

St. James Cathedral The Fifth Sunday of Easter April 24, 2016

ST. JAMES CATHEDRAL

April 24, 2016

Dear Friends,

I long ago became convinced that there are no blessings in life that are not mixed. Even the most wonderful blessings invariably involve a shadow or a sadness. The blessing I am speaking about here is a new staff member who is joining us this month. His name is Patrick Barredo and, come summer, he will be taking over Patty Bowman's responsibilities in social outreach and advocacy. Patrick is definitely a blessing, but losing Patty creates, without doubt, a serious shadow and a sadness for all of us.

During her 16 years with us, Patty Bowman has put Catholic social teaching at the very heart of our mission here at St. James Cathedral. With more volunteers than I could ever count, she has tirelessly worked to build up our many outreach ministries to the poor and needy while at the same time building programs and committees to advocate on behalf of the poor and to work for a more just social order. Patty took what I can only call a fledgling effort in the areas of social outreach and advocacy and created something we can all be proud of and something that Seattle's church and civic community are well aware of.

Patty has decided that it is time for her to take a break (a well-deserved one!) before deciding what's next for her. I fully support her decision although it's not easy to think of going on without her. I know that any of you who have been privileged to get to know her and to work with her over the years will feel the same. Happily, she will continue to be a member of the parish so there's no need to say good-bye – only a very big and heartfelt 'thank you.' And we will find an appropriate way to do that before Patty steps down at the end of June.

As she prepares to leave, I feel very blessed indeed to welcome to the Cathedral pastoral team, Patrick Barredo, who has served in a similar position for nearly 15 years at Holy Rosary Parish in West Seattle. Patrick is excited about ministering at St. James and I'm quite sure you will share that excitement when you have the opportunity to meet him and work with him. Without relating his entire history, I would just mention that he is married to Christina and is the proud father of Joseph, Alex, and Ella. Patrick did both his undergraduate and graduate studies at Notre Dame University which, I'm sure you will agree, gives him an impeccable Catholic pedigree! He has deep, strong and proven commitments to serving the poor and to advocating on their behalf.

More to follow. For the present, I would simply ask you to join me in praying for Patty Bowman as she prepares to transition out of her position, and to join me in welcoming Patrick Barredo as he joins the St. James Cathedral team.

Father Ryan 🖊

The Fifth Sunday of Easter

RITE OF RECEPTION INTO FULL COMMUNION (10:00am)

THE INTRODUCTORY RITES

PRELUDE Scherzo
Duruflé

(Noon)

Lord Jesus Christ, turn to us, BWV 655

ENTRANCE

Rejoice, angelic choirs

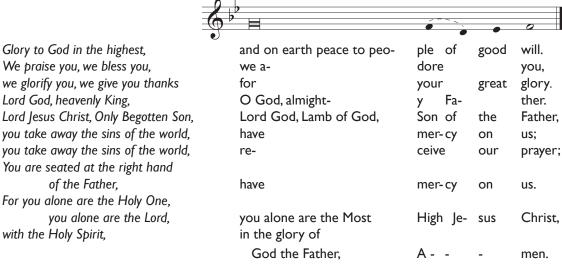
MIT FREUDEN ZART



RITE OF SPRINKLING WITH BAPTISMAL WATER

Vidi aquam Schubert, adapted





OPENING PRAYER (COLLECT)

THE LITURGY OF THE WORD

FIRST READING Acts 14:21-27

RESPONSORIAL PSALM

Psalm 145

Carroll



SECOND READING Revelation 21:1-5a

ALLELUIA



GOSPEL John 13:31-33a, 34-35

HOMILY Father Michael G. Ryan (10:00am)
Father David A. Brant (all other Masses)

RITE OF RECEPTION INTO FULL COMMUNION (10:00am)

PRESENTATION OF THE CANDIDATES

PROFESSION OF FAITH (see next page)

ACT OF RECEPTION

CELEBRATION OF THE SACRAMENT OF CONFIRMATION

(Sunday Evening) chant, Jubilate Deo

Presider Credo in unum Deum,

Choir Patrem omnipotentem factorem cæli et terræ, visibilium omnium et invisibilium.

