ORDER OF CELEBRATION FOR

The Thirteenth Sunday in Ordinary Time

PRELUDE

"Adagio" from Symphony No. 3

Wide

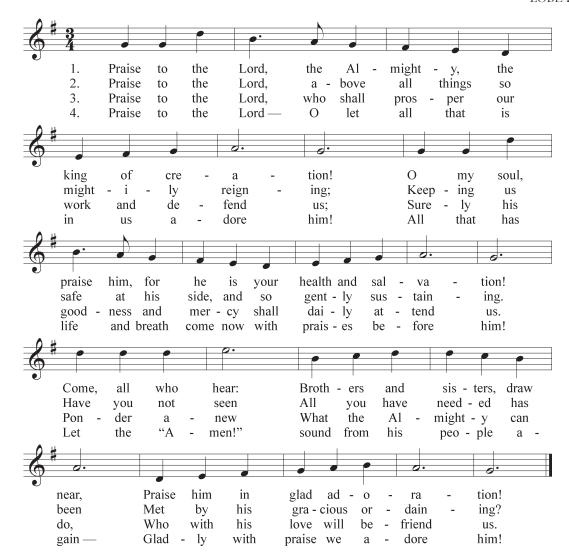
(8:00)

"Andante sostenuto" from *Symphonie gothique*Widor

THE INTRODUCTORY RITES

ENTRANCE

Praise to the Lord, the Almighty
LOBE DEN HERREN



PENITENTIAL ACT

Vatican XVI





(10:00 and Noon) Carol Sams

Glory be to God in heaven,
Songs of joy and peace we bring;
Thankful hearts and voices raising,
To creation's Lord we sing:
Lord, we thank you, Lord, we bless you,
Glory be to God our king.

Lamb of God who on your shoulders Bore the load of this world's sin; Only Son of God the Father, You have brought us peace within: Lord, have mercy, Christ, have mercy, Now your glorious reign begin.

You, O Son of God, are holy,
You we praise with one accord;
None in heav'n or earth is like you,
Only you are Christ the Lord,
With the Father, and the Spirit,
Ever worshiped and adored.

(Text by Edwin LeGrice)

THE LITURGY OF THE WORD

FIRST READING

I Kings 19:16, 19-21

RESPONSORIAL PSALM

Psalm 16

Joncas



SECOND READING

Galatians 5:1, 13-18

ALLELUIA

Mode VII



GOSPEL

Luke 9:51-62

HOMILY

Father Michael G. Ryan

CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

[all bow]

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

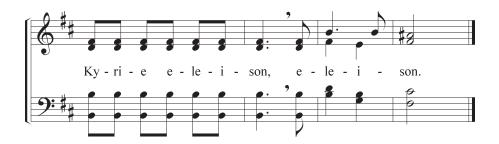
[all stand upright]

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.



THE LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00 and Noon)

How fair is thy face

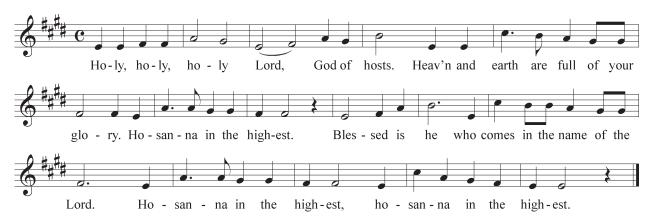
Grieg

How fair is thy face; all that I have is thine.

SANCTUS

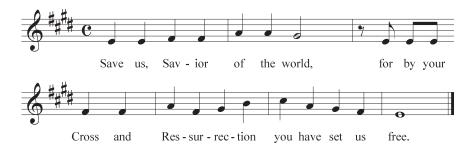
St. James Mass for Peace

Herbolsheimer



MEMORIAL ACCLAMATION

Herbolsheimer



AMEN Herbolsheimer



THE COMMUNION RITE

LORD'S PRAYER

AGNUS DEI Missa de Angelis, Vatican VIII



(10:00) Vatican XVIII/Carol Sams

COMMUNION

Lend your ear and make haste to rescue us.

chant

(10:00 and Noon)

Love bade me welcome

Carol Sams

Love bade me welcome, but my soul drew back, guilty of dust and sin... "you must sit down," says Love, "and taste my meat." So I did sit and eat. — George Herbert

Upon returning to your place after Holy Communion, please **kneel or be seated**. Low-gluten hosts are distributed at the credence table near the presider's chair.

