

St. James Cathedral

James, Apostle

July 24, 2016

We welcome our visitors

St. James Cathedral, Seattle July 24, 2016

St. James is glad to welcome visitors from near and far throughout the summer months. Each week this summer, a page in the bulletin will offer some historic and artistic highlights of St. James Cathedral. This week, we highlight the Cathedral's images of St. James the Greater.

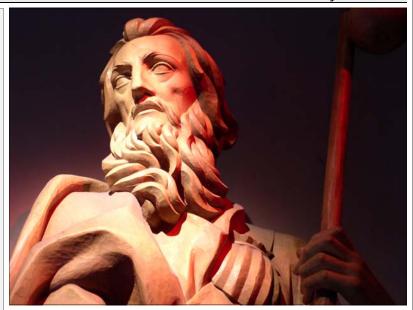
In addition, each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence today. Last week, we had visitors from Paxton, IL; Dallas, GA; Harlingen, TX, and Paisley, Scotland. The winner of our drawing was from Egg Harbor Township, NJ.

t. James is the Cathedral Church for the Catholic Archdiocese of Seattle. It is also a parish church for a large and vital community. Noted for its beautiful liturgies and its extensive outreach to the poor, the Cathedral also serves the city of Seattle as an important gathering place, a crossroads for learning, and a center for the arts.

Built in 1907, St. James Cathedral is an impressive Italian Renaissance-style building whose twin towers soar to a height of 167 feet. St. Frances Xavier Cabrini, the first American citizen to be canonized, worshiped in the Cathedral in its early years. In 1994, a nationally acclaimed restoration and renovation completely renewed the beauty of this beloved Seattle landmark, transforming it into a dynamic space for the celebration of the Church's liturgy as well as for ecumenical, cultural, and civic events.

Artistic highlights of St. James include magnificent ceremonial bronze doors and tabernacle by German artist Ulrich Henn; an award-winning Shrine to the Blessed Virgin Mary; and a large collection of stained glass by renowned artists Charles Connick and Hans Gottfried von Stockhausen. The Cathedral Chapel is home to a remarkable 15th-century Renaissance altarpiece by Neri di Bicci.

St. James Cathedral is also a vibrant parish community of more than 2,400 households, coming from more than 180 ZIP codes around the entire Puget Sound region.



IMAGES OF ST. JAMES

The Cathedral's primary image of Saint James was created by the Rambusch studios as part of the 1950 remodel of the building. It originally formed part of the reredos behind the altar, and was moved to its present location in 1994.

The image, carved from wood by Italian craftsmen, features traditional symbols of the saint. The scallop shell, staff, and gourd are reminders of the great shrine of Santiago de Compostela, where the relics of Saint James have been venerated for many centuries. In the Middle Ages, this shrine became one of the most popular pilgrimage places, alongside Rome and Jerusalem, and to this day hundreds of thousands of pilgrims make their way to the Cathedral of Santiago on foot, bicycle, or horseback. The walking stick and gourd for carrying the day's water were indispensable on the pilgrim way, and the scallop shell was the sign of the pilgrim who had completed the journey.

In addition to the carving above the north doors, the Cathedral has two other images of Saint James. The first window on the left as you enter the west doors of the Cathedral represents James – see if you can spot the traditional emblems of the Apostle. For many years, this window by Charles Connick was the only image of the Cathedral's patron. St. James also appears high above the doors on the west façade of the Cathedral, in the central niche, in a limestone carving dating from 1950.

Learn more about our Cathedral & take a virtual tour at www.stjames-cathedral.org/tour

ORDER OF CELEBRATION FOR THE FEAST OF

Saint James, Apostle

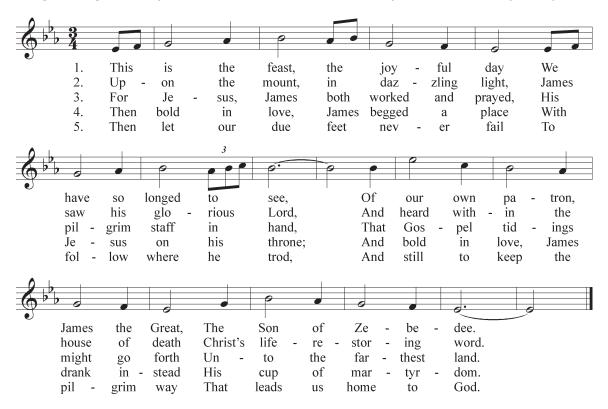
PRELUDE

Trio Sonata No. 5 in C Major, BWV 529
Bach

ENTRANCE

This is the feast, the joyful day ST. COLUMBA

Carried in the entrance procession is a 16th-century RELIQUARY BUST of Saint James, the gift of a generous parishioner. It houses a relic of our patron saint, the Apostle James.



