



ST. JAMES CATHEDRAL  
*The Third Sunday of Lent*  
March 4, 2018

# ORDER OF CELEBRATION FOR

## *The Third Sunday of Lent*

THE FIRST SCRUTINY OF THE ELECT (10:00am)

### INTROIT

*Oculi mei*  
adapt. Stratman



I will pour clean wa - ter u - pon you.

### GREETING

### PENITENTIAL ACT

chant, Vatican XVII



R. 1, 3, 4 Lord, have mer - cy.  
R. 2 Christ, have mer - cy.

### OPENING PRAYER (COLLECT)

## *The Liturgy of the Word*

### FIRST READING

Exodus 17:3-7

### PSALM RESPONSE

Psalm 95  
Proulx



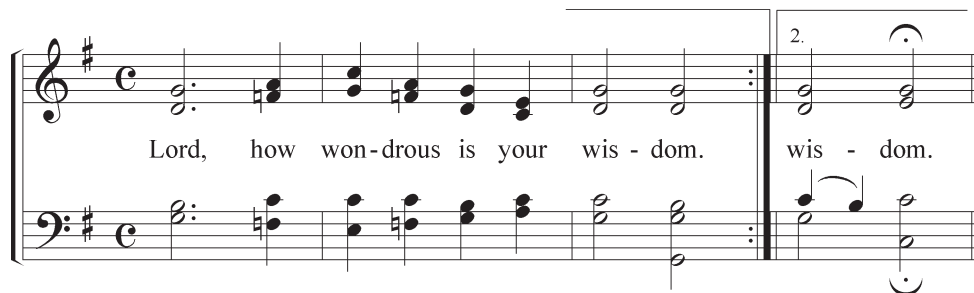
If to-day you hear God's voice, O har-den not your hearts.

### SECOND READING

Romans 5:1-2, 5-8

### TRACT

Stratman



Lord, how won-drous is your wis - dom. wis - dom.

### GOSPEL

John 4:5-42

### HOMILY

Father Michael B. Raschko

## PROFESSION OF FAITH (except at 10:00am)

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God, begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*All BOW*

and by the Holy Spirit was incarnate  
of the Virgin Mary, and became man.

*All STAND UPRIGHT*

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,

and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic  
and apostolic Church.

I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## INTERCESSIONS

### *First Scrutiny of the Elect* (10:00am)

*Litany of Saints*



Lord, we ask you, hear our prayer.

## PRAYER OF EXORCISM

## LAYING ON OF HANDS

*At noon you came to Jacob's well*  
chant

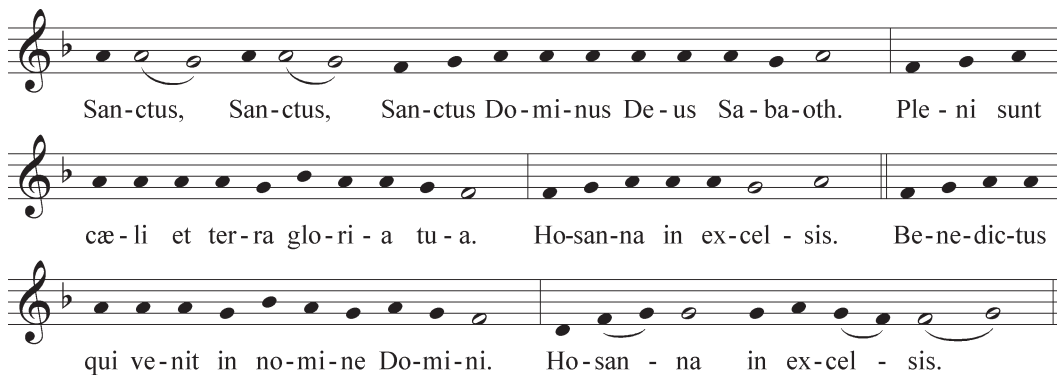
## DISMISSAL OF THE ELECT

### *The Liturgy of the Eucharist*

## SANCTUS

*Missa Deus genitor alme*

Vatican XVIII



AMEN



*Christus vincit*

## *The Communion Rite*

LORD'S PRAYER

AGNUS DEI

Vatican XVII



COMMUNION

*Qui biberit aquam*  
Mode VII

Whoever drinks the water that I shall offer, said the Lord to the Samaritan woman,  
shall have a spring of water within, welling up to eternal life.

