

St. James Cathedral
The Fourth Sunday of Advent
December 22, 2019

## ORDER OF CELEBRATION FOR

## The Fourth Sunday of Advent

## 25TH ANNIVERSARY OF THE REDEDICATION OF ST. JAMES CATHEDRAL

**PRELUDE** 

Nun komm der Heiden Heiland, BWV 659

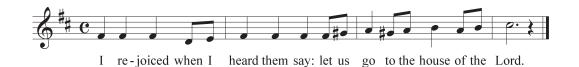
Bach

"Marche du Veilleur de Nuit" from Bach's Memento

Widor

PROCESSION AND LIGHTING OF THE DEDICATION CANDLES

Psalm 122 Batastini



**ENTRANCE** 

God is in this holy temple
WESTMINSTER ABBEY



OPENING PRAYER (COLLECT)

## The Liturgy of the Word.

FIRST READING Isaiah 7:10-14

PSALM RESPONSE Psalm 24

Proulx

Hurd



SECOND READING Romans 1:1-7

**ALLELUIA** 



GOSPEL READING Matthew 1:18-24

**HOMILY** 

Father Michael G. Ryan

CREED CHANTED ON ONE TONE

(10:00 and Sunday Evening)

chant, Mode V

I believe in one God,

Presider Credo in unum Deum,

Choir Patrem omnipotentem factorem cæli et terræ, visibilium omnium et invisibilium.

the Father almighty, maker of heaven and earth, of all things visible and invisible.

ALL

Et in u-num Do-mi-num Je-sum Chri-stum,

I believe in one Lord Jesus Christ, the Only Begotten Son of God,

Choir Et ex Patre natum ante omnia sæcula.

Fi - li - um De - i

born of the Father before all ages.

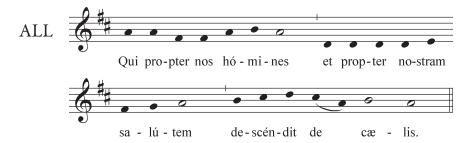
De - um de De - o, lu - men de lú - mi - ne,

De - um ve - rum de De - o ve - ro.

God from God, Light from Light, true God from true God,

Choir Genitum, non factum, consubstantialem Patri: per quem omnia facta sunt.

begotten, not made, consubstantial with the Father; through him all things were made.

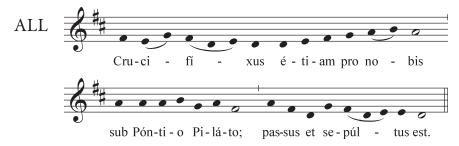


For us men and for our salvation he came down from heaven,

All bow at the words of incarnation, sung by the Choir:

Choir Et incarnatus est de Spiritu Sancto ex Maria Virgine, et homo factus est.

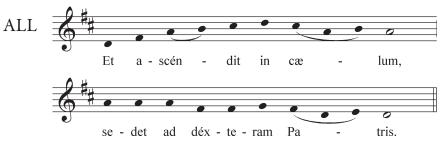
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.



For our sake he was crucified under Pontius Pilate, he suffered death and was buried,

Choir Et resurrexit tertia die, secundum Scripturas.

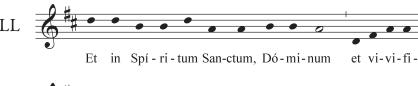
and rose again on the third day in accordance with the Scriptures.



He ascended into heaven and is seated at the right hand of the Father.

Choir Et iterum venturus est cum gloria, iudicare vivos et mortuos, cuius regni non erit finis.

He will come again in glory to judge the living and the dead and his kingdom will have no end.



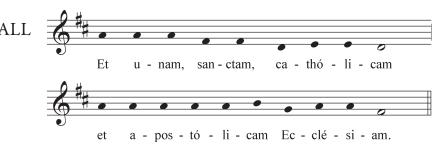
I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,



who with the Father and the Son is adored and glorified, who has spoken through the prophets.

Choir Qui cum Patre et Filio simul adoratur et conglorificatur: qui locutus est per prophetas.

