

St. James Cathedral
The Most Holy Body & Blood of Christ
May 29, 2016



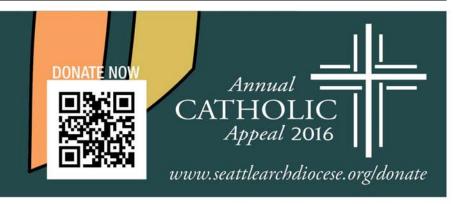
# Annual CATHOLIC Appeal

The Appeal gives us the opportunity to support the work of the wider church in Western Washington. And there's an added reason to be generous. Every dollar that comes in over and above the \$352,297 goal set for us by the Archbishop will come back to the parish in the form of a rebate. This year, the rebate will support our ministries for young people: Children's Faith Formation, Youth Ministry, and the Youth Music Program.

# Annual Catholic Appeal 2016 WEEK FIVE

Archdiocesan Goal	\$352,297
Rebate Goal	\$200,000
Combined Parish/Archdiocesan Goal.	\$552,297
SHORTFALL	. \$115,946
Total pledges turned in	638
Additional pledges needed to reach	
40% participation	322

We have now met our Archdiocesan goal, but we still have a very long way to go to reach our rebate and participation goal! If you have not yet responded, please consider doing so TODAY! Envelopes are available in the pews in front of you. Please fill one out and drop it in the offering basket. Your gift (no matter the size!) will make a real difference. Thank you for your participation!



# The Most Holy Body and Blood of Christ

PROCESSION WITH THE BLESSED SACRAMENT (10:00)

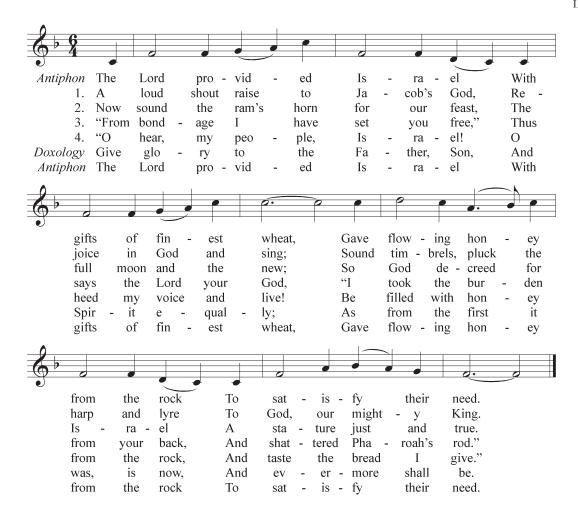
Please silence all cell phones. Please, no photography during the liturgy and procession.

**PRELUDE** 

The Celestial Banquet
Messiaen

**ENTRANCE** 

The Lord provided Israel
LAND OF REST



PENITENTIAL ACT

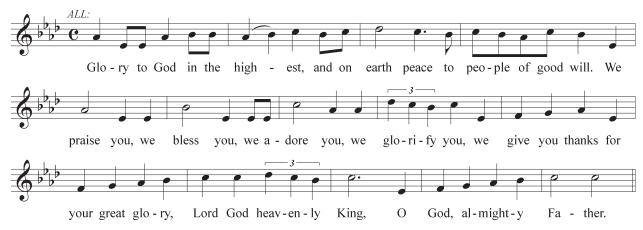
Missa de angelis Vatican VIII



GLORIA (Sunday Evening - No. 341 in Worship hymnal)

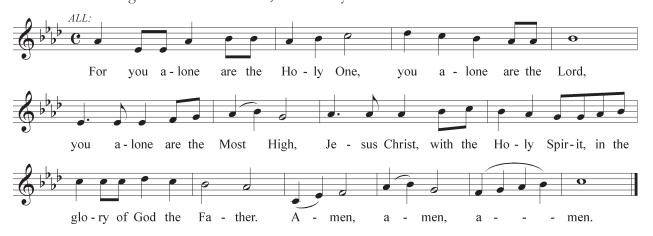
Missa de angelis Vatican VIII

LeBlanc



Cantor or Choir:

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.



OPENING PRAYER (COLLECT)

### THE LITURGY OF THE WORD

FIRST READING Genesis 14:18-20

RESPONSORIAL PSALM 110

Bower



SECOND READING

I Corinthians 11:23-26

Sion, praise thy Saviour singing, Hymns with exultation ringing Praise thy King and Shepherd true.

Honor Him, thy voice upraising, Who surpasseth all thy praising; Never canst thou reach his due.

