ORDER OF CELEBRATION FOR

The Fourth Sunday of Lent

SECOND SCRUTINY OF THE ELECT (10:00)

PRELUDE

Trio Sonata in E-flat Major, BWV 525

Bach

8:00

O Christ, who art the light and day Böhm

THE INTRODUCTORY RITES

INTROIT

Introit for the Fourth Sunday of Lent: Latare, Ierusalem adapt. St. James Cathedral



GREETING

Priest The Lord be with you.

ALL And with your spirit.

PENITENTIAL ACT

Priest Have mercy on us, O Lord.

ALL For we have sinned against you.

Priest Show us, O Lord, your mercy.

ALL And grant us your salvation.



COLLECT (OPENING PRAYER)

THE LITURGY OF THE WORD

FIRST READING

I Samuel 16:1b, 6-7,10-13a

RESPONSORIAL PSALM 95

Kreutz

Vatican XVII



SECOND READING

Ephesians 5:8-14

GOSPEL TRACT

Stratman



GOSPEL

Priest: The Lord be with you. ALL: And with your spirit.

John 9:1-41

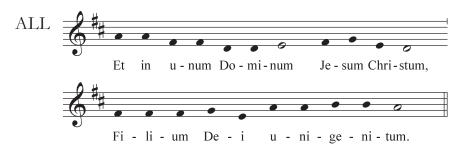
HOMILY

Father Michael G. Ryan

(Sunday Evening) Credo III

Presider Credo in unum Deum,

Schola Patrem omnipotentem factorem cæli et terræ, visibilium omnium et invisibilium.

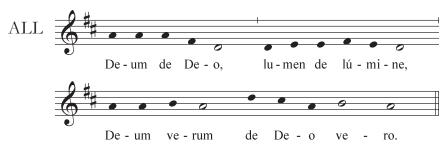


I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,

born of the Father before all ages.

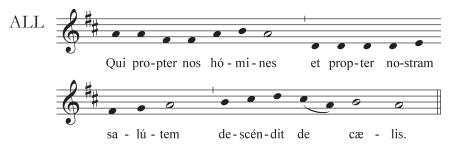
Schola Et ex Patre natum ante omnia sæcula.



God from God, Light from Light, true God from true God,

Schola Genitum, non factum, consubstantialem Patri: per quem omnia facta sunt.

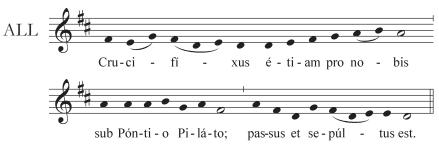
begotten, not made, consubstantial with the Father; through him all things were made.



For us men and for our salvation he came down from heaven,

ALL BOW AT THE WORDS OF INCARNATION, SUNG BY THE SCHOLA:

Schola Et incarnatus est de Spiritu Sancto ex Maria Virgine, et homo factus est.

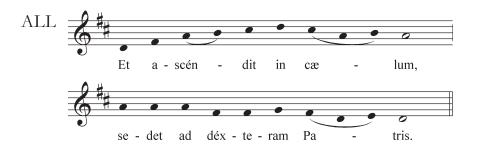


and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried,

Schola Et resurrexit tertia die, secundum Scripturas.

and rose again on the third day in accordance with the Scriptures.



He ascended into heaven and is seated at the right hand of the Father.

Schola Et iterum venturus est cum gloria, judicare vivos et mortuos, cuius regni non erit finis.

He will come again in glory to judge the living and the dead and his kingdom will have no end.



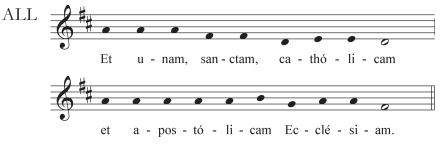
I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,



who with the Father and the Son is adored and glorified, who has spoken through the prophets.

Schola Qui cum Patre et Filio simul adoratur et conglorificatur: qui locutus est per prophetas.

> I believe in one, holy, catholic and apostolic Church.



I confess one Baptism for the forgiveness of sins

Schola Confiteor unum Baptisma in remissionem peccatorum.

and I look forward to the resurrection of the dead



and the life

Schola Et vitam venturi sæculi.

DISMISSAL OF THE ELECT (10:00)

of the world to come.



Amen.

