u - num Do - mi - num Je - sum Chri - stum,  
Fi - li - um De - i u - ni - ge - ni - tum.

**I believe  
in one Lord Jesus Christ,  
the Only Begotten Son of God,**

Schola Et ex Patre natum ante omnia sæcula.

**born of the Father  
before all ages.**

ALL

De - um de De - o, lu - men de lú - mi - ne,  
De - um ve - rum de De - o ve - ro.

**God from God, Light from Light,  
true God from true God,**

Schola Genitum, non factum, consubstantialem Patri:  
per quem omnia facta sunt.

**begotten, not made,  
consubstantial with the Father;  
through him all things were made.**

ALL

Qui pro - pter nos hó - mi - nes et prop - ter no - stram  
sa - lú - tem de - scén - dit de cæ - lis.

**For us men and for our salvation  
he came down from heaven,**

*ALL BOW AT THE WORDS OF INCARNATION, SUNG BY THE SCHOLA:*

Schola Et incarnatus est de Spiritu Sancto ex Maria Virgine,  
et homo factus est.

**and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.**

ALL

Cru - ci - fi - xus é - ti - am pro no - bis  
sub Pón - ti - o Pi - lá - to; pas - sus et se - púl - tus est.

**For our sake he was crucified  
under Pontius Pilate,  
he suffered death  
and was buried,**

Schola Et resurrexit tertia die, secundum Scripturas.

**and rose again on the third day  
in accordance  
with the Scriptures.**

ALL

Et a - scén - dit in cæ - lum,

se - det ad dēx - te - ram Pa - tris.

**He ascended into heaven  
and is seated  
at the right hand of the Father.**

Schola Et iterum venturus est cum gloria,  
judicare vivos et mortuos, cuius regni non erit finis.

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

ALL

Et in Spí - ri - tum San - ctum, Dó - mi - num et vi - vi - fi -

cán - tem: qui ex Pa - tre Fi - li - ó - que pro - cé - dit.

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from  
the Father and the Son,**

Schola Qui cum Patre et Filio  
simul adoratur et conglorificatur:  
qui locutus est per prophetas.

**who with the Father and the Son  
is adored and glorified,  
who has spoken  
through the prophets.**

ALL

Et u - nam, san - ctam, ca - thó - li - cam

et a - pos - tó - li - cam Ec - clé - si - am.

**I believe in one, holy,  
catholic and apostolic Church.**

Schola Confiteor unum Baptisma in remissionem peccatorum.

**I confess one Baptism  
for the forgiveness of sins**

ALL

Et ex - spe - cto re - sur - re - cti - o - nem mor - tu - o - rum.

**and I look forward  
to the resurrection of the dead**

Schola Et vitam venturi sæculi.

**and the life  
of the world to come.**

ALL

A - - - - - men.

**Amen.**

### THIRD SCRUTINY OF THE ELECT (Sunday 10:00am)

INTERCESSIONS

**Lord, we ask you, hear our prayer.**

Litany of Saints

PRAYER OF EXORCISM

LAYING ON OF HANDS

DISMISSAL OF THE ELECT (10:00am)

chant, adapt. Stratman

*Cantor: I give them life long and full, ALL: And I show them my power to save, says the Lord.*

