# Eyes

Retinal or macular degeneration is an age-related vision disturbance. One out of five people in their eighties fall victim to this disease. It leads to the loss of central vision. Two pigments from the plant family of carotenoids have been long known to be essential in protecting the retina from damage and degeneration: lutein and zeaxanthin. They scavenge the free radicals which damage the cellular tissue and they also prevent damage caused by ultraviolet radiation. Modern two-phase preparations assure the rapid as well as delayed release of a therapeutically effective amount of lutein and zeaxanthin, thus offering long-term protection.