



ST. JAMES CATHEDRAL  
P E N T E C O S T  
May 15, 2016



A  
FUTURE  
FULL OF

THE  
GOAL

## Annual CATHOLIC Appeal

Once again, it's time for the Annual Catholic Appeal. This important Appeal gives us the opportunity to support the work of the wider church in Western Washington—the work of Catholic Community Services, the education of seminarians, support of retired priests and women religious, the work of Catholic Community Services and our network of Catholic Schools, and so much more.

And there's an added reason to be generous. Every dollar that comes in over and above the **\$352,297** goal set for us by the Archbishop will come back to the parish in the form of a rebate. And we need the rebate! **This year, the rebate will help support our ministries for young people—Youth Ministry, Youth Music, and Children's Faith Formation.**

### Annual Catholic Appeal 2016 WEEK FOUR

Archdiocesan Goal.....	\$352,297
Rebate Goal.....	\$200,000
<b>Combined Parish/Archdiocesan Goal.....</b>	<b>\$552,297</b>
<b>% of goal reached .....</b>	<b>65%</b>
<b>SHORTFALL.....</b>	<b>\$191,865</b>
<b>% participation (2,450 households).....</b>	<b>20%</b>

**We have now met our Archdiocesan goal but we still have a long way to go to reach our parish goal. At this point, every gift to the Appeal will come back to the parish in the form of a rebate!** If you haven't brought your envelope from home, envelopes are available in the pews in front of you. Please fill one out and drop it in the offering basket TODAY. Thank you for your generosity!

DONATE NOW



Annual  
CATHOLIC  
Appeal 2016



[www.seattlearchdiocese.org/donate](http://www.seattlearchdiocese.org/donate)

ORDER OF CELEBRATION FOR

# *The Solemnity of Pentecost*

## THE INTRODUCTORY RITES

PRELUDE

*Come, Holy Spirit, Lord God*, BWV 651

Bach

(Noon)

*Veni Creator Spiritus*

de Grigny

ENTRANCE

*The Spirit of our God*

LASST UNS ERFREUEN



*Antiphon:* The Spir - it of our God and King Has filled the world;  
*Psalm 68:1.* Let God a - rise and scat - ter those Who hate his ways  
2. But let the right - eous shout with glee, Let them ex - ult  
3. God helps the or - phans, wi - dows, lone; He gives the de -  
*Antiphon:* The Spir - it of our God and King Has filled the world;

let voi - ces ring: Al - le - lu - ia! Al - le - lu - ia!  
and loathe his laws. Al - le - lu - ia! Al - le - lu - ia!  
ex - ceed - ing - ly. Al - le - lu - ia! Al - le - lu - ia!  
so - late a home. Al - le - lu - ia! Al - le - lu - ia!  
let voi - ces ring: Al - le - lu - ia! Al - le - lu - ia!

He fills all things made by our God, Knows ev - 'ry lan -  
As fire melts wax and smoke re - cedes, They per - ish when  
Let your me - lo - dious mu - sic ring; Re - joice in Yah -  
The pri - son - ers are tru - ly freed; God leads them to  
He fills all things made by our God, Knows ev - 'ry lan -

guage, ev - 'ry thought. Al - le - lu - ia! Al - le - lu - ia!  
they see God's face. Al - le - lu - ia! Al - le - lu - ia!  
weh, dance, and sing! Al - le - lu - ia! Al - le - lu - ia!  
pros - per - i - ty. Al - le - lu - ia! Al - le - lu - ia!  
guage, ev - 'ry thought. Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

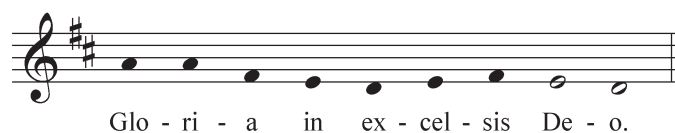
RITE OF SPRINKLING WITH BAPTISMAL WATER

*Vidi aquam*

Schubert

I saw water flowing from the temple: **Alleluia, Alleluia!**

All who came to the water were saved and proclaimed: **Alleluia, Alleluia!**



OPENING PRAYER (COLLECT)

THE LITURGY OF THE WORD

FIRST READING

Acts 2:1-11

RESPONSORIAL PSALM

Psalm 104

Proulx



SECOND READING

I Corinthians 12:3b-7, 12-13

SEQUENCE Please remain seated

chant, *Veni Sancte Spiritus*

Come, thou Holy Spirit, come!