SECOND SCRUTINY OF THE ELECT

INTERCESSIONS No. 296

Lord, we ask you, hear our prayer.

Litany of Saints

PRAYER OF EXORCISM LAYING ON OF HANDS

Come open, Lord, the heart and ear of these Elect Schein

chant, adapt. Stratman

Cantor: I give them life long and full, ALL: And I show them my power to save, says the Lord.

THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00)

Psalm 121: I lift my eyes to the hills
Gerald Kechley

INVITATION TO PRAYER Priest Pray, brothers and sisters, that my sacrifice and yours

may be acceptable to God, the almighty Father.

ALL May the Lord accept the sacrifice at your hands

for the praise and glory of his name,

for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

PREFACE DIALOGUE Priest The Lord be with you.

ALL And with your spirit.

Priest Lift up your hearts.

ALL We lift them up to the Lord.

Priest Let us give thanks to the Lord our God.

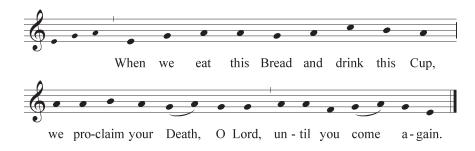
ALL It is right and just.

SANCTUS Vatican XVIII



MEMORIAL ACCLAMATION

chant, Roman Missal



AMEN

THE COMMUNION RITE

LORD'S PRAYER

SIGN OF PEACE Priest The peace of the Lord be with you always.

ALL And with your spirit.



INVITATION TO COMMUNION Priest Behold the Lamb of God,

behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

ALL Lord, I am not worthy

that you should enter under my roof,

but only say the word and my soul shall be healed.

COMMUNION

The Lord made some clay with his spittle, and he spread it on my eyes; and I went forth, and washed myself, I began to see,

and I put my faith in God.

(10:00)

Psalm 121: "Have mercy, Lord" from *I lift my eyes*Palestrina

Upon returning to your place after Holy Communion, please **kneel or be seated**. Low-gluten hosts are distributed at the credence table near the Blessed Sacrament Chapel.

HYMN OF PRAISE No. 607

I heard the voice of Jesus say KINGSFOLD

THE CONCLUDING RITES

GREETING

Priest The Lord be with you.

ALL And with your spirit.

PRAYER OVER THE PEOPLE

PROCESSION

Prelude and Fugue in D Major, BWV 532

Bach

8:00 Prah

Præludium in G Major, BuxWV 147
Buxtehude

Joy and Hope in Christ: Vatican II

Part 6 in a series March 18, 2012

This year, 2012, marks the fiftieth anniversary of the opening of the Second Vatican Council, which began on October 11, 1962, and closed on December 8, 1965. Throughout the year, we'll mark this milestone anniversary by celebrating the Council, and exploring its teachings through bulletin inserts, lectures, and a variety of special events.

The Council Opens

The Council opened on October 11, 1962, with a grand procession and ceremonial that lasted more than five hours. "That I should live to see a day such as this!" exclaimed our own Archbishop Connolly, in the

account he wired home to the Catholic Northwest Progress that evening. "How good is the good God." A week later he was still talking about it: "Mere words, even the gigantic, colossal, stupendous of Hollywood usage are so inadequate to describe the scene and the experience itself."

Rain early in the morning gave way to glorious sunshine in time for the procession of the Council Fathers (as the participating bishops were called) through St. Peter's Square and into the Basilica. The procession was like nothing the Church had ever seen. More than 2,500 bishops walked six abreast through the crowd of 500,000 who had gathered for the occasion. It became astonishingly clear that the Church was not simply—or even primarily—European. Well over half of the bishops were from North and South America, Asia, and Africa. Nor were all of the Council Fathers Roman Catholic: "Every now and then, the white mass was dotted with the black cassock, full beard, and cylindrical headdress of an oriental bishop, and here and there with the bulbous gold crown and crossed pectoral reliquaries of a bishop of the Byzantine rite" (Rynne). The Church would never see itself the same way again.

Pope John XXIII came last of all, carried aloft on the *sedia gestatoria*. Once inside the Basilica, the Pope descended and intoned the ancient hymn *Veni Creator Spiritus*, and all the Fathers joined in, imploring the Holy Spirit's guidance. Mass was said; the Gospel was proclaimed not only in Latin but in Greek as well, as sign of the unity of East and West; and the Litany of Saints was chanted. Then Pope John XXIII delivered his address for the occasion. While many papal addresses (then and now) are composed by other hands, this



John XXIII in the sedia gestatoria, October 11, 1962

one was written by the Pope himself, and drafts exist, carefully corrected in John's own handwriting.

