



ST. JAMES CATHEDRAL  
*The Third Sunday of Lent*  
March 24, 2019

ORDER OF CELEBRATION FOR

# *The Third Sunday of Lent*

THE FIRST SCRUTINY OF THE ELECT (10:00am)

INTROIT



*Oculi mei*  
adapt. Stratman

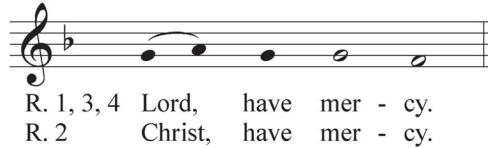
I will pour clean wa - ter u - pon you.

GREETING

PENITENTIAL ACT

chant, Vatican XVII

Priest      Have mercy on us, O Lord.  
 ALL      **For we have sinned against you.**  
 Priest      Show us, O Lord, your mercy.  
 ALL      **And grant us your salvation.**



R. 1, 3, 4    Lord,    have    mer - cy.  
 R. 2        Christ,    have    mer - cy.

DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

OPENING PRAYER (COLLECT)

## *The Liturgy of the Word*

FIRST READING

Exodus 17:3-7

PSALM RESPONSE

Psalm 95  
Proulx



If to - day you hear God's voice,    O har - den not your hearts.

SECOND READING

Romans 5:1-2, 5-8

TRACT

Stratman

Lord,    how won - drous is your wis - dom.    wis - dom.

GOSPEL

John 4:5-42

HOMILY

Father Michael G. Ryan

PROFESSION OF FAITH (except at 10) *This Lent, we pray the Apostles' Creed.*

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;

he ascended into heaven,  
and is seated at the right hand  
of God the Father almighty;  
from there he will come  
to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

*First Scrutiny of the Elect* (10:00am)

INTERCESSIONS

*Litany of Saints*

PRAYER OF EXORCISM

LAYING ON OF HANDS

*At noon you came to Jacob's well*  
chant

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00)

Stratman

Choir "I give them life long and full,  
ALL and I show them my power to save," says the Lord.

*The Liturgy of the Eucharist*

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

Psalm 31: *Schaffe in mir, Gott* (Part I)

Create in me a clean heart, O God; and renew a right spirit within me.  
Cast me not away from your presence; and take not your Holy Spirit from me.

Brahms

SANCTUS

*Missa Deus genitor alme*  
Vatican XVIII

San-ctus, San-ctus, San-ctus Do-mi-nus De - us Sa - ba-oth. Ple - ni sunt  
 cæ - li et ter - ra glo - ri - a tu - a. Ho-san-na in ex - cel - sis. Be-ne-dic-tus  
 qui ve-nit in no - mi - ne Do-mi - ni. Ho-san - na in ex - cel - sis.

MYSTERY OF FAITH

*Roman Missal*

When we eat this Bread and drink this Cup,  
 we pro-claim your Death, O Lord, un - til you come a - gain.

AMEN

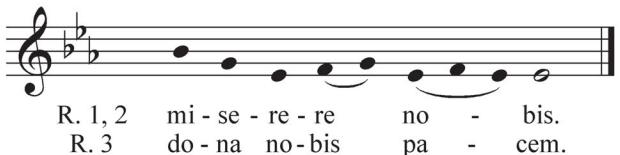
*Christus vincit*



LORD'S PRAYER

AGNUS DEI

Vatican XVII



COMMUNION

*Qui biberit aquam*

Mode VII

Whoever drinks the water that I shall offer, said the Lord to the Samaritan woman,  
shall have a spring of water within, welling up to eternal life.

(10:00am)

Psalm 51: *Schaffe in mir, Gott* (Part II)

Restore unto me the joy of thy salvation; and uphold me with thy free Spirit.

Brahms

Upon returning to your place after Holy Communion, please kneel or be seated.

**Low-gluten hosts are distributed at the credence table near the presider's chair.**

HYMN OF PRAISE

*I heard the voice of Jesus say*

KINGSFOLD

Musical notation for the hymn "I heard the voice of Jesus say" in common time with a treble clef and a key signature of G major (one sharp). The lyrics are divided into four stanzas, each with a different melody. The first stanza starts with a single note, the second with a half note, the third with a quarter note, and the fourth with a whole note.

