

ORDER OF CELEBRATION FOR

The Sixth Sunday in Ordinary Time

rites of Welcoming and Acceptance (Saturday 5:30pm)

PRELUDE

(8:00)

Andante in F Major, K. 616

Mozart

Nun bitten wir

Buxtehude

THE INTRODUCTORY RITES

ENTRANCE

Your hands, O Lord, in days of old

MOZART



1. Your hands, O Lord, in days of old Were strong to heal and
2. And then your touch brought life and health, Gave speech, and strength, and
3. O be our might - y heal - er still, O Lord of life and

save; They tri - umphed o - ver pain and death, Fought
sight; And youth re - newed and health re - stored, Claimed
death; Re - store and strength - en, soothe and bless, With

dark - ness and the grave. To you they went, the
you, the Lord of light: And so, O Lord, be
your al - might - y breath: On hands that work and

blind, the mute, The pal - sied, and the lame, The lep - er
near, to bless, Al - might - y now as then, In ev - 'ry
eyes that see, Your heal - ing wis - dom pour, That whole and

set a - part and shunned, The sick and those in shame.
street, in ev - 'ry home, In ev - 'ry trou - bled friend.
sick, and weak and strong, May praise you ev - er - more.

GREETING

Priest The Lord be with you.

ALL And with your spirit.

PENITENTIAL ACT

Missa choralis

Refice



R. 1 & 3 Ky - ri - e e - le - i - son.

R. 2 Chri - - ste e - le - i - son.

RITES OF WELCOMING AND ACCEPTANCE (Saturday 5:30pm)

INTRODUCTION OF THE CANDIDATES

CANDIDATES' DECLARATION OF INTENT

AFFIRMATION BY THE SPONSORS AND THE ASSEMBLY All respond, **We are.**

PROCESSION TO THE FONT

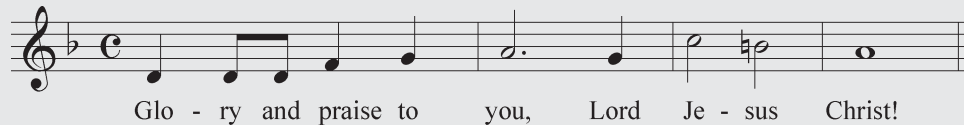
OPENING DIALOGUE WITH THE CATECHUMEN

AFFIRMATION BY THE SPONSOR AND THE ASSEMBLY All respond, **We are.**

ACCLAMATION **We praise you, Lord, and we bless you.**

SIGNING OF THE CATECHUMEN AND THE CANDIDATES

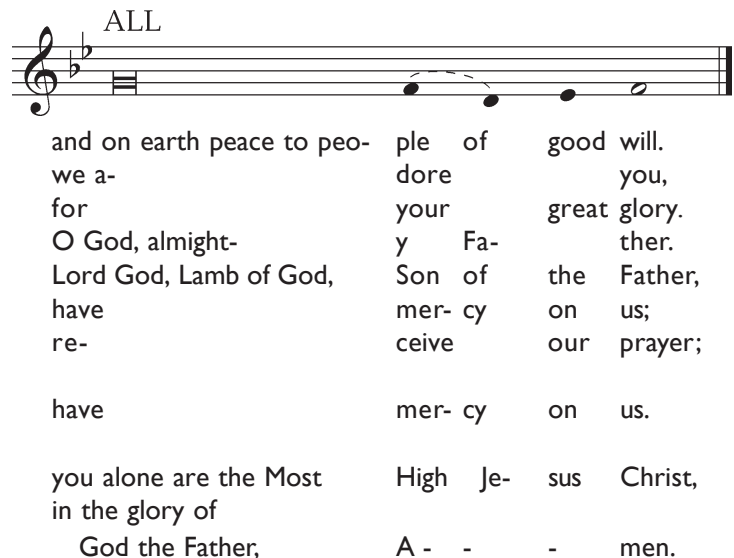
Young



GLORIA

chant, adapt. Lee

*Glory to God in the highest,
 We praise you, we bless you,
 we glorify you, we give you thanks
 Lord God, heavenly King,
 Lord Jesus Christ, Only Begotten Son,
 you take away the sins of the world,
 you take away the sins of the world,
 You are seated at the right hand
 of the Father,
 For you alone are the Holy One,
 you alone are the Lord,
 with the Holy Spirit,*