"Mother Church rejoices," the Pope began, "because, by a singular gift of divine providence, the desired day has finally dawned.... the Second Vatican Ecumenical Council is being solemnly opened here beside St. Peter's tomb." The Holy Father looked to the glories of the past, the authority and dignity of the Church through the ages—familiar and comfortable territory for his listeners. But then he spoke of the present day. And in spite of all that was happening in the world, he spoke with hope and confidence:

"In the daily exercise of our pastoral office, sometimes (much to our regret) we have to listen to people who... can see nothing but calamities and ruin in these modern times. Comparing our era with previous centuries, they say that we are becoming worse. By their actions they show that they have learned nothing from history, which is the teacher of life.... We feel that we must disagree with these prophets of gloom who are always forecasting disaster, as if the end of the world were imminent. In the present day, Divine Providence is leading us to a new order of human relations. By man's own efforts, and beyond the greatest expectation, we are being directed towards the fulfillment of God's higher and inscrutable designs." The Pope's address, entitled *Toward Christian Unity*, set the tone for the whole Council: hopeful, forward-looking, open to change.

Late that evening, after the events of the day were over and the Council Fathers had gone back to their hotels and residences in preparation for the morrow, a crowd spontaneously gathered in St. Peter's Square, holding lighted candles, singing, and praying. The crowd grew to tens of thousands, and at last Pope John XXIII came to the window and spoke to them. "My dear children, I hear your voices.... It seems that even the moon has hastened here tonight, to behold this scene.... Returning home, find your children. Give them a kiss, and say: 'This kiss is from the Pope.' ... Let us encourage one another: singing, sighing, weeping, but always full of faith in Christ who helps us and listens to us, let us continue on our journey."

Corinna Laughlin, Director of Liturgy

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173) Beth Rose, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515) Suzanne Lee (206-654-4640)

Jim and Jill McAuliffe, Cathedral Kitchen (206-264-2091)

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996) Brenda Bellamy, Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music Joseph Adam, Organist (206-382-4597) Dr. Clint Kraus, Associate Organist Stacey Sunde, Director of Youth Music

Thomas Thompson, Coordinator of Special Projects

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018) Marianne Coté, Youth & Family Ministry (206-382-4512) Lita McBride, Children's Faith Formation (206-654-4658) Theresa Van de Ven, Administrative Assistant (206-219-5822)

MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director Glenda Caldwell, ESL Specialist Jim Hodges, Citizenship Cecilia Erin Walsh, ESL Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564) Elizabeth Falzone, Receptionist (206-622-3559)

Marilyn Maddeford, Administrative Assistant (206-622-3559 x3971)

WEDDINGS

Linda Carr, Wedding Office (206-622-3559 ext. 3979) Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Dennis Morse, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

8 - 10 - 12 & 5:30 pm Sundays 8:15 & 5:30 pm 8:15 & "Vigil" 5:30 pm Weekdays Saturdays

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Maria Laughlin, 206-382-4284

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104 Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

ELCOME! If you are a visitor to the Cathedral, we want you to know how welcome you are whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Thanks, in part, to the generosity of visitors like you, we are able to celebrate the Church's liturgy here in a fitting and beautiful way. We are also able to offer a wide range of services to needy people living in the central district of our city.

SIGN UP TODAY FOR THE LENTEN BLOOD DRIVE The blood drive will be on Tuesday, March 20. What could be a more personal, caring and meaningful gift this Lenten season than the gift of blood to someone in our community who has the need? If you have not yet donated, please consider donating for the first time. If you have donated in the past, please consider doing so again. Donor signups will be at the coffee hours after today's morning Masses. Or call 206-274-3173.

CATHOLIC RELIEF SERVICES' OPERATION RICE BOWL This week through Operation Rice Bowl, we learn about our brothers and sisters in Zambia, who are unable to enter the marketplace and earn a living. We pray for all who struggle to find work, and we fast for those who cannot afford to feed their families. We give so that CRS can help marginalized people obtain loans in order to save money, start small businesses and work toward a brighter future.

