

ST. JAMES CATHEDRAL

September 22, 2013

Dear Friends,

The recent change in weather has left us in no doubt that fall has arrived. But what a summer it was! I hope you had an opportunity to enjoy the incredible weather and to 'kick back' a little.

Speaking of change, I need to let you know of a change in our pastoral team. TerryAnn Bowen, our Director of Faith Formation and RCIA, will be leaving us at the end of this month.

I know you will want to join me in wishing Godspeed to TerryAnn. She has decided to leave her position here in order to pursue her doctoral degree as well as other ministerial opportunities. TerryAnn joined our staff in 20?? as director of our Welcome Back and adult Confirmation programs, and since 2011, she has ministered faithfully and lovingly as director of the RCIA and other adult educational programs. Those of you who have had the privilege of getting to know TerryAnn are aware of what a beautifully caring person she is. She has touched many lives by her ability to listen, to affirm, to teach, and to inspire. As she takes her leave from our staff (not our parish!), I know you will want to join me in wishing her well and keeping her in your prayers.

During the period between now and when a new RCIA director has been identified, I am grateful to Patty Bowman, our director of social outreach, for stepping into RCIA as interim director. She will be assisted by Corinna Laughlin, director of liturgy, and by our very gifted RCIA team.


Father Michael G. Ryan

ORDER OF CELEBRATION FOR
The Twenty-Fifth Sunday in Ordinary Time

rites of Welcoming and Acceptance (10:00am)

PRELUDE

Psalms Prelude
Howells

THE INTRODUCTORY RITES

ENTRANCE

From all that dwell below the skies

DUKE STREET



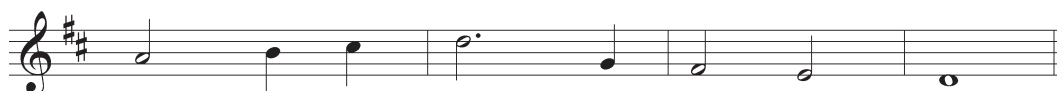
1. From all that dwell be - low the skies,
2. E - ter - nal are your mer - cies, Lord;
3. Your loft - y themes, all mor - tals, bring;
4. In ev - 'ry land be - gin the song;



Let the Cre - a - tor's praise a - rise;
E - ter - nal truth at - tends your word:
In songs of praise di - vine - ly sing;
To ev - 'ry land the strains be - long;



Let the Re - deem - er's name be sung,
Your praise shall sound from shore to shore,
The great sal - va - tion loud pro - claim,
In cheer - ful sounds all voic - es raise,



Through ev - 'ry land by ev - 'ry tongue.
Till suns shall rise and set no more.
And shout for joy the Sav - ior's name.
And fill the world with loud - est praise.

PENITENTIAL ACT **No. 273 in Worship hymnal**

German Mass
Schubert, adapt. Proulx

rites of Welcoming and Acceptance (10:00)

INTRODUCTION OF THE CANDIDATES FOR FULL COMMUNION

AFFIRMATION BY THE SPONSORS AND THE ASSEMBLY All respond, **We are.**

DIALOGUE WITH THE CATECHUMENS

AFFIRMATION BY THE SPONSOR AND THE ASSEMBLY All respond, **We are.**

ACCLAMATION **We praise you, Lord, and we bless you.**

SIGNING OF THE CATECHUMENS AND CANDIDATES

Young

Glory and praise to you, Lord Jesus Christ!

DISMISSAL TO THE CHILDREN'S LITURGY OF THE WORD (Noon)

GLORIA (Sunday Evening) *Missa de angelis*, **No. 341 in Worship hymnal**

(all other Masses)

German Mass

Schubert, adapt. Proulx

f *p*

Glo-ry, glo - ry to God in the high - est, and on earth peace to
Lord Je-sus Christ, On - ly be - got - ten Son, Lord God,
For you a - lone are the Ho - ly one, you a - lone

f

peo - ple of good will. We praise you, we bless you, we a - dore you, we
Lamb of God, Son of the Fa - ther, you take a - way the sins of the world, have
are the Lord. You a - lone are the Most High, Je - - - sus

p

glo - ri - fy you, we give you thanks for your great glo - ry, Lord
mer - cy on us; you take a - way the sins of the world, re - ceive our
Christ, with the Ho - ly Spi - rit in the glo - ry of

f

God, heav - en - ly King, O God, al - might - y Fa - ther.
prayer; you are seat - ed at the right hand of the Fa - ther, have mer - cy on us.
God the Fa - - - ther. A - - - men. A - men.