HYMN OF PRAISE

O God beyond all praising
THAXTED



PROCESSION

"March" from Symphony No. 3

(8:00)

Prelude & Fugue in G Major, BWV 541

Bach

Widor

ST. JAMES CATHEDRAL

The Most Reverend J. Peter Sartain, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

IN RESIDENCE

The Reverend David A. Brant, The Reverend Richard J. Ward

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

TerryAnn Bowen, Director of Religious Education (206-382-2018) Lita McBride, Children's Faith Formation (654-4658) Brenda Bellamy, Children's RCIA/Confirmation (206-274-3108) Theresa Van de Ven, Administrative Assistant (206-219-5822)

FAMILY MINISTRY

Suzanne Lee, Director (206-654-4640) Margaret Lynch, Wedding Office (206-382-4288) Bev Mauser, Louise Mennella, Wedding Coordinators

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (622-3559 x3996) Peter Burns, John Marquez, Stephen Pace, sacristans

MUSIC MINISTRY (206-382-4874)

Dr. James Savage, Director of Music Joseph Adam, Organist (206-382-4597) Dr. Clint Kraus, Associate Organist Stacey Sunde, Director of Youth Music Thomas Thompson, Coordinator of Special Projects

PASTORAL CARE MINISTRIES

John Simpson, Pastoral Care Minister (206-274-3173) Nancy Granger, Parish Mental Health Nurse (206-382-4269)

SOCIAL OUTREACH and ADVOCACY

Patty Bowman, Director (206-382-4515) Caitlin Lanigan (206-382-4235)

Teddi Callahan, Carol DeMatteis, Cathedral Kitchen (206-264-2091)

ST. JAMES ESL/MINISTRY to IMMIGRANTS (206-382-4511)

Christopher J. Koehler, Director Cecilia Erin Walsh, ESL Coordinator; Glenda Caldwell, ESL Specialist, Jim Hodges, Citizenship

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

PARISH OFFICE

Sister Mary Slater, SNJM, Bookkeeper (206-382-4564) Jane Mueller, Receptionist (206-654-4650) Lee Bedard, Administrative Assistant (206-622-3559 x3971)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Manager (206-622-3559)

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8 - 10 - 12 & 5:30 pm Weekdays 8:15 & 5:30 pm Saturdays 8:15 & "Vigil" 5:30 pm

LITURGY of the HOURS Weekdays at 12:10 pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT Sundays at 4:00 pm.

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Please call the parish office for an appointment.

RECONCILIATION Saturdays, 4:00 - 5:00 pm. A communal celebration of the Sacrament of Reconciliation is celebrated four times yearly in preparation for Christmas and Easter.

MARRIAGE A formal program of marriage preparation over a period of several months is required, however, registered parishioners may begin the scheduling process 14 months in advance.

ANOINTING of the SICK A communal celebration is held regularly. In other situations (anticipated surgery, emergency) please call the parish office.

"TAIZÉ" ECUMENICAL PRAYER, Fridays at 6:30 pm.

TOURS of the CATHEDRAL Wednesdays at 1:00 pm. Groups of 4 or more may arrange a tour by calling Corinna Laughlin, 206-622-3559

CATHEDRAL BOOKSTORE Open 11:00 am to 3:00 pm weekdays, after Masses on weekends. Call 206-382-4500 for information

ST. JAMES CATHEDRAL PARISH

804 Ninth Avenue, Seattle, WA 98104 Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org Emergency Number: 206-467-3049

Office Hours: Monday through Friday, 9:00 am - 5:00 pm

ELCOME, SUMMER VISITORS! St. James
Cathedral is proud to welcome visitors from
near and far throughout the summer months.
Each week a drawing for a special Cathedral gift will
be made from among all the visitor envelopes used.
Please write your address on the visitor envelope
provided in the pew and drop it with your offering into
the collection basket. Thank you for adding to the
power of our prayer by your presence in our midst
today. Last week, we had visitors from Cranbury, NJ;
Roswell, GA; Swansea, MA; and many other places!
The winner of our drawing was from St. Augustine,
FL.

