



ST. JAMES CATHEDRAL
The Presentation of the Lord
February 2, 2020

ORDER OF CELEBRATION FOR THE

Presentation of the Lord

PRELUDE

Fugue in D Minor, BWV 538/2

Bach

Étoile du soir

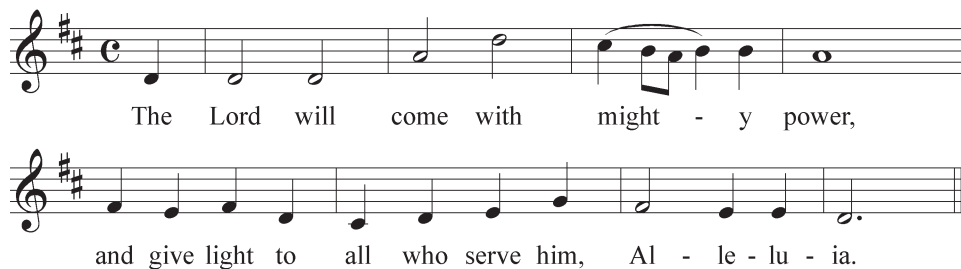
Vierne

ANTIPHON

BOHEMIAN BRETHREN,

Kirchengeseng, 1566; adapt. for St. James

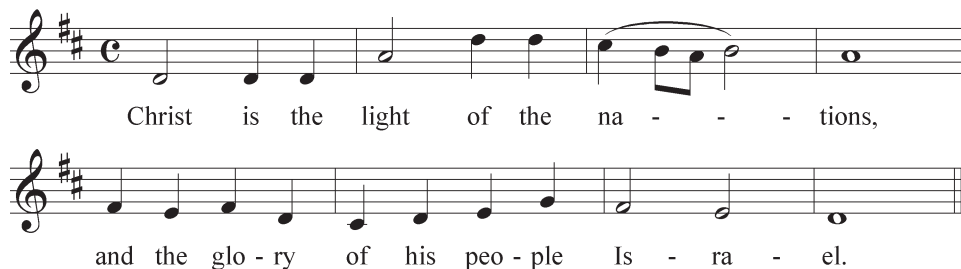
As the light comes to you, light your taper. Please hold lit candles upright.