COLLECT (OPENING PRAYER)

THE LITURGY OF THE WORD

FIRST READING

Leviticus 13:1-2, 44-46

RESPONSORIAL PSALM

Psalms 32

Proulx



SECOND READING

I Corinthians 10:31-11:1

ALLELUIA

Vulpus



DIALOGUE BEFORE
THE GOSPEL

Priest The Lord be with you.
ALL **And with your spirit.**
Priest A reading from the holy Gospel according to Mark.
ALL **Glory to you, O Lord.**

GOSPEL

Mark 1:40-45

HOMILY

Father Michael G. Ryan

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (Saturday 5:30pm)

CREED (except Saturday 5:30)

ALL **I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**
[ALL BOW]
**and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.**
[ALL STAND UPRIGHT]

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

PRAYER OF THE FAITHFUL

Berthier



THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

(10:00)

Lord, who created man in wealth and store

Herbolsheimer

INVITATION TO PRAYER

Priest Pray that my sacrifice and yours... God, the almighty Father.
ALL **May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS


PREFACE DIALOGUE

Priest The Lord be with you.
ALL **And with your spirit.**
Priest Lift up your hearts.
ALL **We lift them up to the Lord.**
Priest Let us give thanks to the Lord our God.
ALL **It is right and just.**

SANCTUS

Compostela Mass

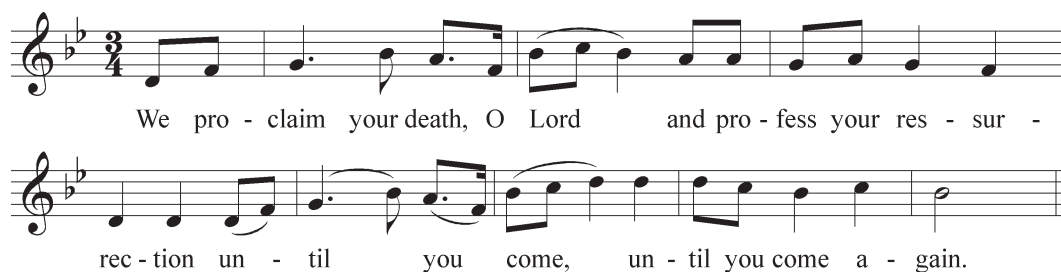
Holst, adapt. Ryan



Ho - ly, Ho - ly, Ho - ly Lord God of Hosts,
heav'n and earth are full of your glo - - - ry.
Ho - san - na in the high - est, ho - san - na in the high - est.
Blest is he who comes in the name of the Lord.
Ho - san - na, ho - san - na in the high - - - est.

MEMORIAL ACCLAMATION

Holst, adapt. Ryan



We pro - claim your death, O Lord and pro - fess your res - sur -
rec - tion un - til you come, un - til you come a - gain.

AMEN

Holst, adapt. Ryan



A - men, a - men, a - - - men.

THE COMMUNION RITE

LORD'S PRAYER

SIGN OF PEACE

Priest The peace of the Lord be with you always.
ALL **And with your spirit.**

AGNUS DEI

Missa chroralis

Refice



R. 1 & 2 Mi - se - re - re no - - - bis.
R. 3 Do - na no - bis pa - - - cem.

INVITATION

Priest Behold... called to the supper of the Lamb.
ALL **Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.**

COMMUNION

They ate and were fully satisfied; the Lord gave them all chant
that they desired; they were not deprived of their wants.

(10:00)

Psalm 84: *How amiable are thy dwellings*

Vaughan Williams

Upon returning to your place after Holy Communion, please **kneel or be seated**.
Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.

HYMN OF PRAISE

How sweet the name of Jesus sounds

ST. PETER



1. How sweet the name of Je - sus sounds To all be - liev - ing ears!
2. It makes the wound - ed spir - it whole, And calms the trou - bled mind;
3. Blest Name! the rock on which we build, Our shield and rest - ing place,
4. O Je - sus, Shep - herd, Guard - ian, Friend, Our Proph - et, Priest and King,



It soothes our sor - rows, heals our wounds, And drives a - way our fears.
His man - na for each hun - gry soul, The lost and wear - y find.
Our nev - er - fail - ing com - fort, filled With bless - ings of his grace.
Our Lord, our Life, our Way, our End, Ac - cept the praise we bring.