And from thy celestial home

Shed a ray of light divine!

Come, thou Father of the poor!

Come, thou source of all our store!

Come, within our bosoms shine!

Thou, of comforters the best;

Thou the soul's most welcome guest;

Sweet refreshment here below;

In our labor, rest most sweet;

Grateful coolness in the heat;

Solace in the midst of woe.

O most blessed light divine,

Shine within these hearts of thine,

And our inmost being fill!

Where thou art not, we have naught,

Nothing good in deed or thought,

Nothing free from taint of ill.

Heal our wounds, our strength renew;

On our dryness pour thy dew;

Wash the stains of guilt away:

Bend the stubborn heart and will;

Melt the frozen, warm the chill;

Guide the steps that go astray.

On the faithful, who adore

And confess thee, evermore

In thy sevenfold gift descend.

Give them virtue's sure reward;

Give them thy salvation, Lord;

Give them joys that never end.

Amen. Alleuia!

ALLELUIA

Murray



GOSPEL

John 20:19-23

HOMILY

PROFESSION OF FAITH    *chanted on one tone*

(Sunday Evening)

*chant, Jubilate Deo*

*Presider*    *Credo in unum Deum,*  
*Choir*       *Patrem omnipotentem factorem cæli et terræ,*  
                 *visibilium omnium et invisibilium.*

ALL

Et in u - num Do - mi - num Je - sum Chri - stum,  
Fi - li - um De - i u - ni - ge - ni - tum.

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things  
visible and invisible.**

**I believe  
in one Lord Jesus Christ,  
the Only Begotten  
Son of God,**

*Choir*       *Et ex Patre natum ante omnia sæcula.*

ALL

De - um de De - o, lu - men de lú - mi - ne,  
De - um ve - rum de De - o ve - ro.

**born of the Father  
before all ages.**

**God from God,  
Light from Light,  
true God from true God,**

*Choir*       *Genitum, non factum, consubstantialem Patri:*  
                 *per quem omnia facta sunt.*

ALL

Qui pro - pter nos hó - mi - nes et prop - ter no - stram  
sa - lú - tem de - scén - dit de cæ - lis.

**begotten, not made,  
consubstantial with the Father;  
through him  
all things were made.**

**For us men  
and for our salvation  
he came down from heaven,**

*All bow at the words of incarnation, sung by the Choir:*

*Choir*       *Et incarnatus est de Spiritu Sancto ex Maria Virgine,*  
                 *et homo factus est.*

ALL

Cru - ci - fí - xus é - ti - am pro no - bis  
sub Pón - ti - o Pi - lá - to; pas - sus et se - púl - tus est.

**and by the Holy Spirit  
was incarnate of the Virgin  
Mary, and became man.**

**For our sake he was crucified  
under Pontius Pilate,  
he suffered death  
and was buried,**

*Choir*       *Et resurrexit tertia die, secundum Scripturas.*

**and rose again on the third day  
in accordance  
with the Scriptures.**

ALL



**He ascended into heaven  
and is seated at the right hand  
of the Father.**



**He will come again in glory  
to judge the living and the dead  
and his kingdom  
will have no end.**

Choir

Et iterum venturus est cum gloria,  
iudicare vivos et mortuos, cuius regni non erit finis.

ALL



**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds  
from the Father and the Son,**



**who with the Father  
and the Son  
is adored and glorified,  
who has spoken  
through the prophets.**

Choir

Qui cum Patre et Filio simul adoratur et conglorificatur:  
qui locutus est per prophetas.