Et in u-num Do-mi-num Je-sum Chri-stum,

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

> I believe in one Lord Jesus Christ, the Only Begotten Son of God,

Choir Et ex Patre natum ante omnia sæcula.

De - um ve - rum de De - o, ve - ro.

born of the Father before all ages.

God from God, Light from Light, true God from true God,

begotten, not made, consubstantial with the Father; through him all things were made.

Choir Genitum, non factum, consubstantialem Patri: per quem omnia facta sunt.

Qui pro-pter nos hó - mi - nes et prop-ter no-stram
sa - lú - tem de-scén-dit de cæ - lis.

For us men and for our salvation he came down from heaven,

All bow at the words of incarnation, sung by the Choir:

Choir Et incarnatus est de Spiritu Sancto ex Maria Virgine, et homo factus est.

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

ALL

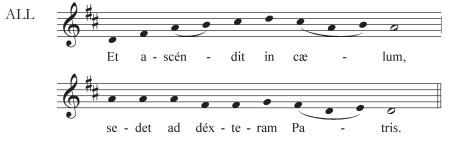
Cru-ci - fí - xus é - ti - am pro no - bis

sub Pón-ti - o Pi-lá-to; pas-sus et se - púl - tus est.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried,

Choir Et resurrexit tertia die, secundum Scripturas.

and rose again on the third day in accordance with the Scriptures.

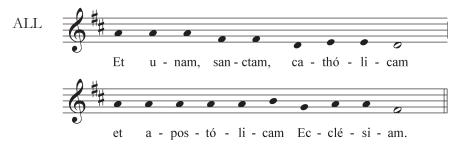


Choir Et iterum venturus est cum gloria, judicare vivos et mortuos, cuius regni non erit finis.





Choir Qui cum Patre et Filio simul adoratur et conglorificatur: qui locutus est per prophetas.



Choir Confiteor unum Baptisma in remissionem peccatorum.



Choir Et vitam venturi sæculi.



He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,

> who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

PRAYER OF THE FAITHFUL

Schubert, adapt.



THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

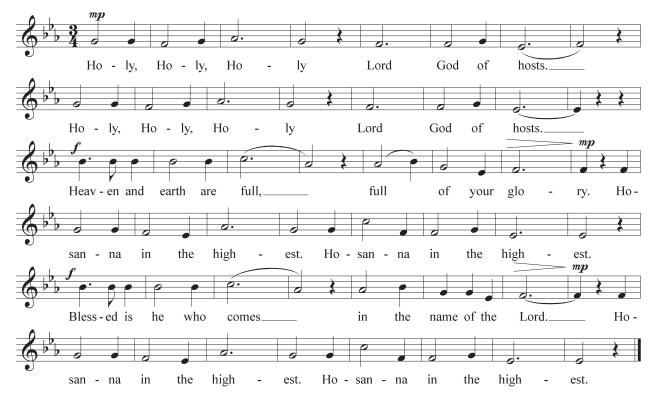
And I saw a new heaven

Bainton

SANCTUS

German Mass

Schubert, adapt. Proulx



MEMORIAL ACCLAMATION

Schubert, adapt. Proulx



AMEN

Schubert, adapt. Proulx



LORD'S PRAYER No. 246

AGNUS DEI Schubert



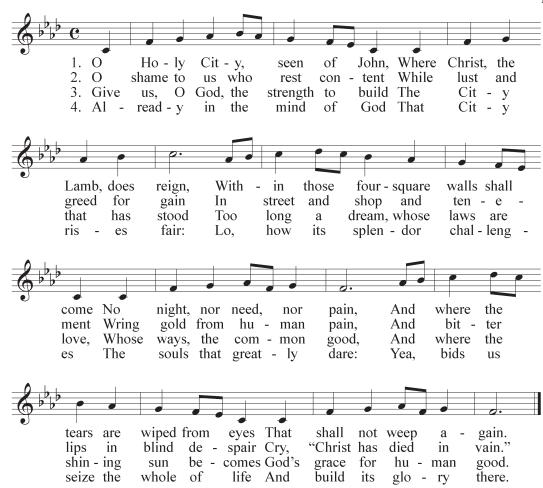


(10:00) Love hade me welcome
Tavener

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**. Low-gluten hosts are distributed at the credence table near the presider's chair.

