ST. JAMES CATHEDRAL

April 14, 2013

Dear Friends,

"Don't ask the questions if you're unwilling to deal with the answers." That's good advice for just about everyone, and it's especially good advice for a parish leader when it comes to conducting a survey. And, believe me, it was much on my mind when we decided to conduct a survey of one thousand parish households back in the fall of 2010. The survey was designed to gauge the strengths of our Cathedral parish as well as the areas where the needs of our parishioners were not being met. The results of the survey shaped our parish vision statement and have also guided our parish programs these last two years.

In the main, the survey told me and the Cathedral's pastoral ministry team that people love this parish. They love the way we pray together, the way we welcome people, the way we teach about the faith, the way we reach out in loving service to the poor, and the way we advocate for justice. That was all very reassuring, to say the least.

But some of the questions we asked triggered responses that were quite challenging. I think, for instance, of the comments and complaints about the sound system in the Cathedral. We have been working hard to address those ever since, conducting a survey of your experience of the sound system last summer, which helped us to isolate problem areas. As you may have noticed, we have adjusted sound levels throughout the Cathedral, and replaced the ambo microphone. And we continue to explore ways to improve sound levels in all areas of the Cathedral.

I think also of the comments we received about community and community-building in the parish. We have undertaken some new efforts to address those concerns as well: launching a new Family Ministry in July, 2012, to provide greater support for our couples preparing for marriage as well as our families. In addition, programs like Camino Seattle and the St. Patrick's Day Breakfast have served as great community-building events.

Most challenging of all, however, were the comments regarding a perceived lack of outreach to our teenage parishioners or, to put it in a positive way, the hopes expressed by people that we would take significant steps to address the needs of our teenagers, a growing and dynamic part of our community. It's not that we haven't done things for our young people.

In addition to the faith formation program, a good number of our teenagers are very engaged as altar servers, youth readers, Eucharistic Ministers, and as members of our two choirs for teenagers, Jubilate! and St. Edward's Vocal Ensemble. And some have taken part in service opportunities like the summer Youth Migrant Program. But there are so many possibilities beyond those and, to be honest, we have not been able to address them.

Until now!

I can't tell you how happy I am to announce that this June we are launching a new and exciting Youth Ministry Program. As director of the program, we are extremely blessed to be able hire our own parishioner, Joe Cotton, who for years has been something of an icon for youth ministry in this Archdiocese. Joe has been an outstanding leader in this area of ministry, serving ably and effectively as Youth Minister in parishes. He has also been heavily involved in juvenile detention ministry for the Archdiocese both as director and hands-on minister, and he has taught junior high students in one of our Catholic schools. But his long list of past involvements doesn't tell the whole story. Joe is a wonderful young man with deep faith, excellent people-skills, and a strong commitment to serving the poor and advocating for justice. And he's a Pied Piper when it comes to young people!

Speaking personally, this new moment in our life as a parish is a very fulfilling one. I feel that we are, in a sense, coming of age. Years ago, there was no need at St. James Cathedral for a youth minister because there were very few young people. No more. We have become a parish with large numbers of children and young people who come with their families to the Cathedral each week from all over the Puget Sound region. They are our future and it is only right that we should be looking for every way possible to involve them in the life of the parish and to let them know how important they are.

Let me return to where I began: I am glad we asked you the questions we did back in 2010, and I'm glad you were so honest in answering them. Now, thanks to your ongoing generous support, we are taking this step forward in faith, confident that God who has led us to this point will continue with us each step of the way into a very bright future!

Father Michael G. Ryan

ORDER OF CELEBRATION FOR

The Third Sunday of Easter

CELEBRATION OF THE SACRAMENT OF CONFIRMATION (Saturday 5:30pm) The Most Reverend Eusebio Elizondo, Auxiliary Bishop, *Presider*