THE CONCLUDING RITES

GREETING

Priest The Lord be with you.
ALL **And with your spirit.**

PROCESSION

“Final” from *Symphony No. 6*

Widor

Grand Chœur

Salomé

(8:00)



Keys to the Council

A Five-Week Series of Learning and Discussion,
exploring the main teachings of the Second Vatican Council

The Second Vatican Council opened on October 11, 1962. Throughout this anniversary year, special events and educational opportunities will help us mark the 50th anniversary of a watershed moment in our Church and our world. This is a time to give thanks for the gifts of the Spirit in our Church, to be renewed in our understanding of the Council, and to look to the future. “Illuminated by the light of this Council, we confidently trust the Church will become greater in riches. Gaining strength and new energies from the Council, she will look to the future without fear” (Blessed John XXIII).

This Lent, you’re invited to an in-depth study of the great teachings of the Council. This series will combine large group learning and small group reflection. What better way to observe Lent of 2012 than by rediscovering what it means to be the Church and to live out its mission? Our companion book for this series is *Keys to the Council: Unlocking the Teaching of Vatican II* by Richard Gaillardetz and Catherine Clifford, available at a discount in the Cathedral Bookstore. Presenters include Cathedral staff members Corinna Laughlin, TerryAnn Bowen, Patty Bowman, and Suzanne Lee.

- ♦ **Week I: Introduction to the Series; The Council and Liturgy**
 - ◇ Tuesday, February 28 OR Saturday, March 3
- ♦ **Week II: Lumen Gentium: The Council’s Vision of the Church**
 - ◇ Tuesday, March 6 OR Saturday, March 10
- ♦ **Week III: Dei Verbum: The Council and the Word of God**
 - ◇ Tuesday, March 13 OR Saturday, March 17
- ♦ **Week IV: Gaudium et Spes: The Church in the Modern World**
 - ◇ Tuesday, March 20 OR Saturday, March 24
- ♦ **Week V: Conclusion**
 - ◇ Tuesday, March 27 OR Saturday, March 31

RSVP is appreciated but not required. Corinna Laughlin, claughlin@stjames-cathedral.org

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant
The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)
Beth Rose, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)
Suzanne Lee (206-654-4640)
Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)
Brenda Bellamy, Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music
Joseph Adam, Organist (206-382-4597)
Dr. Clint Kraus, Associate Organist
Stacey Sunde, Director of Youth Music
Thomas Thompson, Coordinator of Special Projects

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)
Marianne Coté, Youth & Family Ministry (206-382-4512)
Lita McBride, Children's Faith Formation (206-654-4658)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director
Glenda Caldwell, ESL Specialist
Jim Hodges, Citizenship
Cecilia Erin Walsh, ESL Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)
Elizabeth Falzone, Receptionist (206-622-3559)
Marilyn Maddeford, Administrative Assistant (206-622-3559 x3971)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)
Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm
Weekdays 8:15 & 5:30 pm
Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANointing of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
Website: www.stjames-cathedral.org
Emergency Number: 206-467-3049
Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

AT THE REQUEST OF ARCHBISHOP SARTAIN we have included in today's bulletin a letter from him and Bishop Elizondo, as well as an article from the most recent issue of the *Progress*.

CATHEDRAL BOOKSTORE Stock up on reading for Lent. New titles on spirituality and the saints, books by Thomas Merton and Henri Nouwen, and a wide selection of reading in celebration of the 50th Anniversary of the Second Vatican Council.

CONFIRMATION CLASSES FOR ADULTS AND HIGH SCHOOL STUDENTS 16 years and older begin Thursday, February 16, 6:30-8:30 pm in Cathedral Place, Room 411. Full sacramental initiation (Baptism, Confirmation, and Eucharist) is important for all practicing Catholics, and is particularly important for those who are considering getting married. *Information*, John Marquez, jmarquez@stjames-cathedral.org, 206-274-3106.