HYMN OF PRAISE

O Holy City, seen of John MORNING SONG



PROCESSION

Fugue on the Carillon of the hours of Soissons Cathedral Duruflé

(Noon)

Fugue in F Minor, BWV 540
Bach

ST. JAMES CATHEDRAL

804 Ninth Avenue, Seattle, WA 98104 Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

Kathleen McCabe, Director (206-382-2018) Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086) Peter Burns, Ward Johnson, John Marquez, sacristans (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Dr. Paul A. Thornock, Director of Music

Joseph Adam, Associate Director of Music & Organist Stacey Sunde, Director of Youth Music

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515) Tom Frasene, Outreach Ministries, Young Adults (206-382-4235) Teddi Callahan, Carol DeMatteis, David Grech,

Cathedral Kitchen (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist, Patrick Suhrbier, Immigrant Legal Services

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564) Margaret Lynch, Wedding Office (206-382-4288) Bey Mauser, Louise Mennella, Wedding Coordinators

Jane Mueller, Receptionist (206-654-4650) Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087) Keith Emry, Alan Frasher, Melina McCombs, Steve Raab

CELEBRATIONS of the SACRAMENTS

MASS Sundays

8 - 10 - 12 & 5:30 pm

8:15 & 5:30 pm 8:15 & "Vigil" 5:30 pm Weekdays

Saturdays LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

- MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.
- ANOINTING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.
- FUNERALS for parishioners, please contact Suzanne Lee, Family Ministry, 206-654-4640.
- "TAIZÉ" ECUMENICAL PRAYER, First Friday of the month, 6:30 pm.
- TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.
- CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

TELCOME! If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city. For more information about the parish, to register, or to ask a question, visit our **Sunday Help Desk** at Coffee Hour. A Cathedral staff person will be on hand to assist you.

COVER ART Angel in Eden. Detail of the Tympanum of the Ceremonial Bronze Doors, Ulrich Henn, 1999.

FLOWERS AT THE ALTAR If you would like to offer flowers in memory of a loved one, in celebration of an anniversary, or in thanksgiving, please contact Corinna Laughlin, 206-264-2086, claughlin@stjamescathedral.org.

PARENT CLASS CONTINUES Parents are warmly invited to participate in a four-week, drop-in, come-as-you-can class. Explore your own faith while your children are in their classes. The theme for this series is "Everything you ever wanted to know about the Mass: learn the basics of what's happening at Mass each Sunday ... before your kids ask!" Meets in Room 425 of Cathedral Place from 11:05–11:45 today, Sunday, April 24. *Information*, Rosanne Michaels, 206-654-4658.

HAVE YOU DRIFTED FROM YOUR CATHOLIC FAITH? Have you been watching Pope Francis and been inspired to return to regular practice of our faith? St. James Cathedral offers Welcome Back, our own program designed to help you become an active part of our faith community once again. It's a safe place to ask questions, and begin to experience a small community of faith. The Welcome Back program just began, and will run through mid-June; it is not too late to join us. Sessions are held Monday evenings, 7–9pm, in Cathedral Place, 803 Terry Avenue. *Information*, Rosanne Michaels, 206-654-4658.

ECUMENICAL PRAYER WITH MUSIC FROM TAIZÉ Our next ecumenical prayer with music from Taizé will be on Friday, May 6 at 6:30pm in the Cathedral. This prayer now takes place on the first Friday of each month, rather than weekly. Please mark your calendar and come share in this beautiful ecumenical evening prayer.