# THE LITURGY OF THE EUCHARIST

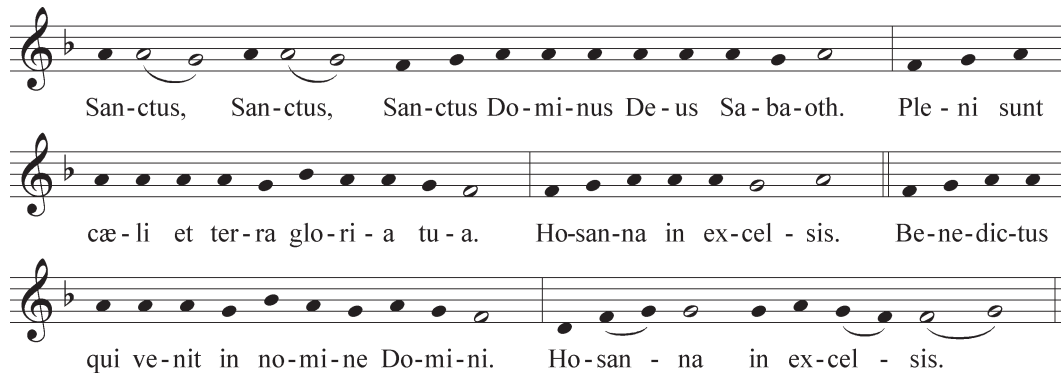
## PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

*Wondrous Love*  
Parker

## SANCTUS

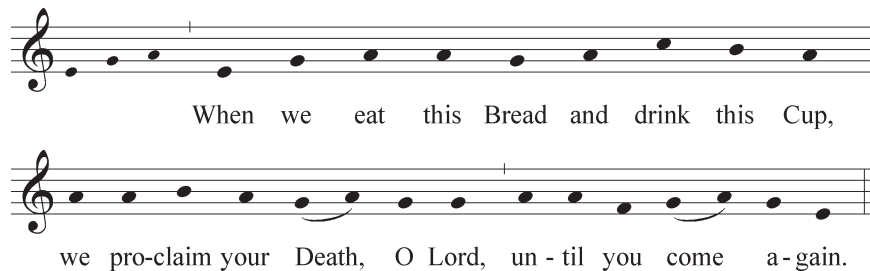
Vatican XVIII



San-ctus, San-ctus, San-ctus Do-mi-nus De-us Sa-ba-oth. Ple-ni sunt  
cæ-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis. Be-ne-dic-tus  
qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

## MEMORIAL ACCLAMATION

chant, *Roman Missal*



When we eat this Bread and drink this Cup,  
we pro-claim your Death, O Lord, un-til you come a-gain.

## AMEN

chant

## THE COMMUNION RITE

### LORD'S PRAYER

### AGNUS DEI



R. 1, 2 mi-se-re-re no-bis.  
R. 3 do-na no-bis pa-cem.

Vatican XVII

## COMMUNION

When the Lord saw the sisters of Lazarus in tears near the tomb, he wept in the presence of the Jews and cried: "Lazarus, come forth." And out he came, hands and feet bound, the man who had been dead for four days.

(10:00)

*Rescue me, Lord*  
Rheinberger

Upon returning to your place after Holy Communion, please **kneel or be seated**.  
*Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.*

## HYMN OF PRAISE **No. 607 in Worship hymnal**

*I heard the voice of Jesus say*  
KINGSFOLD

## STATIONS OF THE CROSS (Noon)

Immediately following the Noon Mass, Father Ryan will pray the Stations of the Cross with children and families.  
All are welcome to remain for this prayer. If you choose to leave, please do so as quietly as possible.

Father Ryan We adore you, Lord, and we praise you.  
ALL **Because by your holy Cross you have redeemed the world.**

# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)

Peter Burns, Ward Johnson, John Marquez, sacristans

### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Interim Director of Music & Organist

Samuel Libra, Assistant Organist

Stacey Sunde, Director of Youth Music

### PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)

Tom Frasene, Outreach Ministries, Young Adults (206-382-4235)

Teddi Callahan, Carol DeMatteis, David Grech,

Cathedral Kitchen (206-264-2091)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Christine Trigg, Immigrant Legal Services

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-622-3559)

Alan Frasher, Melina McCombs, Dane Nelson, Steve Raab

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANointing of the SICK** A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

**"TAIZÉ" ECUMENICAL PRAYER**, Fridays at 6:30 pm.

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

**WELCOME!** *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

### TODAY: VOLUNTEER CHORE SERVICES AT COFFEE

**HOUR** Stop by the Volunteer Chore Services (VCS) table at Coffee Hour today! VCS is a program of Catholic Community Services, and it matches low-income, elderly neighbors with volunteers who can help with chores around the house. This important ministry helps people live independently for as long as possible while forming a meaningful relationship. If you are unable to make it to Coffee Hour, contact Katrina Hale at [katrinah@ccsww.org](mailto:katrinah@ccsww.org) for more information.

