

# Smiles – Wash Mittens



## Supplies Needed:

4x4 Hoop

Medium Tear Away / Wash Away Stabilizer

Light weight water solvable topper

Print out of actual size designs for placement-included here

Mitten Pattern-separate PDF (1/2" seam allowance)

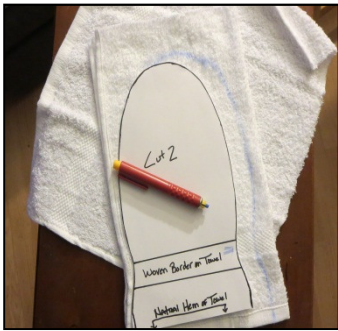
Standard size (16"x 26") Hand Towel – Makes 2 mittens

Elastic 1/8<sup>th</sup> to 1/2" wide

Water soluble marking pen – Misc. Sewing Notions as needed

Design Files in your machine with threads needed to stitch out

Sewing Machine, Serger, or needle and thread to stitch a seam



- Each single towel will make two wash mittens. Fold the towel in half and cut into two pieces. Each piece should measure 16" x 18".
- Cut out the paper pattern of your mitten.
- Fold one of the cut halves of the towel in half again.
- Place the pattern on this folded half. Match the border area of your pattern to the border area of the folded towel. Your paper pattern will not meet the bottom hemmed edge of the towel.
- Using your marking pen draw your mitten pattern onto the towel. Extend the bottom of the pattern to the hem of the towel.
- Turn the folded towel over and mark the pattern again for the other side of the mitten.



- Cut out your placement designs. One happy face and one matching animal sad face.
- Determine which fabric piece is to be the back of the hand and which is to be the palm of the hand.
- Place the sad face centered and upside down just on the edge of the seam allowance of the back of the hand piece. Mark the fabric for hoop placement.
- Place the happy face center to the palm area in its upright position on the palm piece. Mark the fabric for hoop placement.
- Hoop your fabric using your tearaway/washaway stabilizer on the bottom, your fabric next and topped with your water soluble topper.
- Stitch the design.
- Remove the hoop from the machine and the project from the hoop. Remove the stabilizers.
- Repeat for the second design.



- Cut the two sides of your pattern apart. Match the right sides together and sew a 1/2" seam allowance up one side from the bottom to the top. Set aside.
- Measure around your wrist and add one inch. Measure and cut a strip of elastic the same length as your wrist measurement.
- Fold the elastic in half and mark. Along the border of the towel stretch and pin the elastic between the outside edges also pin the half mark to the stitch seam.
- Stretch the elastic between the pins and zigzag stitch in place.
- Finish stitching the seam allowance.

Turn right side out and you have your very own Sad-Happy wash mitten!