BLESSING OF THE CANDLES

ENTRANCE

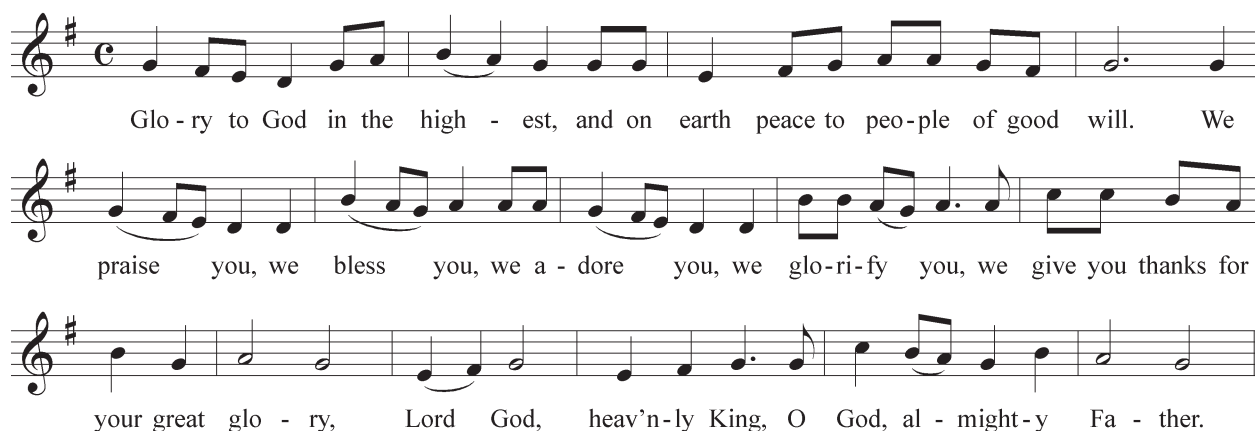
Nunc dimittis



GLORIA

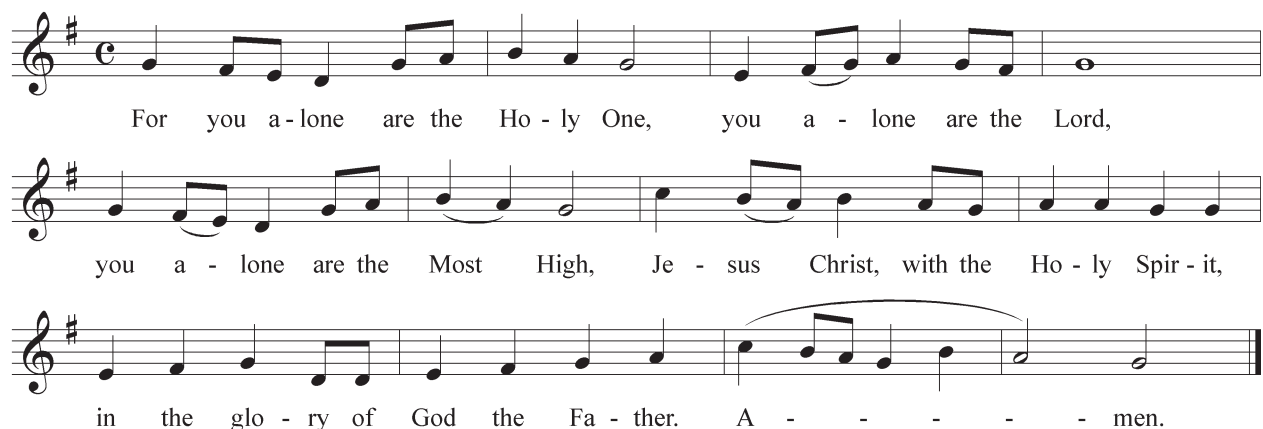
New Mass for Congregations

Andrews



Cantor or Choir:

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.



OPENING PRAYER (COLLECT)

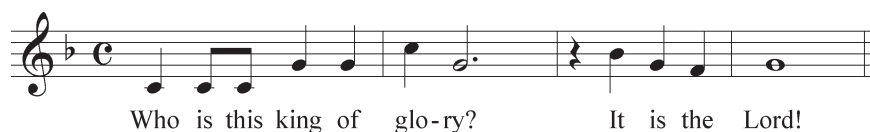
The Liturgy of the Word

FIRST READING

Malachi 3:1-4

PSALM RESPONSE

Psalm 24
Guimont



SECOND READING

Hebrews 2:14-18

ALLELUIA

New Plainsong Mass
Hurd



GOSPEL

Luke 2:22-40

HOMILY

Father Michael G. Ryan

DISMISSAL OF THE CANDIDATES AND CATECHUMENS (10:00)

I sought the Lord
FAITH

CREED

**I believe in one God, the Father almighty,
 maker of heaven and earth,
 of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
 the Only Begotten Son of God,
 born of the Father before all ages.
 God from God, Light from Light,
 true God from true God, begotten, not made,
 consubstantial with the Father;
 through him all things were made.
 For us men and for our salvation
 he came down from heaven,**

All BOW

**and by the Holy Spirit was incarnate
 of the Virgin Mary, and became man.**

All STAND UPRIGHT

**For our sake he was crucified under Pontius Pilate,
 he suffered death and was buried,
 and rose again on the third day
 in accordance with the Scriptures.
 He ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory
 to judge the living and the dead
 and his kingdom will have no end.**

**I believe in the Holy Spirit,
 the Lord, the giver of life,
 who proceeds from the Father and the Son,
 who with the Father and the Son
 is adored and glorified,
 who has spoken through the prophets.**

I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Berthier



The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

When to the temple Mary went

When to the temple Mary went, and brought the Holy Child,
Him did the aged Simeon see, as it had been revealed.
He took up Jesus in his arms, and, blessing God, he said:
In peace I now depart, my Savior having seen, the Hope of Israel, the Light of mankind.
Help now thy servants, gracious Lord, that we may ever be,
As once the faithful Simeon was, rejoicing but in thee;
And when we must from earth departure take, may gently fall asleep, and with thee wake.

Eccard

(Noon)

Nunc dimittis in D

Stanford

(Sunday evening)

