

# ORDER OF CELEBRATION FOR THE FOURTH SUNDAY IN ORDINARY TIME

Out of respect for the liturgy we are about to celebrate,  
*PLEASE TURN OFF YOUR CELL PHONE.*

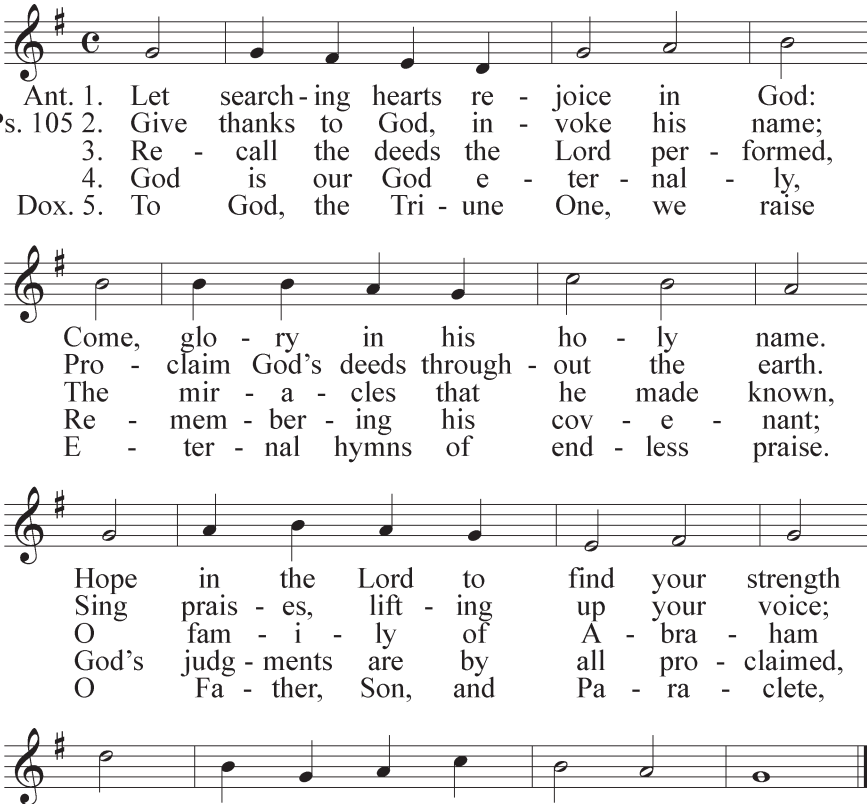
## PRELUDE

*Prelude and Fugue in D Minor, BWV 539*  
(Noon) *Our Father in heaven*

Bach  
Böhm

## INTROIT FOR THE FOURTH SUNDAY IN ORDINARY TIME

OLD 100TH



Ant. 1. Let search - ing hearts re - joice in God:  
Ps. 105 2. Give thanks to God, in - voke his name;  
3. Re - call the deeds the Lord per - formed,  
4. God is our God e - ter - nal - ly,  
Dox. 5. To God, the Tri - une One, we raise

Come, glo - ry in his ho - ly name.  
Pro - claim God's deeds through - out the earth.  
The mir - a - cles that he made known,  
Re - mem - ber - ing his cov - e - nant;  
E - ter - nal hymns of end - less praise.

Hope in the Lord to find your strength  
Sing prais - es, lift - ing up your voice;  
O fam - i - ly of A - bra - ham  
God's judg - ments are by all pro - claimed,  
O Fa - ther, Son, and Pa - ra - clete,

And in his pres - ence to re - main.  
Make mel - o - dy, re - count God's works.  
And Ja - cob, cho - sen as God's own.  
And what God prom - ised us will stand.  
We praise your name in word and deed.

## PENITENTIAL RITE

*St. James Mass for Peace*

Herbolsheimer



1, 3. Ky - ri - e e - le - i - son.  
2. Chri - ste e - le - i - son.

## GLORIA

(Sunday Evening)

**No. 341** *Missa de angelis*

Vatican VIII

(10:00) *Messe basse*

Fauré

(All other Masses)

to the tune LAUDA ANIMA

**Glory be to God in heaven,  
Songs of joy and peace we bring;  
Thankful hearts and voices raising,  
To creation's Lord we sing:  
Lord, we thank you, Lord, we bless you,  
Glory be to God our king.**

**Lamb of God who on your shoulders  
Bore the load of this world's sin;  
Only Son of God the Father,  
You have brought us peace within:  
Lord, have mercy, Christ, have mercy,  
Now your glorious reign begin.**

