

ORDER OF CELEBRATION FOR

The Fifteenth Sunday in Ordinary Time

CELEBRATION OF THE SACRAMENT OF BAPTISM (Noon)

PRELUDE

Psalm Prelude No. 1

Howells

ENTRANCE

O breathe on me, O breath of God

ST. COLUMBA



1. O breathe on me, O breath of God, Fill me
2. O breathe on me, O breath of God, Un - til
3. O breathe on me, O breath of God, My will
4. O breathe on me, O breath of God: So shall

with life a - new, That I may love the
my heart is pure; Un - til my will is
to yours in - cline, Un - til this self - ish
I nev - er die, But live with you the

things you love, And do what you would do.
one with yours, To do and to en - dure.
part of me Glows with your fire di - vine.
per - fect life Of your e - ter - ni - ty.

PRESENTATION OF THE CHILDREN TO BE BAPTIZED (Noon)

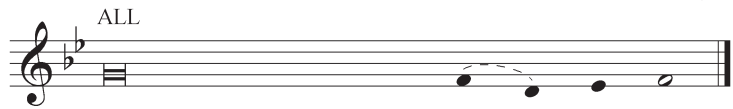
PENITENTIAL ACT

St. James Mass for Peace

Herbolsheimer



1, 3. Ky - ri - e e - le - i - son.
2. Chri - ste e - le - i - son.



Glory to God in the highest,
We praise you, we bless you,
We glorify you, we give you thanks
Lord God, heavenly King,
Lord Jesus Christ, Only Begotten Son,
you take away the sins of the world,
you take away the sins of the world,
You are seated at the right hand
of the Father,
For you alone are the Holy One,
you alone are the Lord,
with the Holy Spirit,

and on earth peace to peo- ple of good will.
we a- dore you,
for your great glory.
O God, almighty y Fa- ther.
Lord God, Lamb of God, Son of the Father;
have mer- cy on us;
re- ceive our prayer;

have mer- cy on us.

you alone are the Most High Je- sus Christ,
in the glory of God the Father, A - - - men.

OPENING PRAYER (COLLECT)

THE LITURGY OF THE WORD

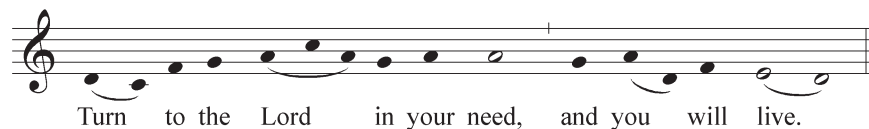
FIRST READING

Deuteronomy 30:10-14

RESPONSORIAL PSALM

Psalm 69

Marier



SECOND READING

Colossians 1:15-20

ALLELUIA

Herbolsheimer



GOSPEL

Luke 10:25-37

HOMILY

Father Michael G. Ryan

PROFESSION OF FAITH (except at Noon)

[ALL STAND UPRIGHT]

**I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

[ALL BOW]

**and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

RITE OF BAPTISM (Noon)

INTERCESSIONS AND LITANY OF SAINTS No. 827

BLESSING OF BAPTISMAL WATER

PROFESSION OF FAITH *All join in the response, I do.*

ACCLAMATION FOLLOWING EACH BAPTISM Herbolsheimer, adapt.