PENITENTIAL ACT

St. James Mass for Peace
Herbolsheimer





(all other masses)

LAUDA ANIMA

Glory be to God in heaven,
Songs of joy and peace we bring;
Thankful hearts and voices raising,
To creation's Lord we sing:
Lord, we thank you, Lord, we bless you,
Glory be to God our king.

Lamb of God who on your shoulders Bore the load of this world's sin; Only Son of God the Father, You have brought us peace within: Lord, have mercy, Christ, have mercy, Now your glorious reign begin.

You, O Son of God, are holy,
You we praise with one accord;
None in heav'n or earth is like you,
Only you are Christ the Lord,
With the Father, and the Spirit,
Ever worshiped and adored. (Text by Edwin LeGrice)

COLLECT

THE LITURGY OF THE WORD

FIRST READING Acts 12:1-3

PSALM 126

The Lord has done great things for us;

we are filled with joy, we are filled with joy.

SECOND READING

II Corinthians 4:7-15

ALLELUIA Herbolsheimer



GOSPEL Matthew 20:20-28

HOMILY Father Michael G. Ryan

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00am)

Toolan

Proulx

CREED (chanted on one tone)

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.
I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.
God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father;

through him all things were made. For us men and for our salvation he came down from heaven,

All BOW

and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.

All STAND UPRIGHT

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son

is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward to the resurrection
of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Berthier



THE LITURGY OF THE EUCHARIST

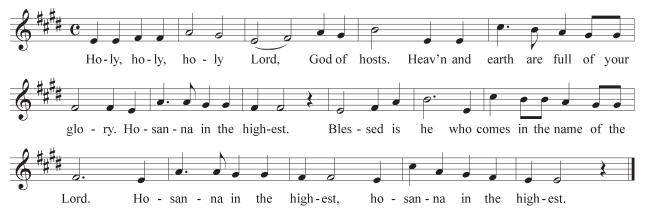
PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00 & Noon)

Pilgrim's Hymn

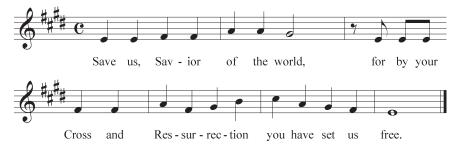
Paulus





MYSTERY OF FAITH

Herbolsheimer



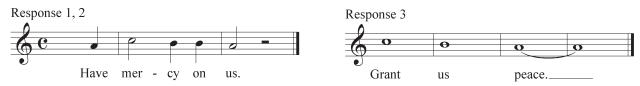
AMEN

Herbolsheimer



LORD'S PRAYER No. 246

AGNUS DEI Herbolsheimer



COMMUNION

You, who have been my follower, will sit upon the throne, judging the twelve tribes of Israel.

chant, Mode I

Bairstow

AURELIA

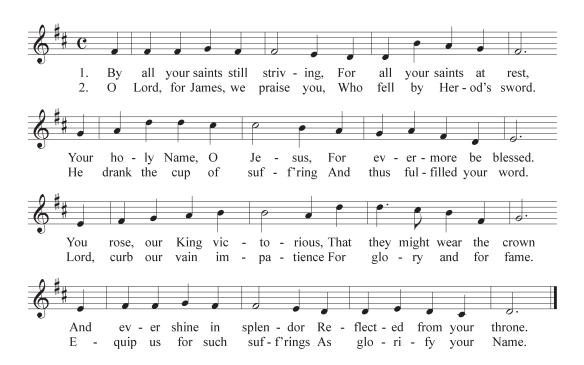
(10:00 & Noon)

Let all mortal flesh keep silence

Upon returning to your place after Holy Communion, please **kneel or be seated**. Low-gluten hosts are distributed at the credence table near the presider's chair.

