

St. James Cathedral
The Third Sunday of Advent
December 15, 2019

#### ORDER OF CELEBRATION FOR

# The Third Sunday of Advent

PRELUDE

Suite on the Magnificat

Guilain

LIGHTING OF THE ADVENT WREATH

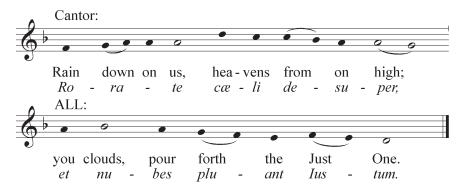
INTROIT FOR THE THIRD SUNDAY OF ADVENT

Gaudete in Domino/Rejoice, again I say rejoice chant, adapt. Stratman



SPRINKLING RITE

Rorate cæli chant, adapt. Stratman



OPENING PRAYER (COLLECT)

# The Liturgy of the Word

FIRST READING Isaiah 35:1-6a

PSALM RESPONSE

Psalm 146

LeBlanc



SECOND READING Romans 13:11-14

ALLELUIA New Plainsong Mass



GOSPEL READING Luke 3:10-18

HOMILY

Father Michael G. Ryan (Sunday Evening)

Father Michael Raschko (all other Masses)

I believe in one God,

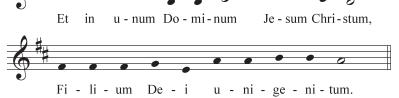
(10:00 and Sunday Evening)

Presider Credo in unum Deum,

**ALL** 

Patrem omnipotentem factorem cæli et terræ, Choir visibilium omnium et invisibilium.

the Father almighty,



de

Et ex Patre natum ante omnia sæcula.

De - um

ALL De-um de De-o,

De - o

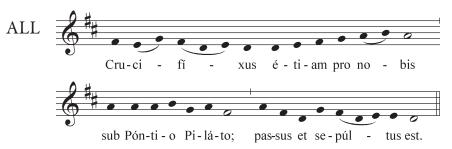
Genitum, non factum, consubstantialem Patri: per quem omnia facta sunt.

ve - rum

Qui pro-pter nos hó - mi - nes et prop-ter no-stram sa - lú - tem de-scén-dit de lis.

All bow at the words of incarnation, sung by the Choir:

Et incarnatus est de Spiritu Sancto ex Maria Virgine, et homo factus est.



Choir Et resurrexit tertia die, secundum Scripturas.

maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light, true God from true God,

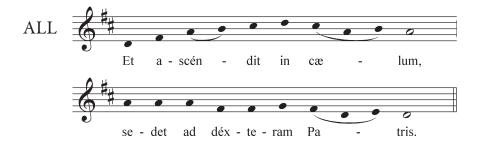
begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried,

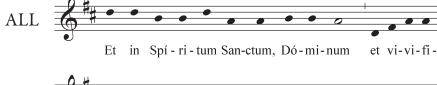
> and rose again on the third day in accordance with the Scriptures.



He ascended into heaven and is seated at the right hand of the Father.

Choir Et iterum venturus est cum gloria, iudicare vivos et mortuos, cuius regni non erit finis.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

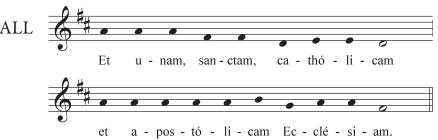


I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,



Choir Qui cum Patre et Filio simul adoratur et conglorificatur: qui locutus est per prophetas.

who with the Father and the Son is adored and glorified, who has spoken through the prophets.



I believe in one, holy, catholic and apostolic Church.

Choir Confiteor unum Baptisma in remissionem peccatorum.

I confess one Baptism for the forgiveness of sins



and I look forward to the resurrection of the dead

Choir Et vitam venturi sæculi.

and the life of the world to come.





Berthier

Amen.



