

LINQ with Other Collections

You've mostly seen LINQ used with arrays, but it can be used for lists as well! The syntax is the same:

```
List<string> heroesList = new List<string> { "D. Va", "Lucio", "Soldier 76" };

var longLoudheroes = from h in heroesList
    where h.Length > 6
    select h.ToUpper();

// longLoudHeroes is [ "SOLDIER 76" ]
```

Technically, LINQ can be used with any type that supports `foreach` loops, but we won't cover all of those here.

☒ Instructions

1.

Query `heroesList` to find all hero names that contain either a `.` or `7` (a period or the number 7).

Hint



Use `Contains()` and the `||` operator.