SPRINKLING WITH BAPTISMAL WATER **O wash me, Lord.** chant

ENTRANCE OF THE NEWLY BAPTIZED

EXPLANATORY RITES

Anointing with Chrism, White Garment Prayer, Presentation of a Lighted Candle

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

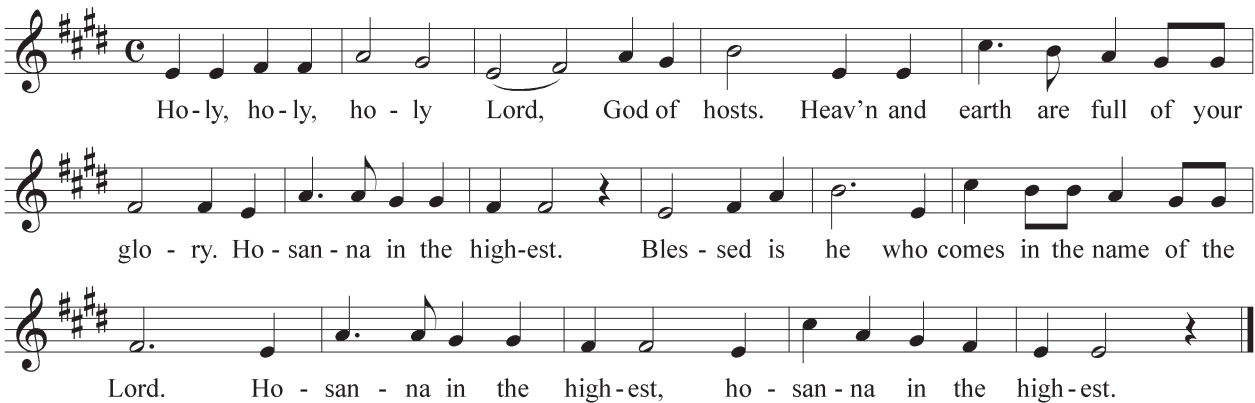
Offertory (10:00 and Noon)

Prevent us, O Lord
Byrd

Prevent us, O Lord, in all our doings with thy most gracious favor,
and further us with thy continual help; that in all our works begun, continued, and ended in thee,
we may glorify thy holy Name. And finally by thy mercy, obtain everlasting life;
through Jesus Christ our Lord. Amen.

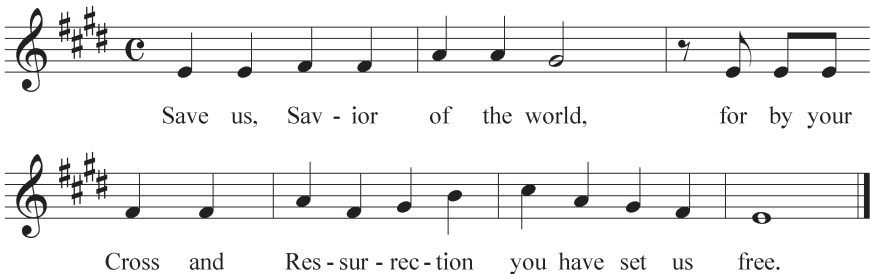
SANCTUS

St. James Mass for Peace
Herbolsheimer



MYSTERY OF FAITH

Herbolsheimer



AMEN

Proulx



LORD'S PRAYER

AGNUS DEI

Herbolsheimer

Response 1, 2



Response 3



COMMUNION

The sparrow has found herself a home, and the turtle dove chant, Mode I
a nest in which to lay her young: at your altars, O Lord of hosts,
my King and my God. Blessed are they who dwell in your house;
they shall praise you for ever and ever.

(10:00 and Noon)

O sacrum convivium

Tallis

Low-gluten hosts are distributed at the credence table near the presider's chair.

When you return to your place, please kneel or be seated.

HYMN OF PRAISE

In Christ there is no east or west

MCKEE

1. In Christ there is no east or west, In
2. In him shall true hearts ev - 'ry - where Their
3. Join hands, dis - ci - ples in the faith, What -
4. In Christ now meet both east and west, In

him no south or north, But one great fam - 'ly
high com - mun - ion find; His ser - vice is the
e'er your race may be! Who serve each oth - er
him meet south and north, All Christ - ly souls are

bound by love Through - out the whole wide earth.
gold - en cord Close - bind - ing hu - man - kind.
in Christ's love Are sure - ly kin to me.
one in him, Through - out the whole wide earth.