THE CATHEDRAL KITCHEN NEEDS A FEW MORE **VOLUNTEERS** to help with preparing and serving our meal. The shifts are from 2:00-4:00 and 4:00-6:00pm. If you would like to join us and help out please contact Teddi Callahan at 206-264-2091 or email tcallahan@stjames-cathedral.org.

PARISH REMEMBRANCE Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parish of St. Catherine in Seattle and the mission churches of St. Catherine in Cathlamet and Concrete.

SCREENING OF CHASING HEROIN On Monday, May 2, at 5:15pm, Recovery Cafe (2022 Boren Ave) invites you to a screening of Frontline's recent documentary, Chasing Heroin, filmed right here in the Seattle area. The screening will be followed by a panel discussion of experts in this area. The panel discussion begins at 7:00pm. Come be a part of a solutions-based conversation. Light snacks provided. RSVP to rsvp@recoverycafe.org.

CAN'T AFFORD TO SEND YOUR CHILD TO CATHOLIC SCHOOL? THERE'S HELP! Did you know that St. James Cathedral has SIX Catholic elementary schools? Our Rainbow Schools include: St. Therese, St. Paul, St. Edward, St. George, St. Joseph and Holy Family (in West Seattle). These schools provide in-parish tuition rates for St. James parishioners. In addition to financial aid from the schools and the Fulcrum Foundation, parishioners needing financial assistance may apply for a parish scholarship if attending (or planning to attend) one of these schools. *Information*, Theresa Van de Ven at 206-219-5822 or at tvandeven@stjames-cathedral.org. Applications must be submitted by April 30, 2016.

environmental Fair.—Save the Date Mark your calendars for Sunday, May 22, for our Environment and Health Fair, which will! The St. James Care for Creation Committee is pleased to present this opportunity to explore ways to continue to live into the challenge of Pope Francis' encyclical *Laudato Si*. Come and learn about gardening, composting, keeping our Puget Sound and Duwamish River clean, and much more. *Information*, Patty Bowman, 206-382-4515, pbowman@stjames-cathedral.org.

CONSOLE THOSE WHO MOURN The Funeral Reception Committee needs additional volunteers to host gatherings of bereaved family and friends in the Pastoral Outreach Center after parish funerals. This is a beautiful ministry of hospitality and presence to fellow parishioners when they are most need of our loving care. *Information*, Suzanne Lee, slee@stjamescathedral.org or 206-654-4640.

ELDER INTEGRATION COMPANIONS St. James Immigrant Assistance provides elder immigrant and refugee clients with a range of services and social opportunities so that they can be more engaged in the broader community. As an Elder Integration Companion you will provide conversation and friendship on field trips to museums and parks, or share special interests and skills in informal presentations. Groups meet throughout King County at various locations during day time hours. Knowledge of the area is a plus. *Information*, Cecilia Erin Walsh at 206-382-4511 or cwalsh@stjames-cathedral.org.

Sacred Steps

Sacramental Celebrations at St. James

REST IN PEACE Please pray for the repose of the soul of *Dorothy D'Orazio*.

Mental Health & Wellness Ministry

MINDFUL ALTERNATIVES FAMILY SUPPORT GROUP For those with adult children who live with mental illness. Meetings take place on the last Saturday of the month in Gallagher Center. Next meeting: April 30. *Information*, Terry Proctor 206-915-3555.

'PIZZA & PROBLEM SOLVING' COLLEGE STUDENT SUPPORT GROUP First Sunday of the month, 3–4:30 pm . Next Meeting: May 1.

STRENGTH FOR THE JOURNEY Developed in partnership with the Spiritual Care Department, UW Medicine's Memory & Brain Wellness Center will offer *Strength for the Journey*, a sixweek small group experience for persons living with early stage memory loss. Through discussion and creative reflection, participants explore their strengths, values and relationships that can empower them throughout their journey with memory loss. Fridays, 10–11:30am, May 6–June 10, Pastoral Outreach Center, 907 Columbia Street. *Information*, Mari Becker, Memory & Brain Wellness Center, 206-744-2017 or mbecker1@uw.edu

WHEN THE SUBSTANCE MISUSE EPIDEMIC HITS HOME—WHAT ALL FAMILIES NEED TO KNOW: A MOTHER'S STORY Learn how current trends in prescribing drugs may lead to misuse and opioid/opiate addiction, how this epidemic affects our youth, the facts about the disease of addiction, options for treatment and recovery, and how the community's efforts at prevention are a vital component of the solution. Further details in future bulletins, but save the date now: Sunday, May 15, 1:30–3:30pm.