Upon returning to your place after Holy Communion, please kneel or be seated.

**Low-gluten hosts are distributed at the credence table near the presider's chair.**

HYMN OF PRAISE

*I heard the voice of Jesus say*  
KINGSFOLD



PROCESSION



# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)  
Brenda Bellamy, Children's Faith Formation (206-274-3108)  
Rosanne Michaels, Faith Formation (206-654-4658)  
Julianna Castro, Baptism Coordinator (206-619-0816)  
Theresa Van de Ven, Administrative Assistant (206-219-5822)

### FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)  
John Marquez, Julie Sharples, Ward Johnson, Peter Burns,  
Stephen Pace, sacristans (206-654-4646)

### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist  
Stacey Sunde, Director of Youth Music  
Marjorie Bunday, Music Office Assistant

### SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)  
Hunt Hoffman, Hospitality and Administrative Support (206-382-4235)  
Cathedral Kitchen: Teddi Callahan (Director), Carol DeMatteis,  
Keith Emry (206-264-2091)

### MENTAL HEALTH and WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director  
Glenda Caldwell, ESL Specialist; Patrick Suhrbier, Immigrant Legal  
Services; Caroline Okello, Community Activation Coordinator

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### YOUTH MINISTRY and YOUNG ADULT MINISTRY

Curtis Leighton, Director (206-264-2082)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)  
Margaret Lynch, Wedding Office (206-382-4288)  
Bev Mauser, Louise Mennella, Wedding Coordinators  
Jane Mueller, Receptionist (206-622-3559)

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)  
Alan Frasher, Melina McCombs, Steve Raab, David Wilson

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm  
Weekdays 8:15 & 5:30 pm  
Saturdays 8:15 & "Vigil" 5:30 pm

#### LITURGY of the HOURS Weekdays at 12:10 pm

#### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Julianna Castro for information, 206-619-0816.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANointing of the SICK** A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the Parish Office for information.

**FUNERALS** for parishioners, contact Suzanne Lee, 206-654-4640.

**CONTEMPLATIVE ECUMENICAL PRAYER**, First Fridays, 6:30 pm

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

**PARISH OFFICE HOURS:** Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

**WELCOME, VISITORS!** *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. For more information about the parish, to register, or to ask a question, visit our **Sunday Help Desk** at Coffee Hour. A Cathedral staff person will be on hand to assist you. Be sure to stop by the **Cathedral Bookstore** after Mass for a wide selection of Cathedral souvenirs as well as Catholic books and gifts.*

**FOR YOUR SAFETY** At each of the weekend Masses a Seattle police officer is present on the Cathedral campus.

**ON THE COVER** *Seven Fountains*. East Nave Clerestory Window, St. James Cathedral. Charles Connick, artist.

**THE SCRUTINIES** Lent began in the Church as a time of intense spiritual preparation and healing for the Elect, those preparing to celebrate the sacraments of Baptism, Confirmation, and First Holy Communion at the Easter Vigil. On the third, fourth and fifth Sundays of Lent, the Church pours out her most powerful prayers for deliverance from sin and evil during the Scrutiny Rites. These rites will take place at the 10:00am Mass on March 4, March 11, and March 18. Please pick up a prayer card at the Place of Prayer near the font and pray for our Elect each day during this holy season. As Easter draws near, you will be invited to write a note telling our Elect of your prayerful support.

**PARISH PILGRIMAGE UPDATES** Today, Father Ryan and our 250 pilgrims are celebrating Mass at St. Peter's Basilica and joining in the Sunday Angelus with Pope Francis. This past week, they visited great shrines in Florence and Siena. In the coming week, they will have the opportunity to pray in Assisi at the shrines of Saint Francis and Saint Clare, as well as to celebrate Mass at the tomb of St. Paul. To see photos of the pilgrimage and daily updates on their travels, follow the Cathedral on Facebook @stjamesseattle and/or Instagram @stjamescathedral.