1. I heard the voice of Je - sus say, "Come un - to me and rest;  
2. I heard the voice of Je - sus say, "Be - hold, I free - ly give  
3. I heard the voice of Je - sus say, "I am this dark world's light;

Lay down, O wear - y one, lay down Your head up - on my breast."  
The liv - ing wa - ter; thirst - y one, Stoop down, and drink, and live."  
Look un - to me, your morn shall rise, And all your day be bright."

I came to Je - sus as I was, So wear - y worn and sad;  
I came to Je - sus, and I drank Of that life - giv - ing stream;  
I looked to Je - sus, and I found In him my star, my sun;

I found in him a rest-ing place and he has made me glad.  
My thirst was quenched, my soul re-vived, And now I live in him.  
And in that light of life I'll walk Till trav'-ling days are done.

PROCESSION

# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

Reverend David A. Brant; Reverend Bryan Hersey

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Julianna Castro, Baptism Coordinator (206-619-0816)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

John Marquez, Julie Sharples, Peter Burns, Stephen Pace,  
sacristans (206-654-4646)

### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Samuel Libra, Associate Cathedral Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

### SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Jamerika Haynes, Hospitality and Administrative Support

Dylan Hogan, Hospitality and Administrative Support (206-382-4235)

Cathedral Kitchen: Teddi Callahan (Director),

John Givins, Ray Cisneros (206-264-2091)

### MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Patrick Suhrbier, Immigrant Legal Services; Sayuko Setvik, Tutoring  
Coordinator; Caroline Okello, Community Activation Coordinator

### STEWARSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### YOUTH MINISTRY and YOUNG ADULT MINISTRY

Curtis Leighton, Director (206-264-2082)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Micki-Jo Palmer, Executive Assistant for Finance (206-654-4650)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Jane Mueller, Receptionist (206-622-3559)

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Melina McCombs, Abraham Merutse, Steve Raab

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS

Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

### BAPTISM

Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Julianna Castro for information, 206-619-0816.

### RECONCILIATION

Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

### MARRIAGE

A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

### ANOINTING of the SICK

A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the Parish Office for information.

### FUNERALS

for parishioners, contact Suzanne Lee, 206-654-4640.

### CONTEMPLATIVE ECUMENICAL PRAYER

First Fridays, 6:30 pm

### TOURS of the CATHEDRAL

Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

### CATHEDRAL BOOKSTORE

Open 11:00 am to 3:00 pm weekdays,

after Masses on weekends. Call 206-382-4500 for information

### PARISH OFFICE HOURS:

Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

**WELCOME, VISITORS!** If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. For more information about the parish, to register, or to ask a question, visit our **Sunday Help Desk** at Coffee Hour. A Cathedral staff person will be on hand to assist you. Be sure to stop by the **Cathedral Bookstore** after Mass for a wide selection of Cathedral souvenirs as well as Catholic books and gifts.

**FOR YOUR SAFETY** At each of the weekend Masses a Seattle police officer is present on the Cathedral campus.

### SCHOLARSHIPS AVAILABLE FOR CATHOLIC SCHOOLS

St. James has SIX Catholic elementary schools in Seattle: St. Therese, St. Paul, St. Edward, St. George, St. Joseph and Holy Family Bilingual. These schools provide in-parish tuition rates for registered St. James parishioners. We also support FOUR Catholic high schools (O'Dea, Holy Names, Bishop Blanchet, and Kennedy Catholic) through the Simperman Scholar program. Information, Theresa Van de Ven, 206-219-5822 or [tvandeven@stjames-cathedral.org](mailto:tvandeven@stjames-cathedral.org). Completed applications and all requirements must be submitted by April 30, 2019.

**THE ST. JAMES WINTER SHELTER** currently has openings for volunteers to stay overnight on the 1<sup>st</sup> or 2<sup>nd</sup> Sundays of the month from 8pm to 7:30am. This might be an ideal way for retired parishioners to be involved in concrete ways to serve our homeless guests, who are men, aged 50 and older. Information, Patrick Barredo, 206-382-4515, [pbarredo@stjames-cathedral.org](mailto:pbarredo@stjames-cathedral.org). The Winter Shelter needs small packs of tissues and large cans of men's spray deodorant. Donations can be brought to Sunday Coffee Hour, the Parish Office, or be shipped. Thank you!