**You, O Son of God, are holy,  
You we praise with one accord;  
None in heav'n or earth is like you,  
Only you are Christ the Lord,  
With the Father, and the Spirit,  
Ever worshiped and adored.** *(Text by Edwin LeGrice)*

## LITURGY OF THE WORD

READINGS [*Zephaniah 2:3; 3:12-13; I Corinthians 1:26-31; Matthew 5:1-12a*]

PSALM RESPONSE

Psalm 146

Peloquin



ALLELUIA

*St. James Mass for Peace*

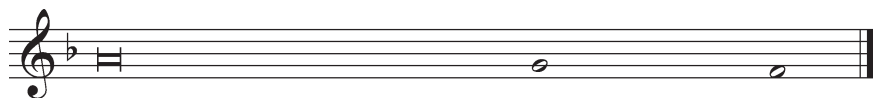
Herbolsheimer



HOMILY

**Father Michael G. Ryan**

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00)



<i>O blessed are the poor in spirit:</i>	for theirs is the kingdom of	heav-	en.
<i>O blessed are those who mourn:</i>	for they shall be	comfort-	ed.
<i>O blessed are the meek:</i>	for they shall in -	herit the	earth.
<i>O blessed are those who hunger and thirst after righteousness:</i>	for they shall be	satis-	fied.
<i>O blessed are the merciful:</i>	for they shall obtain	mer-	cy.
<i>O blessed are the pure in heart:</i>	for they shall	see	God.
<i>O blessed are the peacemakers:</i>	for they shall be called the	children of	God.

CREED No. 237



## LITURGY OF THE EUCHARIST

### PREPARATION OF THE ALTAR AND THE GIFTS

(10:00 &amp; Sunday Evening)

*Blessed*

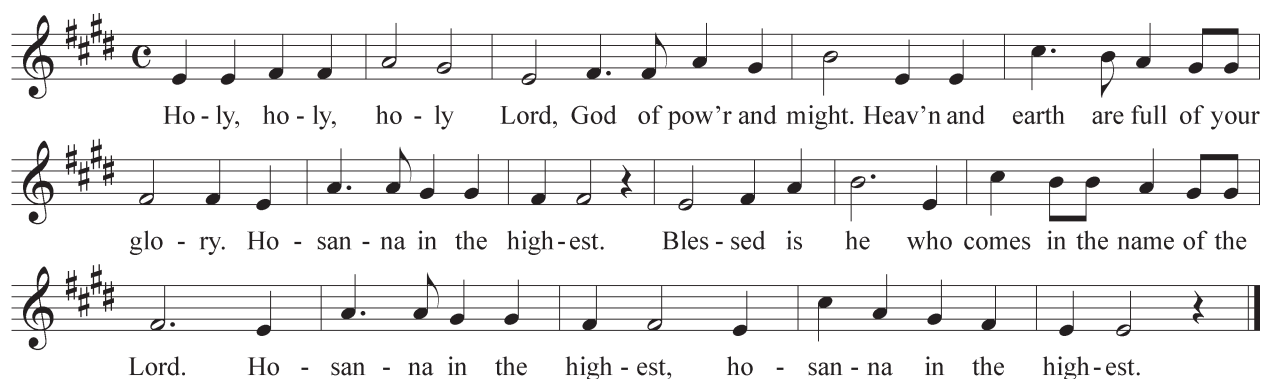
Herbolsheimer

Blessed are the poor in spirit, for theirs is the dominion of heaven.  
 Blessed are the merciful, for they shall obtain mercy.  
 Blessed are the pure of heart, for they shall see God.  
 Blessed are the peacemakers, for they shall be called  
 the children of God.

### SANCTUS

*St. James Mass for Peace*

Herbolsheimer



### MEMORIAL ACCLAMATION

*St. James Mass for Peace*

Herbolsheimer



### AMEN

*St. James Mass for Peace*

Herbolsheimer



### LORD'S PRAYER No. 246

#### AGNUS DEI

*St. James Mass for Peace*

Herbolsheimer

Response 1, 2



Response 3



(10:00)

"Dona nobis pacem" from *Messe basse*

Fauré

## COMMUNION

Let your face shine down upon your servant, deliver me in your mercy. Lord, let me not be confounded, for I have called upon you.

(10:00)

*Beati omnes*

Mendelssohn

Blessed is every one who fears the Lord,  
who walk in the Lord's ways.

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**. This is the norm for large parishes in the Archdiocese of Seattle and thank you for following our practice.