HYMN OF PRAISE

By all your saints



PROCESSION

Nostra phalans 12th century, Santiago de Compostela



Let us sing with great rejoicing, on this day when JAMES, Apostle, Christ's own soldier, goes to glory, Tasting heavenly joys forever in the courts of the angels.

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

Kathleen McCabe, Director (206-382-2018) Brenda Bellamy, Children's Faith Formation (206-274-3108) Rosanne Michaels, Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086) John Marquez, Peace Phan, sacristans (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Dr. Paul A. Thornock, Director of Music

Joseph Adam, Associate Director of Music & Organist

Stacey Sunde, Director of Youth Music

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515) Tom Frasene, Outreach Ministries, Young Adults (206-382-4235) Teddi Callahan, Carol DeMatteis, David Wilson, David Grech,

Cathedral Kitchen (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist, Patrick Suhrbier, Immigrant Legal Services

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

YOUTH MINISTRY and YOUNG ADULT MINISTRY

Curtis Leighton, Director (206-264-2082)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087) Keith Emry, Alan Frasher, Melina McCombs, Steve Raab

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm 8:15 & 5:30 pm 8:15 & "Vigil" 5:30 pm Weekdays Saturdays

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the Parish Office for information.

FUNERALS for parishioners, please contact Suzanne Lee, Family Ministry, 206-654-4640

CONTEMPLATIVE ECUMENICAL PRAYER, First Fridays, 6:30 pm

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-264-2086.

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm. After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

ELCOME, SUMMER VISITORS! St. James Cathedral is proud to welcome visitors from near and far throughout the summer months. Each week a drawing for a special Cathedral gift will be made from among all the visitor envelopes used. Please write your address on the visitor envelope provided in the pew and drop it with your offering into the collection basket. Thank you for adding to the power of our prayer by your presence in our midst today.

COVER ART Statue of St. James the Greater. Artist unknown, 1950.

CATHEDRAL BOOKSTORE OPEN AFTER MASS

Visitors and regulars alike are invited to stop by the Cathedral Bookstore, open following each weekend Mass thank to our volunteers. Books, rosaries, religious items, Cathedral souvenirs, and much more! The Bookstore is located in the Archbishop Murphy Courtyard just south of the Cathedral.

YEAR OF MERCY We welcome all pilgrims to St. James Cathedral during this Year of Mercy. Whether you are a visitor or a regular at St. James, you can walk through the Holy Doors of Mercy, the four bronze doors at the Cathedral's west entrance. The center doors are opened before and after each Mass. A self-guided pilgrimage of prayer, The Way of Mercy, is available as well—pick up a flyer just inside the Holy Doors.

HUNTHAUSEN GOLF TOURNAMENT Do you golf? And do you believe in the Cathedral's many outreach ministries, especially the Cathedral Kitchen? Then this event is for you! On Monday, August 29, at Glendale Country Club in Bellevue, we will hold our 20th annual Hunthausen Golf Tournament. Over the years, this tournament has raised hundreds of thousands of dollars to support Cathedral outreach ministries. Please be a part of it this year, by golfing, attending the dinner, sponsoring a hole, or donating an item to our auction! *Information*, Maria Laughlin, 206-382-4284 or mlaughlin@stjames-cathedral.org. Download registration materials at www.stjames-cathedral.org/ golf.

ART CREATED BY CATHEDRAL YOUTH ON DISPLAY IN **THE CHAPEL** Eight youth spent the week learning about and creating stained glass as part of the Art of Faith: A Visual Arts Day Camp for Youth this past week. View their creations and read their reflections now through August.

BABYSITTING is available for children up to four years of age on Sundays during the 10:00am and Noon Masses. The program is located in the Mother Cabrini Room on the first floor of the Pastoral Outreach Center; enter through the courtyard at Ninth and Columbia. Information, Suzanne Lee, slee@stjamescathedral.org or 206-654-4640.

PARISH REMEMBRANCE Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. James in Vancouver and the St. Joachim Mission on the Lummi Reservation.