**NEXT SUNDAY IS PALM SUNDAY** Next Sunday's 10:00am Mass will begin with the blessing of palms in O'Dea Gym, followed by a procession to the Cathedral. Please gather in the O'Dea Gym when you arrive; there will be no access to the Cathedral until after the procession.

**ST. PATRICK'S DAY PANCAKE BREAKFAST** A huge thank you to all who joined in the fun of last Sunday's pancake breakfast. Thanks to your generosity, we were able to raise \$3,519 for the Solanus Casey Center! Special thanks also to chef Brendan O'Farrell and 60+ volunteers for making this possible. *Our sincere apologies to folks at the Noon Mass who didn't get pancakes!*

**THE HEALTH AND HEALING MINISTRY** thanks all those who supported last Sunday's blood drive (in spite of the challenging weather). Here is the report from the Blood Center: we were able to register 31 donors and three of them were first time donors. Of those, we were able to collect 22 units of whole blood. This means that 66 units of different blood products are now available to help save the lives of local patients!

**OPERATION RICE BOWL** CRS Rice Bowl brings our Lenten journey back to Africa this week, to the Democratic Republic of Congo. We join our fasting in solidarity with people who go hungry, and we remember in prayer the importance of building a community that is willing to support those most in need. Learn more at [www.crsricebowl.org](http://www.crsricebowl.org).

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Joseph in Chehalis, Elma, Ferndale, Issaquah, Pe Ell, Vancouver, and Sequim.*

**EXPLORING THE GOSPELS OF LENT** Our evenings of reflection on the Gospels of Lent conclude on Tuesday, March 24 at 7:00pm, in the Holy Names Room at Cathedral Outreach Center. In this series, we meditate on and learn about the Gospel reading for the coming Sunday. *Information*, Kathleen McCabe, kmccabe@stjames-cathedral.org.

**EASTER GREETERS NEEDED** We need greeters to assist at the Masses of Easter Day at 10:00am and 12 Noon, to welcome our visitors and regulars on Easter morning and hand out programs. You will need to arrive one hour early for Mass, but reserved seats will be provided for you as soon as Mass begins. Come on your own, as a couple, or as a family! Training will be provided. *Information*, Corinna Laughlin, clauglin@stjames-cathedral.org or 206-622-3559.

**RAINBOW SCHOOLS SCHOLARSHIP** St. James Cathedral has a scholarship fund to assist need-based families to have their children attend one of the Rainbow Schools (Saints Joseph, George, Therese, Paul or Edward). We are accepting applications for the 2015-2016 school year. Please contact Theresa Van de Ven at 206-219-5822 or tvandeven@stjames-cathedral.org for the application form and the list of requirements. Open to registered parishioners of St. James Cathedral. The deadline for completed application packets is April 30.

**ARE YOU A CATHOLIC WHO HAS BEEN AWAY FROM THE CHURCH?** This spring, St. James Cathedral will again offer Welcome Back, our parish program designed to help people return to the sacraments and to regular church attendance. The program provides an opportunity to ask questions about your faith, and to learn about changes in the Church. Program begins Monday, April 13, from 7:00 – 9:00 pm, and continues Monday nights through June. Location is Cathedral Place, 803 Terry Ave. *Information*, Rosanne Michaels, rmichaels@stjames-cathedral.org, 206-654-4658.