**LET YOUR KIDS CATCH YOU PRAYING!** Parent's Faith Formation continues today. Meet in Room 206 of O'Dea High School from 11:05 to 11:40. *Information* Rosanne Michaels, 206-654-4658 or [rmichaels@stjames-cathedral.org](mailto:rmichaels@stjames-cathedral.org).

**PILATES AT SAINT JAMES CATHEDRAL** Thursday, March 8, 4:15-5:15pm, Holy Names Room. This class taught by parishioner and certified Pilates teacher Jenny Dailey classes will be held once a month on second Thursdays Pilates heals old injuries and helps to correct postural imbalances. Bring a mat if you have one; some will be provided. *Information*, Nancy Granger, [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org) or 206-382-4269.

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. Louise in Bellevue and St. Patrick in Seattle and Tacoma.*

## YOUTH MINISTRY

**OSCAR PARTY TONIGHT** Sunday, March 4. Come for prizes, food and fun! The show starts at 5pm -- come for all or part of the evening. Black tie optional!

**TRI-PARISH FOOD BANK** We'll be volunteering on Holy Saturday, March 31 at the food bank in Skagit Valley. To RSVP for this service opportunity, email Curtis.

*Information, Curtis Leighton, 206-264-2082, cleighton@stjames-cathedral.org*

**LENTEN ADORATION ON FRIDAY EVENINGS** Each Friday during Lent, we will have an hour of Exposition of the Blessed Sacrament following the 5:30pm evening Mass. It is a time for silent prayer in the presence of Christ, lasting until 7:00pm. Stay for the whole prayer or drop in for a few minutes.

**SACRAMENT OF RECONCILIATION** This Lent, there are many opportunities to celebrate the sacrament of God's mercy. Confessions are heard each Saturday from 4:00—5:00pm. Our communal celebrations of the Sacrament of Penance will be Saturday, March 10 at 4:00pm and Monday, March 19 at 7:30pm.

**PAX CHRISTI AT ST JAMES** Visit our Pax Christi peace and justice group at 1:15pm (after the Noon Mass) on Sunday, March 11 in the Pastoral Outreach Center. We meet the second Sunday of each month. Come to our meeting to learn more about working for peace and justice in our world. *Information, Hunt Hoffman, hhoffman@stjames-cathedral.org or 206-382-4235.*

**HAVE YOU DRIFTED AWAY FROM YOUR CATHOLIC FAITH?** Do you have a desire to return to your faith, and to the sacraments? Come join our Cathedral Welcome Back team for a single session. We'll listen to your needs, and offer ways you can deepen your understanding of your own Catholic faith .... whether in the context of a daytime group, an evening series, or even an individual meeting. Single sessions will be Monday afternoon, March 12, from 3:00 – 4:30 pm, OR Monday evening, March 12, from 7:00 – 8:30 pm., in Cathedral Place, 803 Terry. *Questions, or to RSVP, Rosanne Michaels, rmichaels@stjames-cathedral.org, or 206-654-4658.*

**CAPPELLA ROMANA CONCERT—IVAN MOODY: THE AKATHISTOS HYMN** Friday, March 16 at 8:00pm. Rev. Dr. Ivan Moody, British composer, conductor, and Orthodox priest, returns to direct his stunning setting of the sixth-century hymn to the Mother of God. There will be a pre-concert talk at 7:00pm in Room 1EW of Cathedral Place (803 Terry Avenue). *Information and passes at www.cappellaromana.org.*

**DO YOU WANT TO BECOME A US CITIZEN?** St. James Immigrant Assistance can help you prepare for the test with free tutoring. We can also help you complete your application for citizenship. *Information, Glenda Caldwell, gcaldwell@stjames-cathedral.org or 206-382-4511.*