YOUTH MINISTRY

WORLD YOUTH DAY PILGRIMS This week a group from our parish will set out on pilgrimage to Krakow, Poland for World Youth Day. Thanks to the many stockholders who helped make this trip possible! Please keep these pilgrims and their safety in your prayers. Check our Youth Ministry Facebook page for updates on what the pilgrims are up to.

QUESTIONS? Curtis Leighton, 206-264-2082, cleighton@stjames-cathedral.org

YOUNG ADULT MINISTRY

For parishioners in their 20s and 30s

SPIRITUALITY THROUGH FILM On Thursday, July 28 at 6:30pm in the Pastoral Outreach Center, we'll watch the 1954 classic *On the Waterfront*, a film that explores the dignity of labor on the docks of 1950s Hoboken, New Jersey.

FIRST FRIDAY PRAYER AND SIMPLE SUPPER On Friday, August 5, come for the monthly Taizé prayer at 6:30 in the Cathedral and stay for a simple supper. We'll meet in the Archbishop Murphy Courtyard after the prayer and then head over as a group for dinner (Please note the new meeting spot).

Information, Curtis Leighton, 206-264-2082, cleighton@stjames-cathedral.org

HUNTHAUSEN AUCTION DONATIONS A fun part of our August 29 Hunthausen Golf Tournament is a silent auction with a wide range of donated items. We are looking for dinner gift cards, bottles of wine, tickets to concerts and special events. We are especially in need of sports tickets. *Information*, Margaret Lynch, 206-382-4288 or mlynch@stjames-cathedral.org.

GENTLE CHAIR YOGA Increase flexibility, strength and balance in a comfortable atmosphere with gentle yoga practice on Thursdays, 6:30–7:30pm in the Pastoral Outreach Center, 907 Columbia Street. *Information*, Nancy Granger, 206-382-4369.

CONFRONTING PORNOGRAPHY SUPPORT GROUP:

St. James holds an anonymous support group to overcome habits of porn use on Wednesdays, 8:00pm in the Pastoral Outreach Center (907 Columbia St.). All are welcome. *Information*, Tom Frasene, tfrasene@stjames-cathedral.org.

SHARE YOUR LOVE OF GOD AND THE CHURCH WITH THE CHILDREN OF ST JAMES The Children's Faith Formation team has a few openings for catechists and doorkeepers. Those who attend Mass regularly and are able to donate up to two hours a week September through June, and commit to staying abreast of Archdiocesan guidelines are encouraged to contact Brenda Bellamy. Training, support and materials provided. *Information*, bbellamy@stjamescathedral.org 206-274-3108.

REGISTRATION FOR THE 2016-2017 CHILDREN'S FAITH FORMATION SESSION OPEN. Drop by the CFF table during today's picnic. Or register online through the Cathedral's website. Click on the Kid's Page tab and then click on the Register Now! button. More information Brenda Bellamy (206) 274-3108.

SUMMER BLOOD DRIVE Did you know that it is incredibly difficult to generate enough donations during the summer, yet the need for blood never takes a vacation? Please support patients in need this summer by donating! Sunday, August 7, Bloodworks NW will be in the Parking Lot on Terry Ave at Columbia Street from 8:30am to 2:30pm (closed 10:30am-11:30am). To make an appointment, please visit: https://www.psbc.org/programs/drive.asp? URL=2909. To schedule by phone or for questions about eligibility, please call 800-398-7888.

WHEEL IS A GRASSROOTS ORGANIZING EFFORT of homeless/formerly-homeless women, well-regarded in Seattle. For the past 16 years they've operated a loving, low-barrier, night-time women's shelter, which is currently seeking a new home. Starting August 1, St James will allow use of Cathedral Hall for WHEEL, so that 50-60 women, along with 2 WHEEL staff, may have a safe and secure place to sleep. WHEEL will only be here at night, and will not interrupt the daily life of the Cathedral. Because of the Cathedral's commitment to the Winter Shelter, WHEEL is actively pursuing a new and permanent host site and will stay only until late September. If you are aware of a possible new site in or very near to Downtown for WHEEL, or if you have questions, contact Patrick Barredo, 206-382-4515.