ALL



**I believe in one, holy,  
catholic and apostolic Church.**



**I confess one Baptism  
for the forgiveness of sins**

Choir

Confiteor unum Baptisma in remissionem peccatorum.

ALL



**and I look forward  
to the resurrection of the dead**

Choir

Et vitam venturi sæculi.

**and the life  
of the world to come.**

ALL



**Amen.**

## PRAYER OF THE FAITHFUL

Berthier



# THE LITURGY OF THE EUCHARIST

## PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

*Come down, O love divine*

Harris

## SANCTUS

*Compostela Mass*

Holst, adapt. Ryan

Ho - ly, Ho - ly, Ho - ly Lord God of Hosts,  
heav'n and earth are full of your glo - - - ry.  
Ho - san - na in the high - est, ho - san - na in the high - est.  
Blest is he who comes in the name of the Lord.  
Ho - san - na, ho - san - na in the high - - - est.

## MYSTERY OF FAITH

Holst, adapt. Ryan

Save us, Sa - vior of the world, for by your cross and re - sur -  
rec - tion you have set us free, you have set us free.

## AMEN

Holst, adapt. Ryan

A - men, a - men, a - - - men.

## LORD'S PRAYER No. 246

## AGNUS DEI

*Missa de angelis*

Vatican VIII

R. 1, 2: have mer - cy on us.

R. 3: give us your peace.

# COMMUNION

Suddenly, a sound came from heaven like the rush of a mighty wind,  
in all the place where they were sitting, alleluia; and they were all filled  
with the Holy spirit, and announced the great things God had done, alleluia, alleluia.

Mode VII

(10:00)

*Draw us in the Spirit's tether*

Friedell

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**.

Low-gluten hosts are distributed at the credence table near the presider's chair.

# HYMN OF PRAISE

*O Christ the great foundation*

AURELIA



1. O Christ the great foun - da - tion On which your peo - ple stand
2. Bap - tized in one con - fes - sion, One church in all the earth,
3. Where ty - rants' hold is tight - ened, Where strong de - vour the weak,
4. This is the mo - ment glo - rious When he who once was dead



To preach your true sal - va - tion In ev - 'ry age and land:  
We bear our Lord's im - pres - sion, The sign of sec - ond birth;  
Where in - no - cents are fright - ened The right-eous fear to speak,  
Shall lead his church vic - to - rious, Their cham-pion and their head.



Pour out your ho - ly Spir - it To make us strong and pure,  
One ho - ly peo - ple gath - ered In love be - yond our own,  
There let your church a - wak - ing At - tack the pow'rs of sin  
The Lord of all cre - a - tion His heav'n - ly king-dom brings



To keep the faith un - bro - ken As long as worlds en - dure.  
By grace we were in - vit - ed, By grace we make you known.  
And, all their ram-parts break - ing, With you the vic - tory win.  
The fi - nal con - sum - ma - tion, The glo - ry of all things.

# ANTIPHON IN HONOR OF THE BLESSED VIRGIN MARY (10:00, Sunday Evening)

(10:00)

*Bogoroditse Devo*

Rachmaninoff

(Noon)

*Ave Maria*

Dupré

(Sunday evening)

*Regina cæli jubila*

Prætorious

# PROCESSION (Saturday and 8:00)

*Veni Creator Spiritus*

Duruflé

(10:00)

"Sortie" from *Mass for Pentecost*

Messiaen

(Noon)

*Veni Creator Spiritus*

deGrigny



# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Peter Burns, Ward Johnson, John Marquez, sacristans (206-654-4646)

### MUSIC MINISTRY (206-382-4874)

Dr. Paul A. Thornock, Director of Music

Joseph Adam, Associate Director of Music & Organist

Stacey Sunde, Director of Youth Music

### SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)

Patrick Barredo, incoming Director

Tom Frasene, Outreach Ministries, Young Adults (206-382-4235)

Teddi Callahan, Carol DeMatteis, David Grech,  
Cathedral Kitchen (206-264-2091)

### MENTAL HEALTH and WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Patrick Suhrbier, Immigrant Legal Services

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Keith Emry, Alan Frasher, Melina McCombs, Steve Raab

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANointing of the SICK** A communal celebration is held twice yearly. In other situations (anticipated surgery, emergency) please call the parish office.