I believe in one, holy, catholic and apostolic Church.



Choir Confiteor unum Baptisma in remissionem peccatorum.

I confess one Baptism for the forgiveness of sins



and I look forward to the resurrection of the dead

Choir Et vitam venturi sæculi.

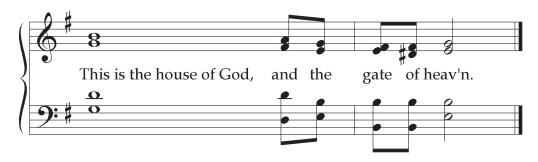
and the life of the world to come.



Amen.

## PRAYER OF THE FAITHFUL

Berthier



## The Liturgy of the Eucharist

## PREPARATION OF THE ALTAR AND THE GIFTS

(10:00)

This place is the work of God, a mystery surpassing all comprehension, above all reproach.

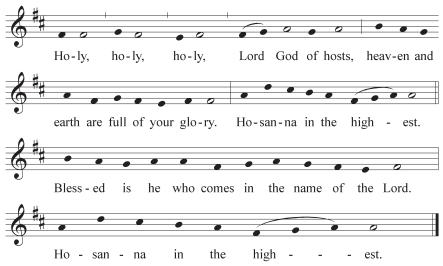
Locus iste
Bruckner

(12:00 & 5:30)

How lovely are thy dwellings fair
Thiman

**SANCTUS** 

New Plainsong Mass Hurd



MYSTERY OF FAITH
Hurd



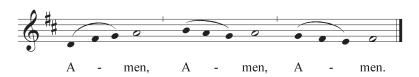
We pro-claim your death, O Lord, and pro-fess your



Res - ur - rec-tion un - til you come a - gain.

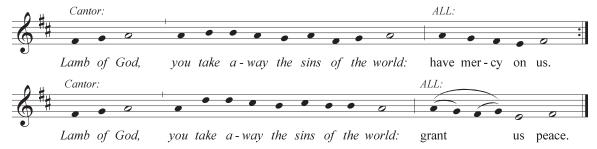
Hurd

**AMEN** 



## LORD'S PRAYER

AGNUS DEI Hurd



COMMUNION Ecce virgo concipiet

Behold, a Virgin shall conceive and bear a son, and his name shall be called Emmanuel."

(10:00) Psalm 122: I was glad

I was glad when they said unto me: we will go into the house of the Lord.

Our feet shall stand in thy gates, O Jerusalem.

Jerusalem is builded as a city that is at unity with itself.

O pray for the peace of Jerusalem, they shall prosper that love thee.

Peace be within thy walls, and plenteousness within thy palaces!

(12:00) Magnificat "Washington"

(Sunday Evening)

Ave nobilis venerabilis Maria
School of Notre-Dame, 13th c.

Hail noble, honored Mary, friendly helpful companion on our way: emend our actions, direct our course through these difficult paths.

Correct our deeds by your guidance, O supernal light, and steer us through these seas.

Upon returning to your place after Holy Communion, **please kneel or be seated**. Low-gluten hosts are distributed at the credence table near the presider's chair.



PRAYER AFTER COMMUNION
BLESSING AND DISMISSAL

**PROCESSION** 

#### ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

#### **PASTOR**

The Very Reverend Michael G. Ryan

IN RESIDENCE Reverend David A. Brant; Reverend Bryan Hersey

## PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

#### **FAITH FORMATION**

Kathleen McCabe, Director (206-382-2018) Brenda Bellamy, Children's Faith Formation (206-274-3108) Rosanne Michaels, Faith Formation (206-654-4658)

Julianna Castro, Baptism Coordinator (206-619-0816) Theresa Van de Ven, Administrative Assistant (206-219-5822)

### **FAMILY MINISTRY**

Suzanne Lee, Director (206-654-4640)

#### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086) John Marquez, Julie Sharples, Peter Burns, sacristy (206-654-4646)

#### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist Samuel Libra, Associate Cathedral Organist Stacey Sunde, Director of Youth Music Marjorie Bunday, Music Office Assistant