# The Liturgy of the Eucharist

#### PREPARATION OF THE ALTAR AND THE GIFTS

(10:00)

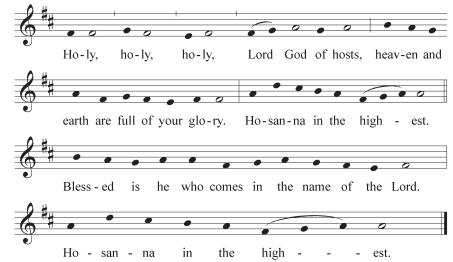
Rejoice in the Lord alway Redford/anon.

Come, thou Redeemer of the earth

(Sunday evening)

**SANCTUS** 

New Plainsong Mass Hurd



MYSTERY OF FAITH

Hurd



we pro-claim your death, O Lord, and pro-less your



Res - ur - rec-tion un - til you come a - gain.

**AMEN** 

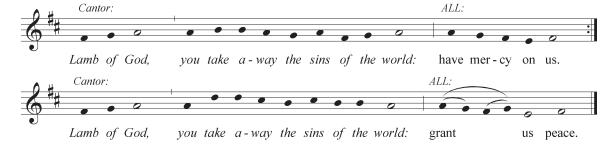
Hurd



#### LORD'S PRAYER

**AGNUS DEI** 

Hurd



**COMMUNION** 

Dicite: Pusillanimes confortamini

Say: "Take courage, you who are faint-hearted, and do not fear; behold, our God will come and he will save us."

chant, Mode VII

(Sunday Evening)

Echo Carol: Creator of the stars of night CREATOR ALME SIDERUM, arr. Wilby

Upon returning to your place after Holy Communion, **please kneel or be seated**. Low-gluten hosts are distributed at the credence table near the presider's chair.

#### HYMN OF PRAISE

When the King shall come again GAUDEAMUS PARITER



PRAYER AFTER COMMUNION

**BLESSING AND DISMISSAL** 

**PROCESSION** 

Suite on the Magnificat
Guilain

Fugue on the Magnificat: Meine Seele erhebt den Gott, BWV 733

Bach

# You are FELLOW CITIZENS with the SAINTS The Members of the Household of God Ephesians 2:19













# **SUNDAY GIVING AT ST JAMES CATHEDRAL**

### **RESULTS THROUGH DECEMBER 10, 2019**

Total pledges received ......698 Average pledge ......\$46 weekly % participation so far (out of 2,639 households) ...... 26% 

A huge THANK YOU to the nearly 700 households who have turned in a pledge! If you haven't already done so, please remember to drop your commitment card for 2020 in the offering basket this weekend or make your pledge online. Your commitment makes it possible for the Cathedral to plan its budget in the coming year. If you donate via *Our Sunday Visitor*, be sure to login and update your giving preferences there. Information, Maria Laughlin, 206-382-4284 or mlaughlin@stjames-cathedral.org

www.stjames-cathedral.org

#### ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

#### **PASTOR**

The Very Reverend Michael G. Ryan

IN RESIDENCE Reverend David A. Brant; Reverend Bryan Hersey

#### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

#### **FAITH FORMATION**

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108) Rosanne Michaels, Faith Formation (206-654-4658)

Julianna Castro, Baptism Coordinator (206-619-0816)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

#### **FAMILY MINISTRY**

Suzanne Lee, Director (206-654-4640)

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086) John Marquez, Julie Sharples, Peter Burns, sacristy (206-654-4646)

#### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist Samuel Libra, Associate Cathedral Organist Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

#### SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515) Dylan Hogan, Hospitality and Administrative Support (206-382-4235) Cathedral Kitchen: Teddi Callahan (Director), John Givins,

Mick McHugh, Ray Cisneros (206-264-2091)

#### MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

#### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Patrick Suhrbier, Immigrant Legal Services; Sayuko Setvik, Tutoring Coordinator; Caroline Okello, Community Activation Coordinator

#### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

#### YOUTH MINISTRY and YOUNG ADULT MINISTRY

Curtis Leighton, Director (206-264-2082)

#### **PARISH OFFICE**

Mischi-Jo Palmer, SNJM, Bookkeeper (206-382-4564)
Micki-Jo Palmer, Executive Assistant for Finance (206-654-4650)
Margaret Lynch, Wedding Office (206-382-4288)
Bev Mauser, Louise Mennella, Wedding Coordinators

