

# ORDER OF CELEBRATION FOR THE THIRD SUNDAY IN ORDINARY TIME

Out of respect for the liturgy we are about to celebrate,  
*PLEASE TURN OFF YOUR CELL PHONE, WATCH ALARM, OR PAGER.*

## rites of Welcoming and Acceptance (Saturday 5:30pm)

PRELUDE (Saturday & 8:00) *The Suspended Garden* Alain  
(10:00 & Noon) *In thee is joy*, BWV 615 Bach

ENTRANCE *For thy blest saints* to the tune ST. ANNE

**1 For thy blest saints, a noble throng,  
Who fell by fire and sword,  
Or early died, or flourished long,  
We praise thy Name, O Lord.**

**3 He stood with thee beside the dead;  
He climbed the mount with thee,  
And saw the glory round thy head,  
One of the chosen three.**

**2 For James who left his father's side,  
Not ling'ring by the sea;  
He heard what could not be denied,  
Thy summons, "Follow me."**

**4 He knelt beneath the olive shade,  
He drank thy cup of pain;  
And slain by Herod's flashing blade  
He saw thy face again.**

**5 Lord, may we learn to drink the cup,  
And meek and firm be found,  
When thou shalt come to take us up  
Where thine elect are crowned.** *(Text by Mrs. C. F. Alexander)*

## rites of Welcoming and Acceptance (Sat. 5:30pm)

### rite of Welcoming

introduction of the candidates for full communion

candidates' declaration of intent

### rite of Acceptance

procession to the doors

introduction of the catechumens

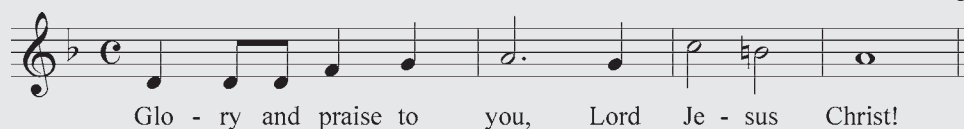
catechumens' first acceptance of the gospel

*All respond, We praise you, Lord, and we bless you.*

procession to the altar

signing with the cross

Young



# PENITENTIAL RITE

*St. James Mass for Peace*

Herbolsheimer



## DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

### GLORIA (Sunday Evening) No. 341 *Missa de angelis*

Vatican VIII

(All other Masses)

to the tune LAUDA ANIMA

**Glory be to God in heaven,  
Songs of joy and peace we bring;  
Thankful hearts and voices raising,  
To creation's Lord we sing:  
Lord, we thank you, Lord, we bless you,  
Glory be to God our king.**

**Lamb of God who on your shoulders  
Bore the load of this world's sin;  
Only Son of God the Father,  
You have brought us peace within:  
Lord, have mercy, Christ, have mercy,  
Now your glorious reign begin.**

**You, O Son of God, are holy,  
You we praise with one accord;  
None in heav'n or earth is like you,  
Only you are Christ the Lord,  
With the Father, and the Spirit,  
Ever worshiped and adored.** *(Text by Edwin LeGrice)*

## LITURGY OF THE WORD

READINGS [*Isaiah 8:23-9:3; I Corinthians 1:10-13,17; Matthew 4:12-23*]

### PSALM RESPONSE

Psalm 27

Proulx



### ALLELUIA

*St. James Mass for Peace*

Herbolsheimer



### HOMILY

**Father Michael G. Ryan**

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (Saturday 5:30pm)