Let the Bread, life-giving, living, Be our theme of glad thanksgiving, Now indeed before thee set;

As of old the Lord provided When the twelve, divinely guided, At the holy table met. Very Bread, good Shepherd, tend us, Jesus, of thy love befriend us, Thou refresh us, thou defend us. Thine eternal goodness send us In the land of life to see;

Thou who all things canst and knowest, Who on earth such food bestowest, Grant us with thy saints, though lowest, Where the heavenly feast thou showest, Fellow heirs and guests to be. Amen.

(attributed to St. Thomas Aquinas)

### ALLELUIA



GOSPEL Luke 9:11b-17

## HOMILY

## Father Michael G. Ryan

CREED (chanted on one tone)

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

**[ALL BOW]** 

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

[ALL STAND UPRIGHT]

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### PRAYER OF THE FAITHFUL

Berthier

Berthier



### THE LITURGY OF THE EUCHARIST

### PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

Let all mortal flesh keep silence

Corpus Christi Mass

Bairstow

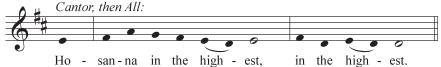
Proulx

**SANCTUS** 

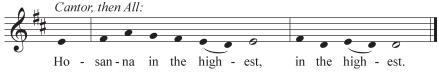
Cantor, then All:

Ho - ly, Ho - ly Lord God of hosts.

Choir: Heaven and earth are full of your glory.



Choir: Blessed is he who comes in the name of the Lord.



MYSTERY OF FAITH

Proulx





we pro-claim your Death, O Lord, un - til you come a-gain.

**AMEN** 

Proulx



LORD'S PRAYER No. 246

**AGNUS DEI** 

Missa de angelis



**COMMUNION** 

"This is my body which is given up for you: chant, Mode VIII this is the cup of the new covenant in my blood," says the Lord. "Each time that you partake thereof, do it in memory of me."

(10:00) O salutaris

When you return to your seat after receiving holy communion, **PLEASE KNEEL OR BE SEATED.**Low-gluten hosts are distributed at the credence table near the presider's chair.

# EUCHARISTIC PROCESSION (10:00)

Please join in the procession at the direction of the ushers. Please, no photography during the procession. See the SEPARATE GOLDENROD SHEET for music to sing during the procession.

Please join in the sung and spoken prayers along the way.

The procession will begin with those seated in the south transept, followed by the east nave, the north transept, and the west nave. The different groups are led by representatives of Cathedral ministries, including Eucharistic Ministers, Readers, Choirs, Outreach ministries, Children's Religious Education, Youth Ministery, RCIA. and Confirmation.

HYMN OF PRAISE

At that first Eucharist
UNDE ET MEMORES



**PROCESSION** 

"Final" from Symphony No. 7 in A Minor

Wido:

### ST. JAMES CATHEDRAL

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

The Most Reverend J. Peter Sartain, Archbishop of Seattle

**PASTOR** 

The Very Reverend Michael G. Ryan

**IN RESIDENCE** 

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

**FAITH FORMATION** 

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

**FAMILY MINISTRY** 

Suzanne Lee, Director (206-654-4640)

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086) Peter Burns, Ward Johnson, John Marquez, sacristans (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Dr. Paul A. Thornock, Director of Music

Joseph Adam, Associate Director of Music & Organist

Stacey Sunde, Director of Youth Music

**SOCIAL OUTREACH and ADVOCACY** 

Patty Bowman, Director (206-382-4515) Patrick Barredo, incoming Director

Tom Frasene, Óutreach Ministries, Young Adults (206-382-4235) Teddi Callahan, Carol DeMatteis, David Grech, Cathedral Kitchen (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Patrick Suhrbier, Immigrant Legal Services

STEWARDSHIP and DEVELOPMENT Maria Laughlin, Director (206-382-4284)

YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564) Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

**FACILITIES and GROUNDS** 

Tang Nguyen, Facilities Supervisor (206-264-2087) Keith Emry, Alan Frasher, Melina McCombs, Steve Raab

**CELEBRATIONS of the SACRAMENTS** 

**MASS** 

8 - 10 - 12 & 5:30 pm 8:15 & 5:30 pm 8:15 & "Vigil" 5:30 pm Sundays Weekdays

LITURGY of the HOURS Weekdays at 12:10 pm

**VESPERS and BENEDICTION of the BLESSED SACRAMENT** Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held twice yearly. In other situations (anticipated surgery, emergency) please call the parish office.

FUNERALS for parishioners, please contact Suzanne Lee, Family Ministry, 206-654-4640.

CONTEMPLATIVE ECUMENICAL PRAYER, First Fridays, 6:30 pm

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

**TELCOME!** If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city0For more information about the parish, to register, or to ask a question, visit our **Sunday Help Desk** at Coffee Hour. A Cathedral staff person will be on hand to assist you.