## HYMN OF PRAISE

*O for a heart to praise my God*

ST. AGNES

1. O for a heart to praise my God, A heart from  
2. A heart, re - signed, sub - mis - sive, My great Re -  
3. A hum - ble, low - ly, con - trite heart, Be - liev - ing,  
4. A heart in ev - 'ry thought re - newed, A heart whose  
5. Your na - ture, gra - cious Lord, im - part; Come quick - ly

sin set free, A heart that al - ways feels your  
deem - er's throne, Where on - ly Christ is heard to  
true, and clean: Which nei - ther life nor death can  
love en - dures; So per - fect, right, and pure, and  
from a - bove, Write your new name up - on my

blood So free - ly shed for me.  
speak, Where Je - sus reigns a - lone.  
part From Him that dwells with - in.  
good, A co - py, Lord, of yours.  
heart, Your new, best name of love.

# PROCESSION

(Noon) *Präludium and Fugue in E Major*  
*Toccata in D Minor, BWV 538*

Krebs

Bach

# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant  
The Reverend Richard J. Ward

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### PASTORAL CARE MINISTRIES

John Simpson (206-274-3173)

### SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)  
Suzanne Lee (206-654-4640)  
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)  
Rachael Ross, Administrative Assistant (206-903-4629)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)  
Brenda Bellamy, Bryan Long, John Marquez, Stephen Pace, sacristans

### MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music  
Joseph Adam, Organist (206-382-4597)  
Dr. Clint Kraus, Associate Organist; Director of Youth Music  
Stacey Sunde, Music Assistant  
Ian Newhall, Coordinator of Special Projects

### FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)  
TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)  
Marianne Coté, Youth & Family Ministry (206-382-4512)  
Lita McBride, Children's Faith Formation (206-654-4658)  
Theresa Van de Ven, Administrative Assistant (206-219-5822)

### MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director  
Glenda Caldwell, ESL Specialist  
Jim Hodges, Citizenship  
Cecilia Erin Walsh, ESL Coordinator  
Lupita Gonzalez, ESL Coordinator

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)  
Peggy Behnken, Receptionist (206-622-3559)  
Marilyn Maddeford, Administrative Assistant (206-622-3559 x3971)

### WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)  
Bev Mauser, Louise Mennella, Wedding Coordinators

### FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm  
Weekdays 8:15 & 5:30 pm  
Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANOINTING of the SICK** A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

**"TAIZÉ" ECUMENICAL PRAYER**, Fridays at 6:30 pm.

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm, June through August. Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

### ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104  
Telephone: 206-622-3559 FAX: 206-622-5303  
Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)  
Emergency Number: 206-467-3049  
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

**W**ELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

**FLOWERS IN THE CATHEDRAL** are from Aurora Turla in memory of Jose Turla, on the fourteenth anniversary of his death.

**ORGAN RECITAL CHANGED** Due to health issues Ruth Draper has postponed her recital to later in the spring; however, she will be here on Monday, January 31 at 7:30pm for a short demonstration of the famous organs of St. James and then she plans to play some amazing works for feet alone! Visitors will be invited to sit in the East Apse to be able to see and hear easily. There is absolutely no charge for this musical opportunity. *Information*, 206-382-4874.

**FEAST OF THE PRESENTATION AND BLESSING OF CANDLES** On February 2, the feast of the Presentation, the Church blesses candles for use in the liturgy during the coming year. You are invited to bring your own candles from home for the blessing, which takes place during the Masses at 8:15am and 5:30pm. The solemn celebration with music will be at 5:30pm on Wednesday, February 2.

**BLESSING OF THROATS ON THE FEAST OF ST. BLASE** St. Blase is credited with saving the life of a boy who was choking to death on a fishbone. Each year on his feast day, February 3, the Church observes the traditional blessing of throats. The blessing takes place in the context of the regularly scheduled Masses, 8:15am and 5:30pm. The blessing will also be offered following the Office of Midday Prayer at 12:10pm in the Chapel.

**FIRST FRIDAY EXPOSITION AND HOLY HOUR** On Friday, February 4, Exposition of the Blessed Sacrament will begin following the 8:15am Mass, and continue until 1:00pm. Holy Hour, with songs, readings, prayers, and rosary, will begin at 12 Noon. All are welcome to join in all or part of this beautiful prayer in the presence of the Blessed Sacrament.

**CONFIRMATION CLASSES FOR ADULTS AND HIGH SCHOOL STUDENTS 16 YEARS AND OLDER** begin Thursday, February 3, 6:30-8:30 pm in Cathedral Place Room 411. Full sacramental initiation (Baptism, Confirmation, and Eucharist) is important for all practicing Catholics, and is particularly important for those who are considering getting married. *Information* TerryAnn Bowen, [tbowen@stjames-cathedral.org](mailto:tbowen@stjames-cathedral.org) or 206-382-2018.