**JOIN THE IMMIGRATION CHAMPIONS** In collaboration with a neighbor church, we are organizing a team to participate in the need for a strong public show of support for a family in sanctuary sometime soon. This will likely take the form of a vigil at the USCIS building in Tukwila. We won't know when—neither date nor time—until shortly before the event and it will be on a weekday. Information, Caroline Okello, [cokello@stjames-cathedral.org](mailto:cokello@stjames-cathedral.org) or 206-382-4511.

### THINKING OF BEING MARRIED AT ST. JAMES

**CATHEDRAL?** Parishioners are able to schedule a wedding at St. James Cathedral 14 months in advance; non-parishioners are able to schedule 12 months in advance. We do require at least six months preparation for the Sacrament of Matrimony. Information, Margaret Lynch, 206-382-4288.

**PARISH REMEMBRANCE** Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of Sacred Heart in Battle Ground and Enumclaw.

**A WEEKLY TIP ON CARING FOR OUR COMMON HOME** The world produces more than 300 million tons of plastic each year, and scientists estimate that up to 91% is not recycled. This Lent, try to be conscious about how material things pollute the Earth. Can you cut down on your use of convenient Single Use Plastics? Have you considered how our society's hyper-consumptive habits affect the Earth?

**ST. JAMES ECOLOGY FAIR** *Sunday, April 7 after the 10am and 12 noon Masses in Cathedral Hall* Pope Francis' encyclical *Laudato Si'* calls for every person on the planet to show mercy to the Earth, our common home. Our annual Fair is an opportunity to *become better informed* and to *take action* to protect and nurture our environment.

**PLEASE JOIN US FOR LUNCH AT OUR LIVE, EAT & LEARN SEMINAR** at Holyrood Catholic Cemetery on **Saturday, April 6, 2019**, beginning with 10:30am Mass, 11:30am discussion, 12:30 lunch. We'll discuss the churches teaching on cremation, green burial, non-Catholic burials, veteran burials, options, costs, and we'll answer any other questions you might have. Seating is limited. Please **RSVP: (206) 366-8834 or RSVP by email to: ac-parish@mycatholiccemetery.org**. Address: Holyrood Cemetery, 205 NE 205<sup>th</sup> St, Shoreline, WA 98155.

**FREE MIDDAY CONCERT** Thursday, March 28 at 12:30pm. St. James Cathedral welcomes visiting choirs from high schools, colleges, and choral organizations around the world to experience singing in the wonderful acoustics of the Cathedral. As part of their visit, Chino Hills High School Choir from Chino Hills, California, directed by Laura Rutherford, will present an informal 30-minute concert. We invite you to come to hear the artistry of these young musicians and welcome them to Seattle. Their program includes African-American spirituels as well as sacred music by Elizabeth Poston, Ola Gjeilo, and more. No passes required.

**TALLIS SCHOLARS CONCERT** Saturday, April 6 at 8:00pm. Cappella Romana presents the world-renowned Tallis Scholars, directed by Peter Phillips, for an evening of soaring Renaissance music inspired by the Sistine Chapel. The program includes Allegri's famous *Miserere* and music by Palestrina, Josquin, and more. *Information and reserved passes: 503-236-8202 ; pay-as-able parishioner passes (limited availability) 206-382-4874 or [musicoffice@stjames-cathedral.org](mailto:musicoffice@stjames-cathedral.org).*

**OUTREACH SUNDAY** On the first Sunday of the month, several of our Cathedral Outreach and Advocacy ministries are present at Coffee Hour after the 10am Mass. Come over next Sunday to learn more about their work, and to perhaps get involved! Ministry groups will include St. Vincent de Paul and Volunteer (Chore) Services.