**FUNERALS** for parishioners, please contact Suzanne Lee, Family Ministry, 206-654-4640.

**CONTEMPLATIVE ECUMENICAL PRAYER**, First Fridays, 6:30 pm

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

**W**ELCOME! If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city. For more information about the parish, to register, or to ask a question, visit our **Sunday Help Desk at Coffee Hour**. A Cathedral staff person will be on hand to assist you.

**COVER ART** Icon of the Descent of the Holy Spirit. Joan Brand-Landkamer, Cathedral iconographer.

**CHILDREN'S PENTECOST PROCESSION** at the beginning of the Noon Mass. Meet in the West Vestibule at 11:50am. Parents, please accompany very young children.

**JOB OPENING: ASSISTANT SACRISTAN** St. James Cathedral has an opening for a part time (30-35 hours/week) Assistant Sacristan. To receive a job description and details, interested applicants should download the Seattle Archdiocesan Job Application at: <http://www.seattlearchdiocese.org/Archdiocese/HR/Documents/EmploymentApplication.pdf> and send it with a resume, via e-mail, to Corinna Laughlin, [claughlin@stjames-cathedral.org](mailto:claughlin@stjames-cathedral.org).

**YEAR OF MERCY** We welcome all pilgrims to St. James Cathedral during this Year of Mercy. Whether you are a visitor or a regular at St. James, you can walk through the Holy Doors of Mercy, the four bronze doors at the Cathedral's west entrance. The center doors are opened before and after each Mass. A self-guided pilgrimage of prayer, *The Way of Mercy*, is available as well—pick up a flyer just inside the Holy Doors.

**CATHEDRAL MOTHERS GROUP** Becoming a parent brings big changes to every facet of a woman's life. Marriage, work, sleep, emotional and physical well-being are all affected. This is a time when women need the support of the whole community, yet many young mothers live far away from their extended families and wise elders. Our new Cathedral Mothers Group, facilitated by child and family counselor, Ansebe Bicofer-Smit, MA, LMHCA, meets every Monday from 10:30 to Noon in the Mother Cabrini Room of the Pastoral Outreach Center. Bring your young children and check it out. *Information*, Suzanne Lee, [slee@stjames-cathedral.org](mailto:slee@stjames-cathedral.org) or 206-654-4640.

**CONFRONTING PORNOGRAPHY SUPPORT GROUP** St. James holds an anonymous support group to overcome habits of porn use on Tuesdays, 8-10 pm in Cathedral Place (803 Terry Ave). All are welcome. *Information*, Tom Frasene, [tfrasene@stjames-cathedral.org](mailto:tfrasene@stjames-cathedral.org).

**PARISH REMEMBRANCE** Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parish of Holy Spirit in Kent and St. Brendan in Bothell.

**NEW! A VISUAL ARTS DAY CAMP FOR YOUTH**

**ENTERING GRADES 7 THROUGH 12** As a participant in the Art of Faith camp you will: learn about the history, science and making of stained glass; study the stained glass of the Cathedral; visit several stained glass installations; and make your own small stained glass piece. *Information*, Brenda Bellamy, 206-274-3108 or bbellamy@stjames-cathedral.org.

**YOUTH MUSIC CHOIR CAMP** August 8-14, St. James Cathedral presents its annual youth music choir camp where children have opportunities to sing, laugh, and play in a beautiful and welcoming environment. Each day, choristers will learn music both ancient and modern, pray together in Morning Prayer, serve the community alongside other campers, and have fun. *Information*, www.stjames-cathedral.org/music.

**SENIOR TEA** On Thursday, June 2, at 4:00pm, Father Ryan and the Cathedral staff will host a tea for our senior parishioners. Invitations have gone out to all our parishioners who are in their eighties and nineties. If you would like to come, but did not receive an invitation, you are still most welcome! RSVP to Maria Laughlin, 206-382-4284 or mlaughlin@stjames-cathedral.org.