PRAYER PARTNERS FOR THE ELECT Now is the time to "adopt" one of our Elect as they prepare to celebrate the sacraments of Baptism, Confirmation and Eucharist. You are asked to pray every day for him/her asking for God's blessings and guidance. Notes and cards will be collected during Holy Week to be given to the Elect before Easter. Prayer Partner cards are available at the place of prayer located in the north aisle of the west nave of the Cathedral where you can learn more about each of them in our Book of the Elect. Prayer Partner cards are also located in the bookstore and in Cathedral Hall during Sunday morning hospitality. Your prayers make a difference! Information, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

SACRAMENT OF THE SICK During this Lenten season of penance, healing, and forgiveness we will offer a communal celebration of this sacrament on Thursday, March 22 at the 5:30 Mass. Father Ryan will preside. All are welcome to attend the Mass. If you would like to receive the sacrament of Anointing of the Sick, or have questions, please contact John Simpson, Pastoral Care Minister. *Information* 206-274-3173 or jsimpson@stjames-cathedral.org.

PARISH REMEMBRANCE Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of St. Joseph in Ferndale, Issaquah, Elma, and Sequim; and the Mission Church of St. Joseph in Kalama.

CAPTIVITY TO THE HOLY CITY March 24, 8:00pm. St. James Resident Ensemble, Opus 7 presents *From Captivity to the Holy City*—an evening of powerful psalms and motets for Lent. Loren Pontén, Director. *Information and reserved seating*, 206-782-2899 www.opus7.org. *For parish passes*, call 206-382-4874

OPPORTUNITIES TO SERVE

VOLUNTEERS NEEDED FOR RCIA HOSPITALITY

Looking for a "few good people" to assist in setting up, greeting participants, and putting things away for our weekly RCIA gathering. The time commitment is once a month from 6:00-9:30pm. It is a great way to meet new people and support an important parish ministry. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

ESL SKYPE TUTORS Help adult refugees and immigrants practice conversational English through Skype. You and your student commit to a regular schedule of one hour per week. You will need access to a computer with internet and a webcam. Skype tutors receive a short training and ongoing support. We have students waiting right now! *Information*, Meredith Smith, 206-382-4511, esl@stjamescathedral.org

WANTED "GLEANERS" Each morning, two gleaners take the Cathedral van and drive to 3 PCCs and to Madison Market. The donated fruits, vegetables, meats, day-old bakery goods, dairy, and deli items are sorted and then transported back to the Cathedral kitchen. These foods enable us to create our main entree as well as to serve a nutritious fruit and green salad as an accompaniment to our daily meals. If this is a ministry you might be willing to try, contact Jill McAuliffe in the Cathedral Kitchen, 206-264-2091 or jmcauliffe@stjames-cathedral.org.

THE CATHEDRAL GUILD is looking for a volunteer carpenter to help with some minor projects in the Cathedral, including pew, kneeler, and cabinetry maintenance. *Information*, Brenda Bellamy, 206-654-4646 or bbellamy@stjamescathedral.org

SANDWICH MINISTRY NEEDS A DELIVERY VOLUNTEER for the 4th Monday of each month. This person would be responsible for picking up sandwiches made by Cathedral parishioners at 3 pm on the 4th Monday and transporting them to St. Martin de Porres Shelter near Safeco Field. This is a key role in our ministry; a reliable volunteer is urgently needed. *Information*, Tara Snyder, sandwich.volunteers@gmail.com.

WINTER SHELTER DONATIONS Our supply of toothbrushes for our shelter guests is nearly exhausted. We could also use lip balm and cough drops. Please bring your donations to Cathedral Hall during coffee hour after Sunday Mass or drop them off at the parish office M-F 9am-5pm.

send us your desired recipes Following up on the enormous success of the first ESL cookbook, we are once again asking parishioners for recipes. This newest edition will be devoted entirely to desserts. We are especially interested in old family recipes that reflect your cultural background. Feel free to include any family stories or cultural history related to your recipe. Remember: Life is short - eat dessert first! Mail your contribution to: St James ESL Program, 804 Ninth Ave, Seattle, WA 98104 or email it to mmain@ stjames-cathedral.org. *Information*, Mali Main at 206-382-4511.