**TAI CHI CLASSES** are held on Fridays in the Pastoral Outreach Center, 5-6 pm. All levels welcome!

**HAVE YOU DRIFTED AWAY FROM YOUR CATHOLIC FAITH?** Are you disillusioned by what you hear about the Church? The Welcome Back program provides a place where you can learn about changes in the Church, ask questions, and experience a small faith community. Our 8-week series begins Monday, April 29, and continues Mondays through June. Sessions are held 7:00 – 9:00 pm in Cathedral Place, 803 Terry Avenue. *Information or to register, Rosanne Michaels, 206-654-4658, or [rmichaels@stjames-cathedral.org](mailto:rmichaels@stjames-cathedral.org).*

**CD OF SUNDAY MASS.** Do you know someone who is unable to attend Sunday Mass but would appreciate staying connected by listening to the Mass on CD? Each Sunday, a faithful volunteer records and masters the 10:00am Mass, including the music, prayers, reading, and homilies. This CD is mailed at no charge to homebound parishioners and to "long-distance" parishioners around the country, along with a Sunday bulletin. If you or someone you know would like to be added to the list, contact Maria Laughlin, 206-382-4284.

**ARE YOU A REGISTERED PARISHIONER AT ST. JAMES?** Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. We strongly encourage you to register. Registered parishioners receive important mailings from the Cathedral (including offering envelopes!). Registration cards can be found in the vestibule and at the welcome table in Cathedral Hall. You can also register online at [www.stjames-cathedral.org](http://www.stjames-cathedral.org).

**BAPTISM OF INFANTS & YOUNG CHILDREN** (under the age of 7) is celebrated monthly at one of the weekend Masses. To prepare for this most important sacrament, parents and godparents participate in a series of classes to update their understanding of baptism, to reflect on their responsibility to guide their children in the practice of the faith, and to learn about the many ways our parish supports families. Please allow at least two months for preparation. Information, Julianna Castro, 206-619-0816.

**BABYSITTING** is available for children up to four years of age on Sundays during the 10:00am and Noon Masses, during baptism preparation classes, and during special events for parents and families. The program is located in the Mother Cabrini Room on the first floor of the Pastoral Outreach Center; enter through the courtyard at Ninth and Columbia. *Information, Suzanne Lee, 206-654-4640.*

**DROP-IN ART GROUP** takes place on the 2nd and 4th Thursdays of the month from Noon–2:00pm. *Information, Nancy Granger, [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org) or 206-382-4269.*

**ARE YOU RAISING A CHILD WITH SPECIAL NEEDS?** The Faith Mentors program provides a class for your child to be tutored one-on-one by a teen mentor (under adult supervision) in the ways of faith, including sacramental preparation. *Information, Brenda Bellamy, 206-274-3108 or [bbellamy@stjames-cathedral.org](mailto:bbellamy@stjames-cathedral.org).*

**YOUNG ADULT WOMEN'S PURSE DRIVE** To celebrate Women's History Month during March, the young adult women's group will be hosting a purse drive for the Jubilee Women's Center. This organization helps women experiencing poverty with education, job skills, housing, and clothing. Purses are the least donated yet most highly sought item in their boutique. If you would like to donate a gently used or new purse, please drop it off at Coffee Hour on Sundays or the parish office during the week. *Information*, Jamerika Haynes, [jhaynes@stjames-cathedral.org](mailto:jhaynes@stjames-cathedral.org) or 206-382-4235.

**YOUNG ADULT WOMEN'S SMALL GROUP BIBLE STUDY** We'll be reading *Courageous Women: A Study on the Heroines of Biblical History* by Stacy Mitch. If you need help purchasing a guide, contact Jamerika. The series begins Wednesday, March 27, 6:00pm-8:30pm, in the Pastoral Outreach Center, Mother Mary Rose Room, 907 Columbia St. *Information*, Jamerika Haynes, [jhaynes@stjames-cathedral.org](mailto:jhaynes@stjames-cathedral.org) or 206-382-4235.

**THE KITCHEN GARDEN NEEDS YOUR HELP** Now that Spring is here, the Cathedral Kitchen Garden is seeking help with maintaining flower and vegetable beds. We need volunteers to regularly assist with watering and harvesting. This is perfect for anyone looking for a reason to get outdoors. Come help those in need while spending some time in the sun! *Information*, Dylan Hogan, [dhogan@stjames-cathedral.org](mailto:dhogan@stjames-cathedral.org) or 206-382-4235.