CREED No. 238

### GENERAL INTERCESSIONS

Berthier



# LITURGY OF THE EUCHARIST

## PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

“Truly I tell you” from *Inscriptions*

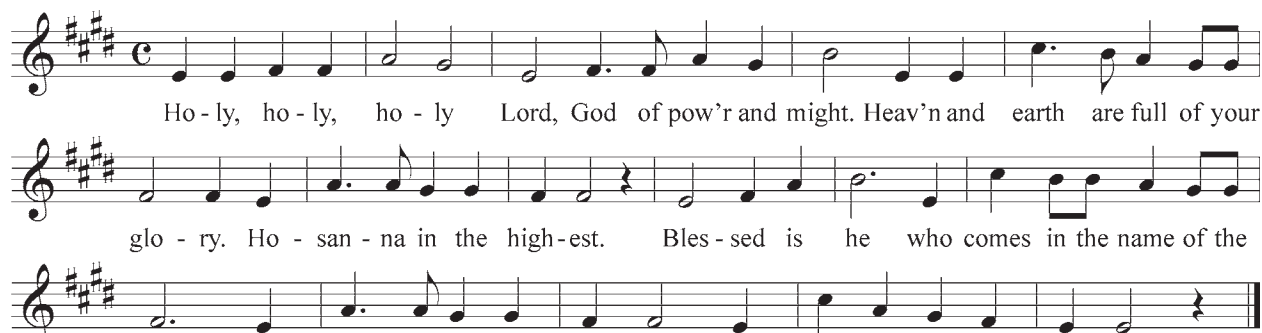
Herbolsheimer

Truly I tell you, just as you did it  
to one of the least of these  
who are members of my family,  
you did it to me.

## SANCTUS

*St. James Mass for Peace*

Herbolsheimer



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might. Heav'n and earth are full of your  
glo - ry. Ho - san - na in the high - est. Bles - sed is he who comes in the name of the  
Lord. Ho - san - na in the high - est, ho - san - na in the high - est.

## MEMORIAL ACCLAMATION

*St. James Mass for Peace*

Herbolsheimer



Christ has died, Christ is ri - sen, Christ will come a - gain.

## AMEN

*St. James Mass for Peace*

Herbolsheimer



A - men, A - men, A - men, A - - - men.

## LORD'S PRAYER No. 246

### AGNUS DEI

*St. James Mass for Peace*

Herbolsheimer

Response 1, 2



Have mer - cy on us.

Response 3



Grant us peace.\_\_\_\_\_

## COMMUNION

“Follow me; I will make you fishers of people.” Whereupon they,  
leaving their nets and their boat, followed the Lord.

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**.  
This is the norm for large parishes in the Archdiocese of Seattle  
and we thank you for following our practice.

(10:00)

*The Way of St. James*

Proulx

James, James: beloved of God.  
James, James: first of the apostles to share the cup  
of suffering and death of our Lord Jesus Christ.  
James, James: martyred by Herod, taken to heaven.  
Thus the pilgrim-church was blessed and made to flourish.  
Holy James: Martyr of Jerusalem,  
the first of the apostles chosen for glorious martyrdom.  
Lord, Lord: curb our vain impatience.  
Grant us grace for our own suffering  
so as to glorify your name as we follow the Way of James.  
May we now wear the scallop-shell of quiet on our pilgrim path,  
Holding the staff of steady faith all our days.  
James, James: beloved of God, pray for us.

HYMN OF PRAISE

*Take up your cross*

TALLIS CANON

1. Take up your cross, the Sav - ior said, If you would  
2. Take up your cross, let not its weight Fill your weak  
3. Take up your cross, heed not the shame, And let your  
4. Take up your cross, then, in his strength, And calm - ly

my dis - ci - ple be; Take up your cross with  
spir - it with a - larm; His strength shall bear your  
fool - ish heart be still; The Lord for you ac -  
ev - 'ry dan - ger brave: It guides you to a

will - ing heart, And hum - bly fol - low af - ter me.  
spir - it up, And brace your heart and nerve your arm.  
cept - ed death Up - on a cross, on Cal - v'ry's hill.  
bet - ter home And leads to vic - t'ry o'er the grave.

PROCESSION (Saturday & 8:00) *Toccata in B Minor*

(10:00 & Noon) *Prelude and Fugue in A Minor, BWV 543*

Gigout

Bach

# St. James Cathedral - Seattle

## ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### IN RESIDENCE

The Reverend David A. Brant  
The Reverend Richard J. Ward

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### PASTORAL CARE MINISTRIES

John Simpson (206-274-3173)

### SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)

Suzanne Lee (206-654-4640)

Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

Rachael Ross, Administrative Assistant (206-903-4629)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)

Brenda Bellamy, Bryan Long, John Marquez, Stephen Pace, sacristans

### MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music

Joseph Adam, Organist (206-382-4597)

Dr. Clint Kraus, Associate Organist; Director of Youth Music

Stacey Sunde, Music Assistant

Ian Newhall, Coordinator of Special Projects

### FAITH FORMATION

Helen Oesterle, Director/RCIA (206-382-4514)

TerryAnn Bowen, "Welcome Back" & Confirmation (206-382-2018)