#### **SOCIAL OUTREACH and ADVOCACY**

Patrick Barredo, Director (206-382-4515)
Dylan Hogan, Hospitality and Administrative Support (206-382-4235)
Cathedral Kitchen: Teddi Callahan (Director), John Givins,
Mick McHugh, Ray Cisneros (206-264-2091)

#### MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

#### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Patrick Suhrbier, Immigrant Legal Services; Sayuko Setvik, Tutoring Coordinator; Caroline Okello, Community Activation Coordinator

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

#### YOUTH MINISTRY and YOUNG ADULT MINISTRY

Curtis Leighton, Director (206-264-2082)

#### **PARISH OFFICE**

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Micki-Jo Palmer, Executive Assistant for Finance (206-654-4650)
Margaret Lynch, Wedding Office (206-382-4288)
Bev Mauser, Louise Mennella, Wedding Coordinators

#### **FACILITIES and GROUNDS**

Tang Nguyen, Facilities Supervisor (206-264-2087) Alan Frasher, Melina McCombs, Gebregziabher Abay

## CELEBRATIONS of the SACRAMENTS MASS

 Sundays
 8 - 10 - 12 & 5:30 pm

 Weekdays
 8:15 & 5:30 pm

 Saturdays
 8:15 & "Vigil" 5:30 pm

#### LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Julianna Castro for information, 206-619-0816.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the Parish Office for information.

**FUNERALS** for parishioners, contact Suzanne Lee, 206-654-4640.

CONTEMPLATIVE ECUMENICAL PRAYER, First Fridays, 6:30 pm

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

**PARISH OFFICE HOURS**: Monday through Friday, 9:00 am - 5:00 pm. After-hours Emergency answering service for parishioners: 206-467-3049

#### 804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303 Website: www.stjames-cathedral.org

TELCOME, VISITORS! If you are a visitor to the Cathedral, we want you to know how welcome you are — whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. For more information about the parish, to register, or to ask a question, visit our Sunday Help Desk at Coffee Hour. A Cathedral staff person will be on hand to assist you. Be sure to stop by the Cathedral Bookstore after Mass for a wide selection of Cathedral souvenirs as well as Catholic books and gifts.

**FOR YOUR SAFETY** At each of the weekend Masses a Seattle police officer or uniformed security guard is present on the Cathedral campus.

# The Fourth Sunday of Advent December 22, 2019

**CATHEDRAL ESPRESSO** This month, all espresso sales benefit Prepares Pregnancy Support Ministry. The Espresso Cart is open at coffee hour after the 10:00am Mass.

CABRINI GARAGE CLOSURE This Sunday, December 22, the Cabrini Medical Tower Garage is closed for maintenance. We apologize for the inconvenience. We have vouchers to provide free parking for those who parked at the Swedish Medical Garage across Boren Avenue. Stop in after Sunday Masses in the Cathedral Chapel to pick up your voucher.

YOUNG ADULTS, HELP DECORATE THE CATHEDRAL FOR CHRISTMAS The Greening, our time-honored tradition of decorating the Cathedral for Christmas, will take place this Sunday, December 22 at 7pm. We will have a pizza in the Rectory Parlors after the Sunday evening Mass and then get to work. RSVP requested. *Information*, Curtis Leighton, cleighton@stjames-cathedral.org.

warm HEARTS & SOLES SOCK DRIVE 2019 This year we hope to collect 2,020 pairs of new socks to distribute to homeless men and women. Please consider buying an extra pair of socks during your holiday shopping, and then dropping them off at the Help Desk in the parish hall during the Sunday coffee hour this month. Volunteers will also be in the chapel after the weekend evening Masses to collect your donations. Thank you!

THANK YOU! TO ALL WHO SUPPORTED THIS YEAR'S GIVING TREE Through your generosity, hundreds of gifts were shared with immigrant families, incarcerated youth, homeless men, families with young children, and children of migrant farmworkers in the Skagit Valley. Your gifts are greatly appreciated by all who will receive them!