THE INTRODUCTORY RITES

PRELUDE

All glory be to God on high, BWV 662

Bach

ENTRANCE

Introit for the Third Sunday of Easter

LASST UNS ERFREUEN

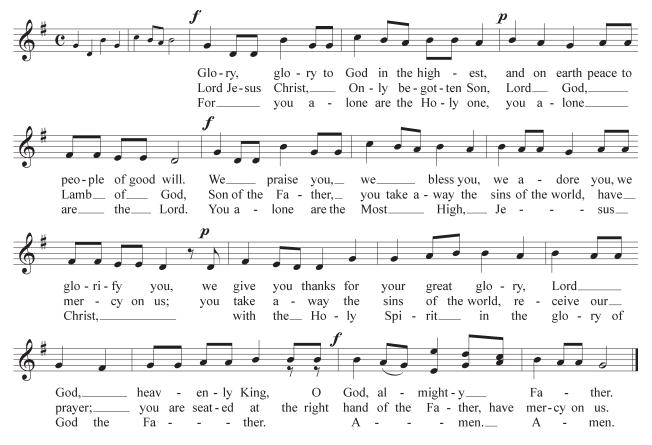


RITE OF SPRINKLING WITH BAPTISMAL WATER

Vidi aquam Schubert, adapted



GLORIA Schubert



LITURGY OF THE WORD

FIRST READING

Acts 5:27-32, 40b-41





SECOND READING

Revelation 5:11-14

Palestrina/Monk

Proulx

ALLELUIA



GOSPEL John 21:1-19

CALLING OF THE CANDIDATES FOR CONFIRMATION (Saturday 5:30pm)

HOMILY

Bishop Eusebio Elizondo (Saturday 5:30pm) Father Michael G. Ryan (all other Masses)

THE SACRAMENT OF CONFIRMATION (Saturday 5:30pm)

RENEWAL OF BAPTISMAL PROMISES OF THE CANDIDATES Candidates only respond, I do.

THE LAYING ON OF HANDS

PRAYER OF CONFIRMATION

ANOINTING WITH SACRED CHRISM

CREED (except Saturday 5:30pm)

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

[ALL BOW]

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

[ALL STAND UPRIGHT]

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Schubert



LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

Tu es Petrus

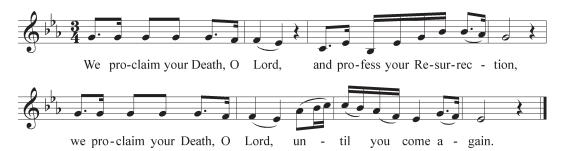
You are Peter, and upon this rock I will build my church.

Fauré

SANCTUS

German Mass Schubert, adapt. Proulx





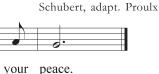
AMEN

Schubert, adapt. Proulx



LORD'S PRAYER No. 246





COMMUNION

"Simon, son of John, do you love me more than these?"

"Lord, you know all things, you know, O Lord, that I love you, alleluia."

us.

(10:00)

"Worthy is the Lamb" from Messiah

Handel

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**. Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.

HYMN OF PRAISE No. 731 in red Worship hymnal

Draw us in the Spirit's tether UNION SEMINARY

PROCESSION

Fugue on the Magnificat, BWV 733
Bach

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018) Lita McBride, Children's Faith Formation (654-4658) Brenda Bellamy, Children's RCIA/Confirmation (206-274-3108) Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640) Margaret Lynch, Wedding Office (206-622-3559 ext. 3979) Bev Mauser, Louise Mennella, Wedding Coordinators

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996) Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music Joseph Adam, Organist (206-382-4597) Dr. Clint Kraus, Associate Organist Stacey Sunde, Director of Youth Music Thomas Thompson, Coordinator of Special Projects

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173) Rick Martin, Interim Parish Mental Health Director (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515) Caitlin Lanigan (206-382-4235) Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

ST. JAMES ESL/MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist, Jim Hodges, Citizenship

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564) Jane Mueller, Receptionist (206-654-4650) Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm Weekdays 8:15 & 5:30 pm Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104 Telephone: 206-622-3559 FAX: 206-622-5303 Website: www.stjames-cathedral.org

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

we want you to know how welcome you are — whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.

CREATION: ART IN THE CATHEDRAL CHAPEL In conjunction with the series "Heaven and Earth Are Full of Your Glory," we are honored to host a show in the Cathedral Chapel of works by local artists on the theme of God in creation, curated by our parishioner Elizabeth Winder. The show will continue through Friday, June 14. There will be a ten-minute guided tour of the works on display following the 10:00am and Sunday 5:30pm Masses TODAY. Just gather in the Chapel immediately after Mass.