Marianne Coté, Youth & Family Ministry (206-382-4512)

Lita McBride, Children's Faith Formation (206-654-4658)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director

Glenda Caldwell, ESL Specialist

Jim Hodges, Citizenship

Cecilia Erin Walsh, ESL Coordinator

Lupita Gonzalez, ESL Coordinator

### STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

### PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Peggy Behnken, Receptionist (206-622-3559)

Marilyn Maddeford, Administrative Assistant (206-622-3559 x3971)

### WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979)

Bev Mauser, Louise Mennella, Wedding Coordinators

### FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

### LITURGY of the HOURS Weekdays at 12:10 pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

**RECONCILIATION** Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

**MARRIAGE** A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

**ANOINTING of the SICK** A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

**"TAIZÉ" ECUMENICAL PRAYER**, Fridays at 6:30 pm.

**TOURS of the CATHEDRAL** Wednesdays at 1:00 pm, June through August. Groups of 6 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

**CATHEDRAL BOOKSTORE** Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

### ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

**W**ELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

**FLOWERS IN THE CATHEDRAL** are from are from Butch Reyes in loving memory of his son Eric Reyes, on the first anniversary of his death. *Floral offerings are a beautiful way to remember a deceased loved one, celebrate an anniversary, or give thanks for a prayer that has been answered. If you have been inspired to give thanks with flowers, please contact Peggy Behnken at 206-654-4650 or [pbehnken@stjames-cathedral.org](mailto:pbehnken@stjames-cathedral.org).*

**NEW IN THE BOOKSTORE** Pick up a copy of *Of You My Heart Has Spoken*—a highly readable collection of Archbishop Sartain's writings while he was Bishop of Little Rock. Also: *Light of the World*, Pope Benedict XVI's news-making interview with journalist Peter Seewald is now available.

**ORGAN RECITAL CHANGED** Due to health issues Ruth Draper has postponed her recital to later in the spring; however, she will be here on Monday, January 31 at 7:30pm for a short demonstration of the famous organs of St. James and then she plans to play some amazing works for feet alone! Visitors will be invited to sit in the East Apse to be able to see and hear easily. There is absolutely no charge for this musical opportunity. *Information*, 206-382-4874.

**CONFIRMATION CLASSES FOR ADULTS AND HIGH SCHOOL STUDENTS 16 YEARS AND OLDER** begin Thursday, February 3, 6:30-8:30 pm in Cathedral Place Room 411. Full sacramental initiation (Baptism, Confirmation, and Eucharist) is important for all practicing Catholics, and is particularly important for those who are considering getting married. *Information* TerryAnn Bowen, [tbowen@stjames-cathedral.org](mailto:tbowen@stjames-cathedral.org) or 206-382-2018.

**YOUTH MUSIC FESTIVAL** On Saturday February 5, young musicians will gather at St. James for a day-long festival of music making. Participants include St. James Cathedral, Plymouth Congregational Church, St. Stephen's Episcopal Church, St. Mark's Cathedral, Moorlands Elementary, Cross of Christ Lutheran Church, with Cathedral Youth Artist Award winner Lana Dziekonski, violist, and Cathedral Organ Scholar Thomas Varas. There will be a free concert at 1:00 pm in the Cathedral. All are invited to attend. *Information*, 206-382-4874.

**PARISH REMEMBRANCE** *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Paul in LaConner and Seattle, and St. Paul Mission in Westport.*

**FROM SOUND TO SILENCE: THE SPIRITUALITY AND PRACTICE OF CENTERING PRAYER** Are you seeking calm in the midst of the busyness of your life? Would you like to give your prayer life a “jump-start” before the Lenten season? If so, join Sr. Joyce Cox, BVM, (Formation and Spiritual Director of the Palisades Retreat Center for the Archdiocese of Seattle; Cathedral parishioner) as she shares her wisdom and expertise in the ancient practice of centering prayer. Saturdays, February 5, 12, 19 and 26, from 10:00am-Noon in the Pastoral Outreach Center. Whether you are a beginner or regular practitioner, there will be something new to learn and experience. Suggested donation \$20/series. *Information*, Helen Oesterle, 206-382-4514; hoesterle@stjames-cathedral.org.