COLLECT

THE LITURGY OF THE WORD

FIRST READING

Amos 8:4-7

PSALM RESPONSE

Psalms 113

Peloquin

Praise the Lord who lifts up the poor.

SECOND READING

James 3:16 - 4:3

ALLELUIA

chant, Mode VII

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

GOSPEL

Mark 9:30-37

HOMILY

Father Michael G. Ryan

INTERCESSIONS FOR THE CATECHUMENS AND CANDIDATES (10:00am)

Schubert, adapt.

Lord, hear our pray - er.

DISMISSAL OF THE CATECHUMENS AND CANDIDATES (10:00am)

CREED (except at 10:00am)

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

[ALL BOW]

**and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**

[ALL STAND UPRIGHT]

**For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.**

**He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

PRAYER OF THE FAITHFUL

Lord, hear our prayer.

Schubert, adapt. St. James Cathedral

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

God has helped his servant
Howells

SANCTUS

Schubert, adapt. Proulx

mp
Ho - ly, Ho - ly, Ho - ly Lord God of hosts.____

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.____

f Heav - en and earth are full,____ *mp* full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na in the high - est.

f Bless - ed is he who comes____ *mp* in the name of the Lord.____ Ho -

san - na in the high - est. Ho - san - na in the high - est.

MEMORIAL ACCLAMATION

Schubert, adapt. St. James Cathedral



When we eat this Bread___ and drink this Cup,___



we pro-claim your Death, O Lord, un - til___ you___ come a-gain.

AMEN

Schubert, adapt. Proulx




A - men, a - men, a - men, a - men, a - men.____


LORD'S PRAYER No. 246

AGNUS DEI

Missa de angelis
Vatican VIII



R. 1, 2: have mer - cy on us.



R. 3: give us your peace.

COMMUNION

You have ordered that your commandments be kept diligently;
O that my ways may be guided towards the keeping of your statutes.

(10:00)

O pray for the peace of Jerusalem
Howells

Deliver me from my enemies, O Lord, to thee have I fled;
teach me to do thy will, for thou art my God.

When you return to your place after receiving Holy Communion, please **KNEEL OR BE SEATED**.
Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.

HYMN OF PRAISE No. 535 in Worship hymnal - verses 1 & 2

God we praise you
NETTLETON

PROCESSION

(Noon)

Grand chœur dialoguée
Gigout
Prelude and Fugue in G Major, BWV 541
Bach

St. James Cathedral - Seattle

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018)

Lita McBride, Children's Faith Formation (654-4658)

Brenda Bellamy, Children's RCIA/Confirmation (206-274-3108)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996)

Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music

Joseph Adam, Organist (206-382-4597)

Dr. Clint Kraus, Associate Organist

Stacey Sunde, Director of Youth Music

Thomas Thompson, Coordinator of Special Projects

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173)

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515)

Caitlin Lanigan, Outreach Ministries, Young Adults (206-382-4235)

Teddi Callahan, Carol DeMatteis, Cathedral Kitchen (206-264-2091)

ST. JAMES ESL/MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director

Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist,

Jim Hodges, Citizenship

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

YOUTH MINISTRY

Joe Cotton, Director (206-264-2082)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564)

Jane Mueller, Receptionist (206-654-4650)

Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm

Weekdays 8:15 & 5:30 pm

Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

WELCOME! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.*

FLOWERS AT THE ALTAR are offered in loving memory of Ryan Matthew Cueto, from his mother and father on the first anniversary of his death.

REGISTRATION FOR CHILDREN'S FAITH FORMATION (CFF) will be TODAY September 22 in the Cathedral Hall after the 10:00am and 12 Noon Masses. CFF sessions will start on September 29. We look forward to seeing your dear families again, and to welcoming new families to our Children's Faith Formation programs! *Information*, Lita McBride, 206-654-4658, lmcbride@stjames-cathedral.org or Theresa Van De Ven, 206-219-5822, tvandeven@stjames-cathedral.org.