CALLING ALL KNITTERS Are you a knitter? Would you love to contribute your talents to help the homeless? We are organizing a group to partner with Warm for Winter, a program that collects hand-knitted hats and scarves to distribute to people living on the streets. Whether you're an expert or a novice, join us! We will be offering lessons for those who'd like to learn to knit. Organizational meeting Monday, April 15, 6:30 pm in the Pastoral Outreach Center. *Information*, Patty Bowman, 206-382-4515, or pbowman@stjames-cathedral.org.

ARE YOU A CATHOLIC WHO HAS BEEN AWAY FROM THE CHURCH? It is not too late to join our Welcome Back program – a safe place, in the company of others who are also examining their faith, to ask questions about returning to regular church attendance, returning to the sacraments, and to learn about changes in the church. The 1st session was last Monday, but you can still join us Monday, April 15 from 7:00-9:00 pm and then each Monday through July 1 in Cathedral Place, 2nd floor. Classes are offered without any obligation. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org

THE FIRE OF CHRIST'S LOVE Rekindle your spirit by engaging in prayer in preparation for Pentecost. Come join us—our first gathering was wonderful! The format of our sessions is light and life-restoring, including both exploration and meditation. Open to all, come as you are, as often as you can. We will continue to meet on Tuesday mornings through May 14, 10:30-Noon, 2nd floor Cathedral Place. *Information*, TerryAnn Bowen, 206-382-2018, tbowen@stjames-cathedral.org

PARISH REMEMBRANCE Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Mark in Shoreline and Our Lady of Good Counsel Mission in Eatonville.

EASTER BIBLE STUDY continues on Tuesday evenings through Tuesday, May 14. We will read and reflect on the Gospel stories of Jesus' Resurrection appearances. Sessions will be held from 7:00 to 9:00pm, Holy Names Room, Pastoral Outreach Center. *Information*, John Marquez 206-654-4646 jmarquez@stjamescathedral.org.

SPIRITUALITY ON TAP: JESUITS ON THE FRONTIER

The lives of Francis Xavier and Matteo Ricci give us some insights into the Jesuit missionaries and how they were able to maintain friendships across great distances. What were Francis Xavier's successes and failures on his voyages and what inspired Matteo Ricci to write his book On Friendship? What does this tell us about their work as missionaries? Join other young adults for an evening of discussion on the lessons from those travels and a reflection on their applications to our own as we ourselves maintain friendships around the nation and world. Spirituality on Tap is hosted this month at St. Catherine of Siena Church (814 NE 85th St. Seattle) from 7:00pm-9:00pm on Thursday, April 18. Transportation from St. James to St. Catherine's is available. *Information*, Caitlin Lanigan, 206-382-4235, or clanigan@stjames-cathedral.org.

IN THE BEGINNING: THE SACREDNESS OF CREATION **IN SCRIPTURE** Join us for an exploration of a Biblical view of creation in Genesis and the Gospel according to John. Presenters: Sr. Joyce Cox, Director of Ecumenical/Interreligious Dialogue for the Archdiocese of Seattle, and Catherine Punsalan, Assistant Professor of Theology and Religious Studies, Seattle University. Monday, April 22, 7:00 pm, Pastoral Outreach Center. Information, Patty Bowman, 206-382-4515, pbowman@stjames-cathedral.org.

THE LISTENING HEART Cabrini Ministry Training is offering a 7 class session this spring called The Listening Heart that focuses completely on the skills of communication, deep listening and how to companion others who are facing life challenges. The Listening Heart is also perfect for anyone that wants to become an excellent listener in any situation and to be a more pastoral, compassionate presence. Classes are held at Cathedral Place on Tuesdays evenings, April 23-May 28 with one all day class on May 11. Tuition for the 21 hours of instruction is \$400. *Information*, Lisa Dennison, LisaD@cabriniministry.org.

YOUNG ADULT SERVICE OPPORTUNITY If you are a Young Adult (21-39) in the parish and are looking for a chance to meet other young adults while working for a great cause consider volunteering for "Stuff the Truck Sunday." Following Masses on April 27 and 28 our parish's two St. Vincent de Paul Conferences are teaming up with the Young Adults of our parish to collect items such as bedding, clothing, kitchen items, books, and other household goods to be distributed to those in need in the greater community. *Information*, Caitlin Lanigan, 206-382-4235 or clanigan@stjamescathedral.org.