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Thomas Aquinas in Camas and St. John Bosco in Tacoma.*

**FINDING HOPE IN A TOPSY-TURVY JOB MARKET: PRINCIPLES AND TOOLS TO JUMP START YOUR JOB SEARCH** During this year a two-part series of classes will be offered that will incorporate efforts to search for a job within a context of faith and hope. Part one, which takes place on the first Tuesday evening of each month from 7-9 pm in Cathedral Place, second floor (*please note change in location*) will focus on the principles and tools needed for effective job searching. Part two, which takes place on the third Sunday morning of each month from 11:30-1:00 pm in Gallagher Center, basement of the Rectory, will focus on the application of concepts learned in part one, including sharing strategies and struggles with real life experiences of looking for a job. Sessions are facilitated by parishioners who are professionals in this field. *Information*, Helen Oesterle, 206-382-4514, [hoesterle@stjames-cathedral.org](mailto:hoesterle@stjames-cathedral.org) *This month's topic (February 1 and 20): Resumes and References.*

**YOUTH MUSIC FESTIVAL** On Saturday February 5, young musicians will gather at St. James for a day-long festival of music making. Participants include St. James Cathedral, Plymouth Congregational Church, St. Stephen's Episcopal Church, St. Mark's Cathedral, Moorlands Elementary, Cross of Christ Lutheran Church, with Cathedral Youth Artist Award winner Lana Dziekonski, violist, and Cathedral Organ Scholar Thomas Varas. There will be a free concert at 1:00 pm in the Cathedral. All are invited to attend. *Information*, 206-382-4874.

**FROM SOUND TO SILENCE: THE SPIRITUALITY AND PRACTICE OF CENTERING PRAYER** Would you like to give your prayer life a "jump-start" before the Lenten season? If so, join Sister Joyce Cox, BVM, (Formation and Spiritual Director of the Palisades Retreat Center for the Archdiocese of Seattle and Cathedral parishioner) as she shares her wisdom and expertise in the ancient practice of centering prayer. Saturdays, February 5, 12, 19 and 26, from 10:00am-Noon in the Pastoral Outreach Center. Suggested donation \$20/series. *Information*, Helen Oesterle, 206-382-4514; [hoesterle@stjames-cathedral.org](mailto:hoesterle@stjames-cathedral.org).

**CELEBRATING CATHOLIC SCHOOLS—THE RAINBOW SCHOOLS COALITION** On Sunday, February 6 we will celebrate Catholic School education, and in a particular way the Cathedral children who attend one of the five Rainbow Schools. Our parish is a contributing member of the Rainbow Schools Program whereby children from our parish can attend at "parishioner" tuition rates. Approximately 60 cathedral children are enrolled in one of these fine schools. Representatives of Sts. Edward, George, Paul, Joseph and Therese Catholic Schools will be available after the 10:00 and 12:00 Masses during hospitality. Children attending the Rainbow Schools and other Catholic Schools are encouraged to wear their uniforms on February 6! *Information*, Helen Oesterle, 206-382-4514, [hoesterle@stjames-cathedral.org](mailto:hoesterle@stjames-cathedral.org).

## Sacred Steps

### Sacramental Celebrations at St. James

**rites of Acceptance and Welcoming** Last weekend we celebrated the Rites of Acceptance and Welcoming for those in our RCIA process who are ready to take the next step towards becoming full members of our Catholic Christian Church. We welcome *Brad Bambusch, Nicole Bernard, Nan Chot-Cherberg, Christopher Hinkleman, Angeline Pongidin, and Sarah Spears* who are preparing for baptism and enter the order of catechumens; and our candidates: *Daniel Benoit, James Bernhardt, Jon Erb, James Liddell, Llewellyn Matthews, Stanley Ouyang, and Amy Worline* who are already baptized and are preparing for Full Communion with us. Many of them will now participate in the ancient tradition of being dismissed after the homily at the 10:00 AM Mass. Please continue to pray for our catechumens and candidates.

**DISCOVERING THE AMAZING GIFT OF YOUR MARRIAGE** (A Two-Part Workshop) Saturdays, February 12 and April 2; 9:00-4:00 pm; Pastoral Outreach Center. Couples will learn effective skills in speaking and listening to one another, how to protect the relationship from negative words and behavior, learn a simple way to make decisions and solve problems, and fall in love all over again! Presenter: Dr. Robert Fontana, director of Catholic Life Ministries. \$40/couple for both days, \$25 for one day (scholarships available). Babysitting services available. To register please complete the form on parish website or in bulletin. *Information*, Helen Oesterle, 206-382-4514, [hoesterle@stjames-cathedral.org](mailto:hoesterle@stjames-cathedral.org).