Information, Nancy Granger, 206-382-4269, ngranger@stjames-cathedral.org

CONFRONTING PORNOGRAPHY SUPPORT GROUP St. James holds an anonymous support group to overcome habits of porn use on Tuesdays, 8-10 pm in Cathedral Place (803 Terry Ave). All are welcome. *Information*, Tom Frasene, tfrasene@stjames-cathedral.org.

CD OF SUNDAY MASS Do you know someone who is unable to attend Sunday Mass but would appreciate staying connected by listening to the Mass on CD? Each Sunday, a faithful volunteer records and masters the 10:00am Mass, including the music, prayers, reading, and homily. This CD is mailed at no charge to homebound parishioners and to "long-distance" parishioners around the country, along with a Sunday bulletin. If you or someone you know would like to be added to the list, contact Maria Laughlin, mlaughlin@stjames-cathedral.org or 206-382-4284.

ST. JAMES CATHEDRAL ON SOCIAL MEDIA Are you among the more than 5,000 who follow St. James on Facebook? It's a great way to stay abreast of current events at the Cathedral. Find us at www.facebook.com/stjamesseattle. You can also find us on Instagram at @stjamescathedral and on Twitter, @StJamesSeattle.

YOUTH MINISTRY

SUMMER MISSION TRIP: YOUTH MIGRANT PROJECT Join with youth from St. Anne and St. Mary as we spend a full week serving migrant families in the Skagit Valley. The trip will occur July 3–8, 2016. There will be an information night in the Pastoral Outreach Center TONIGHT, Sunday, April 24 at 6:30pm.

YOUTH NIGHTS Sunday evenings from 6:30 – 8:30pm in the Pastoral Outreach Center. Open to 8th-12th grade students. Please join us for prayer, catechesis, and lively activities designed to integrate faith into everyday life.

WORLD YOUTH DAY STOCK St. James is sending 10 pilgrims to Poland this summer to worship with Pope Francis and two million Catholic young people. You can become part of this once-in-alifetime pilgrimage by purchasing shares of stock in the trip, available for sale at coffee hour. Our goal is to sell 500 shares. Currently, 194 shares have been purchased, leaving a balance of 306. Checks can be made payable to "St. James Cathedral" and mailed, Attn. Joe Cotton, to 804 9th Ave Seattle, WA 98104.

QUESTIONS? Joe Cotton, 206-264-2082, jcotton@stjames-cathedral.org

ARE YOU AN ARTIST? Practice your faith through making art. Learn about and make stained glass. The Art of Faith day camp will be from July 18 – July 22. Open to youth entering grades 7 through 12. *Information*, Brenda Bellamy bbellamy@stjamescathedral.org, 206-274-3108.

YOUNG ADULT MINISTRY

For parishioners in their 20s and 30s

FIRST FRIDAY TAIZÉ AND SIMPLE SUPPER On Friday, May 6, join other young adults for Taizé prayer at 6:30 in the Cathedral. Afterwards, we will meet in the north entrance of the Cathedral for a simple supper.

SERVE DINNER AT RECOVERY CAFE Our May service event will be at the amazing Recovery Café's Open Mic Night! On Saturday, May 21st, we need helping hands to cook and serve dinner for this fun evening for Café members and volunteers alike. Serving is from 3:30pm to 7:30pm. RSVP to Tom.

SOFTBALL SEASON COMING UP! The young adults of St. James will field an all-skill-levels, coed softball league this spring! Registration will be \$30 per person for an 8-game season plus a post-season tournament. To register, email Tom.