**COVER ART** The Supper at Emmaus. East Apse stainedglass window, St. James Cathedral. Hans Gottfried von Stockhausen, artist.

**FLOWERS AT THE ALTAR** are from Peg Haggerty in loving memory of her husband, Paul Johnson. Flowers are also from the Holy Names Academy Baccalaureate Mass. Congratulations to the Class of 2016! If you would like to offer flowers in memory of a loved one, in celebration of an anniversary, or in thanksgiving, please contact Jane Mueller, jmueller@stjames-cathedral.org.

FIRST FRIDAY EXPOSITION AND HOLY HOUR Friday, June 3 is First Friday. Exposition of the Blessed Sacrament will begin immediately following the 8:15am Mass, and continue until 1:00pm. Holy Hour will be prayed at 12 Noon, with hymns, readings, and rosary. All are welcome.

JOB OPENING: ASSISTANT SACRISTAN St. James Cathedral has an opening for a part time (30-35 hours/week) Assistant Sacristan. To receive a job description and details, applicants should download the Seattle Archdiocesan job application at: http:// www.seattlearchdiocese.org/Archdiocese/HR/ Documents/EmploymentApplication1.pdf and send it with a resume, via e-mail, to Corinna Laughlin, claughlin@stjames-cathedral.org.

**YEAR OF MERCY** We welcome all pilgrims to St. James Cathedral during this Year of Mercy. Whether you are a visitor or a regular at St. James, you can walk through the Holy Doors of Mercy, the four bronze doors at the Cathedral's west entrance. The center doors are opened before and after each Mass. A self-guided pilgrimage of prayer, The Way of Mercy, is available as well—pick up a flyer just inside the Holy Doors.

**SENIOR TEA** On Thursday, June 2, at 4:00pm, Father Ryan and the Cathedral staff will host a tea for our senior parishioners. Invitations have gone out to all our parishioners who are in their eighties and nineties. If you would like to come, but did not receive an invitation, you are still most welcome! RSVP to Maria Laughlin, 206-382-4284 or mlaughlin@stjames-cathedral.org.

**PARISH REMEMBRANCE** Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of Blessed Sacrament, Seattle; Sacred Heart in Bellingham, Tacoma, and Lacey; and Visitation in Tacoma.

# IMMIGRANT HERITAGE MONTH

CELEBRATE THE HERITAGE of your family, the Cathedral, and the Pacific Northwest all month long in June. We kick off the month next week at coffee hour. Information: Chris Koehler at ckoehler@stjames-cathedral.org or 206-382-5411.

OPEN HOUSE Sunday, June 5 after the 8, 10 and Noon masses. Take a family portrait with the flags of all the countries of your heritage. Learn about the immigrant history of St. James Cathedral. Try your hand at the U.S Citizenship Test. Get resources and advice on researching your family history. Check out a book on immigration from the Seattle Public Library's Pop-Up Library. Share your favorite family immigration story.

Stay tuned for more information and check out our Facebook page at: www.facebook.com/St.JamesImmigrantAssistance

HUNTHAUSEN AUCTION: CALGON, TAKE ME AWAY! Do you have a vacation condo or cabin? Have you thought about donating the use of your vacation spot to our Archbishop Hunthausen Golf Tournament and Auction? This year's tournament will be held on Monday, August 29 at the Glendale Country Club in Bellevue. Vacation condos/cabins are our most sought after auction items. *Information*, www.stjames-cathedral.org/golf or 206-382-4288.

ST VINCENT DE PAUL THANKS YOU We visited a woman partially disabled 40 years ago by a drunk driver. She now has a life-threatening disease. Unable to work the last few years, she depends on Social Security Disability Insurance for income. Recently Social Security cut off her payments and demanded she return over \$75,000. She called the SVdP Helpline (206-767-6449). When we visited, she looked ill and scared. We gave rent help and referred her to pro bono attorneys who (donating their time) might help her appeal the Social Security decision and to a state program for possible income during the appeal. She had not known about such help and was grateful for this ray of hope. Your support made that possible – thank you! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

**THANK YOU, PAGLIACCI PIZZA** for providing your wonderful pizza to our Cathedral Kitchen on Thursday, May 19. With your help we served more than 180 dinner guests!