THE CATHEDRAL ESPRESSO CART is back from its summer hiatus! Please come by after the 10:00 and Noon Masses. All proceeds for the month of September benefit Children's Faith Formation. The Espresso Ministry is also looking for volunteers willing to run the cart after the Noon Mass. *Information*, Katherine Berry, 425-772-0897.

WINTER SHELTER TRAINING St. James Cathedral will soon begin our 22nd season partnering with St. Martin de Porres Shelter to provide overflow sleeping space for our neighbors without homes. Four nights a week, from October through April, we provide a warm refuge in Cathedral Hall for 10-15 men. Nearly 100 cathedral parishioners serve as overnight hosts and breakfast cooks. Please consider joining our Winter Shelter Team. Training for returning volunteers will be held TODAY, Sunday, September 22 from 3:30 to 4:30pm in Cathedral Hall and training for new volunteers will be held TODAY, Sunday September 22 from 6:30-8:00 in Cathedral Hall. *Information*, Caitlin Lanigan 206-382-4235 or clanigan@stjames-cathedral.org.

A GREAT OPPORTUNITY TO BE PART OF THE CATHEDRAL KITCHEN TEAM! The Cathedral Kitchen needs a few more volunteer dishwashers. The dishwasher shift is weekdays, 4:30-5:45pm. You can volunteer one evening a week or one evening a month. *Information*, Teddi Callahan at 206-264-2091 or email tcallahan@stjames-cathedral.org.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Matthew in Seattle, SS Cosmas and Damian in Orting, and St. Vincent de Paul in Federal Way.*

ARE YOU OR A FRIEND INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC CHURCH OR BECOMING CATHOLIC? You are invited to participate in the RCIA, a process of initiation into the Catholic community of faith. It is a process which encompasses the study of Scripture, Catholic teaching, and Christian values—the development and deepening of a life of prayer and action—all with the support and involvement of the parish community. You can learn more by going to www.stjames-cathedral.org/RCIA. A new inquiry session will begin Wednesday, October 2, at 7:00pm in Cathedral Place, second floor. *Information*, TerryAnn Bowen, 206-382-2018 or tbowen@stjames-cathedral.org.

WOULD YOU CONSIDER ASSISTING A PERSON WHO WANTS TO BECOME CATHOLIC? We continue to have new inquirers coming to participate in our Christian Initiation process to learn more about the Catholic Church (RCIA). We need St. James parishioners to be companions with our new inquirers to help welcome them to our community. The time commitment is reasonable – two Wednesday evening sessions a month. Training and support are provided. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

THEOLOGY UNCORKED: FOR THE ST. JAMES CATHEDRAL ADULT COMMUNITY OVER 40 Are you interested in a social gathering where we can have a glass of wine, hear a brief talk, and ask questions in order to gain a deeper understanding of our faith? We are in the early stages of developing a program for adults over 40. If this is something you are interested in being a part of, let us know! *Information*, Margaret Lynch, Family Ministry Office, mlynch@stjames-cathedral.org

FLAG FOOTBALL, FRISBEE, AND MORE If you are a young adult (20's and 30's) join us on September 25 at 6:45pm at Volunteer Park. We will be in the open grass area just southeast of the Conservatory and northwest of the Asian Art Museum. We will have a game of flag football, frisbee, cornhole, bocce, and any other games you may want to add to the mix. Can't find the group? Call Tom, 503-989-3463. *Information*, Caitlin Lanigan, clanigan@stjames-cathedral.org.

HUNTHAUSEN GOLF TOURNAMENT THANK YOU! A huge thank you to all who supported the Hunthausen Golf Tournament, especially our co-sponsor, Pagliacci Pizza, and our major sponsors, including the Archdiocese of Seattle, the Gene Colin and Susan Janus Charitable Fund, as well as Cedar Grove Composting, HD Supply Waterworks, Merlino Foods, Kibble & Prentice, Order of Malta, Jim Sinegal, and Lakeside Industries. The event raised \$95,000 to support of our Cathedral Outreach ministries, especially the Cathedral Kitchen—by far our biggest year ever! A very special thank you to our tournament chairs, Matt Galvin and Mike Galvin. *Information*, Maria Laughlin, mlaughter@stjames-cathedral.org, or 206-382-4284.