Information, Tom Frasene, tfrasene@stjames-cathedral.org Facebook.com/StJamesYoungAdultMinistry

PREPARE YOUR CHILD FOR FIRST COMMUNION

Preparation for First Communion is customarily a twoyear process beginning when your child is 6 years old or in the 1st grade. There is also a special preparation process for older children. *Information*, Brenda Bellamy, bbellamy@stjames-cathedral.org or 206-274-3108.

A quide to Sunday parking at the Cathedral

We know that parking in this area is at a premium and we do our best to make it available to you. In consideration of our neighbors, please note these important Do's and Don'ts!

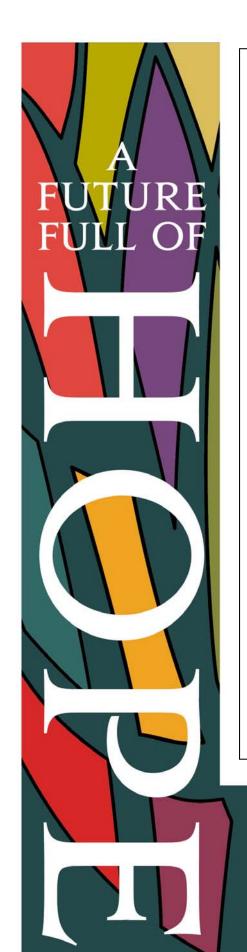
PLEASE DO park:

- In the O'Dea High School lot.
- In the Cabrini Tower Garage on Marion Street across from O'Dea High School for the Saturday 5:30 pm Mass and all Sunday Masses. The Cathedral pays for parking (and for official traffic officers from the Seattle Police Department) during these times, and you are encouraged to take advantage of it.

 Did you know that there is also parking underground at Cabrini Garage? Dozens of spots sit empty every weekend. Try it if you arrive late.
- In the P-1 parking lot under the Chancery building at 9th and Marion.
- In the Cherry and Terry Parking lot, *only* in spaces **1-22**.

Please **DO NOT** park:

- In any parking spot blocked with an orange cone.
- In the Cherry and Terry Parking lot, spaces 23-40 (the south side of the L shaped lot). *These are clearly marked with signs; we do appreciate your not parking there.*
- In the lot adjacent to the Envoy Apartments on 9th Avenue, directly across from the Cathedral.
- In the Blood Bank parking lot at the corner of Terry and Columbia.
- In the Frye Museum parking lots on Terry Avenue.
- In the parking places at the Pastoral Outreach Center, 907 Columbia Street.
- In the spaces on Terry Avenue reserved for loading and unloading of the parish vans.



Annual CATHOLIC

Appeal

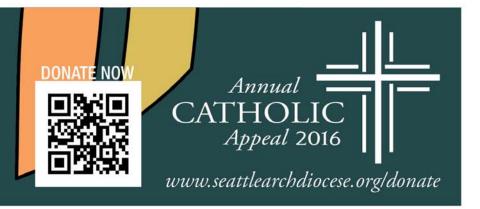
Once again, it's time for the Annual Catholic Appeal. This important Appeal gives us the opportunity to support the work of the wider church in Western Washington—the work of Catholic Community Services, the education of seminarians, support of retired priests and women religious, the work of Catholic Community Services and our network of Catholic Schools, and so much more.

And there's an added reason to be generous. Every dollar that comes in over and above the \$352,297 goal set for us by the Archbishop will come back to the parish in the form of a rebate. And we need the rebate! This year, the rebate will help support our ministries for young people—Youth Ministry, Youth Music, and Children's Faith Formation.

Annual Catholic Appeal 2016 WEEK ONE

Archdiocesan Goal	.\$352,297
Rebate Goal	.\$200,000
Combined Parish/Archdiocesan Goal	.\$552,297
Percent of goal reached	22%
Percent participation (2,450 households)	7%

If you haven't brought your envelope from home, envelopes are available in the pews in front of you. Please fill one out and drop it in the offering basket TODAY. Your gift (however small!) will make a real difference in a lot of lives. Thank you for your generosity!