FLOWERS AT THE ALTAR are from Steve Raab and the Leon family, in loving memory of Anthony Leon on the first anniversary of his death. *Floral donations are a wonderful way to remember a deceased loved one or commemorate an important anniversary, and at the same time enrich the whole parish community! If you would like to offer flowers, contact Jane Mueller, 206-654-4650 or e-mail jmueller@stjames-cathedral.org.*

CAMINO SEATTLE IS UNDERWAY! The pilgrimage began last Sunday. Your first stamps are available after all Masses this weekend—in the Bookstore (self service) following the Saturday and Sunday evening Masses; at Coffee Hour following the 8:00am, 10:00am, and 12 Noon Masses. Souvenir t-shirts are also available in the Bookstore for \$10. See the full page in this weekend's bulletin for details on this week's walks. It's not too late to join the adventure! *Information*, Maria Laughlin, 206-382-4284 or e-mail mlaughlin@stjames-cathedral.org.

FOURTH OF JULY HOLIDAY The Parish Office will be closed Thursday, July 4 in observance of Independence Day. There will be one Mass in the Cathedral at 9:00am. The Cathedral will be closed immediately following the Mass. The parish office and Cathedral will be open as usual on July 5.

FIRST FRIDAY HOLY HOUR On Friday, July 5, we will have Exposition of the Blessed Sacrament immediately following the 8:15am Mass. Exposition will continue until 1:00pm, with Holy Hour, including the singing of hymns and the rosary.

THE ANNUAL CATHOLIC APPEAL is winding to a close, but we are not there yet! We are still about \$50,000 short of our parish rebate goal of \$180,000. We urgently need the rebate to fund our Family and Youth Ministry programs! Please, if you have not already done so, make a gift to the Appeal. Go online to make your gift, www.seattlearchdiocese.org/aca. A gift of any size is welcome.

PARISH REMEMBRANCE Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we remember in prayer the parishes of SS Peter and Paul in Tacoma and Aberdeen, St. Anne Mission in Blaine and Tulalip; St. Thomas in Tukwila, and the Mission Church of St. Thomas in Clallam Bay.

BULLETIN STUFFERS We are seeking people willing to help stuff our parish bulletins once or twice a month on Friday afternoons and/or Saturday mornings. If you would like to volunteer, contact John Marquez, 206-654 -4646 or e-mail jmarquez@stjames-cathedral.org.

ARE YOU INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC CHURCH AND/OR BECOMING CATHOLIC? You are invited to participate in the RC a process of initiation into the Catholic community of faith. It is a process which encompasses the study of the process of the study of the process of the study of the process of the

FAITH BASICS: SIX SIMPLE SUMMER SESSIONS TO STRENGHTEN OUR FAITH We are so pleased by your response to this new Summer series we are offering. Join us on Sundays 11:15-11:45 for faith refreshers that engage us with challenges, information, and fun. Each session stands alone and does not depend on your attendance at the earlier sessions. Designed for all ages! Remaining sessions are on June 30, July 7, 14, & 21 in Cathedral Place, room 411. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjamescathedral.org.

Youth (Grades 9-12)! Are you interested in simple living and humble service? Do you desire to learn more about the justice issues associated with our local migrant workers? If so, God may be calling you to join us on this summer's Youth Migrant Project in the Skagit Valley, July 28–August 2. We will be sharing our week with St. Luke, Shoreline. Space is limited, so sign up now. Friends are welcome! *Information or to register*, Joe Cotton, jcotton@stjames-cathedral.org.

SUMMER FILM FESTIVAL Back by popular demand! On Tuesday, July 9 we will host an encore showing of *The Way*, starring Martin Sheen. It is a powerful and inspirational story about family, friends, and the challenges we face while navigating this ever-changing and complicated world. Join the main character, Tom, as he discovers the difference between "the life we live and the life we choose." This event is part of Camino Seattle. The film will be shown in Cathedral Hall at 7:00pm. Popcorn and lemonade will be provided and you are welcome to bring your favorite movie treats. *Information*, TerryAnn Bowen 206-382-2018 or tbowen@stjames-cathedral.org.