CATHEDRAL MOTHERS GROUP Becoming a parent brings big changes to every facet of a woman's life. This is a time when women need the support of the whole community, yet many young mothers live far away from their extended families and wise elders. Our new Cathedral Mothers Group, facilitated by child and family counselor, Ansebe Bicof-Smit, MA, LMHCA, meets every Monday from 10:30 to Noon in the Mother Cabrini Room of the Pastoral Outreach Center. Bring your young children and check it out. *Information*, Suzanne Lee, slee@stjames-cathedral.org or 206-654-4640. *Please note: there will be no meeting on Memorial Day*.

Opportunities to Serve

Do you long to get more involved in the Cathedral parish and find ways to meet fellow parishioners and form community here? The best way to do that is by getting involved in one of our many ministries!

Here are some current opportunities.

BUILD COMMUNITY AT ST. JAMES AT COFFEE HOUR! Do you have a passion for hospitality? If so, St. James is looking for more Coffee Hour volunteers! We need helping hands to help serve muffins and coffee 9am-10am and 1pm-2:30pm. *Information*, Tom Frasene, tfrasene@stjamescathedral.org.

AN OPPORTUNITY TO BE PART OF THE CATHEDRAL KITCHEN TEAM! The Cathedral Kitchen needs a volunteer dishwasher on Mondays from 4:00-6:00pm. *Information*, Teddi Callahan, 206-264-2091 or tcallahan@stjames-cathedral.org.

SHARE YOUR LOVE OF GOD AND LOVE OF THE CHURCH WITH THE CHILDREN OF ST JAMES.

Children's Faith Formation (Preschool – Grade 8) is in need of catechists (age 21 and older) and catechist assistants (age 14 and older) for the 2016-2017 school year. *Information*, Brenda Bellamy, 206-274-3108, bbellamy@stjames-cathedral.org.

CONFRONTING PORNOGRAPHY SUPPORT GROUP St. James holds an anonymous support group to overcome habits of porn use on Tuesdays, 8-10 pm in Cathedral Place (803 Terry Ave). All are welcome. *Information*, Tom Frasene, tfrasene@stjames-cathedral.org.

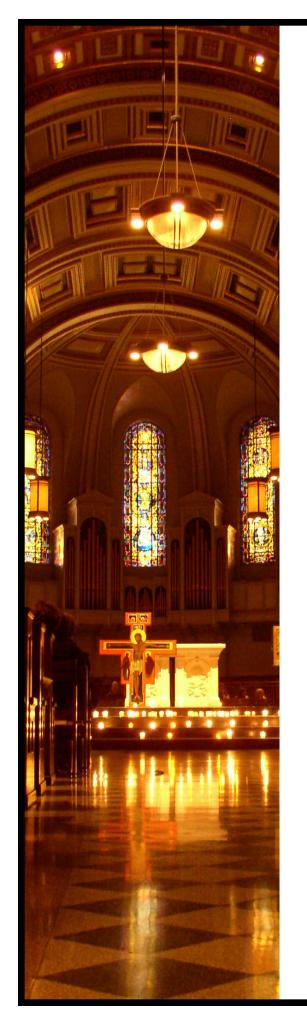
**NO YOUTH NIGHT** this week due to the Memorial Day holiday. Join us on Sunday, June 4 for our final Youth Night of the year, complete with a potluck, slide show, and blessing of the seniors. 6:30pm in the Pastoral Outreach Center.

DISCERNMENT RETREAT FOR YOUNG ADULTS On Friday, June 3, we'll have our usual first Friday Taizé prayer service followed by a simple supper. After that, Theresa Lukasik from the Ignatian Spirituality Center will lead us in an evening of reflection on discernment in everyday life. We'll conclude late in the evening, around 11:30pm. *Information*, Tom Frasene, tfrasene@stjames-cathedral.org.

Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS to the following children, baptized in the Cathedral in the months of April and May: Seraphine Michelle Hernandez, Baron James Esposo, Viola Camilloni, Johan Dantes Asuncion, Teagan Alinafe Macheso, Henry Michael Payne, Sofia Isabella Shelley, Cassius Kennedy Albano, Abigail Miranda Duque Estrada de Barros Golden, Christian Vaughan Johnston, Jacob James Molchan, and Reese Marie Pilcic. We welcome with joy these newest members of the family of faith!



# MERCY

Contemplative Prayer with music from Taizé

Friday, June 3, 2016 | 6:30pm St. James Cathedral

Your Holy Spirit brings to birth in us the courage of mercy for those who are nearby as well as for those who are far away. In a world where we are often disconcerted by violence, you enable us to hope against all hope.

-Brother Alois of Taizé

On the first Friday of each month, all are welcome to a contemplative prayer in the Cathedral, with song, silence, and candlelight. The service includes the meditative chants of the ecumenical Taizé community in France, founded by Brother Roger Schutz as a sign of reconciliation after World War II.