DO YOU SHOP AT BARTELL'S? St. James Cathedral is now a member of Bartell Drugs 'B' Caring program. Pick up a 'B' Caring Card at Bartell's and designate St. James Cathedral as the beneficiary, and Bartell's will contribute up to 4% of your purchases to St. James Cathedral every time you shop there and present your card.

SACRIFICIAL GIVING 2012 The pledge cards are back in the pews! If you haven't yet made your pledge for 2012, please do so today. We have received 1,033 pledges, which is great news, but we're still 86 pledges (and \$74,000) behind last year! Your support is urgently needed to help us meet our budget this year. Please drop your completed pledge in the offering basket today, or make your pledge online at www.stjames-cathedral.org.

DO YOU WORK AT ADOBE? The parish needs to upgrade to InDesign software for our Orders of Celebration and special programs. We are looking for Adobe employees who would be willing to help with donations of software. We need three copies of the latest edition of InDesign. *Information*, Renan Jeffereis, rjeffereis@stjames-cathedral.org, 206-622-3559.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Peter in Seattle and the mission churches of St. Peter in Deming, Suquamish, and Tenino.*

CATHEDRAL WINDOWS Friday, February 17, 8:00pm, our own Cathedral Organist Joseph Adam plays a program of chant-based organ works on the Cathedral's two grand pipe organs. He will be joined by Peregrine Medieval Vocal Ensemble, directed by parishioner Bill McJohn. The program will feature Karg-Elert's colorful *Cathedral Windows*, Widor's *Symphonie gothique*, and other music by Bach, deGrigny, and Scheidemann. \$15 suggested donation, students & seniors pay as able. *Information*, 206-382-4874 or www.stjames-cathedral.org/music

THE SPIRIT OF PROPHECY The art show in the Chapel will continue through Sunday, February 19. On Saturday, February 18 at 7:00pm, IMAGE Journal of the sacred arts will host a closing reception, beginning with a viewing in the Chapel and continuing with light refreshments in the Rectory. All are welcome. *Information*, Corinna Laughlin, claughlin@stjames-cathedral.org.

SEND US YOUR RECIPES Following up on the enormous success of the first ESL cookbook, we are once again asking parishioners for recipes. This newest edition will be devoted entirely to desserts. We are especially interested in old family recipes that reflect your cultural background. Feel free to include any family stories or cultural history related to your recipe. Mail your contribution to: St James ESL Program, 804 Ninth Ave, Seattle, WA 98104 or email it to mmain@stjames-cathedral.org. *Information*, Mali Main at 206-382-4511 or mmain@stjames-cathedral.org.

HELP FEED THE HUNGRY Operation Nightwatch is an ecumenical Christian ministry providing hot meals and shelter referrals to 150-200 homeless people every night. St. James parishioners cook and serve dinner at the Nightwatch Center three times a month. We need people to donate food for meals on the first and third Tuesdays. Items we could use include frozen meat for the main meal, sandwich meats, sliced cheese, and condiment packets. Protein is in high demand and short supply. Please leave your donations marked Operation Nightwatch in the Cathedral Hall kitchen after Masses on Sunday, or deliver them to the Parish Office before 4:00 pm on the 1st and 3rd Tuesdays of the month. *Information*, Mary Nichols, 206-420-8788 or marynichols@hotmail.com. Learn more about Operation Nightwatch at www.seattlenightwatch.org.

THE ST VINCENT DE PAUL conferences of St. James thank cathedral parishioners for their generous donations last month. During January, we made a total of 55 home visits to our low income neighbors. Your contributions allowed us to keep 38 individuals and families from being evicted from their homes. We helped one family avoid the shut-off of their utilities. We also provided food for 37 households, and gave out 16 vouchers to the St. Vincent de Paul Thrift Store for clothes, household items, beds and other furniture. Members of the St. Vincent de Paul Society follow Jesus through service to those in need. Bearing witness to Christ's compassionate and liberating love, we show our commitment through person-to-person contact, making our home visits in pairs. We are actively seeking new members to join our ministry. *Information*, Rob Millar 206-954-8902 and Tammy Bendix 206-595-9158.

WINTER SHELTER DONATIONS Our shelter guests need disposable razors, lip balm, and cough drops. Please bring your donations to Cathedral Hall during coffee hour after Sunday Mass or drop them off at the parish office Monday to Friday, 9am-5pm.