PROCESSION

Fantasy and Toccata in D Minor

Stanford

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

John Marquez, Peace Phan, sacristans (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Dr. Paul A. Thornock, Director of Music

Joseph Adam, Associate Director of Music & Organist

Stacey Sunde, Director of Youth Music

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Tom Frasene, Outreach Ministries, Young Adults (206-382-4235)

Teddi Callahan, Carol DeMatteis, David Grech,

Cathedral Kitchen (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Patrick Suhrbier, Immigrant Legal Services

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

YOUTH MINISTRY and YOUNG ADULT MINISTRY

Curtis Leighton, Director (206-264-2082)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Keith Emry, Alan Frasher, Melina McCombs, Steve Raab

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOIDING of the SICK A communal celebration is held twice yearly. In other situations (anticipated surgery, emergency) please call the parish office.

FUNERALS for parishioners, please contact Suzanne Lee, Family Ministry, 206-654-4640.

CONTEMPLATIVE ECUMENICAL PRAYER, First Fridays, 6:30 pm

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

WELCOME, SUMMER VISITORS! *St. James Cathedral is proud to welcome visitors from near and far throughout the summer months. Each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence in our midst today. Last week, we had visitors from Weston, MA; Durham, NC; Vancouver, BC; and Memphis, TN. The winner of our drawing was from Lima, OH.*

COVER ART View of the Cathedral's North Tower from the top of the South Tower.

FLOWERS AT THE ALTAR are offered in loving memory of Bryan Henderson from his family.

ARCHBISHOP SARTAIN will be undergoing spinal surgery at a New York hospital this coming week. He will be grateful for the support of our prayers now and during the fairly lengthy period of convalescence.

YEAR OF MERCY We welcome all pilgrims to St. James Cathedral during this Year of Mercy. Whether you are a visitor or a regular at St. James, you can walk through the Holy Doors of Mercy, the four bronze doors at the Cathedral's west entrance. The center doors are opened before and after each Mass. A self-guided pilgrimage of prayer, *The Way of Mercy*, is available as well—pick up a flyer just inside the Holy Doors.

CAMINO SEATTLE WALK AFTER 10AM MASS Join us for a short history walk this morning. Starting from St. James shortly after the 10:00am Mass, our walk will take in the highlights of one of Seattle's oldest neighborhoods: First Hill. We will start from our beloved Cathedral and walk the tree-lined streets as we highlight some historic buildings and glimpse the glory days of our First Hill neighborhood. This 1.5 mile walk will last just under one hour. Gather on the west steps of the Cathedral (in front of the bronze doors) after 10 o'clock Mass. All are welcome—even if you're not participating in Camino Seattle!

CATHEDRAL BOOKSTORE OPEN AFTER MASS Visitors and regulars alike are invited to stop by the Cathedral Bookstore, open following each weekend Mass thank to our volunteers. Books, rosaries, religious items, Cathedral souvenirs, and much more! The Bookstore is located in the Archbishop Murphy Courtyard just south of the Cathedral.

CONFRONTING PORNOGRAPHY SUPPORT GROUP: *NEW DAY/PLACE* St. James holds an anonymous support group to overcome habits of porn use on Wednesdays, 8pm in the Pastoral Outreach Center (907 Columbia St.). All are welcome. *Information*, Tom Frasene, tfrasene@stjames-cathedral.org.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Benedict in Seattle and St. Mary Magdalene in Everett; and the Carmelite Monastery of St. Joseph in Shoreline.*

YOUNG ADULT MINISTRY

For parishioners in their 20s and 30s

VOLUNTEER AT RAINIER VALLEY FOOD BANK

Live out your Gospel call to serve at the Rainier Valley Food Bank on Saturday, July 16! Time to be determined. RSVP to Tom if you're interested.

THIRD SUNDAY SOCIAL Stop on by the Rectory Parlors on Sunday, July 17 after the 5:30pm Mass for good company, wine, and cheese.

SPIRITUALITY THROUGH FILM On Thursday, July 18 at 6:30pm in the Pastoral Outreach Center, we'll watch the 1954 classic *On the Waterfront*, a film that explores the dignity of labor on the docks of 1950s Hoboken, New Jersey.