**ST. JAMES ENVIRONMENTAL JUSTICE GROUP** Open Meeting Tuesday, February 8, 6:00 pm in the Mother Mary Rose Room, Pastoral Outreach Center. Our faith calls us to care for all of God's creation. Do you feel that call? Do you want to learn more and get involved? Join the St. James Environmental Justice Group to learn about environmental activities at the parish, and to share your own ideas. *Information*, Patty Bowman, 206-382-4515, or [pbowman@stjames-cathedral.org](mailto:pbowman@stjames-cathedral.org).

**JOURNEY THROUGH GRIEF** Are you seeking comfort after the death of a loved one? Join others who have also experienced loss in a prayerful supportive environment. In a six-week guided group process we will journey through our grief and gently embrace our mourning so that ultimately we may find healing. *Information*, John Simpson, Pastoral Care Minister, 206-274-3173 or [jsimpson@stjames-cathedral.org](mailto:jsimpson@stjames-cathedral.org).

The St. James Housing Advocacy Committee Presents

# Advocacy Training

The *2010 One-Night Count* found **8,937** homeless people in King County. Many of them were families with children. Current economic woes have brought many more to the brink of homelessness. At the very time when the need is greatest, Washington State faces massive budget cuts that will likely imperil those in our community who are most in need. **As people of faith, we must do all we can to protect the basic needs of those we serve.**

Please join the St. James Housing Advocacy Committee and Nancy Amidei to learn how we can work together to make sure the top priority of our legislators this session is caring for the most vulnerable in our midst.



**Saturday, February, 12<sup>th</sup>**  
**10:00 am-Noon**  
**Cathedral Hall**



Nancy Amidei is retired from the UW School of Social Work and is the director of the *Civic Engagement Project*. A national expert in advocacy training, she is renowned for her joyful enthusiasm and her untiring determination to draw every member of the community into active participation in the public square.

**Information,** Suzanne Lee, 206-654-4640 or [slee@stjames-cathedral.org](mailto:slee@stjames-cathedral.org).

*Cosponsored by:*

*The Seattle King County Coalition for the Homeless (SKCCH)*

*Faithful Action in Transforming Homelessness (FAITH)*





# FROM SOUND TO SILENCE

THE SPIRITUALITY  
AND PRACTICE OF  
CENTERING PRAYER


**Saturdays,  
February 5, 12, 19 & 26  
10:00am—12:00 Noon  
Cathedral Place, 2nd floor**

Are you seeking calm in the midst of the busyness of your life? Would you like to give your prayer life a “jump-start” before the Lenten season? If so, join Sr. Joyce Cox as she shares her wisdom and expertise in the ancient practice of centering prayer. Whether you are a beginner or regular practitioner, there will be something new to learn and experience.

Sr. Joyce Cox, BVM; is the Formation and Spiritual Director of the Palisades Retreat Center for the Archdiocese of Seattle; and a Cathedral parishioner

Suggested Donation \$20/series.  
*Information:* Helen Oesterle, 206-382-4514;  
hoesterle@stjames-cathedral.org





# **FINDING HOPE IN A TOPSY-TURVY JOB MARKET:**

## **Principles and Tools to Jump Start Your Job Search**

Beginning in January, 2011, St. James Cathedral Parish is sponsoring a series of monthly classes to assist persons who are looking for a job and/or seeking a career change. The classes will partner the development of job searching skills and resources with the personal support needed to remain hopeful, trusting in God's providence and call in our lives. The format will include presentations on job search strategies, resume writing, interviewing, and networking. In addition, there will be open-forum discussions and personal coaching, all within the context of prayer.

### **Part One:**

#### **Overview of principles and tools**

First Tuesday evening of each month  
7:00-9:00pm, Gallagher Center

### **Part Two:**

#### **Practical application of concepts learned in Part One**

Third Sunday of each month  
11:30 am – 1:00 pm, Gallagher Center

### **Presenters:**

**DARCEY McALLISTER**, a parishioner with over 15 years of experience in human resources, she can offer insight into how employers source and select employees and offer strategies on how to bring yourself to their attention. She has worked with a variety of companies and is certified as a Senior Human Resources Professional.

**GRADY ZECH**, a parishioner who brings more than 18 years of professional experience in business development, project management, and career and leadership consulting services to Northwest corporate clients and individuals.

*Information:* Helen Oesterle, [hoesterle@stjames-cathedral.org](mailto:hoesterle@stjames-cathedral.org); 206-382-4514