The Fourteenth Sunday in Ordinary Time

PRELUDE

Prelude and Fugue in G Major Saint-Saens

THE INTRODUCTORY RITES

ENTRANCE

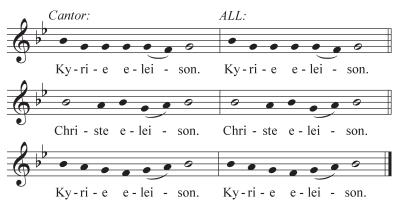
Within your temple (Introit for the 14th Sunday in Ordinary Time)

DUKE STREET



PENITENTIAL ACT

Litany of Saints



GLORIA to the tune LAUDA ANIMA

Glory be to God in heaven, Songs of joy and peace we bring; Thankful hearts and voices raising, To creation's Lord we sing: Lord, we thank you, Lord, we bless you, Glory be to God our king. Lamb of God who on your shoulders Bore the load of this world's sin; Only Son of God the Father, You have brought us peace within: Lord, have mercy, Christ, have mercy, Now your glorious reign begin.

You, O Son of God, are holy,
You we praise with one accord;
None in heav'n or earth is like you,
Only you are Christ the Lord,
With the Father, and the Spirit,
Ever worshiped and adored.

(Text by Edwin LeGrice)

THE LITURGY OF THE WORD

FIRST READING

RESPONSORIAL PSALM

Psalm 66

Isaiah 66:10-14c



SECOND READING

Galatians 6:14-18

ALLELUIA

Berthier



GOSPEL Luke 10:1-12,17-20

HOMILY

Father Peter Ely, SJ

CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

[all bow]

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

[all stand upright]

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Lord, we ask you, hear our prayer.

Chant, Litany of Saints

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

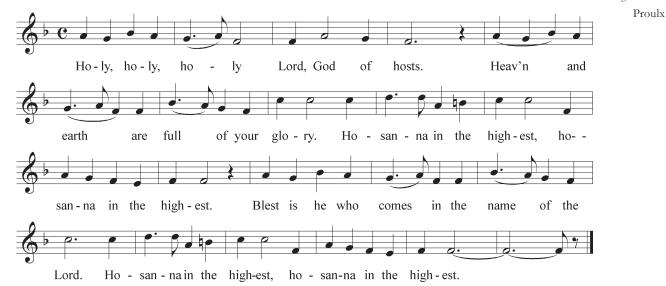
Offertory (10:00 and Noon)

Jubilate Deo Britten

O be joyful in the Lord, all ye lands: serve the Lord with gladness and come before his presence with a song. Be ye sure that the Lord is God: It is he that hath made us and not we ourselves;

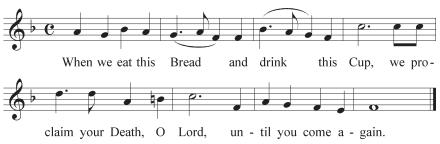
We are his people, and the sheep of his pasture.

SANCTUS Community Mass



MEMORIAL ACCLAMATION

Proulx



AMEN



THE COMMUNION RITE

LORD'S PRAYER

AGNUS DEI

Missa de Angelis, Vatican VIII



COMMUNION

O taste and see how gracious the Lord is; blessed are they who trust in him.

Psalm 116: Laudate Dominum

O praise the Lord, all you nations, acclaim God, all you peoples! Strong is God's love for us; God is faithful forever.

Saint-Saëns

Upon returning to your place after Holy Communion, please **kneel or be seated**. Low-gluten hosts are distributed at the credence table near the presider's chair.

HYMN OF PRAISE

Lord, you give the great commission HYFRYDOL



PROCESSION

Postlude in C Major
Smart

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018) Lita McBride, Children's Faith Formation (654-4658) Brenda Bellamy, Children's RCIA/Confirmation (206-274-3108) Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640) Margaret Lynch, Wedding Office (206-382-4288) Bev Mauser, Louise Mennella, Wedding Coordinators

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996) Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music Joseph Adam, Organist (206-382-4597) Dr. Clint Kraus, Associate Organist Stacey Sunde, Director of Youth Music

Thomas Thompson, Coordinator of Special Projects

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173) Nancy Granger, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515) Caitlin Lanigan (206-382-4235)

Teddi Callahan, Carol DeMatteis, Cathedral Kitchen (206-264-2091)

ST. JAMES ESL/MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist, Jim Hodges, Citizenship

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564) Jane Mueller, Receptionist (206-654-4650) Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm 8:15 & 5:30 pm 8:15 & "Vigil" 5:30 pm Weekdays Saturdays LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104 Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

ELCOME, SUMMER VISITORS! St. James Cathedral is proud to welcome visitors from near and far throughout the summer months. Each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence in our midst today. Last week, we had visitors from Midland, MI; Cape Cod, MA; Boise, ID; and many other places! The winner of our drawing was from Fort Myers, FL.