THANK YOU FROM THE CATHEDRAL KITCHEN Thanks to Marci Jewelry for sponsoring the Cathedral Kitchen's Memorial Day Dinner. Your generous support provided a special meal that served over 150 guests including many veterans. Thank you Pagliacci Pizza for serving your magnificent pizza at the Cathedral Kitchen Thursday, June 20. Our dinner guests really enjoyed your pizza and presence!

CHILDREN'S FAITH FORMATION Is God calling you to ministry among children and help them grow in their relationship with Jesus? The wonderful children in our parish need volunteers to help in Sunday School as catechists (teachers), assistants, a third supportive presence in class (another guardian angel!!!) or as the welcoming presence at the doors. Interview and background check required; all training is provided. *Information*, Lita McBride, 206-654-4658 or Brenda Bellamy, 206-661-5094.

THE CATHOLIC CHURCH AND/OR BECOMING CATHOLIC? You are invited to participate in the RCIA, a process of initiation into the Catholic community of faith. It is a process which encompasses the study of Scripture, Catholic teaching, and Christian values—the development and deepening of a life of prayer and action—all with the support and involvement of the parish community. You can learn more by going to www.stjames-cathedral.org/RCIA. A new inquiry session will begin Wednesday, July 10, at 7:00 pm in Cathedral Place, second floor. *Information*, TerryAnn Bowen, 206-382-2018 or tbowen@stjames-cathedral.org.

CHILDREN'S CORNER DONATIONS Our Babysitting Corner is in need of two new or gently used high chairs and one crib. We also need new toys, games and books for children ages 3 months through five years. Monetary donations to purchase new items will be gladly accepted. *Information*, Margaret Lynch in the Family Ministry Office, 206-382-4288 or mlynch@stjames-cathedral.org.

THE NEXT SENIOR TRIP Friday, July 12, will take us back in time aboard a steam train. The all-day trip will include lunch at the Caboose Diner, the lonesome echo of the locomotive's whistle, and round trip travel to pristine Mineral Lake in the shadow of Mt Rainier. Space is limited and priority will be given to registered parishioners! *Information, or to reserve your place*, John Simpson, Pastoral Care Minister, at 206-274-3173 or jsimpson@stjames-cathedral.org.

YOU KNOW THE CATHEDRAL OFFERS ESL TO IMMIGRANTS, BUT DO YOU KNOW HOW THIS IMPACTS SEATTLE'S ECONOMY? ESL and adult basic education leads to higher earnings which means increased spending and investments and improved job and housing markets. Find out what the fiscal impact is to federal, state, and local governments on page 5 of the report "Why Immigrant Integration is Good for Everyone" at the Cathedral's ESL website www.stjames-cathedral.org/ESL. *Information*, Christopher Koehler, 206-382-4511.

PETER'S PENCE COLLECTION This weekend, we take up our annual "Peter's Pence" collection, which supports the outreach and ministries of Pope Francis, especially his outreach to the poorest and most vulnerable in our world. Thank you for your generous response!

DO YOU SEE TROUBLED PEOPLE AROUND YOU, but feel helpless, and think that there is nothing you can do? Do you have compassion for those experiencing difficult life circumstances? Perhaps you are being called to learn more about the Cathedral's Mental Health Ministry. Meet some of the wonderful volunteers currently participating in this program, and find out how you can be a part of it, by attending the Open House TODAY in Gallagher Center, 9am – 2 pm. *Information*, Nancy Granger, RN, MSN, 206-382-4269 or ngranger@stjames-cathedral.org.

Camino Seattle is a five-week walking/hiking and prayer event for St. James Cathedral Parish, beginning June 23, 2013 and ending July 28, 2013, the Feast of St. James.