**BYRD ENSEMBLE CONCERT—EVOLUTION OF CHANT: A STARTING POINT** Saturday, March 17 at 8:00pm. Chant has been the cornerstone of Western music since the ninth century. The Byrd Ensemble explores motets based on chant from Thomas Tallis's *Loquebantur variis linguis* to American composer Eric Whitacre's *Sainte-Chapelle*. *Information and passes at www.byrdensemble.com.*

**VINCENTIAN VOLUNTEERS IN THE UK** Are you aged between 18-35? Have you ever wanted to live in another country while making a real difference in the community? Have you thought about trying to live out Gospel values in a faith-filled group? If the answer to these questions is yes, then become a Vincentian Volunteer in the UK - living in community, serving the needy and living out your faith practically. Spend a year that will change your life. If you want to know more, visit [www.vincentianvolunteers.org.uk](http://www.vincentianvolunteers.org.uk).

**SEATTLE CAMINO DE SANTIAGO** On March 24, join other pilgrims in a mini-Camino de Santiago. The pilgrimage begins with a free hot lunch at St. John's Church in Greenwood at 11:30am. Pilgrims pray two Stations of the Cross at each of seven churches, beginning at St. John's and finishing at St. James Cathedral around 5pm. We walk and ride Metro busses, with a church minibus backup. Pilgrims are welcome to drive. *Information, Jim Russell, russelljim12@gmail.com, 206-782-6666.*

**CATHEDRAL GARDEN VOLUNTEERS NEEDED** We are preparing to get the Cathedral Garden back up and running and need volunteers! *Information, hhoffman@stjames-cathedral.org or 206-382-4235.*

**MARK YOUR CALENDAR FOR SVDP'S "STUFF THE TRUCK" EVENT** On Sunday, April 22 (8:00am-2:30pm), a St Vincent de Paul truck will be in the O'Dea parking lot to receive your donations of gently used clothes, shoes, kitchen and other household goods, books, DVDs, CDs, sports equipment and other re-sellable items. Last year dozens of parishioners donated countless treasures that were then sold through SVdP's five King County thrift shops. Sale proceeds benefitted our neighbors in need. Can you help us haul away an even bigger stash of treasures this year? *Information, Ken Goddard, 206-981-7185.*

**APPLICATIONS FOR CATHOLIC SCHOOL SCHOLARSHIPS** St. James supports SIX Catholic Elementary Schools in Seattle: St. Therese, St. Paul, St. Edward, St. George, St. Joseph and Holy Family Bilingual. These schools provide in-parish tuition rates for registered St. James parishioners. We also support FOUR Catholic High Schools (O'Dea, Holy Names, Bishop Blanchet, and Kennedy Catholic) through the Simperman Scholar program. Contact Theresa Van de Ven at 206-219-5822 or at [tvandeven@stjames-cathedral.org](mailto:tvandeven@stjames-cathedral.org) for requirements and an application packet for the 2018-2019 school year. Completed applications must be submitted by April 30.

**A WEEKLY TIP ON CARING FOR OUR COMMON HOME** When driving long distances, try using cruise control. You could increase your mileage by 15%.

**REST IN PEACE** Please pray for the repose of the soul of *Sally Parks*.



# Lenten Evenings of Reflection

MONDAY EVENINGS, 7-9PM  
PASTORAL OUTREACH CENTER, ST. JAMES CATHEDRAL

## MARCH 5: SR. ALEXANDRA KOVATS, CSJP

### *CARING FOR ALL THAT GOD HAS CREATED*

In this prayshop (serving as both retreat and workshop), Sr. Alexandra Kovats will explore *Laudato Si'*, Pope Francis' encyclical on care for our common home. If we are called to protect the lives of the poor and the vulnerable, how do we extend that care to our planet, as an integral part of our faith? In addition, the participants will be called to consider that they are intrinsically bound to the environment. The bond between humans and the natural world means that we live in an “**integral ecology**,” and as such, an integrated approach to environmental and social justice is required.



ALEXANDRA KOVATS, CSJP (Congregation of the Sisters of St. Joseph of Peace) has served as adjunct professor at the School of Theology and Ministry at Seattle University since 1989. She travels extensively to facilitate retreats, and is executive director of *GreenHearth Collective*, a nonprofit that focuses on urban ecology and spirituality.