PARISH REMEMBRANCE Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. Stephen the Martyr in Renton, Prince of Peace Mission in Belfair, and St. Mary in Anacortes and Marysville

SACRIFICIAL SUNDAY GIVING If you haven't already done so, please remember to drop your commitment card for 2020 in the offering basket this weekend. Your downtown. He was struggling to pay rent. We helped pledge makes it possible for the Cathedral to plan its budget in the coming year. You can also make your commitment online at www.stjames-cathedral.org. If you donate via Our Sunday Visitor, be sure to login and update your giving preferences there. Thank you! *Information*, Maria Laughlin, mlaughlin@stjamescathedral.org.

**SUPPORT THE WINTER SHELTER** Show mercy to the homeless by becoming an overnight volunteer on Saturday and Sunday nights, or by being a breakfast host on Sunday, Monday or Tuesday mornings. If you cannot be an overnight host or provide breakfast, you can support the Winter Shelter by donating: spray deodorant, large tubes of toothpaste, toothbrushes and men's razors. Items can be brought to Coffee Hour, or dropped off or mailed to the Parish Office. Thank you! *Information*, Patrick Barredo, 206-382-4515 or pbarredo@stjames-cathedral.org.

**CONSIDERING SEPARATION OR DIVORCE?** Wait! There is an alternative. Retrouvaille (pronounced retrovi) has brought healing to tens of thousands of troubled marriages worldwide. Your situation may seem hopeless, but there is always hope, and you are not alone in your struggle. Confidential information and registration for upcoming program on February 21-23, 2020, 206-706-2608 or www.helpourmarriage.org.

**BABYSITTING** is available for children up to four years of age on Sundays during the 10:00am and Noon Masses, during baptism preparation classes, and during special events for parents and families. The program is located in the Mother Cabrini Room on the first floor of the Pastoral Outreach Center; enter through the courtyard at Ninth and Columbia. *Information*, Suzanne Lee, 206-654-4640.

**CENTERING IMMIGRANTS' STORIES** join us during National Migration Week as we celebrate immigrants. This 90-minute workshop is focused on holding space, being present, and centering the stories of immigrants. A short presentation will be followed by the opportunity to listen to immigrant's stories in small groups. Tuesday, January 7, 6:30pm, Pastoral Outreach mindfulalternative@gmail.com or Nancy Granger, RN Center. Registration is limited to 25 participants. *Information or to RSVP*, Chris Koehler ckoehler@stjames-cathedral.org or 206-382-4511.

SAVE THE DATE! SAFETALK TRAINING: SUICIDE FIRST AID EDUCATION FOR YOUNG ADULTS AND THOSE WHO CARE FOR THEM Friday, January 17, 2020, 11am-3:30 pm. Create safety within our families, schools and communities. Learn how to approach someone who is struggling with thoughts of suicide. Specifically designed for students 15 and over, young adults, teachers, youth group leaders, faith formation instructors, coaches, camp counselors, parents, grandparents and guardians. Lunch will be provided midway through the training for the participants. Pastoral Outreach Center, 907 Columbia Street. *Information*, CJ Pina, cassandrapina@me.com, or Nancy Granger, RN 206-382-4269, ngranger@stjames-cathedral.org.

ST VINCENT DE PAUL SHARES with you an actual message of thanks received from a young man living with just enough to save his apartment. The next day he called the SVdP Helpline (206-767-6449), and we were told: "He just wanted to say thank you to the volunteers who came out and helped his family pay their rent this month. He is so very grateful for your assistance. He didn't know what he was going to do and had no idea how he was going to make the payment on his own. He wants to thank them for being so caring and wants them to know he really appreciates everything they do. He also wants them to know he'd like to give back by helping others as well. Again he says thank you, and he hopes you have a blessed day." Your donations to our SVdP conference at St James and your prayers for our ministry make visits like this possible—thank you! Information, Bob Clifford, 206-718-4158 or bobclifford53@gmail.com

**COUNT US IN 2020** Mark your calendars: King County's Annual Point in Time Count (PIT), will be happening January 24, 2020! The core purpose of the annual PIT Count is to collect data on the needs of people experiencing homelessness in our community. The count also provides an excellent opportunity to increase awareness of homelessness and to spark action. To learn more or to register to be a part of the St. James Cathedral team, contact Patrick Barredo: pbarredo@stjames-cathedral.org or 206-382-4515.