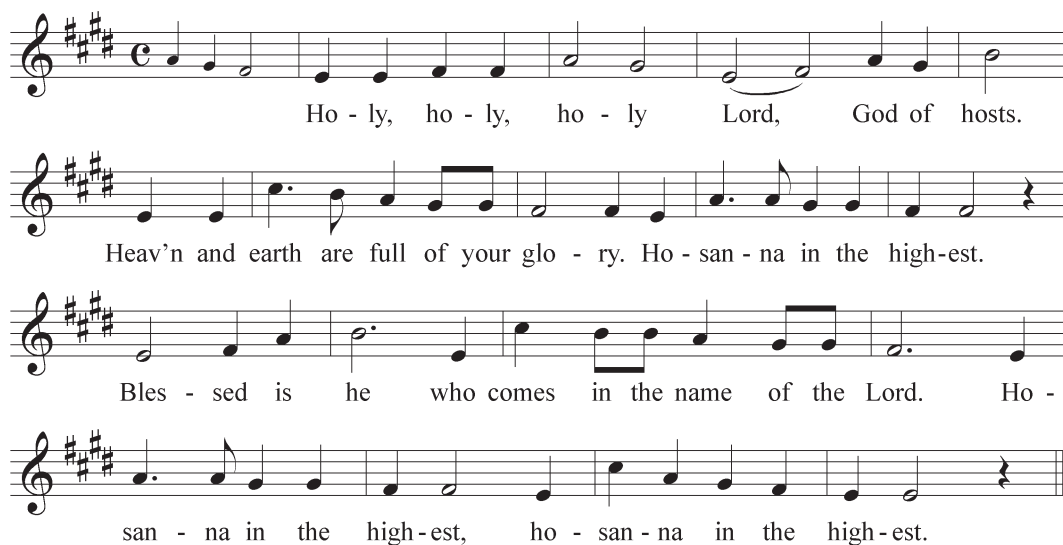
Christe qui lux

Stratman

SANCTUS

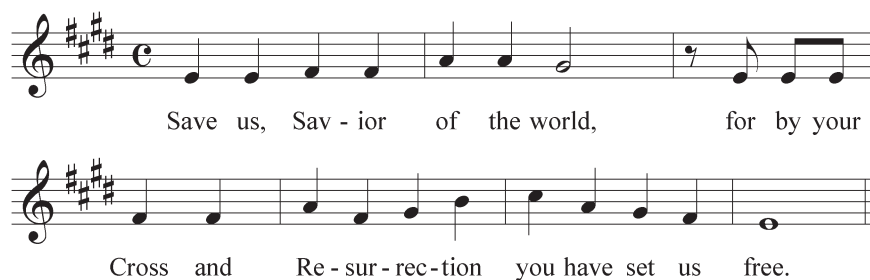
St. James Mass for Peace

Herbolsheimer



MYSTERY OF FAITH

Herbolsheimer



AMEN

Herbolsheimer



LORD'S PRAYER

AGNUS DEI

St. James Mass for Peace
Herbolsheimer

Response 1, 2



Response 3



COMMUNION

Responsum accepit Simeon
Mode VIII

Simeon had received a revelation from the Holy Spirit,
that he would not see death before he had seen the Lord's Messiah.

(10:00)

Nunc dimittis "Collegium Regale"
Howells

Lord, now lettest thou thy servant depart in peace: according to thy word.
For mine eyes have seen thy salvation, which though hast prepared before the face of all people;
To be a light to lighten the Gentiles: and to be the glory of thy people Israel.

(Noon)

Jubilate Deo in D
Stanford

(Sunday evening)

Nunc dimittis "Washington"
Hogan

Low-gluten hosts are distributed at the credence table, near the presider's chair.

When you return to your place, please kneel or be seated.

HYMN OF PRAISE

Lord, bid your servant go in peace


MORNING SONG



1. Lord, bid your ser - vant go in peace, Your
 2. This is the Sav - ior of the world, The
 3. This child shall see the rise, the fall, Of
 4. His moth - er's soul a sword shall pierce, Of
 5. Blest be the Fa - ther, who has giv'n His



word is now ful - filled. These eyes have seen sal -
 gen - tiles' prom - ised light, God's glo - ry dwell - ing
 those in Is - ra - el, God's sign raised high for
 sor - row keen and deep; And se - cret thoughts of
 Son to be our Lord, Blest too that Son, and



va - tion's dawn, This child so long fore - told.
 in our midst, The joy of Is - ra - el.
 all to see, Whom some shall yet de - ny.
 man - y hearts Through him shall be re - vealed.
 with them both The Spir - it of their love.