**FOUNDATIONS IN FAITH SERIES—The Trinity** TODAY, Sunday, January 23, 1:30-5:30 pm at St. Peter's Parish Hall in Beacon Hill. This class will discuss Jesus as the central reality of the Church's faith and how the doctrine of the Trinity flows from that faith. We will explore our belief in the Trinity logically, historically and inspirationally while defining terms such as “theology,” “Incarnation,” and “economy of salvation.” A discussion of the relationship of our Triune God will lead to a deeper understanding of God's relationship to us and ours to each Person of the Trinity. This is a wonderful opportunity for an in-depth look at Catholic teaching and its implications for our everyday lives. Cost: \$5 per class and new people always welcome. (Co-sponsored by St. James Cathedral with the South Seattle Deanery) *Information*, Helen Oesterle, 206-382-4514. (Next class: *The History of the Church in US on March 6*)

**PRAYER WITH MUSIC FROM TAIZÉ** On Friday, January 28 at 6:30 pm, at the conclusion of the international Week of Prayer for Christian Unity, Christians from every denomination are invited to gather at St. James Cathedral in downtown Seattle for an hour of prayer, song, and silence in the tradition of Taizé. Local leaders from many denominations will attend the service. All are welcome.

**DISCOVERING THE AMAZING GIFT OF YOUR MARRIAGE** (A Two-Part Workshop) Saturdays, February 12 and April 2; 9:00-4:00 pm; Pastoral Outreach Center-Holy Names Room. Couples will learn effective skills in speaking and listening to one another, how to protect the relationship from negative words and behavior, learn a simple way to make decisions and solve problems, and fall in love all over again! Presenter: Dr. Robert Fontana, director of Catholic Life Ministries and certified marriage educator; married for 32 years and has 6 children. \$40/couple for both days, \$25 for one day (scholarships available). Babysitting services available. To register please complete form on parish website or in bulletin. *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org.

**CELEBRATING CATHOLIC SCHOOLS—THE RAINBOW SCHOOLS COALITION** On February 6 we will celebrate Catholic School education, and in a particular way the Cathedral children who attend one of the five Rainbow Schools. Our parish is a contributing member of the Rainbow Schools Program whereby children from our parish can attend at “parishioner” tuition rates. Approximately 60 cathedral children are enrolled in one of these fine schools. Representatives of Sts. Edward, George, Paul, Joseph and Therese Catholic Schools will be available after the 10:00 and 12:00 Masses during hospitality. Children attending the Rainbow Schools and other Catholic Schools are encouraged to wear their uniforms that day. In addition, our parish has established the Cathedral Scholarship Fund to assist families in meeting the financial obligation involved in sending their elementary school aged children to any one of the Rainbow Schools. *Information*, Helen Oesterle, 206-382-4514, hoesterle@stjames-cathedral.org.

**ST. JAMES ENVIRONMENTAL JUSTICE GROUP** Open Meeting Monday, Tuesday, February 8, 6:00 pm in the Mother Mary Rose Room, Pastoral Outreach Center. Our faith calls us to care for all of God's creation. Do you feel that call? Do you want to learn more and get involved? Join the St. James Environmental Justice Group to learn about environmental activities at the parish, and to share your own ideas. We will be planning our work for 2011, including Environmental Lobby Day and the Environmental Health Fair. *Information*, Patty Bowman, 206-382-4515, or pbowman@stjames-cathedral.org.