WEEK TWO | June 30-July 6 Journeying with Mary and Joseph

Scripture

Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy. Blessed are you who believed that what was spoken to you by the Lord would be fulfilled." (Luke 1:39-45)

Reflection

The lives of the Holy Family were marked by many journeys. When Mary received the message of the angel, she journeyed to the hill country, to stay with her cousin Elizabeth. It was a journey of hope, love, and care. A few months later, Mary and Joseph went to Bethlehem: a journey driven by the duty to participate in the census of the

Roman Emperor. And then, the young family was forced to flee to Egypt because of persecution of Herod, a journey undertaken in fear and danger. Today, let us pray for families, that in all their journeys they may rely on God and one another for love and support.

Prayer

Mary our mother, when you received the message of the Angel, you "set forth in haste"

and traveled through the hill country to share the good news with your cousin Elizabeth. May we who walk this Camino through the "hill country" of the beautiful place where we live be heralds of Christ's Gospel, who lives and reigns for ever and ever. Amen.



This Week's Walks

All walks are hosted by a Cathedral volunteer. No RSVP is required and the walks are "rain or shine"! Gather with the host at the designated meeting spot (visit www.stjames-cathedral.org/camino for details), join in the Camino prayer, and start walking!

SUNDAY June 30, 11:15am	Catholic History WalkFirst Hill/Central
	District (gather outside bronze doors)
	Queen Anne Walk (gather at Bhy Kracke Park)
SUNDAY June 30, 2:15pm	Tiger Mountain
TUESDAY July 2, 7:30am	Seward Park and Mount Baker Morning Walk
TUESDAY July 2, 2:00pm	Beautiful Beacon Hill's Chief Sealth Trail and
, .	Jefferson Park
FRIDAY July 5, 7:00pm	Discovery Park
SATURDAÝ July 6, 8:00am	Lincoln Park

All participants in hosted walks receive a special stamp for their Camino passport.

MENTAL HEALTH MINISTRY

TODAY! Please drop by the MHM Resource Room Open House 9am 2pm**TODAY!** Meet MHM Volunteers, ask questions, get information on mental health resources, and learn about new programs coming to St. James

SPECIAL PRSENTATION AT 11:15 AM

TOPIC: PEARLS (Program to Encourage Active, Rewarding Lives)
Learn About a Free, In Home Service For King County Residents and Particularly Veterans, Suffering From Chronic Depression, Isolation, and Low Motivation

SPEAKER: Paul Snow, M.A. Experienced Caseworker with City of Seattle

TIME IS RUNNING OUT! SIX AVAILABLE SLOTS LEFT

REGISTER NOW FOR: Family-to-Family Education Program

This highly popular 12 week course developed by **NAMI** (National Alliance on Mental Illness) includes:

- Accurate information about Depression, Bipolar Disorder, Panic and Anxiety, Obsessive – Compulsive Disorder, Borderline Personality Disorder and co-occurring brain disorders and addictive disorders
- Up to date information about medications, side effects, and strategies for medication adherence
- Current research related to the biology of brain disorders and evidence based treatments to promote recovery
- Gain empathy by understanding the subjective, lived experience of a person with mental illness
- Learn problem solving, listening and communication techniques
- Acquire strategies for handling crisis and relapse
- How to care for the caregiver: coping with worry, stress and emotional overload
- *Guidance on location of appropriate supports and services in the community
 BEGINS July 10^{t.h} GALLAGHER CENTER 6:30 9:00PM

Contact Nancy Granger, RN, MSN 206-382-4269 or ngranger@stjames-cathedral.org



SENIOR TRIPS

THE NEXT SENIOR TRIP, Friday, July 12, will take us back in time aboard a steam train. The all-day trip will include lunch at the Caboose Diner, the lonesome echo of the locomotive's whistle, and round trip travel to pristine Mineral Lake in the shadow of Mt Rainier. Space is limited and priority will be given to registered parishioners!

If you've never been on one of our Senior Trips, please consider joining us. They are fun outings with fellow parishioners, and offer a chance to see notable northwest places you might not otherwise visit.

For information, or to reserve a place, contact John Simpson, 206-274-3173 jsimpson@stjames-cathedral.org

SAVE THE DATE for this year's trips!

- August 14: Mount Rainier Sunrise National Park
- September 11: Leavenworth
- October 9: Museum of Flight