**ARE YOU INTERESTED IN BECOMING CATHOLIC?** If you are an adult who has never been baptized, an adult who has been baptized in another Christian tradition or a Catholic who has been baptized, but not received First Eucharist or Confirmation, you are invited to participate in the RCIA, a process of initiation into the Catholic Church. You can learn more by going to [www.stjames-cathedral.org/RCIA](http://www.stjames-cathedral.org/RCIA). *Information*, Kathleen McCabe, kmccabe@stjames-cathedral.org.

**BAPTISM OF INFANTS & YOUNG CHILDREN** (under the age of 7) is celebrated monthly at one of the weekend Masses. To prepare for this most important sacrament, parents and godparents participate in a series of classes to update their understanding of baptism, to reflect on their responsibility to guide their children in the practice of the faith, and to learn about the many ways our parish supports families. Please allow at least two months for preparation. *Information*, Suzanne Lee, slee@stjames-cathedral.org or 206-654-4640.

## YOUTH MINISTRY

**NO YOUTH NIGHT THIS WEEK (3/22)** due to our Migrant Food Bank Trip. We will resume with our Lenten “Youth in Solidarity” series on Sunday, March 29 from 6:30 – 8:30 pm in the POC. All 7th-12th grade youth are welcome.

**BOWL & SKATE TRIP** Please join us for bowling and roller skating at the Lynnwood Bowl & Skate on Saturday, March 28th from 12:00 – 4:30 pm. What a wonderful opportunity to play together and build community. Please contact Joe to sign-up.

**YOUTH MINISTRY SURVEY** The Archdiocesan Office for Youth and Young Adult Evangelization (OYYAE) is conducting a survey to better understand the needs of Catholic youth. We’re looking for ways to better serve the young Church and need both youth and adult feedback. For a link to the survey, please e-mail Joe.

**QUESTIONS?** Joe Cotton, 206-264-2082  
[jcotton@stjames-cathedral.org](mailto:jcotton@stjames-cathedral.org)

## YOUNG ADULT MINISTRY

*For parishioners in their 20s and 30s*

**TODAY: YOUNG ADULT ADVOCACY SESSION**  
Can’t make it to Advocacy Day but want to advocate for the vulnerable in our community? Join us for a conversation about Washington State legislative issues and a letter-writing session with Senator Cyrus Habib and Linda Haydock, SNJM, director of the Intercommunity Peace and Justice Center. This event will be hosted in the Chancery’s Isaac Orr Center (910 Marion) on Sunday, March 22, 3:30pm-5:00pm.

**TONIGHT: LENTEN EVENING REFLECTIONS** Join your fellow young adults for Lenten reflections on Sundays at 7:00pm in the Rectory Parlors. We will discuss the Lenten Gospel readings during this solemn but joyful season. There is no commitment to come to all the sessions; please bless us with your presence whenever you can make it!

**HOLY THURSDAY PILGRIMAGE** After the 6:00pm Holy Thursday Mass at St. James Cathedral, young adults from throughout the Archdiocese will gather at St. James Cathedral to begin the annual Holy Thursday Pilgrimage. Archbishop Sartain and Bishop Elizondo will lead us to Immaculate Conception, St. Mary’s, and the Chapel of St. Ignatius with time for prayer and reflection at each stop before returning to St. James. Don’t miss this moving and powerful evening!

### WANT TO LEARN MORE?

Tom Frasene, [tfrasene@stjames-cathedral.org](mailto:tfrasene@stjames-cathedral.org)  
[Facebook.com/StJamesYoungAdultMinistry](https://www.facebook.com/StJamesYoungAdultMinistry)



**THE SACRAMENT OF CONFIRMATION** Preparation classes for youth aged 16 or older, as well as for adults will begin Wednesday evening, April 8, and continue each Wednesday into June. *Information*, Rosanne Michaels at 206-654-4658, or [rmichaels@stjames-cathedral.org](mailto:rmichaels@stjames-cathedral.org).