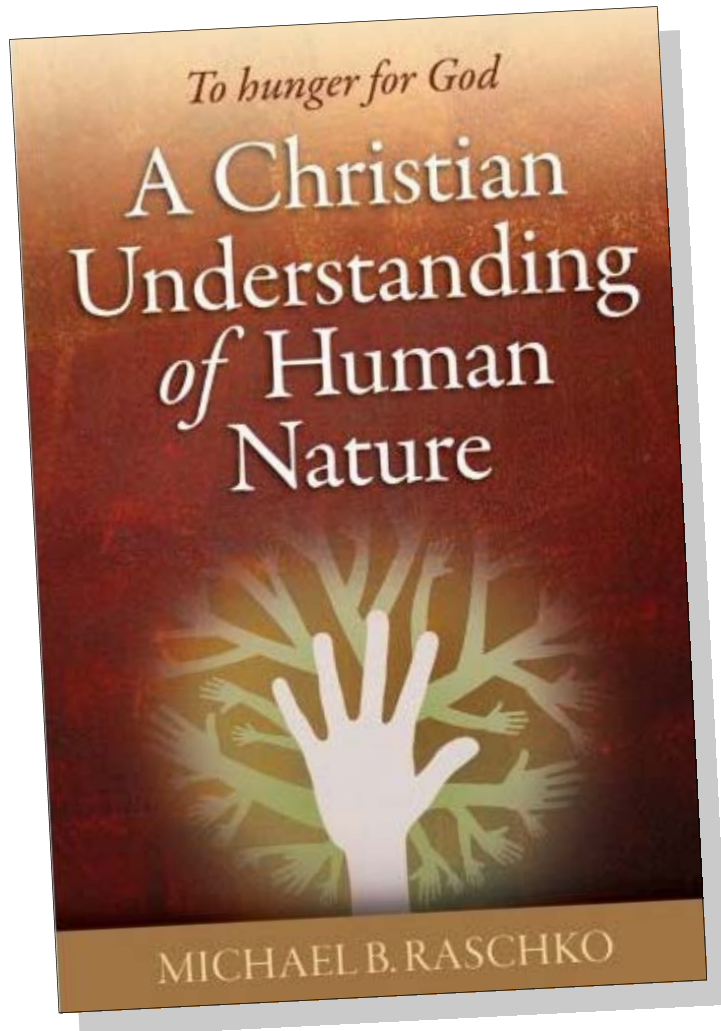
**THE CATHEDRAL ESPRESSO CART** is up and running! Your friendly Cathedral baristas will be serving espresso drinks after the 10:00 Mass. *During the month of January, all proceeds will benefit the Cathedral's Youth Music Program.* If you are interested in becoming a Cathedral barista, please call Sean and Katherine Berry at 206-571-6868. Training is provided!

**ST. JAMES IS A PLACE FOR CHILDREN** We encourage all of our parishioners who attend Mass with young children, and we welcome them into our midst. Many families find that sitting in the front rows, where the view is unobstructed, allows children to participate more fully. Others are more comfortable sitting at the ends of the aisles, so that they can easily step into the west vestibule or the Cathedral Chapel, if their child needs a quiet place away from the assembly. We have provided a sound system in these areas so you can continue to participate in Mass. We appreciate your effort to be with us and to include your child in our worship. Please note that babysitting is available in the Mother Cabrini Room at the Pastoral Outreach Center during the 10:00 am and 12 Noon Masses.



# To Hunger for God

A CHRISTIAN UNDERSTANDING OF HUMAN NATURE



## **A Lecture and Book-Signing with Father Michael Raschko**

Thursday, January 27  
7:00-8:30pm  
Cathedral Hall  
St. James Cathedral  
804 9th Avenue

Join us on Thursday, January 27 from 7:00-8:30 pm in St. James Cathedral Hall as Father Mike Raschko (Associate Professor at the School of Theology and Ministry at Seattle University, Theologian for the Archdiocese, and parish priest) returns to talk about his most recently published book, describing the relationship between God and the human person. He will also be available for book signing after the talk. Father Raschko is a dynamic speaker who can translate spiritual and theological ideas into meaningful and practical concepts for our faith lives.

ALL ARE WELCOME. Suggested donation: \$10.

*Information*, Helen Oesterle, 206-382-4514, [hoesterle@stjames-cathedral.org](mailto:hoesterle@stjames-cathedral.org)



# WORK ON YOUR MARRIAGE *and your marriage will work!*

Strengthening marriages through relationship education and coaching

## Discover the Amazing Gift of Your Marriage

Discover the amazing gift of your marriage by making time to attend this outstanding marriage workshop series. You will:

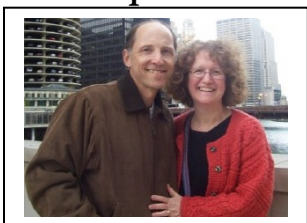
- ✚ learn effective skills in speaking and listening to one another;
- ✚ learn how to protect the relationship from negative words and behavior;
- ✚ assess and discuss major areas of married life;
- ✚ learn to be better friends and enjoy one another;
- ✚ learn a simple way to make decisions and solve problems; and
- ✚ fall in love all over again!



