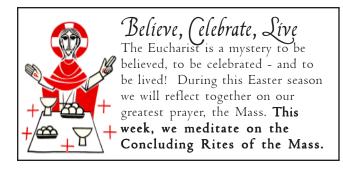


"The angel showed me the holy city Jerusalem..."

Detail of the Tympanum of the Ceremonial Bronze Doors, St. James Cathedral

Ulrich Henn, artist

ST. JAMES CATHEDRAL
The Sixth Sunday of Easter
May 9, 2010



ORDER OF CELEBRATION FOR THE SIXTH SUNDAY OF EASTER

God, who gathers us together to celebrate the Eucharist, also sends us forth to bring the good news to a waiting world

Out of respect for the liturgy, PLEASE TURN OFF ALL CELLULAR PHONES.

CELEBRATION OF THE SACRAMENT OF CONFIRMATION (Saturday 5:30pm)

The Most Reverend Joseph Tyson, Auxiliary Bishop of Seattle, Presider

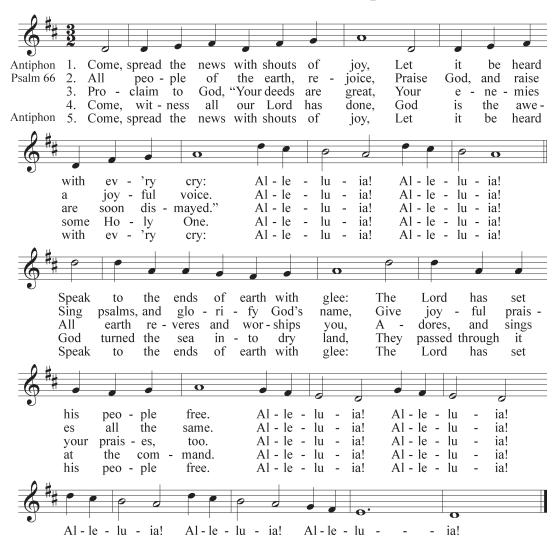
PRELUDE (8:00 & 10:00) (Noon) "Allegro" from *Trio Sonata No. 5 in C*, BWV 529 "Prière á Notre Dame" from *Suite gothique*

Bach Boëllmann

INTROIT FOR EASTER VI

Vocem incanditatis / Come, spread the news

LASST UNS ERFREUEN



RENEWAL OF BAPTISMAL PROMISES (Saturday 5:30pm) All respond: I do.

SPRINKLING RITE

Vidi aquam

Schubert, adapted



GLORIA LAUDA ANIMA

Glory be to God in heaven, Songs of joy and peace we bring; Thankful hearts and voices raising, To creation's Lord we sing: Lord, we thank you, Lord, we bless you, Glory be to God our king. Lamb of God who on your shoulders Bore the load of this world's sin; Only Son of God the Father, You have brought us peace within: Lord, have mercy, Christ, have mercy, Now your glorious reign begin.

You, O Son of God, are holy, You we praise with one accord; None in heav'n or earth is like you, Only you are Christ the Lord, With the Father, and the Spirit, Ever worshiped and adored.

(Text by Edwin LeGrice)

(Sunday Evening) No. 341

Missa de angelis

Vatican VIII

LITURGY OF THE WORD

READINGS [Acts 15:1-2,22-29; Revelation 21:10-14, 22-23; John 14:23-29]

PSALM RESPONSE



ALLELUIA

Palestrina/Monk



PRESENTATION OF THE CANDIDATES FOR CONFIRMATION (Saturday 5:30pm)

HOMILY

Bishop Joseph Tyson (Saturday 5:30pm) Father Michael G. Ryan (all other Masses)

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00)