*Information, Tom Frasene,
tfrasene@stjames-cathedral.org*

Opportunities to Serve

Do you long to get more involved in the Cathedral parish and find ways to meet fellow parishioners and form community here? The best way to do that is by getting involved in one of our many ministries! Here are some current opportunities.

MASS COMPANIONS AND DINNER COMPANIONS

NEEDED Would like to offer the 'ministry of presence' at masses and weekday meals to our brothers and sisters who experience homelessness and disadvantage? To learn more please contact Nancy Granger, RN, 206-382-4369 or ngranger@stjames-cathedral.org.

NOON MASS: HELPING HANDS NEEDED AT

COFFEE HOUR Do you have a passion for hospitality? If so, St. James is looking for more Coffee Hour volunteers! We need helping hands to help serve muffins and coffee after the Sunday noon Mass, 1pm-2:30pm. *Information, Tom Frasene,
tfrasene@stjames-cathedral.org*.

JOB OPENING The Cathedral has an opening for a part time (32-36 hours/week) Hospitality Coordinator and Administrative Assistant for Outreach and Youth/Young Adult Ministry. The position includes an excellent benefits package. To receive a job description, applicants should download the Archdiocesan Job Application at: <http://www.seattlearchdiocese.org/HR/Documents/EmploymentApplication1.pdf> and send it with a resume, via e-mail, to Larry Brouse, lbrouse@stjames-cathedral.org.

HUNTHAUSEN GOLF TOURNAMENT Do you golf? And do you believe in the Cathedral's many outreach ministries, especially the Cathedral Kitchen? Then this event is for you! On Monday, August 29, at Glendale Country Club in Bellevue, we will hold our 20th annual Hunthausen Golf Tournament. Over the years, this tournament has raised hundreds of thousands of dollars to support Cathedral outreach ministries. Please be a part of it this year, by golfing, attending the dinner, sponsoring a hole, or donating an item to our auction! *Information, Maria Laughlin, 206-382-4284 or mlaughter@stjames-cathedral.org. Download registration materials at www.stjames-cathedral.org/golf.*

THE 'WELLNESS RECOVERY ACTION PLAN' or WRAP is a self-designed prevention and wellness process that anyone can use to get well, stay well and make their life the way they want it to be. Based on the recovery concepts of Hope, Personal Responsibility, Education, Self- Advocacy, and Support, WRAP users worldwide indicate that WRAP helps them feel prepared and improves the quality of their life. Individuals experiencing all levels of mental health challenges have benefitted from this program, and many credit it for changing their lives. If you would like to learn more about an upcoming WRAP training session that will take place in Seattle on Thursday afternoons, July 14—September 1, 1–4 pm, please contact Helen Vasik 206-972-7647 between 10am–7pm. *Reservations required; cost \$25.*

GENTLE CHAIR YOGA Join a relaxing, restorative practice on Thursdays, 6:30 – 7:30pm. Classes will be held in the Pastoral Outreach Center, Holy Names Room. *Information, Nancy Granger, 206-382-4369.*

ST VINCENT DE PAUL THANKS YOU Sleeping on a dog's bed? That's what we discovered when we visited a middle-aged woman living Downtown who had just come home from a two-week hospital stay and sought our help. She could not afford a bed, and a well-intentioned neighbor had loaned her the "doggy mattress" so she wouldn't have to sleep on the floor. With your financial support, we arranged delivery of a new bed and a clean set of sheets to help this poor woman recuperate – thank you! Would you like to be an SVdP home visitor? *Information, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.*

CABRINI MINISTRY TRAINING trains people to listen and to bring the compassionate presence of Christ to those who are isolated or afflicted. The program will be offered in two locations this year. Classes at Holy Family Kirkland will be held on Tuesdays from 12:30 to 2:30pm beginning October 25. Classes at Chancery Place in Seattle will be held one Saturday per month from 9:30am to 2:30pm beginning September 17. *Information, info@cabriniministry.org, 206-760-0583 x3, or visit the website at www.cabriniministry.org.*