REACH OUT TO SOMEONE WITH HIV/AIDS I was ill and you looked after me. (Mt 25:36) St. James partners with Rosehedge Multifaith Works to provide practical and emotional support to people living with HIV/AIDS or recovering from addiction. CareTeams consisting of 4-7 cathedral parishioners build supportive relationships with CarePartners, helping with simple tasks such as shopping, light cleaning and transportation to appointments. Orientation for new volunteers will be held Saturday, April 27 from 8:45 am to 5:00 pm at Rosehedge Multifaith Works, 1401 East Jefferson Street, Suite 401, Seattle. *Information*, Caitlin Lanigan, 206-382-4235 or clanigan@stjames-cathedral.org.

CATHEDRAL SCHOLARSHIPS FOR RAINBOW SCHOOLS STUDENTS Our parish has a scholarship fund to assist families in meeting the financial obligation involved in sending their elementary school age children to any one of the Rainbow Schools (Saints George, Edward, Paul, Therese, and Joseph). Applications are now available for the 2013-2014 school year. Families are required to be registered in our parish, have Sacrificial Giving and Annual Catholic Appeal pledge cards on file (whether able to make a monetary pledge or not), and be active in the parish in some capacity. Applications are due by April 30. Information, TerryAnn Bowen, 206-382-2018, tbowen@stjames-cathedral.org

VATICAN II LECTURE Mark your calendar for *Vatican* II: The Battle for Meaning, on Thursday, May 16 at 7:00pm in Cathedral Place Hall. Our speaker is Dr. Massimo Faggioli, one of the brightest young scholars working on the Council today. He will speak about the struggle to interpret the Council in past years, and what the election of Pope Francis might mean for the ongoing implementation of the Council's teachings and decrees. Free and open to all!

Sacred Steps
Sacramental Celebrations at St. James

CONGRATULATIONS AND GOD'S BLESSINGS to the following children, baptized last Sunday at the 10:00am Mass: Nicholas Dean Zander, Calvin Easton Thomas, Isabella Marie Gutierrez, Natalia Alexis Blood, Alina Gabrielle Rice, Matthew Alejandro Lopez, Olivia Marie Rassilyer, Juliana Renee Mitchell, Julia Deanne Collier, Mackenzie Jane Walter, Simon Mathias Berger, Wellington Michael Wick, and Noelani Marie Meador-Levy. We welcome with great joy these newest members of the family of faith!

CONGRATULATIONS to Paul Erikson & Ivette *DeRubens*, married in the Cathedral on March 13; and to *Christopher & Sonja Lavin*, married in the Cathedral on April 3. Please pray for them as they mark this important step on their faith journey!

ADVOCATE FOR THE HOMELESS The St. James Housing Advocacy Committee is looking for new members. We are a group of parishioners concerned about the large number of homeless people living on the streets of our city and the lack of affordable housing in our community. The group meets for monthly meetings, attends advocacy opportunities at the city and state level, and maintains an action alert system to engage the larger St. James community in advocacy efforts. *Information*, Joseph Roberts, 206-940-9102 or email josephr5000@yahoo.com.

CATHEDRAL KITCHEN THANK YOU Our annual Spring Gala Dinner was prepared and served by our friends at PEMCO last Wednesday. With their generosity, we served pork tenderloin, mashed potatoes, carrots, green salad and applesauce, as well as donated Macrina bread and rolls. To top off the beautiful meal we had a choice of chocolate or white cake. Thank you, PEMCO and Macrina!

SHELTER DONATIONS We are in need of colored wash cloths and hand towels for our shelter guests. As always we are also in need of toiletries. We especially need razors, deodorant, and shaving cream. Drop donations off at Coffee Hour after masses or at the parish office Monday-Friday 9am-5pm.

HELP FEED THE HUNGRY Operation Nightwatch is an ecumenical Christian ministry providing hot meals and shelter referrals to 150-200 homeless people every night. St. James parishioners cook and serve dinner at the Nightwatch Center three times a month. Parishoners can get involved by volunteering to prepare and serve meals or by donating food items. We are especially in need of food donors right now. If you are interested in getting involved please contact Mary Nichols maryonichols@hotmail.com or 206-420-8788. To learn more about Operation Nightwatch, go to www.seattlenightwatch.org.