REPORT FROM ST VINCENT DE PAUL Your SVdP donations helped make it possible for our Cathedral Vincentians to do 151 home visits during the months of April, May and June and help 211 low (or no) income residents of St James Parish who struggle to pay for life's necessities, such as rent, electricity, beds, food, clothes and basic hygiene products. That averages over 50 home visits and 70 people helped each month. Even more parish residents call the SVdP Helpline (206-767-6449) but must be turned away because we do not have enough volunteers or enough money. Do you have a few extra dollars you could spare to help poor residents of our parish? Or a few hours you could carve out of your busy life each month to visit our neighbors who are begging us for help? If so, please contact Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

JESUIT VOLUNTEER ENCORPS

(JV ENCORPS), a program of JVC Northwest, facilitates transformative opportunities for

JVEnCorps
A PROGRAM OF JVC NORTHWEST

intentional service, community and spiritual formation for older adults committed to social and ecological justice. During their ten months of part-time volunteer service, participants ages 50 and older meet together regularly in community to deepen their spirituality and explore the values of simple living and social and ecological justice. You are invited to attend an information session on Sunday, July 31 after the 10am Mass in the Holy Names Room, or at the coffee hours after the 8:00 and 12:00 Masses. *Information*, 206-305-8911, email JVESeattle@jvcnorthwest.org.

CALLING ALL SENIORS



You are cordially invited to

An Afternoon of Fun and Games

Tuesday, July 26, 2016 $\sim 1:00$ to 3:00 pm

On the patio of St James Pastoral Outreach Center (corner of 9th Ave and Columbia Street)

Come to socialize, play some of your favorite games, and enjoy ice cream sundaes!

If weather is inclement, we will meet indoors.

Information, Suzanne Lee, 206-654-4640

VOU KIOW! On a single night in Seattle . . .

More than 800 people rest overnight under roadways and other structures.

Almost 300 people sleep in doorways.

Close to 1,000 men, women and children have been counted sleeping in cars and trucks.

About 500 of our brothers and sisters simply walk around the city all night to keep from being rousted.

The number of men, women and children sleeping rough rose 19% last year.





"Can I weep when I see someone who is hungry, on drugs and on the street, homeless, abandoned, mistreated or exploited as a slave by society? ... Let's learn to weep."

ST. JAMES CATHEDRAL AND PAGLIACCI PIZZA PRESENT THE 20TH ANNUAL

ARCHBISHOP RAYMOND G. HUNTHAUSEN Charity Golf Tournament & Benefit Dinner



Since 1997, the Hunthausen Charity Golf Tournament and Benefit Dinner has raised hundreds of thousands of dollars to support the neediest of our community. This year the event will be held at the Glendale Country Club in Bellevue.

And the need is greater than ever before. This important event makes possible our Cathedral Kitchen, serving 150+ hot, nutritious meals every weeknight, all year round, to homeless and low-income men, women, and children in the downtown area. The tournament also supports other important Cathedral outreach ministries, including our Solanus Casey Center, Immigrant Assistance Program, and Mental Health Ministry.

Every dollar given to the Kitchen makes a huge difference. Look at it this way:

Serve one guest for a month	\$75
Keep the kitchen open one day	
Keep the kitchen open a week	

On behalf of Archbishop Hunthausen and the countless people who are helped through the programs of St. James Cathedral, thank you for your generous support of the Archbishop Hunthausen Charity Golf Tournament and Benefit Dinner.

For more information, call 206-382-4284 or e-mail mlaughlin@stjames-cathedral.org or visit www.stjames-cathedral.org/golf

MONDAY, AUGUST 29, 2016 | GLENDALE COUNTRY CLUB, BELLEVUE Benefiting the Cathedral Kitchen

ST. JAMES CATHEDRAL, SEATTLE www.stjames-cathedral.org/golf

Sponsor Information
Sponsorship Category*
Sponsor/Corporate Name*
Address
City/State/ZIP
Contact Person
Phone
E-Mail
* Include name as you would like it to appear on all tournament literature and signage. If you would like your corporate logo to appear on signage, please e-mail logo to mlaughlin@stjamescathedral.org.
Player Registration If you are registering as a single player, you may list names of other golfers you would like in your foursome.
Player #1
Name
Address
City/State/ZIP
Phone
E-Mail
Player #2
E-Mail
Player #3
E-Mail
Player #4
E-Mail
Dinner Only Registration
Name(s)
Address
City/State/ZIP
Phone