**THINKING OF BEING MARRIED AT ST. JAMES CATHEDRAL?** Parishioners are able to schedule a wedding at St. James Cathedral 14 months in advance; non-parishioners are able to schedule 12 months in advance. We do require at least six months preparation for the Sacrament of Matrimony. *Information*, Margaret Lynch, [mlynch@stjames-cathedral.org](mailto:mlynch@stjames-cathedral.org) or 206-382-4288.

**REMEMBER THE CATHEDRAL IN YOUR WILL** The generous bequests of parishioners and friends is critical to fulfilling the mission of St James Cathedral. Each year, we rely on bequests to help us carry out our mission of prayer and outreach here on First Hill. *Information*, Maria Laughlin, 206-382-4284 or e-mail [mLaughlin@stjames-cathedral.org](mailto:mLaughlin@stjames-cathedral.org).

**PRAYER WITH MUSIC FROM TAIZÉ** Each Friday at 6:30pm in the Cathedral, all are invited to join in an ecumenical service of readings, silence, candlelight, and the music of the ecumenical community of Taizé in France. This simple, reflective prayer is the perfect way to end a busy week.

**DO YOU SHOP AT BARTELL'S?** If you shop at Bartell's, every purchase you make can benefit St. James Cathedral if you register for their "B" Caring program. Ask at Bartell's for details. If you're already signed up, be sure to use your "B" Caring card when you check out.

**CATHEDRAL BOOKSTORE** Visitors and regulars alike are invited to stop by the Cathedral Bookstore for a wide selection of great spiritual reading for Lent. We also have Cathedral souvenirs, rosaries, and religious medals in stock.

**THE CATHEDRAL ESPRESSO CART** is up and running! Your friendly Cathedral baristas will be serving espresso drinks after the 10:00 Mass. During the month of March, all proceeds benefit the Cathedral Kitchen Garden.

**ARE YOU A REGISTERED PARISHIONER AT ST. JAMES?** Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. *We strongly encourage you to register.* Registered parishioners receive important mailings from the Cathedral (including offering envelopes!), are regular recipients of the Cathedral's journal *In Your Midst*, are able to celebrate their wedding at the Cathedral, and their children may attend any of the five Catholic Rainbow Schools at parishioner rates. Registration cards can be found in the vestibule. *If you are not sure whether or not you're registered, call the Parish Office, 206-622-3559.*

## MENTAL HEALTH MINISTRY

**UNDERSTANDING ALZHEIMER'S: THERE IS HELP AND SUPPORT** Wednesday, March 25, 6:30–8:00pm, Pastoral Outreach Center. A short video featuring people with memory loss and their care partners provides guidelines on diagnosis and treatment, as well as tips on daily living with memory loss. Following the video there will a panel discussion with question and answer period. This will be facilitated by family caregiver, support group facilitator and staff member of the Alzheimer's Association.

**REGISTER BY MARCH 25 FOR FAMILY-TO-FAMILY EDUCATION PROGRAM.** Begins Thursday, April 9, 6:30 pm in the Gallagher Center. This evidence based 12 week program developed by National Alliance on Mental Illness (NAMI) is a must for those who have a loved one living with mental illness. Learn accurate information about diagnoses, medications, current research, management strategies and more. Get support from others who are having similar experiences.

**HER BEAUTIFUL BRAIN** Wednesday, April 1, 7:00pm, Pastoral Outreach Center. Author Ann Hedreen will discuss her memoir based on her experience with her mother's diagnosis of early-onset Alzheimer's. Discussion to follow.

**MENTAL HEALTH FIRST AID** Saturday April 11, 8am–6pm, Cathedral Place Room 1EW. This evidence based program taught by two licensed mental health counselors helps you understand and respond to individuals with signs of mental illness and substance use disorders. Cost \$100. Workbook included. Scholarship available to King County residents through National Alliance on Mental Illness.