#### **FACILITIES and GROUNDS**

Tang Nguyen, Facilities Supervisor (206-264-2087) Alan Frasher, Melina McCombs, Gebregziabher Abay

#### **CELEBRATIONS of the SACRAMENTS MASS**

Sundays 8 - 10 - 12 & 5:30 pm Weekdays 8:15 & 5:30 pm 8:15 & "Vigil" 5:30 pm Saturdays

## LITURGY of the HOURS Weekdays at 12:10 pm

**VESPERS and BENEDICTION of the BLESSED SACRAMENT** Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Julianna Castro for information, 206-619-0816.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the Parish Office for information.

FUNERALS for parishioners, contact Suzanne Lee, 206-654-4640.

CONTEMPLATIVE ECUMENICAL PRAYER, First Fridays, 6:30 pm

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm. After-hours Emergency answering service for parishioners: 206-467-3049

#### 804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303 Website: www.stjames-cathedral.org

ELCOME, VISITORS! If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. For more information about the parish, to register, or to ask a question, visit our **Sunday Help Desk** at Coffee Hour. A Cathedral staff person will be on hand to assist you. Be sure to stop by the Cathedral **Bookstore** after Mass for a wide selection of Cathedral souvenirs as well as Catholic books and gifts.

**FOR YOUR SAFETY** At each of the weekend Masses a Seattle police officer or uniformed security guard is present on the Cathedral campus.

## The Third Sunday of Advent **December 15, 2019**

**ON THE COVER** *The Baptism of the Lord* (detail). Eustace Ziegler, 1950. St. James Cathedral Reconciliation Chapel.

**CATHEDRAL ESPRESSO** This month, all espresso sales benefit Prepares Pregnancy Support Ministry. The Espresso Cart is open at coffee hour after the 10:00am Mass.

HELP GET THE CATHEDRAL READY FOR CHRISTMAS In preparation for Christmas, the Cathedral Guild will be having a cleaning party on Saturday, December 21. We will be working from 9 am until noon. Pizza will be provided at the end of the event. All skill levels are welcome! *Information or to RSVP*, Julie Sharples, jsharples@stjames-cathedral.org.

CABRINI GARAGE CLOSURE Next Sunday, December 22, the Cabrini Medical Tower, including the garage where Cathedral parishioners park, is undergoing major maintenance and all electricity to the building and garage will be shut off. This means that the garage will not be available for Cathedral parking on Sunday, December 22. We apologize for the inconvenience. We are working on arranging alternative free parking next Sunday. Please look for signage next week to guide you to parking garages at Skyline on Ninth or Swedish on Boren Avenue.

TOY DRIVE FOR MIGRANT FAMILIES is underway! We have a special need this year for warm coats and toys as well as tax-deductible donations. If you are a youth and want to help distribute toys with the Youth Ministry on Saturday, December 21, you will need to email Curtis for a permission form. Thanks for all you do for families in need this Christmas! Information, Curtis Leighton, cleighton@stjames-cathedral.org

**PARISH REMEMBRANCE** Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. John in Vancouver and St. John of the Woods in Tacoma; and St. John Mission in Montesano and Mukilteo.

CHRISTMAS GREETERS NEEDED Each year, thousands SUPPORT THE WINTER SHELTER Show mercy to the of parishioners and visitors come to the Cathedral on Christmas Eve! We need your help to extend a warm welcome to every one of them. Please consider volunteering as a greeter to provide hospitality, answer basic questions, and hand out programs. Greeters get reserved seats for the Mass. We need greeters for both the 5:30pm Mass (greet from 4:00pm-5:15pm) and the 10:00pm Mass (greet from 7:45pm-9:00pm). Information, Corinna Laughlin, claughlin@stjamescathedral.org.