HUNTHAUSEN AUCTION DONATIONS A fun part of our August 29 Hunthausen Golf Tournament is a silent auction with a wide range of donated items. We are looking for dinner gift cards, bottles of wine, tickets to concerts and special events. We are especially in need of sports tickets. Do you have tickets to a sporting event in the coming year? Do you have an autograph of a professional athlete you don't know what to do with? Consider donating to the Golf Tournament! *Information, Margaret Lynch, 206-382-4288 or mlynch@stjames-cathedral.org.*

Holy Things, Holy People

Exploring Catholic history in the Northwest through treasures from the past

PART 39: 15TH STATION BY GABRIEL LOIRE FOR THE SISTERS OF PROVIDENCE

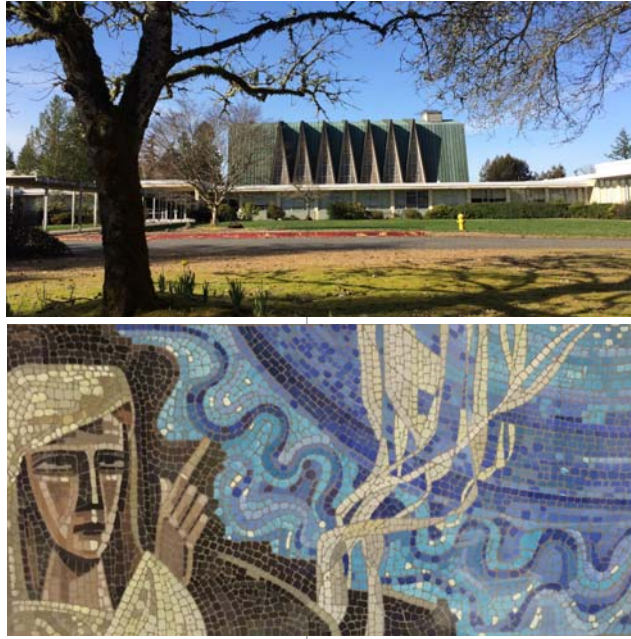
10 JULY 2016

In the 1930s, the Sister Formation movement began to gather momentum among American women religious. Catholic sisters had been pioneers in education in the United States. They ran thousands of elementary and high schools, and not a few colleges as well. However, the intellectual preparation of the Sisters was inconsistent at best. Many religious communities were unable to provide adequate training for young novices, who often entered the classroom not much older than the children they were teaching, and with little background in the subjects they were to teach or in the art of teaching itself. It was a recipe for frustration for teachers and students alike. On the rare occasions when Sisters were allowed to go on to further education, they usually had to do so through intensive summer courses, because their presence was required in the classroom throughout the school year. It could take them ten or even twenty years to complete a degree program.

That began to change in the 1940s and 1950s. In the summer of 1956, a group of leaders in the Sister Formation movement gathered in Everett, where they developed a model for the preparation of Sisters for teaching and other ministries. The “Everett Curriculum,” as it came to be called, was promptly put in place in a new program—the Providence Sisters’ Institutional Branch at Seattle University.

The program was a striking success, so much so that the Providence Sisters decided to build a brand-new dedicated campus which would provide training for Sisters of Providence and other congregations of women religious as well. The complex of buildings cost 4 million dollars, and included classrooms, living quarters, and a large chapel.

Providence Heights College of Sister Formation was blessed on July 21, 1961. It was a major event for the Church in the Pacific Northwest: Archbishop Vagnozzi, the Apostolic Delegate, presided, while Archbishop Connolly preached. “This is an historic and auspicious occasion,” Connolly began, “a far cry from the year 1857 when five Sisters of Charity of Providence founded the first permanent school in the northwest in a rude wilderness outpost on the Columbia River.” Echoing the words of the pioneers of the Sister Formation movement, he said: “there is no justice in taking a young woman who has left the world to dedicate her life to the service of God and the Church and in hustling her ill-equipped, intellectually and spiritually, into her teaching assignment. The sisters have taken the vows of poverty, chastity, and obedience... but they have not taken a vow of intellectual incompetence or professional incapacity.”