FLOWERS AT THE ALTAR are from Dan and Carol DeMatteis in loving memory of their son Danny, on the first anniversary of his death. Floral donations are a wonderful way to remember a deceased loved one or commemorate an important anniversary, and at the same time enrich the whole parish community! If you would like to offer flowers, contact Jane Mueller, 206-654-4650 or e-mail jmueller@stjames-cathedral.org.

CAMINO SEATTLE IS UNDERWAY! The pilgrimage began June 23. Stamps are available after all Masses this weekend—in the Bookstore (self service) following the Saturday and Sunday evening Masses: at Coffee Hour following the 8:00am, 10:00am, and 12 Noon Masses. Souvenir t-shirts are also available in the Bookstore for \$10. See the full page in this weekend's bulletin for details on this week's walks. *Information*, Maria Laughlin, 206-382-4284 or e-mail mlaughlin@stjames-cathedral.org.

THE ANNUAL CATHOLIC APPEAL is winding to a close. but we are not there yet! We are still about \$45,000 short of our parish rebate goal of \$180,000. We urgently need the rebate to fund our Family and Youth Ministry programs! Please, if you have not already done so, make a gift to the Appeal. Go online to make your gift, www.seattlearchdiocese.org/aca. A gift of any size is welcome.

FAITH BASICS: SIX SIMPLE SUMMER SESSIONS TO **STRENGHTEN OUR FAITH** We are so pleased by your response to this new summer series we are offering. Join us on Sundays 11:15-11:45 for faith refreshers that engage us with challenges, information, and fun. Each session stands alone and does not depend on your attendance at the earlier sessions. Designed for all ages! Remaining sessions are on July 7, 14, & 21 in Cathedral Place, 2nd floor (Note location change!). *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjamescathedral.org.

PARISH REMEMBRANCE *Throughout the year, because we* are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Benedict in Seattle, Star of the Sea in Bremerton and Port Townsend, and Star of the Sea Mission in Stevenson.

SUMMER FILM FESTIVAL Back by popular demand! On Tuesday, July 9 we will host an encore showing of *The Way*, starring Martin Sheen. It is a powerful and inspirational story about family, friends, and the challenges we face while navigating this everchanging and complicated world. This beautiful film was shot on location on the Camino de Santiago in northern Spain. The film will be shown in Cathedral Hall at 7:00pm. Popcorn and lemonade will be provided and you are welcome to bring your favorite movie treats. This is a Camino Seattle event! *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjamescathedral.org.

ARE YOU INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC CHURCH AND/OR BECOMING CATHOLIC? You are invited to participate in the RCIA, a process of initiation into the Catholic community of faith. It is a process which encompasses the study of Scripture, Catholic teaching, and Christian values—the development and deepening of a life of prayer and action—all with the support and involvement of the parish community. You can learn more by going to www.stjames-cathedral.org/RCIA. A new inquiry session will begin Wednesday, July 10, 2013 at 7:00 pm in Cathedral Place, second floor. *Information*, TerryAnn Bowen, 206-382-2018 or tbowen@stjames-cathedral.org.

AN EVENING RETREAT ON THE CAMINO DE SANTIAGO On Monday, July 22, at 7:00pm, in the Holy Names Room, Pastoral Outreach Center, join Father Scott Connolly as he shares his experience as a pilgrim on the Camino to Santiago de Compostela. This presentation of prayer, words, and pictures invites us to join the Camino to the great shrine of our pilgrim patron, St. James the Greater, in Spain. Buen Camino! *Information*, Maria Laughlin, 206-382-4284 or e-mail mlaughlin@stjames-cathedral.org.