**OPERATION NIGHTWATCH VOLUNTEERS NEEDED** Operation Nightwatch is an organization that seeks to reduce the impacts of poverty by providing food, clothing, shelter, and other assistance to persons experiencing homelessness. Every Second Sunday of the month, a team of volunteers from St. James helps serve and clean up after their evening meal. We need some additional volunteers! This is a great opportunity for people who would like to volunteer but can't find time during the regular work week. *Information*, Dylan Hogan, [dhogan@stjames-cathedral.org](mailto:dhogan@stjames-cathedral.org) or 206-382-4235.

**ST VINCENT DE PAUL ANNOUNCES** that our annual "Stuff the Truck" event will take place on Sunday, May 26 in the O'Dea parking lot. Hours and more details will be announced as we get closer to that date. For now, Lent is a perfect time to start sorting through all your "stuff" to find "treasures" to donate to SVdP on May 26. Big sellers in our thrift stores include books, dishes, pots, pans and clothes. The money we raise from selling your items in SVdP stores supports SVdP activities that help low income residents throughout King County. Thank you! *Information*, Bob Clifford, 206-718-4158 or [bobclifford53@gmail.com](mailto:bobclifford53@gmail.com).

## Mental Health & Wellness Ministry

**ST. LUKE PARISH IN SHORELINE OFFERS A MONTHLY SUPPORT GROUP**, open to anyone experiencing mental illness and/or their family and friends. The goal is to ensure that no individual feels alone in his or her struggle. It is a safe non-judgmental environment to share your story, hear about others and break the silence that often surrounds mental illness. You will gain the experience of prayer, supportive relationships, discovering your inner strengths and learning how to identify local resources that can offer additional support if needed. The group is offered on the first Sunday of the month, April 7, and May 5. *Information*, Ana Short, 206-359-5283 or [anashort@hotmail.com](mailto:anashort@hotmail.com).

## NEW TELEPHONE BASED CAREGIVERS

**SUPPORT GROUP** Many of us who are caregivers of loved ones with Alzheimer's disease have little time in the day to attend a potentially very valuable support group. The Alzheimer's Association of America offers a telephone-based caregiver support group which will take place on Thursdays from 4-5 pm beginning April 11. The group provides caregivers a safe and confidential space to share their concerns and get support. Call AFA 866-232-8484 to register.

The efforts of donors and supporters at St. James Cathedral blood drive are incredibly appreciated. Please know that patients and their families are truly grateful for your support.

## RESULTS FOR MARCH 18TH BLOOD DRIVE

Registered Donors - 17 - Thank you!  
Units Collected - 11 - Not all donors can donate each time, we must thank all that try!  
Lives Saved - 33 - each pint is separated into 3 components, red cells, platelets and plasma!

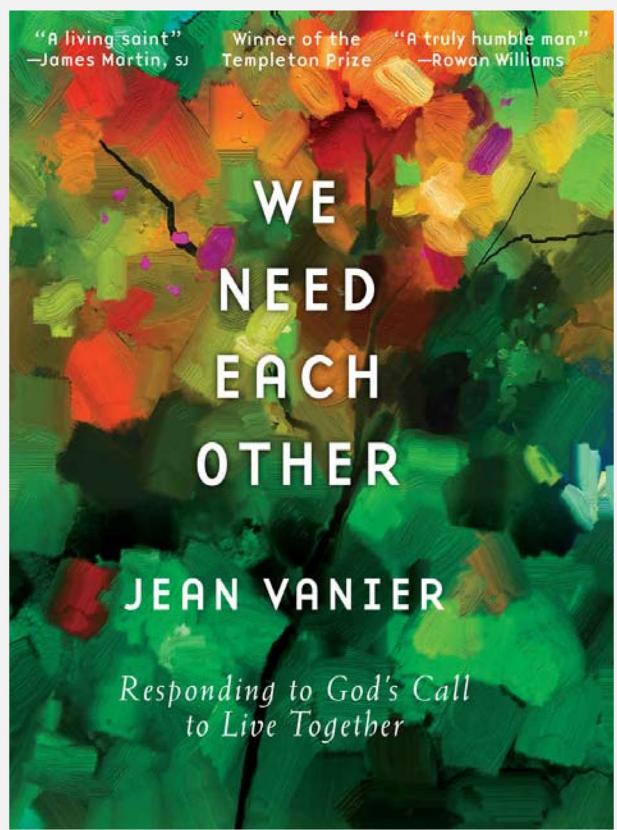
We had 2 first time donors. **Welcome!** We hope you will become a career donor with Bloodworks Northwest. The donor with the most donations at this blood drive has given 106 pints of blood in their lifetime! That is over 13 gallons! Thank you for your tremendous support!