CRUCIFER

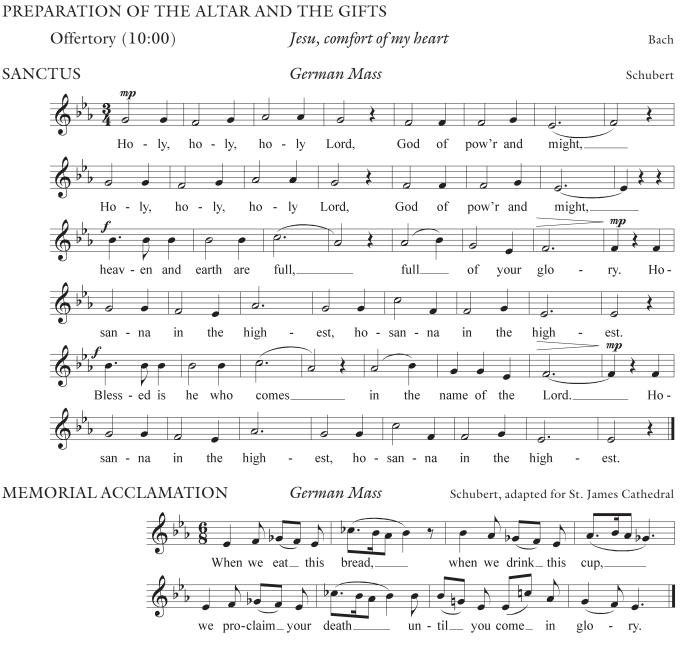
Lift high the cross, the love of Christ proclaim, till all the world adore his sacred name.

THE SACRAMENT OF CONFIRMATION (Saturday 5:30pm)

PRAYER OF CONFIRMATION LAYING ON OF HANDS ANOINTING WITH CHRISM GENERAL INTERCESSIONS



LITURGY OF THE EUCHARIST



AMEN



AGNUS DEI German Mass Schubert





COMMUNION

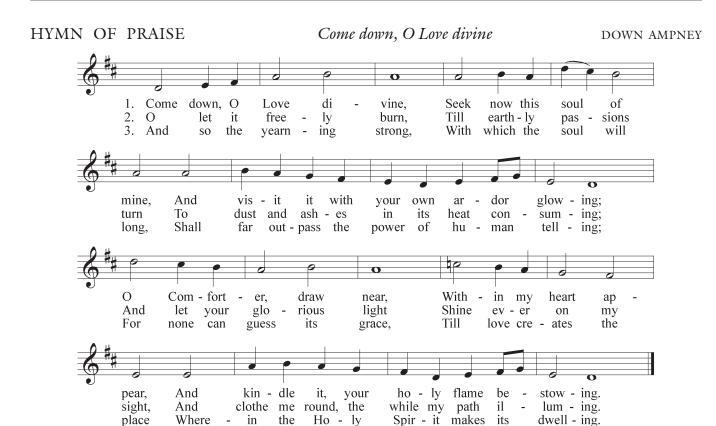
The Holy Spirit will teach you, alleluia; all the things that I have said unto you, alleluia, alleluia.

(10:00)

If ye love me, keep my commandments

Tallis

When you return to your place after receiving Holy Communion, please KNEEL OR BE SEATED. This is the norm for large assemblies in the Archdiocese of Seattle and we thank you for following our practice.



ANTIPHON IN HONOR OF THE BLESSED VIRGIN MARY (10:00 and Sunday Evening) (10:00) Angelus Domini (Ave Maria)

PROCESSION (8:00 & 10:00) (Noon) Prelude and Fugue in C Major, BWV 547 "Toccata" from Suite gothique

Bach Boëllmann

Biebl

PROCESSIONAL ICON OF THE MOTHER AND CHILD. ACKNOWLEDGEMENTS: Gloria from *Five Instant Glorias and a Creed*, copyright © Kevin Mayhew, Ltd. Reprinted under License No. 491231. All rights reserved. Sanctus, Amen, and Agnus Dei from *A German Mass* by Franz Schubert, adapted by Richard Proulx, Psalm Response, and Alleluia copyright © 1986 by GIA Publications, Chicago, IL. Reprinted under OneLicense.net #A706828. All rights reserved. General Intercessions Response and Memorial Acclamation from *Deutsche Messe* by Franz Schubert, adapted for St. James Cathedral. All rights reserved. Introit for Easter VI adapted by Christoph Tietze, copyright © 2004 by World Library Publications. Used with permission. All rights reserved.

ST. JAMES CATHEDRAL

The Most Reverend Alexander J. Brunett, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant The Reverend Thomas Marti, MM

DEACON David Olsen

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson (206-274-3173

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515) Jennifer Ibach (206-654-4640)

Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091) Rachael Ross, Administrative Assistant (206-903-4629)

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996) Stephen Pace, Bryan Long, Brenda Bellamy, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music Joseph Adam, Organist (206-382-4597) Dr. Clint Kraus, Associate Organist; Director of Youth Music

Stacey Sunde, Music Assistant

Ian Newhall, Coordinator of Special Projects

FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)
TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)

Lita McBride, Children's Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director