**IMMIGRATION ADVOCATES GATHERING** Join us on Wednesday evening, May 25 to discuss examples of what to say when you encounter anti-immigrant rhetoric. Open to anyone interested in supporting justice for immigrants and refugees at home and abroad. No need to RSVP. Bring a friend or two. We will be meeting in the Pastoral Outreach Center from 6:30–7:30pm (note time change!). *Information*, Chris Koehler, 206-382-4511 or ckoehler@stjames-cathedral.org.

**REPORT FROM ST VINCENT DE PAUL** Your SVdP donations allowed our Cathedral Vincentians to make 225 home visits during the first four months of 2016 and help 306 low (or no) income residents of St James Parish who struggle to pay for life's necessities, such as rent, electricity, beds, food, clothes and basic hygiene products. That's an average of 56 home visits and 77 people helped per month. Even more parish residents seek our assistance, but we need more volunteers and more money to help them. Please help us, if you can—thank you! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

**HOST A STUDENT FROM NPH THIS FALL!** Bring NPH to your home – and welcome one of our youth leaders into your family! The NPH International Seattle Institute, which works to prepare our Pequeños for lives of service leadership, is seeking host families for the 2016-17 academic year (September 2016 –June 2017). Each fall we welcome 6 young leaders from NPH to Seattle for a year of English study and leadership development. Students enroll in a full time immersion program at Seattle Central Community College and participate in other activities including seminars, retreats, mentoring relationships, and service opportunities. If you live in or around Seattle and are interested in hosting one of our students (ages 21-28) or would like to learn more, please contact Kara King at kara.king@nph.org.

*Opportunities to Serve*

*Do you long to get more involved in the Cathedral parish and find ways to meet fellow parishioners and form community here? The best way to do that is by getting involved in one of our many ministries! Here are some current opportunities.*

**BUILD COMMUNITY AT ST. JAMES AT COFFEE HOUR!** Do you have a passion for hospitality? If so, St. James is looking for more Coffee Hour volunteers! We need helping hands to help serve muffins and coffee 9am-10am and 1pm-2:30pm. *Information*, Tom Frasene, tfrasene@stjames-cathedral.org.

**VAN DRIVERS URGENTLY NEEDED** Our Sunday van ministry is an important outreach to senior parishioners who would not be able to get to 10:00am Mass on Sunday if it weren't for our drivers. The commitment is for one Sunday a month and we have several openings. We're also looking for people who might be willing to be trained in order to substitute when needed. **Right now we are short a driver on the 1st, 3rd, and 5th Sundays of the month.** All training provided; background check required. *Information*, Maria Laughlin, mlaughlin@stjames-cathedral.org or 206-382-4284.

**SHARE YOUR LOVE OF GOD AND THE CHURCH WITH THE CHILDREN OF ST JAMES.** Children's Faith Formation (Preschool – Grade 8) is in need of catechists (age 21 and older) and catechist assistants (age 14 and older) for the 2016-2017 school year. Training, materials and ongoing support provided. *Information*, Brenda Bellamy, 206-274-3108, bbellamy@stjames-cathedral.org .

**CONTEMPLATIVE ECUMENICAL PRAYER WITH MUSIC FROM TAIZÉ** Our next ecumenical prayer with music from Taizé will be Friday, June 3 at 6:30pm in the Cathedral. This prayer now takes place on the first Friday of each month, rather than weekly. Please mark your calendar and come share in this beautiful ecumenical evening prayer.

**POPE FRANCIS' AMORIS LAETITIA NOW AVAILABLE** Pope Francis' recent Apostolic Exhortation on the family is available in the Cathedral Bookstore. Stop by to purchase a copy in order to read and study this important document. "No family drops down from heaven perfectly formed; families need constantly to grow and mature in the ability to love."

*Sacred Steps*

Sacramental Celebrations at St. James

**REST IN PEACE** Please pray for the repose of the soul of *Father Peter Chirico, SS*. All are welcome to the Memorial Mass for Father Peter in the Cathedral, Wednesday, May 25 at 5:30pm.