St Vincent de Paul "Stuff the Truck" at St James Cathedral

April 23 & 24, 2016



Clean Your Closets and Help the Poor!

We want to make donating to St Vincent de Paul as convenient as possible.

*Please help us with your Spring closet cleaning.

If you have gently used (resellable) items you no longer need,

bring them to church and help us Stuff the Truck!

Your donated items will be sold through local St Vincent de Paul thrift stores, with proceeds used to support St Vincent de Paul activities throughout King County, all of which benefit our neighbors in need.

St Vincent de Paul Donation Truck in the O'Dea High School Parking Lot

Saturday, April 23 5:00 pm to 7:00 pm Sunday, April 24 7:30 am to 7:00 pm

Items We Really Need:

Bedding, clothing, kitchen items, lamps, books, pictures, household goods and sports gear.

Accepted items are eligible for tax deduction. (for info, go to www.irs.gov)

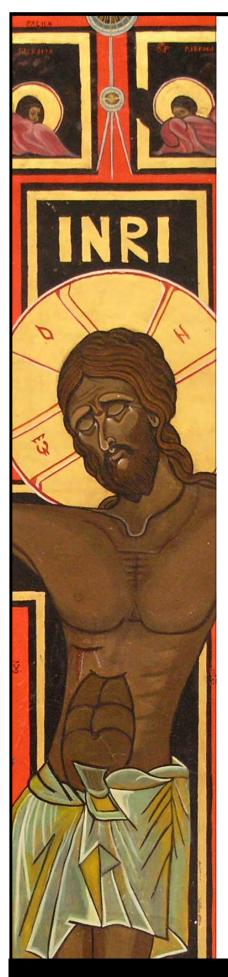
Items We Cannot Accept:

No large furniture, please! Also, we cannot accept anything torn, ripped, stained, hazardous or poisonous, toilets, large appliances, car parts, hot water tanks, carpets, car batteries, construction materials, paint, air conditioners, etc.



Thank you for your generous support!

To schedule <u>pickup</u> of large furniture throughout the year, please call St Vincent de Paul at 206-767-3835.



The Sacrament of Anointing of the Sick

A communal celebration of the Sacrament of the Anointing of the Sick will take place at St. James Cathedral on Saturday, April 30, 2016, at a special 10:30am Mass. Father Ryan will preside. All are welcome to attend the Mass.

What is the sacrament of Anointing of the Sick?

The sacrament of the Anointing of the Sick is one of the seven sacraments of the Catholic Church. Like the sacrament of reconciliation (confession), it is a sacrament of healing. Our understanding of this sacrament has changed with time. In the early Church it was seen as a sacrament of healing, but later it came to be known as "Extreme Unction" – literally, "last anointing" – and was not administered until death was imminent. With the reforms of the Second Vatican Council, the Church has returned to the more ancient practice with regard to this sacrament.

Who can receive this sacrament?

Catholics, both children and adults, who are seriously ill, facing surgery, or experiencing the weakness that comes with old age should seek this sacrament. Those with serious, chronic mental or physical illness may also receive the anointing of the sick.

What happens during the Rite of Anointing?

The Rite of Anointing will be celebrated in the context of a special Mass on Saturday, April 30, at 10:30am.

After the homily, the Liturgy of Anointing begins. The priest leads a litany in which all pray for the healing and forgiveness of the sick person, as well as for doctors, nurses, and caregivers. Then, in silence, the priest lays his hands on the head of the sick person, an ancient gesture of prayer that is used in connection with many of the sacraments, especially the Sacrament of Reconciliation and Holy Orders.

After the laying on of hands, each sick person is anointed with the Oil of the Sick (pure olive oil, blessed each year by the Archbishop at the Chrism Mass). The sick person is anointed on the forehead and then on the hands, and simple words accompany the anointing: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up." A concluding prayer follows, and if the sacrament takes place in the context of the Mass, the Liturgy of the Eucharist continues as usual.

No RSVP is required. *Information*, Corinna Laughlin, 206-264-2086, or e-mail claughlin@stjames-cathedral.org.