Glenda Caldwell, ESL Specialist

Jim Hodges, Citizenship Cecilia Erin Walsh, ESL Coordinator

Lupita Gonzalez, ESL Coordinator

Mali Main, Development Assistant STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Kay Kaiser, Executive Assistant (206-654-4650) Sister Mary Slater, SNJM, Bookkeeper (206-382-4564) Linda Carr, Office Manager (206-622-3559 x3979)

Marilyn Maddeford, Receptionist (206-622-3559)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)

Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

8 - 10 - 12 & 5:30 pm 8:15 & 5:30 pm 8:15 & "Vigil" 5:30 pm Sundays Weekdays Saturdays

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held regularly In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104 Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

ELCOME! If you are a visitor to the Cathedral, we want you to know how welcome you are - whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.

FLOWERS IN THE CATHEDRAL are from Jim Fliflet to honor all mothers, especially in memory of Katherine Fliflet.

GUEST CHOIR Saturday 5:30 We welcome the handbell choir from Forest Ridge School of the Sacred Heart directed by Ron Mallory.

CABRINI MINISTRY TRAINING If your spiritual journey is leading you to grow deeper in faith and to become more active in ministry, and you desire training and guidance...Cabrini Ministry Training is just for you! CMT has been training lay ministers in the Catholic tradition for the last 19 years. CMT does this by providing training, guidance and ministerial support to those lay people who feel the special call to develop their skills and deepen their faith in service to God's people. Our training is available in English and Spanish. Plan to attend an Information Meeting on Monday, May 10 from 7 – 8:30 pm at St. James Cathedral Place or May 14 at St. Madeleine Sophie (same time). Please RSVP (or for more information) to Tom Curran at 206-760-0583 or tomcurran@cabriniministry.org.

THE NEXT SENIOR TRIP will be Wednesday, May 12. We will visit both the Washington State History Museum and the Museum of Glass in Tacoma. The search for Sasquatch, folk art treasures, icons of Washington, and, of course, watching artists transform molten glass into art in the Hot Shop will be just a few of the exhibits we'll see. In between we'll lunch at the Renaissance Café. Please join us! Space is limited and priority will be given to registered parishioners. *Information, or to reserve your* place, John Simpson, Pastoral Care Minister, at 206-274-3173 or jsimpson@stjames-cathedral.org.

DETENTION MINISTRY "I was in prison and you visited me." These words of Jesus call us to reach out with compassion to those in detention in our local prisons and jails. Tom Wagner, the Assistant Director of Pastoral Care Services for the Archdiocese, will be speaking on the joys and challenges of detention ministry. Come, learn more, and explore whether you are being called to this important ministry. Thursday, May 13, 7:00 pm, in the Pastoral Outreach Center. Information, Patty Bowman, 206-382-4515, or pbowman@stjamescathedral.org.

PARISH REMEMBRANCE Throughout the year because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of Holy Disciples in Puyallup and St. Yves Mission in Harmony.

SEATTLE PRO MUSICA Friday, May 14, 2010 8:15pm & Saturday, May 15, 2010 8:00pm Cathedral Resident Ensemble, Seattle Pro Musica continues the Song of Songs Festival with choral settings of texts from the Song of Songs from all over the world, including world premieres by Ivan Moody and Karen P. Thomas. *Information* 206-781-2766, www.seattlepromusica.org.

YOUNG ADULTS (21—30-SOMETHING) 3RD SUNDAY Scripture sharing and informal social time will be next Sunday, May 16 starting at 4:00pm. Do you ever wonder how the Sunday readings relate to our everyday lives? Enjoy fellowship from 4:00 to 4:30 followed by guided discussion of the Scripture readings for the day. The discussion will finish in time to attend 5:30 Mass. Young adults over the age of 21, single or married, gather in the Fireside Room of the Pastoral Outreach Center. Newcomers and those not new to the parish are all welcome! *Information* TerryAnn Bowen, 206-382-2018 or youngadults@stjames-cathedral.org.

CANTILENA, A MEDIEVAL SING ALONG Sunday, May 16, 2010 7:00pm Medieval Women's Choir director Margriet Tindemans will direct several settings of texts from the Song of Songs, mostly in Latin. Scores in modern notation will be provided. Space is limited in the beautiful Chapel at St. James Cathedral. *Registration and information* 206-264-4822 or www.medievalwomenschoir.org.