CATHEDRAL SCHOLARSHIPS FOR RAINBOW SCHOOLS STUDENTS Our parish has a scholarship fund to assist families in meeting the financial obligation involved in sending their elementary school age children to any one of the Rainbow Schools (Sts. George, Edward, Paul, Therese, and Joseph). Applications are available for the 2012-2013 school year. Families are required to be registered in our parish, have Sacrificial Giving and Annual Catholic Appeal pledge cards on file (whether able to make a monetary pledge or not), and be active in the parish in some capacity. Applications due by April 30. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org

WE CAN'T BE WITH OUR CHILDREN AT ALL TIMES, BUT WE CAN HELP KEEP THEM SAFE We invite you to join us for the educational session, *Called to Protect for Parents and Families*. The 1.5 hour program will teach parents and family members how to help prevent child sexual abuse. If you are a parent, grandparent, aunt, uncle, godparent, we encourage you to attend the session on Saturday, March 31 at 10:00am in the Cathedral Hall. Please register at http://seattle.setanet.org/classes.php. *Information*, Elizabeth Falzone 206-654-4650 or efalzone@stjamescathedral.org.

Getting to know Good Pope John

Later this year, thanks to some generous parishioners, a permanent shrine to Blessed John XXIII, the Pope who called the Second Vatican Council, will be established in the north aisle of the Cathedral. Throughout the year, keep an eye on this box in the bulletin to learn more about this great saint of modern times.

Fifty years ago this week, First Lady Jackie Kennedy made a visit to Pope John XXIII. "It is reported that in preparation for her visit, John asked his secretary how he should address her. The secretary told him he could call her either 'Mrs. Kennedy' or 'Madame.' The pope tried the options out loud to decide which seemed best: 'Mrs. Kennedy. Madame. Mrs. Kennedy...' Then the doors were opened and she was announced. As she entered. John smiled.

she entered, John smiled, opened his arms wide and exclaimed 'Jacqueline!'" (Source: www.conciliaria.com) MENTAL HEALTH MINISTRY PRAYER PARTNERS are devoted to praying for anyone living with mental illness or emotional distress – either in you, a loved one, or someone you care for. The Prayer Partners help support the Mental Health Ministry by responding to special requests and needs that sometimes can only be answered with prayers. You are welcome to submit your requests online at www.stjames-cathedral.org/mhm

PRAYER WITH MUSIC FROM TAIZÉ Each Friday at 6:30pm in the Cathedral, all are invited to join in an ecumenical service of readings, silence, candlelight, and the music of the ecumenical community of Taizé in France. This simple, reflective prayer is the perfect way to end a busy week.

PRAYING THE STATIONS A wonderful Lenten tradition in the Church. There are three opportunities to pray the Stations each week: on Mondays following 12:10pm Midday Prayer, Wednesdays following the 5:30pm Mass, and Fridays following the 8:15am Mass (except First Fridays). You can also pray the stations online at www.stjames-cathedral.org.

LENTEN HOLY HOURS Each Friday during Lent, from 12pm – 1pm, we will have a Holy Hour in the Cathedral, with Exposition of the Blessed Sacrament, Liturgy of the Hours, rosary, and silence. All are welcome to join in all or part of this meditative prayer in the presence of Jesus in the Blessed Sacrament.

LENTEN ART IN CATHEDRAL CHAPEL "The Way of the Cross," a new art work by local ceramic artists Jessi Li and George Rodriguez will be in the Cathedral Chapel throughout Lent.

CATHEDRAL ESPRESSO Stop by Cathedral Hall after the 10:00am Mass today for a latte or mocha. All proceeds during Lent benefit our RCIA Program.

ST. JAMES IS A PLACE FOR CHILDREN We encourage all of our parishioners who attend Mass with young children, and we welcome them into our midst. Many families find that sitting in the front rows, where the view is unobstructed, allows children to participate more fully. Others are more comfortable sitting at the ends of the aisles, so that they can easily step into the west vestibule or the Cathedral Chapel, if their child needs a quiet place away from the assembly. We have provided a sound system in these areas so you can continue to participate in Mass. We appreciate your effort to be with us and to include your child in our worship. For those who wish, babysitting is available in the Mother Cabrini Room at the Pastoral Outreach Center during the 10:00 am and 12 Noon Masses.

ARE YOU A REGISTERED PARISHIONER AT ST. JAMES? Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. We strongly encourage you to register. Registered parishioners receive important mailings from the Cathedral (including offering envelopes!), are regular recipients of the Cathedral's quarterly journal In Your Midst, are able to celebrate their wedding at the Cathedral, and their children may attend any of the five Catholic Rainbow Schools at parishioner rates. Registration cards can be found in the vestibule. If you are not sure whether or not you're registered, call the Parish Office, 206-622-3559.