CHRISTMAS MUSIC SOCIAL FOR SENIORS Monday, December 16, 11am-2pm St. James Cathedral Pastoral Outreach Center Holy Names Room. St. James parishioner and lifelong musician Selina Chu has been involved with the arts community in the Pacific Northwest for many years. Enjoy her sampling of traditional Christmas 'Sing-A-Longs' followed by a light lunch. Information or to RSVP, Nancy Granger, 206-382-4269 or ngranger@stjames-cathedral.org.

WARM HEARTS & SOLES SOCK DRIVE 2019 This year we hope to collect 2,020 pairs of new socks to distribute to homeless men and women. Please consider buying an extra pair of socks during your holiday shopping, and then dropping them off at the Help Desk in the parish hall during the Sunday coffee hour this month. Volunteers will also be in the chapel after the weekend evening Masses to collect your donations. Thank you!

**SOCK DRIVE VOLUNTEERS** We need young adults to help collect socks after the Saturday and Sunday Masses this month in the Cathedral Chapel. *Information*, Curtis Leighton, cleighton@stjamescathedral.org

YOUNG ADULTS, HELP DECORATE THE CATHEDRAL FOR CHRISTMAS The Greening, our time-honored tradition of decorating the Cathedral for Christmas, will take place Sunday, December 22 at 7pm. We will have a pizza after the Sunday evening Mass and then get to work. RSVP requested. Information, Curtis Leighton, cleighton@stjames-cathedral.org

**ARE YOU CRAFTY?** Do you have an hour or two to help prepare crafts for the Children's Christmas Party and/or the Christmas oculus hanging? *Information*, Brenda Bellamy, bbellamy@stjames-cathedral.org or 206-274-3108.

ST VINCENT DE PAUL THANKS ALL OUR DONORS for your great generosity as 2019 comes to a close. Our SVdP conference at St James Cathedral is run entirely by volunteers. We have no paid staff. In our last fiscal year, we had only about 20 volunteers at any given time. Those volunteers gladly gave 3,316 hours of service to put your funds to good use helping residents of our parish who struggle financially. Over 99% of the happening January 24, 2020! The core purpose of the money we spent went directly to help the poor. Our biggest expenditures were for rent (74% of total expense) and beds (12%), with the remainder spent mostly on food, utilities, household items, furniture, security deposits and clothes. Combining your treasure, our time and the prayers of all, we make quite a team thank you! *Information*, Bob Clifford, 206-718-4158, bobclifford53@gmail.com,

homeless by becoming an overnight volunteer on Saturday and Sunday nights, or by being a breakfast host on Sunday, Monday or Tuesday mornings. If you cannot be an overnight host or provide breakfast, you can support the Winter Shelter by donating: spray deodorant, large tubes of toothpaste, toothbrushes and men's razors. Items can be brought to Coffee Hour, or dropped off or mailed to the Parish Office. Thank you! Information, Patrick Barredo, 206-382-4515 or pbarredo@stjames-cathedral.org.

**CONSIDERING SEPARATION OR DIVORCE?** Wait! There is an alternative. Retrouvaille (pronounced retrovi) has brought healing to tens of thousands of troubled marriages worldwide. Your situation may seem hopeless, but there is always hope, and you are not alone in your struggle. Confidential information and registration for upcoming program on Feb. 21-23, 2020, 206-706-2608 or www.helpourmarriage.org.

**BABYSITTING** is available for children up to four years of age on Sundays during the 10:00am and Noon Masses, during baptism preparation classes, and during special events for parents and families. The program is located in the Mother Cabrini Room on the first floor of the Pastoral Outreach Center; enter through the courtyard at Ninth and Columbia. *Information*, Suzanne Lee, 206-654-4640.

**CANDLELIGHT VIGIL FOR ALL 2019 HOMELESS DEATHS** Saturday, December 21, 4:20pm, Victor Steinbrueck Park (north of Pike Place Market) followed by Silent Vigil at Westlake Park. The Winter Solstice is the longest night of the year. The National Coalition for the Homeless designates it "National Homeless Persons' Memorial Day." On this day, WHEEL (a grassroots organizing effort) will stand a special one-hour, candlelight, vigil to remember all the homeless men and women who have died this year outside or by violence in King County. Through November 2019, at least 107 people have died outside, in a public place, or by violence. *Information*, Patrick Barredo, 206-382-4515 or pbarredo@stjamescathedral.org.