PEOPLE WITHOUT HOMES: FROM AWARENESS TO ACTION Since its inception last year, the St. James Housing Advocacy Committee has worked to increase action within the parish to end homelessness. On Thursday, May 20 we are hosting a presentation by Laura Clark and Rich Gamble at 7pm in Cathedral Hall. Laura will share her experience of living through homelessness and the knowledge she has gained through two decades of work in human services. Rich, a Catholic Community Services employee, will help us learn how our efforts and advocacy can make a difference. Join us as we increase our resolve and deepen our awareness of how to effectively end homelessness in our community. *Information*, Jennifer Ibach 206-654-4640, jibach@stjames-cathedral.org.

MEDIEVAL WOMEN'S CHOIR Saturday, May 22, 2010, 8:00pm The Cathedral Resident Ensemble continues the Song of Songs Festival with medieval settings of texts from the Song of Songs and new settings by Karen P. Thomas and Shira Kammen. Ms. Kammen will be playing medieval fiddle and harp. *Information* 206-264-4822, www.medievalwomenschoir.org.

Bikes for Humanity Seattle is part of an international organization dedicated to shipping bicycles to impoverished areas of the world. Bikes for Humanity will be collecting bikes at St. James Cathedral on Sunday, May 23, for shipment to the KwaZulu-Natal province in South Africa. Your unused bike can help transport villagers from poverty to a better life. Watch the bulletin next week for more details. *Information*, Patty Bowman, 382-4515 or pbowman@stjames-cathedral.org.

Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS to *Dulce Rivera* and *Marcos Talavera*, married in the Cathedral last Saturday, May 2. Please pray for them as they begin their new lives together.

CONGRATULATIONS to the following young children, baptized at the 5:30pm Mass last Saturday evening: Felicia Thérèse Bowens, Juliet Diane Comazzetto, Marcus Lugod Gonzales, Henri David Lydston, Kian Riley Carciller Mallari, Oliver Louis Nath, Stephanie Abigail Buenaventura Punsal, Karen Inhee Elizabeth Shin, Kalix Delgadillo Zambrana, Kirsten Pearl Delgadillo Zambrana, La Paz Delgadillo Zambrana, and Phoenix Delgadillo Zambrana. We welcome with joy these newest members of the family of faith.

CONGRATULATIONS AND GOD'S CONTINUED BLESSINGS on our 23 young parishioners who celebrated their First Holy Communion last Sunday: Maria Elena Acevedo, Isabella Banchero, Paolo Banchero, Kristina Carpio, AJ Cassarino, Alessandra Craig, Jocelyn Daniels, Kaye DeGuzman, Benjamin Ellis, Luke Ellis, Julia Hamilton, Jessica Heston, Jacob Lajoie, Meredith Leahy, Ashley Mah, Christine Mah, Ashley Nguyen, Gregory Pinget, Harrison Russell, Janet Russin, Tyler Sagerson, James Simon and Shenhet Tensaew.

RITES OF ACCEPTANCE AND WELCOME Last weekend we celebrated the Rites of Acceptance/Welcoming for those in our RCIA process who are ready to take the next step towards becoming full members of our Catholic Christian Church. We welcome Scott Bugbee, Richard Buker, Jack Chen, Amy Kilian, Rachel Kortas, Nick Louie, and Henry Mah, who are preparing for baptism and enter the order of catechumens; and our candidates: Francesca Hays, Tara Manikkam, Osmond Montoya, Michael Yoder and Grady Zech who are already baptized and are preparing for Full Communion with us. Many of them will now participate in the ancient tradition of being dismissed after the homily at the 10:00am Mass.

REST IN PEACE Please pray for the repose of the souls of *Jim Impett* and *Mary Ann Stewart*.

POST-TRAUMATIC STRESS DISORDER (PTSD)—BEYOND RETURNING HOME Tuesday, May 25, 7:00pm, Pastoral Outreach Center. Matthew Jakupcak, PhD and Michelle Upham, MSW, Deployment Health Clinic of the VA Puget Sound Health Care System, will discuss the challenges Iraq/Afghanistan veterans face in reintegrating their personal and professional lives following a combat tour. All are welcome. Sponsored by the Health and Healing Ministry.

TAKE ME OUT TO THE BALLGAME! Join us for Cathedral Night at Safeco Field as the Seattle Mariners take on the New York Yankees on Friday, July 9 at 7:10pm. \$16/person (some accessible seating is available-first come, first serve). Reserve your tickets now by completing the order form on our parish website or by picking one up at hospitality following our Sunday morning Masses. *Information*, Theresa Van de Ven, 206-219-5822, tvandeven@stjames-cathedral.org

COFFEE HOUR HOSPITALITY NEEDS YOU! Our Coffee Hour hospitality ministry is in great need of extra hands. We are looking for several outgoing people to help with set-up, serving and clean-up for this very important ministry of hospitality. We especially need help following the 10:00 and the 12:00 masses. It's a lot of fun, and a minimal time commitment. *Information*, Patty Bowman, 382-4515 or pbowman@stjames-cathedral.org.