CAMINO SEATTLE BOOK GROUP Thursday, July 25, at 7:00pm in the Pastoral Outreach Center, you're invited to gather for a discussion of *The Unlikely Pilgrimage of Harold Fry* by Rachel Joyce. This delightful and moving novel tells the story of a man who walks six hundred miles across England to visit an old friend before she dies. *The Unlikely Pilgrimage of Harold Fry* is available in the Cathedral Bookstore. *Information*, Maria Laughlin, 206-382-4284 or e-mail mlaughlin@stjames-cathedral.org.

ARE YOU A REGISTERED PARISHIONER AT ST. JAMES? Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. We strongly encourage you to register. Registered parishioners receive important mailings from the Cathedral (including offering envelopes!), are regular recipients of the Cathedral's quarterly journal In Your Midst, are able to celebrate their wedding at the Cathedral, and their children may attend any of the five Catholic Rainbow Schools at parishioner rates. Registration cards can be found in the vestibule. If you are not sure whether or not you're registered, call the Parish Office, 206-622-3559.

PRAYER WITH MUSIC FROM TAIZÉ Each Friday at 6:30pm in the Cathedral, all are invited to join in an ecumenical service of readings, silence, candlelight, and the music of the ecumenical community of Taizé in France. This simple, reflective prayer is the perfect way to end a busy week.

THE NEXT SENIOR TRIP Friday, July 12, will take us back in time aboard a steam train. The all-day trip includes round trip travel to pristine Mineral Lake in the shadow of Mt Rainier. The trip is currently full, but if you would like to be added to the waiting list, contact John Simpson, Pastoral Care Minister, at 206-274-3173 or jsimpson@stjames-cathedral.org.

I am in your midst.... OPPORTUNITIES TO SERVE

CATHEDRAL CHOIR AUDITIONS for next year are happening this summer. *Information*, Stacey Sunde, 206-382-4874 or musicoffice@stjames-cathedral.org.

CHILDREN'S CORNER DONATIONS Our Babysitting Corner is in need of two new or gently used high chairs and one crib. We also need new toys, games and books for children ages 3 months through five years. Monetary donations to purchase new items will be gladly accepted. *Information*, Margaret Lynch in the Family Ministry Office, 206-382-4288 or mlynch@stjames-cathedral.org.

BULLETIN STUFFERS We are seeking people willing to help stuff our parish bulletins once or twice a month on Friday afternoons and/or Saturday mornings. If you would like to volunteer, contact John Marquez, 206-654-4646 or e-mail jmarquez@stjames-cathedral.org.

CHILDREN'S FAITH FORMATION Is God calling you to ministry among children and help them grow in their relationship with Jesus? The wonderful children in our parish need volunteers to help in Sunday School as catechists (teachers), assistants, a third supportive presence in class (another guardian angel!!!) or as the welcoming presence at the doors. Interview and background check required; all training is provided. *Information*, Lita McBride, 206-654-4658 or Brenda Bellamy, 206-661-5094.

HELP FEED THE HUNGRY Operation Nightwatch is an ecumenical Christian ministry providing hot meals and shelter referrals to 150-200 homeless people every night. St. James parishioners cook and serve dinner at the Nightwatch Center three times a month. There are currently volunteer opportunities for Sunday and Tuesday, 5:15-7:00pm and 8:30-10:30pm shifts. *Information*, Mary Nichols maryonichols@hotmail.com or 206-420-8788. To learn more about Operation Nightwatch, go to www.seattlenightwatch.org.

Camino Seattle is a five-week walking/hiking and prayer event for St. James Cathedral Parish, beginning June 23, 2013 and ending July 28, 2013, the Feast of St. James.

WEEK THREE | July 7-13 On Pilgrimage with Paul

Scripture

...three times I was shipwrecked, I passed a night and a day on the deep; on frequent journeys, in dangers from rivers, dangers from robbers, dangers from my own race, dangers from Gentiles, dangers in the city, dangers in the wilderness, dangers at sea, dangers among false brothers; in toil and hardship, through many sleepless nights, through hunger and thirst, through frequent fastings, through cold and exposure.... If I must boast, I will boast of the things that show my weakness. (2 Corinthians 11:25-27, 30)



world that he knew. He rarely stopped moving as he preached the Gospel and established local churches. Even when he was imprisoned in Rome, his words continued to spread as letters were carried to far-off places. Saint Paul was driven by the Spirit of God. What drives us? Let us pray that we may not be lukewarm in our faith, but on fire with the truth and the urgency of Christ's Gospel.