ARE YOU INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC CHURCH AND/OR BECOMING CATHOLIC? You are invited to participate in the RCIA, a process of initiation into the Catholic community of faith. It is a process which encompasses the study of Scripture, Catholic teaching, and Christian values—the development and deepening of a life of prayer and action—all with the support and involvement of the parish community. We have just started a new inquiry session so it is the perfect time to join us on Wednesday at 7:00 pm in Cathedral Place, second floor. Information, TerryAnn Bowen, 206-382-2018 or tbowen@stjames-cathedral.org.

IS HOSPITALITY YOUR GIFT, SOMETHING YOU ENJOY? We are looking for a "few good people" to assist in setting up, greeting participants, and putting things away for our weekly RCIA gathering. The time commitment is once a month from 6:00-9:30 PM. It is a great way to meet new people and support an important parish ministry. Information, TerryAnn Bowen, 206-382-2018, tbowen@stjames-cathedral.org

PRAYERS TO OUR LADY OF LOURDES The Order of Malta, a group dedicated to care for the sick, is making a pilgrimage to Lourdes this spring and would like to take the prayers of the Cathedral community along with them. Please stop by the Mary shrine today to write your intention on a prayer card and drop it in the box provided. Our intentions will be bundled and carried with them to France. Our Lady of Lourdes, pray for us, and for all the sick!

NEW IN THE CATHEDRAL BOOKSTORE Bishop Gordon Bennett's Tre Ore homilies on the Seven Last Words are now available on CD. There are wonderful gifts for a child celebrating First Communion, including prayer books, rosaries, medals, and crosses. And we've just received a shipment of wonderful St. Francis statues for your garden.

A reminder about Sunday parking at the Cathedral

We know that parking in this area is at a premium and we do our best to make it available to you. In consideration of our neighbors, please note these important Do's and Don'ts!

PLEASE DO park:

- In the O'Dea High School lot.
- In the Cabrini Tower Garage on Marion Street across from O'Dea High School for the Saturday 5:30 pm Mass and all Sunday Masses. The Cathedral pays for parking (and for official traffic officers from the Seattle Police Department) during these times, and you are encouraged to take advantage of it.
- In the P-1 parking lot under the Chancery building at 9th and Marion.
- In the Cherry and Terry Parking lot, *only* in spaces 1-22.

Please **DO NOT** park:

- In any parking spot blocked with an orange cone.
- In the lot adjacent to the Envoy Apartments on 9th Avenue, directly across from the Cathedral.
- In the Blood Bank parking lot at the corner of Terry and Columbia.
- In the Frye Museum parking lots on Terry Avenue.
- In the parking places at the Pastoral Outreach Center.
- In the spaces on Terry Avenue reserved for loading and unloading of the parish vans.



Cathedral Blood Drive

Tuesday, April 16, 2013 Pastoral Outreach Center

12:30pm to 6:30pm (closed 3:00pm-3:45pm)

A Unique Gift

What could be a more personal, caring and meaningful gift than the gift of blood to someone in need in our community? The urgent and ongoing need for blood donors invites us to give of ourselves in a way that is essential to life itself. This year's Blood Drive is in memory of Frank Robl, a founding member of the Health and Healing Ministry. Frank died January 20, 2013 after a long battle with cancer.



Who needs blood?

It is very likely that someone you know at St. James has had a need for blood. People who need blood include those who have been in accidents or require surgery or chemotherapy. In our community, that blood would have come from donors to the Puget Sound Blood Center. To meet the needs in our community, over 900 people must donate blood through the Puget Sound Blood Center every weekday.

St. James & the Puget Sound Blood Center

St. James has been sponsoring Spring and Fall blood drives since 2006. The Puget Sound Blood Center is enthusiastic about our partnership in this effort, especially about the number of new donors at our blood drives. We ask those who have not yet donated to consider donating for the first time. We ask those who have generously donated in the past to please consider doing so again.

Sign up at coffee hours on 4/7 and 4/14.

Or e-mail jsimpson@stjames-cathedral.org to sign up or to find out more. Or call 206-274-3173.