WORLDWIDE MARRIAGE ENCOUNTER Husbands and wives, how do you find time to build intimacy and excitement in your marriage relationship? The same way we find time for other important things in our life—career, children, and service—we make time. Put your marriage relationship at the TOP of the priority list—make plans now to attend a Worldwide Marriage Encounter Weekend. Upcoming weekends are June 4-6, Tacoma area and June 11-13, Seattle area. Information: John and Martha Ryland (Tacoma), 253-859-9174, jmryland@comcast.net or Rory and Dawn Myers (Seattle), 206-772-2344, seattlewwme@yahoo.com

ST. JAMES CATHEDRAL SCHOLA CANTORUM CHOIR CAMP 2010 August 9-13, and Sunday morning, August 15, open to all young singers grades 4-8, in the Archdiocese of Seattle. This week-long camp, led by some of the region's finest Catholic music educators, offers excellent training in liturgical music. Students learn musical skills, note reading, singing techniques and participate in daily Morning Prayer in the Cathedral. For information and auditions call the Cathedral Music Office at 206-382-4874, or email musicoffice@stjames-cathedral.org.

ART OF THE SONG OF SONGS Now through May 31, the Cathedral Chapel is home to an exhibition by local artists entitled *The Pleasures of the Garden*. The works depict gardens, fruit, flowers, music, light, and shadow – imagery inspired by the Old Testament Song of Songs. Visit www.stjames-cathedral.org/song for more information about the Song of Songs Festival.

FLORAL ARRANGEMENTS AT THE ALTAR Floral offerings are a venerable custom in the Church, and a wonderful way to remember a deceased loved one, celebrate an anniversary, or give thanks for an answered prayer. *Information* Kay Kaiser, 206-654-4650, kkaiser@stjames-cathedral.org.

Parish Pilgrimage to Rome & Southern Italy

Rome | Naples | Sorrento | Amalfi February 17-26, 2011

> with the Cathedral Choir of St. James Father Michael G. Ryan, Pastor Dr. James Savage, Director of Music

Estimated \$3,345 + \$395* tax & fuel surcharge Inclusive per person sharing a twin room, from Seattle *Estimated; subject to increase 30 days prior to departure

Join Father Ryan and the Cathedral Choir of St. James for a 10-day pilgrimage of faith and fellowship to Italy. You'll have the opportunity to attend various liturgies, including Mass on the Feast of the Chair of St. Peter (February 22) in St. Peter's Basilica in Vatican City, sung by the Cathedral Choir. The Choir will also present a concert of Sacred Music at the historic church of St. Ignazio in Rome. Other highlights include an audience with Pope Benedict XVI, and visits to many historic and holy places, including Naples, Pompeii, Capri, and Sorrento.

- Day I Thursday 2/17 Depart Seattle
- Day 2 Friday 2/18 Arrive Rome
- Day 3 Saturday, 2/19 Tour of Ancient Rome; Mass at St. Peter's
- Day 4 Sunday, 2/20 Mass at Basilica of St. Paul-Outside-the-Walls; formal concert for the city of Rome
- Day 5 Monday, 2/21 Mass at the tomb of Blessed John XXIII; tour of Vatican Museums and Sistine Chapel
- Day 6 Tuesday 2/22 Tour of Christian Rome; Feast of the Chair of St. Peter; Gala dinner at Benito Restaurant
- Day 7 Wednesday 2/23 Papal Audience; journey to Naples, Amalfi
- Day 8 Thursday, 2/24 Pompeii, Capri, Sorrento
- Day 9 Friday, 2/25 Amalfi, Cathedral of St. Andrew
- Day 10 Saturday, 2/26 Return to Seattle

So far, thirty-five people have made their deposit. We need 200 pilgrims to make the pilgrimage happen. The deposit deadline has been extended to May 31, 2010. If you are interested in coming, please sign up today!

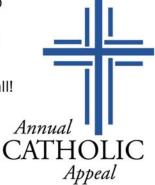
INFORMATION www.stjames-cathedral.org/pilgrimage

A FUTURE FULL OF HOPE



can impact the lives of many people...