Above: The Chapel of Our Lady of Sorrows at Providence Heights Sisters College in Issaquah featured monumental stained glass by renowned artist Gabriel Loire of Chartres, France, commissioned by the Sisters of Providence. Loire also created the Stations of the Cross. **Below:** Loire designed a 15th Station of the Resurrection which was not installed. He gifted his study drawing to the Sisters of Providence. *Courtesy of the Archives of the Sisters of Providence, Seattle.*

The Providence Heights campus reflected the Sisters’ search for the best in contemporary architecture and art. The Sisters chose local artists for the altar, pews, and tabernacle, but for the windows and the Stations of the Cross they went all the way to Chartres, France and to Gabriel Loire. Loire, one of the most prominent stained glass artists of the time, created fourteen massive triangular windows representing favorite themes of the Sisters of Providence: the seven works of mercy and the seven sorrows of Mary. Loire used a technique called *dalle de verre* (literally, “glass slabs”), setting one-inch thick pieces of glass into concrete. The strength of the concrete allowed him to create enormous stretches of stained glass—the windows at Providence Heights are thirty feet high—and the thickness of the glass made for an extraordinary richness of color.

In addition to the windows, Loire created a remarkable set of mosaic Stations of

the Cross for the Sisters. He proposed a fifteenth station of the Resurrection, but this was quite a modern idea in 1961, and this last station was never actually made. Loire eventually gifted his original drawing for the fifteen station to the Sisters of Providence.

Art was given high priority at Providence Heights. In addition to the wonderful Chapel appointments, the new campus housed a truly remarkable collection of art gifted to the Sisters over the years: works by Bronzino, Sir Thomas Lawrence, Angelica Kauffman, among others. The collection—which was made accessible to the general public—was the clearest possible expression of the Sisters’ belief in the importance of the arts in the spiritual and intellectual formation of the human person.

The glory of Providence Heights was short-lived. The upheaval of the 1970s saw a total transformation of religious life: the number of vocations dropped and those who entered were often older than they had been in the past; most had already completed their undergraduate education. The Sister Formation movement lost its urgency. Just ten years after its dedication, Providence Heights was sold. It housed the Lutheran Bible Institute before ownership transferred to City Church. Now, the 1961 campus has been sold again, and will soon be razed to make way for a new housing development. Plans are underway, however, to preserve the Loire windows and stations—a reminder of a short-lived but important endeavor in the history of the Archdiocese of Seattle.

—Corinna Laughlin, *Pastoral Assistant for Liturgy*

You can view a video tour of Providence Heights in its heyday at the YouTube channel of the Providence Archives. Link at the Cathedral website!

Remembering Auschwitz



Monday, July 11, 2016 | 7:00pm-8:30pm | Cathedral Hall
St. James Cathedral, 804 Ninth Avenue, Seattle

At World Youth Day this summer, Seattle WYD pilgrims will have the opportunity to visit and pray at Auschwitz, where one million European Jews and more than 100,000 others were systematically murdered between 1940 and 1945. Pope Francis will visit Auschwitz on July 29.

In preparation for that journey, all are invited to a special presentation from JACK SCHALOUM. Mr. Schaloum's mother Magda was born in 1922 in Győr, Hungary. Following the German occupation of Hungary on March 19, 1944, the Nazis forced Magda and her family to leave their home and deported them to Auschwitz. "When we heard about groups that denied the Holocaust, we decided that we had to speak out," Magda once said. "If you hear somebody deny the Holocaust, you can say, 'I have seen and heard a survivor.'"