PROCESSION

Præludium in C Major

Böhm

Fantasia and Fugue in G Minor, BWV 542

Bach

ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE Reverend David A. Brant

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)
Brenda Bellamy, Children's Faith Formation (206-274-3108)
Rosanne Michaels, Faith Formation (206-654-4658)
Julianna Castro, Baptism Coordinator (206-619-0816)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)
John Marquez, Julie Sharples, Peter Burns, sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist
Samuel Libra, Associate Cathedral Organist
Stacey Sunde, Director of Youth Music
Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)
Cathedral Kitchen: Teddi Callahan (Director), John Givins,
Mick McHugh, Ray Cisneros (206-264-2091)

MENTAL HEALTH and WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director
Patrick Suhrbier, Immigrant Legal Services; Sayuko Setvik, Tutoring
Coordinator; Caroline Okello, Community Activation Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Micki-Jo Palmer, Executive Assistant for Finance (206-654-4650)
Margaret Lynch, Wedding Office (206-382-4288)
Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)
Alan Frasher, Melina McCombs, Gebregziabher Abay, Lino Nillas

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Julianna Castro for information, 206-619-0816.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the Parish Office for information.

FUNERALS for parishioners, contact Suzanne Lee, 206-654-4640.

CONTEMPLATIVE ECUMENICAL PRAYER, First Fridays, 6:30 pm

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

WELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. For more information about the parish, to register, or to ask a question, visit our **Sunday Help Desk** at Coffee Hour. A Cathedral staff person will be on hand to assist you. Be sure to stop by the **Cathedral Bookstore** after Mass for a wide selection of Cathedral souvenirs as well as Catholic books and gifts.*

FOR YOUR SAFETY At each of the weekend Masses a Seattle police officer or uniformed security guard is present on the Cathedral campus.

The Presentation of the Lord February 2, 2020

ON THE COVER Icon of the Presentation of the Lord. Joan Brand-Landkamer, Cathedral Iconographer.

FLOWERS AT THE ALTAR are offered in loving memory of Nicholas Ryan Harrison on the second anniversary of his death, from his mother Roxanne and sister Natalie.

FIND OUT MORE ABOUT BECOMING CATHOLIC Are you, a family member, or a friend interested in learning more about the Catholic Church? You're invited to a no-strings-attached gathering to ask questions and find out more on Wednesday, February 5, at 7:00pm in the Fireside Room (lower level of the Pastoral Outreach Center at 907 Columbia Street). Please use the courtyard entrance to access the Fireside Room. All are welcome, no RSVP needed.

ANOINTING OF THE SICK On Saturday, February 15 at 10:30am, Father Ryan will celebrate a special Mass with the Anointing of the Sick. Those who struggle with chronic illness, who are facing surgery, or who deal with the weakness that comes with age are especially encouraged to participate.

CATHEDRAL ESPRESSO This month, all proceeds benefit our Youth Music Program. The espresso cart is open at coffee hour after 10:00am Mass.

ST VINCENT DE PAUL INVITES YOU to stop by our table during Coffee Hour after the 10:00am Mass this Sunday to learn how you can help our outreach ministry to low-income residents of St James parish. Ask us about volunteering, about donating gently used goods for resale in SVdP thrift stores and about how we put your financial donations to good work. Other questions about SVdP? Ask us! And if you cannot stop by our table, please contact Bob Clifford at 206-718-4158 or bobclifford53@gmail.com for more information.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. Mary in Aberdeen, Seattle, and Seaview and Star of the Sea Mission in Stevenson.*

YOUTH MINISTRY

YOUTH NIGHT FEBRUARY 2 Join us on Sunday, February 2 for Youth Night, 6:30pm in the Holy Names Room! Parents are welcome to join this special meeting as we talk about big changes to Youth Ministry at the Cathedral and exciting plans for the months ahead.

SAVE THE DATE We're planning a Youth Ministry social activity on Saturday, February 8. Following that, our next Youth Night will be Sunday, February 23. Beginning in March, our new schedule will kick in. Keep an eye on your email and the bulletin for further details.

BABYSITTING is available for children up to four years of age on Sundays during the 10:00am and Noon Masses, during baptism preparation classes, and during special events for parents and families. The program is located in the Mother Cabrini Room on the first floor of the Pastoral Outreach Center; enter through the courtyard at Ninth and Columbia. *Information*, Suzanne Lee, 206-654-4640.

SCHOLARSHIPS AVAILABLE FOR CATHOLIC SCHOOLS St. James has SIX Catholic Elementary Schools in Seattle: St. Therese, St. Paul, St. Edward, St. George, St. Joseph and Holy Family Bilingual. These schools provide in-parish tuition rates for registered St. James parishioners. We also support FOUR Catholic High Schools (O'Dea, Holy Names, Bishop Blanchet, and Kennedy Catholic) through the Simperman Scholar program. Please contact Theresa Van de Ven at 206-219-5822 or tvandeven@stjames-cathedral.org for requirements and an application packet for the 2020-2021 school year. Completed applications must be submitted by April 30, 2020.