If you have not given already, will you choose to help and give generously to support the many ministries and services of the Church in Western Washington? Please consider **a dollar a day**, or an annual gift of \$365.00. We need your support – no gift is too small!



Make an investment – an investment in HOPE.

St. James Cathedral

Results through May 2, 2010

Thank you to all who turned in or mailed in your pledge. As you can see, we still have a long way to go to meet our goal! Please turn in your pledge TODAY and be a part of this important Appeal. You may make a one-time gift or spread your gift out over as many as ten months. Visit www.seattlearch.org/aca for more information.

A New Pentecost

A Novena of Prayer for the Church

May 14-23, 2010

his is not an easy time to be Catholic. With the everwidening abuse crisis, and the serious questioning of Church leadership both in the media and in the Church itself, we are passing through dark days. But this time has also been a clear call to prayer and conversion.

On the local level, too, we find ourselves in a time of change and transition, as Archbishop Brunett prepares to retire after nearly 14 years as our Archbishop, and we await the appointment of a new shepherd for the Archdiocese of Seattle.

Our situation is not that different from the situation the disciples found themselves in, in the days following Jesus' Ascension. They knew Jesus was risen from the dead, but they did not know what that would mean for their lives. He had promised to be close to them, but they could no longer see him, listen to his teaching, or touch his healing hands. And so they gathered in prayer in the upper room, awaiting the promised gift of the Comforter, the Holy Spirit. And nine days later, on Pentecost, the Spirit came, with the sound of a mighty rushing wind, and rested on each of them in tongues of flame.

This year, let us pray for our Church during the nine days leading up to Pentecost (Sunday, May 23). Each day, as we pray the Novena Prayer (pick up a prayer card after Mass today), let us ask God for the gifts of the Holy Spirit: wisdom, understanding, counsel, fortitude, knowledge, reverence, wonder and awe in God's presence.

You can join in the Novena from home by praying the Novena prayer. You can also join in the prayer at Mass on weekdays (8:15am and 5:30pm Mass; 12:10pm Midday Prayer) and weekends. Visit the Cathedral website at www.stjames-cathedral.org for special intentions and reflections for each day. Descriptions of the gifts of the Spirit are adapted from the Catechism of the Catholic Church.

Day 1 Friday, May 14

Let us ask God to renew in our midst the gift of the Spirit. What is your prayer for the Church today? For the world? For yourself? What gifts of the Spirit do we most need?

Day 2 Saturday, May 15

Today, let us ask for the Spirit's gift of wisdom. With the gift of wisdom, we see God at work in our lives and in the world. For the wise person, the wonders of nature, historical events, and the ups and downs of our lives take on deeper meaning. The wise person sees God in everyone and everything.

Day 3 Sunday, May 16

Today, let us ask for the Spirit's gift of understanding. With the gift of understanding, we comprehend how we need to live outpouring of the Spirit's gifts, and the birth of the Church.



The apostles await the gift of the Spirit with Mary, the Mother of Jesus. Stained-glass image, Cathedral Rectory. Presented to Father Ryan by Hans Gottfried von Stockhausen, artist.

as followers of Jesus Christ. A person with understanding is not confused by all the conflicting messages in our culture about the right way to live.

Day 4 Monday, May 17 We pray for the Spirit's gift of **right judgment.** With the gift of right judgment, we know the difference between right and wrong, and we choose to do what is right. A person with right judgment avoids sin and lives out the values taught by Jesus.

Day 5 Tuesday, May 18 We pray for the Spirit's gift of courage. With the gift of courage, we overcome our fear and are willing to take risks as a follower of Jesus Christ. A person with courage is willing to stand up for what is right in the sight of God, even if it means accepting rejection, verbal abuse, or even physical harm and death.

Day 6 Wednesday, May 19 We pray for the Spirit's gift of knowledge. With the gift of knowledge, we understand the meaning of God's Revelation, especially as expressed in the life and words of Jesus Christ. A person with knowledge is always learning more about the

scriptures and tradition.

Day 7 Thursday, May 20

We pray for the Spirit's gift of reverence. With the gift of reverence, sometimes called piety, we have a deep sense of respect for God and the Church. A person with reverence recognizes his or her total reliance on God and comes before God with humility, trust, and love. Piety is the gift whereby we pay worship and duty to God as our Father.