**CENTERING IMMIGRANTS' STORIES** join us during National Migration Week as we celebrate immigrants. This 90-minute workshop is focused on holding space, being present, and centering the stories of immigrants. A short presentation will be followed by the opportunity to listen to immigrant's stories in small groups. Tuesday, January 7, 6:30pm, Pastoral Outreach Center. Registration is limited to 25 participants. *Information or to RSVP*, Chris Koehler ckoehler@stjames-cathedral.org or 206-382-4511.

**COUNT US IN 2020** Mark your calendars: King County's Annual Point in Time Count (PIT), will be annual PIT Count is to collect data on the needs of people experiencing homelessness in our community. The count also provides an excellent opportunity to increase awareness of homelessness and to spark action. To learn more or to register to be a part of the St. James Cathedral team, contact Patrick Barredo: pbarredo(a)stjames-cathedral.org or 206-382-4515.

A GLIMPSE INTO THE MENTAL HEALTH & WELLNESS MINISTRY A message from Martha: "I volunteer at the 10:00 Mass. My goal is to welcome people experiencing mental health problems or homelessness while keeping St James a safe place for all parishioners. Twenty-eight years as a Mental Health Specialist at Harborview have given me plenty of practice. A recent example of my role was when a preoccupied woman carrying all her belongings rushed toward the altar while Father Ryan was saying Mass. I quickly offered to find her a seat. The parishioners in my pew made room and we sat together for the rest of the Mass. Thanks to all of you for helping make St. James a welcoming place". In addition to serving as an Emmaus Companion at Sunday mass, Martha also provides ministry of presence during the Coffee Hour. If you are interested in meeting Martha to learn more about what she does, or to explore how you might be able to participate in this important and rewarding ministry, contact Nancy Granger, RN 206-382-4269 or ngranger@stjames-cathesral.org.

WHAT IS THE MINDFUL ALTERNATIVE GROUP?

Mindful Alternative Support Group has been offered at St. James since 2014. This group is specifically designed for parents and caregivers of adult children with serious mental illness. It provides an opportunity to share experiences related to the challenges of loving someone who lives with a brain disorder. Members discuss important issues related to treatment, housing, education, employment and how their loved one wilf manage their daily lives. The group helps loved ones explore thoughtful alternatives to current difficult situations. Facilitator, Terry Proctor is the dad of an adult son who lives with schizophrenia and has been facilitating groups like these for many years. The group is held on the last Saturday of the month at 3:00pm. Information, Terry Proctor, 206-915-3555. mindfulalternative@gmail.com or Nancy Granger, RN 206-382-4269, ngranger@stjames-cathedral.org.

SAVE THE DATE! SAFETALK TRAINING: SUICIDE FIRST AID EDUCATION FOR YOUNG ADULTS AND THOSE WHO CARE FOR THEM Friday, January 17, 2020, 11am—3:30 pm. Create safety within our families, schools and communities. Learn how to approach someone who is struggling with thoughts of suicide. Specifically designed for students 15 and over, young adults, teachers, youth group leaders, faith formation instructors, coaches, camp counselors, parents, grandparents and guardians. Lunch will be provided midway through the training for the participants. Pastoral Outreach Center, 907 Columbia Street. *Information*, CJ Pina, cassandrapina@me.com, or Nancy Granger, RN 206-382-4269, ngranger@stjames-cathedral.org.

**PANHANDLING: A DISCIPLESHIP RESPONSE** At St. James Cathedral, we take very seriously our call to help our brothers and sisters in need. Your ongoing commitment and generosity makes possible a wide variety of outreach services at the Cathedral, including a very active St. Vincent de Paul conference, the Winter Shelter, and the Cathedral Kitchen, to name a few. However, for the safety of all our parishioners and visitors, especially the elderly, St. James Cathedral DOES NOT PERMIT PANHANDLING ON THE CATHEDRAL GROUNDS. (This includes the O'Dea High School property.) Unfortunately, cash given on the street often goes to support addictions. Giving money directly to individuals may allow them to survive on the streets, for a short time, but professional case management truly serves their long-term care. We believe it is much more effective to provide direct services, or to refer people to other programs and services designed to address their needs. We ask that you help support this Cathedral policy by not giving cash to panhandlers in or around the Cathedral. *Information*, Patrick Barredo, 206-382-4515 or pbarredo@stjames-cathedral.org.