CARE FOR CREATION TIP Here's a simple way to reduce your carbon footprint: switch to e-billing. In the U.S., paper products make up the largest percentage of municipal solid waste, and hard copy bills alone generate almost 2 million tons of carbon dioxide. Save paper by signing up for e-billing.

CATHOLIC ADVOCACY DAY, Thursday, February 20 Join with hundreds of Catholics as we put our faith in action to advocate for our sisters and brothers in need. The day will include briefings on legislative issues, advocacy tips and appointments with legislators. Register at www.ipjc.org by February 7. Sponsored by the Intercommunity Peace and Justice Center, with support from Washington State Catholic Conference and Catholic Community/Housing Services.

Sacred Steps

REST IN PEACE Please pray for the repose of the souls of *Christopher Hurley, Gloria Pitre, Kate Rosellini, Jerrold Mark Dion, and Betty Potter.*

WINTER SHELTER If you cannot volunteer but still want to support the Winter Shelter, Consider donating men's razors and spray deodorant. Items can be dropped off or delivered to the Parish Office or Sunday Coffee Hour. Thank you!

SPOTLIGHT ON MENTAL HEALTH & WELLNESS MINISTRY Do you know about Open House in Gallagher Center? On Sundays from 9:30-1:30, parishioners and visitors are invited to Gallagher Center (in the lower level of the Rectory) to visit with the Parish Mental Health Nurse and Mental Health & Wellness Ministry volunteers. Those who have questions about mental health conditions are welcome to drop by. Hospitality, fellowship and ministry of presence is offered. One individual who has been visiting Gallagher Center on a regular basis commented last Sunday, "Sometimes I feel nervous about coming here, but every time I do visit I feel safe and feel I am being helped. I am always glad I came." If you are interested in volunteering to serve as a minister of presence at Sunday Open House, contact Nancy Granger, RN at ngranger@stjames-cathedral.org or 206-382-4269.

CONSIDERING SEPARATION OR DIVORCE? Wait! There is an alternative. Retrouvaille (pronounced retro-vi) has brought healing to tens of thousands of troubled marriages worldwide. Your situation may seem hopeless, but there is always hope, and you are not alone in your struggle. Confidential information and registration for upcoming program on February 21-23, 2020, 206-706-2608 or www.helpourmarriage.org.

THURSDAY EVENING ADORATION Immediately following the 5:30pm Mass on Thursday evenings, all are invited to a time of quiet prayer and adoration with Exposition of the Blessed Sacrament.

Opportunities to Serve

MEN'S WINTER SHELTER: Openings for overnight hosts and breakfast providers, assisting homeless men over 50 years old. Overnights commit once a month (Fri., Sat., Sun. or Mon., 8pm-7:30am). Breakfast brings and serves food once a month (Sat., Sun., Mon. or Tues., 6am-7:30am). *Information*, Patrick Barredo, 206-382-4515 or pbarredo@stjames-cathedral.org.

OPERATION NIGHTWATCH: Buy groceries, make sandwiches, cook or serve dinner for homeless persons at a local shelter once a month. Availability: 1st or 3rd Tuesday (4pm-6pm or 8:30pm-10pm) and 2nd Sunday (8:30pm-10pm). *Information*, Patrick Barredo, 206-382-4515 or pbarredo@stjames-cathedral.org.

COME TO COFFEE HOUR AFTER THE 10AM MASS where many social outreach and advocacy ministries will be on hand to share with you the good work they are currently undertaking. *Information*, Patrick Barredo, 206-382-4515 or pbarredo@stjames-cathedral.org.

THE SPIRIT OF THE LITURGY

PART 2 OF 5

FEBRUARY 2, 2020

THE LITURGY OF THE WORD

We have gathered and begun our shared prayer. Following the Introductory Rites—the procession, the greeting, the Penitential Act, the Gloria—we move into the Liturgy of the Word.