YOUNG ADULTS “FIRST FRIDAYS” On the first Friday of every month join St. James Young Adults at Taize. Following Taize we go out for dinner in Capitol Hill. It is a great way to unwind from the work week and to meet other Catholics in their 20's and 30's. Join us on Friday, October 4. *Information*, Caitlin Lanigan, clanigan@stjames-cathedral.org.

COFFEE HOUR HOSPITALITY NEEDS YOU! Our Coffee Hour hospitality ministry is in need of extra hands. We are looking for several outgoing people to help serve and clean up during and after coffee hour. Please consider joining this is a very important ministry of welcome and hospitality. It is a fun ministry with a small time commitment. *Information*, Caitlin Lanigan, 206-382-4235 or clanigan@stjames-cathedral.org.

YOUTH MINISTRY KICK-OFF BBQ BLAST—OCTOBER 6 All high school youth (Grades 9-12) are invited to an epic kick-off BBQ event hosted by the Youth Leadership Team on Sunday, October 6, at 6:30pm in the Pastoral Outreach Center. This event will officially jumpstart our program year! Come meet fellow young people and explore what youth ministry is all about. The event will be packed with food, friends, and interactive games and activities. You don't want to miss this! *Information*, Joe Cotton, jcotton@stjames-cathedral.org.

HIGH SCHOOL YOUTH NIGHTS (GRADES 9-12) Beginning in October, St. James Youth Ministry will offer gatherings every Sunday evening from 6:30-8:30pm in the Pastoral Outreach Center. Youth Nights offer games, prayer opportunities, and activities designed to help you apply your faith to everyday life. Please join us! *Information*, Joe Cotton, jcotton@stjames-cathedral.org.

BABYSITTERS NEEDED The Family Ministry department is working to improve the facilities in our Children's Corner and provide babysitting during additional parish events. To do that, we need to expand our roster of paid babysitters. If you love working with children and are age 18 or older, this is the part time job for you! *Information*, Suzanne Lee, slee@stjames-cathedral.org or 206-654-4640.

Sacred Steps

Sacramental Celebrations at St. James

REST IN PEACE Please pray for the repose of the soul of *Dennis O'Neil*.

CONGRATULATIONS AND GOD'S BLESSINGS to the following children, baptized in the Cathedral on Saturday, September 14: *Henry Benjamin Schmitt, Piper Rose Wright, Gianni Aston McGrath, and Arianna Jillian Pattugalan Orilla*. We welcome with joy these newest members of the family of faith!



News from our *Mental Health Ministry*

ST. JAMES CATHEDRAL, SEATTLE

SEPTEMBER 2013

WELLNESS RECOVERY ACTION PLAN

(WRAP) Eight-week training begins September 22. Develop a daily strategy to enhance wellness and manage mental health challenges. RSVP to Helen Nilon, mentalhealthaction.wa@gmail.com or 206-257-6840.

GRIEF AND LOSS GROUP every Wednesday at 10:30 AM in the Fireside Room of the Parish Outreach Center. Enter at the patio level. Freewill donation of \$15 is suggested; however attendance is strongly encouraged regardless of ability to pay.

NAMI (NATIONAL ALLIANCE ON MENTAL ILLNESS) 12-week Family-to-Family Education Program starts October 1. Learn valuable information about various types of mental illness, and addictive disorders, as well as current treatment strategies and research. Learn about the personal experience of the person living with mental illness. Discuss problem solving strategies and gain support from others in the similar situation of being a caregiver to a loved one with mental illness. Tuesdays October 1 through December 17, Gallagher Center, 6:30–9:00pm.

MENTAL HEALTH FIRST AID TRAINING

(MHFA) October 5, 8:30am–5:00pm. Mental Health First Aid is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders. It introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and reviews common treatments. Those who take the course to learn a 5-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care. This benefits those from all walks of life, including professionals, volunteers, young people, families and the general public. NAMI is providing a \$100 scholarship to cover the cost for residents of King County. Space is limited.