**MARK YOUR CALENDARS!** The next blood drive at St. James Cathedral will be Sunday, June 23rd.

## SOCIAL GATHERING CALLING ALL SENIORS!

FEATURING  
PERFORMAMCE BY SILVER KITE INTERGENERATIONAL THEATER  
TUESDAY, APRIL 2<sup>ND</sup> 1:00-3:00PM  
PASTORAL OUTREACH CENTER  
LIGHT REFRESHMENTS  
INFO: NANCY GRANGER 206-382-4269





## ALL-PARISH BOOK FOR LENT

# *We Need Each Other*

"Today we are living in a very stressed world. There is a lot of fear and even hatred for those who are different.

Jesus came to preach peace and to break down the barriers that separate people. May this little book help each one of us become messengers of peace, of mercy, and of forgiveness."

*Jean Vanier*

This year, the whole parish is invited to read a book together for Lent. *We Need Each Other* by Jean Vanier is a collection of talks he gave in Kenya in 2008. Published last fall, this volume is Jean Vanier at his best, the perfect reading for the holy season of Lent.

For those who would like to share in a discussion about the book with others, we'll gather for a simple supper and discussion on two Monday evenings during Lent. On the first evening, we'll discuss chapters 1-4 and the following week, chapters 5-7. For those unable to join us for the group discussion, questions for reflection will be published in the bulletin.

**Dinner and Discussion  
Mondays, March 25 and April 1, 2019  
7:00-9:00pm**

Pastoral Outreach Center, 907 Columbia Street

All are welcome. **RSVP requested for the meals.**  
*We Need Each Other* is available in the Cathedral Bookstore.

*Information or to RSVP, Maria Laughlin,  
mlaughlin@stjames-cathedral.org, or 206-382-4284*

# CATHOLIC 101



# The History of the Church in Western Washington

**Wednesday, March 27, 2019 | 7:00pm**

# Holy Names Room, Pastoral Outreach Center

907 Columbia Street

CORINNA LAUGHLIN offers a whirlwind introduction to the men and women who built up the Church in Western Washington and the wisdom they offer for the Church of the present day. There is a lot to celebrate in our local history! She will be joined by SETH DALBY, Archivist of the Archdiocese of Seattle, who will present a “show and tell” of some extraordinary treasures of Archdiocesan history. If you are a history buff, this is not to be missed!

*Information*, Maria Laughlin, mlaughlin@stjames-cathedral.org



16th-century fresco depicting the Council of Nicaea

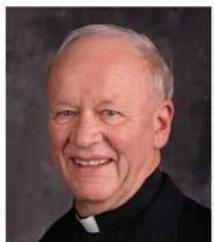
AN HISTORICAL PERSPECTIVE ON  
*Church Reform*

**Thursday, April 4, 2019 | 7:00–8:30pm**  
Holy Names Room, Pastoral Outreach Center  
907 Columbia Street, Seattle

As we face the current moment in the Catholic Church, we are reminded that the Church has faced times of great crisis and reform in the past.

- What major reforms in the history of the Church can shed light on our current crisis?
- What lessons from the past can help us understand what is happening today?
- What will be required to bring about reform?

**Father Pat Howell, SJ, presenter**  
*Interim Director, Institute for Catholic Thought and Culture*



*Information, Maria Laughlin, mlaughlin@stjames-cathedral.org*

[www.stjames-cathedral.org](http://www.stjames-cathedral.org)



ST. JAMES CATHEDRAL

## 2019 Marriage Enrichment Dinners

*Food for the Soul for Married Couples*



Did you know the Catholic Church really cares about your marriage and wants it to succeed? And did you know that St. James is committed to helping married couples live out their vocation? Good marriages can always be made better! Pope Francis described marriage as “a project to be worked on together” and a “process of growth” (*Amoris Laetitia*, no. 218, 221).