A reminder about parking on Sundays for the Cathedral

We know that parking in this area is at a premium and we do our best to make it available to you. In consideration of our neighbors, please note these important Do's and Don'ts! Note also that there are numerous pay lots within two blocks of the Cathedral.

You MAY park:

- In the O'Dea High School lot.
- In the Cabrini Tower Garage on Marion Street across from O'Dea High School for the Saturday 5:30 pm Mass and all Sunday Masses. The Cathedral pays for parking (and for official traffic officers from the Seattle Police Department) during these times, and you are encouraged to take advantage of it.
- In the P-1 parking lot under the Chancery building at 9th and Marion.
- In the Cherry and Terry Parking lot, in spaces 1-22.

Please DO NOT park:

- In any parking spot blocked with an orange cone.
- In the lot adjacent to the Envoy Apartments on 9th Avenue, directly across from the Cathedral.
- In the Blood Bank parking lot at the corner of Terry and Columbia.
- In the Frye Museum parking lots on Terry Avenue.
- In the parking places at the Pastoral Outreach Center.
- In the spaces on Terry Avenue reserved for loading and unloading of the parish vans.



Cathedral Blood Drive

Tuesday, March 20, 2012 Pastoral Outreach Center

12:30pm to 6:30pm (closed 3:00pm-3:45pm)

A Unique Gift for Lent

What could be a more personal, caring and meaningful Gift this Lenten season than the gift of blood to someone in our community who has the need? The urgent and ongoing need for blood donors invites us to consider yet another aspect of Stewardship, that is, the gift of ourselves in a way that is fundamental and essential to life itself.

Who needs blood?

It is very likely that someone you know at St. James has had a need for blood. People who need blood include those who have been in accidents or require surgery or chemotherapy. In our community, that blood would have come from donors to the Puget Sound Blood Center, including St. James blood drive donors. To meet the needs in our community, over 900 people must donate blood through the Puget Sound Blood Center every weekday.

St. James & the Puget Sound Blood Center
St. James has been sponsoring Lenten and Fall blood drives since

St. James has been sponsoring Lenten and Fall blood drives since 2006. The Puget Sound Blood Center is always enthusiastic about our partnership in this effort, but most especially about the number of new donors at our blood drives. We ask those who have not yet donated to consider donating for the first time. We ask those who have generously donated in the past to please consider doing so again.

Sign up at coffee hours on 3/4, 3/11 or 3/18.

Or e-mail jsimpson@stjames-cathedral.org to sign up or to find out more. Or call 206-274-3173.

At left: St. Luke the Physician. Madonna & Child with Saints (detail), Neri di Bicci, ca. 1456

Wills & Estate Planning Seminar

St. James Cathedral, Pastoral Outreach Center

Wednesday, March 21, 2012 at 2:30pm & 7:00pm

Did you know that an estimated 65% of Americans do not have a will? Many think that only wealthy people need an estate plan. But this simply isn't true! Even those with no dependents need an estate plan if they have any property and want to decide who receives it. A will can cut delays and probate costs, waive expenses, and help reduce taxes.

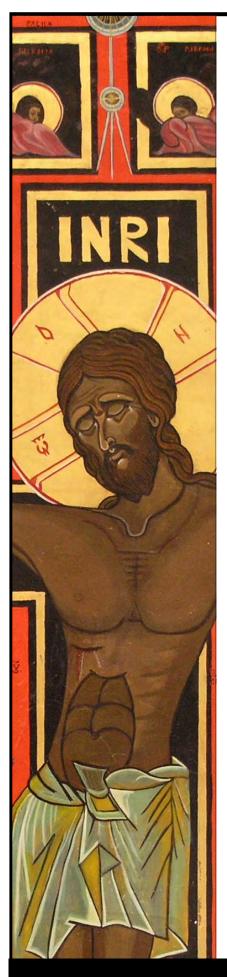
The Cathedral parish will provide a free seminar on Wills and Estate Planning on Wednesday, March 21 from 2:30pm until 4:00pm, and again from 7:00pm until 8:30pm. JoAnne Strom, Archdiocesan Director of Planned Giving, and Celeste McDonell, Cathedral parishioner and estate planning attorney, will offer their broad knowledge and expertise. You'll have a chance to ask questions and get good advice on what to do next. The whole session is short, simple, and to the point! You'll also receive useful materials to take home and study.