THIRD ANNUAL MENTAL HEALTH FAIR

October 6 in Cathedral Hall, after the morning Masses. Learn about programs that are available in the community and how to take first steps to access mental health treatment. Friendly exhibitors from various local organizations in the field of mental health and wellness will be on hand to answer questions.

OPUS 7 CHORALE ENSEMBLE *Beautiful Minds*

Concert, October 12 at 8:00pm at St. James Cathedral. This concert will feature works by composers and poets who created works of magnificent beauty in the midst of their own personal struggles with mental illness. Works by Albright, Britten, Bruckner, Distler, Mahler, Schubert, Schumann, and Wolf will be featured. Their determination to persevere in their artistic endeavors, no doubt with support of others, is an example and an encouragement to all who face personal afflictions, whether physical or mental. Tickets may be purchased for \$18 in advance for reserved seating or \$20 at the door. Students, Seniors and those with limited income, pay as able.

BOOK PRESENTATION: SHAKING SHAME

FROM MENTAL ILLNESS October 23, 7:00pm, Holy Names Room, Parish Outreach Center. With sensitivity, author, Evonne Agnello presents her personal experience of dealing with family members' suicides. Her memoir sends a message of hope to anyone who has suffered from depression or trauma.

CREATIVE ARTS WORKSHOP October 27, 1:30pm, Parish Outreach Center, Fireside Room. Join Peter Jabin, M.Div., LMHCA and Darcy Marlow, M. Ed., MHCA for a free, co-facilitated workshop designed to open an exploration of your original and most authentic self, before the influence of the outside world seeped in. Through discussion, meditation and creative expression, Peter and Marcy will provide a safe and thought provoking forum for self-discovery, engaging the power of spirituality and creativity.

ALL ARE WELCOME. FOR MORE INFORMATION ABOUT ANY OF THESE PROGRAMS, OR TO RSVP, CONTACT NANCY GRANGER, PARISH MENTAL HEALTH NURSE, 206-382-4269 OR ngranger@stjames-cathedral.org



I was naked and you gave me clothing. Stained-glass window by Hans Gottfried von Stockhausen, St. James Cathedral.

Who is my neighbor? *Faith & the Challenge of Homelessness*

Thursday, September 26, 2013 7:00pm
Pastoral Outreach Center

St. James Housing Advocacy Committee invites you to join us for a panel discussion on the challenges of homelessness in our city. Our speakers offer a variety of perspectives on the issue. We will be collecting donations of socks and toiletries to be distributed to the homeless. Our speakers include:

Catherine Lester

Interim Director, Seattle Human Services Department

Reverend Rick Reynolds

Executive Director, Operation Nightwatch

Michael Ramos

Executive Director, Church Council of Greater Seattle

*Refreshments will be provided.
Please bring a donation of new socks or toiletries if you are able.*



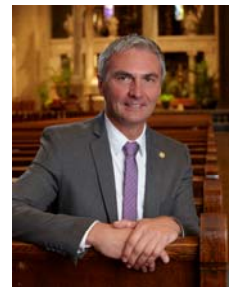
Symbols that Surround Us

THE ART OF SACRED SYMBOLS A WORKSHOP WITH DR. JOHAN VAN PARYS

MONDAY, SEPTEMBER 30, 2013 | 7:00PM | HOLY NAMES ROOM, PASTORAL OUTREACH CENTER

We are surrounded by Christian symbols. We place them in our towns, our churches, our homes, and even hang them around our necks. These symbols speak of our faith and they are constant reminders of the hope that results from our belief in the Resurrection. Many people have lost the art of interpreting these symbols and thus have lost access to these daily reminders of our Christian faith, hope and love. In this workshop we will look at the origin of some of the most important Christian symbols, and the role they have played in our history. And we will discuss ways in which to return these symbols to their due place of importance in our lives. Do Christian symbols, imagery, and ritual gestures from the time of Jesus still have meaning to us today? What do the symbols mean? Why are they so important to the Church? And how can you use them to help you grow in faith?