Day 8 Friday, May 21

We pray for the Spirit's gift of wonder and awe in God's presence. With the gift of wonder and awe (also called 'fear of the Lord') we are aware of the glory and majesty of God. We recognize that God is the perfection of all we desire: perfect knowledge, perfect goodness, perfect power, and perfect love. This gift is described by St. Thomas Aguinas as the fear of separating oneself from God. This gift helps us recognize our place relative to God: we are the finite, dependent creatures, and God is the infinite, all-powerful Creator.

Day 9 Saturday, May 22

We conclude our novena by praying for all the gifts of the Holy Spirit.

On PENTECOST, Sunday, May 23, we celebrate the

Believe, Celebrate, Live

#5: SENDING May 9, 2010

The Eucharist is a mystery to be BELIEVED, and CELEBRATED, and LIVED! This Easter season a spoken reflection at each Mass and a series of bulletin inserts will help us explore the Mass more deeply.

Time for Meditation

We have experienced different kinds of silence in the course of the Mass: there are thinking silences and praying silences; solemn silences and reflective silences. This silence after holy communion is a time for adoration and thanksgiving, petition and self-offering. Countless saints have tried to

put into words the richness of this silence in which we give thanks to God for the gift of his Son. St. Ignatius prayed: "Soul of Christ, sanctify me. Body of Christ, heal me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. Good Jesus, hear me."

At St. James Cathedral, we conclude this period of meditation with a Hymn of Praise. Once again, our singing together expresses the fact that we are a community of faith, and at the same time helps us to become one.

Prayer after Communion

The Communion Rite concludes with another prayer. This time, it is not a prayer of thanksgiving; rather, we now ask for the fruits of the Eucharist; we pray that the sacrament may have an effect in our lives. Lord, we pray, may this Eucharist....

Help us bring your love to the world
Give us new purpose
Lead us to share his life forever
Touch our lives and lead us to you
Teach us the way to eternal life
Continue its saving work among us
Keep us single-minded in your service



The inscription in the oculus over the altar is taken from Luke's account of the Last Supper. It is a constant reminder to us that the mystery we celebrate around the altar must be carried out of the Cathedral and into the world.

These prayers, together with the prayers over the gifts we heard just before the Eucharistic Prayer, offer an amazing vision of what the Eucharist can do in our lives and in our communities, if we let it. Sometime, try opening your missal and reading through all the post-communion prayers for the year in sequence. Together, they form a beautiful meditation on the Mass. And you might well be amazed at what we are asking for, Sunday after Sunday!

Greeting and Blessing

The Lord be with you.

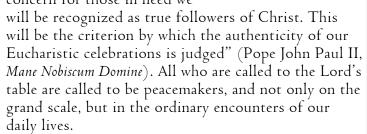
And also with you.

Every time we've heard these words, something important has been about to happen. We heard them at the beginning of Mass; at the beginning of the Gospel; at the beginning of the Eucharistic Prayer. Why do we hear them again now? Isn't this the ending? Not at all! It's the beginning of the next part of the Mass, the part that lasts the longest: the part where we put what we have heard and received into action in our daily lives, the part where we "declare the wonderful deeds of God who has called us out of darkness into wonderful light."

Luke's Gospel concludes with the account of the commissioning of the apostles and Christ's ascension into heaven. "As he blessed them he parted from them and was taken up to heaven. They did him homage and then returned to Jerusalem with great joy" (Luke 24: 51-52). The end of the Mass follows the same pattern. The priest gives the blessing, and we all make the sign of the cross. We are blessed and sent. Indeed, in Latin the words of the dismissal are "Ite, missa est," which literally means, go, you are sent. "The people are now sent forth to carry out the mission of the church, a mission of healing, justice, and proclamation. All liturgy has a social dimension" (Johnson). We accept this commission as a gift, with words of gratitude that

echo our responses elsewhere in the Mass: "Thanks be to God!"

The Mass is our greatest prayer; as Father Driscoll says, the Church "exists to pray it, and she comes into being by praying it." And yet it is what we do outside of Mass which will determine the genuineness of the offering we make at the altar each Sunday. "We cannot delude ourselves: by our mutual love and, in particular, by our concern for those in need we



Procession

In the General Instruction of the Roman Missal, the term "recessional" is never used. Recessional implies that we simply go back where we started. And that's exactly what we don't want to do after our celebration of the Eucharist! We have prayed that the celebration will transform us, and not only us, but the world we live in. And so it's good that we always process: we always go forward. Led by the cross, the ministers go out of the church, and then, the entire assembly joins that procession. We stream out to live the word we have heard, and the sacrament we have received, in a thousand different places and a thousand different ways.