### Comments from couples who attended *The Amazing Gift of Your Marriage Workshops*:

- ✚ *The workshop was very well organized and the material was extremely useful in helping us speak to one another.*
- ✚ *I learned some new skills in speaking more clearly to my spouse without saying hurtful things; now I need to go home and practice.*
- ✚ *I really liked the time spent with my spouse because, as usual, we do not make the time to do just that!*
- ✚ *I was given a simple tool to become a better listener.*
- ✚ *I gained new insights into our relationship; we addressed issues that need to be discussed.*
- ✚ *The best section was learning about The Dirty Dozen: 12 Ways of Negative Speech, and a method to recognize them, and stop them.*
- ✚ *Great job! The day went by fast. You gave important tools to keep our marriage healthy.*
- ✚ *I will be more open to my wife and her beliefs and make our marriage a priority.*

**Workshop Presenter:** Dr. Robert Fontana is the director of Catholic Life Ministries and Work on Your Marriage, a relationship education ministry. Robert and his wife Lori have been married for 32 years and have six children. They are certified marriage educators with PREP Inc. (Prevention Relationship Enhancement Program). Robert has a Doctorate in Ministry from the Graduate Theological Foundation, South Bend, Indiana. For more information log on to [workonyourmarriage.org](http://workonyourmarriage.org) or [catholiclifeministries.org](http://catholiclifeministries.org).





## Workshop Dates

Saturday, February 12 (Part I)

Saturday, April 2 (Part II)

## Workshop Location

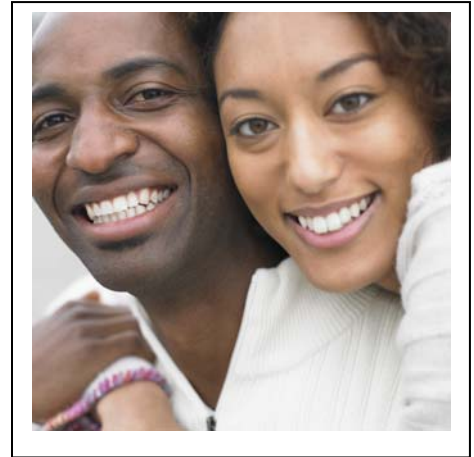
St. James Cathedral

Pastoral Outreach Center

Holy Names Room

### Workshop Topics, Part I

- 9:00 a.m. The Gift of Your Marriage (Mt 13:44-46)
- 10:00 Taming the Tongue (James 1:26, 3:3-10)
- 11:00 Be Angry, but Do Not Sin (Eph 4:26)
- 12 Noon Lunch (BRING YOUR LUNCH)
- 1:00 p.m. Deepening Friendship (Sirach 6:14-17)
- 2:00 Do we know each other? (John 21:15-19)
- 3:00 Intimate Communion (Genesis 2:21-24)
- 4:00 p.m. Departure



### Workshop Topics, Part II

- 9:00 a.m. A Shared Faith (John 1:34-42)
- 10:00 The Imperfect Couple (Matthew 18:21-35)
- 11:00 Mars and Venus in the Bedroom (1 Corinthians 7:3-8)
- 12 Noon Lunch (BRING YOUR LUNCH)
- 1:00 p.m. The Bedroom Dividends: Children (Mark 10:1-16)  
(even if you do not have any)
- 2:00 Money Matters (1 Timothy 6:10, 17-19)
- 3:00 The Future Together (Matthew 5:13-16)
- 4:00 Departure

**Cost:** *Catholic Life Ministries* is offering these workshops at the lowest cost possible, simply to cover their expenses, so as many couples as possible can attend. The cost per couple for Parts I and II is \$40. Part I or Part II only is \$25. Donations will be accepted so that Catholic Life Ministries can continue to do this important work of building strong marriages.

**To register for *The Amazing Gift of Your Marriage*:** complete the information below and mail to St. James Cathedral Parish, 804 9<sup>th</sup> Ave., Seattle, WA; Attn: Theresa. (Please make checks payable to St. James Cathedral.) Registration *must* be accompanied by a \$25 non-refundable deposit. For more information contact Helen Oesterle at 206-382-4514 or [hoesterle@stjames-cathedral.org](mailto:hoesterle@stjames-cathedral.org)

Name (s) \_\_\_\_\_ email \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Check the sessions you want to sign up for: Part I and II \_\_\_\_\_ Part I only \_\_\_\_\_ Part II \_\_\_\_\_

I need financial help \_\_\_\_\_ \$25 deposit included \_\_\_\_\_ I need child care \_\_\_\_\_