**GRIEF & LOSS SUPPORT GROUP: NOTE NEW DAY AND TIME** Tuesdays, 1:30–3:00pm, Pastoral Outreach Center. John Baumann, M. Div., LMHC, gently guides the group through the difficult journey of grief with a Christian perspective. Freewill donation up to \$15 gratefully accepted, but not required.

*Information and Registration,*  
Nancy Granger, Parish Mental Health Nurse,  
206-382-4269 or [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org)

## Sacred Steps

Sacramental Celebrations at St. James

**REST IN PEACE** Please pray for the repose of the souls of *Grant Simpson* and *Bill Staley*.



# St Vincent de Paul “Stuff the Truck” at St James Cathedral

March 21 & 22, 2015



## Clean Your Closets and Help the Poor!

We want to make donating to St Vincent de Paul as convenient as possible.

*Please help us with your Spring closet cleaning.*

If you have gently used (resellable) items you no longer need,  
bring them to church and help us **Stuff the Truck!**

Your donated items will be sold through local St Vincent de Paul thrift stores,  
with proceeds used to support St Vincent de Paul activities  
throughout King County, all of which benefit our neighbors in need.

## St Vincent de Paul Donation Truck in the O'Dea High School Parking Lot

Saturday, March 21

5:00 pm to 7:00 pm

Sunday, March 22

7:30 am to 1:15 pm

### Items We Really Need:

Bedding, clothing, kitchen items, lamps, books,  
pictures, household goods and sports gear.

Accepted items are eligible for tax deduction.  
(for info, go to [www.irs.gov](http://www.irs.gov))

### Items We Cannot Accept:

Anything torn, ripped, stained, hazardous  
or poisonous, toilets, large appliances,  
car parts, hot water tanks, carpets,  
car batteries, construction materials, paint,  
air conditioners, etc.



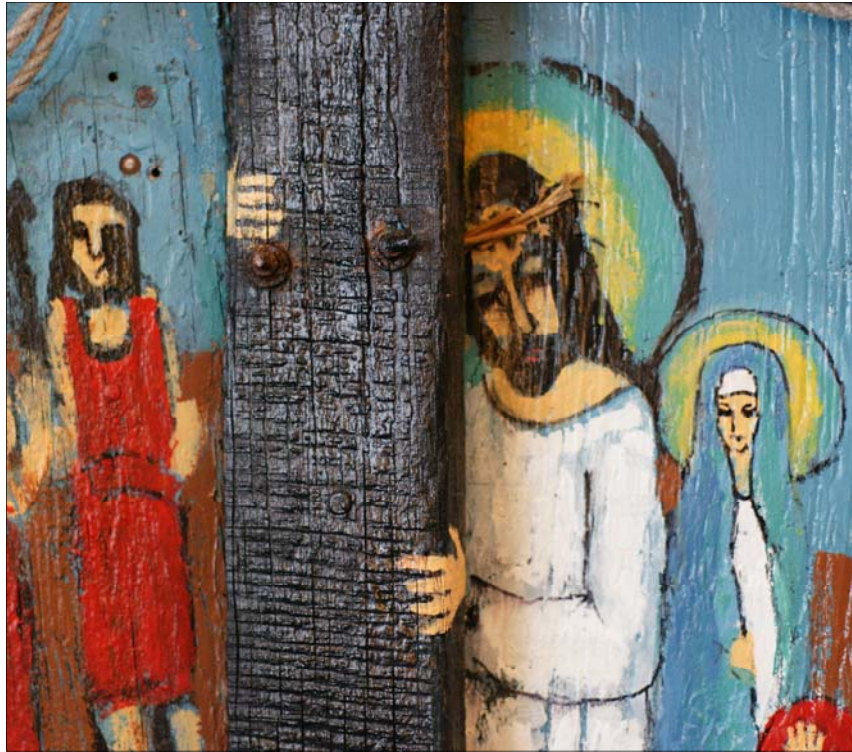
**Thank you for your generous financial support!**