"Rest in peace, holy altar of the Lord.... May the Lord grant me to see you in the assembly of the firstborn which is in heaven."

Reverencing the Iltar

The priest brings up the rear in the procession of the ministers; and before he departs he reverences the altar once again. This time, it is a gesture of farewell. "The farewell kiss looks back to the Eucharist which has just concluded and anticipates the next occasion when the

community will assemble at the table of the Lord" (Johnson). The liturgy of Antioch included a wonderful prayer which the priest would say privately at this moment; and it's one which we can join in, in spirit at least, as we leave the Cathedral each Sunday: "Rest in peace, holy altar of the Lord.... May the Lord grant me to see you in the assembly of the firstborn which is in heaven; in this covenant, I place my trust.... Rest in peace, holy altar, table of life, and beseech our Lord Jesus Christ for me so that I may not cease to think of you henceforth and for ever and ever. Amen."

Corinna Laughlin, Director of Liturgy

For Further Reading

- The Catechism of the Catholic Church (1077-1112)
- Joseph Champlin. The Mystery and Meaning of the Mass
- Lucien Deiss. The Mass
- Jeremy Driscoll, OSB. What Happens at Mass.
- Lawrence J. Johnson. The Mystery of Faith: A Study of the Structural Elements of the Mass
- Cardinal Jean-Marie Lustiger. The Mass

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For Reflection and Discussion

- BELIEVE IT. Why does Mass end the way it does?
- CELEBRATE IT. How do you give thanks after Holy Communion?
- LIVE IT. Does my participation in the Sunday Mass have an effect on my life during the rest of the week? How do I "love and serve the Lord" in my daily life? How do I "go in peace" in my family, my work, my community?





World Religions An Encounter in Seattle II

How do we come to understand and dialogue with others from different faith traditions?

JOIN US FOR TWO SPECIAL EVENINGS OF DIALOGUE AND PRAYER AS WE EXPLORE DIFFERENT FAITH TRADITIONS:

Tuesday, May 11

Muslim and Sufi Ways of Praying and Living

A panel of "ordinary" women and men [persons from Turkey and a Whirling Dervish from the lineage of the famous poet Rumi] who will share experiences of daily life as a Muslim in this society. The goal is to awaken each of us to the faith of Islam as it is practiced by men and women locally so that we can understand and dialogue more compassionately in our communities.

Tuesday, May 18

Visual Journey through Eastern Ways of Praying

Want to see how people pray and seek healing on the island of Bali and beyond? Come on a visual pilgrimage alongside a veteran traveler and teacher who encounter world religions from the inside on a one year pilgrimage in Asia. Meet "holy men", healers and sacred sites for women and men for more than three millennia. Eastern spiritual traditions come alive on this evening of stories and images.

Both evenings are from 7:00-9:00pm in Cathedral Hall and are open to all who are interested. Presenter and convener: Tim Malone, M.Div. (teacher and spiritual director involved in inter-religious dialogue locally and in Asia). Suggested donation: \$5/event. To assist in planning, please RSVP (if you are not already participating in the series) by contacting Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org

At left: Jubilee banner created by Kitty Kavanaugh, inspired by Gustav Klimt

Called to Protect

SAFE ENVIRONMENT TRAINING FOR PARENTS, GUARDIANS, AND FAMILY MEMBERS

Saturday, May 22, 2010 | 10:00am-12:00pm Cathedral Place, Rooms 1EW

We can't be with our children at all times, but we can learn ways to keep them safe when we're not there. You are invited to an educational session, *Called to Protect for Parents, Guardians and Family Members*. The 1 1/2 hour program will teach parents and family members how they can help prevent child sexual abuse. As the session is not designed for young children, we are making babysitting available that morning.

The SAFE ENVIRONMENT PROGRAM is a renewed effort in the Archdiocese of Seattle to eradicate child abuse. These efforts include opportunities to educate clergy, employees, volunteers, parents, youth and children in child abuse prevention.

You'll learn:

- Facts and myths about child sexual abuse;
- · How offenders gain access to children;
- · Warning signs to look for in children, or adults;
- · Actions to take when you notice warning signs.

If you are a parent, guardian grandparent, aunt, uncle, or godparent, we encourage you to attend this session.

To RSVP for the session and for babysitting, contact Elizabeth Falzone, 206-622-3559 x3977 or e-mail efalzone@stjames-cathedral.org.