THE ARCHDIOCESE OF SEATTLE urges anyone who suspects abuse by any Church personnel to contact local law enforcement. In addition, anyone who has knowledge of sexual abuse or misconduct by a member of the clergy, an employee or volunteer of the Archdiocese of Seattle is urged to call the archdiocesan hotline at 1-800-446-7762.

ST. JAMES CATHEDRAL ON SOCIAL MEDIA Be sure to follow the Cathedral on social media for up-to-date information about ongoing events in the life of the Cathedral! On Instagram: @stjamescathedral. On Facebook and Twitter: @stjamesseattle. Did you know the Cathedral has a podcast? Father Ryan's homilies are available on iTunes. Just search "St. James Cathedral, Seattle" on Apple podcasts. And of course, you can always visit the Cathedral website at www.stjames-cathedral.org for up to date information on Cathedral happenings. If you aren't getting our weekly e-newsletters, be sure to check your spam folder and add St. James to your "safe senders" list!

BAPTISM OF INFANTS & YOUNG CHILDREN (under the age of 7) is celebrated monthly at one of the weekend Masses. To prepare for this most important sacrament, parents and godparents participate in a series of classes to update their understanding of baptism, to reflect on their responsibility to guide their children in the practice of the faith, and to learn about the many ways our parish supports families. Please allow at least two months for preparation. *Information*, Julianna Castro, 206-619-0816.



# Cathedral Bookstore

#### Open weekdays 11am-3pm and after each of the weekend Masses

Stop by the Cathedral Bookstore for gifts including medals and rosaries, children's books, and hundreds of books on spirituality, history, theology, and much more! In addition, there are great Cathedral souvenirs, including rosaries, notecards, postcards, snow globes, keyrings, as well as books exploring Cathedral art and history.

Information, Maria Laughlin, mlaughlin@stjames-cathedral.org



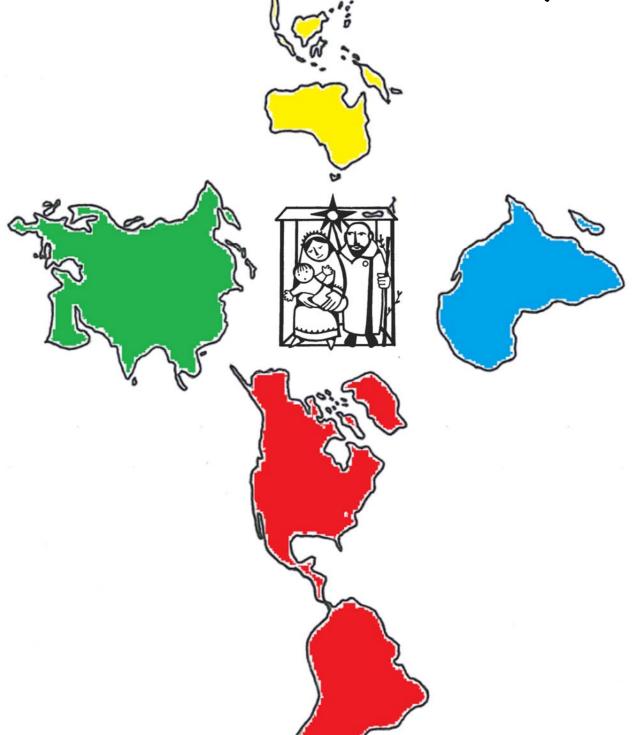
# Parish Communal Celebration of the SACRAMENT of RECONCILIATION

# Monday, December 16, 2019 7:30 pm

During this beautiful service of readings, reflection, and song, we will open ourselves to experience the gift of God's gracious and loving forgiveness in the Sacrament of Penance.