E-Mail _

Archbishop Hunthausen Charity Golf Tournament & Dinner

Monday, August 29, 2016 Glendale Country Club, Bellevue

SPONSORSHIP OPPORTUNITIES

(be sure to complete SPONSOR INFO box at left)

Dinner Sponsor	\$	275		
Hole Sponsor	\$	275		
Tournament Sponsor	\$	500		
Birdie Sponsor	\$	1,000		
Beverage Cart Sponsor	\$	1,500		
Eagle Sponsor	\$	2,500		
Major Sponsor	\$	5,000		
Golf Cart Sponsor	\$	7,500		
Co-Sponsor	\$	10,000		
Freewill offering/gift	\$			
GOLFERS (be sure to complete PLAYER REGISTRATION box at left)				
Single Golfer	\$	250		
Foursome	\$	1,000		
BENEFIT DINNER & AUCTION (be sure to complete DINNER ONLY box at left)				
Dinner Only	. \$	50		
TOTAL AMOUNT		\$		
☐ Check enclosed (payable Hunthausen Golf Tournament)☐ Bill my VISA/MasterCard (circle one)				
Credit Card Number				
Name as it appears on card				
\$				
Expiration date Total and	ount to	charge		
If you prefer, you may make your complete credit card				

If you prefer, you may make your complete credit card payment at our secure website, www.stjames-cathedral.org/contribute



SUPPORT GROUP FOR MOTHERS OF YOUNG CHILDREN

Mondays, 10:00am to Noon Mother Cabrini Room Pastoral Outreach Center ~ 907 Columbia

(Enter through the courtyard gate at the corner 9th Avenue and Columbia.)

Our support group offers mothers of young children an opportunity to connect with and support each other through the journey of motherhood. Facilitated by Ansebe Bicoff-Smit, a child, couple, and family psychotherapist, the group explores topics such as child development, emotional attachment, positive parenting, transitioning into the role of being a mother, and reconnecting with one's partner. Moms have a chance to get out of the house, enjoy conversations with one another, share each other's laughter, and sometimes tears.

If you are not sure this group is for you, consider these statements:

- 1. I am new to Seattle and don't know a lot of people yet.
- 2. I lack social and emotional support in my life at this time.
- 3. I sometimes feel insecure about my ability to be a good mom.
- 4. I often feel stuck at home with my young child.
- 5. I have a hard time asking for help or support from others.
- 6. Sometimes I feel overwhelmed by the responsibility of being a parent.
- 7. I feel inundated by all the information about child rearing that is on the internet.
- 8. I find myself struggling with low energy and feel depressed at times.
- 9. My anxiety has increased since my baby's birth.
- 10. I rarely have time to take care of myself, and I have stopped participating in the activities I enjoyed before becoming a mom.
- 11. Disagreements between my partner and me have increased since we became parents.
- 12. I find it very difficult to trust others, even my partner, to care for my child.

All mothers are welcome.

Information, Ansebe Bicoff- Smit 240-516-6762 or abicoffsmit@hushmail.com.

Four Quartets

Exploring a modern spiritual classic



Tuesdays, September 6, 13, 20, & 27, 2016 | 7:00pm-8:30pm Holy Names Room, Pastoral Outreach Center

We shall not cease from exploration And the end of all our exploring Will be to arrive where we started And know the place for the first time. --T. S. Eliot, Four Quartets

T. S. Eliot is one of the great poets of the 20th century — the author of *The Waste Land* and *Murder in the Cathedral*, as well as *Old Possum's Book of Practical Cats*, which was later transformed into the musical *Cats*. Eliot himself considered *Four Quartets* (1943) to be his finest work. The four great poems that make up *Four Quartets* are the culminating expression of Eliot's profoundly Christian spiritual vision. This four-week series will be led by **Corinna Laughlin** (Pastoral Assistant for Liturgy and PhD in English Literature). Cathedral reader **Scott Webster** will read each of the poems. All are welcome! It is recommended, but not required, that participants read the designated poem in advance of each session.

September 6 – "Burnt Norton" September 13 – "East Coker" September 20 – "The Dry Salvages" September 27 – "Little Gidding"

Information, Corinna Laughlin, claughlin@stjames-cathedral.org, 206-264-2086