ST. JAMES IS A PLACE FOR CHILDREN We encourage all of our parishioners who attend Mass with young children, and we welcome them into our midst. Many families find that sitting in the front rows, where the view is unobstructed, allows children to participate more fully. Others are more comfortable sitting at the ends of the aisles, so that they can easily step into the west vestibule or the Cathedral Chapel, if their child needs a quiet place away from the assembly. We have provided a sound system in these areas so you can continue to participate in Mass. We appreciate your effort to be with us and to include your child in our worship. For those who wish, babysitting is available in the Mother Cabrini Room at the Pastoral Outreach Center during the 10:00 am and 12 Noon Masses.

Sacred Steps

Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS to Jackson Armond Delmare, baptized in the Cathedral on Saturday, February 4. We welcome with great joy this newest member of the family of faith.

Getting to know Good Pope John

Later this year, thanks to some generous parishioners, a permanent shrine to Blessed John XXIII, the Pope who called the Second Vatican Council, will be established in the north aisle of the Cathedral. Throughout the year, keep an eye on this box in the bulletin to learn more about this great saint of modern times.

Roncalli's first experience as a public speaker — a talk on the Immaculate Conception in a Roman parish shortly after his ordination — "was a disaster. I mixed up quotations from the Old and the New Testaments. I confused St. Alphonsus with St. Bernard. I mistook writings of the Fathers for writings of the prophets. A fiasco. I was so ashamed."



Real threats to religious liberty

In recent weeks, there has been much talk and much writing about religious liberty and the protection of the rights of conscience — and justly so. To be honest, I have been surprised and troubled by the fact that many people, including some Catholics, have asked, in so many words, “What’s all the fuss?”

Much is at stake here, both for our country and for people of all religious faiths who desire to live their faith in freedom.

Threats against religious freedom are current, real and concrete, on both the federal and state level. (See my statement on page 1.)

Taken alone, any of these measures strikes at our religious liberty. Taken together, they represent a multi-pronged attack on the First Amendment right to the practice of religion.

Many of us fear that such measures are only the current stretch of a long-term erosion of our country’s basic pledge to the freedom of religion. This is not simply a Catholic concern — it is a concern of all religious traditions across the world. Moreover, it is not simply a concern of organized religion — it should be the concern of every individual.

The First Amendment to the United States Constitution reads as follows: “Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.”

The First Amendment both ensures that there will never be an established religion in this country and protects the



ARCHBISHOP
J. PETER
SARTAIN

God-given right of every citizen to live his or her religion freely, fully and with respect. This basic human right has many implications.

A civil right

The Declaration on Religious Freedom of the Second Vatican Council, “Dignitatis Humanae” (“Of Human Dignity”), includes this key passage:

“[T]he human person has a right to religious freedom. This freedom means that all men and women are to be immune from coercion on the part of individuals or of social groups or of any human power, in such wise that no one is to be forced to act in a manner contrary to his own beliefs, whether privately or publicly, whether alone or in association with others ...

“This right of the human person to religious freedom is to be recognized in the constitutional law whereby society is governed and thus it is to become a civil right.”

Multi-pronged attack

As the Founders of this country would put it, religious freedom is an “inalienable” right. It is a right that exists even before the state itself.

Made in God’s image and likeness, every human person possesses a God-given dignity which the state must respect and, I would add, *cherish*. On the one hand, the state cannot

compel one to believe; on the other hand, it cannot coerce one to act against his or her belief, against his or her conscience.

Even God does not force our belief or our love. He has bestowed freedom upon every human person and respects the freedom he has given us. So, too, government and society at large must respect religious freedom.

A right and responsibility

I will be asking our Catholic people to make our federal and state legislators aware of our alarm and our firm objection to threats to religious freedom in this country. However, I also want to highlight several important, related, and sometimes subtle attacks on religious liberty:

Listen to the rhetoric: There is a subtle drumbeat which wants us to think that religious liberty simply means that I can worship where I choose, without restriction, on the weekend. Yes, it includes my worship, but it includes much more. The current threat is that we will be forced to act in a way that is contrary to our religious beliefs, contrary to our conscience.

Beware of the suggestion that the bishops’ concern is “much ado about nothing,” that we are concerned merely because the issues are contraception and abortion. Yes, we are deeply concerned about those issues; but we also are concerned about the foundational right to religious liberty, everything that poses a threat to it, and what such threats will entail in the future.