WHAT IS THE MINDFUL ALTERNATIVE GROUP? Mindful Alternative Support Group has been offered at St. James since 2014. This group is specifically designed for parents and caregivers of adult children with serious mental illness. It provides an opportunity to share experiences related to the challenges of loving someone who lives with a brain disorder. Members discuss important issues related to treatment, housing, education, employment and how their loved one will manage their daily lives. The group helps loved ones explore thoughtful alternatives to current difficult situations. Facilitator, Terry Proctor is the dad of an adult son who lives with schizophrenia and has been facilitating groups like these for many years. The group is held on the last Saturday of the month at 3:00pm. Information, Terry Proctor, 206-915-3555, 206-382-4269, ngranger@stjames-cathedral.org.

**CARE FOR CREATION TIP** God's creation reveals itself often in silence. As Christmas approaches, use this time to behold God's glory in nature.

ST. JAMES CATHEDRAL ON SOCIAL MEDIA Be sure to follow the Cathedral on social media for up-to-date information about ongoing events in the life of the Cathedral! On Instagram: @stjamescathedral. On Facebook and Twitter: @stjamesseattle. Did you know the Cathedral has a podcast? Father Ryan's homilies are available on iTunes. Just search "St. James Cathedral, Seattle" on Apple podcasts. And of course, you can always visit the Cathedral website at www.stjames-cathedral.org for up to date information on Cathedral happenings. If you aren't getting our weekly e-newsletters, be sure to check your spam folder and add St. James to your "safe senders" list!

# Christmas 2019

# at St. James Cathedral



## Tuesday, December 24, 2019

## 5:30pm

The Nativity of the Lord—
Vigil Mass with Children and Youth

Entrance Procession of the Children and Crib Figures; blessing of the Christmas Crib The Very Reverend Michael G. Ryan,
Presider & Homilist with youth readers, musicians, and servers.

## 9:00pm Carol Service

## 10:00pm **NOTE TIME!**

The Nativity of the Lord—

Mass during the Night

The Most Reverend Paul D. Etienne,

Archbishop of Seattle, Presider & Homilist

Please note that this year the Mass will NOT be broadcast on KING-TV.

## Wednesday, December 25, 2019

## 8:00am

The Nativity of the Lord—Mass at Dawn
The Reverend David A. Brant, Presider
The Very Reverend Michael G. Ryan, Homilist

10:00am and 12 Noon
The Nativity of the Lord—
Mass during the Day

The Very Reverend Michael G. Ryan, Presider & Homilist (10:00am) The Most Reverend Paul D. Etienne, Presider & Homilist (Noon)