This is the story of Magda's experience of the Holocaust and how she survived to live a long and full life until her death in June 2015 at 93. Her son Jack is a member of the Holocaust Center's Speakers Bureau and is carrying on his mother's legacy by sharing her story. Now more than ever, we must never forget! All are welcome.



Information, Joe Cotton, 206-264-2082 or jcotton@stjames-cathedral.org

Summer Organ Recital Series

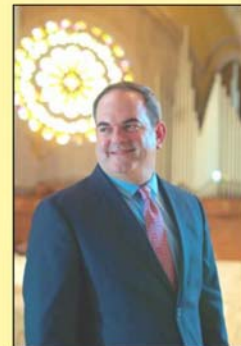


PETER LATONA

DIRECTOR OF MUSIC, BASILICA OF THE
NATIONAL SHRINE OF THE IMMACULATE
CONCEPTION, WASHINGTON, D.C.

WED. JULY 20 | 7:00 PM

As both organist and director of choirs, Peter Latona has garnered many awards and other accolades for his interpretations of sacred music. He is director of music at the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C., where he oversees one of the largest and most comprehensive church music programs in the nation. He holds advanced degrees from the Manhattan School of Music and Yale School of Music, and is highly regarded as an improvisateur. In addition to performing works of Bach, Langlais, and Franck, Dr. Latona will improvise a suite on chants for the Solemnity of the Immaculate Conception.



Advance passes for our summer recitals are \$15 each. *Information at* www.stjames-cathedral.org/music

SCHOLA CANTORUM CHOIR CAMP 2016

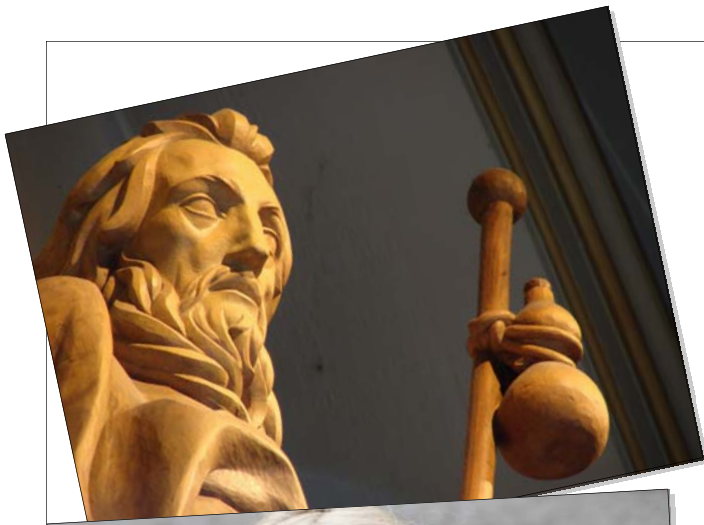
Each summer our Schola Cantorum comes together to learn about and celebrate great sacred music. Over five days, campers (ages 5-14) will learn a variety of pieces from the span of the church's history, from antiquity to today, and will share the fruits of their labor with special concerts at the end of the week, followed by a festive mass on Sunday morning. In addition to learning all kinds of exciting music, choristers learn about a variety of topics in the life of the Church. Last year we celebrated Pope Francis' call to serve the environment and all our fellow creatures of God by exploring ways in which we can better serve the environment and our neighbors. Each day we begin with morning prayer led by our talented instructors. Over the course of the week, senior choristers have a chance to take over and get a taste of what it is to be a leader of the liturgy. Rehearsal and prayer is punctuated with opportunities to have fun with fellow campers outside on the beautiful Cathedral grounds and in activities led by the diverse staff of St. James. Tuition for the week is \$80.



Monday, August 8 – Friday, August 12; 9am-4pm

Mass on Sunday, August 14 at 10:00am

Information and registration at www.stjames-cathedral.org/music



Parish Picnic

Sunday, July 24, 2016
11:30am-3:00pm

VOLUNTEERS NEEDED!