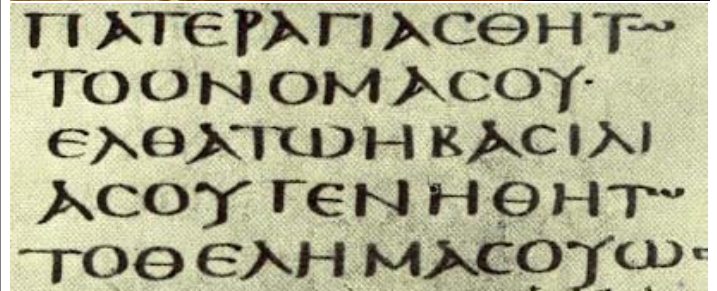
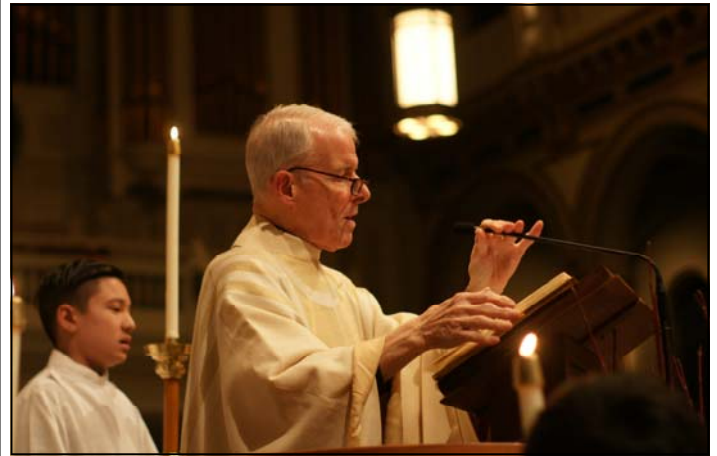
The Word of God, Presence of Christ

The Church tells us that Christ is present in the liturgy in four ways: in the sacrament of his Body and Blood, the Eucharist; in the assembly gathered for prayer; in the priest presider; and in the word: “Christ himself speaks when the holy Scriptures are read in the Church.” In other words, the Liturgy of the Word is sacramental. In fact, the Second Vatican Council spoke about *two* tables being spread before us in the Mass: the table of the Word and the table of the Eucharist. We receive the same Christ at both tables. At the beginning of Mass, the Book of the Gospels is placed on the altar, honoring the presence of the same Christ who will feed us with his Body and Blood later on in the Mass.

Jesus was nourished on the Scriptures and knew them intimately. In his teaching, he referenced dozens of passages that span the Old Testament, from the Pentateuch to the Prophets. After his resurrection, Jesus explained the Scriptures to two of his disciples as they walked from Jerusalem to Emmaus. Down through the ages, the Church has continued to walk down that road with Jesus, seeking to understand the Scriptures in light of the Resurrection. “Were not our hearts burning [within us] while he spoke to us on the way and opened the scriptures to us?” (Luke 24:32) The Bible, in the words of the Second Vatican Council, is “a mirror in which the pilgrim Church on earth looks at God” (*Dei Verbum*, 7).

The Lectionary

At every liturgy of the Church—from Sunday Mass to a communion visit by a lay minister to the Rite of Committal at a graveside—a passage from Scripture is proclaimed. At Mass, the readings come from a book



ABOVE: Father Ryan proclaims the Gospel reading at Christmas. BELOW: A detail from the *Codex Sinaiticus*, one of the earliest existing Biblical manuscripts, dating to around 330-360. It is in Greek, and contains all of the New Testament and most of the Old Testament, though some sections have been lost. This passage is Luke 11:2: “When you pray, say: Father, hallowed be your name. Your kingdom come.”

called the Lectionary. The Lectionary is the same everywhere—on any given day, any Catholic Church you visit anywhere in the world is proclaiming and listening to the same Scripture readings.

The Lectionary is a book of carefully selected passages from the Bible. Before the Second Vatican Council, the Lectionary was quite limited. In fact, only 16% of the New Testament and 1% of the Old Testament was proclaimed in the course of the year! Today’s expanded Lectionary includes a lot more, but still falls far short of including the entirety of the Bible: in the course of three years, we hear 71.5% of the New Testament, and 13.5% of the Old Testament. (The lesson here is: we are really missing out if we do not read the Bible on our own or as part of a study group, in addition to hearing the readings at Mass!)

The Lectionary is designed with several purposes in view. The readings are chosen to include key passages from the Scriptures, especially the

Gospels; to illuminate the liturgical seasons; and to allow the Old and New Testaments to “speak” to each other, as it were, by highlighting Old Testament passages that presage teaching and events in the life of Jesus.

On Sundays, we listen to three readings. Except in Easter Time, when the Acts of the Apostles is read, the First Reading comes from the Old Testament and usually relates closely to the Gospel. For example, when we hear John’s account of the feeding of the multitude, we also hear a passage from 2 Kings where Elisha miraculously feeds a hundred people with twenty barley loaves. “God, the inspirer and author of both Testaments, wisely arranged that the New Testament be hidden in the Old and the Old be made manifest in the New” (DV, 16).