## YOUTH MINISTRY

**YOUTH NIGHTS** Sunday evenings from 6:30–8:30pm in the Pastoral Outreach Center. Open to 8th–12th grade students. Please join us for prayer, catechesis, and lively activities designed to integrate faith into everyday life. This week, we will welcome junior high visitors from a neighboring parish. Please join us as we model comprehensive youth ministry for a developing program.

**WORLD YOUTH DAY STOCK** – St. James is sending 10 pilgrims to Poland this summer to worship with Pope Francis and two million Catholic young people. You can become part of this once-in-a-lifetime pilgrimage by purchasing shares of stock in the trip. Our goal is to sell 500 shares. Currently, 271 shares have been purchased, leaving a balance of 229. Checks can be made payable to “St. James Cathedral” and mailed, Attn. Joe Cotton, to 804 9th Ave Seattle, WA 98104. Credit donations can be made on the cathedral website. Please write “World Youth Day” in the Special Note field.

**SUMMER MISSION TRIP: YOUTH MIGRANT PROJECT** Join with youth from St. Anne and St. Mary as we spend a full week serving migrant families in the Skagit Valley. The trip will occur July 3 – 8, 2016. Please contact Joe for a registration packet.

**QUESTIONS?** Joe Cotton, 206-264-2082, [jcotton@stjames-cathedral.org](mailto:jcotton@stjames-cathedral.org)

## YOUNG ADULT MINISTRY

*For parishioners in their 20s and 30s*

**TONIGHT! 3RD SUNDAY SOCIAL AND MARY CELEBRATION** Join your fellow young adults for some wine and cheese after the 5:30pm Mass in the Rectory Parlors, just across the courtyard from southern entrance. Because May is the Mary’s month, we’ll celebrate Our Lady in a special way!

**SERVE DINNER AT RECOVERY CAFE** Our May service event will be at the amazing Recovery Café’s Open Mic Night! On Saturday, May 21st, we need helping hands to cook and serve dinner for this fun evening for Café members and volunteers alike. Serving is from 3:30pm to 7:30pm. RSVP to Tom.

**SOFTBALL SEASON COMING UP!** The young adults of St. James will field an all-skill-levels, co-ed softball league this spring! Registration will be \$30 per person for an 8-game season plus a post-season tournament. To register, email Tom.

**DISCERNMENT RETREAT** Save the date for Friday, June 3! We’ll have our usual first Friday Taizé prayer service followed by a simple supper. After that, Theresa Lukasik from the Ignatian Spirituality Center will lead us in an evening of reflection on discernment in everyday life. We’ll conclude late into the evening, around 11:30pm. To register, email Tom.

*Information, Tom Frasene,*  
[tfrasene@stjames-cathedral.org](mailto:tfrasene@stjames-cathedral.org)

## *A guide to Sunday parking at the Cathedral*

*We know that parking in this area is at a premium and we do our best to make it available to you.  
In consideration of our neighbors, please note these important Do’s and Don’ts!*

### **PLEASE DO** park:

- In the O’Dea High School lot.
- In the Cabrini Tower Garage on Marion Street across from O’Dea High School for the Saturday 5:30 pm Mass and all Sunday Masses. *The Cathedral pays for parking (and for official traffic officers from the Seattle Police Department) during these times, and you are encouraged to take advantage of it.*  
*Did you know that there is also parking underground at Cabrini Garage? Dozens of spots sit empty every weekend. Try it if you arrive late.*
- In the P-1 parking lot under the Chancery building at 9th and Marion.
- In the Cherry and Terry Parking lot, *only* in spaces **1-22**.

### **Please DO NOT** park:

- In any parking spot blocked with an orange cone.
- In the Cherry and Terry Parking lot, spaces 23-40 (the south side of the L shaped lot). *These are clearly marked with signs; we do appreciate your not parking there.*
- In the lot adjacent to the Envoy Apartments on 9th Avenue, directly across from the Cathedral.
- In the Blood Bank parking lot at the corner of Terry and Columbia.
- In the Frye Museum parking lots on Terry Avenue.
- In the parking places at the Pastoral Outreach Center, 907 Columbia Street.
- In the spaces on Terry Avenue reserved for loading and unloading of the parish vans.