**We can also pick up large items throughout the year.  
Call St Vincent de Paul at 206-767-3835.**

*For more information about this event, contact event chair Bob Clifford, 206-718-4158.*

ST. JAMES CATHEDRAL

# *Parish Communal Celebration of* **THE SACRAMENT OF PENANCE**



*The Second Station: Jesus receives his cross*  
Joan Brand-Landkamer, Cathedral Iconographer

Monday, March 23, 2015  
7:30pm

During this beautiful service of readings, reflection, and song, we will open ourselves to experience the gift of God's gracious and loving forgiveness in the Sacrament of Penance. *It has long been a tradition in the Church to confess one's sins before celebrating the great feast of Easter. This will be the ideal time to do so.*

# St. Teresa of Avila: 1515-2015

Yours I am,  
for You I was born:  
What do You want  
of me?

Teresa of Jesus

Come join in the celebration in  
honor of the 500th anniversary of  
the birth of St. Teresa of Avila,  
mystic and doctor of the Church

Saturday, March 28, 2015

10:30am

**Presentation:**

**St. Teresa and Christian Mysticism**

Fr. Robert Barcelos, OCD

Cathedral Place Hall

12 Noon

**Mass with Archbishop J. Peter Sartain**

followed by a light reception in Cathedral Place Hall

3:00 pm

**Meditation**

led by Fr. Robert Barcelos, OCD

Cathedral Place Hall

For more information, [ocds.info@gmail.com](mailto:ocds.info@gmail.com)