Pope Francis says: "The Sacrament of Reconciliation... enables us to touch the grandeur of God's mercy with our own hands. For every penitent, it is a source of true interior peace." It has long been a tradition in the Church to confess one's sins before celebrating the great feast of Christmas. This will be the ideal time to do so.

To Bethlehem, and Beyond



Activities, Crafts, Caroling, Lunch & Piñatas

All families with at least one child and at least one adult welcome!
Saturday, December 21 from 9AM to 1PM in Cathedral Hall
RSVP required

Theresa Van de Ven tvandeven@stjames-cathedral.org (206) 219-5822

# Christmas 2019

# at St. James Cathedral



# Tuesday, December 24, 2019

## 5:30 pm

The Nativity of the Lord—
Vigil Mass with Children and Youth

Entrance Procession of the Children and Crib Figures; blessing of the Christmas Crib
The Very Reverend Michael G. Ryan,
Presider & Homilist
with youth readers, musicians, and servers.

# 9:00 pm Carol Service

# **10:00pm NOTE TIME!**

THE NATIVITY OF THE LORD—

MASS DURING THE NIGHT

The Most Reverend Paul D. Etienne,

Archbishop of Seattle, Presider & Homilist

## Wednesday, December 25, 2019

#### 8:00 am

The Nativity of the Lord—Mass at Dawn
The Reverend David A. Brant, Presider
The Very Reverend Michael G. Ryan, Homilist

10:00 am and 12 Noon The Nativity of the Lord— Mass during the Day

The Very Reverend Michael G. Ryan, Presider & Homilist (10:00am) The Most Reverend Paul D. Etienne, Presider & Homilist (Noon)

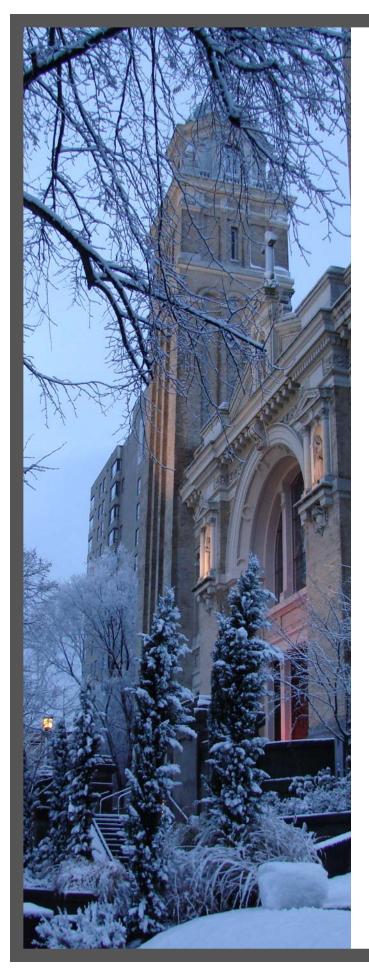
# 4:00 pm

SOLEMN VESPERS OF CHRISTMAS

The Very Reverend Michael G. Ryan, Presider

# 5:30 pm

The Nativity of the Lord—
Evening Mass on Christmas Day
The Very Reverend Michael G. Ryan,
Presider & Homilist



# Pause for Prayerful Reflection as You Enter the New Year

Spend a day unwinding from the holidays with a peaceful, one-day retreat.

# Saturday, January 4, 2020 9:00 am - 3:00 pm

Pastoral Outreach Center, 907 Columbia Street

What have been the blessings and struggles you have experienced over the days and months of this past year? How has God been with you throughout these times? Where do you sense that God might be calling you in the coming year?

Using the wisdom of St. Ignatius of Loyola, Rosanne Michaels of the Cathedral staff will guide us through a prayerful recollection of our past year, and a look ahead at the coming year.

Throughout the day, participants will be invited to silent periods of personal reflection and prayer.

Please bring a brown-bag lunch. Snacks and beverages will be provided.

# **RSVP** Requested

Rosanne Michaels, 206.654.4658, rmichaels@stjames-cathedral.org