At left: St. Luke the Physician. Madonna & Child with Saints (detail), Neri di Bicci, ca. 1456

Sponsored by St. James Cathedral's Health and Healing Ministry

St. Vincent de Paul "Stuff the Truck" at St. James Cathedral April 27th & 28th, 2013



Clean Your Closets and Help the Poor!

We want to make donating to St. Vincent de Paul as convenient as possible. Please help us with your Spring cleaning! If you have gently used items you no longer need, bring them to church and help us Stuff the Truck! Please help us help others.

Our thrift stores support our mission.

Save the dates: April 27th – 28th, 2013

St. Vincent de Paul Donation Truck in the O'Dea Parking Lot

Times: Saturday, April 27, 2013 | 5:00pm to 7:00pm Sunday, April 28, 2013 | 7:30am to 1:30pm

Items We Really Need!

Bedding, clothing, kitchen items, lamps, books, pictures, household goods, and sports gear. Accepted items are eligible for **tax deduction**. (info go to www.irs.gov)

Items We Can't Accept!

Anything hazardous or poisonous, large appliances, car parts, toilets, hot water tanks, carpets, air conditioners, or baby furniture (car seats, cribs, play pens, etc)

We thank you for your generous financial support!



We can also pick up large items throughout the year. Call St. Vincent de Paul at 206-767-3835.

A Retreat for Women in Transition

I will lead the blind on their journey; by paths unknown I will guide them.

I will turn darkness into light before them, and make crooked ways straight. (Is 42:16)

Are you in the middle of a life transition? Thinking about switching careers?

Going back to school?

Facing an empty nest, retirement, or another major life change?

Would you like to move forward with less anxiety and more hope?

This workshop offers the opportunity to interact with other women as you

- learn more about the process of transition;
- gain insight into your own resources;
- and discover practical ways to move toward meaning and fulfillment.



Saturday, May 4, 2013 | 10 am - 1:30 pm St. James Cathedral Pastoral Outreach Center 907 Columbia Street

Bring your own brown bag lunch; beverages will be provided.

Free for Cathedral Parishioners; suggested donation for non-parishioners: \$20

PLEASE REGISTER BY MAY 2.

Registration & Information, Suzanne Lee, Director of Family Ministry, slee@stjames-cathedral.org or or 206-654-4640

Annette Quayle, M.S., presenter, has over 20 years experience helping people find clarity in their lives. As former director of Parish Services Development at Catholic Community Services of Western Washington, she built partnerships throughout the Archdiocese to create housing and supportive services for vulnerable people and marginalized communities. She has a Master's degree in counseling psychology and is a certified mental health counselor. She brings a straightforward and compassionate approach coupled with a sense of humor and genuine joy in working with people.



Saturday, May 11, 2013 | 9:00am-5:00pm | Isaac Orr Center, 910 Marion St.

Most people recognize that caring for the Earth is of vital importance for our survival. Pope Benedict XVI has spoken about the environmental crisis with increasing urgency: "if you want peace, protect creation." (*World Day of Peace Message, 2010*). Justice, peace and the integrity of creation are at the core of our Catholic faith.

This workshop will examine the shift that is taking place in our understanding of the world, the opportunities it presents to the human community, and the implications it has for people of faith.

Workshop attendees will

- Become more aware of the ecological crisis facing the human family.
- Learn about the extraordinary shift taking place regarding our understanding of God's creation and our place as humans within it.
- Understand the religious values and vision we need for the healing of our world.
- Explore practical ways of making personal and corporate responses that can make a difference.



Presenter: Fr. Joe Mitchell, CP, Executive Director of the Earth and Spirit Center in Louisville, Kentucky. Joe Mitchell is a Catholic priest and member of the Passionist religious community. He studied theology at Catholic Theological Union in Chicago and earned a graduate degree in Philosophy, Cosmology and Consciousness from the California Institute of Integral Studies. His ministry includes presenting retreats in Christian spirituality, meditation courses, religious environmental programs, as well as workshops in the new cosmology and Great Work.

Registration required! Cost is \$20, includes lunch, some scholarships available. For information, or to register, contact Patty Bowman at 206-382-4515 or pbowman@stjames-cathedral.org.

Sponsored by St. James Cathedral | www.stjames-cathedral.org