All are welcome. This session will benefit people of *all ages* and is offered with no strings attached. Please sign up by detaching the form below and dropping it in the offering basket or returning it to the parish office. For more information, contact Maria Laughlin, Director of Stewardship and Development, 206-382-4284.

This is a FREE, no-stringsattached presentation which includes

- Assurance that "putting your affairs in order" is easier than you may think
- Information on how to prepare your will
- Information on distributing your estate
- Information on guardianship issues
- Estate gifting techniques and more information on tax advantages
- Methods of increasing your retirement income
- An attorney available to answer your questions

RSVP Wills & Estate Planning Seminar			
Name(s)			
Address			ZIP
Phone	E-MAIL		
I am interested in attending the seminar on (please check one)			
	Wednesday AFTERNOON, March 21, 2:30pm-4:00pm, Pastoral Outreach Center		
	☐ Wednesday EVENING, March 21, 7:00pm-8:30pm, Pastoral Outreach Center		
	I can't attend, but please send me materials about Wills and Estate Planning.		
Please drop this form in the offering basket or mail to: Maria Laughlin, St. James Cathedral, 804 Ninth Avenue, Seattle, Washington 98104 You may also e-mail mlaughlin@stjames-cathedral.org or call 206-382-4284			



The Sacrament of Anointing of the Sick

A communal celebration of the Sacrament of the Anointing of the Sick will take place at St. James Cathedral on Thursday, March 22, at the 5:30pm Mass. Father Ryan will preside. All are welcome to attend the Mass. If you would like to receive the sacrament of Anointing of the Sick during the Mass, or have questions, please contact John Simpson, Pastoral Care Minister, at 206-274-3173, or e-mail jsimpson@stjames-cathedral.org.

What is the sacrament of Anointing of the Sick?

The sacrament of the Anointing of the Sick is one of the seven sacraments of the Catholic Church. Like the sacrament of reconciliation (confession), it is a sacrament of healing. Our understanding of this sacrament has changed with time. In the early Church it was seen as a sacrament of healing, but later it came to be known as "Extreme Unction" – literally, "last anointing" – and was not administered until death was imminent. With the reforms of the Second Vatican Council, the Church has returned to the more ancient practice with regard to this sacrament.

Who can receive this sacrament?

Catholics, both children and adults, who are *seriously ill*, facing surgery, or experiencing the weakness that comes with old age should seek this sacrament.

What happens during the Rite of Anointing?

The Rite of Anointing will be celebrated in the context of the 5:30pm evening Mass on March 22.

After the homily, the Liturgy of Anointing begins. The priest leads a litany in which all pray for the healing and forgiveness of the sick person, as well as for doctors, nurses, and caregivers. Then, in silence, the priest lays his hands on the head of the sick person, an ancient gesture of prayer that is used in connection with many of the sacraments, especially the Sacrament of Reconciliation and Holy Orders. After the laying on of hands, each sick person is anointed with the Oil of the Sick (pure olive oil, blessed each year by the Archbishop at the Chrism Mass). The sick person is anointed on the forehead and then on the hands, and simple words accompany the anointing: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up." A concluding prayer follows, and if the sacrament takes place in the context of the Mass, the Liturgy of the Eucharist continues as usual.

St. Vincent de Paul Donation Truck at St. James Cathedral

Next Weekend, March 24 - 25



Clean Your Closets and Help the Poor

We thank you for your generous financial support.

Now Spring-cleaning time is here!

Do you have any gently used items you no longer need?

Please help us help others. Thrift stores sales support our mission.

St. Vincent de Paul Donation Truck will be at O'Dea High School Parking Lot

Saturday, March 24, 5:00pm – 7:15pm Sunday, March 25, 7:30am – 1:45pm & 5:00pm – 7:15pm Volunteers will be available to help unload your car

Items We Really Need!

Bedding, clothing, kitchen items, lamps, books, pictures, furniture, household goods, and recreational items. Accepted items eligible for tax deduction (info at www.irs.gov).

Items We Can't Accept

Anything hazardous or poisonous, large appliances, car parts, car batteries, hot water tanks, toilets, carpets, paint, and air conditioners.

See you March 24 - 25!