JOHAN M. J. VAN PARYS, PH.D., a native of Belgium is director of liturgy and the sacred arts at the Basilica of Saint Mary in Minneapolis. He is the curator of the Basilica's Pope John XXIII art gallery and directs the archival efforts of the Basilica of Saint Mary. In addition, Johan teaches Pastoral Liturgy in the School of Theology of St. John's University, Collegeville, MN and he is the founding art director of www.EnVisionChurch.org, an on-line resource in liturgical art, architecture and spirituality. Johan has served as liturgical consultant to numerous dioceses and parishes, both in the USA and abroad. His publications include many articles ranging from art history to liturgical theology. His book, *Symbols that Surround Us* was published by Liguori Publications in 2012. He has lectured throughout the country on liturgy and art.



INFORMATION, Maria Laughlin, 206-382-4284 or e-mail mlaughterlin@stjames-cathedral.org
ART CREDIT. Pelican feeding her young. East Clerestory stained-glass window, St. James Cathedral.

St. James Cathedral | 804 9th Avenue | Seattle, WA 98104 | www.stjames-cathedral.org



Cathedral Blood Drive

Tuesday, October 1, 2013
Pastoral Outreach Center

12:30pm to 6:30pm (closed 3:00pm-3:45pm)

A Unique Gift

What could be a more personal, caring and meaningful gift than the gift of blood to someone in need in our community? The urgent and ongoing need for blood donors invites us to give of ourselves in a way that is essential to life itself. This year's Blood Drive is in memory of Frank Robl, a founding member of the Health and Healing Ministry. Frank died January 20, 2013 after a long battle with cancer.



Who needs blood?

It is very likely that someone you know at St. James has had a need for blood. People who need blood include those who have been in accidents or require surgery or chemotherapy. In our community, that blood would have come from donors to the Puget Sound Blood Center. To meet the needs in our community, over 900 people must donate blood through the Puget Sound Blood Center every weekday.

St. James & the Puget Sound Blood Center

St. James has been sponsoring Spring and Fall blood drives since 2006. The Puget Sound Blood Center is enthusiastic about our partnership in this effort, especially about the number of new donors at our blood drives. **We ask those who have not yet donated to consider donating for the first time. We ask those who have generously donated in the past to please consider doing so again.**

Sign up at coffee hours on 9/15, 9/22, 9/29.

Or e-mail jsimpson@stjames-cathedral.org to sign up or to find out more. Or call 206-274-3173.

At left: St. Luke the Physician. *Madonna & Child with Saints* (detail), Neri di Bicci, ca. 1456

Sponsored by St. James Cathedral's Health and Healing Ministry



Cathedral Kitchen Garden

*providing produce for the Cathedral Kitchen
& opportunities to connect with the earth
& each other*

From weeds to vegetables! The vacant lot at the corner of Terry Avenue and Cherry Street is becoming a garden.

We are adding layers and layers of organic material that will compost over the Winter so that in the Spring there will be a new, deep, weed-free layer of soil to plant in – the “lasagna” method. All in all we will be adding 300 cubic yards of donated material. (Special thanks to Cedar Grove, the Woodland Park Zoo, Starbucks, Seattle University, and the City of Seattle.)

You are invited to participate!

1st Work party, Saturday, October 5, 10am-2pm

- ✓ Twenty people needed to lay down cardboard and spread wood chips, compost and other amendments

2nd Work party, Saturday October 12, 10am-2pm

- ✓ Twenty people needed to spread soil, “Zoo Doo,” leaves, burlap bags and other amendments

Other ways to participate

- ✓ Haul materials in your pick-up truck, various dates and times
- ✓ Loan your wheel barrow, shovel and/or broom for the work parties
- ✓ Planning meetings in the Winter and work parties in the Spring, dates and times to be determined

For more information or to volunteer, Gary Scheider, alpinist@comcast.com
or Brenda Bellamy at bbellamy@stjames-cathedral.org

The harvest of justice is sown in peace for those who cultivate peace
(James 3:18)

St. James Youth Ministry



It's time to kick-off our weekly
High School Youth Night program!
Please join us for:

An Epic BBQ Blow-out Bash!

Food * Games * Friends * Prizes

SUNDAY, OCTOBER 6TH
6:30—8:30 PM

AT THE PASTORAL OUTREACH CENTER

High School Youth Nights occur every **SUNDAY** evening
from 6:30—8:30 PM in the Pastoral Outreach Center.
Youth Nights (Grades 9-12) are filled with games, prayer
experiences, and activities designed to help you apply your
faith to everyday life.