We also know that many of our couples do not have the support of extended family because they are transplants to the Seattle area. All the more reason for our parish to offer opportunities for married couples to connect with others who are in the same boat and to build community in the process!

Married couples of any age are welcome.

### **MARK YOUR CALENDAR NOW!**

**Saturday, April 6, 2019**

**Saturday, May 18, 2019**

**Saturday, July 13, 2019**

*(barbecue in the courtyard, weather permitting)*

**Saturday, September 28, 2019**

**Saturday, November 9, 2019**

Pastoral Outreach Center - 907 Columbia - 6:30 to 8:30 pm

Babysitting provided in the Mother Cabrini Room

**RSVP is required.**

*Information and registration,*

Suzanne Lee, [slee@stjames-cathedral.org](mailto:slee@stjames-cathedral.org) or 206-654-4640

The Office of

# Tenebrae

*a service from light to darkness*

with music sung by the St. James Cathedral Cantorei  
& Men's Chant Choir

Tallis: Lamentations of Jeremiah

Allegri: Miserere mei Deus

Łukaszewski: O vos omnes

Gregorian Chant

**Wednesday, April 17 at 7:30pm**

*Free admission (freewill offering collected)*

*All are welcome to this Holy Week liturgy*

MUSIC AT

**ST. JAMES** CATHEDRAL

804 9TH AVENUE, SEATTLE | 206-382-4874

[www.stjames-cathedral.org/music](http://www.stjames-cathedral.org/music)

[musicoffice@stjames-cathedral.org](mailto:musicoffice@stjames-cathedral.org)

LET JUSTICE ROLL DOWN LIKE WATERS,  
AND RIGHTEOUSNESS LIKE AN  
EVER-FLOWING STREAM.

AMOS 5:24

# TRE ORE

GOOD FRIDAY

April 19

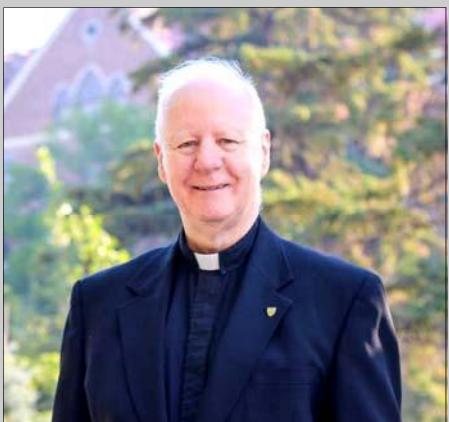
NOON—3

St. James Cathedral observes the traditional Good Friday devotion of TRE ORE (“Three Hours”) with music and homilies focused on the words of Christ from the cross.

This year, Father Stephen Rowan will offer meditations on the Seven Last Words of Christ.

Father Michael G. Ryan will preside. Jubilate! Young Women’s Ensemble, with Cathedral Chamber Orchestra, will present Pergolesi’s matchless *Stabat Mater*.

*A free-will offering will be taken during the service.*



Rev. Stephen C. Rowan, Ph.D., a priest of the Archdiocese of Seattle, has served as a teacher of English and a college administrator at several institutions since 1970. He has served the Archdiocese of Seattle as Vicar for Education and Superintendent for Catholic Schools, Vicar General, and founding Chair of the Fulcrum Foundation.

Fr. Rowan has authored several books and articles and has presented at numerous conferences, retreats and convocations. He is presently living in Silverton, Oregon and teaching at Mount Angel Seminary.

## Pregnancy and Parenting Support *Building a Strong Foundation*

# Annual "Breakfast for Life" Fundraiser!

WHAT: Breakfast, fellowship, learn about our program, and door prizes!

WHEN: Saturday, April 13. Doors open at 8:30am and our program will start at 9:30am

WHERE: St. Edward Parish Hall, 4212 S. Mead St., Seattle 98118

DOOR PRIZES: First ticket is free. Suggested \$5 donation for extra tickets



Unable to join us?

Please contact [Julisaa@ccsww.org](mailto:Julisaa@ccsww.org) for questions

You can still support us by donating to:

Pregnancy and Parenting Support 100 23rd Avenue

South Seattle, WA 98144

Or by going online <http://bit.ly/2lXQvCf>