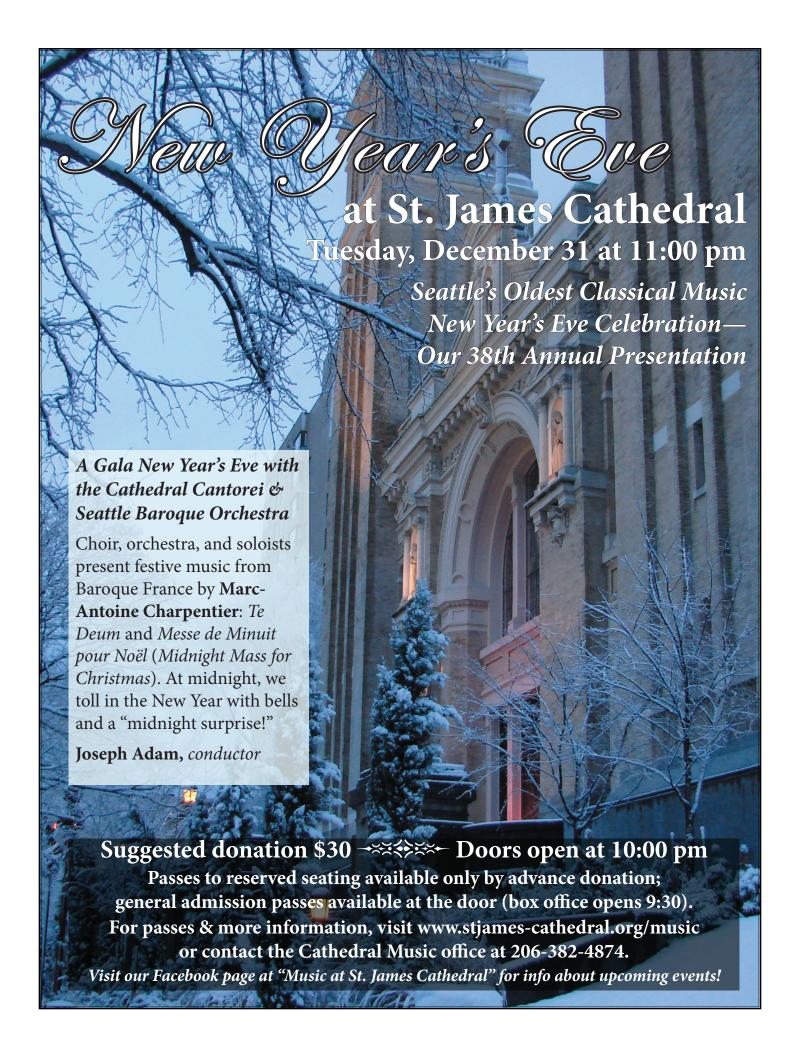
## 4:00pm

SOLEMN VESPERS OF CHRISTMAS

The Very Reverend Michael G. Ryan, Presider

## 5:30pm

The Nativity of the Lord—
Evening Mass on Christmas Day
The Very Reverend Michael G. Ryan,
Presider & Homilist





## Pause for Prayerful Reflection as You Enter the New Year

Spend a day unwinding from the holidays with a peaceful, one-day retreat.

Saturday, January 4, 2020 9:00 am - 3:00 pm

Pastoral Outreach Center, 907 Columbia Street

What have been the blessings and struggles you have experienced over the days and months of this past year? How has God been with you throughout these times? Where do you sense that God might be calling you in the coming year?

Using the wisdom of St. Ignatius of Loyola, Rosanne Michaels of the Cathedral staff will guide us through a prayerful recollection of our past year, and a look ahead at the coming year.

Throughout the day, participants will be invited to silent periods of personal reflection and prayer.

Please bring a brown-bag lunch. Snacks and beverages will be provided.

**RSVP** Requested

Rosanne Michaels, 206.654.4658, rmichaels@stjames-cathedral.org

# Grief Support Group



Wednesdays, January 22—March 11, 2020 6:30pm-8:00pm, Gallagher Center (enter on Columbia St.) St. James Cathedral

Are you grieving the death of someone close to you?

Grief and loss can have a significant impact on our lives long after the death of the person we love.

The grieving process has no timeline and is unique to each individual, but meeting with others who are going through a similar experience can provide support and help us cope.

You are invited to join this 8-week grief support group facilitated by St. James Cathedral Staff Nancy Granger, Suzanne Lee, and Rosanne Michaels

# You are FELLOW CITIZENS with the SAINTS The Members of the Household of God Ephesians 2:19













## **SUNDAY GIVING AT ST JAMES CATHEDRAL**

## **RESULTS THROUGH DECEMBER 10, 2019**

Total pledges received ......698 Average pledge ......\$46 weekly % participation so far (out of 2,639 households) ...... 26% 

A huge THANK YOU to the nearly 700 households who have turned in a pledge! If you haven't already done so, please remember to drop your commitment card for 2020 in the offering basket this weekend or make your pledge online. Your commitment makes it possible for the Cathedral to plan its budget in the coming year. If you donate via *Our Sunday Visitor*, be sure to login and update your giving preferences there. Information, Maria Laughlin, 206-382-4284 or mlaughlin@stjames-cathedral.org

www.stjames-cathedral.org