Prayer

Glorious Saint Paul, Apostle to the Gentiles, when the Lord called, you answered, and you spread the good news of the Gospel to the very ends of the earth. Pray for us, that we may welcome

all the people we meet
with compassionate hearts and open minds.
Pray for us, that Christ may live in us
as he lived in you.
We pray in the name of the One
who is your Lord and ours,
Christ Jesus the Lord. Amen.

Reflection

Saint Paul was on a journey from Jerusalem to Jericho when a vision of Christ threw him to the ground and changed him forever. It was an altogether fitting beginning to his ministry, because he was always on the move. He traveled across the Mediterranean to the furthest reaches of the

This Week's Walks

All walks are hosted by a Cathedral volunteer. No RSVP is required and the walks are "rain or shine"! Gather with the host at the designated meeting spot (visit www.stjames-cathedral.org/camino), join in the Camino prayer, and start walking!

All participants in hosted walks receive a special stamp for their Camino passport.

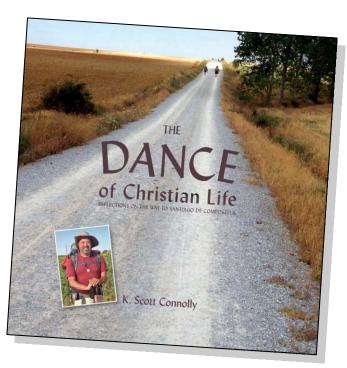
The Dance of Christian Life

An evening retreat on the Camino de Santiago

Monday, July 22, 2013 | 7:00pm Holy Names Room, Pastoral Outreach Center

Father Scott Connolly, a priest of the Archdiocese of Seattle and Pastor of Assumption Parish in Bellingham, will come to St. James Cathedral to offer a presentation on the Camino to Santiago.

Father Scott did a sabbatical in 2012 and was blessed to have walked the Camino to Santiago in Spain. During that time, he kept a journal and took thousands of photos. Over the course of this past year, he has been working hard to put those reflections into a PowerPoint presentation and a book called *The Dance*



of Christian Life. He has shared his reflections with a number of parish communities and will be here to share some of these reflections with us.

Please come and walk with him again as he explores the Way of St. James. This is a Camino Seattle event!



News from our Mental Health Ministry

St. James Cathedral, Seattle

July 2013

PEARLS at last Sunday's Resource Room Open House. It was well attended and received positive feedback. For more information on the PEARLS program, offering in-home treatment for depression to veterans age 55+, contact Paul Snow, MA, (206) 615-0533 or visit www.agingkingcounty.org/veterans. The Mental Health Ministry intends to provide more interesting presentations in the months to come.

NAMI's popular Family-to-Family Course, which educates and supports caregivers of those with mental health challenges, begins Wednesday July 10. There are very limited places remaining, so if you are interested, contact Nancy Granger, Parish Mental Health Nurse at 206-382-4269 or ngranger@stjames-cathedral.org by Monday, July 8.

Thanks to all who attended the presentation on In coordination with the Health and Healing **Ministry**, the MHM ministry is offering a Foot Care Program for residents of Cabrini Senior Housing and Chancery Place Apartments. Cynthia Nelson, RN, Podiatry Nurse, will provide basic foot care consisting of a thorough assessment of foot health, treatment for nails callous and corns, further recommendations if needed, and a relaxing foot massage! The program begins July 13th and flyers will be distributed to the residents at their apartments.

> We are currently seeking volunteers to enhance our growing Mental Health Ministry. If you feel God's calling for this rewarding experience, please attend a volunteer informational meeting on Sunday, July 7 or Sunday, July 21 at 11:15 am.

We are the Mental Health Ministry for St James Cathedral, who serve and minister to those suffering from mental illness or other life occurrences which disrupt mental and spiritual wellness; understanding that mental illness is a disease inside and part of a person who has a heart and soul in need of love and compassion. We are a people of God communicating a divine message to achieve divine ends. In the words of Rev. Craig Rennebohm (Seattle's Downtown Mental Health Chaplain): "Let us be in healing ministry together, following the ways that make for growth, wholeness, and peace." The program is funded with parish funds, grants from the Ferry Family Foundation and from the Order of Malta. You will see the Order of Malta insignia on the door to the Mental Health Ministry Center. The members of the local Order of Malta are among the volunteers of the ministry.