The First Reading is followed by a psalm—one of the 150 songs included in the Old Testament book of Psalms, which was and is the prayer and hymn book of the Jewish people. Jesus prayed the psalms; as he hung upon the cross, the words of two psalms were on his lips (see Psalm 22:1; Psalm 31:5). The psalm is chosen for its connection to the First Reading and is called “responsorial” because we join in a sung or spoken response.

The Second Reading can be the wild card of the Liturgy of the Word. In Ordinary Time, the Second Reading is simply a semi-continuous reading of one of the New Testament Epistles, moving through the text over the course of several weeks, without reference to how the passages line up with the other readings.

The third reading is the Gospel and is set apart in several ways. This reading is proclaimed by an ordained minister. We stand to listen. The reading is taken from a special Book of the Gospels. Candles are carried, and the book is solemnly carried from the altar to the ambo. Sung acclamations give special honor to the Gospel reading. Through all of these outward signs, we acknowledge the living word of God and the presence of Christ. The proclamation of the Gospel is the high point of the Liturgy of the Word.

Responding to the Word

After listening to the Word in the three readings and the psalm, we respond in three ways.

The homily forms part of the Liturgy of the Word. In it, the preacher makes a connection between the Scriptures and our own community, our own place and time. The homily is not a Scripture lesson, but an integration of the Scripture readings into our lives. The preacher’s task is to help us find ourselves in the Scriptures, as Jesus did in his conversation with the disciples on the road to Emmaus.

Our second response is the creed or profession



Pope Francis holds the Book of the Gospels at Mass. *Photo from ncronline.org.* “What would happen were we to treat the Bible as we treat our mobile phone? Were we to always carry it with us, what would happen? Were we to turn back when we forget it: you forget your mobile phone — ‘oh! I don’t have it, I’m going back to look for it’; were we to open it several times a day; were we to read God’s messages contained in the Bible as we read telephone messages, what would happen?” (Pope Francis, March 5, 2017)

of faith. These words express the core of our belief about who Jesus is and who we are. This profession unites us with the Church throughout the world. At the heart of the Creed is the life of Jesus, who is proclaimed and present in the Scriptures.

Our third response is the Prayer of the Faithful, also called the Universal Prayer. In these prayers, we get specific: we bring before God the needs of our Church, our world, and our own faith community. Nourished by the Scriptures, which have been broken open for us in the homily, we broaden our perspective, looking beyond our individual needs and intentions to the needs of the world.

What is the spirit of the liturgy? When we look at the Liturgy of the Word, we see that the spirit of the liturgy is listening and response. We take in the word not passively, but actively. How can we keep responding to the word of God after Mass is over?

—Corinna Laughlin, *Pastoral Assistant for Liturgy*

A Prayer before the Liturgy of the Word

*“If today you hear God’s voice,
harden not your hearts.”
(Psalm 95)*

Come, Holy Spirit,
Spirit of wisdom, knowledge, and understanding!
Open my ears to the Word,
so that I may believe what I hear,
understand what I believe,
and love and live my faith more effectively. Amen.



The Sacrament of Anointing of the Sick

A communal celebration of the Sacrament of the Anointing of the Sick will take place at St. James Cathedral on Saturday, February 15, 2020, at a special 10:30am Mass. Father Ryan will preside. All are welcome to attend the Mass.

What is the sacrament of Anointing of the Sick?

The sacrament of the Anointing of the Sick is one of the seven sacraments of the Catholic Church. Like the sacrament of reconciliation (confession), it is a sacrament of healing. Our understanding of this sacrament has changed with time. In the early Church it was seen as a sacrament of healing, but later it came to be known as "Extreme Unction" – literally, "last anointing" – and was not administered until death was imminent. With the reforms of the Second Vatican Council, the Church has returned to the more ancient practice with regard to this sacrament.

Who can receive this sacrament?

Catholics, both children and adults, who are *seriously ill, facing surgery, or experiencing the weakness that comes with old age* should seek this sacrament. Those with serious, chronic mental or physical illness may also receive the anointing of the sick.

What happens during the Rite of Anointing?

The priest leads a litany in which all pray for the healing and forgiveness of the sick person, as well as for doctors, nurses, and caregivers. Then, in silence, the priest lays his hands on the head of the sick person, an ancient gesture of prayer that is used in connection with many of the sacraments, especially the Sacrament of Reconciliation and Holy Orders.

After the laying on of hands, each sick person is anointed with the Oil of the Sick (pure olive oil, blessed each year by the Archbishop at the Chrism Mass). The sick person is anointed on the forehead and then on the hands, and simple words accompany the anointing: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up." A concluding prayer follows, and if the sacrament takes place in the context of the Mass, the Liturgy of the Eucharist continues as usual.