STJ  
500



# TRE ORE

GOOD FRIDAY

APRIL 3

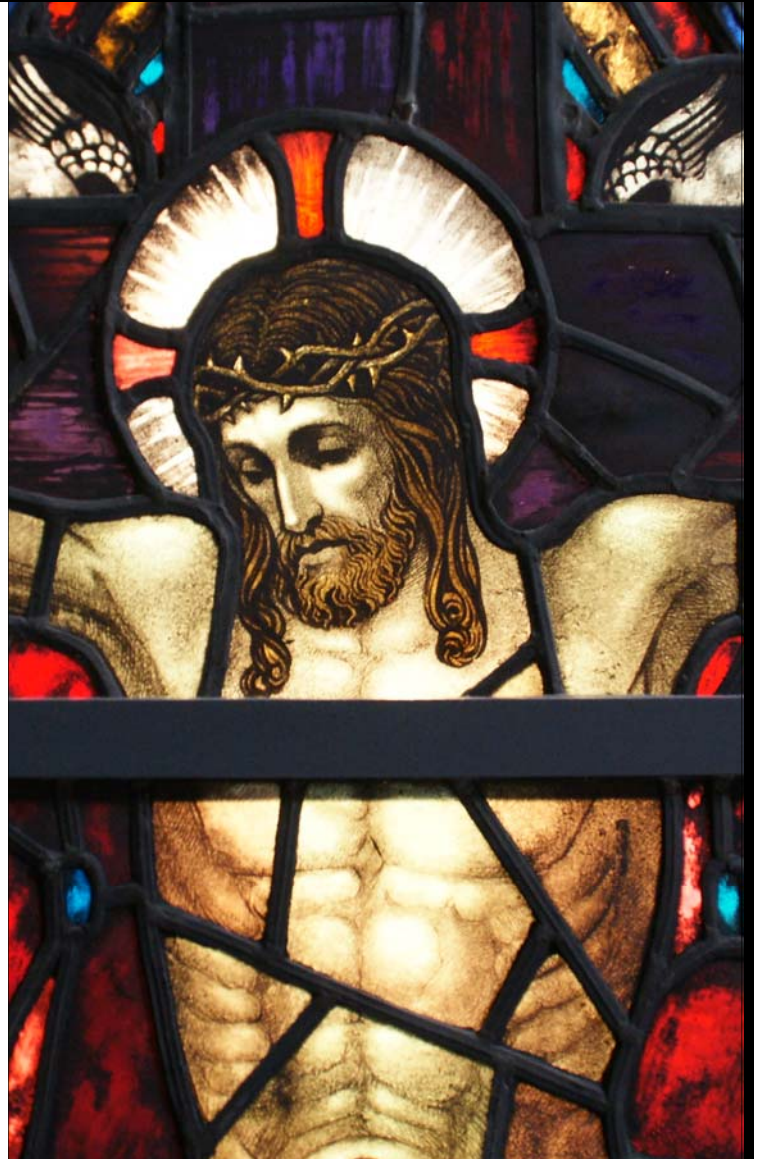
NOON—3

St. James Cathedral observes the traditional Good Friday devotion of TRE ORE (“Three Hours”) with music and homilies focused on the words of Christ from the cross.

This year, **Deacon Owen Cummings** will offer meditations on the Seven Last Words of Christ.

**Father Michael G. Ryan** will preside. The Cathedral Soloists and members of the Cathedral Cantorei will perform Dieterich Buxtehude’s sublime Passion Cantata cycle, *Membra Jesu nostri*, composed in 1680 for Holy Week services in the Church of St. Mary in Lübeck, Germany.

*A free-will offering will be taken during the service.*



OWEN F. CUMMINGS is the author of eighteen published works, including *Thinking God*, *Thinking About Prayer*, *Canterbury Cousins*, and *John MacQuarrie: A Master of Theology*. A Catholic theologian and deacon, Cummings is Academic Dean and Professor of Systematic Theology at Mt. Angel Abbey in Mt. Angel, Oregon. He is a contributor to a number of Catholic periodicals and newspapers and frequently serves as a guest speaker and lecturer across the country.

In his free time, Cummings devours mysteries and thrillers. Some of his favorite novelists include Ian Rankin and P.D. James.



JESUS, I TRUST IN YOU

## Celebrating Divine Mercy Sunday at St. James Cathedral

Sunday, April 12, 2015  
12 Noon Mass

On April 30, 2000, Pope John Paul II declared the Second Sunday of Easter to be Divine Mercy Sunday throughout the Church, and invited Catholics to learn more about the devotion to the Divine Mercy of Christ. The Cathedral's Noon Mass will conclude with the praying of the Divine Mercy chaplet. A festive reception will follow in Cathedral Place Hall. All are welcome.

God, merciful Father,  
we entrust to you today the destiny  
of the world and of every man and woman.  
Bend down to us sinners,  
heal our weakness, conquer all evil,  
and grant that all the peoples of the earth  
may experience your mercy.  
In You, the Triune God,  
may they ever find the source of hope.  
Eternal Father, by the Passion  
and Resurrection of your Son,  
have mercy on us  
and upon the whole world! Amen.

*From a Prayer of St. John Paul II*



The "Divine Mercy" devotions, which have spread worldwide, began with a series of apparitions of Christ to a Polish nun, Faustina Kowalska (1905-1938). In her diary, later published under the title *Divine Mercy in My Soul*, the saint wrote: "I saw Jesus dressed in a white garment. He held one hand in blessing and the other hand was touching his garment at

the breast. From under the garment came two rays of light, one red the other pale." From this vision came the image of the Divine Mercy. The words of Christ to St. Faustina have formed the basis for the Divine Mercy devotions, which are a

call to trust in the love and mercy of Christ, and to show mercy towards others, by faithfully carrying out the spiritual and corporal works of mercy. The devotion takes many forms, especially the chaplet – a sequence of prayers offered on regular rosary beads – and the novena, which concludes on the Sunday after Easter.

The devotion which began in an obscure Polish convent has since spread all over the world. It was briefly suppressed in 1959, but received official Vatican sanction on April 15, 1978. Saint John Paul II, who had a great devotion to Christ under the title of the Divine Mercy, declared the Second Sunday of Easter "Divine Mercy Sunday" for the entire Church.