Examine the assumptions:

The truth is that gradually, religious faith and religious points of view are being pushed out of discussions in the public square, as if the sacred truths by which we live are irrelevant and outdated.

Beware of secular “religion”: A profoundly secularist approach rejects religion and religious people as out-of-sync with modern times. It portrays itself as “all grown up” and not in need of God or the gifts and moral guidance he offers.

Remember that our faith is a vital contribution to society: Catholics do not intend to force

our faith on the world or civil society. However, we do hold firm that what God has given us is for our good and

People of all faiths must guard our liberty — and expect our governments to do the same.

the good of all. Thus, we have both a right and a responsibility to live by it ourselves and to proclaim it. And the state has a responsibility to respect and protect that right and that responsibility.

I will write more about these matters as the months go by. I am heartened by the recent Supreme Court decision upholding religious freedom, and I am happily surprised at the large number of columnists of different political leanings around the country who have written that recent decisions by the department of Health and Human Services are deeply flawed.

But we must not be naive. This is a critical time in American history, and people of all faiths must guard our liberty — and expect our government to do the same.





February 7, 2012

Dear Brothers and Sisters in Christ,

We are writing you today about a very serious matter which deserves our attention and concern. New and proposed laws at both the state and national level pose an unprecedented threat to the fundamental right to religious liberty for all faith traditions. This threat undermines our country's First Amendment guarantees protecting the conscience rights of all citizens.

- The federal government recently announced that almost all employers, including Catholic employers, will be forced to offer their employees health coverage that includes sterilization, abortion-inducing drugs and contraception as “preventive” health services.
- This year the Washington State Legislature is considering bills that would mandate coverage for abortions in health insurance plans that provide maternity care coverage.
- Should the same-sex “marriage” bill be signed into law, we continue to be concerned that conscience provisions effectively provide protection to churches and religious organizations.

In addition to these threats, at the state level, based on an Attorney General’s 2002 opinion, the insurance commissioner affirmed his mandate that all state-regulated healthcare plans must cover contraceptives even if an employer has a religious or conscientious objection. This state mandate was bad enough. The federal mandate issued several weeks ago by the U.S. Department of Health and Human Services is much worse.

Under this unprecedented federal mandate, almost all health insurers will be required to include contraception, abortion-inducing drugs, and sterilization as “preventive” services in the health policies they write, and almost all individuals and employers will be forced to buy that coverage as a part of their policies. Moreover, the religious exemption to this mandate is so narrow that it would virtually require that the Catholic Church and Catholic institutions hire and serve only Catholics.

In a very grave violation of our religious liberty, the proposed abortion-insurance mandate before the Washington State Legislature similarly would place the Church, Catholic health care and all Catholic organizations and employers in an absolutely impossible situation.

We, the bishops of the Archdiocese of Seattle, have an obligation to make you aware of the seriousness of the situation and to ask for prayer and action to turn back these efforts to deny our constitutionally guaranteed right to religious liberty as a church. In generations past, the people of God, the Church, has always stood up to protect our sacred rights. Today we are again called upon to stand up for these rights. We will do so as loyal Americans and loyal Catholics.

We therefore ask two things of all Catholic people:

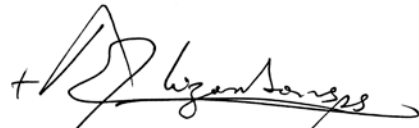
- First, as a community of faith we must commit ourselves to prayer and sacrifices, that wisdom and justice may prevail, and that religious liberty may be respected. Without God, we can do nothing; with God, nothing is impossible.
- Second, we urge you to visit www.usccb.org/conscience, and www.thewssc.org/ to learn more about this onslaught against religious liberty, and how you can contact your congressional and state legislative representatives to oppose these attacks on our religious liberty.

We cannot stand idly by while these assaults on our religious liberty are being perpetrated. Please join us in expressing to both federal and state officials our grave concern and strong objections.

Sincerely in Christ,

A handwritten signature in black ink, appearing to read "J. Peter Sartain", preceded by a small cross symbol.