Help us make it
a day to remember!

There are dozens of different tasks
to choose from. Help out for an
hour, two hours, or more!

Opportunities to help out:

- **Volunteer Check-In:** 7:15-10:00am, 10:00am-12:30pm, 12:30-3:15pm
- **Set-Up:** 7:30am-10:00am
- **Food Service:** 10:00am-12:30pm, 12:30pm-3:00pm
- **Bingo/Bouncy House:** 11:00am-1:00pm, 1:00-3:00pm
- **Clean-Up:** 3:00pm-4:00pm

Dozens of volunteers are needed!

If you are interested in helping your
parish community, contact **Anna
Horton**, annathorton@comcast.net.

Early responses are especially
appreciated!



Grief Support Group



Wednesday evenings, July 6, 13, 20, and 27
6:15pm-7:45pm, Rectory Parlors
(enter through Parish Office on Columbia Street)

Are you grieving the death of someone close to you?
Grief and loss can have a significant impact on our lives
long after the death of the person we love.

The grieving process has no timeline and is unique to each individual,
but meeting with others who are going through a similar experience
can provide support and help us cope.

You are invited to join a new 4-week grief support group
facilitated by St. James Cathedral Staff
Nancy Granger, Suzanne Lee, & Rosanne Michaels

*Information and registration, Suzanne Lee, 206-654-4640
or slee@stjames-cathedral.org*



SUPPORT GROUP FOR MOTHERS OF YOUNG CHILDREN

Mondays, 10:00am to Noon

Mother Cabrini Room

Pastoral Outreach Center ~ 907 Columbia

(Enter through the courtyard gate at the corner 9th Avenue and Columbia.)

Our support group offers mothers of young children an opportunity to connect with and support each other through the journey of motherhood. Facilitated by Ansebe Bicoff-Smit, a child, couple, and family psychotherapist, the group explores topics such as child development, emotional attachment, positive parenting, transitioning into the role of being a mother, and reconnecting with one's partner. Moms have a chance to get out of the house, enjoy conversations with one another, share each other's laughter, and sometimes tears.

If you are not sure this group is for you, consider these statements:

1. *I am new to Seattle and don't know a lot of people yet.*
2. *I lack social and emotional support in my life at this time.*
3. *I sometimes feel insecure about my ability to be a good mom.*
4. *I often feel stuck at home with my young child.*
5. *I have a hard time asking for help or support from others.*
6. *Sometimes I feel overwhelmed by the responsibility of being a parent.*
7. *I feel inundated by all the information about child rearing that is on the internet.*
8. *I find myself struggling with low energy and feel depressed at times.*
9. *My anxiety has increased since my baby's birth.*
10. *I rarely have time to take care of myself, and I have stopped participating in the activities I enjoyed before becoming a mom.*
11. *Disagreements between my partner and me have increased since we became parents.*
12. *I find it very difficult to trust others, even my partner, to care for my child.*

All mothers are welcome.

Information, Ansebe Bicoff- Smit 240-516-6762 or abicoffsmi@hushmail.com.

Intentional Service and Spiritual Community for Older Adults

JVEnCorps

A PROGRAM OF JVC NORTHWEST



JVE was created to meet the needs of the growing number of retired people or those moving into retirement who seek:

- To remain vital and active
- Meaningful work benefiting society
- A supportive spiritual community
- Personal meaning and fulfillment

What is Jesuit Volunteer EnCorps?

JV EnCorps (JVE), a program of JVC Northwest, recruits and supports volunteers 50 and older in part-time, meaningful service positions where they have a direct impact on people living on the margins.

Attend the Information Session on **Sunday, July 31st after the 10:00 Mass**, located in the Holy Names Room in the Pastoral Outreach Center, or during coffee hours after the 8:00 and 12:00 Masses

Contact Helen Pitts for more information at 206-305-8911 or jveseattle@jvcnorthwest.org

APPLY ONLINE AT JVENCORPS.ORG