## MARCH 12: JESUS HUERTA

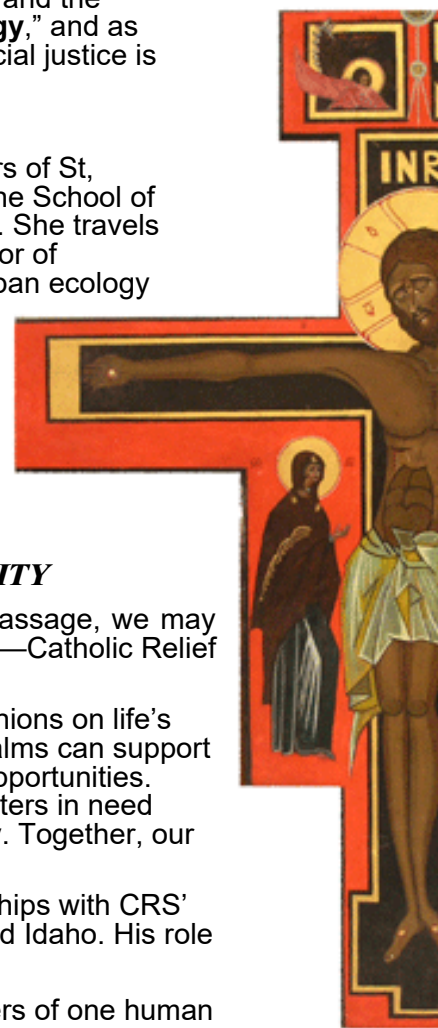
### *TRANSFORMATION THROUGH GLOBAL SOLIDARITY*

We are called to love our neighbor. But, like the scholar in the scripture passage, we may find ourselves wondering, “Who is my neighbor?” This Lent, CRS Rice Bowl—Catholic Relief Services' Lenten faith-in-action program, will help us answer that question.

We are invited to reflect on how an encounter with our neighbor—as companions on life's journeys—can be transformative. We will see how our prayers, fasting and alms can support those worldwide who are forced to flee their homes to find safety or better opportunities. Through this evening's retreat, we will hear stories from our brothers and sisters in need worldwide, and enter into Lenten prayer by walking with them on the journey. Together, our lives will be changed and transformed.

As Relationship Manager, Jesús is responsible for managing CRS' relationships with CRS' partners in Oregon, Washington, Alaska, Montana and Idaho. His role is to:

- Foster greater awareness of all people as members of one human family, and help people in the United States understand that through faith and action, they can contribute to the greater good of the world community.
- Support diocesan leaders with education and speaker tours to build global solidarity through the work of CRS.
- Offer classes, workshops, and retreats on themes in social justice, scripture and spirituality to contribute to religious education programs in each diocese for both the English-speaking and Spanish-speaking Catholic communities.





إن تحريري مرتبط بتحريركم

Second Annual Catholic

# Immigration Summit

*My liberation is bound up with yours*

Join fellow Catholics as we share our immigrant journeys – old and new – and discern where we go together from here. Check-in begins at 8:30 am. The day concludes with mass with Bishop Mueggenborg in the Chapel of St. Ignatius at 3 pm. Lunch, refreshments and parking are provided at this free event. Registration is required.

## Saturday, March 10, 2018

9 am - 4 pm | Seattle University | Campion Ballroom

Register by March 6 at [seattleu.edu/ictc](http://seattleu.edu/ictc)

For questions: Chris Koehler ([ckoehler@stjames-cathedral.org](mailto:ckoehler@stjames-cathedral.org)) or Joe Cotton ([joe.cotton@seattlearch.org](mailto:joe.cotton@seattlearch.org))



**Share the Journey**  
#sharejourney

For more information on #sharejourney, visit [seattlearchdiocese.org/stj/](http://seattlearchdiocese.org/stj/). This **Share the Journey** event is co-sponsored by:



ARCHDIOCESE  
OF SEATTLE



CATHOLIC COMMUNITY SERVICES  
CATHOLIC HOUSING SERVICES  
OF WESTERN WASHINGTON



Intercommunity  
Peace & Justice Center

St. James  
Immigrant Assistance

**SEATTLEU**

CAMPUS MINISTRY

INSTITUTE FOR  
CATHOLIC THOUGHT AND CULTURE



# THE FIFTH ANNUAL St. Patrick's Day Pancake Breakfast

**BENEFITING THE SOLANUS CASEY CENTER**

**Sunday, March 18, 2018**

following the **10:00am MASS**  
Cathedral Hall

You're invited to a fun  
and delicious breakfast of...

**Pancakes ★ "Irish" whipped cream**  
**Sausages ★ Roast Potato Hash**

...all for a suggested donation of

**\$10!**

(\$6 for kids under 12)

This fun annual event is a fundraiser for our own Solanus Casey Center, with its special mission of providing referrals and basic services for homeless and low-income men and women. **This year, there is a special need for bus passes, which cost \$36 each. Let's try to raise enough to distribute 100 bus passes!**

There will also be a **raffle** with some great prizes; Irish dance courtesy the young dancers of **Tara Academy**, as well as prizes for the best St. Patrick's Day outfits (children and adults!). So wear some green and join us! **Skip the line: Breakfast tickets and raffle tickets will be available at coffee hour on Sundays, March 4 and 11 after the 8am and 10am Masses. Please consider buying a breakfast for a person in need.**

**MANY VOLUNTEERS ARE NEEDED!**

Information, Hunt Hoffman, 206-382-4235  
or e-mail [hhoffman@stjames-cathedral.org](mailto:hhoffman@stjames-cathedral.org)

**WWW.STJAMES-CATHEDRAL.ORG**





On **Saturday, March 24**, the kids and families of ***March For Our Lives*** will take to the streets of Washington DC and many cities throughout the United States to demand that their lives and safety become a priority and that we end gun violence and mass shootings in our schools today.

Not one more. We cannot allow one more child to be shot at school. We cannot allow one more teacher to make a choice to jump in front of a firing assault rifle to save the lives of students. We cannot allow one more family to wait for a call or text that never comes. Our schools are unsafe. Our children and teachers are dying. We must make it our top priority to save these lives.

***March For Our Lives*** is created by, inspired by, and led by students across the country who will no longer risk their lives waiting for someone else to take action to stop the epidemic of mass school shootings that has become all too familiar. In the tragic wake of the seventeen lives brutally cut short in Florida, politicians are telling us that now is not the time to talk about guns. ***March For Our Lives*** believes the time is now.

To register for the Seattle March, which will begin at Cal Anderson Park and conclude at the Seattle Center, go to **[www.marchforourlives.com](http://www.marchforourlives.com)**.

**St. James Cathedral will join in this non-violent call for a change in our society. We will gather in Cathedral Hall on Saturday, March 24 at 9am. Bring posters and signs advocating for an end to a culture of violence. Father Ryan will lead us in prayer. We will then process to Cal Anderson Park to join the Seattle March.**

**RSVPs encouraged to Patrick Barredo, 206.382.4515 or [pbarredo@stjames-cathedral.org](mailto:pbarredo@stjames-cathedral.org).**

## ST. JAMES CATHEDRAL PARISH

We are the cathedral for the Catholic Archdiocese of Seattle and its Archbishop, The Most Reverend J. Peter Sartain. We are also a parish church for a vibrant faith community with a long history that reaches back to Seattle's early days.

We are an inner-city parish with an outreach to many who live on the edge of poverty and loneliness. We are a diverse community that welcomes, accepts, and celebrates the differences we all bring. We exist in the heart of the city, yet sometimes our parishioners come from considerable distances to worship here.

St. James Cathedral is a crossroads where ideas and challenges both old and new are explored in the light of the Gospel of Jesus Christ.

Our cathedral is also the center for many cultural and ecumenical events which both reflect and help to shape the fabric of a vital metropolitan community.

Above all, St. James Cathedral is a community of prayer.