Most Rev. J. Peter Sartain
Archbishop of Seattle

A handwritten signature in black ink, appearing to read "Eusebio Elizondo", preceded by a small cross symbol.

Most Rev. Eusebio Elizondo, M.Sp.S.
Auxiliary Bishop of Seattle



Joy and Hope in Christ

CELEBRATING 50 YEARS SINCE THE OPENING
OF THE SECOND VATICAN COUNCIL

The Second Vatican Council opened on October 11, 1962. Throughout this anniversary year, special events and educational opportunities will help us mark the 50th anniversary of a watershed moment in our Church and our world. This is a time to give thanks for the gifts of the Spirit in our Church, to be renewed in our understanding of the Council, and to look to the future. "Illuminated by the light of this Council, we confidently trust the Church will become greater in riches. Gaining strength and new energies from the Council, she will look to the future without fear" (Blessed John XXIII).

Save the Date! 2012 Vatican II Lecture Series

A series of lectures by noted local and national speakers will explore different aspects of the Second Vatican Council and what it means to us today. All lectures will begin at 7:00pm; location TBA. *Please note that more events are still being planned, including the dedication of a new shrine honoring Blessed John XXIII. Keep an eye on the bulletin for details!*

Thursday, March 15 | Father Paul Janowiak, SJ
Ever Ancient, Ever New: Vatican II and the Liturgy

Monday, April 30 | Father James Eblen
Dei Verbum: Vatican II and Scripture

Monday, September 10 | Bishop Bob McElroy
Gaudium et Spes: The Church in the Modern World

Monday, October 1 | Patricia Repikoff
Light of the Peoples: the Second Vatican Council's Vision of Church

Monday, October 29 | John O'Malley, SJ
What Happened at Vatican II?

St James Cathedral/Order of Malta Mental Health Ministry Responds to Survey

Thank you again to the 250 respondents to the Mental Health Ministry Survey that came out this past October. These results remain posted on the MHM website: www.stjames-cathedral.org/mhm . Here is a brief review of our progress and future plans based on your response.

During this last year year, with your encouragement and support, we laid a solid foundation for the Mental Health Ministry at St. James Cathedral.

Launched Mental Health Ministry page on the Parish website

Presented Information Night (introduced the Mental Health Ministry and began to address the stigma of mental illness)

Created a team of 20 committed volunteers

Designed training sessions and resource manuals for volunteers

- Companionship
- Understanding Mental Illness
- Healing Conversations
- Mental Health First Aid: Responding to Crisis of the Mind and/or Spirit

Established Companion Teams – available to isolated and marginalized for support & resources:

Coffee Hour Companions - 3 Coffee Hours at St James

Dinner Hour Companions - evening Kitchen Dinners

Hospitality Hour Companions - neighboring apartments

Descriptions of these are available on the website.

Developed On-line Prayer Partner team to respond to prayer requests via website

Coordinated a Mental Health Fair

Partnered with NAMI (National Alliance on Mental Illness), to host a Family-to-Family 12-week course which was completed 12/2011.

The above programs are intended to be ongoing and occurring at designated times throughout the year.

After reviewing the survey responses, the Mental Health Ministry intends to offer the additional services to begin to meet the mental health needs identified in by the congregation in response to the survey.

Education and Support for Parishioners and Community Affected by Mental Health Issues

- Discussion Group (9 week series) based on book, “A Balanced Life: Nine Strategies for Coping With the Mental Health Problems of a Loved One” ~Tom Smith~ Author.
- Series of workshops each with focus on a different mental health issue, including depression and anxiety.
- Series of workshops with focus on how to stay healthy by utilizing coping strategies such as mindfulness and humor to reduce stress and create a sense of inner well-being
- Explore partnering with organizations such as Alcoholics/Narcotic Anonymous to host a support group for persons experiencing addiction.

Create a Mental Health Resource Center (Gallagher Center)

- Mental Health Resource Center will be open the 1st Sunday of every month, from 9am – 1pm. Mental Health Ministry Volunteers will be available. Drop in.

Developing Bible Study and or Spiritual Reading related to Mental Health in collaboration with other Cathedral Ministries.

The ministry's volunteers wish to thank you again and are always open to your questions, feedback, and suggestions. Other programs and support groups are pending. Watch Bulletins for future postings. Thank you.

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