No RSVP is required. *Information*, Corinna Laughlin, 206-264-2086, or e-mail claughlin@stjames-cathedral.org.

Human Trafficking

Migration and Refugee Services

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Facts about Human Trafficking

- There are an estimated 40.3 million victims of modern-day slavery worldwide. Of these, 25 million are victims of labor or sex trafficking and 15 million are people trapped in forced marriages.
- Individuals in situations of forced migration, such as refugees and unaccompanied children, are particularly vulnerable to labor and sex traffickers.
- Victim identification remains a significant challenge to U.S. efforts to prevent trafficking, prosecute perpetrators, and protect victims.
- Calculated as a 150-billion-dollar industry, modern day slavery has become the fastest growing source of illicit profit for criminals worldwide.



O ST. BAKHITA,
ASSIST ALL THOSE
WHO ARE TRAPPED
IN A STATE OF SLAVERY;

INTERCEDE WITH GOD
ON THEIR BEHALF
SO THAT THEY WILL BE
RELEASED FROM THEIR
CHAINS OF CAPTIVITY.

THOSE WHOM MAN
ENSLAVES,
LET GOD SET FREE.

Day of Prayer, February 8

February 8 has been designated by the Pontifical Council for Justice and Peace and the International Union of Superiors General as an annual day of prayer and awareness against human trafficking. February 8 is the feast day of St. Josephine Bakhita, who was kidnapped as a child and sold into slavery in Sudan and Italy. She learned from Canossian nuns that she was created in the image of God and possessed human dignity. Once she asserted herself and refused to be enslaved, Josephine became a Canossian sister and dedicated her life to sharing her testament of deliverance from slavery and comforting the poor and suffering. She was declared a Saint in 2000.

To Learn More and Make a Difference visit www.stjames-cathedral.org/immigrant
or www.ipjc.org/human-trafficking

CATHOLICS *for the* COMMON GOOD

2 | 20 | 2020

Catholic Advocacy Day

Thursday, February 20, 2020

Olympia, WA • 9:00am–4:00pm

Join with members and staff of Catholic parishes and organizations as we bring the Gospel message of care for our sisters and brothers to Olympia.

Events

Issue Briefings
Legislative Visit Training
Meetings with Legislators

Register by

February 7, 2020
at www.ipjc.org/cad

Bus Transportation from

*Bellevue, Bellingham,
Burlington, Everett,
Federal Way, Kirkland,
Renton, Seattle,
Tacoma, Vancouver*

Questions, call 206.223.1138 or email catholicadvocacyday@ipjc.org

Sponsored by



With Support from



ST. JAMES CATHEDRAL YOUTH MUSIC

St. James Cathedral has a robust Youth Music Program, directed by **Ms. Stacey Sunde**, comprised of three choirs, as well as the Schola Cantorum Choir Camp that takes place each August (the 2020 camp will run from August 10–16). **Registration is open now for the Spring 2020 semester** (January–June). For more information and/or to schedule an interview, please contact the Youth Music Office at 206-382-4876 or email YouthMusic@stjames-cathedral.org.



Jubilate! Young Women's Ensemble is St. James' advanced ensemble for young women ages 13–18. These amazing singers come from all over the region on Mondays from 4:45–6:45pm to rehearse some of the Church's finest sacred repertoire at an advanced level. Jubilate! sings for the noon Mass on the third Sunday of each month from October–May as well as for many other Cathedral liturgies and events.



Seraphim Choir gives children in grades 1–3 an opportunity to develop their musicianship before they graduate to singing regular masses. They rehearse Thursdays from 4:45–6:15pm and sing at occasional special liturgies throughout the year.

Schola Cantorum is for singers grades 4–8 from all over the region. It is a fun and exciting opportunity for boys and girls to learn to sing a wide variety of high-level repertoire, with emphasis placed on teaching age-appropriate vocal technique and excellent musicianship skills (and having fun!). Rehearsals are Thursdays from 4:45–6:45pm. Schola Cantorum provides the music for the First Sunday Youth Celebration at the noon Mass from October–May.

The youth choirs participate in the yearly Service of Readings and Carols, the 5:30pm Vigil Mass of Christmas on Christmas Eve, and the procession at the 10am Mass on the Feast of Corpus Christi. Singing in a choir not only gives children musical training, but also builds social skills, community, friendships, and cooperation.

Follow "Music at St. James Cathedral" on Facebook to learn more about musical life at St. James Cathedral!