Saint James Cathedral Mental Health & Wellness Ministry presents  
**THE OPIATE EPIDEMIC IN OUR COMMUNITY**  
**WHAT FAMILIES NEED TO KNOW**

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Our communities are struggling with prescription opiate misuse addiction.

Please join us to hear from prevention and treatment experts, people in recovery, and from a mother for whom the epidemic hit home.

**LEARN:**

- The facts about the disease of addiction, current trends in our culture and community, options for treatment, and the realities for recovery
- How prescription drug abuse and opioid addiction can lead to accidental death
- How the illness and deaths affects all members of our community
- How community prevention is a vital component of the solution

Melissa Weiksnar, Writer, Speaker, Advocate – Author of Heroin's Puppet  
<http://www.cruxnow.com/life/2015/11/13/losing-amy-a-call-to-action/>

Mark Jabbusch, MD, Family Practice Physician

Micheline Lubin, MD, Associate Medical Examiner, King County

Ruby Takushi, Ph.D. Director of Programs, Recovery Cafe

**SUNDAY MAY 15 1:30– 3:30 PM**

**ISAAC ORR CONFERENCE CENTER, CHANCERY PLACE BUILDING, 910 MARION STREET**

**Free parking in Cabrini Medical Center Garage at Marion & Boren**

Info: Nancy Granger [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org)



St. James Cathedral Care for Creation Committee

invites you to:

# Show Mercy for Our Common Home

Environmental Fair | Sunday May 22 | 11am-2pm | Cathedral Hall

804 9<sup>th</sup> Avenue, Seattle, WA

In the spirit of Pope Francis' recent encyclical *Laudato Si': On Care for Our Common Home* – where he calls all people of the world to take action for the environment and the poor – we are excited to introduce this event.

**Over 15 organizations**, vendors, and fun activities to help you and your family grow greener. For more information contact Patty Bowman, 206-382-4515, [pbowman@stjames-cathedral.org](mailto:pbowman@stjames-cathedral.org).



“Living our vocation to be protectors of God’s handiwork is essential to a life of virtue; it is not an optional or a secondary aspect of our Christian experience.”

Pope Francis



# THANK YOU, WINTER SHELTER VOLUNTEERS!



*"Lord, when did we see you hungry and feed you, or see you thirsty and give you drink? When did we welcome you or clothe you?" The King will answer them: "I assure you, as often as you did it for the least of my brothers and sisters, you did it for me." Matthew 25:37-40*

St. James Cathedral has hosted guests from St. Martin de Porres Shelter during the winter months for 24 years. This allows the St. Martin's to expand its ministry to men 50-years and older experiencing homelessness. Our winter shelter season has come to a successful conclusion! Thank you to all who contributed to this endeavor—the volunteers, the hygiene product donors, and those who prayed for the guests and shelter. Here is a look at the shelter season by the numbers:

1,508	The number of bed-nights provided for our guests from St. Martin de Porres Shelter. Guests are provided with a late-night snack, hygiene products, and a safe and warm place to sleep.
1,508	The number of warm and nourishing breakfasts provided to our guests in the morning. Volunteers purchase all the ingredients and arrive at St. James Cathedral at 5:45am to prepare the meal.
82	The number of overnight hosts, breakfast hosts, hygiene kit organizers, and one fantastic scheduler who all volunteer their time to make this shelter possible.
3,042	A low-end estimate of the number of hours our volunteers contributed.
0	The number of nights cancelled thanks to heroic efforts by our volunteers who stepped up at the last minute to fill a shift.

**Questions? Want to be involved next season?**

**Contact Tom Frasene, [tfrasene@stjames-cathedral.org](mailto:tfrasene@stjames-cathedral.org), 206-382-4235**